

Forgetfulness or Something More?

Free Memory Screening at: H. Louis Lake Senior Center

11300 Stanford Ave., Garden Grove, CA 92840

1st and 3rd Wednesday of every month
10:00 AM - 12:00 PM

What is Memory Screening?

A memory screening is a wellness tool that helps identify possible changes in memory and cognition.

Do you have:

- Trouble coming up with a word or name
- Trouble remembering important dates or events
- Problems remembering names when introduced to new people
- Trouble remembering what you just read or heard
- Problems losing or misplacing things
- Trouble planning or organizing
- Noticeably greater difficulty performing tasks in social and occupational settings



If you said yes to **any** of the above, consider scheduling a **FREE** Mind Check memory screening.

By appointment only. Please call: 714-741-5253

Thank you to our host: