



H. Louis Lake Senior Center
 11300 Stanford Avenue Garden Grove, CA 92840
 (714) 741-5253
 Hours: Monday-Friday 8:30am-3:30pm
 Saturday-Sunday: CLOSED
Community Calendar

What's New

- Scary Movie Day on the 15th
- Fit Body Fit Mind Resumes on the 17th
- Halloween Karaoke on the 22nd
- Halloween Dance on the 29th



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY



1
 9:00am-10:00am Bracken's Breakfast
 9:00am-11:00am Practical Computer & Internet Skills
9:00am-11:00am Fair Housing Foundation Walk in Clinic
 11:30am-12:30pm MoW Lunch Café
1:00pm-2:00pm Craft
NO Balance & Mobility

2
 9:00am-10:00am Words of Wisdom
 10:00am-11:15am Chair Yoga
 11:30am-12:30pm MoW Lunch Café
 1:00pm-3:00pm Pinochle

3
 9:45am-11:15am Bingo
 11:30am-12:30pm MoW Lunch Café
1:30pm-2:30pm Fitness Fusion
NO Fit Body Fit Mind
NO Balance & Mobility

4
 9:00am-10:00am Yarn Club
 10:00am-11:15am Chair Yoga
 11:30am-12:30pm MoW Lunch Café
1:00pm-3:00pm ESL
 1:30pm-3:00pm Line Dancing



7
 10:00am-11:00am Tai Chi
 11:30am-12:30pm MoW Lunch Café
 1:00pm-3:00pm Paint Ceramics

9
 9:00am-10:00am Words of Wisdom
9:00am-10:00am Mejor Juntos
 10:00am-11:15am Chair Yoga
 11:30am-12:30pm MoW Lunch Café
 1:00pm-3:00pm Pinochle

10
 9:45am-11:15am Bingo
 11:30am-12:30pm MoW Lunch Café
1:30pm-2:30pm Fitness Fusion
NO Fit Body Fit Mind
NO Balance & Mobility

11
 9:00am-10:00am Yarn Club
 10:00am-11:15am Chair Yoga
 11:30am-12:30pm MoW Lunch Café
1:00pm-3:00pm ESL
 1:30pm-3:00pm Line Dancing



14
NO Tai Chi
10:00am-11:00am Craft
 11:30am-12:30pm MoW Lunch Café
 1:00pm-3:00pm Paint Ceramics

16
 9:00am-10:00am Words of Wisdom
 10:00am-11:15am Chair Yoga
 11:30am-12:30pm MoW Lunch Café
 1:00pm-3:00pm Pinochle

17
9:00am - 3:30pm CHIOC
 9:45am-11:15am Bingo
 11:30am-12:30pm MoW Lunch Café
 1:30pm-2:30pm Fit Body Fit Mind
 1:30pm-2:30pm Balance & Mobility

18
 9:00am-10:00am Yarn Club
 10:00am-11:15am Chair Yoga
 11:30am-12:30pm MoW Lunch Café
1:00pm-3:00pm ESL
 1:30pm-3:00pm Line Dancing



21
 10:00am-11:00am Tai Chi-Indoors
 11:30am-12:30pm MoW Lunch Café
 1:00pm-3:00pm Paint Ceramics

23
 9:00am-10:00am Words of Wisdom
9:00am-10:00am Mejor Juntos
 10:00am-11:15am Chair Yoga
 11:30am-12:30pm MoW Lunch Café
 1:00pm-3:00pm Pinochle
1:00pm-3:00pm Legal Aid

24
 9:45am-11:15am Bingo
 11:30am-12:30pm MoW Lunch Café
 1:30pm-2:30pm Fit Body Fit Mind
 1:30pm-2:30pm Balance & Mobility

25
 9:00am-10:00am Yarn Club
 10:00am-11:15am Chair Yoga
 11:30am-12:30pm MoW Lunch Café
1:00pm-3:00pm ESL
 1:30pm-3:00pm Line Dancing



28
 10:00am-11:00am Tai Chi-Indoors
 11:30am-12:30pm MoW Lunch Café
 1:00pm-3:00pm Paint Ceramics

29
 9:00am-10:00am Bracken's Breakfast
 9:00am-11:00am Practical Computer & Internet Skills
 11:30am-12:30pm MoW Lunch Café
NO Balance & Mobility
4:30pm-7:30pm Halloween Dance

30
 9:00am-10:00am Words of Wisdom
 10:00am-11:15am Chair Yoga
11:15am-11:30am Birthday Celebration
 11:30am-12:30pm MoW Lunch Café
 1:00pm-3:00pm Pinochle

31 HALLOWEEN

9:45am-11:15am Bingo
 11:30am-12:30pm MoW Lunch Café
 1:30pm-2:30pm Fit Body Fit Mind
 1:30pm-2:30pm Balance & Mobility

G
 GARDEN GROVE
 H. Louis Lake
 SENIOR CENTER