

July 2025

H. Louis Lake Senior Center
 11300 Stanford Avenue, Garden Grove, CA 92840
 (714) 741-5253
 Hours: Monday-Friday 8:30am-3:30pm
 Saturday-Sunday: CLOSED
Community Calendar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
What's New <ul style="list-style-type: none"> • Bingo Madness • Duffy Boat Field Trip • Movie Day • We're closed on the 4th of July 	1 9:00am-10:00am Bracken's Breakfast 9:30am-11:00am Self Defense 10:00am-11:00am Meior Juntos 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Balance & Mobility	2 <u>9:00am-10:00am Alzheimer's Presentation-Dementia 101</u> 10:00am-12:00pm Memory Screenings 10:15am-11:30am Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Pinochle	3  <u>9:30am-11:00am Bingo Madness in the CMC</u> 10:00am-11:00am Mat Yoga 11:30am-12:30pm MoW Lunch Café 12:00pm-1:00pm Caring Connections 1:30pm-2:30pm Balance & Mobility	4 
7  10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Paint Ceramics	8 9:00am-10:00am Bracken's Breakfast 9:30am-11:00am - Self Defense 10:00am-11:00am Meior Juntos 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Balance & Mobility	9 10:15am-11:30am Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Pinochle	10 9:45am-11:15am Bingo 10:00am-11:00am Mat Yoga 11:30am-12:30pm MoW Lunch Café 12:00pm-1:00pm Caring Connections 1:30pm-2:30pm Balance & Mobility	11 9:00am-10:00am Yarn Club 10:15am-11:30am Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:30pm-3:00pm Line Dancing
14  10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Paint Ceramics	15 9:00am-10:00am Bracken's Breakfast 9:30am-11:00am - Self Defense 10:00am-11:00am Meior Juntos 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Balance & Mobility <u>2:30pm-7:00pm Duffy Boat Field Trip</u>	16 <u>9:00am-10:00am Alzheimer's Presentation-Driving & Memory Concerns</u> 10:00am-12:00pm Memory Screenings 10:15am-11:30am Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Pinochle	17  <u>9:00am-2:30pm - CHIOC</u> 9:45am-11:15am Bingo 10:00am-11:00am Mat Yoga 11:30am-12:30pm MoW Lunch Café 12:00pm-1:00pm Caring Connections NO Balance & Mobility	18 9:00am-10:00am Yarn Club 10:15am-11:30am Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:30pm-3:00pm Line Dancing
21  10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Paint Ceramics	22  9:00am-10:00am Bracken's Breakfast <u>9:30am-11:30am Movie Day-CMC</u> 9:30am-11:00am - Self Defense 10:00am-11:00am Meior Juntos 11:30am-12:30pm MoW Lunch Café NO Balance & Mobility	23 10:15am-11:30am Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Pinochle 1:00pm-3:00pm Legal Aid 	24 9:45am-11:15am Bingo 10:00am-11:00am Mat Yoga 11:30am-12:30pm MoW Lunch Café 12:00pm-1:00pm Caring Connections NO Balance & Mobility	25 9:00am-10:00am Yarn Club 10:15am-11:30am Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:30pm-3:00pm Line Dancing
28  10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Paint Ceramics	29  9:00am-10:00am Bracken's Breakfast <u>9:30am-11:30am Karaoke</u> 9:30am-11:00am Self Defense 10:00am-11:00am Meior Juntos 11:30am-12:30pm MoW Lunch Café NO Balance & Mobility	30  10:15am-11:30am Chair Yoga <u>11:15am-11:30am Birthday Celebration</u> 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Pinochle	31 9:45am-11:15am Bingo 10:00am-11:00am Mat Yoga 11:30am-12:30pm MoW Lunch Café 12:00pm-1:00pm Caring Connections 1:30pm-2:30pm Balance & Mobility	