

[Updated 5/30/25](#)

June
2025

H. Louis Lake Senior Center
11300 Stanford Avenue, Garden Grove, CA 92840
(714) 741-5253
Hours: Monday-Friday 8:30am-3:30pm
Saturday-Sunday: CLOSED
Community Calendar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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2 10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Paint Ceramics	3 9:00am-10:00am Bracken's Breakfast 9:30am-11:00am Self Defense 10:00am-11:00am Mejor Juntos 11:30am-12:30pm MoW Lunch Café NO Balance & Mobility	4 9:00am-10:00am Alzheimer's-How to have a conversation with the doctor 10:00am-12:00pm Memory Screenings 10:15am-11:30am Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-2:30pm Ice Cream Social 1:00pm-3:00pm Pinochle	5 9:45am-11:15am Bingo 10:00am-11:00am Mat Yoga 11:30am-12:30pm MoW Lunch Café 12:15pm-1:00pm Caring Connections 1:30pm-2:30pm Balance & Mobility	6 9:00am-10:00am Yarn Club NO Chair Yoga 11:30am-12:30pm MoW Lunch Café NO Line Dancing
9 10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café NO Paint Ceramics	10 9:00am-10:00am Bracken's Breakfast 9:30am-11:00am Self Defense 10:00am-11:00am Mejor Juntos 11:30am-12:30pm MoW Lunch Café NO Balance & Mobility	11 9:00am-11:00am Father's Day Celebration 10:15am-11:30am Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Pinochle	12 9:45am-11:15am Bingo 10:00am-11:00am Mat Yoga 11:30am-12:30pm MoW Lunch Café 12:15pm-1:00pm Caring Connections NO Balance & Mobility	13 9:00am-10:00am Yarn Club NO Chair Yoga 11:30am-12:30pm MoW Lunch Café NO Line Dancing
16 10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café NO Paint Ceramics	17 9:00am-10:00am Bracken's Breakfast 9:30am-11:00am Self Defense 10:00am-11:00am Mejor Juntos 11:30am-12:30pm MoW Lunch Café NO Balance & Mobility	18 9:00am-10:00am Alzheimer's Presentation-Understanding The 3 Ds: Delirium, Dementia, and Depression 10:00am-12:00pm Memory Screenings 10:15am-11:30am Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Pinochle 2:00pm-4:00pm Summer BBQ	19 9:00am-2:30pm - CHIOC 9:45am-11:15am Bingo NO Mat Yoga 11:30am-12:30pm MoW Lunch Café NO Caring Connections 1:30pm-2:30pm Balance & Mobility	20 9:00am-10:00am Yarn Club 10:15am-11:30am Chair Yoga 11:30am-12:30pm MoW Lunch Café NO Line Dancing
23 9:00am-11:00am Fair Housing Foundation Walk-In Clinic 10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Paint Ceramics	24 9:00am-10:00am Bracken's Breakfast 9:30am-11:00am Karaoke 9:30am-11:00am Self Defense 10:00am-11:00am Mejor Juntos 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Balance & Mobility	25 10:15am-11:30am Chair Yoga 11:15am-11:30am Birthday Celebration 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Pinochle 1:00pm-3:00pm Legal Aid	26 9:45am-11:15am Bingo 10:00am-11:00am Mat Yoga 11:30am-12:30pm MoW Lunch Café 12:15pm-1:00pm Caring Connections 1:30pm-2:30pm Balance & Mobility	27 9:00am-10:00am Yarn Club 10:15am-11:30am Chair Yoga 11:30am-12:30pm MoW Lunch Café NO Line Dancing

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9:00am-10:30am PD Presentation
10:00am-11:00am Tai Chi
11:30am-12:30pm MoW Lunch Café
1:00pm-3:00pm Paint Ceramics

What's New

- Ice Cream Social is on June 4th.
- Father's Day Celebration is on June 11th.
- Summer BBQ is on June 18th.
- PD will have a presentation on June 30th.
- Chair Yoga will now be starting at 10:15 am and ending at 11:30am.