

January 2026

H. Louis Lake Senior Center
 11300 Stanford Avenue, Garden Grove, CA 92840
 (714) 741-5253
 Hours: Monday-Friday 8:30am-3:30pm
 Saturday-Sunday: CLOSED
Community Calendar

H. Louis Lake
 SENIOR CENTER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
What's New - We are closed January 1st for New Year's Day and January 19th for Martin Luther King Day. - International week begins January 27th and ends January 29th - All SAC classes will begin at the start of the week of 1/12			1 CLOSED 	2 9:00 AM - 10:00 AM Yarn Club 11:30 AM - 12:30 PM MoW Lunch Café NO Line Dancing Center will be CLOSING at 1:00pm on this day.
5 10:00 AM - 11:00 AM Tai Chi 11:30 AM - 12:30 PM MoW Lunch Café 1:00 PM - 3:00 PM Paint Ceramics	6 9:00 AM - 9:30 AM Bracken's Breakfast 10:00 AM - 11:00 AM Mejor Juntos 11:30 AM - 12:30 PM MoW Lunch Café 1:30 PM - 2:30 PM Balance & Mobility	7 11:30 AM - 12:30 PM MoW Lunch Café 1:00 PM - 3:00 PM Pinochle	8 9:45 AM - 11:15 AM Bingo 10:00 AM - 11:00 AM Mat Yoga 11:30 AM - 12:30 PM MoW Lunch Café 12:00 PM - 1:00 PM Caring Connections 1:30 PM - 2:30 PM Balance & Mobility	9 9:00 AM - 10:00 AM Yarn Club 9:00 AM - 10:00 AM Mindfulness Walking 11:30 AM - 12:30 PM MoW Lunch Café 1:30 PM - 3:00 PM Line Dancing
12 9:00 AM - 11:00 AM Fair Housing Workshop 10:00 AM - 11:00 AM Tai Chi 11:30 AM - 12:30 PM MoW Lunch Café 1:00 PM - 3:00 PM Paint Ceramics 1:00 PM - 2:40 PM Mobile Device Literacy	13 9:00 AM - 9:30 AM Bracken's Breakfast 9:30 AM - 10:45 AM Active Aging 10:00 AM - 11:00 AM Mejor Juntos 11:30 AM - 12:30 PM MoW Lunch Café 1:30 PM - 2:30 PM Balance & Mobility	14 9:00 AM - 11:00 AM Legal Aid 10:15 AM - 11:15 AM Chair Yoga 11:30 AM - 12:30 PM MoW Lunch Café 1:00 PM - 3:00 PM Pinochle	15 9:00 AM - 2:30 PM CHIOC 9:45 AM - 11:15 AM Bingo 10:00 AM - 11:00 AM Mat Yoga 11:30 AM - 12:30 PM MoW Lunch Café 12:00 PM - 1:00 PM Caring Connections 1:30 PM - 2:30 PM Balance & Mobility 1:30 PM - 2:30 PM Aerobic Training	16 9:00 AM - 10:00 AM Yarn Club 9:00 AM - 10:00 AM Mindfulness Walking 10:15 AM - 11:15 AM Chair Yoga 11:30 AM - 12:30 PM MoW Lunch Café 1:30 PM - 3:00 PM Line Dancing
19 CLOSED 	20 9:00 AM - 9:30 AM Bracken's Breakfast 9:30 AM - 10:45 AM Active Aging 9:30 AM - 11:00 AM Karaoke 10:00 AM - 11:00 AM Mejor Juntos 11:30 AM - 12:30 PM MoW Lunch Café 1:30 PM - 2:30 PM Balance & Mobility	21 9:30 AM - 11:30 AM CalOptima Presentation 10:15 AM - 11:15 AM Chair Yoga 11:15 AM - 11:30 AM Birthday Celebration 11:30 AM - 12:30 PM MoW Lunch Café 1:00 PM - 3:00 PM Pinochle	22 9:45 AM - 11:15 AM Bingo 10:00 AM - 11:00 AM Mat Yoga 11:30 AM - 12:30 PM MoW Lunch Café 12:00 PM - 1:00 PM Caring Connections 1:30 PM - 2:30 PM Balance & Mobility 1:30 PM - 2:30 PM Aerobic Training	23 9:00 AM - 10:00 AM Yarn Club 9:00 AM - 10:00 AM Mindfulness Walking 10:15 AM - 11:15 AM Chair Yoga 11:30 AM - 12:30 PM MoW Lunch Café 1:30 PM - 3:00 PM Line Dancing
26 9:00 AM - 10:00 AM PD Presentation 10:00 AM - 11:00 AM Tai Chi 11:30 AM - 12:30 PM MoW Lunch Café 1:00 PM - 3:00 PM Paint Ceramics 1:00 PM - 2:40 PM Mobile Device Literacy	27 1st Day of International Week 9:00 AM - 9:30 AM Bracken's Breakfast 9:30 AM - 10:45 AM Active Aging 10:00 AM - 11:00 AM Mejor Juntos 11:30 AM - 12:30 PM MoW Lunch Café 1:30 PM - 2:30 PM Balance & Mobility	28 2nd Day of International Week 10:15 AM - 11:30 AM Chair Yoga 11:30 AM - 12:30 PM MoW Lunch Café 1:00 PM - 3:00 PM Pinochle	29 Last Day of International Week 9:45 AM - 11:15 AM Bingo 10:00 AM - 11:00 AM Mat Yoga 11:30 AM - 12:30 PM MoW Lunch Café 12:00 PM - 1:00 PM Caring Connections 1:30 PM - 2:30 PM Balance & Mobility 1:30 PM - 2:30 PM Aerobic Training	30 9:00 AM - 10:00 AM Yarn Club 9:00 AM - 10:00 AM Mindfulness Walking 10:15 AM - 11:15 AM Chair Yoga 11:30 AM - 12:30 PM MoW Lunch Café 1:30 PM - 3:00 PM Line Dancing