

# Garden Grove

PARKS & RECREATION GUIDE

WINTER/SPRING 2026  
January - April



Parks  
Make  
Life  
Better!

[www.ggparksandrec.com](http://www.ggparksandrec.com)







# EGGSCAVATION

SATURDAY, APRIL 4, 2026

1:00 PM - 4:00 PM



13630 Atlantis Way, Garden Grove

<b>\$12</b>	<b>CHILD TICKET</b>	<b>\$3</b>	<b>ADULT TICKET</b>
CHILDREN AGES 2-10		EVERYONE AGES 11+	
<b>Ages 1 and under enter free</b>			

**Ticket sales begin on Tuesday, March 10, 2026**

**No ticket sales at the door. No refunds except for cancellation of event.**



TO REGISTER, VISIT [GGCITY.ORG/EGGSCAVATION](http://GGCITY.ORG/EGGSCAVATION)  
FOR MORE INFORMATION CALL (714)741-5200





## CONTENTS

- 5 FACILITIES AND PARKS**
- 11 CITY PROGRAMS**
- 13 AQUATICS PROGRAM**
- 14 YOUTH & TEEN FITNESS AND SPORTS**
- 23 YOUTH & TEEN SPECIAL INTERESTS**
- 25 SPECIAL NEEDS ADAPTIVE PROGRAMS**
- 26 ADULT FITNESS AND SPORTS**
- 28 ADULT SPECIAL INTERESTS**
- 29 SENIORS ACTIVITIES**
- 33 FAMILY RESOURCE CENTER**
- 36 CITY EVENTS**
- 37 CLASS REGISTRATION**





**“We’re proud to be the only facility in Orange County offering both Kosen Judo and Brazilian Jiu-Jitsu, with a strong focus on ground techniques (ne-waza). This dynamic, close-contact martial art emphasizes grappling, submissions, and leg locks—perfect for those looking to sharpen their skills on the mat. Our state-of-the-art, spring-loaded flooring provides maximum safety and durability during throws, falls, and intense training sessions. Whether you’re just starting out or looking to advance your technique, our curriculum is designed to support all experience levels.”**

**—SENSEI CAI**



# FACILITIES AND PARKS

## Park Buildings, Picnic Pavilion and Park Shelters

Looking for the perfect park location to hold an event? Whether you are planning a meeting for ten or a birthday party for 50, the City of Garden Grove has a place to suit your needs. Choose from several different locations that include park buildings and park shelters.



	Total Acres (Approx.)	Play Area	Reservable Building (maximum occupancy)	Reservable Picnic Area (maximum occupancy)	Restrooms	Open Field Space	Tennis Courts	Basketball Courts	Volleyball	Baseball Diamond	Pool Facility	Horseshoe Rink(s)	Hockey Rink(s)	Exercise Equipment	Racquetball Courts	Barbeque	Dog Park	Skate Spot	Indoor Soccer Arena	Pickleball Courts
Parks & Amenities	N/A			N/A																
<b>Atlantis Place Center</b> 13630 Atlantis way	4																			
<b>Bicentennial Park</b> (Spirit of '76) Brookhurst Street & Lampson Avenue	1/4																			
<b>Chapman Sports Complex</b> Euclid Street & Acacia Parkway	11																			
<b>Civic Center Park</b> 12001 St. Mark Street	4																			
<b>Eastgate Park</b> Euclid Street & Acacia Parkway	5			50																
<b>Edgar Park</b> 12781 Topaz Street (GGUSD)	6			50																
<b>Faylane Park</b> 11700 Seacrest Drive	3			50																
<b>Garden Grove Park</b> 9301 Westminster Avenue	36			150																
<b>Gutosky Park</b> 9201 Ferris Lane	2			50																
<b>Hare School Park</b> 12012 Magnolia Street (GGUSD)	14																			
<b>Haster Basin</b> 12952 Lampson Avenue (County)	22			N/A																
<b>Jardin De Los Niños</b> 12534 Keel Avenue	1/2																			
<b>Magnolia Park</b> 11402 Magnolia Street	6			50																
<b>Morningside School Park</b> 10468 Morningside School Park	1																			
<b>Pioneer Park</b> 12722 Chapman Avenue (GGUSD)	4																			
<b>Shelley Kensington Park</b> Shelley Drive & Kensington Lane	1/4																			
<b>Village Green Park</b> 12732 Main Street	7																			
<b>West Grove Park</b> 5372 Cerulean Avenue	7			50																
<b>West Haven Park</b> 12252 West Street	10																			
<b>Woodbury Park</b> 13800 Rosita Place	4																			

For more information about renting a park facility, please call (714) 741-5200.

# FACILITIES AND PARKS

## Facility Name

All locations are in Garden Grove except where noted.

1. **Atlantis Play Center**  
13630 Atlantis Way  
(off Westminster near Magnolia)
2. **Bolsa Chica Park**  
13660 University St., Westminster
3. **Cai Jiu-Jitsu Academy**  
8342 Garden Grove Blvd., #6  
(between Magnolia & Beach)
4. **Chapman Sports Complex**  
11700 Knott Ave.  
(Corner of Knott & Chapman)
5. **Code Ninjas Garden Grove**  
9575 Chapman Ave.  
(at Gilbert)
6. **Community Meeting Center**  
11300 Stanford Ave.  
(between 9th & Euclid)
7. **Courtyard Center/  
Village Green Park**  
12732 Main St. (at Stanford)
8. **Eastgate Park**  
12001 St. Mark St.  
(off Chapman & Valley View)
9. **Edgar Park**  
12781 Topaz St.  
(between Springdale & Valley View)
10. **Fountain Valley Recreation  
Center**  
16400 Brookhurst St., Fountain Valley  
(between Edinger and Warner)

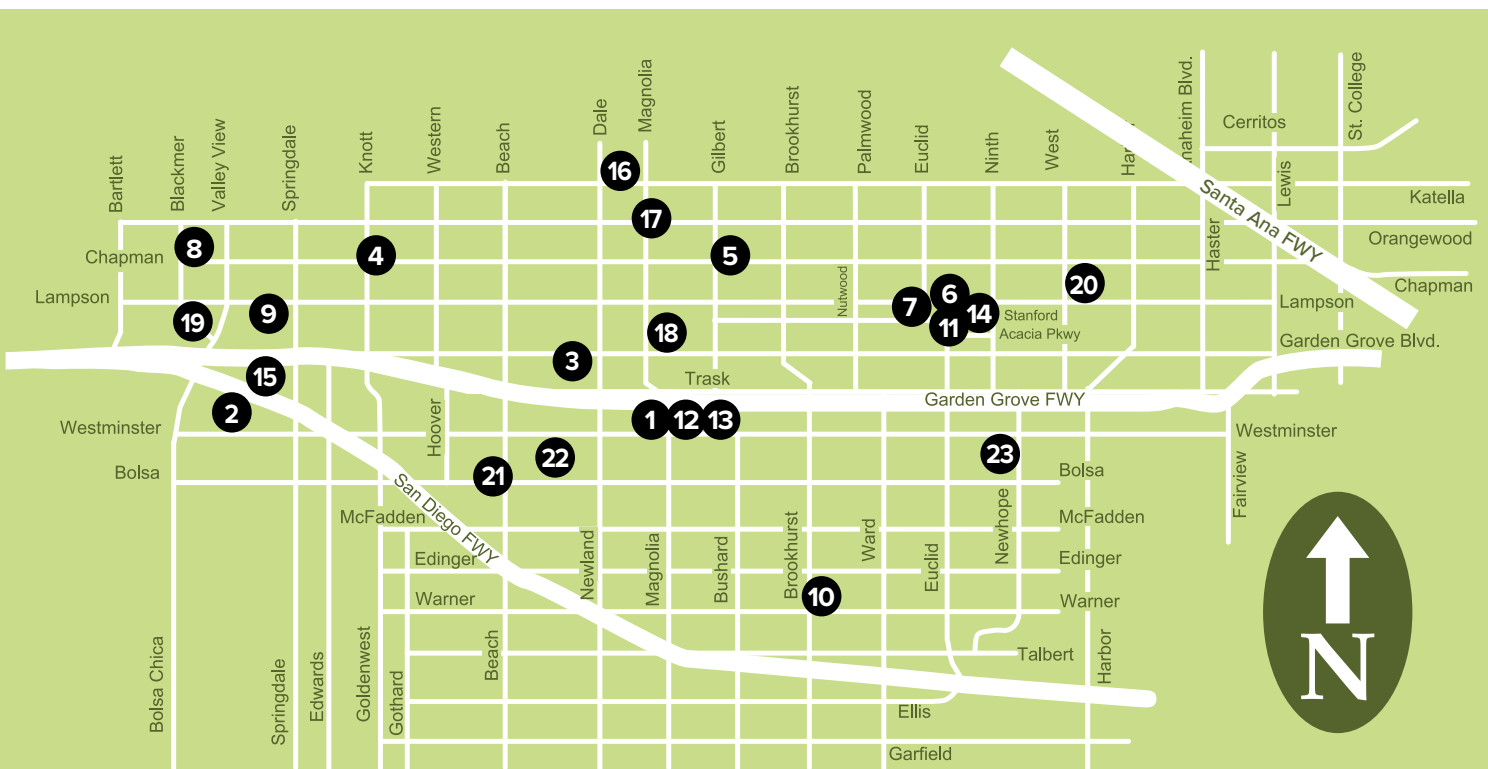
11. **Garden Grove City Hall**  
11222 Acacia Parkway  
(off Euclid between Garden Grove  
Blvd. & Lampson)
12. **Garden Grove Park**  
9301 Westminster Ave.  
(between Brookhurst & Magnolia)
13. **Garden Grove Sports and  
Recreation Center**  
13641 Deodara Dr. (off Westminster)
14. **H. Louis Lake Senior Center**  
11300 Stanford Ave.  
(between 9th & Euclid)
15. **Ice Realm Westminster**  
13071 Springdale St., Westminster  
(near 22 freeway)
16. **IFS Gym**  
8615 Katella Ave. B, Stanton
17. **Magnolia Park**  
11402 Magnolia St.  
(corner of Magnolia & Orangewood)
18. **Tae Kwon Do Studio**  
9192 Garden Grove Blvd. #F  
(at Magnolia)
19. **West Grove Park**  
5372 Cerulean Ave.  
(Valley View & Lampson)
20. **West Haven Park**  
12252 West St.  
(between Chapman and Lampson)

21. **Westminster Arts Academy**  
14441 Beach Blvd., Westminster  
(at Hazard)
22. **Westminster Community Center**  
8200 Westminster Blvd., Westminster
23. **Woodbury Park**  
13800 Rosita Pl.  
(S. of Westminster, W. of Newhope)

### NOT SHOWN ON MAP:

**Anaheim ICE (The Rinks)**  
300 W. Lincoln Ave., Anaheim  
(near Harbor)

**South Coast Fencing Center**  
3518 Lake Center Dr., Suite C, Santa Ana  
(near Harbor and MacArthur)





## GARDEN GROVE *Community Meeting Center*



- Large/Small Banquet Rooms
- Full Kitchen Facilities
- Central OC Location • Park Setting

*Quinceañeras, Weddings, Parties,  
Meetings, and More!*

11300 Stanford Avenue, Garden Grove, 92840



(714) 741-5262



events@ggcity.org



ggcity.org



## Garden Grove *Courtyard Center*

*Ideal for:*

- Birthday Parties
- Baptism Receptions
- Dinner Receptions
- Small Business Meetings
- Holiday Parties
- Baby Showers
- Seminars

### GARDEN GROVE RESIDENT SPECIAL PACKAGE

\*Utility bill + a valid CA I.D. must be provided  
at the time of booking for residential proof

Room Rental Rate: \$557\*

Refundable Damage Deposit: \$250

\*Maximum capacity 80 guests. No alcohol allowed. This package is good for  
one four (4) hour event time. In addition, you will receive one hour prior for  
set-up, and one hour after for clean-up.

Client must obtain a one-day event insurance.

Vendors need to have liability insurance.

12732 Main Street, Garden Grove, CA 92840

For information, call (714) 741-5262 or visit events@ggcity.org

## Garden Grove Resident MEMORIAL SERVICE PACKAGE Community Meeting Center/ Courtyard Center

*Where families honor the memory of their loved ones*

\*Utility Bill + a valid CA I.D. must be provided at the time of booking for residential proof.

**Room Rental Rate: \$591\***

**Refundable Damage Deposit Required: \$250**

Guest attendance based on room capacity. No alcohol allowed.

*This offer is good for one three (3) hour event during the weekday/weekend as available.*

*In addition you will receive one hour prior for set-up, and one hour after for clean-up.*

*Up to one pre-event extra set-up hour may be purchased. Complimentary use of LCD Projector upon request.*

*Security to be determined. Human remains/ashes are NOT permitted at any of our locations.*

*Client must obtain a One-day event insurance. Vendors need to have liability insurance.*

**For more information, please call (714) 741-5262.**

*Community Meeting Center*

*Courtyard Center*



*Both Facilities Ideal For*

BIRTHDAY PARTIES

BABY SHOWERS

SMALL BUSINESS MEETINGS

DINNER REHEARSALS

RETIREMENT PARTIES

& MANY OTHER OCCASIONS

For more information,  
please call (714) 741-5200



# FACILITIES AND PARKS



## WEEKLY SCHEDULE

DAY	YOUTH & TEENS (7-17 YEARS) DROP-IN SESSIONS	TIME PRICE: \$2	EVENING (ALL AGES) DROP-IN SESSIONS	TIME PRICE: \$3 *SENIORS \$2
Sunday	-	-	Badminton	5:00 pm - 8:00 pm
Monday	Pickleball	3:00 pm - 5:00 pm	*Pickleball	6:00 pm - 9:00 pm
**Tuesday	Basketball	3:00 pm - 5:00 pm	-	-
Wednesday	Volleyball	3:00 pm - 5:00 pm	*Volleyball	6:00 pm - 9:00 pm
Thursday	Badminton	3:00 pm - 5:00 pm	*Badminton	6:00 pm - 9:00 pm
Friday	-	-	Basketball	6:00 pm - 9:00 pm
Saturday	-	-	*Volleyball	9:30 am - 12:30 pm



Sports & Recreation Center  
13641 Deodara Drive  
Garden Grove, CA 92844  
(714) 741-5783

All times and events are subject to change.

Contact the center for more information.

\*Seasonal - Does not meet June - August & January - March.

\*\*Ric's Volleyball Adult League 5:00 pm - 11:00 pm

For info call (714) 375-5063



# FACILITIES AND PARKS



## GENERAL USE:

- \$2 per person admission charge
- Free for children 2 and under
- Adults must be accompanied by a child

## BIRTHDAY PARTIES/PICNICS:

- Picnic Tables: \$5 rental fee per table, max 12 per day
- Neptune's Pavilion: \$25 per 45 minutes
- For table and pavilion rentals, call the Community Service Department at (714) 741-5200
- For after-hours and exclusive rentals, call the Atlantis Coordinator at (714) 741-5207

Splash pad is only open during the summer

## ATLANTIS PLAY CENTER NON-SUMMER HOURS

Monday	Closed
Tuesday - Friday	10:00 am - 2:00 pm
Saturday	10:00 am - 4:00 pm
Sunday	12:00 pm - 4:00 pm



ATLANTIS PLAY CENTER: 13630 ATLANTIS WAY, GARDEN GROVE, 92844 · (714) 892-6015

## INSTRUCTORS WANTED

Want to teach classes in Garden Grove?

We are currently looking for qualified instructors for:

- Gymnastics
- Self-Defense
- Language
- Cheerleading
- Ballroom Dance
- Computer, Phones, Tech
- Dance
- Cookie Decorating
- Gardening
- Fitness
- Music
- Cooking



Garden Grove Community Foundation presents the 14th Annual

# THE VOICE

## — of Garden Grove —

AT THE FREE SUMMER CONCERT SERIES



**WIN \$500**  
plus \$500 for  
your school's  
choir program!

Students interested in auditioning **MUST** fill out an online interest form, which can be found at [ggcf.com/thevoice](http://ggcf.com/thevoice).

## IN-PERSON + VIRTUAL AUDITIONS IN SPRING

In-person auditions will be held at the Garden Grove Community Meeting Center (11300 Stanford Ave. Garden Grove, CA)



For more information, email [thevoice@ggcity.org](mailto:thevoice@ggcity.org) or call (714) 741-5291.

Follow us on IG @ggcf\_1998  
and FB [facebook.com/GGCF1998](https://facebook.com/GGCF1998)



GARDEN GROVE  
TEEN ACTION COLLABORATIVE

## GGTAC OBJECTIVES



### CAREER AND COLLEGE GUIDANCE

Teens get the opportunity to collaborate with community organizations and learn about career options, resume building, college preparation and enrollment.



### VOLUNTEER EVENTS

With community involvement in mind, teens get the opportunity to volunteer at City events and assist local non-profit organizations with their special projects.



### MEET NEW FRIENDS

At every meeting there are fun, interactive activities where teens can connect with each other and make friends within their community.

**FREE PROGRAM**  
For teens ages 13-17 years old



## SCHOLARSHIP OPPORTUNITY

### MEETINGS EVERY 3RD THURSDAY

Community Meeting Center  
11300 Stanford Avenue  
Sept 2025 - May 2026 | 4-5 PM

Applications accepted from  
September 1 through December 31.

**First Meeting on Sept 18, 2025**

### FOR MORE INFORMATION VISIT:

 [ggcity.org/GGTAC](http://ggcity.org/GGTAC)

### FOR QUESTIONS:

 714-741-5360

 [GGTAC@GGCity.org](mailto:GGTAC@GGCity.org)



**Parks  
Make  
Life  
Better!**







**G**  
GARDEN GROVE

## Spring SWIM LESSONS

AFTERNOONS *at* GARY HALL POOL  
EASTGATE PARK: 12001 SAINT MARK STREET  
**April 27 - May 21**

- Youth classes for ages 3-14
- **Online Registration: April 14 at 9:00 AM**
- Class schedule and level descriptions available online starting April 7 at:  
[ggcity.org/aquatics](http://ggcity.org/aquatics)

Register for a class at:  
[ggcity.org/register](http://ggcity.org/register)



## LIFEGUARDS & SWIM INSTRUCTORS WANTED!

Staff needed for all 3 City of Garden Grove pools.

Applicants must :

- Be at least 16 years old by May 28.
- Be above average swimmers.
- Work well with children.

Apply: [ggcity.org/recjobs](http://ggcity.org/recjobs)  
**March 2 - March 30**



## BASKETBALL

### *Winter Youth Basketball*

\$65 / child

Ages: Youth Born in 2012-2019

Location: Garden Grove Sports and Recreation Center

This program provides youth the opportunity to learn the fundamentals of basketball and play on teams in an organized sports league. Each youth will receive a team jersey and participation award. Registration begins November 19, either online or in person at the Recreation Office in City Hall, between the hours of 7:30 a.m. and 5:00 p.m., Monday through Thursday. Come join us to learn and improve your basketball skills in a fun environment. Competition will be held in multiple divisions.

The program will begin the week of January 24, 2026, with games played on Saturdays, and some weeknights, when necessary.

All players are required to take a skills test in order to be placed on a team.

**ABSOLUTELY NO REGISTRATION WILL BE ACCEPTED AT SKILLS TESTING.**

The skills testing will be held:

### **Wednesday, December 17, 2025**

**A Division** (born in 2012-2013) 7:30 p.m.

**B Division** (born in 2014-2015) 7:00 p.m.

**C Division** (born in 2016-2017) 6:30 p.m.

**D Division** (born in 2018-2019) 6:00 p.m.

VOLUNTEER COACHES...  
WE NEED YOU!!!



Volunteers are needed to coach and/or assist with teams in our youth basketball program. Without such volunteers, this program would not exist. If you have a few hours a week, enjoy working with kids, and know something about the game of basketball, please inform staff at the time of registration, or call (714) 741-5200.





# YOUTH & TEEN FITNESS AND SPORTS



## Basketball by BEST Sports

Our industry-leading basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting, and the triple threat position. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. This is an extremely active, endurance-based class. Important BEST class information can be found at: [best-sports-usa.com/welcome](http://best-sports-usa.com/welcome)

**Instructor: Beginners Edge Sports Training Instructor**

**Location: West Grove Park**

Ages: 3-5		\$102 / 6 sessions or \$119 / 7 sessions		
010101	Sa	1/10-2/21	10:20 - 11:05 am	
010103	Sa	3/7-4/18	10:20 - 11:05 am	No class 4/4
Ages: 6-9				
010102	Sa	1/10-2/21	11:10 - 11:55 am	
010104	Sa	3/7-4/18	11:10 - 11:55 am	No class 4/4

## BASEBALL / SOFTBALL

### Baseball and Softball by BEST Sports

Our industry-leading weekly program will teach your player the skills of baseball and softball by offering activities such as: fielding, throwing, hitting, base recognition, (sometimes) sliding, and more! Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. Please provide your own baseball hitting tee and bat. Important BEST class information can be found at: [best-sports-usa.com/welcome](http://best-sports-usa.com/welcome)

**Instructor: Beginners Edge Sports Training Instructor**

**Location: West Grove Park**

Ages: 3-5		\$102 / 6 sessions or \$119 / 7 sessions		
010135	Su	1/11-2/22	10:20 - 11:05 am	
010136	Su	3/8-4/19	10:20 - 11:05 am	No class 4/4

## SOCCER

### Tiny Tykes Youth Soccer by Challenger Sports

TinyTykes is an exciting child development program delivered through soccer. Our soccer and child development professionals have designed an innovative curriculum that takes children on "Immersive Interactive Adventures" through fun and exciting themes. It is through these semi-structured adventures that every child has the ability to build their own experiences and be introduced to the basic skills needed in soccer: motor, social, and psychological skills. Soccer meets smiles, your little one is sure to enjoy their time on the pitch!

**Instructor: Challenger Sports Instructor**

**Location: Edgar Park**

Ages: 2-3		\$140 / 8 sessions		
011101	Sa	1/17-3/7	9:15 - 10:00 am	
Ages: 4-5				
011102	Sa	1/17-3/7	10:15 - 11:00 am	

### Pregoni European Futsal Training

Group futsal sessions are conducted on-site with dedicated coaches and all necessary equipment provided for each session. With unique and fun drills that build player-ball relationships and our passionate European-style coaching, we offer an unforgettable journey for kids of all levels and ages! Soccer training takes place on concrete instead of a grass field! Experience a memorable journey on the field where kids grow, teams bond, and the fun never stops.

**Instructor: Pregoni Futbol Staff**

**Location: West Grove Park**

Ages: 5-17		\$120 / 7 sessions		
012001	WeFr	1/7-1/28	4:00 - 5:00 pm	
012002	WeFr	2/4-2/25	4:00 - 5:00 pm	
012003	WeFr	3/4-3/25	4:00 - 5:00 pm	
012004	WeFr	4/1-4/22	4:00 - 5:00 pm	

## Soccer by BEST Sports

Our industry-leading weekly soccer class will teach your kids the skills of soccer by offering activities such as: dribbling, kicking, throw-ins, goalie skills, (age permitting: scrimmaging) and more! Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. Important BEST class information can be found at: [best-sports-usa.com/welcome](http://best-sports-usa.com/welcome)

**Instructor: Beginners Edge Sports Training Instructor**

**Location: West Grove Park**

**Ages: 18mo-2yrs \$102 / 6 sessions or \$119 / 7 sessions**

010109	Su	1/11-2/22	8:30 - 9:15 am	
010112	Su	3/8-4/19	8:30 - 9:15 am	No class 4/5

**Ages: 3-5**

010110	Su	1/11-2/22	9:20 - 10:05 am	
010113	Su	3/8-4/19	9:20 - 10:05 am	No class 4/5

**Ages: 6-9**

010111	Su	1/11-2/22	11:10 - 11:55 am	
010114	Su	3/8-4/19	11:10 - 11:55 am	No class 4/5

## Skyhawks Soccer

These soccer-themed motor skills classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older age classes focus more on developing core soccer skills, personal focus, and introduce an element of light competition.

**Instructor: Skyhawks Staff**

**Location: Bolsa Chica Park**

**Ages: 2-3.5 \$65 / 5 sessions**

012111	Sa	1/24-2/21	9:00 - 9:40 am	
012114	Sa	4/11-5/9	9:30 - 10:10 am	

**Ages: 3.5-5**

012112	Sa	1/24-2/21	9:50 - 10:30 am	
012115	Sa	4/11-5/9	10:20 - 11:00 am	

**Ages: 6-8**

012113	Sa	1/24-2/21	10:40 - 11:20 am	
012116	Sa	4/11-5/9	11:10 - 11:50 am	

## MULTI-SPORT

### 4-Sport Multi Sport by BEST Sports

Our industry-leading 4-sport program brings you multiple weeks of 4 fantastic sports: soccer, baseball/softball, basketball, and track. We will teach your player how to kick and control a soccer ball; how to hit, catch, throw, and run the bases; shoot and dribble a basketball; run, jump, and build strength and endurance. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. Important BEST class information can be found at: [best-sports-usa.com/welcome](http://best-sports-usa.com/welcome)

**Instructor: Beginners Edge Sports Training Instructor**

**Location: West Grove Park**

**Ages: 2-4 \$102 / 6 sessions or \$119 / 7 sessions**

010121	Sa	1/10-2/21	8:30 - 9:15 am	
010123	Sa	3/7-4/18	8:30 - 9:15 am	No class 4/4

**Ages: 5-7**

010122	Sa	1/10-2/21	9:20 - 10:05 am	
010124	Sa	3/7-4/18	9:20 - 10:05 am	No class 4/4

## ICE HOCKEY / ICE SKATING

### Ice Realm: Basic Hockey Tot

NEW CLASS

Entry level class gives skaters an introduction to the ice with a hockey flare. Curriculum includes safety and basic skills that help the skater get comfortable on the ice and moving on their own. Class is for new skaters only. Includes six-half hour classes, free public session the day of the class, and skate rental.

**Instructor: Ice Realm Staff**

**Location: Ice Realm**

**Ages: 4-5 \$135 / 6 sessions**

010813	We	1/7-2/11	4:30 - 5:00 pm	
010814	We	2/18-3/25	4:30 - 5:00 pm	
010816	Sa	1/10-2/14	1:30 - 2:00 pm	
010817	Sa	2/21-3/28	1:30 - 2:00 pm	

### Ice Realm: Basic Hockey Youth

NEW CLASS

Entry level class gives skaters an introduction to the ice with a hockey flare. Curriculum includes safety and basic skills that help the skater get comfortable on the ice and moving on their own. Class is for new skaters only. Includes six-half hour classes, free public session the day of the class, and skate rental.

**Instructor: Ice Realm Staff**

**Location: Ice Realm**

**Ages: 6-12 \$135 / 6 sessions**

010819	We	1/7-2/11	4:00 - 4:30 pm	
010820	We	2/18-3/25	4:00 - 4:30 pm	
010822	Sa	1/10-2/14	2:00 - 2:30 pm	
010823	Sa	2/21-3/28	2:00 - 2:30 pm	

### Ice Realm: Basic Tot 1

NEW CLASS

Curriculum includes safety and basic skills that help the skater get comfortable on the ice and moving on their own. Class is for new skaters only. Includes six-half hour classes, free public session the day of the class, and skate rental.

**Instructor: Ice Realm Staff**

**Location: Ice Realm**

**Ages: 4-5 \$135 / 6 sessions**

010807	We	1/7-2/11	4:00 - 4:30 pm	
010808	We	2/18-3/25	4:00 - 4:30 pm	
010810	Sa	1/10-2/14	1:30 - 2:00 pm	
010811	Sa	2/21-3/28	1:30 - 2:00 pm	

### Ice Realm: Parent & Me

NEW CLASS

Entry level class to help skater be safe and comfortable on the ice. For new skaters only. Parent or guardian needs to take the class with the child; class is taught as a parent/child class. Includes six-half hour classes, free public session the day of the class, and skate rental.

**Instructor: Ice Realm Staff**

**Location: Ice Realm**

**Ages: 3 \$135 / 6 sessions**

010801	We	1/7-2/11	4:00 - 4:30 pm	
010802	We	2/18-3/25	4:00 - 4:30 pm	
010804	Sa	1/10-2/14	1:30 - 2:00 pm	
010805	Sa	2/21-3/28	1:30 - 2:00 pm	

### Ice Realm: Basic Youth

NEW CLASS

Curriculum includes safety and basic skills that help the skater get comfortable on the ice and moving on their own. Class is for new skaters only. Includes six-half hour classes, free public session the day of the class, and skate rental.

**Instructor: Ice Realm Staff**

**Location: Ice Realm**

**Ages: 6-12 \$135 / 6 sessions**

010825	We	1/7-2/11	4:30 - 5:00 pm	
010826	We	2/18-3/25	4:30 - 5:00 pm	
010828	Sa	1/10-2/14	2:00 - 2:30 pm	
010829	Sa	2/21-3/28	2:00 - 2:30 pm	





## **Anaheim ICE Skating: Tot Beginners**

Beginning ice skating made fun and easy! Watch your child smile as he or she learns how to march, glide, stop, hop, fall down, and get back up properly. Skate rental and four additional public skating passes (to be used during the session) are all included in the fee. Please arrive 15 minutes early to the first class and dress warmly.

**Instructor: Anaheim ICE Staff**

**Location: Anaheim ICE**

**Ages: 4-6      \$126 / 6 sessions**

011805	We	1/7-2/11	5:20 - 5:50 pm
011806	Sa	1/3-2/7	11:40 am - 12:10 pm

## **Anaheim ICE Skating: Youth Beginners**

Beginning ice skating made fun and easy! Watch your child smile as he or she learns how to march, glide, stop, hop, fall down, and get back up properly. Skate rental and four additional public skating passes (to be used during the session) are all included in the fee. Please arrive 15 minutes early to the first class and dress warmly.

**Instructor: Anaheim ICE Staff**

**Location: Anaheim ICE**

**Ages: 7-13      \$126 / 6 sessions**

011801	We	1/7-2/11	5:55 - 6:25 pm
011802	Sa	1/3-2/7	10:30 - 11:00 am

## TENNIS

### Kensington Tennis Academy: Little Racket

Students will be able to learn all the basic skills such as forehand, backhand, serve, and volley. Also, they will develop basic to moderate rally skills from court baseline. Please wear appropriate clothing and shoes for tennis, bring your own racket and lots of water!

**Instructor: Kensington Tennis Academy**

**Location: Bolsa Chica Park**

**Ages: 7-12 \$80 / 4 sessions**

012730	Fr	2/6-2/27	5:00 - 6:00 pm
012731	Fr	3/6-3/27	5:00 - 6:00 pm
012732	Fr	4/3-4/24	5:00 - 6:00 pm

**\$100 / 5 sessions**

012729	Fr	1/2-1/30	5:00 - 6:00 pm
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**Location: Chapman Sports Complex**

**Ages: 7-12 \$119 / 7 sessions**

012709	MoWe	1/5-1/28	5:00 - 6:00 pm	No class 1/19
012710	MoWe	2/2-2/25	5:00 - 6:00 pm	No class 2/16
012714	TuTh	2/3-2/26	5:00 - 6:00 pm	No class 2/17

**\$136 / 8 sessions**

012713	TuTh	1/6-1/29	5:00 - 6:00 pm
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**\$153 / 9 sessions**

012711	MoWe	3/2-3/30	5:00 - 6:00 pm
012712	MoWe	4/1-4/29	5:00 - 6:00 pm
012715	TuTh	3/3-3/31	5:00 - 6:00 pm
012716	TuTh	4/2-4/30	5:00 - 6:00 pm

### Kensington Tennis Academy: Tiny Racket

Students will be able to learn all the basic skills such as forehand, backhand, serve, and volley. They will learn how to start a point with underhand toss and overhead serve. Please wear appropriate clothing and shoes for tennis, bring your own racket and lots of water!

**Instructor: Kensington Tennis Academy**

**Location: Bolsa Chica Park**

**Ages: 3-6 \$80 / 4 sessions**

012726	Fr	2/6-2/27	4:15 - 5:00 pm
012727	Fr	3/6-3/27	4:15 - 5:00 pm
012728	Fr	4/3-4/24	4:15 - 5:00 pm

**\$100 / 5 sessions**

012725	Fr	1/2-1/30	4:15 - 5:00 pm
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**Location: Chapman Sports Complex**

**Ages: 3-6 \$119 / 7 sessions**

012701	MoWe	1/5-1/28	4:15 - 5:00 pm	No class 1/19
012702	MoWe	2/2-2/25	4:15 - 5:00 pm	No class 2/16
012706	TuTh	2/3-2/26	4:15 - 5:00 pm	No class 2/17

**\$136 / 8 sessions**

012705	TuTh	1/6-1/29	4:15 - 5:00 pm
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**\$153 / 9 sessions**

012703	MoWe	3/2-3/30	4:15 - 5:00 pm
012704	MoWe	4/1-4/29	4:15 - 5:00 pm
012707	TuTh	3/3-3/31	4:15 - 5:00 pm
012708	TuTh	4/2-4/30	4:15 - 5:00 pm

### Kensington Tennis Academy: Highschool Racket

Students will be able to learn all the basic skills such as forehand, backhand, serve, and volley. They will learn how to start a point with underhand toss and overhead serve. Please wear appropriate clothing and shoes for tennis, bring your own racket and lots of water!

**Instructor: Kensington Tennis Academy**

**Location: Bolsa Chica Park**

**Ages: 13-18 \$80 / 4 sessions**

012734	Fr	2/6-2/27	6:00 - 7:00 pm
012735	Fr	3/6-3/27	6:00 - 7:00 pm
012736	Fr	4/3-4/24	6:00 - 7:00 pm

**\$100 / 5 sessions**

012733	Fr	1/2-1/30	6:00 - 7:00 pm
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**Location: Chapman Sports Complex**

**Ages: 13-18 \$119 / 7 sessions**

012717	MoWe	1/5-1/28	6:00 - 7:00 pm	No class 1/19
012718	MoWe	2/2-2/25	6:00 - 7:00 pm	No class 2/16
012722	TuTh	2/3-2/26	6:00 - 7:00 pm	No class 2/17

**\$136 / 8 sessions**

012721	TuTh	1/6-1/29	6:00 - 7:00 pm
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**\$153 / 9 sessions**

012719	MoWe	3/2-3/30	6:00 - 7:00 pm
012720	MoWe	4/1-4/29	6:00 - 7:00 pm
012723	TuTh	3/3-3/31	6:00 - 7:00 pm
012724	TuTh	4/2-4/30	6:00 - 7:00 pm





## FENCING



### Introduction to Epee Fencing

Learn the Olympic sport of fencing. Learn to use the weapon that has descended from Renaissance dueling swords. Students learn how to move, attack, and defend themselves. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit (~\$300) must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$34 USFA insurance fee is due at the first class.

**Instructor: South Coast Fencing Center**

**Location: South Coast Fencing Center**

**Ages: 7+ \$175 / 4 sessions**

011217	Th	1/8-1/29	6:00 - 7:30 pm
011218	Th	2/5-2/26	6:00 - 7:30 pm
011219	Th	3/5-3/26	6:00 - 7:30 pm
011220	Th	4/2-4/23	6:00 - 7:30 pm

### Introduction to Foil Fencing

Learn the Olympic sport of fencing. Students learn how to move, attack, and defend themselves while learning about priority and right-of-way rules that are a cornerstone in foil fencing. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit (~\$300) must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$34 USFA insurance fee is due at the first class.

**Instructor: South Coast Fencing Center**

**Location: South Coast Fencing Center**

**Ages: 7-11 \$150 / 1x per week - 4 weeks**

011201	TuTh	1/6-1/29	5:00 - 6:00 pm
011202	TuTh	2/3-2/26	5:00 - 6:00 pm
011203	TuTh	3/3-3/26	5:00 - 6:00 pm
011204	TuTh	3/31-4/23	5:00 - 6:00 pm

*Class sessions are offered 2 times a week. Participants should attend 1 of those sessions according to the convenience of their schedules.*

**Ages: 7-11 \$200 / 2x per week - 4 weeks**

011209	TuTh	1/6-1/29	5:00 - 6:00 pm
011210	TuTh	2/3-2/26	5:00 - 6:00 pm
011211	TuTh	3/3-3/26	5:00 - 6:00 pm
011212	TuTh	3/31-4/23	5:00 - 6:00 pm

*Class sessions are offered 2 times a week. Participants should attend both of those sessions.*

**Ages: 12+ \$150/ 1x per week - 4 weeks**

011205	1/6-1/31	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
011206	2/3-2/28	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
011207	3/3-3/28	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
011208	3/31-4/25	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm

*Class sessions are offered 3 times a week. Participants should attend 1 of those sessions according to the convenience of their schedules.*

**Ages: 12+ \$200 / 2x per week - 4 weeks**

011213	1/6-1/31	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
011214	2/3-2/28	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
011215	3/3-3/28	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
011216	3/31-4/25	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm

*Class sessions are offered 3 times a week. Participants should attend any 2 of those sessions according to the convenience of their schedules.*



## VOLLEYBALL

### Beginner Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course is designed to introduce the sport of volleyball to the athlete who is completely new to the game. Come have fun and learn with us!

**Instructor: West Grove Volleyball**

**Ages: 8-10 \$39 / 3 sessions or \$52 / 4 sessions**

**Location: Fountain Valley Recreation Center**

011413	Su	1/25-2/22	9:00 - 10:00 am	No class 2/8 & 2/15
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011414	Su	3/1-3/22	9:00 - 10:00 am	
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011415	Su	3/29-4/26	9:00 - 10:00 am	No class 4/5
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**Location: Garden Grove Sports and Recreation Center**

011401	Su	1/4-1/25	1:15 - 2:15 pm	
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011402	Su	2/8-2/22	1:15 - 2:15 pm	
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011403	Su	3/1-3/22	1:15 - 2:15 pm	
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011404	Su	3/29-4/26	1:15 - 2:15 pm	No class 4/5
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### Intermediate Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course takes the beginner athlete to the next step. Come have fun and learn with us!

**Instructor: West Grove Volleyball**

**Ages: 11-14 \$39 / 3 sessions or \$52 / 4 sessions**

**Location: Fountain Valley Recreation Center**

011417	Su	1/25-2/22	10:00 - 11:00 am	No class 2/8 & 2/15
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011418	Su	3/1-3/22	10:00 - 11:00 am	
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011419	Su	3/29-4/26	10:00 - 11:00 am	No class 4/5
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**Location: Garden Grove Sports and Recreation Center**

011405	Su	1/4-1/25	2:15 - 3:15 pm	
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011406	Su	2/8-2/22	2:15 - 3:15 pm	
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011407	Su	3/1-3/22	2:15 - 3:15 pm	
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011408	Su	3/29-4/26	2:15 - 3:15 pm	No class 4/5
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### Advanced Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course puts those athletes that have a solid grasp of the fundamentals into a full on game environment. Come have fun and learn with us!

**Instructor: West Grove Volleyball**

**Ages: 12-15 \$39 / 3 sessions or \$52 / 4 sessions**

**Location: Fountain Valley Recreation Center**

011421	Su	1/25-2/22	11:00 am - 12:00 pm	No class 2/8 & 2/15
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011422	Su	3/1-3/22	11:00 am - 12:00 pm	
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011423	Su	3/29-4/26	11:00 am - 12:00 pm	No class 4/5
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**Location: Garden Grove Sports and Recreation Center**

011409	Su	1/4-1/25	3:15 - 4:15 pm	
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011410	Su	2/8-2/22	3:15 - 4:15 pm	
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011411	Su	3/1-3/22	3:15 - 4:15 pm	
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011412	Su	3/29-4/26	3:15 - 4:15 pm	No class 4/5
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## YOGA

### Manners & Yoga for Kids!

Manners & yoga are two very important arts that benefit children in many ways. This combo class will improve self-confidence while teaching communication skills, how to focus, and concentrate all in a fun and positive environment!

**Instructor: Dawna Ludwig**

**Location: Westminster Community Center**

**Ages: 4-12 \$36 / 3 sessions or \$48 / 4 sessions**

010323	Su	1/25-2/8	3:15 - 3:55 pm
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010324	Su	3/1-3/22	3:15 - 3:55 pm
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# YOUTH & TEEN FITNESS AND SPORTS



## MARTIAL ARTS

### Taekwondo for Kids

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty, and assertiveness. The classes are beginner programs and kids will learn basic kicking techniques, punches, blocks, and basic self-defense forms. Students are required to have a martial arts uniform by the first day of class in order to participate. Uniforms will be available for purchase from the instructor for a nonrefundable fee of \$50. This class is for first-time students only. If interested in re-enrolling, please contact the instructor directly.

**Instructor:** Sung Ho Park

**Location:** Tae Kwon Do Studio

**Ages:** 7-12 **\$40 / 8 sessions**

011604	TuTh	1/6-1/29	3:50 - 4:30 pm
011605	TuTh	1/6-1/29	5:10 - 5:50 pm
011606	TuTh	1/6-1/29	5:50 - 6:30 pm
011610	TuTh	2/3-2/26	3:50 - 4:30 pm
011611	TuTh	2/3-2/26	5:10 - 5:50 pm
011612	TuTh	2/3-2/26	5:50 - 6:30 pm
011613	MoWe	3/9-4/1	3:50 - 4:30 pm
011614	MoWe	3/9-4/1	5:10 - 5:50 pm
011615	MoWe	3/9-4/1	6:30 - 7:10 pm
011616	TuTh	3/3-3/26	3:50 - 4:30 pm
011617	TuTh	3/3-3/26	5:10 - 5:50 pm
011618	TuTh	3/3-3/26	5:50 - 6:30 pm
011619	MoWe	4/6-4/29	3:50 - 4:30 pm
011620	MoWe	4/6-4/29	5:10 - 5:50 pm
011621	MoWe	4/6-4/29	6:30 - 7:10 pm
011622	TuTh	4/7-4/30	3:50 - 4:30 pm
011623	TuTh	4/7-4/30	5:10 - 5:50 pm
011624	TuTh	4/7-4/30	5:50 - 6:30 pm
011601	MoWe	1/5-2/2	3:50 - 4:30 pm
011602	MoWe	1/5-2/2	5:10 - 5:50 pm
011603	MoWe	1/5-2/2	6:30 - 7:10 pm
011607	MoWe	2/4-3/4	3:50 - 4:30 pm
011608	MoWe	2/4-3/4	5:10 - 5:50 pm
011609	MoWe	2/4-3/4	6:30 - 7:10 pm

### Muay Thai Kick-Boxing

This art comes from Thailand where it is a national sport. A great form of self-defense with the effective use of punches, elbows, knees, and legs. Develop physical coordination and stamina. This program is for new students.

**Instructor:** Shahin Shilati

**Location:** IFS Gym

**Ages:** 6-17 **\$80 / 8 sessions**

011901	TuTh	1/6-1/29	6:30 - 7:30 pm
011902	TuTh	2/3-2/26	6:30 - 7:30 pm
011903	TuTh	3/3-3/26	6:30 - 7:30 pm
011904	TuTh	4/7-4/30	6:30 - 7:30 pm

### Brazilian Jiu-Jitsu & Self Defense - Youth

Students will learn the mastery in the martial arts form of Brazilian jiu-jitsu & self defense. This is a grappling form of martial arts with emphasis on leg lock techniques, drills, sparring, strength conditioning, and games. Must purchase uniform. Please arrive 15 minutes early on your first day of class to speak with sensei and get fitted for a uniform (gi) for \$130 (kid size 5-12) or \$150 (teen-adult size 13-14). This class is for first-time students only.

**Instructor:** Vu Tuan Cai

**Location:** Cai Jiu-Jitsu Academy

**Ages:** 5-7 **\$100 / 4 sessions**

012605	Th	1/8-1/29	5:00 - 5:50 pm
012606	Th	2/5-2/26	5:00 - 5:50 pm
012607	Th	3/5-3/26	5:00 - 5:50 pm
012608	Th	4/9-4/30	5:00 - 5:50 pm

**Ages:** 8-14

012609	Th	1/8-1/29	6:00 - 6:50 pm
012610	Th	2/5-2/26	6:00 - 6:50 pm
012611	Th	3/5-3/26	6:00 - 6:50 pm
012612	Th	4/9-4/30	6:00 - 6:50 pm

### Vovinam Martial Arts

Vovinam is a Vietnamese martial art, founded in 1938. It is the development of communicative intelligence, athletic body, noble mind, self-control, self-defense, self-esteem, and perseverance in a non-violent spirit. Self-defense for all levels: beginner, intermediate, and advanced. Students are required to purchase a unique Vovinam martial arts uniform for \$35. There is a \$30 non-refundable annual membership fee.

**Instructor:** Tam Nguyen

**Location:** West Haven Park

**Ages:** 7+ **\$5 / class (\$20-\$25)**

011301	Sa	1/3-1/31	9:20 - 10:50 am
011302	Sa	2/7-2/28	9:20 - 10:50 am
011303	Sa	3/7-3/28	9:20 - 10:50 am
011304	Sa	4/4-4/25	9:20 - 10:50 am

## Little Stars Taekwondo

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty, and assertiveness. The classes are beginner programs and kids will learn basic kicking techniques, punches, blocks, and basic self-defense forms. Students are required to have a martial arts uniform by the first day of class in order to participate. Uniforms will be available for purchase from the instructor for a nonrefundable fee of \$50. This class is for first-time students only. If interested in re-enrolling, please contact the instructor directly.

**Instructor:** Sung Ho Park

**Location:** Tae Kwon Do Studio

**Ages: 4-6 \$40 / 8 sessions**

011631	TuTh	1/6-1/29	4:30 - 5:10 pm
011632	TuTh	1/6-1/29	6:30 - 7:10 pm
011635	TuTh	2/3-2/26	4:30 - 5:10 pm
011636	TuTh	2/3-2/26	6:30 - 7:10 pm
011637	MoWe	3/9-4/1	4:30 - 5:10 pm
011638	MoWe	3/9-4/1	5:50 - 6:30 pm
011639	TuTh	3/3-3/26	4:30 - 5:10 pm
011640	TuTh	3/3-3/26	6:30 - 7:10 pm
011641	MoWe	4/6-4/29	4:30 - 5:10 pm
011642	MoWe	4/6-4/29	5:50 - 6:30 pm
011643	TuTh	4/7-4/30	4:30 - 5:10 pm
011644	TuTh	4/7-4/30	6:30 - 7:10 pm
011629	MoWe	1/5-2/2	4:30 - 5:10 pm
011630	MoWe	1/5-2/2	5:50 - 6:30 pm
011633	MoWe	2/4-3/4	4:30 - 5:10 pm
011634	MoWe	2/4-3/4	5:50 - 6:30 pm

## Kosen Judo for Kids

Students will be taught self defense skills and basic judo throw techniques and leg movements. This type of martial arts form is a close contact sport that involves grappling and submission techniques. Students will learn self-defense, discipline, and develop healthy life habits. Local tournaments are held 2-3 times a year for students who choose to compete. Appropriate uniform is required.

Students MUST purchase a one-time gi uniform plus belt on the first day of class. You cannot use your own uniform. Gi uniform and belt \$130 (kid sizes 5-12), gi uniform and belt \$150 (teen-adult sizes 13-14). This class is for first-time students only.

**Instructor:** Vu Tuan Cai

**Location:** Cai Jiu-Jitsu Academy

**Ages: 5-7 \$100 / 4 sessions**

012613	Th	1/8-1/29	5:00 - 5:50 pm
012614	Th	2/5-2/26	5:00 - 5:50 pm
012615	Th	3/5-3/26	5:00 - 5:50 pm
012616	Th	4/9-4/30	5:00 - 5:50 pm

**Ages: 8-14**

012617	Th	1/8-1/29	6:00 - 6:50 pm
012618	Th	2/5-2/26	6:00 - 6:50 pm
012619	Th	3/5-3/26	6:00 - 6:50 pm
012620	Th	4/9-4/30	6:00 - 6:50 pm

## DANCING AND GYMNASTICS

### Baby & Little Tykes Dance & Tumbling Class!

For little ones who love to dance, sing, and tumble! This class will introduce your little one to beginning arm and foot movements and positions. Baby will develop self-confidence, coordination, proper body alignment, and good posture, all in a fun-filled environment!

**Instructor:** Dawna Ludwig

**Location:** Westminster Community Center

**Ages: 4 mos-2.5 yrs \$36 / 3 sessions or \$48 / 4 sessions**

010327	Su	1/25-2/8	4:00 - 4:30 pm
010328	Su	3/1-3/22	4:00 - 4:30 pm

### Hip Hop is Fun!

This fun energetic class will teach you coordination, dance, and rhythm! Learn cool moves set to awesome music! Finesse onto the dance floor in style with this hip class!

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

**Ages: 7-12 \$99 / 4 sessions**

0115116	Fr	1/2-1/23	4:00 - 5:00 pm
0115117	Fr	1/30-2/20	4:00 - 5:00 pm
0115118	Fr	2/27-3/20	4:00 - 5:00 pm
0115119	Fr	3/27-4/24	4:00 - 5:00 pm <i>No class 4/3</i>

### Jazz Dance is Fun!

This popular dance class will teach the student ballet foundations with the contemporary/jazz style. Jazz is the most popular style chosen for music concerts, dance competitions, and musical theater productions. Students will have fun dancing to popular music and learning dance tricks such as leg extensions, illusions, splits, jumps, and turns.

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

**Ages: 6-9 \$99 / 4 sessions**

0115129	Th	1/8-1/29	5:30 - 6:30 pm
0115130	Th	2/5-2/26	5:30 - 6:30 pm
0115131	Th	3/5-3/26	5:30 - 6:30 pm
0115132	Th	4/2-4/23	5:30 - 6:30 pm

### Pop Ballet is Fun!

Learn ballet to popular music you know and love! This class focuses on creating a more disciplined, creative, and outgoing dancer! Dancers will learn the classical ballet technique, improvisational skills, flexibility, and ballet vocabulary. Dress code for females: ballet leotard (any color), pink ballet tights and ballet shoes, hair in a bun. Dress code for males: black or white t-shirt, black leggings or ballet tights, black ballet shoes.

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

**Ages: 3-4 \$89 / 4 sessions**

011584	Su	1/4-1/25	9:45 - 10:30 am
011585	Su	2/1-2/22	9:45 - 10:30 am
011586	Su	3/1-3/22	9:45 - 10:30 am
011587	Su	3/29-4/26	9:45 - 10:30 am <i>No class 4/5</i>

### Ballet, Tap, and Tumbling

Ballet develops physical control, strength, balance, and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, position of the day, animal walks, and balance beam.

**Instructor:** Dawna Ludwig

**Location:** Westminster Community Center

**Ages: 1-4 \$36 / 3 sessions or \$48 / 4 sessions**

010301	Su	1/25-2/8	1:45 - 2:25 pm
010302	Su	3/1-3/22	1:45 - 2:25 pm

**Ages: 5-12**

010303	Su	1/25-2/8	2:30 - 3:10 pm
010304	Su	3/1-3/22	2:30 - 3:10 pm



## ART AND CRAFTS

### Anime Drawing is Fun!

Learn the techniques to drawing your favorite anime characters! Topics covered will include: 2D and 3D drawing; principles of animation; turning the character around; what makes cute/awesome; how to make your drawings unique; famous anime designs and why they work; the character in motion; and expression poses.

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

<b>Ages: 8-17 \$99 / 4 sessions</b>			
0115198	We	1/7-1/28	4:00 - 5:00 pm
0115199	We	2/4-2/25	4:00 - 5:00 pm
0115200	We	3/4-3/25	4:00 - 5:00 pm
0115201	We	4/1-4/22	4:00 - 5:00 pm
0115194	Su	1/4-1/25	11:45 am - 12:45 pm
0115195	Su	2/1-2/22	11:45 am - 12:45 pm
0115196	Su	3/1-3/22	11:45 am - 12:45 pm
0115197	Su	3/29-4/26	11:45 am - 12:45 pm <i>No class 4/5</i>

<b>Ages: 8-11 \$99 / 4 sessions</b>			
0115111	Sa	1/3-1/24	10:00 - 11:00 am
0115112	Sa	1/31-2/21	10:00 - 11:00 am
0115113	Sa	2/28-3/21	10:00 - 11:00 am
0115114	Sa	3/28-4/25	10:00 - 11:00 am <i>No class 4/4</i>
0115173	Su	1/4-1/25	2:00 - 3:00 pm
0115174	Su	2/1-2/22	2:00 - 3:00 pm
0115192	Su	3/1-3/22	2:00 - 3:00 pm
0115193	Su	3/29-4/26	2:00 - 3:00 pm <i>No class 4/5</i>

### Mixed Media Art is Fun!

Do you enjoy drawing, painting, colored pencils, printmaking, and even paper art? Mixed Media work is excellent for exploring different mediums in art if you just love to create and want to improve on your skill!!

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

<b>Ages: 5-10 \$119 / 4 sessions</b>			
011517	Sa	1/3-1/24	9:00 - 10:00 am
011518	Sa	1/31-2/21	9:00 - 10:00 am
011519	Sa	2/28-3/21	9:00 - 10:00 am
011520	Sa	3/28-4/25	9:00 - 10:00 am <i>No class 4/4</i>
011521	Su	1/4-1/25	1:00 - 2:00 pm
011522	Su	2/1-2/22	1:00 - 2:00 pm
011523	Su	3/1-3/22	1:00 - 2:00 pm
011524	Su	3/29-4/26	1:00 - 2:00 pm <i>No class 4/5</i>

<b>Ages: 8-17 \$119 / 4 sessions</b>			
011525	We	1/7-1/28	6:30 - 7:30 pm
011526	We	2/4-2/25	6:30 - 7:30 pm
011527	We	3/4-3/25	6:30 - 7:30 pm
011528	We	4/1-4/22	6:30 - 7:30 pm

### Drawing is Fun!

Be more confident with your lines and shapes! With new themes every month, this class will develop your inner artist. You will also practice the fundamentals of observation and how to transfer them onto paper. In this quirky class, you'll exercise your imagination and have fun while making cartoons!

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

<b>Ages: 5-17 \$99 / 4 sessions</b>			
011544	Sa	1/3-1/24	11:00 am - 12:00 pm
011545	Sa	1/31-2/21	11:00 am - 12:00 pm
011546	Sa	2/28-3/21	11:00 am - 12:00 pm
011547	Sa	3/28-4/25	11:00 am - 12:00 pm <i>No class 4/4</i>

<b>Ages: 7-12 \$99 / 4 sessions</b>			
011534	Mo	1/5-1/26	6:00 - 7:00 pm
011535	Mo	2/2-2/23	6:00 - 7:00 pm
011541	Mo	3/2-3/23	6:00 - 7:00 pm
011542	Mo	3/30-4/20	6:00 - 7:00 pm

<b>Ages: 8-11 \$99 / 4 sessions</b>			
011529	Fr	1/2-1/23	4:00 - 5:00 pm
011530	Fr	1/30-2/20	4:00 - 5:00 pm
011531	Fr	2/27-3/20	4:00 - 5:00 pm
011532	Fr	3/27-4/24	4:00 - 5:00 pm <i>No class 4/3</i>

### Painting is Fun!

Students will gain confidence in their painting skill set. These lessons will begin with an introduction to color theory and help students improve their painting and gain more knowledge on color and how to mix and manipulate paints.

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

<b>Ages: 5-10 \$119 / 4 sessions</b>			
011501	Mo	1/5-1/26	4:30 - 5:45 pm
011502	Mo	2/2-2/23	4:30 - 5:45 pm
011503	Mo	3/2-3/23	4:30 - 5:45 pm
011504	Mo	3/30-4/20	4:30 - 5:45 pm

<b>Ages: 7-12 \$119 / 4 sessions</b>			
011505	Fr	1/2-1/23	5:00 - 6:15 pm
011506	Fr	1/30-2/20	5:00 - 6:15 pm
011507	Fr	2/27-3/20	5:00 - 6:15 pm
011508	Fr	3/27-4/24	5:00 - 6:15 pm <i>No class 4/3</i>



## Young Rembrandts Anime & Fantasy World Art Adventure

Dive into a winter wonderland of creativity! In this mixed media art class, students create anime-inspired characters, creatures, and landscapes using markers, watercolor, pencils, and pastels. Each project mixes techniques and storytelling to bring imaginative worlds to life!

**Instructor:** Young Rembrandts Staff

**Location:** West Haven Park

**Ages: 5-12** **\$112 / 8 sessions**

012322	Th	1/8-2/26	4:00 - 5:00 pm
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012323	Th	3/12-4/30	4:00 - 5:00 pm
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## MUSIC

### Singing is Fun!

Learn to sing those songs you love with creative style, proper technique, and stage performance skills! Students have the opportunity to sing solos, duets, and big group songs in this class where musical numbers really come to life!

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

**Ages: 4-7** **\$89 / 4 sessions**

011553	Th	1/8-1/29	4:30 - 5:15 pm
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011554	Th	2/5-2/26	4:30 - 5:15 pm
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011555	Th	3/5-3/26	4:30 - 5:15 pm
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011556	Th	4/2-4/23	4:30 - 5:15 pm
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**Ages: 8-11** **\$99 / 4 sessions**

011557	Th	1/8-1/29	5:15 - 6:15 pm
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011558	Th	2/5-2/26	5:15 - 6:15 pm
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011559	Th	3/5-3/26	5:15 - 6:15 pm
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011560	Th	4/2-4/23	5:15 - 6:15 pm
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## SPECIAL INTEREST

### Code Ninjas:

#### Developer - Mobile App Design NEW CLASS

It's time for the kids to enter the world of endless possibilities in Apps! Students will use the MIT App inventor to design, build, and test Apps from scratch.

**Instructor:** Code Ninjas Garden Grove

**Location:** Code Ninjas GG

**Ages: 10-14** **\$85 / 4 sessions**

010217	Th	1/8-1/29	5:00 - 6:00 pm
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010218	Th	2/5-2/26	5:00 - 6:00 pm
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010219	Th	3/5-3/26	5:00 - 6:00 pm
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010220	Th	4/2-4/23	5:00 - 6:00 pm
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### Code Ninjas:

#### Game Lab - Retro Style NEW CLASS

Learn to build games inspired by classic retro platform and adventure games using Microsoft MakeCodes. Students will bring iconic arcade games back to life.

**Instructor:** Code Ninjas Garden Grove

**Location:** Code Ninjas GG

**Ages: 8-14** **\$85 / 4 sessions**

010213	Fr	1/9-1/30	3:30 - 4:30 pm
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010214	Fr	2/6-2/27	3:30 - 4:30 pm
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010215	Fr	3/6-3/27	3:30 - 4:30 pm
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010216	Fr	4/3-4/24	3:30 - 4:30 pm
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### Code Ninjas:

#### Holiday Day Camp NEW CLASS

Spend your school holiday on a one-day tech adventure designed to spark creativity and curiosity. Led by expert Senseis, kids will code their own video games, learn web design basics, and dive into hands-on robotics and electronics. This dynamic workshop sparks creativity and fun. *Please bring your own sack lunch each day.*

**Instructor:** Code Ninjas Garden Grove

**Location:** Code Ninjas GG

**Ages: 5-7** **\$85 / 1 session**

010221	Mo	1/5	8:30 am - 2:30 pm
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010222	Mo	1/19	8:30 am - 2:30 pm
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010223	Fr	2/13	8:30 am - 2:30 pm
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010224	Mo	2/16	8:30 am - 2:30 pm
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### Code Ninjas:

#### JR Adventures - Roblox and Minecraft NEW CLASS

In this class, kids will learn to use M-creator to design their own Minecraft mods and create customized experiences by designing, creating, and modifying Minecraft items.

**Instructor:** Code Ninjas Garden Grove

**Location:** Code Ninjas GG

**Ages: 5-7** **\$85 / 4 sessions**

010201	Th	1/8-1/29	3:30 - 4:30 pm
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010202	Th	2/5-2/26	3:30 - 4:30 pm
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010203	Th	3/5-3/26	3:30 - 4:30 pm
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010204	Th	4/2-4/23	3:30 - 4:30 pm
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### Code Ninjas:

#### Minecraft Modding NEW CLASS

In this class, kids will learn to use M-creator to design their own Minecraft mods and create customized experiences by designing, creating, and modifying Minecraft items.

**Instructor:** Code Ninjas Garden Grove

**Location:** Code Ninjas GG

**Ages: 6-10** **\$85 / 4 sessions**

010205	Th	1/8-1/29	3:30 - 4:30 pm
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010206	Th	2/5-2/26	3:30 - 4:30 pm
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010207	Th	3/5-3/26	3:30 - 4:30 pm
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010208	Th	4/2-4/23	3:30 - 4:30 pm
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### Code Ninjas:

#### Roblox - 3D World Builder NEW CLASS

Embark on an exciting journey into the world of Roblox! Here students will learn the tools to create basic Roblox games from scratch. They'll spend their time designing and crafting 3D worlds, gaining valuable skills in planning and designing.

**Instructor:** Code Ninjas Garden Grove

**Location:** Code Ninjas GG

**Ages: 6-10** **\$85 / 4 sessions**

010209	Fr	1/9-1/30	5:00 - 6:00 pm
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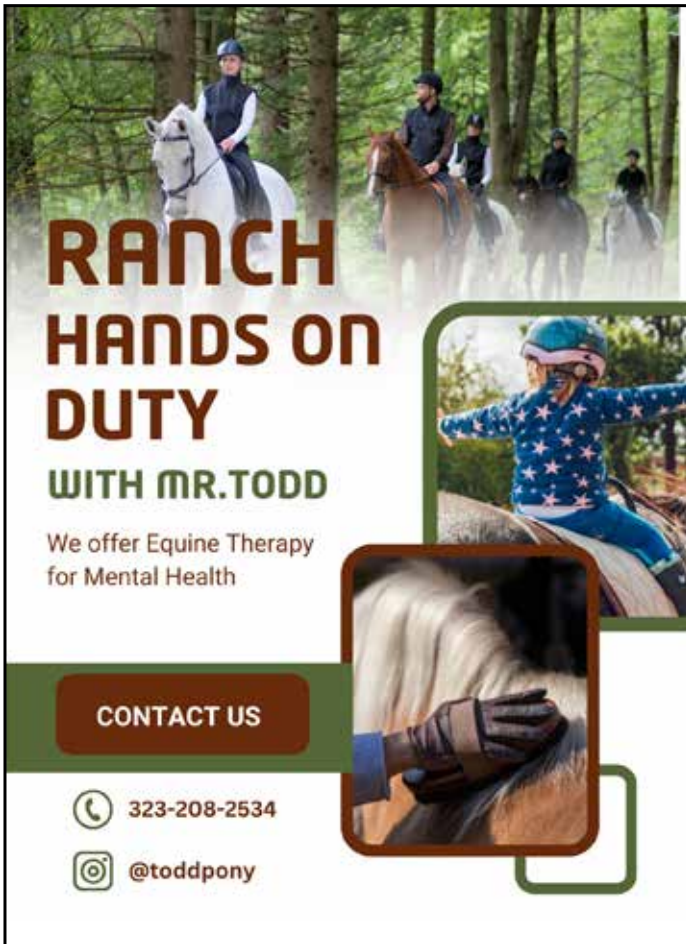
010210	Fr	2/6-2/27	5:00 - 6:00 pm
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010211	Fr	3/6-3/27	5:00 - 6:00 pm
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010212	Fr	4/3-4/24	5:00 - 6:00 pm
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# SPECIAL NEEDS ADAPTIVE PROGRAMS



## RANCH HANDS ON DUTY

WITH MR. TODD

We offer Equine Therapy  
for Mental Health

**CONTACT US**

📞 323-208-2534

📷 @toddpony

## Join District 62 Challenger Little League



District 62 Challenger Division  
P.O. Box 1211  
Huntington Beach, Ca. 92647

**\*New\* Sign up online at:**

<http://leagues.bluesombrero.com/district62challenger>

**Our Facebook page:**

<https://www.facebook.com/D62Challenger>

A baseball experience for all disabled youth ages 4 years old and up no age limit (that attend school or a program within the cities of: Costa Mesa, Fountain Valley, Huntington Beach, Midway City, Westminster, Garden Grove and some parts of Newport Beach.

If you live outside of our district and your city does not have a Challenger League you can join ours!

The registration fee includes team hat, team jersey, yearbook and trophy.

Parents/guardians/volunteers must fill out a Little League Volunteer Form.

You may contact our league at (714)610-8295 or  
[District62challengerbaseball@yahoo.com](mailto:District62challengerbaseball@yahoo.com).



## TENNIS

### Johnny Allen Tennis Academy: Adult Cardio Tennis Class

Get ready to swing until you sweat! This fast-paced class features fast-paced tennis drills with heart-pumping cardio to keep things fun and upbeat. Whether you're looking to get in shape or just love to hit, this workout-style class is designed to boost your fitness and improve your game. Students must bring their own racket and water, wear athletic clothing, and lace-up tennis shoes. For more information and rainy day makeup policy, visit [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call (844) 983-6647.

**Instructor:** Johnny Allen Tennis Academy

**Location:** Magnolia Park

Ages: 18+		\$119 / 6 sessions	
010625	TuTh	1/6-1/22	8:00 - 9:00 pm
010626	TuTh	1/27-2/12	8:00 - 9:00 pm
010627	TuTh	2/17-3/5	8:00 - 9:00 pm
010628	TuTh	3/10-3/26	8:00 - 9:00 pm
010629	TuTh	3/31-4/16	8:00 - 9:00 pm

### Johnny Allen Tennis Academy: Adult Tennis Clinic - Beginning Level

Boost your day with energy and some fun on the tennis court! This class is perfect for adult beginners looking to develop their skills in a friendly, supportive environment. You'll learn the fundamentals, build confidence with every swing, and get a great workout while you're at it. Plus, it's a fantastic way to meet some tennis friends and enjoy an active evening of fun! For more information and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call (844) 983-6647.

**Instructor:** Johnny Allen Tennis Academy

**Location:** Magnolia Park

Ages: 18+		\$169 / 6 sessions	
010631	TuTh	1/6-1/22	5:00 - 6:30 pm
010632	TuTh	1/27-2/12	5:00 - 6:30 pm
010633	TuTh	2/17-3/5	5:00 - 6:30 pm
010634	TuTh	3/10-3/26	5:00 - 6:30 pm
010635	TuTh	3/31-4/16	5:00 - 6:30 pm

### Johnny Allen Tennis Academy: Adult Tennis Clinic - Intermediate to Advanced Level

Take your game to the next level with our fast-paced evening tennis class for intermediate to advanced players. In this class, you'll refine your strokes, improve strategy, and get a great cardio workout while having fun and staying active. You can expect dynamic drills, games, and match play to help sharpen your skills. It's the perfect way to challenge yourself, stay fit, and connect with other players! For more information and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call (844) 983-6647.

**Instructor:** Johnny Allen Tennis Academy

**Location:** Magnolia Park

Ages: 18+		\$169 / 6 sessions	
010636	TuTh	1/6-1/22	6:30 - 8:00 pm
010637	TuTh	1/27-2/12	6:30 - 8:00 pm
010638	TuTh	2/17-3/5	6:30 - 8:00 pm
010639	TuTh	3/10-3/26	6:30 - 8:00 pm
010640	TuTh	3/31-4/16	6:30 - 8:00 pm



## FENCING

### Introduction to Epee Fencing

Learn the Olympic sport of fencing. Learn to use the weapon that has descended from Renaissance dueling swords. Students learn how to move, attack, and defend themselves. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit (~\$300) must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$34 USFA insurance fee is due at the first class.

**Instructor:** South Coast Fencing Center

**Location:** South Coast Fencing Center

Ages: 18+		\$175 / 4 sessions	
011217	Th	1/8-1/29	6:00 - 7:30 pm
011218	Th	2/5-2/26	6:00 - 7:30 pm
011219	Th	3/5-3/26	6:00 - 7:30 pm
011220	Th	4/2-4/23	6:00 - 7:30 pm

### Introduction to Foil Fencing

Learn the Olympic sport of fencing. Students learn how to move, attack, and defend themselves while learning about priority and right-of-way rules that are a cornerstone in foil fencing. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit (~\$300) must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$34 USFA insurance fee is due at the first class.

**Instructor:** South Coast Fencing Center

**Location:** South Coast Fencing Center

Ages: 18+		\$150 / 1x per week - 4 weeks			
011205	1/6-1/31	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
011206	2/3-2/28	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
011207	3/3-3/28	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
011208	3/31-4/25	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm

Class sessions are offered 3 times a week. Participants should attend 1 of those sessions according to the convenience of their schedules.

Ages: 18+		\$200 / 2x per week - 4 weeks			
011213	1/6-1/31	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
011214	2/3-2/28	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
011215	3/3-3/28	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
011216	3/31-4/25	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm

Class sessions are offered 3 times a week. Participants should attend any 2 of those sessions according to the convenience of their schedules.



## ICE SKATING

### Ice Realm: Basic Adult NEW CLASS

Curriculum includes safety and basic skills that help the skater get comfortable on the ice and moving on their own. Class is for new skaters only. Includes six-half hour classes, free public session the day of the class, and skate rental.

**Instructor: Ice Realm Staff**

**Location: Ice Realm**

**Ages: 18+ \$135 / 6 sessions**

010831	We	1/7-2/11	6:00 - 6:30 pm
010832	We	2/18-3/25	6:00 - 6:30 pm
010834	Sa	1/10-2/14	2:00 - 2:30 pm
010835	Sa	2/21-3/28	2:00 - 2:30 pm

## FITNESS

### Line Dancing for Health and Enjoyment

While having fun and enjoying different types of music, you will tone up your muscles, build stamina, and increase flexibility while improving your balance and coordination. Learning choreographed line dances will help sharpen your memory. In addition to line dancing, we also do low impact aerobics. Please wear comfortable shoes and bring a water bottle. An insurance fee is due to instructor on first day of class.

**Instructor: Gemmy Pham**

**Location: West Haven Park**

**Ages: 45+ \$35 / month**

010401	MoWeFr	1/2-1/30	10:00 - 11:30 am	No class 1/19
010402	MoWeFr	2/2-2/27	10:00 - 11:30 am	No class 2/13 & 2/16
010403	MoWeFr	3/2-3/30	10:00 - 11:30 am	
010404	MoWeFr	4/1-4/29	10:00 - 11:30 am	

### Zumba with Cubanjet

Come join the hot and spicy party that will challenge your brain, hips, and feet. All ages and skill levels are invited to salsa, merengue, cumbia, and reggaeton to get your heart rate pumping and your calories burning! Not only will you learn new dance moves, you will grow your confidence on the dance floor. A \$5 materials fee is due to instructor on first day of class.

**Instructor: Jeanette Rockwood**

**Location: GG Sports and Recreation Center (Gym)**

**Ages: 18+ \$65 / 8 sessions**

012201	TuTh	1/6-1/29	8:00 - 9:00 am
012202	TuTh	2/3-2/26	8:00 - 9:00 am

**\$50 / 7 sessions**

012203	TuTh	3/3-3/31	8:00 - 9:00 am	No class 3/17 & 3/19
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**\$70 / 9 sessions**

012204	TuTh	4/2-4/30	8:00 - 9:00 am
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### CIRCL Mobility

Got 30 minutes? Move your body the way it's intended. CIRCL Mobility helps you move better, longer. Reduce stiffness, tension, and stress. Speed up recovery while improving balance and focus. Enhance muscle activation and circulation. We focus on flexibility, breathwork, and mobility exercises to help you move better and longer. A \$5 materials fee is due to instructor on first day of class.

**Instructor: Jeanette Rockwood**

**Location: GG Sports and Recreation Center (Gym)**

**Ages: 18+ \$40 / 8 sessions or \$35 / 7 sessions**

012209	TuTh	1/6-1/29	9:00 - 9:30 am
012210	TuTh	2/3-2/26	9:00 - 9:30 am

012211	TuTh	3/3-3/31	9:00 - 9:30 am	No class 3/17 & 3/19
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012212	TuTh	4/2-4/30	9:00 - 9:30 am
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## MARTIAL ARTS

### Vovinam Martial Arts

Vovinam is a Vietnamese martial art, founded in 1938. It is the development of communicative intelligence, athletic body, noble mind, self-control, self-defense, self-esteem, and perseverance in a non-violent spirit. Self-defense for all levels: beginner, intermediate, and advanced. Students are required to purchase a unique Vovinam martial arts uniform for \$35. There is a \$30 non-refundable annual membership fee.

**Instructor: Tam Nguyen**

**Location: West Haven Park**

**Ages: 18+ \$5 / class (\$20 - \$25)**

011301	Sa	1/3-1/31	9:20 - 10:50 am
011302	Sa	2/7-2/28	9:20 - 10:50 am
011303	Sa	3/7-3/28	9:20 - 10:50 am
011304	Sa	4/4-4/25	9:20 - 10:50 am

## ARTS AND CRAFTS

### *Drawing and Painting in the Afternoon*

Maximize your time! This class is designed for beginning and intermediate students who would like to learn how to improve their drawing and painting skills. Color theory and elements of art will be incorporated. Please ask for the materials list when registering for this class and bring all materials to the first class meeting. \$5 material fee due the first day of class. Please contact Pati Kent at patilovesart@gmail or visit Garden Grove City Hall to get materials list.

**Instructor: Pati Kent**

**Location: Westminster Community Center**

**Ages: 25+**

**\$65 / 4 sessions**

011001	We	1/14-2/4	2:00 - 3:45 pm
011002	We	2/18-3/11	2:00 - 3:45 pm
011003	We	3/25-4/15	2:00 - 3:45 pm



## SPECIAL INTEREST

### *First Aid*

Learn to respond to, and assess an injury or illness. Topics covered include vital signs, bleeding, heat and cold emergencies, strokes, and seizures. You will receive a state and nationally recognized EMS first aid card and certification. \$35 materials fee.

**Instructor: Jack Griswold**

**Location: H. Louis Lake Senior Center**

**Ages: 18+**

**\$10 / 1 session**

010505	Fr	1/2	8:00 - 9:00 pm
010506	Fr	2/6	8:00 - 9:00 pm
010507	Fr	3/6	8:00 - 9:00 pm
010508	Fr	4/3	8:00 - 9:00 pm

### *CPR/AED for Adults, Infants, and Children*

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. Learn simple rescue CPR for adults, children, and infants, as well as foreign object removal techniques for airways. You will receive your certification upon completion of the class. If healthcare provider card is required, please call Cindy at (714) 891-5620 prior to your class. \$35 materials fee.

**Instructor: Jack Griswold**

**Location: H. Louis Lake Senior Center**

**Ages: 18+**

**\$10 / 1 session**

010501	Fr	1/2	6:00 - 8:00 pm
010502	Fr	2/6	6:00 - 8:00 pm
010503	Fr	3/6	6:00 - 8:00 pm
010504	Fr	4/3	6:00 - 8:00 pm



# SENIOR ACTIVITIES

## *H. Louis Lake* SENIOR CENTER

11300 Stanford Ave. Garden Grove, CA 92840

Hours of Operation: Monday-Friday 8:30 a.m. - 3:30 p.m.

### **SOCIAL SUPPORT PROGRAMS**

- ✓ *Individuals age 60 and older*
- ✓ *Must be residents of Garden Grove*
- ✓ *Information and referrals*
- ✓ *Case management*
- ✓ *Counseling*
- ✓ *Health education and lifestyle workshops*
- ✓ *Community Resources*

### **SENIOR MOBILITY PROGRAM**

- ✓ *Individuals age 60 and older*
- ✓ *Must be residents of Garden Grove*
- ✓ *Transportation provided by California Yellow Cab*
- ✓ *Cost is \$4 each way.*  
*Trips to the Center are free!*
- ✓ *For more information call the Center*

### **ACTIVITIES**

*Pool tables*  
*Pinochle*  
*Bingo*  
*Field trips*  
*Craft days*  
*Karaoke*

### **CLASSES**

*Tai Chi*  
*ESL*  
*Adaptive Line Dancing*  
*Fit Mind, Fit Body*  
*Balance and Mobility*  
*Chair Yoga*  
*Technology classes*  
*Paint and Ceramics*

### **INDOOR DINING**

*Join us for a hot lunch at 11:30 a.m.*  
*Monday through Friday. Registration*  
*begins at 9:00 a.m. daily.*

### **SPECIAL EVENTS**

*Holiday Events*  
*Dances*  
*Birthday Celebrations*

To stay up to date with the Senior Center's programs and events,  
access the The Scoop by clicking the link below:

[ggcity.org/community-services/h-louis-lake-senior-center](http://ggcity.org/community-services/h-louis-lake-senior-center)

For more information, please call: (714) 741-5253



## H. Louis Lake SENIOR CENTER

### SENIOR MOBILITY PROGRAM

#### About

- ✓ The Senior Mobility Program is available to residents of Garden Grove age 60 years or older.
- ✓ Service provided Monday through Friday from 7:30 a.m. to 6:00 p.m.
- ✓ Proof of address and age required at time of application.

#### Our Service

- ✓ **FREE** trips to and from the senior center!
- ✓ Trips to medical appointments up to 10 miles outside city limits.
- ✓ Trips to grocery stores within Garden Grove.
- ✓ \$2.00 fee for trips to and from medical appointments or grocery shopping.



Please call the H. Louis Lake Senior Center for additional questions and to sign up.

**714-741-5253**



*Local Tax Dollars at Work*





## ***VOLUNTEERS NEEDED*** TOGETHER, WE CAN MAKE A DIFFERENCE!

Approximately 25% of older adults in Orange County live alone, possibly without the resources we take for granted. You can enhance an older adult's welfare, help them stay living in the home they love and lessen the loneliness many of them face each day. Volunteer positions are available Monday-Friday and can take as little as one hour per week.

**Drivers for Home Delivered Meals:**  
Deliver a nutritious meal and a friendly check-in.  
**Shifts available at the H. Louis Senior Center:**  
Monday, Wednesday & Thursday  
Between 8:30 a.m. - 12:30 p.m.  
**Contact:**  
[volunteer@mealsonwheelsoc.org](mailto:volunteer@mealsonwheelsoc.org)  
or call **714-864-3611** for more information  
and to complete the volunteer application.









The **Magnolia Park Family Resource Center (MPFRC)** founded in 2000, serves families residing in the city of Garden Grove and surrounding cities in Orange County. The MPFRC has become the centralized information and referral point for the community. With the assistance of staff and partners, individuals can create linkages with necessary resources to help strengthen their families.

**Vision:** Building healthy communities one family at a time.

**Service Approach:** Magnolia Park Family Resource Center operates with the nationally recognized Five Protective Factors approach. The framework of the Five Protective Factors provides foundation for the use of best practice strategies in strengthening families. According to the Center for Study of Social Policy, Five Protective Factors are identified in preventing child abuse and neglect, as well as building family strengths and a family environment that promotes optimal child and youth development.

Through its partnerships with funded and non-funded partners, MPFRC is able to offer essential core services to individuals and families.

### **MPFRC's Core Services**

Mental Health Counseling  
Parent Education  
Comprehensive Case Management Team  
Family Support Services  
Domestic Violence Prevention & Treatment Services  
Information and Referral  
Youth/Teen Program  
Differential Response Program

### **Other Services:**

Child Development Activities  
Family Health and Wellness  
Basic Needs Assistance  
Free Diaper Program  
Food Distribution

### **MPFRC Partners**

MPFRC partners with many agencies in order to provide comprehensive services. Some of the partners are:

City of Garden Grove (Lead Agency)  
Boys & Girls Clubs of Garden Grove  
Human Options  
Community Action Partnership of Orange County  
Interval House

OC Social Services Agency  
Second Harvest  
TASK  
Olive Crest

**11402 Magnolia Street  
Garden Grove, CA 92841**

**For additional information, please call (714) 741-5222.**





## MAGNOLIA PARK FAMILY RESOURCE CENTER

### **Our Vision:**

Building healthy communities one family at a time.

### **MPFRC's Core Services:**

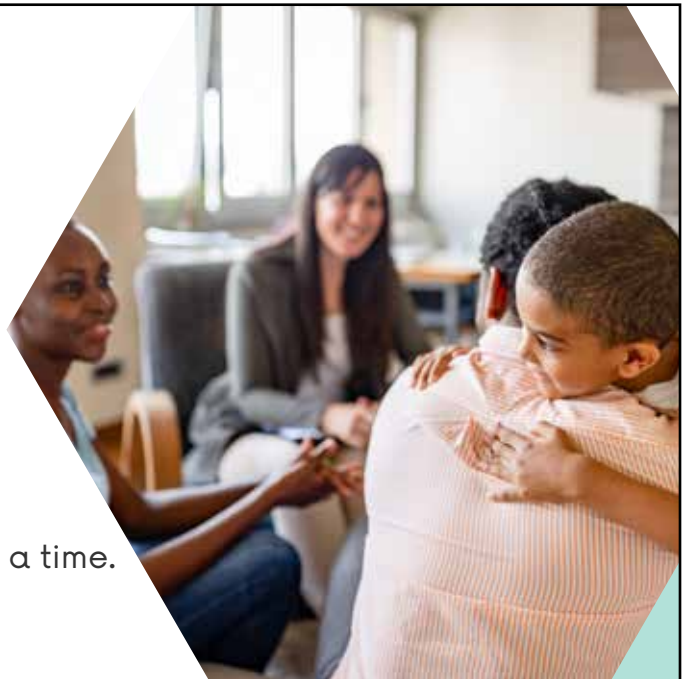
- Counseling
- Parent Education
- Comprehensive Case Management Team
- Family Support Services
- Domestic Violence Personal Empowerment Program
- Information and Referral Services
- Out of School Time (OST) Youth Program
- Differential Response Program
- Emergency Assistance

### **Other Services:**

- Early Learning Activities
- Family Health and Wellness
- Father Strengthening Parenting Program
- IEP Consultations
- Medi-Cal & CalFresh Application Assistance
- Family Strengthening Workshops and Activities

### **Location:**

11402 Magnolia St.  
Garden Grove, CA 92841  
(714) 741-5222  
[MagnoliaParkFRC@factoc.org](mailto:MagnoliaParkFRC@factoc.org)



## FREE ENROLLMENT ASSISTANCE

### Apply For:

- Medi-Cal
- CalFresh
- CalWORKs
- Covered CA
- General Relief

### Required Documents

- Proof of income
- Birth Certificate (children)
- Proof of Address
- Identification Card
- Proof of Citizenship
- Social Security Card (if applicable)
- Immunization Record
- Proof of Pregnancy

**Dates:** 2nd & 4th Tuesday of the month

**Time:** 9:00 AM -4:00 PM

**Address:** 11402 Magnolia St  
Garden Grove, Ca 92841

Call for appointments:  
(714) 741-5222

**WALK-INS ACCEPTED  
AFTER 1:00PM**

**In collaboration  
with:**



For more information regarding the services call CHIOC (855) 927-8333



## *Save the Date*

Garden Grove Gems is a virtual home beautification program recognizing Garden Grove residents for their amazing homes.

### *Nominations*

7:30 AM WEDNESDAY, APRIL 1  
through  
5:30 PM FRIDAY, APRIL 24

Participating residents will nominate themselves.

### *Voting*

7:30 AM MONDAY, MAY 4  
through  
5:30 PM MONDAY, MAY 18

Community will vote online for  
one home per District.

*Nominate your home  
online to participate!*

visit [ggcity.org/gems](http://ggcity.org/gems) for more details.





# CLASS REGISTRATION

## Register Early!!

- **Registration begins Monday, December 8, 2025**
- **Pay by cash, check, money order, or credit card**
- **Make checks payable to "City of Garden Grove"**

### *Recreation Office Hours:*

Monday – Thursday, 7:30 a.m. to 5:30 p.m.

For questions, please call the Community Services Department at (714) 741-5200.

- 1. Online:**  
Refer to "Step-by-Step Instructions."
- 2. Mail-In:**  
Complete "Class Registration" form and mail to:  
  
Community Services Department  
P.O. Box 3070, Garden Grove, CA 92842.  
  
Please enclose a self-addressed, stamped envelope with your payment.
- 3. Walk-In:**  
City of Garden Grove  
Community Services Department  
Recreation Counter, 11222 Acacia Pkwy.  
(off Euclid, north of Garden Grove Blvd.)

## ReGGister Online

### Step-by-Step Instructions

To access ReGGister Online, go to the City of Garden Grove's homepage at **[www.ggparksanddrec.com](http://www.ggparksanddrec.com)** and click on the "ReGGister Online" link. Instructions are also available in Spanish and Vietnamese.

### Step One

#### **PLEASE MAKE ONE ACCOUNT PER GROUP BY ADDING MEMBERS TO PRIMARY CLIENT!**

Create an account by clicking on "**create your account here**" and filling in the fields that appear. A password will be emailed to you through the email address you provide while creating this account.

**Note:** *If you have an existing account with the City, the password will be emailed to the email address on file. If the email is no longer in use and the information needs to be updated, please call (714) 741-5200 for assistance.*

### Step Two

Click the "Login" tab at the top of the page and use the password emailed to you to log in. You will have the option to create a new password once you log in.

### Step Three

At this point, you can either add classes to your cart or add group members to your account.

**Note:** *All group members should be added to PRIMARY CLIENT'S account BEFORE adding classes to your cart.*

### Step Four

To complete registration, please input your credit card payment for registration processing.

Publication of this schedule does not ensure enrollment to all who apply. The Community Services Department reserves the right to cancel classes because of insufficient starting enrollment or a decline in the enrollment after the class has started and to close further enrollment when a class is filled.

Many classes have limited enrollment, and registration is taken on a first-come, first-served basis. All individuals registering for courses must have reached the minimum age requirement prior to the first class meeting.

**There is a \$5 processing fee for each refund, unless a class is cancelled due to low enrollment. In that case, a full refund will be issued.**

Refunds will be processed within 4-6 weeks.

# CLASS REGISTRATION



City of Garden Grove  
Community Services Department  
Recreation and Human Services Division  
**Class Registration Form  
Liability Waiver**

Revised 06-25-2020  
Receipt #: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary Phone: (\_\_\_\_) \_\_\_\_\_ Secondary Phone: (\_\_\_\_) \_\_\_\_\_

Email Address: \_\_\_\_\_

Participant's Name	Date of Birth	Class #	Name of Class	Fee
Total fees				

**There is a \$5 processing fee for each refund, unless a class is cancelled due to low enrollment. In that case, a full refund will be issued.**

As part of our commitment to the "Americans with Disabilities Act" and our participants, are there any special accommodations needed for your participation in the above activities? Yes: \_\_\_\_\_ No: \_\_\_\_\_

**NOTE:** The Community Services Department is not responsible for children waiting before or after class time. Small children shall not remain in adult classes during instruction periods. All programs, schedules, instructors, and fees are correct to the latest possible minute before publication and are subject to change including cancellation without public notice.

## RELEASE, WAIVER OF LIABILITY, INDEMNITY AGREEMENT & CONSENT TO PHOTOGRAPH & VIDEO FORM

IN CONSIDERATION of being permitted to participate or engage in City of Garden Grove ("City") recreation programs, events or activities, or to use City facilities or equipment, the undersigned, on behalf of himself/herself, and on behalf any minors in the legal custody of the undersigned, and on behalf of any personal representatives, heirs, assigns, and next of kin (collectively "Participant"), hereby agrees to the fullest extent permitted by law to release, waive, hold harmless and covenant not to sue the City, its directors, officers, employees, and agents (collectively "Releasees") from any and all suits, claims, damages, losses, injuries, illness (including property damage, bodily injury or death), and any other compensable loss of any type (collectively "Claims") pertaining to, related to, or arising directly or indirectly out of Participant's participation in the programs, events, or activities, or use of City facilities or equipment, even though the Claims may arise out of negligence or carelessness on the part of the Releasees, or out of a dangerous or defective condition of property or equipment of the City. This release does not apply to the extent such Claims are caused by the gross negligence or willful or wanton misconduct of the Releasees. The Participant further agrees to defend and indemnify the Releasees from any Claims directly or indirectly arising out of the Participant's participation in the programs, events, activities, or use of City facilities or equipment, and his/her acts or omissions.

Participant acknowledges that the activities involve known and unanticipated risks which could result in bodily or emotional injury, illness, death and/or property damage and understands that risks of injury, illness or property damage simply cannot be eliminated, despite the use of safety equipment or measures, without jeopardizing the essential qualities of the activity. Participant assumes full responsibility and risk of bodily injury, illness, death, or property damage arising out of or related to the activity and consents to treatment and all medical care deemed necessary resulting from said treatment.

Participant further consents to voluntary participation and grants the City the right to videotape or photograph his/her participation in the activities in which he/she participates and to use the videos or photographs in future City publicity and understands that Participant will not receive any compensation for such.

Participant agrees that the foregoing RELEASE, WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the laws of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. Participants of virtual recreation classes acknowledge they are responsible for ensuring their environment is safe/free from obstructions and that any use of third-party applications (e.g., Zoom, Instagram, etc.) at their own security risk.

**Applicable if Participant is a minor:** I am the parent/legal guardian of the Participant, and I hereby execute this Release on his/her behalf.

I CERTIFY THAT I HAVE READ, UNDERSTOOD, AND AGREE TO THIS RELEASE, WAIVER OF LIABILITY, INDEMNITY AGREEMENT & CONSENT TO PHOTOGRAPH & VIDEO.

\_\_\_\_\_  
Print Name of Participant

\_\_\_\_\_  
Print Name of Parent/Guardian (for Minors)

\_\_\_\_\_  
Signature of Participant or Parent/Guardian (for Minors)

\_\_\_\_\_  
Date