

# Garden Grove

## PARKS & RECREATION GUIDE

FALL 2025  
September - December



Parks  
Make  
Life  
Better!

[www.ggparksandrec.com](http://www.ggparksandrec.com)





## CLASS SPOTLIGHT

# FUTSAL WITH PREGONI FÚTBOL TRAINING

 **PLAY. LEARN. GROW** 

THE GAME THAT BUILDS CONFIDENCE, PASSION & WELCOMES EVERYONE.



PREGONI FÚTBOL  
TRAINING

## WHO WE ARE

At PFT, we blend European-style coaching with a fun, high-energy environment that builds skills and a lifelong love for the game. We focus on simple techniques to help players grow confident, well-rounded, and develop strong life values for success.

## WHO CAN JOIN?

Everyone! Whether you're just starting or ready to level up, our futsal program is the perfect place to play, learn, and grow.

## WHAT TO EXPECT

Futsal is a small-sided game on hard courts that improves ball control, quick decision-making, and creativity. Our high-energy sessions help players build confidence and passion while having a blast!

## WHY FUTSAL?

- ⚡ More touches, faster play
- ⚡ Greater confidence with and without the ball
- ⚡ Sharper ball control and passing
- ⚡ High-energy fun for all levels

📍 **Location: West Grove Park** 📅 **Wednesdays | 4:00–5:00 p.m.**

## FOLLOW US FOR UPDATES!

 @pregonifutboltraining

 Pregoni Futbol Training

 [www.pregonifutboltraining.com](http://www.pregonifutboltraining.com)



**Register**

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






















































































# FACILITIES AND PARKS

## Park Buildings, Picnic Pavilion and Park Shelters

### Looking for the perfect park location to hold an event?

Whether you are planning a meeting for ten or a birthday party for 50,  
the City of Garden Grove has a place to suit your needs.

Choose from several different locations that include park buildings and park shelters.

 GARDEN GROVE	Total Acres (Approx.)	Play Area	Reservable Building (maximum occupancy)	Reservable Picnic Area (maximum occupancy)	Restrooms	Open Field Space	Tennis Courts	Basketball Courts	Volleyball	Ball Diamond	Pool Facility	Horseshoe Pits	Hockey Rink(s)	Exercise Equipment	Racquetball Courts	BBQ	Dog Park	Skate Spot	Indoor Soccer Arena	Pickleball Courts
<b>PARKS &amp; AMENITIES</b>	N/A			N/A																
<b>Atlantis Play Center</b> 13630 Atlantis Way	4																			
<b>Bicentennial Park (Spirit of '76)</b> Brookhurst Street & Lampson Avenue	1/4																			
<b>Chapman Sports Complex</b> 11700 Knott Avenue (GGUSD)	11																			
<b>Civic Center Park</b> Euclid Street & Acacia Parkway	4																			
<b>Eastgate Park</b> 12001 St. Mark Street	5			50																
<b>Edgar Park</b> 12781 Topaz Street (GGUSD)	6			50																
<b>Faylane Park</b> 11700 Seacrest Drive	3			50																
<b>Garden Grove Park</b> 9301 Westminster Avenue	36			150																
<b>Gutosky Park</b> 9201 Ferris Lane	2			50																
<b>Hare School Park</b> 12012 Magnolia Street (GGUSD)	14																			
<b>Haster Basin</b> 12952 Lampson Avenue (County)	22			N/A																
<b>Jardin De Los Niños</b> 12534 Keel Avenue	1/2																			
<b>Magnolia Park</b> 11402 Magnolia Street	6			50																
<b>Morningside School Park</b> 10468 Morningside Drive (GGUSD)	1																			
<b>Pioneer Park</b> 12722 Chapman Avenue (GGUSD)	4																			
<b>Shelley Kensington Park</b> Shelley Drive & Kensington Lane	1/4																			
<b>Village Green Park</b> 12732 Main Street	7																			
<b>West Grove Park</b> 5372 Cerulean Avenue	7			50																
<b>West Haven Park</b> 12252 West Street	10																			
<b>Woodbury Park</b> 13800 Rosita Place	4																			

For more information about renting a park facility, please call (714) 741-5200.



# FACILITIES AND PARKS

## Facility Name

*All locations are in Garden Grove except where noted.*

1. **Atlantis Play Center**  
13630 Atlantis Way  
(off Westminster near Magnolia)
2. **Bolsa Chica Park**  
13660 University St., Westminster
3. **Cai Jiu-Jitsu Academy**  
8342 Garden Grove Blvd., #6  
(between Magnolia & Beach)
4. **Chapman Sports Complex**  
11700 Knott Ave.  
(Corner of Knott & Chapman)
5. **Community Meeting Center**  
11300 Stanford Ave.  
(between 9th & Euclid)
6. **Courtyard Center/  
Village Green Park**  
12732 Main St. (at Stanford)
7. **Eastgate Park**  
12001 St. Mark St.  
(off Chapman & Valley View)
8. **Edgar Park**  
12781 Topaz St.  
(between Springdale & Valley View)
9. **Fountain Valley Recreation  
Center**  
16400 Brookhurst St., Fountain Valley  
(between Edinger and Warner)
10. **Garden Grove City Hall**  
11222 Acacia Parkway  
(off Euclid between Garden Grove  
Blvd. & Lampson)
11. **Garden Grove Park**  
9301 Westminster Ave.  
(between Brookhurst & Magnolia)
12. **Garden Grove Sports and  
Recreation Center**  
13641 Deodara Dr. (off Westminster)
13. **H. Louis Lake Senior Center**  
11300 Stanford Ave.  
(between 9th & Euclid)
14. **IFS Gym**  
8615 Katella Ave. B, Stanton
15. **Liberty Park**  
13900 Monroe St., Westminster  
(between Beach Blvd & Newland)
16. **Los Alamos Park**  
17901 Los Alamos St., Fountain Valley  
(off Talbert Ave & Ward St.)
17. **Magnolia Park**  
11402 Magnolia St.  
(corner of Magnolia & Orangewood)
18. **Miriam Warne Room**  
14491 Beach Blvd., Westminster  
(at Hazard)
19. **Sigler Park**  
7200 Plaza St., Westminster  
(off Westminster near Hoover)
20. **Tae Kwon Do Studio**  
9192 Garden Grove Blvd. #F  
(at Magnolia)
21. **West Grove Park**  
5372 Cerulean Ave.  
(Valley View & Lampson)
22. **West Haven Park**  
12252 West St.  
(between Chapman and Lampson)
23. **Westminster Arts Academy**  
14441 Beach Blvd., Westminster  
(at Hazard)
24. **Westminster Community Center**  
8200 Westminster Blvd., Westminster
25. **Westminster Park**  
14402 Magnolia St, Westminster  
(between Westminster and Bolsa Chica)
26. **Woodbury Park**  
13800 Rosita Pl.  
(S. of Westminster, W. of Newhope)

### NOT SHOWN ON MAP:

#### Anaheim ICE (The Rinks)

300 W. Lincoln Ave., Anaheim  
(near Harbor)

#### South Coast Fencing Center

3518 Lake Center Dr., Suite C, Santa Ana  
(near Harbor and MacArthur)



## GARDEN GROVE *Community Meeting Center*



- Large/Small Banquet Rooms
- Full Kitchen Facilities
- Central OC Location • Park Setting

*Quinceañeras, Weddings, Parties,  
Meetings, and More!*

11300 Stanford Avenue, Garden Grove, 92840



**(714) 741-5262**



**events@ggcity.org**



**ggcity.org**



## Garden Grove *Courtyard Center*

*Ideal for:*

- Birthday Parties
- Baptism Receptions
- Dinner Receptions
- Small Business Meetings
- Holiday Parties
- Baby Showers
- Seminars

### GARDEN GROVE RESIDENT SPECIAL PACKAGE

\*Utility bill + a valid CA I.D. must be provided  
at the time of booking for residential proof

**Room Rental Rate: \$557\***

**Refundable Damage Deposit: \$250**

\*Maximum capacity 80 guests. No alcohol allowed. This package is good for  
one four (4) hour event time. In addition, you will receive one hour prior for  
set-up, and one hour after for clean-up.

Client must obtain a one-day event insurance.

Vendors need to have liability insurance.

12732 Main Street, Garden Grove, CA 92840

For information, call (714) 741-5262 or visit [events@ggcity.org](mailto:events@ggcity.org)



## Garden Grove Resident MEMORIAL SERVICE PACKAGE Community Meeting Center / Courtyard Center

*Where families honor the memory of their loved ones*

\*Utility Bill + a valid CA I.D. must be provided at the time of booking for residential proof.

**Room Rental Rate: \$591\***

**Refundable Damage Deposit Required: \$250**

Guest attendance based on room capacity. No alcohol allowed.

*This offer is good for one three (3) hour event during the weekday/weekend as available.*

*In addition you will receive one hour prior for set-up, and one hour after for clean-up.*

*Up to one pre-event extra set-up hour may be purchased. Complimentary use of LCD Projector upon request.*

*Security to be determined. Human remains/ashes are NOT permitted at any of our locations.*

*Client must obtain a one-day event insurance. Vendors need to have liability insurance.*

**For more information, please call (714) 741-5262.**

*Community Meeting Center*

*Courtyard Center*



*Both Facilities Ideal For*

BIRTHDAY PARTIES

BABY SHOWERS

SMALL BUSINESS MEETINGS

DINNER REHEARSALS

RETIREMENT PARTIES

& MANY OTHER OCCASIONS

For more information,  
please call (714) 741-5200



## PRICING

(Unless Otherwise Noted)

Youth (0-14 Years) \$1

Teen (15-17 Years) \$2

Adult (18-55 Years) \$3

Senior (55+ Years) \$2

All times and events are subject to change.  
Contact the center for more information.



GARDEN GROVE

Sports & Recreation Center

13641 Deodara Drive, Garden Grove, CA 92844 · (714) 889-5783

\*For info call (714) 375-5063

\*\*Seasonal. Does not meet June-August and January-March

## WEEKLY SCHEDULE

### SUNDAY:

Drop-In Badminton 5-8 P.M.

### MONDAY:

Youth/Teen Drop-In Basketball 3-5 P.M.

\*\*Drop-In PickleBall 6-9 P.M.

### TUESDAY:

Youth/Teen Drop-In Basketball 3-5 P.M.

\*Ric's Volleyball Adult League 5-11 P.M.

### WEDNESDAY:

Youth/Teen Drop-In Basketball 3-5 P.M.

\*\*Drop-In Volleyball 6-9 P.M.

### THURSDAY:

Youth/Teen Drop-In Basketball 3-5 P.M.

\*\*Drop-In Badminton 6-9 P.M.

### FRIDAY:

Adult Drop-In Basketball 6-9 P.M.

### SATURDAY:

\*\*Drop-In Volleyball 9:30 A.M. - 12:30 P.M.





# CITY PROGRAMS



## GENERAL USE:

- \$2 per person admission charge
- Free for children 2 and under
- Adults must be accompanied by a child

## BIRTHDAY PARTIES/PICNICS:

- Picnic Tables: \$5 rental fee per table, max 12 per day
- Neptune's Pavilion: \$25 per 45 minutes
- For table and pavilion rentals, call the Community Service Department at (714) 741-5200
- For after-hours and exclusive rentals, call the Atlantis Coordinator at (714) 741-5207

Splash pad is only open during the summer

## ATLANTIS PLAY CENTER NON-SUMMER HOURS

Monday	Closed
Tuesday - Friday	10:00 am - 2:00 pm
Saturday	10:00 am - 4:00 pm
Sunday	12:00 pm - 4:00 pm



ATLANTIS PLAY CENTER: 13630 ATLANTIS WAY, GARDEN GROVE, 92844 · (714) 892-6015

## INSTRUCTORS WANTED

Want to teach classes in Garden Grove?

We are currently looking for qualified instructors for:

- Gymnastics
- Self-Defense
- Language
- Cheerleading
- Ballroom Dance
- Computer, Phones, Tech
- Dance
- Cookie Decorating
- Gardening
- Fitness
- Music
- Cooking

# JACK O' LANTERN JAMBOREE



**SATURDAY, OCTOBER 25**  
**1:00-4:00 PM**

13630 ATLANTIS WAY, GARDEN GROVE, 92844

**PUMPKIN PATCH • REPTILE SHOW • CRAFTS**  
**OBSTACLE COURSES • FACE PAINTING AND MORE!**

## TICKET PRICES

**AGES 0-1: FREE | AGES 2 - 10: \$12**  
**AGES 11 - ADULT: \$3**

**Ticket sales begin Tuesday, October 7.**  
**NO TICKET SALES AT DOOR.**



To purchase tickets, visit [ggcity.org/register](http://ggcity.org/register)  
or pay in-person at Garden Grove City Hall.  
Call (714) 741-5200 for more information.





GARDEN GROVE  
TEEN ACTION COLLABORATIVE

## GGTAC OBJECTIVES



### CAREER AND COLLEGE GUIDANCE

Teens get the opportunity to collaborate with community organizations and learn about career options, resume building, college preparation and enrollment.



### VOLUNTEER EVENTS

With community involvement in mind, teens get the opportunity to volunteer at City events and assist local non-profit organizations with their special projects.



### MEET NEW FRIENDS

At every meeting there are fun, interactive activities where teens can connect with each other and make friends within their community.

**FREE PROGRAM**  
For teens ages 13-17 years old



## SCHOLARSHIP OPPORTUNITY

### MEETINGS EVERY 3RD THURSDAY

Community Meeting Center  
11300 Stanford Avenue  
Sept 2025 - May 2026 | 4-5 PM

Applications accepted from  
September 1 through December 31.

**First Meeting on Sept 18, 2025**

### FOR MORE INFORMATION VISIT:

 [ggcity.org/GGTAC](http://ggcity.org/GGTAC)

### FOR QUESTIONS:

 714-741-5360

 [GGTAC@GGCity.org](mailto:GGTAC@GGCity.org)



**Parks  
Make  
Life  
Better!**



## YOUTH SPORTS

### *Winter Youth Basketball*

**\$65 / child**

**Ages: Youth Born in 2012-2019**

**Location: Garden Grove Sports and Recreation Center**

This program provides youth the opportunity to learn the fundamentals of basketball and play on teams in an organized sports league. Each youth will receive a team jersey and participation award. Registration begins November 19, either online or in person at the Recreation Office in City Hall, between the hours of 7:30 a.m. and 5:00 p.m., Monday through Thursday. Come join us to learn and improve your basketball skills in a fun environment. Competition will be held in multiple divisions.

The program will begin the week of January 24, 2026, with games played on Saturdays, and some weeknights, when necessary.

All players are required to take a skills test in order to be placed on a team. **ABSOLUTELY NO REGISTRATION WILL BE ACCEPTED AT SKILLS TESTING.** The skills testing will be held:

### **Wednesday, December 17, 2025**

<b>A Division</b> (born in 2012-2013)	7:30 p.m.
<b>B Division</b> (born in 2014-2015)	7:00 p.m.
<b>C Division</b> (born in 2016-2017)	6:30 p.m.
<b>D Division</b> (born in 2018-2019)	6:00 p.m.

**VOLUNTEER COACHES...  
WE NEED YOU!!!**



Volunteers are needed to coach and/or assist with teams in our youth basketball program. Without such volunteers, this program would not exist. If you have a few hours a week, enjoy working with kids, and know something about the game of basketball, please inform staff at the time of registration, or call (714) 741-5200.





# YOUTH & TEEN FITNESS AND SPORTS



## BASKETBALL

### Basketball by BEST Sports

Our industry-leading basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting, and the triple threat position. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. This is an extremely active, endurance-based class. Important BEST class information can be found at: [best-sports-usa.com/welcome](http://best-sports-usa.com/welcome)

**Instructor: Beginners Edge Sports Training Instructor**

**Location: West Grove Park**

Ages: 3-5		\$102 / 6 sessions or \$119 / 7 sessions		
030101	Sa	9/6-10/18	10:20 - 11:05 am	
030103	Sa	11/1-12/13	10:20 - 11:05 am	No class 11/29
Ages: 6-9		\$102 / 6 sessions or \$119 / 7 sessions		
030102	Sa	9/6-10/18	11:10 - 11:55 am	
030104	Sa	11/1-12/13	11:10 - 11:55 am	No class 11/29



## MULTI-SPORT

### 4-Sport Multi Sport by BEST Sports

Our industry-leading 4-sport program brings you multiple weeks of 4 fantastic sports: soccer, baseball/softball, basketball, and track. We will teach your player how to kick and control a soccer ball; how to hit, catch, throw, and run the bases; shoot and dribble a basketball; run, jump, and build strength and endurance. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. Important BEST class information can be found at: [best-sports-usa.com/welcome](http://best-sports-usa.com/welcome)

**Instructor: Beginners Edge Sports Training Instructor**

**Location: West Grove Park**

Ages: 2-3		\$102 / 6 sessions or \$119 / 7 sessions		
030121	Sa	9/6-10/18	8:30 - 9:15 am	
030124	Sa	11/1-12/13	8:30 - 9:15 am	No class 11/29
Ages: 4-6		\$102 / 6 sessions or \$119 / 7 sessions		
030122	Sa	9/6-10/18	9:20 - 10:05 am	
030125	Sa	11/1-12/13	9:20 - 10:05 am	No class 11/29
Ages: 7-10		\$102 / 6 sessions or \$119 / 7 sessions		
030123	Sa	9/6-10/18	12:00 - 12:45 pm	
030126	Sa	11/1-12/13	12:00 - 12:45 pm	No class 11/29

### Skyhawks Multi-Sport

Introduce your little superstar to sports in our most popular program! This multi-sport class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. Sports include soccer and basketball.

**Instructor: Skyhawks Staff**

**Location: Bolsa Chica Park**

Ages: 2-3.5		\$55 / 4 sessions		
032117	Sa	10/4-10/25	9:00 - 9:40 am	
032120	Sa	11/15-12/13	9:00 - 9:40 am	No class 11/29
Ages: 3.5-5				
032118	Sa	10/4-10/25	9:50 - 10:30 am	
032121	Sa	11/15-12/13	9:50 - 10:30 am	No class 11/29
Ages: 6-8				
032119	Sa	10/4-10/25	10:40 - 11:20 am	
032122	Sa	11/15-12/13	10:40 - 11:20 am	No class 11/29

## SOCCER

### Skyhawks Soccer

These soccer-themed motor skills classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older age classes focus more on developing core soccer skills, personal focus, and introduce an element of light competition.

**Instructor: Skyhawks Staff**

**Location: Liberty Park**

**Ages: 2-3.5 \$55 / 4 sessions**

032111	Fr	10/3-10/24	4:30 - 5:10 pm	
032114	Fr	11/14-12/12	4:30 - 5:10 pm	No class 11/28

**Ages: 3.5-5**

032112	Fr	10/3-10/24	5:20 - 6:00 pm	
032115	Fr	11/14-12/12	5:20 - 6:00 pm	No class 11/28

**Ages: 6-8**

032113	Fr	10/3-10/24	6:10 - 6:50 pm	
032116	Fr	11/14-12/12	6:10 - 6:50 pm	No class 11/28

### Soccer by BEST Sports

Our industry-leading weekly soccer class will teach your kids the skills of soccer by offering activities such as: dribbling, kicking, throw-ins, goalie skills, (age permitting: scrimmaging) and more! Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. Important BEST class information can be found at: [best-sports-usa.com/welcome](http://best-sports-usa.com/welcome)

**Instructor: Beginners Edge Sports Training Instructor**

**Location: West Grove Park**

**Ages: 18mo-2yrs \$102 / 6 sessions or \$119 / 7 sessions**

030109	Su	9/7-10/19	8:30 - 9:15 am	
030112	Su	11/2-12/14	8:30 - 9:15 am	No class 11/30

**Ages: 3-5**

030110	Su	9/7-10/19	9:20 - 10:05 am	
030113	Su	11/2-12/14	9:20 - 10:05 am	No class 11/30

**Ages: 6-9**

030111	Su	9/7-10/19	10:10 - 10:55 am	
030114	Su	11/2-12/14	10:10 - 10:55 am	No class 11/30

### Pregoni European Futsal Training NEW CLASS

Group futsal sessions are conducted on-site with dedicated coaches and all necessary equipment provided for each session. With unique and fun drills that build player-ball relationships and our passionate European-style coaching, we offer an unforgettable journey for kids of all levels and ages! Soccer training takes place on concrete instead of a grass field! Experience a memorable journey on the field where kids grow, teams bond, and the fun never stops.

**Instructor: Pregoni Futbol Staff**

**Location: West Grove Park**

**Ages: 5-17 \$120 / 4 sessions**

032001	We	9/3-9/24	4:00 - 5:00 pm	
032002	We	10/1-10/22	4:00 - 5:00 pm	
032003	We	10/29-11/19	4:00 - 5:00 pm	

**\$120 / 3 sessions**

032004	We	12/3-12/17	4:00 - 5:00 pm	
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## BASEBALL

### Baseball and Softball by BEST Sports

Our industry-leading weekly program will teach your player the skills of baseball and softball by offering activities such as: fielding, throwing, hitting, base recognition, (sometimes) sliding, and more! Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. A glove is not mandatory for kids under 4. Please provide your own baseball hitting tee and bat. Important BEST class information can be found at: [best-sports-usa.com/welcome](http://best-sports-usa.com/welcome)

**Instructor: Beginners Edge Sports Training Instructor**

**Location: West Grove Park**

**Ages: 3-5 \$102 / 6 sessions or \$119 / 7 sessions**

030135	Su	9/7-10/19	11:10 - 11:55 am	
030137	Su	11/2-12/14	11:10 - 11:55 am	No class 11/30

**Ages: 6-9 \$102 / 6 sessions or \$119 / 7 sessions**

030136	Su	9/7-10/19	12:00 - 12:45 pm	
030138	Su	11/2-12/14	12:00 - 12:45 pm	No class 11/30

## TENNIS

### Kensington Tennis Academy: Little Racket

Students will be able to learn all the basic skills such as forehand, backhand, serve, and volley. Also, they will develop basic to moderate rally skills from court baseline. Please wear appropriate clothing and shoes for tennis, bring your own racket and lots of water!

**Instructor: Kensington Tennis Academy**

**Location: Bolsa Chica Park**

**Ages: 7-12 \$80 / 4 sessions**

032729	Fr	9/5-9/26	5:00 - 6:00 pm	
032730	Fr	10/3-10/24	5:00 - 6:00 pm	

**\$60 / 3 sessions**

032731	Fr	11/7-11/21	5:00 - 6:00 pm	
032732	Fr	12/5-12/19	5:00 - 6:00 pm	

**Location: Chapman Sports Complex**

**Ages: 7-12 \$112 / 7 sessions**

032712	MoWe	12/1-12/22	5:00 - 6:00 pm	
032716	TuTh	12/2-12/23	5:00 - 6:00 pm	

**\$128 / 8 sessions**

032709	MoWe	9/3-9/29	5:00 - 6:00 pm	
032711	MoWe	11/3-11/26	5:00 - 6:00 pm	

**\$144 / 9 sessions**

032710	MoWe	10/1-10/29	5:00 - 6:00 pm	
032713	TuTh	9/2-9/30	5:00 - 6:00 pm	
032714	TuTh	10/2-10/30	5:00 - 6:00 pm	

**\$96 / 6 sessions**

032715	TuTh	11/4-11/25	5:00 - 6:00 pm	No class 11/11
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## Kensington Tennis Academy: Tiny Racket

Students will be able to learn all the basic skills such as forehand, backhand, serve, and volley. They will learn how to start a point with underhand toss and overhead serve. *Please wear appropriate clothing and shoes for tennis, bring your own racket and lots of water!*

**Instructor: Kensington Tennis Academy**

**Location: Bolsa Chica Park**

**Ages: 3-6 \$60 / 3 sessions**

032727	Fr	11/7-11/21	4:15 - 5:00 pm
032728	Fr	12/5-12/19	4:15 - 5:00 pm

**\$80 / 4 sessions**

0032725	Fr	9/5-9/26	4:15 - 5:00 pm
032726	Fr	10/3-10/24	4:15 - 5:00 pm

**Location: Chapman Sports Complex**

**Ages: 3-6 \$112 / 7 sessions**

032704	MoWe	12/1-12/22	4:15 - 5:00 pm
032708	TuTh	12/2-12/23	4:15 - 5:00 pm

**\$128 / 8 sessions**

032701	MoWe	9/3-9/29	4:15 - 5:00 pm
032703	MoWe	11/3-11/26	4:15 - 5:00 pm

**\$144 / 9 sessions**

032702	MoWe	10/1-10/29	4:15 - 5:00 pm
032705	TuTh	9/2-9/30	4:15 - 5:00 pm
032706	TuTh	10/2-10/30	4:15 - 5:00 pm

**\$96 / 6 sessions**

032707	TuTh	11/4-11/25	4:15 - 5:00 pm	<i>No class 11/11</i>
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## Kensington Tennis Academy: Highschool Racket

Students will be able to learn all the basic skills such as forehand, backhand, serve, and volley. Students will be able to start a point by overhead serve and technical fundamentals for midcourt and net play. Please wear appropriate clothing and shoes for tennis, bring your own racket and lots of water!

**Instructor: Kensington Tennis Academy**

**Location: Bolsa Chica Park**

**Ages: 13-18 \$60 / 3 sessions**

032735	Fr	11/7-11/21	6:00 - 7:00 pm
032736	Fr	12/5-12/19	6:00 - 7:00 pm

**\$80 / 4 sessions**

032733	Fr	9/5-9/26	6:00 - 7:00 pm
032734	Fr	10/3-10/24	6:00 - 7:00 pm

**Location: Chapman Sports Complex**

**Ages: 13-18 \$112 / 7 sessions**

032720	MoWe	12/1-12/22	6:00 - 7:00 pm
032724	TuTh	12/2-12/23	6:00 - 7:00 pm

**\$128 / 8 sessions**

032717	MoWe	9/3-9/29	6:00 - 7:00 pm
032719	MoWe	11/3-11/26	6:00 - 7:00 pm

**\$144 / 9 sessions**

032718	MoWe	10/1-10/29	6:00 - 7:00 pm
032721	TuTh	9/2-9/30	6:00 - 7:00 pm
032722	TuTh	10/2-10/30	6:00 - 7:00 pm

**\$96 / 6 sessions**

032723	TuTh	11/4-11/25	6:00 - 7:00 pm	<i>No class 11/11</i>
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## Introduction to Foil Fencing

Learn the Olympic sport of fencing. Students learn how to move, attack, and defend themselves while learning about priority and right-of-way rules that are a cornerstone in foil fencing. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit (~\$250) must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$29 USFA insurance fee is due at the first class.

**Instructor: South Coast Fencing Center**

**Location: South Coast Fencing Center**

**Ages: 7-11 \$150 / 1x per week - 4 weeks**

031201	TuTh	9/4-9/25	5:00 - 6:00 pm
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031202	TuTh	9/30-10/23	5:00 - 6:00 pm
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031203	TuTh	10/28-11/20	5:00 - 6:00 pm
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*Class sessions are offered 2 times a week. Participants should attend 1 of those sessions according to the convenience of their schedules.*

**Ages: 7-11 \$200 / 2x per week - 4 weeks**

031209	TuTh	9/4-9/25	5:00 - 6:00 pm
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031210	TuTh	9/30-10/23	5:00 - 6:00 pm
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031211	TuTh	10/28-11/20	5:00 - 6:00 pm
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*Class sessions are offered 2 times a week. Participants should attend both of those sessions.*

**Ages: 12+ \$150/ 1x per week - 4 weeks**

031205	9/4-9/27	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
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031206	9/30-10/25	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
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031207	10/28-11/22	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
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*Class sessions are offered 3 times a week. Participants should attend 1 of those sessions according to the convenience of their schedules.*

**Ages: 12+ \$200 / 2x per week - 4 weeks**

031213	9/4-9/27	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
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031214	9/30-10/25	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
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031215	10/28-11/22	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
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*Class sessions are offered 3 times a week. Participants should attend any 2 of those sessions according to the convenience of their schedules.*

## FENCING

### Introduction to Epee Fencing

Learn the Olympic sport of fencing. Learn to use the weapon that has descended from Renaissance dueling swords. Students learn how to move, attack, and defend themselves. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit (~\$250) must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$29 USFA insurance fee is due at the first class.

**Instructor: South Coast Fencing Center**

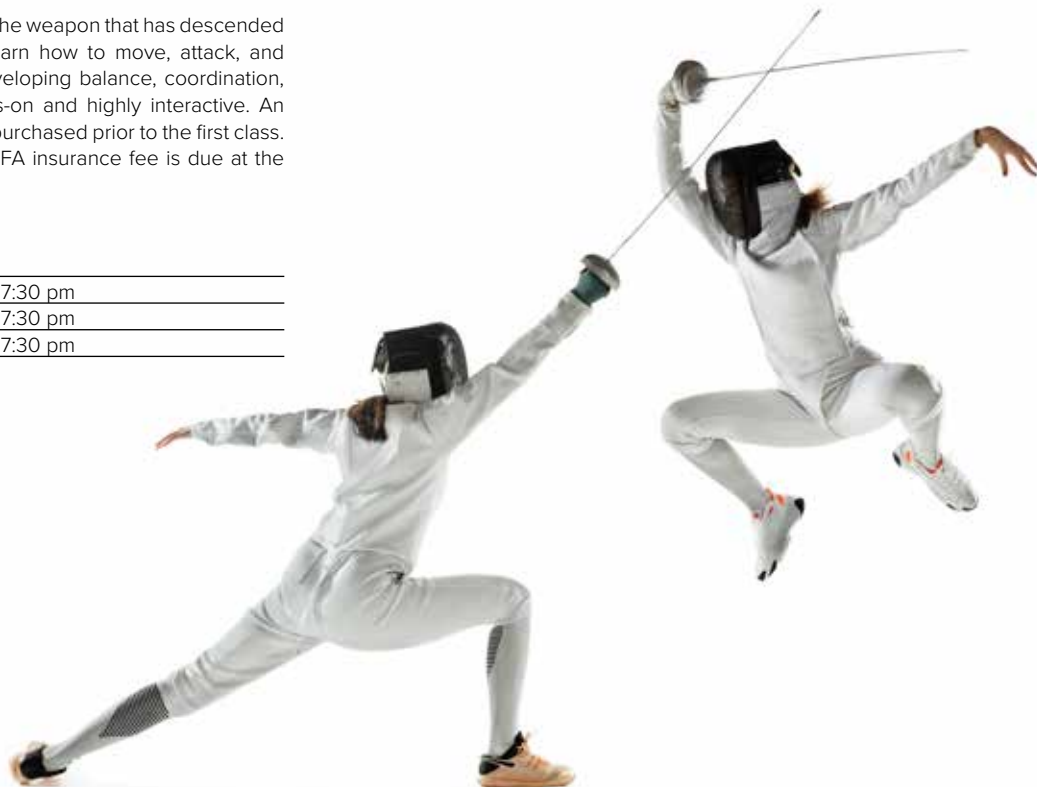
**Location: South Coast Fencing Center**

**Ages: 7+ \$175 / 4 sessions**

031217	Th	9/4-9/25	6:00 - 7:30 pm
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031218	Th	10/2-10/23	6:00 - 7:30 pm
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031219	Th	10/30-11/20	6:00 - 7:30 pm
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## ICE SKATING

### Anaheim ICE Skating: Tot Beginners

Beginning ice skating made fun and easy! Watch your child smile as he or she learns how to march, glide, stop, hop, fall down, and get back up properly. Skate rental and four additional public skating passes (to be used during the session) are all included in the fee. Please arrive 15 minutes early to the first class and dress warmly.

**Instructor: Anaheim ICE Staff**

**Location: Anaheim ICE**

**Ages: 4-6 \$120 / 6 sessions**

031805	We	9/3-10/8	5:20 - 5:50 pm
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031807	Sa	9/6-10/11	11:40 am - 12:10 pm
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**\$100 / 5 sessions**

031806	We	10/22-11/19	5:20 - 5:50 pm
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031808	Sa	10/25-11/22	11:40 am - 12:10 pm
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### Anaheim ICE Skating: Youth Beginners

Beginning ice skating made fun and easy! Watch your child smile as he or she learns how to march, glide, stop, hop, fall down, and get back up properly. Skate rental and four additional public skating passes (to be used during the session) are all included in the fee. Please arrive 15 minutes early to the first class and dress warmly.

**Instructor: Anaheim ICE Staff**

**Location: Anaheim ICE**

**Ages: 7-13 \$120 / 6 sessions**

031801	We	9/3-10/8	5:55 - 6:25 pm
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031803	Sa	9/6-10/11	10:30 - 11:00 am
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**\$100 / 5 sessions**

031802	We	10/22-11/19	5:55 - 6:25 pm
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031804	Sa	10/25-11/22	10:30 - 11:00 am
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## VOLLEYBALL

### Beginner Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course is designed to introduce the sport of volleyball to the athlete who is completely new to the game. Come have fun and learn with us!

**Instructor:** West Grove Volleyball

**Ages:** 8-10 **\$49 / 4 sessions OR \$37 / 3 sessions**

**Location:** Fountain Valley Recreation Center

031413	Su	9/7-9/28	9:00 - 10:00 am
031414	Su	10/5-10/26	9:00 - 10:00 am
031415	Su	11/2-11/16	9:00 - 10:00 am
031416	Su	11/23-12/14	9:00 - 10:00 am <i>No class 11/30</i>

**Location:** Garden Grove Sports and Recreation Center

031401	Su	9/7-9/28	1:15 - 2:15 pm
031402	Su	10/5-10/26	1:15 - 2:15 pm
031403	Su	11/2-11/16	1:15 - 2:15 pm
031404	Su	11/23-12/14	1:15 - 2:15 pm <i>No class 11/30</i>

### Intermediate Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course takes the beginner athlete to the next step. Come have fun and learn with us!

**Instructor:** West Grove Volleyball

**Ages:** 11-14 **\$49 / 4 sessions OR \$37 / 3 sessions**

**Location:** Fountain Valley Recreation Center

031417	Su	9/7-9/28	10:00 - 11:00 am
031418	Su	10/5-10/26	10:00 - 11:00 am
031419	Su	11/2-11/16	10:00 - 11:00 am
031420	Su	11/23-12/14	10:00 - 11:00 am <i>No class 11/30</i>

**Location:** Garden Grove Sports and Recreation Center

031405	Su	9/7-9/28	2:15 - 3:15 pm
031406	Su	10/5-10/26	2:15 - 3:15 pm
031407	Su	11/2-11/16	2:15 - 3:15 pm
031408	Su	11/23-12/14	2:15 - 3:15 pm <i>No class 11/30</i>

### Advanced Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course puts those athletes that have a solid grasp of the fundamentals into a full on game environment. Come have fun and learn with us!

**Instructor:** West Grove Volleyball

**Ages:** 12-15 **\$49 / 4 sessions OR \$37 / 3 sessions**

**Location:** Fountain Valley Recreation Center

031421	Su	9/7-9/28	11:00 am - 12:00 pm
031422	Su	10/5-10/26	11:00 am - 12:00 pm
031423	Su	11/2-11/16	11:00 am - 12:00 pm
031424	Su	11/23-12/14	11:00 am - 12:00 pm <i>No class 11/30</i>

**Location:** Garden Grove Sports and Recreation Center

031409	Su	9/7-9/28	3:15 - 4:15 pm
031410	Su	10/5-10/26	3:15 - 4:15 pm
031411	Su	11/2-11/16	3:15 - 4:15 pm
031412	Su	11/23-12/14	3:15 - 4:15 pm <i>No class 11/30</i>

## YOGA

### Manners & Yoga for Kids!

Manners & yoga are two very important arts that benefit children in many ways. This combo class will improve self-confidence while teaching communication skills, how to focus, and concentrate all in a fun and positive environment!

**Instructor:** Dawna Ludwig

**Location:** Westminster Community Center

**Ages:** 4-12 **\$48 / 4 sessions**

030323	Su	9/7-10/5	3:15 - 3:55 pm <i>No class 9/28</i>
030324	Su	10/12-11/2	3:15 - 3:55 pm
030325	Su	11/9-12/7	3:15 - 3:55 pm <i>No class 11/30</i>





## MARTIAL ARTS

### Little Stars Taekwondo

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty, and assertiveness. The classes are beginner programs and kids will learn basic kicking techniques, punches, blocks, and basic self-defense forms. Students are required to have a martial arts uniform by the first day of class in order to participate. Uniforms will be available for purchase from the instructor for a nonrefundable fee of \$50. This class is for first-time students only. If interested in re-enrolling, please contact the instructor directly.

**Instructor: Sung Ho Park**

**Location: Tae Kwon Do Studio**

<b>Ages: 4-6</b>		<b>\$40 / 8 sessions</b>	
031619	MoWe	9/3-9/29	4:30 - 5:10 pm
031620	MoWe	9/3-9/29	5:50 - 6:30 pm
031621	TuTh	9/2-9/25	4:30 - 5:00 pm
031622	TuTh	9/2-9/25	6:30 - 7:10 pm
031623	MoWe	10/1-10/27	4:30 - 5:10 pm
031624	MoWe	10/1-10/27	5:50 - 6:30 pm
031625	TuTh	9/30-10/23	4:30 - 5:10 pm
031626	TuTh	9/30-10/23	6:30 - 7:10 pm
031627	MoWe	10/29-11/24	4:30 - 5:10 pm
031628	MoWe	10/29-11/24	5:50 - 6:30 pm
031629	TuTh	10/28-11/20	4:30 - 5:10 pm
031630	TuTh	10/28-11/20	6:30 - 7:10 pm
<b>Ages: 4-6</b>		<b>\$40 / 4 sessions</b>	
031631	Sa	9/6-9/27	10:40 - 11:20 am
031632	Sa	10/4-10/25	10:40 - 11:20 am
031633	Sa	11/1-11/22	10:40 - 11:20 am

### Vovinam Martial Arts

Vovinam is a Vietnamese martial art, founded in 1938. It is the development of communicative intelligence, athletic body, noble mind, self-control, self-defense, self-esteem, and perseverance in a non-violent spirit. Self-defense for all levels: beginner, intermediate, and advanced. Students are required to purchase a unique Vovinam martial arts uniform for \$35. There is a \$30 non-refundable annual membership fee.

**Instructor: Tam Nguyen**

**Location: West Haven Park**

<b>Ages: 7+</b>		<b>\$5 / class (\$15-\$20)</b>	
031301	Sa	9/6-9/27	9:20 - 10:50 am
031302	Sa	10/4-10/25	9:20 - 10:50 am
031303	Sa	11/1-11/22	9:20 - 10:50 am
031304	Sa	12/6-12/20	9:20 - 10:50 am

### Taekwondo for Kids

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty, and assertiveness. The classes are beginner programs and kids will learn basic kicking techniques, punches, blocks, and basic self-defense forms. Students are required to have a martial arts uniform by the first day of class in order to participate. Uniforms will be available for purchase from the instructor for a nonrefundable fee of \$50. This class is for first-time students only. If interested in re-enrolling, please contact the instructor directly.

**Instructor: Sung Ho Park**

**Location: Tae Kwon Do Studio**

<b>Ages: 7-12</b>		<b>\$40 / 4 sessions</b>	
031634	Sa	9/6-9/27	10:00 - 10:40 am
031635	Sa	10/4-10/25	10:00 - 10:40 am
031636	Sa	11/1-11/22	10:00 - 10:40 am
<b>Ages: 7-12</b>		<b>\$40 / 8 sessions</b>	
031601	MoWe	9/3-9/29	3:50 - 4:30 pm
031602	MoWe	9/3-9/29	5:10 - 5:50 pm
031603	MoWe	9/3-9/29	6:30 - 7:10 pm
031604	TuTh	9/2-9/25	3:50 - 4:30 pm
031605	TuTh	9/2-9/25	5:10 - 5:50 pm
031606	TuTh	9/2-9/25	5:50 - 6:30 pm
031607	MoWe	10/1-10/27	3:50 - 4:30 pm
031608	MoWe	10/1-10/27	5:10 - 5:50 pm
031609	MoWe	10/1-10/27	6:30 - 7:10 pm
031610	TuTh	9/30-10/23	3:50 - 4:30 pm
031611	TuTh	9/30-10/23	5:10 - 5:50 pm
031612	TuTh	9/30-10/23	5:50 - 6:30 pm
031613	MoWe	10/29-11/24	3:50 - 4:30 pm
031614	MoWe	10/29-11/24	5:10 - 5:50 pm
031615	MoWe	10/29-11/24	6:30 - 7:10 pm
031616	TuTh	10/28-11/20	3:50 - 4:30 pm
031617	TuTh	10/28-11/20	5:10 - 5:50 pm
031618	TuTh	10/28-11/20	5:50 - 6:30 pm

### Muay Thai Kick-Boxing

This art comes from Thailand where it is a national sport. A great form of self-defense with the effective use of punches, elbows, knees, and legs. Develop physical coordination and stamina. This program is for new students. \$25 supply fee due to instructor at first class meeting.

**Instructor: Shahin Shilati**

**Location: IFS Gym**

<b>Ages: 6-17</b>		<b>\$80 / 8 sessions</b>	
031901	TuTh	9/2-9/25	5:30 - 6:30 pm
031902	TuTh	10/7-10/30	5:30 - 6:30 pm
031903	TuTh	11/4-11/25	5:30 - 6:30 pm

## Kosen Judo for Kids

Students will be taught self defense skills and basic judo throw techniques and leg movements. This type of martial arts form is a close contact sport that involves grappling and submission techniques. Students will learn self-defense, discipline, and develop healthy life habits. Local tournaments are held 2-3 times a year for students who choose to compete. Appropriate uniform is required.

Students MUST purchase a one-time gi uniform plus belt on the first day of class. You cannot use your own uniform. Gi uniform and belt \$130 (kid sizes 5-12), gi uniform and belt \$150 (teen-adult sizes 13-14). This class is for first-time students only.

**Instructor: Vu Tuan Cai**

**Location: Cai Jiu-Jitsu Academy**

**Ages: 5-7 \$140 / 8 sessions**

032613	MoWe	9/3-9/29	5:00 - 5:50 pm	
032614	MoWe	10/6-10/29	5:00 - 5:50 pm	
032615	MoWe	11/3-11/26	5:00 - 5:50 pm	
032616	MoWe	12/1-12/29	5:00 - 5:50 pm	No class 12/24

**Ages: 8-14 \$150 / 8 sessions**

032617	MoWe	9/3-9/29	6:00 - 6:50 pm	
032618	MoWe	10/6-10/29	6:00 - 6:50 pm	
032619	MoWe	11/3-11/26	6:00 - 6:50 pm	
032620	MoWe	12/1-12/29	6:00 - 6:50 pm	No class 12/24

## Brazilian Jiu-Jitsu & Self Defense - Youth

Students will learn the mastery in the martial arts form of Brazilian jiu-jitsu & self defense. This is a grappling form of martial arts with emphasis on leg lock techniques, drills, sparring, strength conditioning, and games. Must purchase uniform. Please arrive 15 minutes early on your first day of class to speak with sensei and get fitted for a uniform (gi) for \$130 (kid size 5-12) or \$150 (teen-adult size 13-14). This class is for first-time students only.

**Instructor: Vu Tuan Cai**

**Location: Cai Jiu-Jitsu Academy**

**Ages: 5-7 \$140 / 8 sessions**

032605	TuTh	9/4-9/30	5:00 - 5:50 pm	
032606	TuTh	10/7-10/30	5:00 - 5:50 pm	
032607	TuTh	11/4-11/25	5:00 - 5:50 pm	
032608	TuTh	12/2-12/30	5:00 - 5:50 pm	No class 12/25

**Ages: 8-14 \$150 / 8 sessions**

032609	TuTh	9/4-9/30	6:00 - 6:50 pm	
032610	TuTh	10/7-10/30	6:00 - 6:50 pm	
032611	TuTh	11/4-11/25	6:00 - 6:50 pm	
032612	TuTh	12/2-12/30	6:00 - 6:50 pm	No class 12/25

# DANCING AND GYMNASTICS

## Hip Hop is Fun!

This fun energetic class will teach you coordination, dance, and rhythm! Learn cool moves set to awesome music! Finesse onto the dance floor in style with this hip class!

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

**Ages: 5-7 \$99 / 4 sessions**

0315116	Fr	8/29-9/19	5:00 - 6:00 pm	
0315117	Fr	9/26-10/17	5:00 - 6:00 pm	
0315118	Fr	10/24-11/14	5:00 - 6:00 pm	
0315119	Fr	11/21-12/19	5:00 - 6:00 pm	No class 11/28

## Baby & Little Tykes Dance & Tumbling Class!

For little ones who love to dance, sing, and tumble! This class will introduce your little one to beginning arm and foot movements and positions. Baby will develop self-confidence, coordination, proper body alignment, and good posture, all in a fun-filled environment!

**Instructor: Dawna Ludwig**

**Location: Westminster Community Center**

**Ages: 4 mos-2.5 yrs \$48 / 4 sessions**

030327	Su	9/7-10/5	4:00 - 4:30 pm	No class 9/28
030328	Su	10/12-11/2	4:00 - 4:30 pm	
030329	Su	11/9-12/7	4:00 - 4:30 pm	No class 11/30

## Jazz Dance is Fun!

This popular dance class will teach the student ballet foundations with the contemporary/jazz style. Jazz is the most popular style chosen for music concerts, dance competitions, and musical theater productions. Students will have fun dancing to popular music and learning dance tricks such as leg extensions, illusions, splits, jumps, and turns.

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

**Ages: 6-9 \$99 / 4 sessions**

0315129	Th	8/28-9/18	5:30 - 6:30 pm	
0315130	Th	9/25-10/16	5:30 - 6:30 pm	
0315131	Th	10/23-11/13	5:30 - 6:30 pm	
0315132	Th	11/20-12/18	5:30 - 6:30 pm	No class 11/27

## Pop Ballet is Fun!

Learn ballet to popular music you know and love! This class focuses on creating a more disciplined, creative, and outgoing dancer! Dancers will learn the classical ballet technique, improvisational skills, flexibility, and ballet vocabulary. Dress code for females: ballet leotard (any color), pink ballet tights and ballet shoes, hair in a bun. Dress code for males: black or white t-shirt, black leggings or ballet tights, black ballet shoes.

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

**Ages: 3-4 \$89 / 4 sessions**

031584	We	8/27-9/17	4:45 - 5:30 pm	
031585	We	9/24-10/15	4:45 - 5:30 pm	
031586	We	10/22-11/12	4:45 - 5:30 pm	
031587	We	11/19-12/17	4:45 - 5:30 pm	No class 11/26

**Ages: 5-7 \$99 / 4 sessions**

031597	We	8/27-9/17	5:30 - 6:30 pm	
031598	We	9/24-10/15	5:30 - 6:30 pm	
031599	We	10/22-11/12	5:30 - 6:30 pm	
0315100	We	11/19-12/17	5:30 - 6:30 pm	No class 11/26

## Ballet, Tap, and Tumbling

Ballet develops physical control, strength, balance, and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, position of the day, animal walks, and balance beam.

**Instructor: Dawna Ludwig**

**Location: Westminster Community Center**

**Ages: 1-4 \$48 / 4 sessions**

030301	Su	9/7-10/5	1:45 - 2:25 pm	No class 9/28
030302	Su	10/12-11/2	1:45 - 2:25 pm	
030303	Su	11/9-12/7	1:45 - 2:25 pm	No class 11/30

**Ages: 5-12**

030304	Su	9/7-10/5	2:30 - 3:10 pm	No class 9/28
030305	Su	10/12-11/2	2:30 - 3:10 pm	
030306	Su	11/9-12/7	2:30 - 3:10 pm	No class 11/30



## ART AND CRAFTS

### *Drawing is Fun!*

Be more confident with your lines and shapes! With new themes every month, this class will develop your inner artist. You will also practice the fundamentals of observation and how to transfer them onto paper. In this quirky class, you'll exercise your imagination and have fun while making cartoons!

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

**Ages: 7-17 \$99 / 4 sessions**

031534	Mo	8/25-9/22	6:00 - 7:00 pm	No class 9/1
031535	Mo	9/29-10/20	6:00 - 7:00 pm	
031541	Mo	10/27-11/17	6:00 - 7:00 pm	
031542	Mo	11/24-12/15	6:00 - 7:00 pm	

**Ages: 8-11 \$99 / 4 sessions**

031529	Fr	8/29-9/19	4:00 - 5:00 pm	
031530	Fr	9/26-10/17	4:00 - 5:00 pm	
031531	Fr	10/24-11/14	4:00 - 5:00 pm	
031532	Fr	11/21-12/19	4:00 - 5:00 pm	No class 11/28

### *Painting is Fun!*

Students will gain confidence in their painting skill set. These lessons will begin with an introduction to color theory and help students improve their painting and gain more knowledge on color and how to mix and manipulate paints.

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

**Ages: 5-10 \$119 / 4 sessions**

031501	Mo	8/25-9/22	4:30 - 5:45 pm	No class 9/1
031502	Mo	9/29-10/20	4:30 - 5:45 pm	
031503	Mo	10/27-11/17	4:30 - 5:45 pm	
031504	Mo	11/24-12/15	4:30 - 5:45 pm	

**Ages: 7-12 \$119 / 4 sessions**

031505	Fr	8/29-9/19	5:00 - 6:15 pm	
031506	Fr	9/26-10/17	5:00 - 6:15 pm	
031507	Fr	10/24-11/14	5:00 - 6:15 pm	
031508	Fr	11/21-12/19	5:00 - 6:15 pm	No class 11/28

### *Mixed Media Art is Fun!*

Do you enjoy drawing, painting, colored pencils, printmaking, and even paper art? Mixed Media work is excellent for exploring different mediums in art if you just love to create and want to improve on your skill!!

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

**Ages: 5-17 \$119 / 4 sessions**

031517	Sa	8/30-9/20	9:00 - 10:00 am	
031518	Sa	9/27-10/18	9:00 - 10:00 am	
031519	Sa	10/25-11/15	9:00 - 10:00 am	
031520	Sa	11/22-12/20	9:00 - 10:00 am	No class 11/29
031521	Su	8/31-9/21	1:00 - 2:00 pm	
031522	Su	9/28-10/19	1:00 - 2:00 pm	
031523	Su	10/26-11/16	1:00 - 2:00 pm	
031524	Su	11/23-12/14	1:00 - 2:00 pm	

**Ages: 8-17 \$119/ 4 sessions**

031525	We	8/27-9/17	6:30 - 7:30 pm	
031526	We	9/24-10/15	6:30 - 7:30 pm	
031527	We	10/22-11/12	6:30 - 7:30 pm	
031528	We	11/19-12/17	6:30 - 7:30 pm	No class 11/26



# YOUTH & TEEN SPECIAL INTERESTS

## Anime Drawing is Fun!

Learn the techniques to drawing your favorite anime characters! Topics covered will include: 2D and 3D drawing; principles of animation; turning the character around; what makes cute/awesome; how to make your drawings unique; famous anime designs and why they work; the character in motion; and expression poses.

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

Ages: 5-10 \$99 / 4 sessions				
0315173	We	8/27-9/17	4:00 - 5:00 pm	
0315174	We	9/24-10/15	4:00 - 5:00 pm	
0315192	We	10/22-11/12	4:00 - 5:00 pm	
0315193	We	11/19-12/17	4:00 - 5:00 pm	No class 11/26

Ages: 5-8 \$99 / 4 sessions				
0315111	Su	8/31-9/21	11:45 am - 12:45 pm	
0315112	Su	9/28-10/19	11:45 am - 12:45 pm	
0315113	Su	10/26-11/16	11:45 am - 12:45 pm	
0315114	Su	11/23-12/14	11:45 am - 12:45 pm	

Ages: 8-11 \$99 / 4 sessions				
0315194	Sa	8/30-9/20	10:00 - 11:00 am	
0315195	Sa	9/27-10/18	10:00 - 11:00 am	
0315196	Sa	10/25-11/15	10:00 - 11:00 am	
0315197	Sa	11/22-12/20	10:00 - 11:00 am	No class 11/29
0315198	Su	8/31-9/21	2:00 - 3:00 pm	
0315199	Su	9/28-10/19	2:00 - 3:00 pm	
0315200	Su	10/26-11/16	2:00 - 3:00 pm	
0315201	Su	11/23-12/14	2:00 - 3:00 pm	

## Young Rembrandts: Exploring Creativity & Drawing Adventure

Unleash your creativity in this fun, hands-on art class! Young artists will learn key drawing techniques like perspective, shading, and composition while working with pastels, watercolor, markers, and colored pencils. Projects includes animals, characters, landscapes, still life, and much more-all inspired by different art styles and a splash of art history.

**Instructor: Young Rembrandts Staff**

**Location: West Haven Park**

Ages: 5-12 \$91 / 7 sessions				
032320	Th	9/11-10/23	4:00 - 5:00 pm	
032321	Th	10/30-12/18	4:00 - 5:00 pm	No class 11/27

## MUSIC

### Singing is Fun!

Learn to sing those songs you love with creative style, proper technique, and stage performance skills! Students have the opportunity to sing solos, duets, and big group songs in this class where musical numbers really come to life!

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

Ages: 4-7 \$89 / 4 sessions				
031553	Th	8/28-9/18	4:30 - 5:15 pm	
031554	Th	9/25-10/16	4:30 - 5:15 pm	
031555	Th	10/23-11/13	4:30 - 5:15 pm	
031556	Th	11/20-12/18	4:30 - 5:15 pm	No class 11/27

Ages: 8-11 \$99 / 4 sessions				
031557	Th	8/28-9/18	5:15 - 6:15 pm	
031558	Th	9/25-10/16	5:15 - 6:15 pm	
031559	Th	10/23-11/13	5:15 - 6:15 pm	
031560	Th	11/20-12/18	5:15 - 6:15 pm	No class 11/27

## SPECIAL INTEREST

### American Sign Language Class - Youth

Our American Sign Language class teaches participants the basics of ASL and more. Participants will learn the alphabet, numbers, and communication skills-receptive (listening) and expressive (speaking), with vocabulary and grammar. Our classes will implement daily practice using vocabulary in conversation, while introducing the American Deaf culture and history to our participants. \$10 material fee.

**Instructor: Dalise Falkenstein**

**Location: West Grove Park**

Ages: 5-17 \$200 / 9 sessions				
032402	Tu	9/9-11/4	4:30 - 5:30 pm	



# SPECIAL NEEDS ADAPTIVE PROGRAMS



**RANCH  
HANDS ON  
DUTY**

**WITH MR. TODD**

We offer Equine Therapy  
for Mental Health

**CONTACT US**

323-208-2534

@toddpony

The advertisement features a collage of images: a person riding a white horse, a group of people on horses in a wooded area, a child in a star-patterned shirt riding a horse, and a close-up of a hand touching a horse's mane.

## OJSC ORANGE JUNIOR SOCCER CLUB



**CALLING ALL PLAYERS WITH DIVERSE ABILITIES**

**REGISTRATION IS FREE!**

### Orange Junior Soccer Club TOPSoccer

Our program is for athletes of all ages with diverse abilities and physical and/or cognitive challenges. Players do not have to live in Orange.

We modify the great game of soccer so everyone can have awesome fun, build positive relationships, and enjoy meaningful participation in a healthy environment. You have to see it to believe it!

We play every Saturday from early September through mid-November.

There are no practices or weekday events.

Follow us on Instagram @ojsc topsoccer \* Visit us at [www.ojsc.org](http://www.ojsc.org)

Contact OJSC TOPSoccer Coach Jim Watson at [jim.watson@ojsc.org](mailto:jim.watson@ojsc.org) for more info and with any questions.

## Join District 62 Challenger Little League



District 62 Challenger Division  
P.O. Box 1211  
Huntington Beach, Ca. 92647

**\*New\* Sign up online at:**

<http://leagues.bluesombrero.com/district62challenger>

**Our Facebook page:**

<https://www.facebook.com/D62Challenger>

A baseball experience for all disabled youth ages 4 years old and up no age limit (that attend school or a program within the cities of: Costa Mesa, Fountain Valley, Huntington Beach, Midway City, Westminster, Garden Grove and some parts of Newport Beach.

If you live outside of our district and your city does not have a Challenger League you can join ours!

The registration fee includes team hat, team jersey, yearbook and trophy.

Parents/guardians/volunteers must fill out a Little League Volunteer Form.

You may contact our league at (714)610-8295 or [District62challengerbaseball@yahoo.com](mailto:District62challengerbaseball@yahoo.com).



## ADULT SPORTS

### **Johnny Allen Tennis Academy:** **Adult Cardio Tennis Class**

Get ready to swing until you sweat! This fast-paced class features fast-paced tennis drills with heart-pumping cardio to keep things fun and upbeat. Whether you're looking to get in shape or just love to hit, this workout-style class is designed to boost your fitness and improve your game. Students must bring their own racket and water, wear athletic clothing, and lace-up tennis shoes. For more information and rainy day makeup policy, visit [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call (844) 983-6647.

**Instructor: Johnny Allen Tennis Academy**

**Location: Magnolia Park**

**Ages: 18+ \$119 / 6 sessions**

030625 TuTh	9/2-9/18	8:00 - 9:00 pm
030626 TuTh	9/23-10/9	8:00 - 9:00 pm
030627 TuTh	10/14-10/30	8:00 - 9:00 pm
030628 TuTh	11/4-11/20	8:00 - 9:00 pm
030629 TuTh	12/2-12/18	8:00 - 9:00 pm

### **Johnny Allen Tennis Academy:** **Adult Tennis Clinic - Beginning Level**

End your day with energy and some fun on the tennis court! This class is perfect for adult beginners looking to develop their skills in a friendly, supportive environment. You'll learn the fundamentals, build confidence with every swing, and get a great workout while you're at it. Plus, it's a fantastic way to meet some tennis friends and enjoy an active evening of fun! For more information and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call (844) 983-6647.

**Instructor: Johnny Allen Tennis Academy**

**Location: Magnolia Park**

**Ages: 18+ \$169 / 6 sessions**

030631 TuTh	9/2-9/18	5:00 - 6:30 pm
030632 TuTh	9/23-10/9	5:00 - 6:30 pm
030633 TuTh	10/14-10/30	5:00 - 6:30 pm
030634 TuTh	11/4-11/20	5:00 - 6:30 pm
030635 TuTh	12/2-12/18	5:00 - 6:30 pm

### **Johnny Allen Tennis Academy:** **Adult Tennis Clinic - Intermediate to Advanced Level**

Take your game to the next level with our fast-paced evening tennis class for intermediate to advanced players. In this class, you'll refine your strokes, improve strategy, and get a great cardio workout while having fun and staying active. You can expect dynamic drills, games, and match play to help sharpen your skills. It's the perfect way to challenge yourself, stay fit, and connect with other players! For more information and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call (844) 983-6647.

**Instructor: Johnny Allen Tennis Academy**

**Location: Magnolia Park**

**Ages: 18+ \$169 / 6 sessions**

030636 TuTh	9/2-9/18	6:30 - 8:00 pm
030637 TuTh	9/23-10/9	6:30 - 8:00 pm
030638 TuTh	10/14-10/30	6:30 - 8:00 pm
030639 TuTh	11/4-11/20	6:30 - 8:00 pm
030640 TuTh	12/2-12/18	6:30 - 8:00 pm

## FENCING

### **Introduction to Epee Fencing**

Learn the Olympic sport of fencing. Learn to use the weapon that has descended from Renaissance dueling swords. Students learn how to move, attack, and defend themselves. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit (~\$250) must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$29 USFA insurance fee is due at the first class.

**Instructor: South Coast Fencing Center**

**Location: South Coast Fencing Center**

**Ages: 18+ \$175 / 4 sessions**

031217	Th	9/4-9/25	6:00 - 7:30 pm
031218	Th	10/2-10/23	6:00 - 7:30 pm
031219	Th	10/30-11/20	6:00 - 7:30 pm

### **Introduction to Foil Fencing**

Learn the Olympic sport of fencing. Students learn how to move, attack, and defend themselves while learning about priority and right-of-way rules that are a cornerstone in foil fencing. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit (~\$250-\$300) must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$29 USFA insurance fee is due at the first class.

**Instructor: South Coast Fencing Center**

**Location: South Coast Fencing Center**

**Ages: 18+ \$150 / 1x per week - 4 weeks**

031205	9/4-9/27	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
031206	9/30-10/25	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
031207	10/28-11/22	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm

*Class sessions are offered 3 times a week. Participants should attend any 1 of those sessions according to the convenience of their schedules.*

**Ages: 18+ \$200 / 2x per week - 4 weeks**

031213	9/4-9/27	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
031214	9/30-10/25	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
031215	10/28-11/22	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm

*Class sessions are offered 3 times a week. Participants should attend any 2 of those sessions according to the convenience of their schedules.*



## FITNESS

### Line Dancing for Health and Enjoyment

While having fun and enjoying different types of music, you will tone up your muscles, build stamina, and increase flexibility while improving your balance and coordination. Learning choreographed line dances will help sharpen your memory. In addition to line dancing, we also do low impact aerobics. Please wear comfortable shoes and bring a water bottle. A \$5 insurance fee is due to instructor on first day of class.

**Instructor: Gemmy Pham**

**Location: West Haven Park**

Ages: 40+	\$60 / month / pair	\$35 / month / individual
030401	MoWeFr 9/3-9/29	10:00 - 11:30 am
030402	MoWeFr 10/1-10/31	10:00 - 11:30 pm
030403	MoWeFr 11/3-11/26	10:00 - 11:30 am
030404	MoWeFr 12/1-12/22	10:00 - 11:30 am
030405	MoWeFr 9/3-9/29	10:00 - 11:30 am
030406	MoWeFr 10/1-10/31	10:00 - 11:30 am
030407	MoWeFr 11/3-11/26	10:00 - 11:30 am
030408	MoWeFr 12/1-12/22	10:00 - 11:30 am

### CIRCL Mobility NEW CLASS

Got 30 minutes? Move your body the way it's intended. CIRCL Mobility helps you move better, longer. Reduce stiffness, tension, and stress. Speed up recovery while improving balance and focus. Enhance muscle activation and circulation. We focus on flexibility, breathwork, and mobility exercises to help you move better and longer. A \$5 materials fee is due to instructor on first day of class.

**Instructor: Jeanette Rockwood**

**Location: Edgar Park**

Ages: 18+	\$45 / 9 sessions or \$30 / 6 sessions
032209	TuTh 9/2-9/30 9:30 - 10:00 am
032210	TuTh 10/2-10/30 9:30 - 10:00 am
032211	TuTh 11/4-11/20 9:30 - 10:00 am <i>No class 11/11</i>
032212	TuTh 12/2-12/18 9:30 - 10:00 am

### Zumba with CubanJet

Come join the hot and spicy party that will challenge your brain, hips, and feet. All ages and skill levels are invited to salsa, merengue, cumbia, and reggaeton to get your heart rate pumping and your calories burning! Not only will you learn new dance moves, you will grow your confidence on the dance floor. A \$5 materials fee is due to instructor on first day of class.

**Instructor: Jeanette Rockwood**

**Location: Edgar Park**

Ages: 18+	\$90 / 9 sessions or \$60 / 7 sessions
032201	TuTh 9/2-9/30 8:30 - 9:30 am
032202	TuTh 10/2-10/30 8:30 - 9:30 am
032203	TuTh 11/4-11/20 8:30 - 9:30 am <i>No class 11/11</i>
032204	TuTh 12/2-12/18 8:30 - 9:30 am

## MARTIAL ARTS

### Vovinam Martial Arts

Vovinam is a Vietnamese martial art, founded in 1938. It is the development of communicative intelligence, athletic body, noble mind, self-control, self-defense, self-esteem, and perseverance in a non-violent spirit. Self-defense for all levels: beginner, intermediate, and advanced. Students are required to purchase a unique Vovinam martial arts uniform for \$35. There is a \$30 non-refundable annual membership fee.

**Instructor: Tam Nguyen**

**Location: West Haven Park**

Ages: 18+	\$5 / class (\$15 - \$20)
031301	Sa 9/6-9/27 9:20 - 10:50 am
031302	Sa 10/4-10/25 9:20 - 10:50 am
031303	Sa 11/1-11/22 9:20 - 10:50 am
031304	Sa 12/6-12/20 9:20 - 10:50 am





## PETS

### Beginning Flyball

This class is for dogs that have not played flyball or have had a very simple introduction. Dogs will be running and jumping low hurdles. Dogs must not be aggressive or unmanageable. Bring leash, treats, toys, and baggies for clean up.

**Instructor: Nicole Myers**

**Location: Edgar Park**

**Ages: 18+ \$90 / 6 sessions**

030901	Fr	10/10-11/21	6:00 - 6:50 pm	No class 10/31
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### Beginner Dog Obedience

This is the first step in teaching dog obedience. We teach the basics, sit, down, stay, then we move into walking on leash without pulling, go to a mat, touch, impulse control, and focus games. Please plan to get to class early. Please do not feed your dog prior to class. Plan to bring high value treats to class. You need to use a flat bucket collar or a martingale for this obedience class. No dogs with aggressive history.

**Instructor: Lynn Berker**

**Location: Garden Grove Park**

**Ages: 18+ \$165 / 6 sessions**

030201	We	9/17-10/22	6:30 - 7:15 pm
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030202	We	10/29-12/3	6:30 - 7:15 pm
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### Dog Socialization Obedience

Must have basic obedience. Class is intended for people wishing to compete in AKC obedience. *All NEW dogs must be evaluated by the instructor prior to attending class. Please contact the instructor, Patricia Cahill at [chmissy3@yahoo.com](mailto:chmissy3@yahoo.com) to arrange evaluation date and time or any questions you may have.*

**Instructor: Patricia Cahill**

**Location: Garden Grove Park**

**Ages: 18+ \$60 / 6 sessions**

030807	We	9/17-10/29	6:30 - 7:15 pm	No class 9/24
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030808	We	11/5-12/10	6:30 - 7:15 pm
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**\$30 / 3 sessions**

030809	We	12/17-1/14	6:30 - 7:15 pm	No class 12/24 & 12/31
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### Dog Conformation

This class is intended for people who want to compete in AKC Conformation Competition. Students will have the opportunity to be guided on proper education/etiquette and direction for showing your dog. All levels are acceptable for this class. Requirements are as follows: 1) At least 4 months of age (exceptions may be made upon approval by instructor), 2) Dogs must have current vaccinations. Please bring a copy to your first class. 3) Dogs must have proper show equipment. Show leads are needed depending on your breed. 4) Bring "special treats" with you to class. Registered AKC purebred dogs only. Dog must not show any aggressions towards other dogs or people.

*All NEW dogs must be evaluated prior to attending class. Please contact the instructor, Patricia Cahill at [chmissy3@yahoo.com](mailto:chmissy3@yahoo.com) to arrange evaluation date and time.*

**Instructor: Patricia Cahill**

**Location: Garden Grove Park**

**Ages: 18+ \$60 / 6 sessions**

030801	We	9/17-10/29	5:30 - 6:30 pm	No class 9/24
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030804	We	9/17-10/29	7:15 - 8:15 pm	No class 9/24
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030802	We	11/5-12/10	5:30 - 6:30 pm
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030805	We	11/5-12/10	7:15 - 8:15 pm
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**\$30 / 3 sessions**

030803	We	12/17-1/14	5:30 - 6:30 pm	No class 12/24 & 12/31
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030806	We	12/17-1/14	7:15 - 8:15 pm	No class 12/24 & 12/31
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## SPECIAL INTEREST

### American Sign Language Class - Adults

Our American Sign Language class teaches participants the basics of ASL and more. Participants will learn the alphabet, numbers, and communication skills-receptive (listening) and expressive (speaking), with vocabulary and grammar. Our classes will implement daily practice using vocabulary in conversation, while introducing the American Deaf culture and history to our participants. \$10 material fee.

**Instructor:** Dalise Falkenstein

**Location:** West Grove Park

**Ages:** 18+ **\$200 / 9 sessions**

032401	Tu	9/9-11/4	5:30 - 6:30 pm
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## ARTS AND CRAFTS

### Drawing and Painting in the Afternoon

Maximize your time! This class is designed for beginning and intermediate students who would like to learn how to improve their drawing and painting skills. Color theory and elements of art will be incorporated. Please ask for the materials list when registering for this class and bring all materials to the first class meeting. \$5 material fee due the first day of class. Please contact Pati Kent at patilovesart@gmail or visit Garden Grove City Hall to get materials list.

**Instructor:** Pati Kent

**Location:** Westminster Community Center

**Ages:** 18+ **\$49 / 3 sessions or \$65 / 4 sessions**

031001	We	9/17-10/8	2:00 - 3:45 pm
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031002	We	10/29-11/19	2:00 - 3:45 pm
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031003	We	12/3-12/17	2:00 - 3:45 pm
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### CPR/AED for Adults, Infants, and Children

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. Learn simple rescue CPR for adults, children, and infants, as well as foreign object removal techniques for airways. You will receive your certification upon completion of the class. If healthcare provider card is required, please call Cindy at (714) 891-5620 prior to your class. \$30 materials fee.

**Instructor:** Jack Griswold

**Location:** H. Louis Lake Senior Center

**Ages:** 18+ **\$10 / 1 session**

030501	Fr	9/5	6:00 - 8:00 pm
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030502	Fr	10/3	6:00 - 8:00 pm
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030503	Fr	11/7	6:00 - 8:00 pm
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030504	Fr	12/5	6:00 - 8:00 pm
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### First Aid

Learn to respond to, and assess an injury or illness. Topics covered include vital signs, bleeding, heat and cold emergencies, strokes, and seizures. You will receive a state and nationally recognized EMS first aid card and certification. \$30 materials fee.

**Instructor:** Jack Griswold

**Location:** H. Louis Lake Senior Center

**Ages:** 18+ **\$10 / 1 session**

030505	Fr	9/5	8:00 - 9:00 pm
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030506	Fr	10/3	8:00 - 9:00 pm
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030507	Fr	11/7	8:00 - 9:00 pm
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030508	Fr	12/5	8:00 - 9:00 pm
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# SENIOR ACTIVITIES

## *H. Louis Lake* SENIOR CENTER

11300 Stanford Ave. Garden Grove, CA 92840

Hours of Operation: Monday-Friday 8:30 a.m. - 3:30 p.m.

### **SOCIAL SUPPORT PROGRAMS**

- ✓ *Individuals age 60 and older*
- ✓ *Must be residents of Garden Grove*
- ✓ *Information and referrals*
- ✓ *Case management*
- ✓ *Counseling*
- ✓ *Health education/lifestyle workshops*
- ✓ *Community Resources*

### **SENIOR MOBILITY PROGRAM**

- ✓ *Individuals age 60 and older*
- ✓ *Must be residents of Garden Grove*
- ✓ *Transportation provided by California Yellow Cab*
- ✓ *Cost is \$2 each way.*  
*Trips to the Center are free!*
- ✓ *For more information call the Center*

### **ACTIVITIES**

*Pool tables*  
*Pinochle*  
*Bingo*  
*Field trips*  
*Craft days*  
*Karaoke*

### **CLASSES**

*Adaptive Line Dancing*  
*Aerobic Training*  
*Balance and Mobility*  
*Chair Yoga*  
*Mat Yoga*  
*Paint and Ceramics*  
*Self Defense · Tai Chi*

### **INDOOR DINING**

*Join us for a hot lunch at 11:30 a.m.*  
*Monday through Friday.*  
*Registration begins at 8:30 a.m. daily.*

### **SPECIAL EVENTS**

*Holiday Events*  
*Dances*  
*Birthday Celebrations*

To stay up to date with the Senior Center's programs and events,  
access the The Scoop by clicking the link below:

**[ggcity.org/seniorcenter](http://ggcity.org/seniorcenter)**

For more information, please call: (714) 741-5253



## H. Louis Lake SENIOR CENTER

### SENIOR MOBILITY PROGRAM

#### About

- ✓ The Senior Mobility Program is available to residents of Garden Grove age 60 years or older.
- ✓ Service provided Monday through Friday from 7:30 a.m. to 6:00 p.m.
- ✓ Proof of address and age required at time of application.

#### Our Service

- ✓ **FREE** trips to and from the senior center!
- ✓ Trips to medical appointments up to 10 miles outside city limits.
- ✓ Trips to grocery stores within Garden Grove.
- ✓ \$2.00 fee for trips to and from medical appointments or grocery shopping.



Please call the H. Louis Lake Senior Center for additional questions and to sign up.

**714-741-5253**



*Local Tax Dollars at Work*



**GARDEN GROVE**



## ***VOLUNTEERS NEEDED*** TOGETHER, WE CAN MAKE A DIFFERENCE!

Approximately 25% of older adults in Orange County live alone, possibly without the resources we take for granted. You can enhance an older adult's welfare, help them stay living in the home they love and lessen the loneliness many of them face each day. Volunteer positions are available Monday-Friday and can take as little as one hour per week.

**Drivers for Home Delivered Meals:**  
Deliver a nutritious meal and a friendly check-in.  
**Shifts available at the H. Louis Senior Center:**  
Monday, Wednesday & Thursday  
Between 8:30 a.m. - 12:30 p.m.  
**Contact:**  
[volunteer@mealsonwheelsoc.org](mailto:volunteer@mealsonwheelsoc.org)  
or call **714-864-3611** for more information  
and to complete the volunteer application.







The **Magnolia Park Family Resource Center (MPFRC)** founded in 2000, serves families residing in the city of Garden Grove and surrounding cities in Orange County. The MPFRC has become the centralized information and referral point for the community. With the assistance of staff and partners, individuals can create linkages with necessary resources to help strengthen their families.

**Vision:** Building healthy communities one family at a time.

**Service Approach:** Magnolia Park Family Resource Center operates with the nationally recognized Five Protective Factors approach. The framework of the Five Protective Factors provides foundation for the use of best practice strategies in strengthening families. According to the Center for Study of Social Policy, Five Protective Factors are identified in preventing child abuse and neglect, as well as building family strengths and a family environment that promotes optimal child and youth development.

Through its partnerships with funded and non-funded partners, MPFRC is able to offer essential core services to individuals and families.

#### **MPFRC's Core Services**

Mental Health Counseling  
Parent Education  
Comprehensive Case Management Team  
Family Support Services  
Domestic Violence Prevention & Treatment Services  
Information and Referral  
Youth/Teen Program  
Differential Response Program

#### **Other Services:**

Child Development Activities  
Family Health and Wellness  
Basic Needs Assistance  
Free Diaper Program  
Food Distribution

#### **MPFRC Partners**

MPFRC partners with many agencies in order to provide comprehensive services. Some of the partners are:

City of Garden Grove (Lead Agency)  
Boys & Girls Clubs of Garden Grove  
Human Options  
Community Action Partnership of Orange County  
Interval House

OC Social Services Agency  
Second Harvest  
TASK  
Olive Crest

**11402 Magnolia Street  
Garden Grove, CA 92841**

**For additional information, please call (714) 741-5222.**



## MAGNOLIA PARK FAMILY RESOURCE CENTER

### **Our Vision:**

Building healthy communities one family at a time.

### **MPFRC's Core Services:**

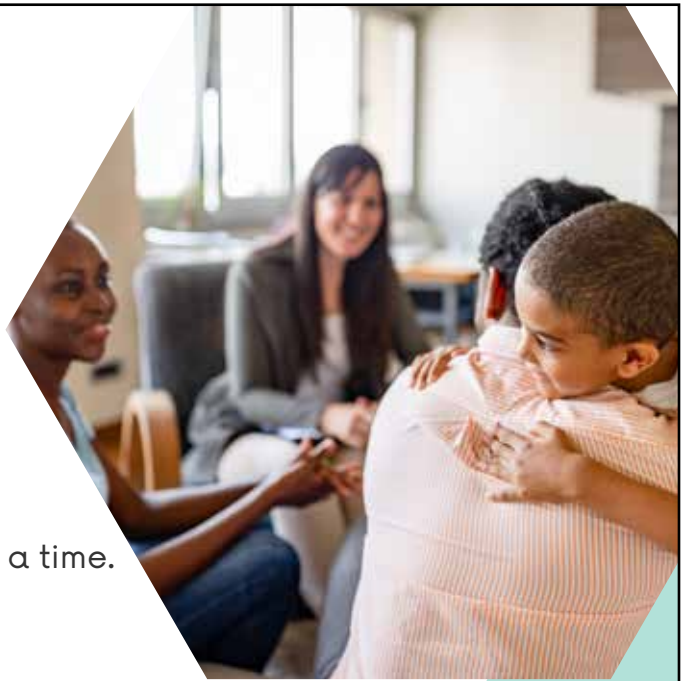
- Counseling
- Parent Education
- Comprehensive Case Management Team
- Family Support Services
- Domestic Violence Personal Empowerment Program
- Information and Referral Services
- Out of School Time (OST) Youth Program
- Differential Response Program
- Emergency Assistance

### **Other Services:**

- Early Learning Activities
- Family Health and Wellness
- Father Strengthening Parenting Program
- IEP Consultations
- Medi-Cal & CalFresh Application Assistance
- Family Strengthening Workshops and Activities

### **Location:**

11402 Magnolia St.  
Garden Grove, CA 92841  
(714) 741-5222  
[MagnoliaParkFRC@factoc.org](mailto:MagnoliaParkFRC@factoc.org)







## Service Approach:

Magnolia Park Family Resource Center operates with the nationally recognized Five Protective Factors approach. The framework of the Five Protective Factors provides foundation for the use of best practice strategies in strengthening families.

## Five Protective Factors:

- Concrete Support in Times of Need
- Parental Resilience
- Knowledge of Parenting and Child Development
- Social and Emotional Competence of Children
- Social Connections

## MPFRC Partners:

- City of Garden Grove (Lead Agency) \*
- Boys & Girls Clubs of Garden Grove
- Human Options \*
- Community Action Partnership of O.C.
- Families Together Orange County
- Interval House \*
- OC Social Services Agency
- Children's Health Initiative O.C. (CHIOC)
- AltaMed

\*FaCT Funded Partner





# SAVE THE DATE

BRINGING TOGETHER FOODS OF GARDEN GROVE RESTAURANTS  
AND CAFÉS FOR A DELICIOUS TASTING EXPERIENCE.

FRIDAY, SEPTEMBER 26, 2025

[GGCITY.ORG/ FOGGLIVE](http://GGCITY.ORG/FOGGLIVE)





# BLACK FRIDAY -GOES- BiGG

WITH CHANCES TO  
**WIN**



Shoppers who save their Garden Grove receipts from Black Friday, November 28, 2025 through Thursday, December 18, 2025, can win "BiGG" while supporting local businesses.

## **TICKET REDEMPTION HOURS**

Monday – Thursday: 10 a.m. - 5 p.m.

Friday: 10 am - 4 p.m.

Closed Daily 1 p.m. - 2 p.m.

Visit **[ggcity.org/biggs](http://ggcity.org/biggs)** or **[gardengrovechamber.com](http://gardengrovechamber.com)**.



# BOUTIQUE CRAFTERS WANTED



**Saturday, December 6, 2025**

**3:00 p.m. - 7:00 p.m.**

**Village Green Park, 12732 Main St. Garden Grove**

- ❄ **Handmade Items**
- ❄ **Jewelry**
- ❄ **Floral Decorations**
- ❄ **Wreaths**
- ❄ **Ceramics/Pottery**
- ❄ **Purses/Handbags**
- ❄ **Soaps/Oils/Lotions**
- ❄ **Candles and more!**



**Applications will be accepted now until  
Friday, November 7, 2025**



For more information and to inquire about the application, policy, and waivers, please visit [ggcity.org/crafters](http://ggcity.org/crafters) and/or call **714-741-5360**.

## Winter IN THE Grove

*Saturday, December 6, 2025*

3:00 p.m. - 7:00 p.m. 🌿 Village Green Park

12732 Main Street, Garden Grove

*Free Refreshments and Kids' Activities*

Food available for purchase



*Crafters Boutique · Snow Slides · Santa & Mrs. Claus · Tree Lighting*



[ggcity.org/winterinthegrove](http://ggcity.org/winterinthegrove)  
(714) 741-5200





# CLASS REGISTRATION

## Register Early!!

- **Registration begins Thursday, August 7, 2025**
- **Pay by cash, check, money order, or credit card**
- **Make checks payable to "City of Garden Grove"**

### *Recreation Office Hours:*

Monday – Thursday, 7:30 a.m. to 5:30 p.m.

For questions, please call the Community Services Department at (714) 741-5200.

- 1. Online:**  
Refer to "Step-by-Step Instructions."
- 2. Mail-In:**  
Complete "Class Registration" form and mail to:  
  
Community Services Department  
P.O. Box 3070, Garden Grove, CA 92842.  
  
Please enclose a self-addressed, stamped envelope with your payment.
- 3. Walk-In:**  
City of Garden Grove  
Community Services Department  
Recreation Counter, 11222 Acacia Pkwy.  
(off Euclid, north of Garden Grove Blvd.)

## ReGGister Online

### Step-by-Step Instructions

To access ReGGister Online, go to the City of Garden Grove's homepage at **www.ggparksanddrec.com** and click on the "ReGGister Online" link. Instructions are also available in Spanish and Vietnamese.

### Step One

#### **PLEASE MAKE ONE ACCOUNT PER GROUP BY ADDING MEMBERS TO PRIMARY CLIENT!**

Create an account by clicking on "**create your account here**" and filling in the fields that appear. A password will be emailed to you through the email address you provide while creating this account.

**Note:** *If you have an existing account with the City, the password will be emailed to the email address on file. If the email is no longer in use and the information needs to be updated, please call (714) 741-5200 for assistance.*

### Step Two

Click the "Login" tab at the top of the page and use the password emailed to you to log in. You will have the option to create a new password once you log in.

### Step Three

At this point, you can either add classes to your cart or add group members to your account.

**Note:** *All group members should be added to PRIMARY CLIENT'S account BEFORE adding classes to your cart.*

### Step Four

To complete registration, please input your credit card payment for registration processing.

Publication of this schedule does not ensure enrollment to all who apply. The Community Services Department reserves the right to cancel classes because of insufficient starting enrollment or a decline in the enrollment after the class has started and to close further enrollment when a class is filled.

Many classes have limited enrollment, and registration is taken on a first-come, first-served basis. All individuals registering for courses must have reached the minimum age requirement prior to the first class meeting.

**There is a \$5 processing fee for each refund, unless a class is cancelled due to low enrollment. In that case, a full refund will be issued.**

Refunds will be processed within 4-6 weeks.

# CLASS REGISTRATION



City of Garden Grove  
Community Services Department  
Recreation and Human Services Division  
**Class Registration Form  
Liability Waiver**

Revised 06-25-2020  
Receipt #: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary Phone: (\_\_\_\_) \_\_\_\_\_ Secondary Phone: (\_\_\_\_) \_\_\_\_\_

Email Address: \_\_\_\_\_

Participant's Name	Date of Birth	Class #	Name of Class	Fee
Total fees				

**There is a \$5 processing fee for each refund, unless a class is cancelled due to low enrollment. In that case, a full refund will be issued.**

As part of our commitment to the "Americans with Disabilities Act" and our participants, are there any special accommodations needed for your participation in the above activities? Yes: \_\_\_\_\_ No: \_\_\_\_\_

**NOTE:** The Community Services Department is not responsible for children waiting before or after class time. Small children shall not remain in adult classes during instruction periods. All programs, schedules, instructors, and fees are correct to the latest possible minute before publication and are subject to change including cancellation without public notice.

## RELEASE, WAIVER OF LIABILITY, INDEMNITY AGREEMENT & CONSENT TO PHOTOGRAPH & VIDEO FORM

IN CONSIDERATION of being permitted to participate or engage in City of Garden Grove ("City") recreation programs, events or activities, or to use City facilities or equipment, the undersigned, on behalf of himself/herself, and on behalf any minors in the legal custody of the undersigned, and on behalf of any personal representatives, heirs, assigns, and next of kin (collectively "Participant"), hereby agrees to the fullest extent permitted by law to release, waive, hold harmless and covenant not to sue the City, its directors, officers, employees, and agents (collectively "Releasees") from any and all suits, claims, damages, losses, injuries, illness (including property damage, bodily injury or death), and any other compensable loss of any type (collectively "Claims") pertaining to, related to, or arising directly or indirectly out of Participant's participation in the programs, events, or activities, or use of City facilities or equipment, even though the Claims may arise out of negligence or carelessness on the part of the Releasees, or out of a dangerous or defective condition of property or equipment of the City. This release does not apply to the extent such Claims are caused by the gross negligence or willful or wanton misconduct of the Releasees. The Participant further agrees to defend and indemnify the Releasees from any Claims directly or indirectly arising out of the Participant's participation in the programs, events, activities, or use of City facilities or equipment, and his/her acts or omissions.

Participant acknowledges that the activities involve known and unanticipated risks which could result in bodily or emotional injury, illness, death and/or property damage and understands that risks of injury, illness or property damage simply cannot be eliminated, despite the use of safety equipment or measures, without jeopardizing the essential qualities of the activity. Participant assumes full responsibility and risk of bodily injury, illness, death, or property damage arising out of or related to the activity and consents to treatment and all medical care deemed necessary resulting from said treatment.

Participant further consents to voluntary participation and grants the City the right to videotape or photograph his/her participation in the activities in which he/she participates and to use the videos or photographs in future City publicity and understands that Participant will not receive any compensation for such.

Participant agrees that the foregoing RELEASE, WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the laws of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. Participants of virtual recreation classes acknowledge they are responsible for ensuring their environment is safe/free from obstructions and that any use of third-party applications (e.g., Zoom, Instagram, etc.) at their own security risk.

**Applicable if Participant is a minor:** I am the parent/legal guardian of the Participant, and I hereby execute this Release on his/her behalf.

I CERTIFY THAT I HAVE READ, UNDERSTOOD, AND AGREE TO THIS RELEASE, WAIVER OF LIABILITY, INDEMNITY AGREEMENT & CONSENT TO PHOTOGRAPH & VIDEO.

\_\_\_\_\_  
Print Name of Participant

\_\_\_\_\_  
Print Name of Parent/Guardian (for Minors)

\_\_\_\_\_  
Signature of Participant or Parent/Guardian (for Minors)

\_\_\_\_\_  
Date