

H. Louis Lake Senior Center

11300 Stanford Avenue, Garden Grove, CA 92840 (714) 741-5253 Hours: Monday-Friday 8:30am-3:30pm

Saturday-Sunday: CLOSED **Community Calendar**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

What's New

- The center is closed on Nov 11th, 28th, and 29th for the holidays.
- Thanksgiving celebration is on Nov 27th in the Community Meeting Center
- No Chair Yoga or Practical Computer & Internet Skills classes the week of Nov 25th.



9:00am-10:00am Yarn Club

10:00am-11:15am Chair Yoga 11:30am-12:30pm MoW Lunch Café

1:00pm-3:00pm ESL Class

1:30pm-3:00pm Line Dancing

4



10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Paint Ceramics



Veteran's Day

9:00am-10:00am Bracken's Breakfast 9:00am-11:00am Practical Computer & Internet Skills

10:00am-11:00am Mejor Juntos

11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Balance & Mobility

13

6

9:00am-10:00am Words of Wisdom 10:00am-11:15am Chair Yoga 11:30am-12:30pm MoW Lunch Café 12:00pm-1:00pm Winter Wellness 1:00pm-3:00pm Pinochle

9:00am-10:00am Words of Wisdom

11:30am-12:30pm MoW Lunch Café

12:00pm-1:00pm Winter Wellness

10:00am-11:15am Chair Yoga

1:00pm-2:00pm - Craft Class

1:00pm-3:00pm Pinochle

9:45am-11:15am Bingo 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Fit Body Fit Mind 1:30pm-2:30pm Balance & Mobility

9:00am-10:00am Yarn Club

10:00am-11:15am Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm ESL Class

1:30pm-3:00pm Line Dancing

9:00am-10:00am Bracken's

Breakfast

9:00am-11:00am Practical Computer & Internet Skills

10:00am-11:00am Mejor Juntos

11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Balance & Mobility

14

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18

10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Paint Ceramics

9:00am-10:00am Bracken's Breakfast 9:00am-11:00am Practical Computer Skills 9:00am-12:30pm Senior Employment Info Table

9:00am-11:00am Pool Tournament 10:00am-11:00am Mejor Juntos

11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Balance & Mobility

26 9:00am-10:00am Bracken's Breakfast **NO Practical Computer & Internet** Skills

9:30am-11:00am Karaoke

2:30pm-3:30pm HOAG

20

9:00am-10:00am Words of Wisdom 10:00am-11:15am Chair Yoga 11:30am-12:30pm MoW Lunch Café 12:00pm-1:00pm Winter Wellness

1:00pm-3:00pm Pinochle

1:00pm-2:00pm - Craft Class

9:00am-10:00am Words of Wisdom

9:00am-1:00pm Thanksgiving Celebration **NO Chair Yoga**

11:15am-11:30am Birthday Celebration 11:30am-12:30pm MoW Lunch Café 12:00pm-1:00pm Winter Wellness

1:00pm-3:00pm Pinochle 1:00pm-3:00pm Legal Aid 21

9:00am - 3:30pm CHIOC

9:45am-11:15am Bingo 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Fit Body Fit Mind 1:30pm-2:30pm Balance & Mobility

29

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