



THE SCOOP

11300 Stanford Avenue, Garden Grove, CA 92840 |(714) 741-5253
Monday-Friday 8:30am-3:30pm | ggcity.org/SeniorCenter

ISSUE HIGHLIGHTS

- Participant Code of Conduct Guidelines
- Important Phone Numbers
- Bracken's Kitchen Breakfast
- Lunch Café
- Center Announcements
- Class Cancellations
- Schedule of Classes
- Schedule of Activities
- Meior Juntos
- Caring Connections
- Aerobic Training
- Self Defense
- Chair Yoga
- Mat Yoga
- Pace Presentation
- Resource Fair
- Fair Housing Clinic
- Karaoke
- Halloween Movie Day
- Halloween Karaoke
- Fair Housing Presentation
- Halloween Dance
- Halloween Cookie Workshop
- Care Providers Recruitment
- SHOPP
- Tips to stay active
- Community Resources

Welcome to fall at the Senior Center! A season of resources, community, and Halloween fun—something for everyone.

At-a-Glance

Rocking Resources for the Golden Years — Resource Fair

Wed, Sept 24, 2025 • Free lunch • Health screenings • Raffle prizes • Meet providers in health, transportation, fitness, and more.

October: Halloween Happenings

- **Tue, Oct 14 — Movie Day:** Popcorn and candy included.
- **Tue, Oct 21 — Karaoke:** Belt out your favorite tunes—monster mash-ups encouraged.
- **Thur, Oct 23 — Dance:** Live DJ, dinner, and costume contest (Most Creative, Spookiest, and Crowd Favorite).
- **Fri, Oct 31 — Cookie Workshop:** Learn simple decorating; register early—space is limited.

Full details inside. Questions? Call the Senior Center front desk.

With warm autumn wishes,

City of Garden Grove Senior Center Team



The mission of the Community Services Department is to enrich and serve an inclusive and vibrant community by innovatively connecting people through parks, programs, and play.

Participant Code of Conduct Guidelines

We are committed to providing a safe, secure, and respectful environment for all. We expect all individuals to demonstrate civil and respectful behavior while here at our center.

The following guidelines are designed to provide safe and enjoyable activities for all participants:

- Be respectful to all participants and program staff.
- Take direction from program staff.
- Maintain an acceptable standard of hygiene.
- Refrain from using abusive or foul language.
- Refrain from causing bodily harm to self, other participants, or program staff.
- Refrain from damaging equipment, supplies, and facilities.
- Refrain from harassing staff, instructors, or participants.

Failure to follow the Code of Conduct policy may result in denial of program participation privileges. The City of Garden Grove Community Services Department strives to make your participation fun-filled, rewarding, educational, and safe.



Important Phone Numbers

City of Garden Grove Directory / Important Numbers

Agencies/Services	Phone Number	Email/Website
Acacia Adult Day Care Center	(714) 530-1566	www.acacia-services.org
Adult Protective Services	(800) 451-5155	www.ssa.ocgov.com
CalFresh	(877) 847-3663	www.ssa.ocgov.com/cash-calfresh/calfresh
Community Legal Aid SoCal	(714) 571-5200	www.communitylgalsocal.org
Garden Grove Animal Care Services	(714) 741-5565	animalcare@ggcity.org
Garden Grove City Hall	(714) 741-5000	www.ggcity.org
Garden Grove Code Enforcement	(714) 741-5358	www.ggcity.org/code-enforcement
Garden Grove Community Meeting Center	(714) 741-5262	events@ggcity.org
Garden Grove Community Services Department	(714) 741-5200	recreation@ggcity.org
Garden Grove Graffiti Hotline	(714) 741-5381	www.ggcity.org/pw/graffiti-abatement
Garden Grove Main Library	(714) 530-0711	www.ocpl.org
Garden Grove Police Department (Non-Emergency)	(714) 741-5704	police@ggcity.org
Garden Grove Water Department	(714) 741-5078	www.ggcity.org/water
HICAP-A Program of Council on Aging	(714) 560-0424	www.cahealthadvocates.org
H. Louis Lake Senior Center	(714) 741-5253	www.ggcity.org/seniorcenter
Medi-Cal	(800) 281-9799	www.ssa.ocgov.com/health-care-services
Orange County Fire Authority	(714) 573-6000	www.ocfa.org
Republic Services	(714) 238-2444	www.republicservices.com
Social Security Administration	(800) 772-1213	www.ssa.gov



Rachell Villalba

May 1999 - August 2025



To Rachell,

You were a colleague, a friend, one dear to us all.
How we wish we could've shared just one last call.
Your absence is great, and the memories strong.

Our time to grieve you may yet be too long.
Our hearts remain heavy, and our spirits are still
low, but there are things, maybe left unsaid, that
we would want you to know.

You were gentle, patient, and always so kind.
A person like you is not always so easy to find.
So many wonderful things that could be added to
this list.

But the most important of all is for you to know how
much you'll be missed.

-Your Senior Center Family



Congratulations!



We are delighted to honor Arla Donohew, who is celebrating her 100th birthday in September!

Arla has been a cherished member of our community. She has served as a volunteer for over 20 years at the H. Louis Lake Senior Center and has also volunteered for the Garden Grove Police Department over 25 years and counting. In 2011, she reigned as the Strawberry Ball Queen for her years of service in Garden Grove. Reaching this remarkable milestone is truly an inspiration. We invite you to join us in congratulating Arla on a century of life well-lived.

Happy 100th Birthday, Arla!



Center Announcements

Birthday Celebration:

Wednesday, September 17

11:15 a.m.

Resource Fair:

Wednesday, September 24

10:00 a.m. - 1:00 p.m.

GG PD Presentation:

Monday, September 29

9:00 a.m. - 10:30 a.m.

Halloween Movie Day:

Tuesday, October 14

9:30 a.m. - 11:30 a.m.

Halloween Dance:

Thursday, October 23

4:30 p.m. - 7:30 p.m.

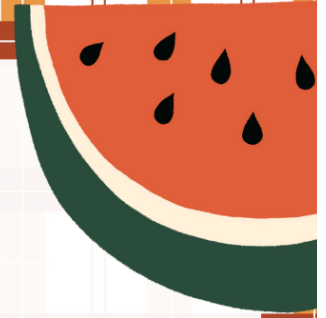
Halloween Karaoke:

Tuesday, October 28

9:30 a.m. - 11:00 a.m.



Class Cancelations



Mat Yoga:

- No Mat Yoga on October 2
and October 9

All classes are cancelled on:

- September 26, 2025
- October 23, 2025



LUNCH CAFÉ

Meals on Wheels is currently being offered Monday through Friday at 11:30 AM. Meals are served on a first come first serve basis, with registration for the day's lunch in person beginning at 8:30 AM (when the center opens). Lunch will be served starting at 11:30 AM. Adults ages 60 and over are eligible to receive meals.

**For more information, call
(714) 741 - 5253**



GOOD MORNING

Bracken's Kitchen
Breakfast!

**Bracken's Kitchen offers breakfast
every Tuesday morning from
9:00 AM - 9:30 AM**

**For more information, don't hesitate
to get in touch with us at
(714) 741 - 5253**



SCHEDULE OF CLASSES



All in-person classes and activities require pre-registration due to limited capacity.
Please call and reserve your spot one week prior to the class.
For information, please call us at 714-741-5253.

TAI CHI

Day: Mondays

Time: 10:00 a.m. to 11:00 a.m.

Instructor: Blanca

Class Description: Tai Chi is an indoor, low-impact, slow-motion exercise that helps reduce the risk of falls and stress and enhances mental capacity.



SELF DEFENSE FOR EVERYONE

Day: Tuesdays

(9/2/2025 - 12/9/2025)

Time: 9:30 a.m. - 11:00 a.m.

Instructor from Santa Ana College:

Kelvin

Class Description: Learn techniques to enhance personal safety, like easy-to-follow moves and situational awareness skills.



CHAIR YOGA

Days: Wednesdays & Fridays

(9/3/2025 - 12/12/2025)

Time: 10:15 a.m. to 11:30 a.m.

Instructor from Santa Ana College:

Amy

Class Description: Focuses on stretching and strength training, emphasizing balance while utilizing various tools.



ADAPTIVE LINE DANCING

Day: Fridays

Time: 1:30 p.m. to 3:00 p.m.

Instructors: Pearl & Fred

Class Description: This class focuses on recreation line dancing, which helps maintain strength and mobility for overall health and wellness.



BALANCE & MOBILITY

Days: Tuesdays & Thursdays

Time: 1:30 p.m. to 2:30 p.m.

Instructor: Molly

Class Description: Focuses on stretching and strength training, emphasizing balance while utilizing various tools.



PRACTICAL COMPUTER SKILLS

Days: Mondays

Time: 1:00 p.m. to 3:15 p.m.

Instructor from Santa Ana College:

Johanna

Class Description: This class focuses on essential skills for everyday use. Participants will learn to navigate operating systems, use common software applications, and explore internet safety.



AEROBIC TRAINING

Days: Thursdays

(9/4/2025 - 12/11/2025)

Time: 1:30 p.m. to 2:45 p.m.

Instructor from Santa Ana College:

Amy

Class Description: Designed to boost your cardiovascular endurance and overall fitness level through dynamic movements.



SCHEDULE OF ACTIVITIES

All in-person classes and activities require pre-registration due to limited capacity. Please call and reserve your spot one week prior to the class.
For information, please call us at 714-741-5253.

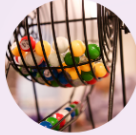
BINGO

Day: Thursdays

Time: 9:45 a.m. to 11:15 a.m.

Activity Description: Join us in the dining room for some Bingo fun and prizes!

*Cost is \$1.00.



YARN CLUB

Days: Fridays

Time: 9:00 a.m. to 10:00 a.m.

Activity Description: Whether you're a seasoned pro or just starting, join us for a cozy gathering of crochet and knitting enthusiasts.



POOL TABLES

Day: Monday-Friday

Time: 8:30 a.m. to 3:30 p.m.

Activity Description: Pool tables are open daily on a first-come, first-served basis. Come in to enjoy a game or two by yourself or with some friends.



PINOCHLE

Day: Wednesdays

Time: 1:00 p.m. to 3:00 p.m.

Activity Description: Pinochle is a trick-taking, Ace-Ten card game typically played with a 48-card deck by two to four players.



PAINT CERAMICS

Day: Mondays

Time: 1:00 p.m. to 3:00 p.m.

Instructor: Judy

Activity Description: Join friends for creative time to paint and create your art. You may bring your own materials, and the instructor can provide information on where to purchase some.



Mejor Juntos

CHARLAMOS CONECTAMOS DISFRUTAMOS

**ACOMPÁÑENOS TODOS LOS LUNES DE
9:00AM- 10:00AM Y MARTES
10:00 AM - 11:00 AM**

**Dedicaremos tiempo entre amigos para crear
conexiones más profundas y juntos apoyarnos
unos a otros.**

**Los acontecimientos de la vida se afrontan
mejor entre amigos.**

TEMAS PROPUESTOS:

- La Salud Mental y Emocional
- Superando Desafíos
- Transiciones de la Vida
- El Autocuidado y muchos mas.

Un entorno confidencial y sin juzga que se enfocará en el bienestar y mejoramiento de la salud mental.

**Si tiene preguntas o
para inscribirse, llame
al 714-741-5253.**



Caring Connections



Join us for an opportunity to:
Make new connections & friends,
receive & provide support, and
learn new skills.

EVERY TUESDAY & THURSDAY
12:00 PM - 1:00 PM

REGISTER NOW

Call the Center at 714-741-5253



SANTA ANA COLLEGE

School of Continuing Education

AEROBIC TRAINING

H. Louis Lake
SENIOR CENTER

THURSDAYS
1:30 PM TO 2:45 PM
FALL SEMESTER:
9/4/2025 - 12/11/2025

A high-energy fitness class that uses rhythmic movement to elevate your heart rate and boost cardiovascular endurance. Set to upbeat music, each session combines dynamic full-body routines designed to improve stamina, coordination, and strength.

Expect a fun, fast-paced workout that keeps you moving and motivated!

Call the Center to register.
(714) 741-5253



SANTA ANA COLLEGE

School of Continuing Education



SELF DEFENSE FOR EVERYONE

Tuesdays

FALL SESSION:

9/2/2025 – 12/9/2025

9:30 AM – 11:00 AM

Join our empowering self-defense class designed specifically for older adults! This engaging program focuses on practical techniques tailored to enhance personal safety and build confidence. Come and discover how to protect yourself while enjoying a fun and interactive experience!



Call the Center to register.
(714) 741-5253



Relax and Unwind with

Chair Yoga



Wednesdays and Fridays

10:15AM to 11:30 AM

September 3, 2025 - December 12, 2025

**Please call the H. Louis Lake Senior Center
for questions and to register.**

714-741-5253



SANTA ANA COLLEGE
School of Continuing Education



GARDEN GROVE

H. Louis Lake
SENIOR CENTER

MAT YOGA

For Every Body



We will practice breathing techniques and slow, controlled postures to support well-being.

THURSDAYS 10:00 AM-11:00 AM

WHY ATTEND THIS CLASS?

- Suitable for beginners
- Includes standing and floor-based exercises, with seated options for **all mobility levels**
- Improve strength and flexibility
- Reduce stress and learn mindfulness techniques
- Please bring a yoga mat and water

➞ **To reserve your spot, please call the Senior Center at 714-741-5253**



PACE

CalOptima Health

Join us for a presentation about CalOptima Health PACE

When

WEDNESDAY, SEPTEMBER 17, 2025
9:30AM - 11:30AM

Where

H. Louis Lake Senior Center

Language

ENGLISH & VIETNAMESE

H. Louis Lake
SENIOR CENTER

Elder Adult Resource Fair

**“Rockin’ Resources for the Golden
Years!”**

When

**Wednesday, September 24th
10:00 AM - 1:00 PM**

Where

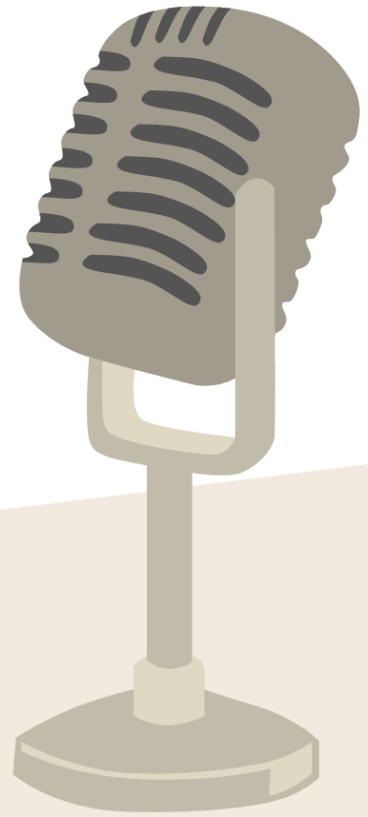
**Community Meeting Center
11300 Stanford Avenue
Garden Grove, CA 92840**

Come connect with organizations in our
community with the essential services and
support you need to thrive.

For more information, call
(714) 741-5253



Sing your
favorite songs &
hang out with
friends!



Singing Seniors
**KARAOKE
DAY!**

Tuesday,
September 30th

TIME:

9:30 AM - 11:00 AM

LOCATION:

H. Louis Lake Senior Center
11300 Stanford Ave.
Garden Grove, CA 92840

For more information please call (714) 741-5253



LANDLORD /TENANT WALK-IN CLINIC

FREE Housing Counseling!

Meet with a Housing Counselor for a one-on-one session to discuss any rental housing issues, tenant/landlord disputes, or to ask questions about Fair Housing laws.

Monday, September 29, 2025

9:00AM- 11:00AM

H. Louis Lake Senior Center:
11300 Stanford Ave. Garden
Grove, CA 92840

Do you need answers?:

- "What repairs does a landlord have to make?"
- "How do I get my security deposit back?"
- "As a landlord, how can I evict a problem tenant?"
- "Can a landlord say they won't rent to families with children?"

Register Today!

714-741-5253

FOR MORE INFORMATION:

1-800-446-FAIR(3247)

www.fhfca.org



Fair Housing Foundation is dedicated to promoting equal access to housing by educating about housing rights.

Fair Housing Foundation

FAIR HOUSING PRESENTATION

Monday, October 27 @ 10:00-11:00 a.m.

H. Louis Lake Senior Center:

11300 Stanford Ave. Garden Grove, CA 92840

Cost: FREE

Easy way to
learn about your
rights and
responsibilities!

**For more information, call
(714) 741-5253.**

Follow us on social media and be
updated on upcoming workshops:



**This session is for Tenants, Landlords,
Managers, Property Owners, Realtors,
and Management Companies.**

We will cover:

- **Fair Housing Services**
- **Federal & State Fair Housing Laws**
- **Housing Discrimination**
- **Modifications and Accommodation**
- **Rent Increases**
- **And Lots More!**

HALLOWEEN MOVIE DAY

TUESDAY, OCTOBER 14, 2025
9:30 AM – 11:30 AM

FOR MORE INFO, CONTACT US AT:
(714) 741-5253



HALLOWEEN

KARAOKE



COSTUMES ENCOURAGED!

COFFEE

TUESDAY, OCTOBER 21, 2025
09:30 AM - 11:00 AM

11300 STANFORD AVE.
GARDEN GROVE CA, 92840



HALLOWEEN DANCE

**COST IS \$15 PER PERSON,
INCLUDES
MUSIC, DINNER, AND
COSTUME CONTEST!**

Thursday, October 23, 2025
4:30 p.m. - 7:30 p.m.

Call the center at (714) 741-5253 for
any questions and more information.



H. Louis Lake
SENIOR CENTER

HALLOWEEN COOKIE WORKSHOP



Celebrate the season with a frightfully fun
Halloween Cookie Decorating Workshop!

FRIDAY, OCTOBER 31, 2025 – 9:30 – 11 AM

To reserve your spot, please call the Senior
Center at 714- 741 - 5253



Older Adult Community Resources

AREA	SERVICES	PHONE NUMBER
Transportation	O.C.T.A. Access	(714) 220-0224 (714) 636-7433
	Abrazar	(714) 702-1586
Food	Community Action Partnership	(714) 667-0717
	Abrazar Westminster	(714) 893-3581
Mental Health	NAMI-National Alliance on Mental Illness	(714) 544-8488
	Older Adult Community Treatment	(714) 972-3700
Housing	Orange County Housing Authority	(714) 480-2700
	Orange County 211	2-1-1
Caregiving	Caregiver Resource Center OC	(714) 446-5030
	In Home Support Services	(714) 825-3000
Dental Health	AltaMed Dental Services	(888) 499-9303

5

TIPS

to help you stay
motivated
to **exercise**

Being physically active is one of the most important things you can do each day to maintain and improve your health and keep doing things you enjoy as you age. Make exercise a priority with the following tips:



1

Find ways to fit exercise into your day. You are more likely to get moving if exercise is a convenient part of your day.



2

Do activities you enjoy to make it more fun. Be creative and try something new!



4

If there's a break in your routine, get back on track. Start slowly and gradually build back up to your previous level of activity. Ask your family and friends for support.



3

Make it social. Find a virtual "exercise buddy" to help keep you going and provide emotional support.



5

Keep track of your progress. Make an exercise plan and don't forget to reward yourself when you reach your goals.



Visit www.nia.nih.gov/exercise to learn more.



National Institute
on Aging

SENIOR HEALTH OUTREACH AND PREVENTION PROGRAM (SHOPP)



Your Wellness Matters

SHOPP is a public health nursing program that serves older adults ages 55+. Nurses provide in-home visitation and case management to older adults with health needs. Eligibility criteria may apply.

Nurses can help with:



Referrals

Referrals to medical, mental health, specialty care & more



Assessments & Education

Provide health assessments, education & medication review



Support

Connect to resources & services to support daily living skills



Transportation & Food

Arrange transportation & home delivered meals



Resources

Connect to community resources & caregiver services



Programs

Assist with accessing health insurance services & adult programs



Call Us
(714) 834-7747



P.O. Box 6099
Santa Ana, CA 92706



PublicHealthNursing@ochca.com



ochealthinfo.com

Rev. 11.19.2024

FREE ENROLLMENT ASSISTANCE

Apply For:

- Medi-Cal
- CalFresh
- CalWORKs
- Covered Ca
- General Relief/
Alivio General

Required Documents

- Proof of income/Prueba de ingresos o impuestos
- Birth certificate (children)/ Acta de nacimiento (para niños)
- Proof of address/ Comprobante de domicilio
- Identification card/ Tarjeta de identificación
- Proof of citizenship/ Prueba de ciudadanía
- Social Security card (if applicable) /Tarjeta de Seguro Social (si es aplicable)
- Immunization record/ Tarjeta de vacunas
- Proof of pregnancy/ Comprobante de embarazo

Dates/ Fecha: Third Thursday of the month/ Tercer jueves del mes

Time/ Hora: 9:00 AM -2:30 PM

Address/ Dirección: 11300 Stanford Ave
Garden Grove, CA 92840

Call for appointment/ Llame para hacer su cita: (714) 741-5253

In collaboration with/ En colaboración con:

H. Louis Lake
SENIOR CENTER

WALK-INS ACCEPTED
AFTER 1:00pm/ PUEDE



SENIOR MOBILITY PROGRAM



About:

- ✓ The Senior Mobility Program is available to residents of Garden Grove age 60 years or older.
- ✓ Service provided Monday through Friday from 7:30 a.m. to 6:00 p.m.
- ✓ Proof of address and age required at time of application.

Our Service:

- ✓ **FREE** trips to and from the senior center!
- ✓ Trips to medical appointments up to 10 miles outside city limits, within Orange County.
- ✓ Trips to grocery stores within Garden Grove.
- ✓ \$2.00 fee for trips to and from medical appointments or grocery shopping.



Please call the H. Louis Lake Senior Center for
additional questions and to sign up.
714-741-5253

FREE LEGAL AID FOR SENIORS

Receive assistance on a variety of legal issues including:

Family Security



We support clients with divorce, child custody, limited conservatorship, foster and transition age youth issues, and barriers to education.

Housing Defense



Support with eviction, publicly subsidized housing, substandard housing, landlord/tenant issues, housing discrimination, and predatory mortgage lending practices.

Economic Justice



We support families struggling with financial challenges and assist clients with consumer debt relief, discrimination, employment issues, expungement, loans, tax controversies, unemployment benefits, and utilities.

Small Claims



We offer information to individuals involved in, or could become involved in, Small Claims Court in Orange County. Our Online Dispute Resolution system can help you negotiate a settlement online.

Protection from Abuse



Provide trauma-informed legal services to support clients who are victims of crime including domestic violence, child & elder abuse, harassment, sexual assault, human trafficking, and other serious crimes. Services include protective orders, crime victim assistance, and representation.

Immigration



We focus our immigration work on adults and minors who are survivors of a crime. We assist with VAWA Self-Petitions, T-Visas, U-Visas, naturalization, Special Immigrant Juvenile Status, adjustment of status, cancellation of removal, and asylum applications.

Health Access



We provide legal assistance to clients in Orange County who qualify for our services related to health care coverage and access issues involving Covered California, Cal Medi-Connect (OneCare Connect), Medi-Cal (CalOptima), Medicare, Medical Safety Net Program, and private health insurance plans. We are also the Ombudsman for the OneCare Connect plan.



Community Legal Aid SoCal



Hotline: 800-834-5001



Website:
communitylegalsocal.org

H. Louis Lake Senior Center | Appointments

Call the Senior Center to book a legal aid appointment (60+ only) or for additional information at (714) 741-5253.

September 10, 2025 - 9:00 AM - 11:00 AM

October 8, 2025 - 9:00 AM - 11:00 AM





HOT APPLE ORANGE CIDER



COOK TIME
120 MIN



SERVINGS
12

Instructions

1. In a 4-quart stockpot, add apple juice, water, oranges (cut in half), and all the spices.
2. Bring to a boil and simmer for 2 hours
3. Serve hot and enjoy!
4. Refrigerate leftovers within 2 hours

Ingredients

- 64 fluid ounces 100% apple juice (8 cups)
- 32 fluid ounces water (4 cups)
- 2 oranges
- 12 whole cloves
- 2 allspice peppercorns
- 6 cinnamon sticks



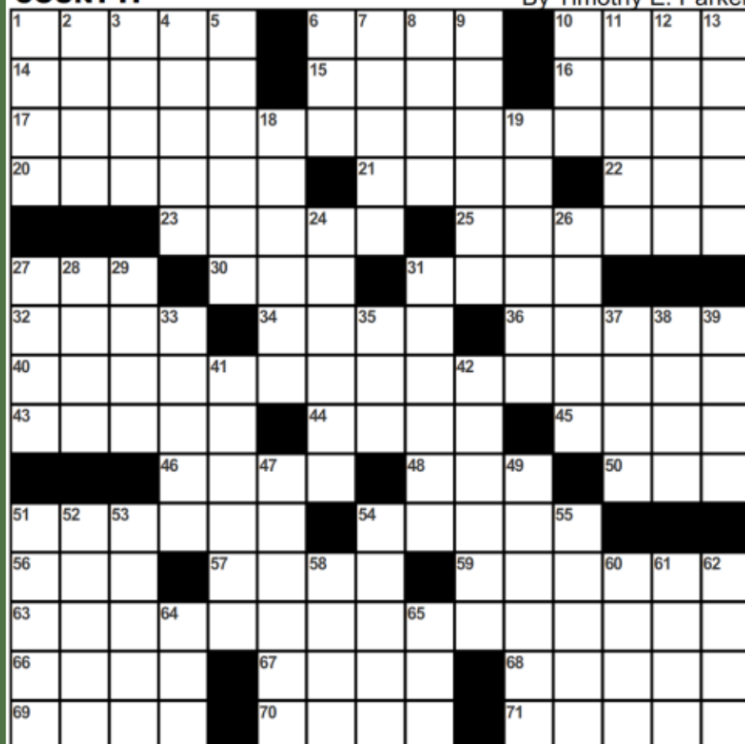
Would you like to see your recipe in the SCOOP? Please submit one of your recipes to a staff member at the front desk to have it featured in the next SCOOP.

WWW.MEDLINEPLUS.GOV

Crossword Puzzle

COUNT IT

By Timothy E. Parker



ACROSS

- 1) Disorderly, fussy outbursts
- 6) Part of an escalator
- 10) Attempt, in slang
- 14) Heep created by Dickens
- 15) Blanched
- 16) More than a gofer
- 17) Set the date, in a way
- 20) Jacket part
- 21) Break stone
- 22) Wrinkle maker
- 23) Providing details of current events
- 25) Vodka cocktail
- 27) Bleat
- 30) Part of two sts.
- 31) Pin one's hopes (on)
- 32) Arm bone
- 34) Go upward
- 36) Donor's offering
- 40) Fall short
- 43) Get ready to drive
- 44) Certain breads
- 45) Goes quickly
- 46) Pertness
- 48) Do something
- 50) It can cause quite a bang
- 51) Rip off
- 54) Community standards
- 56) Prepare to pull the trigger
- 57) Frau's partner
- 59) Constructs, as a building
- 63) Makes a soccer faux pas
- 66) South American monkey
- 67) Where Marco Polo explored
- 68) Bring together
- 69) Restrain
- 70) Put an edge on
- 71) Guided a gondola

DOWN

- 1) After-dinner roll?
- 2) Kind of thermometer
- 3) Desperate, as straits
- 4) Like some old buckets
- 5) Pushed
- 6) Treatment type
- 7) Far from chic
- 8) Brio
- 9) Mammal's coat
- 10) "Gabriel" lead-in
- 11) Kind of wave
- 12) "What goes around, comes around," e.g.
- 13) Stereotypical artist's hat
- 18) New Jersey city
- 19) Final words (var.)
- 24) Many Colorado tourists
- 26) Gold and frankincense complement
- 27) Sacrifice between the lines
- 28) Ubiquitous lotion ingredient
- 29) Poker chip, sometimes
- 31) Prepare, as leftovers
- 33) Charm
- 35) Muddy home
- 37) Dressage display
- 38) Gulf off the coast of Yemen
- 39) Cardinal's residence
- 41) Cochise, famously
- 42) Have nothing to do with
- 47) It may be near a slide
- 49) Shredded
- 51) Willingly avoids meals
- 52) Allowed by the courts
- 53) Be theatrical
- 54) "Sesame Street" resident
- 55) Music-score sign
- 58) Foolhardy and hasty
- 60) Make like a snake
- 61) England's national art gallery
- 62) Coaster in the cold
- 64) Backboard attachment
- 65) Common grain unit



H. Louis Lake Senior Center
11300 Stanford Ave.
Garden Grove, CA 92840

Contact Us

Give us a call for more information about our services, resources, and classes.

(714) 741-5253

Hours:

MONDAY	8:30 A.M. - 3:30 P.M.
TUESDAY	8:30 A.M. - 3:30 P.M.
WEDNESDAY	8:30 A.M. - 3:30 P.M.
THURSDAY	8:30 A.M. - 3:30 P.M.
FRIDAY	8:30 A.M. - 3:30 P.M.

Visit us on the web at

ggcity.org/community-services/h-louis-lake-senior-center

