

January 2025

H. Louis Lake Senior Center
 11300 Stanford Avenue, Garden Grove, CA 92840
 (714) 741-5253
 Hours: Monday-Friday 8:30am-3:30pm
 Saturday-Sunday: CLOSED
Community Calendar



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|--|--|--|--|--|--|--|--|---|--|
| What's New <ul style="list-style-type: none"> We are closed on January 1st and January 20th. ESL, Computer, and Chair yoga will begin their Spring semester classes the week of January 13th. | | | | 1 CLOSED | | 2 9:45am-11:15am Bingo 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Fit Body Fit Mind NO Balance & Mobility | | 3 9:00am-10:00am Yarn Club NO Chair Yoga 11:30am-12:30pm MoW Lunch Café NO ESL Class 1:30pm--3:00pm Line Dancing | |
| 6 10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Paint Ceramics | | 7 9:00am-10:00am Bracken's Breakfast NO Practical Computer & Internet Skills 10:00am-11:00am Mejor Juntos 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Balance & Mobility | | 8 9:00am-10:00am Words of Wisdom NO Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Pinochle | | 9 9:45am-11:15am Bingo 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Fit Body Fit Mind 1:30pm-2:30pm Balance & Mobility | | 10 9:00am-10:00am Yarn Club NO Chair Yoga 11:30am-12:30pm MoW Lunch Café NO ESL Class 1:30pm-3:00pm Line Dancing | |
| 13 10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Paint Ceramics | | 14 9:00am-10:00am Bracken's Breakfast 9:15am-11:15am Practical Computer & Internet Skills 9:30am-10:30am FHF Presentation 10:00am-11:00am Mejor Juntos 11:30am-12:30pm MoW Lunch Café NO Balance & Mobility | | 15 9:00am-10:00am Words of Wisdom 9:00am-10:00am - Alzheimer's Presentation 10:00am-11:15am - Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Pinochle | | 16 9:00am-3:30pm - CHIOC 45am-11:15am Bingo 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Fit Body Fit Mind 1:30pm-2:30pm Balance & Mobility | | 17 9:00am-10:00am Yarn Club 10:00am-11:15am - Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:30pm ESL Class 1:30pm-3:00pm - Line Dancing | |
| 20 CLOSED | | 21 9:00am-10:00am Bracken's Breakfast 9:15am-11:15am Practical Computer & Internet Skills 10:00am-11:00am Mejor Juntos 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Balance & Mobility | | 22 9:00am-10:00am Words of Wisdom 10:00am-11:15am Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Pinochle 1:00pm-3:00pm Legal Aid | | 23 45am-11:15am Bingo 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Fit Body Fit Mind 1:30pm-2:30pm Balance & Mobility | | 24 9:00am-10:00am Yarn Club 10:00am-11:15am - Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:30pm ESL Class 1:30pm-3:00pm - Line Dancing | |
| 27 10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Paint Ceramics | | 28 1st Day of International Week! 9:00am-10:00am Bracken's Breakfast 9:15am-11:15am Practical Computer & Internet Skills 9:30-11:30 - Karaoke 10:00am-11:00am Mejor Juntos 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Balance & Mobility | | 29 2nd Day of International Week! 9:00am-10:00am Words of Wisdom 10:00am-11:15am Chair Yoga 11:15am-11:30am Birthday Celebration 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Pinochle | | 30 Last Day of International Week! 9:45am-11:15am Bingo 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Fit Body Fit Mind 1:30pm-2:30pm Balance & Mobility | | 31 9:00am-10:00am Yarn Club 10:00am-11:15am - Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:30pm ESL Class 1:30pm-3:00pm - Line Dancing | |