

October 2025



H. Louis Lake Senior Center
11300 Stanford Avenue, Garden Grove, CA 92840
(714) 741-5253
Hours: Monday-Friday 8:30am-3:30pm
Saturday-Sunday: CLOSED
Community Calendar

Updated 10/2/25



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

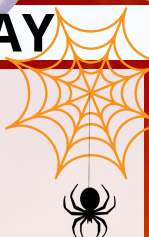
FRIDAY

What's New

- **Halloween Movie Day on the 10/14/25**
- **Halloween Dance on 10/23/25**

CLOSED FOR CONSTRUCTION:

- **October 27 - November 7, 2025**
- **November 10 - November 14, 2025 (tentative)**



6

9:00am-10:00am Meior Juntos
NO Tai Chi
11:30am-12:30pm MoW Lunch Café
1:00pm-3:00pm Paint Ceramics
1:00pm-3:15pm Practical
Computer Skills

7

9:00am-10:00am Bracken's
Breakfast
9:30am-11:00am Self Defense
10:00am-11:00am Meior Juntos
11:30am-12:30pm MoW Lunch Café
12:00pm-1:00pm Caring Connections
1:30pm-2:30pm Balance & Mobility

8

9:00am-11:00am Legal Aid
10:15am-11:30am Chair Yoga
11:30am-12:30pm MoW Lunch Café
1:00pm-3:00pm Pinochle



BOO!

9

9:45am-11:15am Bingo
NO Mat Yoga
11:30am-12:30pm MoW Lunch Café
NO Caring Connections
1:30pm-2:30pm Balance & Mobility
1:30pm-2:30pm Aerobic Training

10

9:00am-10:00am Time of
Remembrance
9:00am-11:00am Yarn Club
10:15am-11:30am Chair Yoga
11:30am-12:30pm MoW Lunch Café
1:30pm-3:00pm Line Dancing

13

9:00am-10:00am Meior Juntos
NO Tai Chi
11:30am-12:30pm MoW Lunch Café
1:00pm-3:00pm Paint Ceramics
1:00pm-3:15pm Practical
Computer Skills

14

9:00am-10:00am Bracken's
Breakfast
9:30am-11:30am Halloween Movie
9:30am-11:00am Self Defense
10:00am-11:00am Meior Juntos
11:30am-12:30pm MoW Lunch Café
12:00pm-1:00pm Caring Connections
1:30pm-2:30pm Balance & Mobility



15

10:15am-11:30am Chair Yoga
11:30am-12:30pm MoW Lunch
Café
1:00pm-3:00pm Pinochle



16

9:00am-2:30pm - CHIOC
9:45am-11:15am Bingo
10:00am-11:00am Mat Yoga
11:30am-12:30pm MoW Lunch Café
12:00pm-1:00pm Caring
Connections
1:30pm-2:30pm Balance & Mobility
1:30pm-2:30pm Aerobic Training



17

9:00am-10:00am Time of
Remembrance
9:00am-11:00am Yarn Club
10:15am-11:30am Chair Yoga
11:30am-12:30pm MoW Lunch Café
1:30pm-3:00pm Line Dancing

20

9:00am-10:00am Meior Juntos
10:00am-11:00am Tai Chi
11:30am-12:30pm MoW Lunch Café
1:00pm-3:00pm Paint Ceramics
1:00pm-3:15pm Practical
Computer Skills

21

9:00am-10:00am Bracken's
Breakfast
9:30am-11:00am Halloween Karaoke
9:30am-11:00am Self Defense
10:00am-11:00am Meior Juntos
11:30am-12:30pm MoW Lunch Café
12:00pm-1:00pm Caring Connections
1:30pm-2:30pm Balance & Mobility

Karaoke



22

10:15am-11:30am Chair Yoga
**11:15am-11:30am Birthday
Celebration**
11:30am-12:30pm MoW Lunch Café
1:00pm-3:00pm Pinochle



23

NO Bingo
NO Mat Yoga
11:30am-12:30pm MoW Lunch Café
NO Caring Connections
NO Balance & Mobility
NO Aerobic Training
**4:30PM-7:30PM HALLOWEEN
DANCE**



24

9:00am-10:00am Time of
Remembrance
9:00am-11:00am Yarn Club
**9:30am-11:00am Fall Cookie
Decorating**
10:15am-11:30am Chair Yoga
11:30am-12:30pm MoW Lunch Café
NO Line Dancing

27

CLOSED

11:30am-12:30pm MoW Lunch Café at
Courtyard Center: 12732 Main Street,
Garden Grove, CA 92840

28

CLOSED

11:30am-12:30pm MoW Lunch Café at
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29

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11:30am-12:30pm MoW Lunch Café at
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30

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11:30am-12:30pm MoW Lunch Café at
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31

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11:30am-12:30pm MoW Lunch Café at
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