

January 2025

H. Louis Lake Senior Center
 11300 Stanford Avenue, Garden Grove, CA 92840
 (714) 741-5253
 Hours: Monday-Friday 8:30am-3:30pm
 Saturday-Sunday: CLOSED
Community Calendar



Updated 1/8/2025



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>What's New</p> <ul style="list-style-type: none"> We are closed on January 1st and January 20th. ESL, Computer, and Chair yoga will begin their Spring semester classes the week of January 13th. 		<p>1 CLOSED</p> <p>HAPPY New Year</p>	<p>2</p> <p>9:45am-11:15am Bingo 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Fit Body Fit Mind NO Balance & Mobility</p>	<p>3</p> <p>9:00am-10:00am Yarn Club NO Chair Yoga 11:30am-12:30pm MoW Lunch Café NO ESL Class 1:30pm--3:00pm Line Dancing</p>
<p>6</p> <p>10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Paint Ceramics</p>	<p>7</p> <p>9:00am-10:00am Bracken's Breakfast NO Practical Computer & Internet Skills 10:00am-11:00am Mejor Juntos 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Balance & Mobility</p>	<p>8</p> <p>9:00am-10:00am Words of Wisdom NO Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Pinochle</p>	<p>9</p> <p>9:45am-11:15am Bingo 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Fit Body Fit Mind 1:30pm-2:30pm Balance & Mobility</p>	<p>10</p> <p>9:00am-10:00am Yarn Club NO Chair Yoga 11:30am-12:30pm MoW Lunch Café NO ESL Class 1:30pm-3:00pm Line Dancing</p>
<p>13</p> <p>10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Paint Ceramics</p>	<p>14</p> <p>9:00am-10:00am Bracken's Breakfast 9:30am-10:30am FHF Presentation 10:00am-11:00am Mejor Juntos 11:30am-12:30pm MoW Lunch Café NO Balance & Mobility</p>	<p>15</p> <p>9:00am-10:00am Words of Wisdom 9:00am-10:00am - Alzheimer's Presentation 10:00am-11:15am - Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Pinochle</p>	<p>16</p> <p>9:00am-3:30pm - CHIOC 9:45am-11:15am Bingo 11:30am-12:30pm MoW Lunch Café 12:15pm-1:00pm Caring Connections 1:30pm-2:30pm Fit Body Fit Mind 1:30pm-2:30pm Balance & Mobility</p>	<p>17</p> <p>9:00am-10:00am Yarn Club 10:00am-11:15am - Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:30pm ESL Class 1:30pm-3:00pm - Line Dancing</p>
<p>20 CLOSED</p>	<p>21</p> <p>9:00am-10:00am Bracken's Breakfast 10:00am-11:00am Mejor Juntos 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Balance & Mobility</p>	<p>22</p> <p>9:00am-10:00am Words of Wisdom 10:00am-11:15am Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Pinochle 1:00pm-3:00pm Legal Aid</p>	<p>23</p> <p>9:45am-11:15am Bingo 11:30am-12:30pm MoW Lunch Café 12:15pm-1:00pm Caring Connections 1:30pm-2:30pm Fit Body Fit Mind 1:30pm-2:30pm Balance & Mobility</p>	<p>24</p> <p>9:00am-10:00am Yarn Club 10:00am-11:15am - Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:30pm ESL Class 1:30pm-3:00pm - Line Dancing</p>
<p>27</p> <p>10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Paint Ceramics</p>	<p>28</p> <p>1st Day of International Week! 9:00am-10:00am Bracken's Breakfast 9:30-11:30 - Karaoke 10:00am-11:00am Mejor Juntos 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Balance & Mobility</p>	<p>29</p> <p>2nd Day of International Week! 9:00am-10:00am Words of Wisdom 10:00am-11:15am Chair Yoga 11:15am-11:30am Birthday Celebration 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Pinochle</p>	<p>30</p> <p>Last Day of International Week! 9:45am-11:15am Bingo 11:30am-12:30pm MoW Lunch Café 12:15pm-1:00pm Caring Connections 1:30pm-2:30pm Fit Body Fit Mind 1:30pm-2:30pm Balance & Mobility</p>	<p>31</p> <p>9:00am-10:00am Yarn Club 10:00am-11:15am Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:30pm ESL Class 1:30pm-3:00pm Line Dancing</p>