

## H. Louis Lake Senior Center

11300 Stanford Avenue, Garden Grove, CA 92840 (714) 741-5253

Hours: Monday-Friday 8:30am-3:30pm Saturday-Sunday: CLOSED **Community Calendar** 



**MONDAY** 

**TUESDAY** 

**WEDNESDAY** 

**THURSDAY** 

**FRIDAY** 

3 CLOSE

11:30am-12:30pm MoW Lunch Café at Courtyard Center: 12732 Main Street, Garden Grove, CA 92840

4 CLOSED

11:30am-12:30pm MoW Lunch Café at Courtyard Center: 12732 Main Street, Garden Grove, CA 92840

5

11:30am-12:30pm MoW Lunch Café at Courtyard Center: 12732 Main Street, Garden Grove, CA 92840

6 CLOSEL

11:30am-12:30pm MoW Lunch Café at Courtyard Center: 12732 Main Street, Garden Grove, CA 92840

CLOSE

11:30am-12:30pm MoW Lunch Café at Courtyard Center: 12732 Main Street, Garden Grove, CA 92840

10



11:30am-12:30pm MoW Lunch Café at Courtyard Center: 12732 Main Street, Garden Grove, CA 92840

11





**NO lunch at Courtyard Center** 

12



11:30am-12:30pm MoW Lunch Café at Courtyard Center: 12732 Main Street, Garden Grove, CA 92840

13

11:30am-12:30pm MoW Lunch Café at Courtyard Center: 12732 Main Street, Garden Grove, CA 92840

14 CLOSE

11:30am-12:30pm MoW Lunch Café at Courtyard Center: 12732 Main Street, Garden Grove, CA 92840

9:00am-10:00am Mejor Juntos 9:00am-10:00am GGPD Presentation

10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Paint Ceramics 1:00pm-3:15pm Practical Computer Skills

18

9:00am-10:00am Bracken's Breakfast 9:30am-11:00am Self Defense 10:00am-11:00am Mejor Juntos 12:00pm-1:00pm Caring Connection 1:30pm-2:30pm Balance & Mobility

19

9:00am-10:00am Alzheimer's Presentation - 6 Pillars of Brain 10:15am-11:30am Chair Yoga

11:15am-11:30am Birthday Celebration

11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Pinochle

20

8 9:00am-2:30pm - CHIOC 9:45am-11:15am Bingo 10:00am-11:00am Mat Yoga 11:30am-12:30pm MoW Lunch Café Presentation 12:00pm-1:00pm Caring Connections

1:30pm-2:30pm Balance & Mobility 1:30pm-2:30pm Aerobic Training

9:00am-11:00am Yarn Club 9:30am-10:30am HICAP

10:15am-11:30am Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:30pm-3:00pm Line Dancing



24

9:00am-10:00am Mejor Juntos 9:30am-10:30am Money Wise **Mondays** 

10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Cafe 1:00pm-3:00pm Paint Ceramics NO Practical Computer Skills

**25** 



9:00am-10:00am Bracken's **Breakfast** 

**NO Self Defense** 

9:30am-11:00am Karaoke

10:00am-11:00am Mejor Juntos 11:30am-12:30pm MoW Lunch Café 12:00pm-1:00pm Caring Connections 1:30pm-2:30pm Balance & Mobility

26

**NO Chair Yoga** 9:00am-12:30pm Thanksgiving Celebration

1:00pm-3:00pm Pinochle

What's New

Money Wise Mondays Starting the 24th

Thanksgiving Celebration on the 26th

**CLOSED FOR CONSTRUCTION:** 

November 3, 2025 - November 14, 2025