

# May

# 2025



**H. Louis Lake Senior Center**  
 11300 Stanford Avenue, Garden Grove, CA 92840  
 (714) 741-5253  
 Hours: Monday-Friday 8:30am-3:30pm  
 Saturday-Sunday: CLOSED  
**Community Calendar**



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### What's New

- **Cinco de Mayo Celebration is on May 5th.**
- **Mother's Day Celebration is on May 7th.**
- **Strawberry Ball is on May 22nd.**
- **The center will be closed on May 26th.**
- **The last day of ESL will be on May 23rd.**



**1**

9:45am-11:15am Bingo  
 10:00am-11:00am Mat Yoga  
 11:30am-12:30pm MoW Lunch Café  
 12:15pm-1:00pm Caring Connections  
 1:30pm-2:30pm Balance & Mobility

**2**

9:00am-10:00am Yarn Club  
 10:00am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
**1:00pm-3:00pm ESL Class**  
 1:30pm-3:00pm Line Dancing

**5**

**9:00am-11:00am Cinco de Mayo Celebration**  
 10:00am-11:00am Tai Chi  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Paint Ceramics  
**NO Core Strength and Self Defense**

**6**

9:00am-10:00am Bracken's Breakfast  
 10:00am-11:00am Mejor Juntos  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-2:30pm Balance & Mobility

**7**

**9:00am-10:00am Alzheimer's Presentation-Continuum of Care**  
**10:00am-12:30pm Mother's Day Celebration**  
**10:00am-12:00pm Memory Screenings**  
 10:00am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Pinochle

**8**

9:45am-11:15am Bingo  
 10:00am-11:00am Mat Yoga  
 11:30am-12:30pm MoW Lunch Café  
 12:15pm-1:00pm Caring Connections  
 1:30pm-2:30pm Balance & Mobility

**9**

9:00am-10:00am Yarn Club  
 10:00am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
**1:00pm-3:00pm ESL Class**  
 1:30pm-3:00pm Line Dancing

**12**

10:00am-11:00am Tai Chi  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Paint Ceramics  
 1:00pm-2:30pm Core Strength and Self Defense

**13**

9:00am-10:00am Bracken's Breakfast  
**10:00am-11:00am Craft**  
 10:00am-11:00am Mejor Juntos  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-2:30pm Balance & Mobility

**14**

**NO Chair Yoga**  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Pinochle

**15**

**9:00am-2:30pm - CHIOC**  
 9:45am-11:15am Bingo  
 10:00am-11:00am Mat Yoga  
 11:30am-12:30pm MoW Lunch Café  
 12:15pm-1:00pm Caring Connections  
 1:30pm-2:30pm Balance & Mobility

**16**

9:00am-10:00am Yarn Club  
 10:00am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
**1:00pm-3:00pm ESL Class**  
 1:30pm-3:00pm Line Dancing

**19**

10:00am-11:00am Tai Chi  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Paint Ceramics  
**NO Core Strength and Self Defense**

**20**

9:00am-10:00am Bracken's Breakfast  
 10:00am-11:00am Mejor Juntos  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-2:30pm Balance & Mobility

**21**

**9:00am-10:00am Alzheimer's Presentation-Normal Aging vs. Warning Signs of Dementia**  
**10:00am-12:00pm Memory Screenings**  
 10:00am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Pinochle

**22**

**NO Bingo**  
 11:30am-12:30pm MoW Lunch Café  
**NO Caring Connections**  
**NO Balance & Mobility**  
**4:30pm-7:30pm Strawberry Ball**

**23**

9:00am-10:00am Yarn Club  
 10:00am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
**1:00pm-3:00pm ESL Class**  
 1:30pm-3:00pm Line Dancing

**26 MEMORIAL DAY**



**27**

9:00am-10:00am Bracken's Breakfast  
**9:30am-11:00am Karaoke**  
**9:30am-11:00am Self Defense**  
 10:00am-11:00am Mejor Juntos  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-2:30pm Balance & Mobility

**28**

10:00am-11:15am Chair Yoga  
**11:15am-11:30am Birthday Celebration**  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Pinochle  
**1:00pm-3:00pm Legal Aid**

**29**

9:45am-11:15am Bingo  
 10:00am-11:00am Mat Yoga  
 11:30am-12:30pm MoW Lunch Café  
 12:15pm-1:00pm Caring Connections  
**NO Balance & Mobility**

**30**

9:00am-10:00am Yarn Club  
**NO Chair Yoga**  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-3:00pm Line Dancing  
**NO ESL CLASS**