

# March 2024



**H. Louis Lake Senior Center**  
 11300 Stanford Avenue Garden Grove, CA 92840  
 (714) 741-5253  
 Hours: Monday-Friday 8:30am-3:30pm  
 Saturday-Sunday: CLOSED  
**Community Calendar**



*H. Louis Lake*  
 SENIOR CENTER

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### What's New

- St. Patrick's Day Celebration
- Easter Celebration
- Field Trip to Lyon Air Museum & South Coast Plaza



**1**  
 9:00am-10:00am Crochet Class  
 10:15am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-3:00pm Line Dancing



**4**  
 10:00am-11:00am Tai Chi-Indoors  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Paint Ceramics

**5**  
**9:00am-10:00am Bracken's Breakfast**  
**9:30am-10:30am iPad Class**  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-2:30pm Balance & Mobility

**6**  
 10:15am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Pinochle  
**1:00pm-3:00pm Computer Class**




**7**  
  
 9:45am-11:15am Bingo  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-2:30pm Fit Body Fit Mind  
 1:30pm-2:30pm Balance & Mobility


**8**  
 9:00am-10:00am Crochet Class  
 10:15am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
**NO Line Dancing**



**11**  
 10:00am-11:00am Tai Chi-Indoors  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Paint Ceramics

**12**  
**9:00am-10:00am Bracken's Breakfast**  
**10:00am-11:00am Craft Day**  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-2:30pm Balance & Mobility  
**2:00pm-3:30pm HOAG Health Class**

**13**  
  
**9:00am - 11:00am St. Patty's Day Celebration**  
**9:00am-10:00am Words of Wisdom**  
**9:00am-10:00am Mejor Juntos**  
 10:15am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Pinochle  
**1:00pm-3:00pm Computer Class**


**14**  
  
 9:45am-11:15am Bingo  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-2:30pm Fit Body Fit Mind  
 1:30pm-2:30pm Balance & Mobility


**15**  
 9:00am-10:00am- Crochet Class  
 10:15am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-3:00pm Line Dancing




**18**  
 10:00am-11:00am Tai Chi-Indoors  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Paint Ceramics

**19**  
**9:00am-10:00am Bracken's Breakfast**  
**9:30am-10:30am iPad Class**  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-2:30pm Balance & Mobility


**20**  
  
**9:00am-10:00am Words of Wisdom**  
 10:15am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Pinochle  
**1:00pm-3:00pm Computer Class**


**21**  
  
**9:00am-3:30pm CHIOC**  
 9:45am-11:15am Bingo  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-2:30pm Fit Body Fit Mind  
 1:30pm-2:30pm Balance & Mobility


**22**  
  
 9:00am-10:00am Crochet Class  
 10:15am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-3:00pm Line Dancing

**25**  
 10:00am-11:00am Tai Chi-Indoors  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Paint Ceramics

**26**  
**9:00am-10:00am Bracken's Breakfast**  
**9:30am-11:30am Karaoke**  
 11:30am-12:30pm MoW Lunch Café  
**1:00pm-5:30pm Field Trip**  
 1:30pm-2:30pm Balance & Mobility  
**2:00pm-3:30pm Hoag Health**

**27**  
  
**9:00am-10:00am Words of Wisdom**  
**9:00am-10:00am Mejor Juntos**  
**9:00am-11:00am Easter Celebration**  
 10:15am-11:15am Chair Yoga  
**11:15am-11:30am Birthday Celebration**  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Pinochle  
**1:00pm-3:00pm Legal Aid**  
**1:00pm-3:00pm Computer Class**

**28**  
  
 9:45am-11:15am Bingo  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-2:30pm Fit Body Fit Mind  
 1:30pm-2:30pm Balance & Mobility

**29**  
  
 9:00am-10:00am Crochet Class  
 10:15am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-3:00pm Line Dancing