

June

Updated 05/30

2024



H. Louis Lake Senior Center
 11300 Stanford Avenue Garden Grove, CA 92840
 (714) 741-5253
 Hours: Monday-Friday 8:30am-3:30pm
 Saturday-Sunday: CLOSED
Community Calendar



H. Louis Lake
SENIOR CENTER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

10:00am-11:00am Tai Chi-Indoors
 11:30am-12:30pm MoW Lunch Café
 1:00pm-3:00pm Paint Ceramics

4



9:00am-10:00am Bracken's Breakfast
9:30am-10:30am iPad Class
 11:30am-12:30pm MoW Lunch Café
 1:30pm-2:30pm Balance & Mobility

5

9:00am-10:00am Words of Wisdom
 10:15am-11:15am Chair Yoga
 11:30am-12:30pm MoW Lunch Café
 1:00pm-3:00pm Pinochle

6



9:45am-11:15am Bingo
 11:30am-12:30pm MoW Lunch Café
11:45am- Ice Cream Social
 1:30pm-2:30pm Fit Body Fit Mind
 1:30pm-2:30pm Balance & Mobility

7

NO Crochet Class

10:15am-11:15am Chair Yoga
 11:30am-12:30pm MoW Lunch Café
 1:30pm-3:00pm Line Dancing

10

10:00am-11:00am Tai Chi-Indoors
 11:30am-12:30pm MoW Lunch Café
 1:00pm-3:00pm Paint Ceramics

11



9:00am-10:00am Bracken's Breakfast
 11:30am-12:30pm MoW Lunch Café
 1:30pm-2:30pm Balance & Mobility
10:00am-11:00am Craft Day

12



NO Words of Wisdom
9:00am-12:30pm Father's Day Celebration w/MoW Lunch Cafe
NO Meior Juntos
 10:15am-11:15am Chair Yoga
 1:00pm-3:00pm Pinochle

13



9:45am-11:15am Bingo
 11:30am-12:30pm MoW Lunch Café
 1:30pm-2:30pm Fit Body Fit Mind
NO Balance & Mobility

14

NO Crochet Class

10:15am-11:15am Chair Yoga
 11:30am-12:30pm MoW Lunch Café
 1:30pm-3:00pm Line Dancing

17

10:00am-11:00am Tai Chi-Indoors
 11:30am-12:30pm MoW Lunch Café
 1:00pm-3:00pm Paint Ceramics

18



9:00am-10:00am Bracken's Breakfast
9:30am-10:30am iPad Class
 11:30am-12:30pm MoW Lunch Café
NO Balance & Mobility

19



NO Words of Wisdom
NO Chair Yoga
 11:30am-12:30pm MoW Lunch Café
 1:00pm-3:00pm Pinochle
2:00pm-4:00pm Summer Kick Off BBQ

20



9:00am - 3:30pm CHIOC
 9:45am-11:15am Bingo
 11:30am-12:30pm MoW Lunch Café
 1:30pm-2:30pm Fit Body Fit Mind
 1:30pm-2:30pm Balance & Mobility

21

NO Crochet Class

10:15am-11:15am Chair Yoga
 11:30am-12:30pm MoW Lunch Café
 1:30pm-3:00pm Line Dancing

24

10:00am-11:00am Tai Chi-Indoors
 11:30am-12:30pm MoW Lunch Café
 1:00pm-3:00pm Paint Ceramics

25



9:00am-10:00am Bracken's Breakfast
9:30am-11:30am Karaoke
 11:30am-12:30pm MoW Lunch Café
 1:30pm-2:30pm Balance & Mobility
2:30pm-3:30pm Hoag Health Class

26

9:00am-10:00am Words of Wisdom
9:00am-10:00am Meior Juntos
 10:15am-11:15am Chair Yoga
11:15am-11:30am Birthday Celebration
 11:30am-12:30pm MoW Lunch Café
 1:00pm-3:00pm Pinochle
1:00pm-3:00pm Legal Aid

27



9:45am-11:15am Bingo
 11:30am-12:30pm MoW Lunch Café
 1:30pm-2:30pm Fit Body Fit Mind
 1:30pm-2:30pm Balance & Mobility

28

9:00am-10:00am Crochet Class
 10:15am-11:15am Chair Yoga
 11:30am-12:30pm MoW Lunch Café
 1:30pm-3:00pm Line Dancing



What's New

- Ice Cream Social on the 6th
- Father's Day Celebration on the 12th
- Summer Kickoff Barbecue on the 19th

