

# Garden Grove

PARKS & RECREATION GUIDE

FALL 2023



Parks  
Make  
Life  
Better!

[www.ggparksandrec.com](http://www.ggparksandrec.com)





## PROGRAM SPOTLIGHT

# PICKLEBALL

“Discover Your Game” and have some fun by signing up for pickleball classes! Pickleball is a game for ALL ages, ALL abilities and ALL year! Learn how to play and develop your game!

## CONTENTS

**6 FACILITIES & PARKS**

**13 YOUTH / TEEN FITNESS & SPORTS**

**22 YOUTH / TEEN SPECIAL INTERESTS**

**25 ADULT FITNESS & SPORTS**

**27 ADULT SPECIAL INTERESTS**

**28 SENIOR ACTIVITIES**

**30 MAGNOLIA PARK FAMILY RESOURCE CENTER**

**33 CITY EVENTS**

**36 CLASS REGISTRATION**

# 2023 RIC LERMA MEMORIAL GOLF CLASSIC



*Save the Date*  
Wednesday, October 11, 2023

PRESENTED BY



GARDEN GROVE COMMUNITY FOUNDATION &  
GARDEN GROVE CHAMBER OF COMMERCE

[www.ggcf.com](http://www.ggcf.com) · [www.gardengrovechamber.com](http://www.gardengrovechamber.com)



# Jack O'Lantern Jamboree



**SATURDAY, OCTOBER 28**  
**1:00 - 4:00 P.M.**

13630 Atlantis Way, Garden Grove, CA 92844

**Ticket Prices: Ages 0-1: Free | Ages 2-10: \$12 | Ages 11 - Adult: \$3**



**Ticket sales begin Monday, October 9.**  
**No ticket sales at door.**

**To purchase tickets, visit [ggcity.org/register](http://ggcity.org/register)**  
**or pay in-person at Garden Grove City Hall.**  
**Call (714) 741-5200 for more information.**



**BULK ITEM PICKUP  
NOW AVAILABLE**



©2023 Republic Services, Inc.

## Free bulk item pickup is available to all single- and multi-family residents!

- ✓ Each household receives up to three bulky item pickups per calendar year and limited to up to 10 items per pickup at no cost.
- ✓ Multi-family residents should work with property management to determine the best location for pickups.

Please call **714.238.3300** to schedule a pickup.



Spanish



Vietnamese



Korean



Sustainability in Action



## Organics Recycling

The Garden Grove Sanitary District and Republic Services would like to kindly remind residents to recycle their food waste, food-soiled paper, and yard waste in their organics cart.



For more information, visit  
[ggcity.org/organics-recycling](http://ggcity.org/organics-recycling)































































































# FACILITIES AND PARKS

## Park Buildings, Picnic Pavilion and Park Shelters

### Looking for the perfect park location to hold an event?

Whether you are planning a meeting for ten or a birthday party for 50,  
the City of Garden Grove has a place to suit your needs.

Choose from several different locations that include park buildings and park shelters.

 GARDEN GROVE	Total Acres (Approx.)	Play Area	Reservable Building (maximum occupancy)	Reservable Picnic Area (maximum occupancy)	Restrooms	Open Field Space	Tennis Courts	Basketball Courts	Volleyball	Ball Diamond	Pool Facility	Horseshoe Pits	Hockey Rink(s)	Exercise Equipment	Racquetball Courts	BBQ	Dog Park	Skate Spot	Indoor Soccer Arena	Pickleball Courts		
<b>PARKS &amp; AMENITIES</b>	N/A			N/A																		
<b>Atlantis Play Center</b> 13630 Atlantis Way	4																					
<b>Bicentennial Park (Spirit of '76)</b> Brookhurst Street & Lampson Avenue	1/4																					
<b>Chapman Sports Complex</b> 11700 Knott Avenue (GGUSD)	11																					
<b>Civic Center Park</b> Euclid Street & Acacia Parkway	4																					
<b>Eastgate Park</b> 12001 St. Mark Street	5			50																		
<b>Edgar Park</b> 12781 Topaz Street (GGUSD)	6			50																		
<b>Faylane Park</b> 11700 Seacrest Drive	3			50																		
<b>Garden Grove Park</b> 9301 Westminster Avenue	36			150																		
<b>Gutosky Park</b> 9201 Ferris Lane	2			50																		
<b>Hare School Park</b> 12012 Magnolia Street (GGUSD)	14																					
<b>Haster Basin</b> 12952 Lampson Avenue (County)	22			N/A																		
<b>Jardin De Los Niños</b> 12534 Keel Avenue	1/2																					
<b>Magnolia Park</b> 11402 Magnolia Street	6			50																		
<b>Morningside School Park</b> 10468 Morningside Drive (GGUSD)	1																					
<b>Pioneer Park</b> 12722 Chapman Avenue (GGUSD)	4																					
<b>Shelley Kensington Park</b> Shelley Drive & Kensington Lane	1/4																					
<b>Village Green Park</b> 12732 Main Street	7																					
<b>West Grove Park</b> 5372 Cerulean Avenue	7			50																		
<b>West Haven Park</b> 12252 West Street	10																					
<b>Woodbury Park</b> 13800 Rosita Place	4																					

For more information about renting a park facility, please call (714) 741-5200.

# FACILITIES AND PARKS

## Facility Name

All locations are in Garden Grove except where noted.

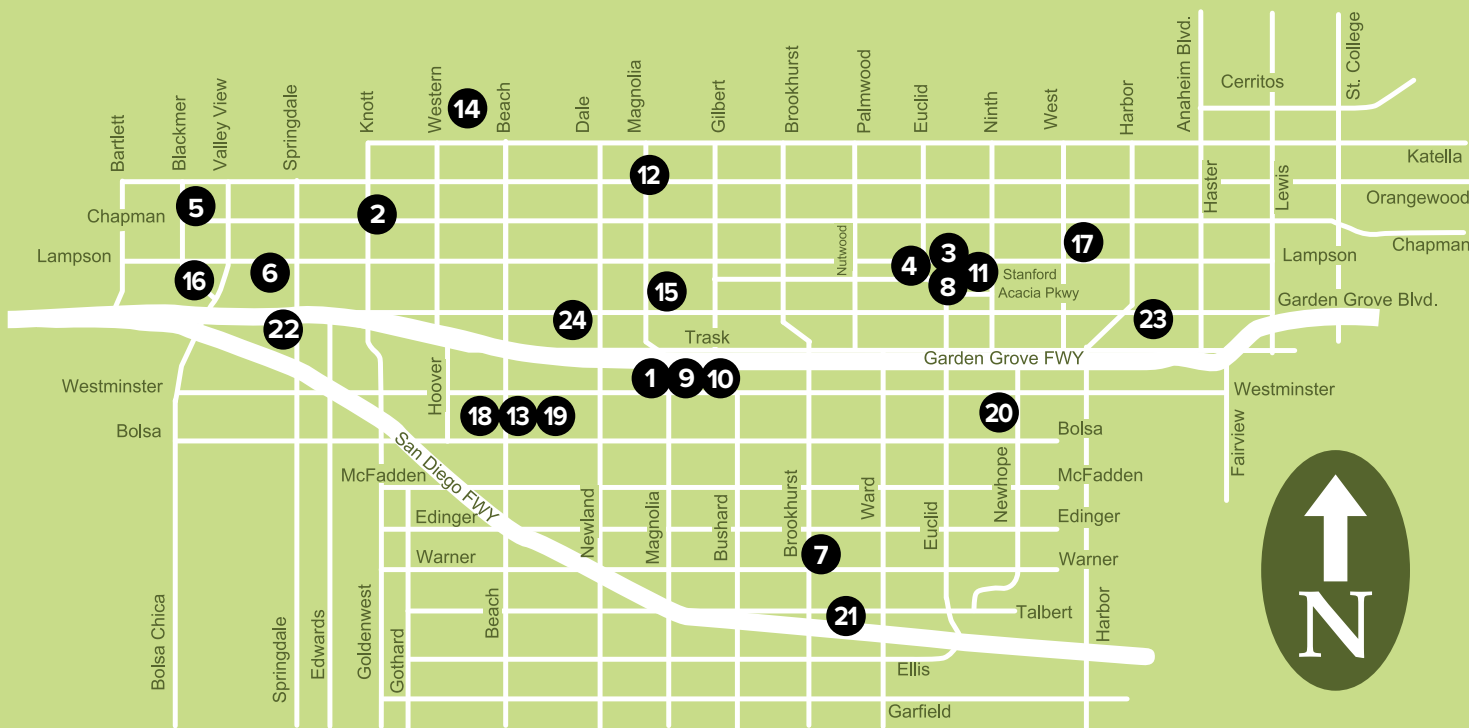
- 1 Atlantis Play Center**  
13630 Atlantis Way  
(off Westminster near Magnolia)
- 2 Chapman Sports Complex**  
11700 Knott Ave.  
(Corner of Knott & Chapman)
- 3 Community Meeting Center**  
11300 Stanford Ave.  
(between 9th & Euclid)
- 4 Courtyard Center/  
VillageGreen Park**  
12732 Main St. (at Stanford)
- 5 Eastgate Park**  
12001 St. Mark St.  
(off Chapman & Valley View)
- 6 Edgar Park**  
12781 Topaz St.  
(between Springdale & Valley View)
- 7 Fountain Valley Recreation  
Center**  
16400 Brookhurst St., Fountain Valley
- 8 Garden Grove City Hall**  
11222 Acacia Parkway  
(off Euclid between Garden Grove  
Blvd. & Lampson)
- 9 Garden Grove Park**  
9301 Westminster Ave.  
(between Brookhurst & Magnolia)
- 10 Garden Grove Sports and  
Recreation Center**  
13641 Deodara Dr. (off Westminster)
- 11 H. Louis Lake Senior Center**  
11300 Stanford Ave.  
(between 9th & Euclid)
- 12 Magnolia Park**  
11402 Magnolia St.  
(corner of Magnolia & Orangewood)
- 13 Miriam Warne  
Community Building**  
14491 Beach Blvd., Suite B, Westminster
- 14 Stanton Community Center**  
17800 Katella Ave., Stanton
- 15 Tae Kwon Do Studio**  
9192 Garden Grove Blvd. #F (at  
Magnolia)
- 16 West Grove Park**  
5372 Cerulean Ave.  
(Valley View & Lampson)
- 17 West Haven Park**  
12252 West St.  
(between Chapman and Lampson)
- 18 Westminster Arts Academy**  
14441 Beach Blvd., Westminster
- 19 Westminster Community Center**  
8200 Westminster Blvd., Westminster
- 20 Woodbury Park**  
13800 Rosita Pl.  
(S. of Westminster,  
W. of Newhope)
- 21 Los Alamos Park**  
17901 Los Alamos St., Fountain Valley
- 22 Westminster Ice (The Rinks)**  
13071 Springdale St., Westminster
- 23 The Learning Spot**  
12388 Garden Grove Blvd., Garden Grove
- 24 Cai Jiu-Jitsu Academy**  
8342 Garden Grove Blvd., #6, Garden Grove

**NOT SHOWN ON MAP:  
South Coast Fencing Center**  
3518 Lake Center Dr.,  
Suite C, Santa Ana

**Arnold Cypress Park**  
8611 Watson St., Cypress

**Anaheim ICE (The Rinks)**  
300 W. Lincoln Ave., Anaheim

**PIII Strength Camp**  
331 S. State College Blvd., Fullerton



## GARDEN GROVE *Community Meeting Center*



- Large/Small Banquet Rooms
- Full Kitchen Facilities
- Central OC Location • Park Setting

*Quinceañeras, Weddings, Parties,  
Meetings, and More!*

11300 Stanford Avenue, Garden Grove, 92840

 (714) 741-5262

 [events@ggcity.org](mailto:events@ggcity.org)

 [ggcity.org](http://ggcity.org)



## Garden Grove *Courtyard Center*

- Ideal for:*
- Birthday Parties
  - Baptism Receptions
  - Dinner Receptions
  - Small Business Meetings
  - Holiday Parties
  - Baby Showers
  - Seminars

### GARDEN GROVE RESIDENT SPECIAL PACKAGE

\*Utility bill + a valid CA I.D. must be provided  
at the time of booking for residential proof

Room Rental Rate: \$557\* + \$25 Sanitation Fee

Refundable Damage Deposit: \$250

\*Maximum capacity 80 guests. No alcohol allowed. This package is good for one four (4) hour event time. In addition, you will receive one hour prior for set-up, and one hour after for clean-up.

12732 Main Street, Garden Grove, CA 92840

For information, call (714) 741-5262 or visit [events@ggcity.org](mailto:events@ggcity.org)

## Garden Grove Resident MEMORIAL SERVICE PACKAGE Community Meeting Center/ Courtyard Center

*Where families honor the memory of their loved ones*

\*Utility Bill + a valid CA I.D. must be provided at the time of booking for residential proof.

**Room Rental Rate: \$591\* + \$25 Sanitation Fee**  
**Refundable Damage Deposit Required: \$250**

Guest attendance based on room capacity. No alcohol allowed.

*This offer is good for one three (3) hour event during the weekday/weekend as available.*

*In addition you will receive one hour prior for set-up, and one hour after for clean-up.*

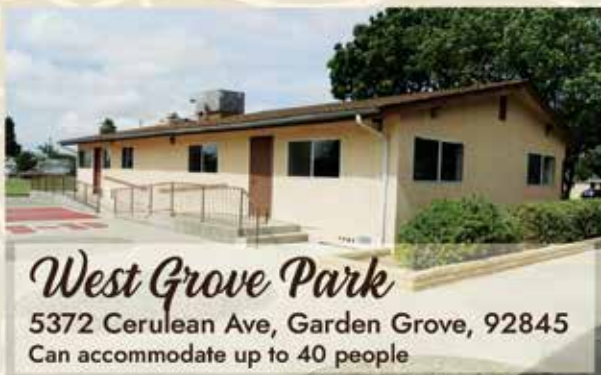
*Up to one pre-event extra set-up hour may be purchased. Complimentary use of LCD Projector upon request.*

*Security to be determined. Human remains/ashes are NOT permitted at any of our locations.*

  
*Community Meeting Center*


**For more information,  
please call (714) 741-5262.**

  
*Courtyard Center*



  
*Both Facilities Ideal For*  
BIRTHDAY PARTIES  
BABY SHOWERS  
SMALL BUSINESS MEETINGS  
DINNER REHEARSALS  
RETIREMENT PARTIES  
& MANY OTHER OCCASIONS

For more information,  
please call (714) 741-5200





## WEEKLY SCHEDULE

### SUNDAY:

Drop-In Badminton \$1-3 5-8 P.M.

### MONDAY:

Drop-In Basketball \$1 3-5 P.M.

\*\*Drop-In PickleBall 6-9 P.M.

### TUESDAY:

Drop-In Basketball \$1 3-5 P.M.

\*Ric's Volleyball Adult League 5-11 P.M.

### WEDNESDAY:

Drop-In Basketball \$1 3-5 P.M.

\*\*Drop-In Volleyball \$1-3 6-9 P.M.

### THURSDAY:

Drop-In Basketball \$1 3-5 P.M.

\*\*Drop-In Badminton \$1-3 6-9 P.M.

### FRIDAY:

Adult Drop-In Basketball \$1 6-9 P.M.

### SATURDAY:

\*\*Drop-In Volleyball \$1-3 1:30 P.M. - 4:30 P.M.

## PRICING

(Unless Otherwise Noted)

Youth (0-14 Years) \$1

Teen (15-17 Years) \$2

Adult (18-55 Years) \$3

Senior (55+ Years) \$2

All times and events are subject to change.  
Contact the center for more information.



GARDEN GROVE

Sports & Recreation Center

13641 Deodara Drive, Garden Grove, CA 92844 · (714) 889-5783

\*For info call (714) 375-5063

\*\*Seasonal. Does not meet June-August and January-March



# FACILITIES AND PARKS



## ATLANTIS PLAY CENTER NON-SUMMER HOURS

Monday	Closed
Tuesday - Friday	10:00 am - 2:00 pm
Saturday	10:00 am - 4:00 pm
Sunday	12:00 pm - 4:00 pm

Splash pad is only open during the summer

ATLANTIS PLAY CENTER:  
13630 Atlantis Way, Garden Grove, 92844  
(714) 892-6015

## GENERAL USE:

- \$2 per person admission charge
- Free for children 2 and under
- Adults must be accompanied by a child

## BIRTHDAY PARTIES/PICNICS:

- Picnic Tables: \$5 rental fee per table, max 12 per day
- Neptune's Pavilion: \$25 per 45 minutes
- For table and pavilion rentals, call the Community Service Department at (714) 741-5200
- For after-hours and exclusive rentals, call the Atlantis Coordinator at (714) 741-5168



## INSTRUCTORS WANTED

Want to teach classes in Garden Grove?

We are currently looking for qualified instructors for:

- Gymnastics
- Self-Defense
- Language
- Cheerleading
- Ballroom Dance
- Computer, Phones, Tech
- Dance
- Cookie Decorating
- Gardening
- Fitness
- Music
- Cooking

**FREE PROGRAM**



## GARDEN GROVE

# TEEN ACTION COLLABORATIVE

## GGTAC OBJECTIVES

### CAREER AND COLLEGE GUIDANCE



Teens get the opportunity to collaborate with community organizations and learn about career options, resume building, college preparation and enrollment, and leadership training.

### VOLUNTEER OPPORTUNITIES



With community involvement in mind, teens get the opportunity to volunteer at City events and assist local non-profit organizations with their special projects.

### MEET NEW FRIENDS




At every meeting there are fun, interactive activities where teens can connect with each other and make friends within their community.


### MEETINGS EVERY 3RD THURSDAY

Community Meeting Center  
11300 Stanford Avenue  
Sept 2023 - May 2024 | 4-5 PM  
**First Meeting on Sept 21, 2023**

### FOR MORE INFORMATION VISIT:

 [ggcity.org/GGTAC](http://ggcity.org/GGTAC)

### FOR QUESTIONS:

 714-741-5200

**Parks  
Make  
Life  
Better!**



## YOUTH SPORTS

### *Winter Youth Basketball*

**\$50 / child**

**Ages: Youth Born in 2010-2017**

**Location: Garden Grove Sports and Recreation Center**

This program provides youth the opportunity to learn the fundamentals of basketball and play on teams in an organized sports league. Each youth will receive a team jersey and participation award. Registration begins November 28, either online or in person at the Recreation Office in City Hall, between the hours of 7:30 a.m. and 5:00 p.m., Monday through Thursday. Come join us to learn and improve your basketball skills in a fun environment. Competition will be held in multiple divisions.

All players are required to take a skills test in order to be placed on a team.

**ABSOLUTELY NO REGISTRATION WILL BE ACCEPTED AT SKILLS TESTING.**

The skills testing will be held:

### **Thursday, January 4, 2024**

<b>A Division</b> (born in 2010-2011)	7:30 p.m.
<b>B Division</b> (born in 2012-2013)	7:00 p.m.
<b>C Division</b> (born in 2014-2015)	6:30 p.m.
<b>D Division</b> (born in 2016-2017)	6:00 p.m.

VOLUNTEER COACHES...  
WE NEED YOU!!!



Volunteers are needed to coach and/or assist with teams in our youth basketball program. Without such volunteers, this program would not exist. If you have a few hours a week, enjoy working with kids, and know something about the game of basketball, please inform staff at the time of registration, or call (714) 741-5200.





## BASKETBALL

### Basketball Skills and Drills by BEST Sports

Our industry-leading basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting, and the triple threat position. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. This is an extremely active, endurance-based class. Please bring your child's favorite basketball with their name on it. No additional fees ever! [best-sports-usa.com/welcome](http://best-sports-usa.com/welcome)

**Instructor: Beginners Edge Sports Training Instructor**

**Location: West Grove Park**

**Ages: 3-6 \$105 / 6 sessions**

030101	Sa	9/9-10/14	10:40 - 11:25 am
030103	Su	9/10-10/15	10:40 - 11:25 am
030105	Sa	10/28-12/9	10:40 - 11:25 am <i>No class 11/25</i>
030107	Su	10/29-12/10	10:40 - 11:25 am <i>No class 11/26</i>

**Ages: 7-10**

030102	Sa	9/9-10/14	11:30 am - 12:15 pm
030104	Su	9/10-10/15	11:30 am - 12:15 pm
030106	Sa	10/28-12/9	11:30 am - 12:15 pm <i>No class 11/25</i>
030108	Su	10/29-12/10	11:30 am - 12:15 pm <i>No class 11/26</i>

### 4-Sport Multi Sport by BEST Sports

Our industry-leading 4-sport program brings you multiple weeks of 4 fantastic sports: soccer, baseball/softball, basketball, and track. We will teach your player how to kick and control a soccer ball; how to hit, catch, throw, and run the bases; shoot and dribble a basketball; run, jump, and build strength and endurance. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young players regardless of their skill level. No additional fees ever! [best-sports-usa.com/welcome](http://best-sports-usa.com/welcome)

**Instructor: Beginners Edge Sports Training Instructor**

**Location: West Grove Park**

**Ages: 2-4 \$105 / 6 sessions**

030121	Sa	9/9-10/14	9:00 - 9:45 am
030124	Su	9/10-10/15	9:00 - 9:45 am
030127	Sa	10/28-12/9	9:00 - 9:45 am <i>No class 11/25</i>
030130	Su	10/29-12/10	9:00 - 9:45 am <i>No class 11/26</i>

**Ages: 4-7**

030122	Sa	9/9-10/14	9:50 - 10:35 am
030125	Su	9/10-10/15	9:50 - 10:35 am
030128	Sa	10/28-12/9	9:50 - 10:35 am <i>No class 11/25</i>
030131	Su	10/29-12/10	9:50 - 10:35 am <i>No class 11/26</i>

**Ages: 7-10**

030123	Sa	9/9-10/14	11:30 am - 12:15 pm
030126	Su	9/10-10/15	11:30 am - 12:15 pm
030129	Sa	10/28-12/9	11:30 am - 12:15 pm <i>No class 11/25</i>
030132	Su	10/29-12/10	11:30 am - 12:15 pm <i>No class 11/26</i>

## SOCCER

### Soccer Skills Training by BEST Sports

Our industry-leading weekly soccer class will teach your kids the skills of soccer by offering activities such as: dribbling, kicking, throw-ins, goalie skills, (age permitting: scrimmaging) and more! Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. Please bring an age appropriate soccer ball with your child's name on it. No additional fees ever! [best-sports-usa.com/welcome](http://best-sports-usa.com/welcome)

**Instructor: Beginners Edge Sports Training Instructor**

**Location: West Grove Park**

**Ages: 18mo-2yrs \$105 / 6 sessions**

030110	Sa	9/9-10/14	9:50 - 10:35 am
030113	Su	9/10-10/15	9:50 - 10:35 am
030116	Sa	10/28-12/9	9:50 - 10:35 am <i>No class 11/25</i>
030119	Su	10/29-12/10	9:50 - 10:35 am <i>No class 11/26</i>

**Ages: 3-6**

030109	Sa	9/9-10/14	9:00 - 9:45 am
030112	Su	9/10-10/15	9:00 - 9:45 am
030115	Sa	10/28-12/9	9:00 - 9:45 am <i>No class 11/25</i>
030118	Su	10/29-12/10	9:00 - 9:45 am <i>No class 11/26</i>

**Ages: 7-10**

030111	Sa	9/9-10/14	10:40 - 11:25 am
030114	Su	9/10-10/15	10:40 - 11:25 am
030117	Sa	10/28-12/9	10:40 - 11:25 am <i>No class 11/25</i>
030120	Su	10/29-12/10	10:40 - 11:25 am <i>No class 11/26</i>



## TENNIS

### High School Aces Tennis Class

This class is perfect for players getting ready to compete in tournaments, high school, or league tennis. This training class is for motivated, young competitive players, with dreams of one day competing at a higher level. Players will learn to compete and win through advanced strategy in singles and doubles. This class will build the confidence in each player's tennis game, through match play, while engaging in a wide variety of effective games and competitive situations. For more information and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call (844) 983-6647.

**Instructor: Johnny Allen Tennis Academy**

**Location: Chapman Sports Complex**

**Ages: 13-17 \$79 / 6 sessions**

030619	TuTh	9/19-10/5	7:00 - 8:00 pm
030620	TuTh	10/10-10/26	7:00 - 8:00 pm
030621	TuTh	10/31-11/16	7:00 - 8:00 pm
030622	TuTh	11/28-12/14	7:00 - 8:00 pm

### Junior Aces Tennis Class

All junior tennis players looking for improvement are welcome to play, and find their groove, as music is played in every class. All four major strokes will be taught, the forehand, backhand, serve, and volley. Players will improve technique, spin, placement, balance, and movement, through specially designed drills and games. We will be focusing on proper technique on all major shots during singles and doubles play, preparing players for high school tennis, tournaments, and an overall higher level of the game. For more info and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call (844) 983-6647.

**Instructor: Johnny Allen Tennis Academy**

**Location: Chapman Sports Complex**

**Ages: 9-12 \$79 / 6 sessions**

030613	TuTh	9/19-10/5	6:00 - 7:00 pm
030614	TuTh	10/10-10/26	6:00 - 7:00 pm
030615	TuTh	10/31-11/16	6:00 - 7:00 pm
030616	TuTh	11/28-12/14	6:00 - 7:00 pm

### Little Aces Tennis Class

We believe learning tennis should be fun and exciting. All classes feature the magical fusion of music and tennis. All four major strokes will be taught, the forehand, backhand, serve, and volley. Students will be given a solid tennis foundation through tons of innovative and effective drills and games. Once ready, players will be invited to attend the intermediate class. For more information and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call (844) 983-6647.

**Instructor: Johnny Allen Tennis Academy**

**Location: Chapman Sports Complex**

**Ages: 6-8 \$79 / 6 sessions**

030607	TuTh	9/19-10/5	5:00 - 6:00 pm
030608	TuTh	10/10-10/26	5:00 - 6:00 pm
030609	TuTh	10/31-11/16	5:00 - 6:00 pm
030610	TuTh	11/28-12/14	5:00 - 6:00 pm

### Tiny Aces Tennis Class

This class is your future tennis star's introduction to the exciting world of tennis, sports, and overall athleticism. This class features fun games that are perfectly designed to advance your child's hand-eye coordination, balance, and love for tennis. Our friendly staff will provide a fun, creative, and positive environment for every child involved. Parent participation is strongly encouraged. For more information and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call (844) 983-6647. Parent participation is strongly encouraged.

**Instructor: Johnny Allen Tennis Academy**

**Location: Chapman Sports Complex**

**Ages: 3-5 \$69 / 6 sessions**

030601	TuTh	9/19-10/5	4:15 - 5:00 pm
030602	TuTh	10/10-10/26	4:15 - 5:00 pm
030603	TuTh	10/31-11/16	4:15 - 5:00 pm
030604	TuTh	11/28-12/14	4:15 - 5:00 pm



## FENCING

### Introduction to Epee Fencing

Learn the Olympic sport of fencing. Learn to use the weapon that has descended from Renaissance dueling swords. Students learn how to move, attack, and defend themselves. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit (~\$250) must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$10 USFA insurance fee is due at the first class.

**Instructor: South Coast Fencing Center**

**Location: South Coast Fencing Center**

**Ages: 7+ \$125 / 1x per week - 4 weeks**

031217	TuTh	9/5-9/28	7:00 - 8:00 pm
031218	TuTh	10/3-10/26	7:00 - 8:00 pm
031219	TuTh	10/31-11/30	7:00 - 8:00 pm <i>No class 11/23-11/25</i>

*Class sessions are offered 2 times a week. Participants should attend any 1 of those sessions according to the convenience of their schedules.*

**\$190 / 2x per week - 4 weeks**

031221	TuTh	9/5-9/28	7:00 - 8:00 pm
031222	TuTh	10/3-10/26	7:00 - 8:00 pm
031223	TuTh	10/31-11/30	7:00 - 8:00 pm <i>No class 11/23-11/25</i>

*Class sessions are offered 2 times a week. Participants should attend both of those sessions.*

### Introduction to Foil Fencing

Learn the Olympic sport of fencing. Students learn how to move, attack, and defend themselves while learning about priority and right-of-way rules that are a cornerstone in foil fencing. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit (~\$250) must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$10 USFA insurance fee is due at the first class.

*Class sessions are offered 3 times a week. Participants should attend any 1 of those sessions according to the convenience of their schedules.*

**Instructor: South Coast Fencing Center**

**Location: South Coast Fencing Center**

**Ages: 7-11 \$125 / 1x per week - 4 weeks**

031201	TuTh	9/5-9/28	5:00 - 6:00 pm
031202	TuTh	10/3-10/26	5:00 - 6:00 pm
031203	TuTh	10/31-11/30	5:00 - 6:00 pm <i>No class 11/23-11/25</i>

*Class sessions are offered 2 times a week. Participants should attend 1 of those sessions according to the convenience of their schedules.*

**Ages: 7-11 \$190 / 2x per week - 4 weeks**

031209	TuTh	9/5-9/28	5:00 - 6:00 pm
031210	TuTh	10/3-10/26	5:00 - 6:00 pm
031211	TuTh	10/31-11/30	5:00 - 6:00 pm <i>No class 11/23-11/25</i>

*Class sessions are offered 2 times a week. Participants should attend both of those sessions.*

**Ages: 12+ \$125 / 1x per week - 4 weeks**

031205	9/5-9/30	Sa 10:00 - 11:00 am, TuTh 6:00 - 7:00 pm
031206	10/3-10/28	Sa 10:00 - 11:00 am, TuTh 6:00 - 7:00 pm
031207	10/31-12/2	Sa 10:00 - 11:00 am, TuTh 6:00 - 7:00 pm <i>No class 11/23-11/25</i>

*Class sessions are offered 3 times a week. Participants should attend 1 of those sessions according to the convenience of their schedules.*

**Ages: 12+ \$190 / 2x per week - 4 weeks**

031213	9/5-9/30	Sa 10:00 - 11:00 am, TuTh 6:00 - 7:00 pm
031214	10/3-10/24	Sa 10:00 - 11:00 am, TuTh 6:00 - 7:00 pm
031215	10/31-12/2	Sa 10:00 - 11:00 am, TuTh 6:00 - 7:00 pm <i>No class 11/23-11/25</i>

*Class sessions are offered 3 times a week. Participants should attend any 2 of those sessions according to the convenience of their schedules.*



## ICE SKATING

### Westminster Ice: Ice Skating for Tots

Children learn to have fun on skates by hopping, gliding, playing games and more. Plus it's great exercise. Bring your child and watch him/her smile.

**Instructor: Westminster ICE Staff**

**Location: Westminster ICE**

**Ages: 3-5 \$60 / 4 sessions**

031705	We	9/20-10/11	5:15 - 5:45 pm	
031709	Sa	9/23-10/14	10:30 - 11:00 am	
031706	We	10/18-11/15	5:15 - 5:45 pm	No class 11/8
031710	Sa	10/21-11/18	10:30 - 11:00 am	No class 11/11

**Ages: 3-5 \$45/ 3 sessions**

031707	We	11/29-12/13	5:15 - 5:45 pm	
031711	Sa	12/2-12/16	10:30 - 11:00 am	

### Westminster Ice: Parent and Me Ice Skating

Spend some fun time learning to skate with your child. Take it at your own pace and get some great exercise. Skate rental and three additional public skating passes (to be used during the 4-week session) are all included in the fee. Please arrive 20 minutes early on the first class and dress warmly.

**Instructor: Westminster ICE Staff**

**Location: Westminster ICE**

**Ages: 3-5 \$60 / 4 sessions**

031701	Sa	9/23-10/14	10:30 - 11:00 am	
031702	Sa	10/21-11/18	10:30 - 11:00 am	No class 11/11

**Ages: 3-5 \$45/ 3 sessions**

031703	Sa	12/2-12/16	10:30 - 11:00 am	
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### Westminster Ice: Beginning Ice Skating

Learn to skate forward and backwards, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on the day of class (3-5pm for Wednesday and 12-2pm pm Saturday), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates. Dress warm and wear gloves.

**Instructor: Westminster ICE Staff**

**Location: Westminster ICE**

**Ages: 6-16 \$60 / 4 sessions**

031713	We	9/20-10/11	5:45 - 6:15 pm	
031714	We	10/18-11/15	5:45 - 6:15 pm	No class 11/8
031717	Sa	9/23-10/14	10:30 - 11:00 am	
031718	Sa	10/21-11/18	10:30 - 11:00 am	No class 11/11

**Ages: 6-16 \$45 / 3 sessions**

031715	We	11/29-12/13	5:45 - 6:15 pm	
031719	Sa	12/2-12/16	10:30 - 11:00 am	

### Westminster Ice: Ice Hockey Skating Skills

Learn basic skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during class. Includes skate rental, 30-minute lesson, free practice on the day of class (3-5pm for Wednesday and 12-2pm pm Saturday), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates. Dress warm and wear gloves.

**Instructor: Westminster ICE Staff**

**Location: Westminster ICE**

**Ages: 6-16 \$60 / 4 sessions**

031729	We	9/20-10/11	5:45 - 6:15 pm	
031733	Sa	9/23-10/14	10:30 - 11:00 am	
031730	We	10/18-11/15	5:45 - 6:15 pm	No class 11/8
031734	Sa	10/21-11/18	10:30 - 11:00 am	No class 11/11

**Ages: 6-16 \$45 / 3 sessions**

031731	We	11/29-12/13	5:45 - 6:15 pm	
031735	Sa	12/2-12/16	10:30 - 11:00 am	



### Anaheim ICE Skating: Tot Beginners

Beginning ice skating made fun and easy! Watch your child smile as he or she learns how to march, glide, stop, hop, fall down, and get back up properly. Skate rental and four additional public skating passes (to be used during the session) are all included in the fee. Please arrive 15 minutes early to the first class and dress warmly.

**Instructor: Anaheim ICE Staff**

**Location: Anaheim ICE**

**Ages: 4-6 \$95 / 5 sessions**

031805	We	9/6-10/4	5:20 - 5:50 pm	
031806	Sa	9/9-10/7	12:15 - 12:45 pm	
031807	We	11/8-12/13	5:20 - 5:50 pm	No class 11/22
031808	Sa	11/11-12/16	12:15 - 12:45 pm	No class 11/25

### Anaheim ICE Skating: Youth Beginners

Beginning ice skating made fun and easy! Watch your child smile as he or she learns how to march, glide, stop, hop, fall down, and get back up properly. Skate rental and four additional public skating passes (to be used during the session) are all included in the fee. Please arrive 15 minutes early to the first class and dress warmly.

**Instructor: Anaheim ICE Staff**

**Location: Anaheim ICE**

**Ages: 7-13 \$95 / 5 sessions**

031801	We	9/6-10/4	5:55 - 6:25 pm	
031802	Sa	9/9-10/7	11:40 am - 12:10 pm	
031803	We	11/8-12/13	5:55 - 6:25 pm	No class 11/22
031804	Sa	11/11-12/16	11:40 am - 12:10 pm	No class 11/25



## VOLLEYBALL

### Beginner Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course is designed to introduce the sport of volleyball to the athlete who is completely new to the game. Come have fun and learn with us!

**Instructor: West Grove Volleyball - Tan Nguyen**

**Location: Garden Grove Sports and Recreation Center**

**Ages: 8-10 \$49 / 4 sessions**

031401	Su	9/10-10/1	1:15 - 2:15 pm	
031402	Su	10/8-10/29	1:15 - 2:15 pm	
031403	Su	11/12-12/10	1:15 - 2:15 pm	<i>No class 11/26</i>

### Intermediate Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course takes the beginner athlete to the next step. Come have fun and learn with us!

**Instructor: West Grove Volleyball - Tan Nguyen**

**Location: Garden Grove Sports and Recreation Center**

**Ages: 11-14 \$49 / 4 sessions**

031405	Su	9/10-10/1	2:15 - 3:15 pm	
031406	Su	10/8-10/29	2:15 - 3:15 pm	
031407	Su	11/12-12/10	2:15 - 3:15 pm	<i>No class 11/26</i>

### Advanced Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course puts those athletes that have a solid grasp of the fundamentals into a full on game environment. Come have fun and learn with us!

**Instructor: West Grove Volleyball - Tan Nguyen**

**Location: Garden Grove Sports and Recreation Center**

**Ages: 12-15 \$49 / 4 sessions**

031409	Su	9/10-10/1	3:15 - 4:15 pm	
031410	Su	10/8-10/29	3:15 - 4:15 pm	
031411	Su	11/12-12/10	3:15 - 4:15 pm	<i>No class 11/26</i>

## PICKLEBALL

### Pickleball Private Lessons

Classes are designed for youth/adults wanting more experience playing pickleball. Basic foundational and fundamental skills will be introduced in a one on one setting, such as: safety, etiquette, rules, scoring, serves, volleys, forehand, backhand, and basic strategies. Once completed, player can play comfortably in games. Paddles and balls will be provided. Flat, outdoor court specific footwear recommended.

**Instructor: Performance Pickleball LLC**

**Location: Chapman Sports Complex**

**Ages: 6+ \$70 / 1 sessions**

031909	Mo	9/11	3:00 - 4:00 pm	
031910	Mo	9/18	3:00 - 4:00 pm	
031911	Mo	9/25	3:00 - 4:00 pm	
031912	Mo	10/2	3:00 - 4:00 pm	
031913	Fr	10/27	3:00 - 4:00 pm	
031914	Fr	11/3	3:00 - 4:00 pm	
031915	Fr	11/10	3:00 - 4:00 pm	

### Pickleball: Youth Beginning

Designed for youth with little, to no experience playing pickleball. Basic FUNDamental skills will be introduced, such as: safety, etiquette, rules, scoring, serves, dinks, forehand, backhand, and volleys. Once completed, players can participate comfortably in games. Paddles and balls will be provided. Flat, outdoor court specific footwear recommended.

**Instructor: Performance Pickleball LLC**

**Location: Chapman Sports Complex**

**Ages: 9-13 \$100 / 4 sessions**

031901	Fr	9/15-10/13	4:00 - 5:00 pm	<i>No class 9/29</i>
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## MARTIAL ARTS

### Little Stars Taekwondo

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty, and assertiveness. The classes are beginner programs and kids will learn basic kicking techniques, punches, blocks, and basic self-defense forms. Students are required to have a martial arts uniform by the first day of class in order to participate. Uniforms will be available for purchase from the instructor for a nonrefundable fee of \$50. This class is for first-time students only. If interested in re-enrolling, please contact the instructor directly.

**Instructor: Sung Ho Park**

**Location: Tae Kwon Do Studio**

**Ages: 4-6 \$40 / 8 sessions**

031620	MoWe	9/6-10/2	4:30 - 5:00 pm	
031621	MoWe	9/6-10/2	5:50 - 6:30 pm	
031622	TuTh	9/5-9/28	4:30 - 5:00 pm	
031623	TuTh	9/5-9/28	6:30 - 7:10 pm	
031625	MoWe	10/4-10/30	4:30 - 5:00 pm	
031626	MoWe	10/4-10/30	5:50 - 6:30 pm	
031627	TuTh	10/3-10/26	4:30 - 5:00 pm	
031628	TuTh	10/3-10/26	6:30 - 7:10 pm	
031630	MoWe	11/1-11/27	4:30 - 5:00 pm	No class 11/10, 11/23-1/24
031631	MoWe	11/1-11/27	5:50 - 6:30 pm	No class 11/10, 11/23-1/24
031632	TuTh	10/31-11/28	4:30 - 5:00 pm	No class 11/10, 11/23-1/24
031633	TuTh	10/31-11/28	6:30 - 7:10 pm	No class 11/10, 11/23-1/24

### Vovinam Martial Arts

Vovinam is a Vietnamese martial art, founded in 1938. It is the development of communicative intelligence, athletic body, noble mind, self-control, self-defense, self-esteem, and perseverance in a non-violent spirit. Self-defense for all levels: beginner, intermediate, and advanced. Students are required to purchase a unique Vovinam martial arts uniform for \$35. There is a \$20 non-refundable annual membership fee.

**Instructor: Tam Nguyen**

**Location: West Haven Park**

**Ages: 7+ \$15 / month**

031301	Sa	9/2-9/30	9:20 - 10:50 am	
031302	Sa	10/7-10/28	9:20 - 10:50 am	
031303	Sa	11/4-11/25	9:20 - 10:50 am	No class 11/11
031304	Sa	12/9-12/23	9:20 - 10:50 am	

### Taekwondo for Kids

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty, and assertiveness. The classes are beginner programs and kids will learn basic kicking techniques, punches, blocks, and basic self-defense forms. Students are required to have a martial arts uniform by the first day of class in order to participate. Uniforms will be available for purchase from the instructor for a nonrefundable fee of \$50. This class is for first-time students only. If interested in re-enrolling, please contact the instructor directly.

**Location: Tae Kwon Do Studio**

**Instructor: Sung Ho Park**

**Ages: 7-12 \$40 / 8 sessions**

031604	MoFr	9/1-9/29	3:50 - 4:30 pm	No class 9/4
031605	MoWe	9/6-10/2	5:10 - 5:50 pm	
031607	TuTh	9/5-9/28	5:10 - 5:50 pm	
031608	TuTh	9/5-9/28	5:50 - 6:30 pm	
031609	MoFr	10/2-10/27	3:50 - 4:30 pm	
031610	MoWe	10/4-10/30	5:10 - 5:50 pm	
031612	TuTh	10/3-10/26	5:10 - 5:50 pm	
031613	TuTh	10/3-10/26	5:50 - 6:30 pm	
031614	MoFr	10/30-12/1	3:50 - 4:30 pm	No class 11/10, 11/23 & 11/24
031615	MoWe	11/1-11/27	5:10 - 5:50 pm	No class 11/10, 11/23 & 11/24
031617	TuTh	10/31-11/28	5:10 - 5:50 pm	No class 11/10, 11/23 & 11/24
031618	TuTh	10/31-11/28	5:50 - 6:30 pm	No class 11/10, 11/23 & 11/24

### Brazilian Jiu-Jitsu & Self Defense - Youth

Students will learn the mastery in the martial arts form of Brazilian Jiu-Jitsu & self defense. This is a grappling form of martial arts with emphasis on leg lock techniques, drills, sparring, strength conditioning, and games. Must purchase uniform. Please arrive 15 minutes early on your first day of class to speak with Sensei and get fitted for a uniform (gi) for \$120. If you already have your own BJJ gi, you are not required to purchase one.

**Instructor: Cai Jiu-Jitsu Staff**

**Location: Cai Jiu-Jitsu Academy**

**Ages: 5-14 \$80 / 8 sessions**

032605	TuTh	9/5-9/28	5:00 - 6:00 pm	
032606	TuTh	10/3-10/26	5:00 - 6:00 pm	
032607	TuTh	11/7-11/30	5:00 - 6:00 pm	No class 11/23
032608	TuTh	12/5-12/28	5:00 - 6:00 pm	

### The Learning Spot - Karate for Kids

This class is an introduction class for students that are interested in Martial Arts. Students will also learn basic karate concepts and culture.

**Instructor: The Learning Spot Instructor**

**Location: The Learning Spot**

**Ages: 7+ \$110 / 8 sessions**

032517	TuTh	9/5-9/28	6:00 - 7:00 pm	
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## YOGA

### Baby's First Yoga, Dance & Tumbling Class

This class presents an easy and fun way to introduce your child to yoga through baby-friendly yoga poses and age appropriate tumbling skills. Materials fee of \$5 due to the instructor.

**Instructor: Dawna Ludwig**

**Location: Westminster Community Center**

<b>Ages: 4-12 months</b>		<b>\$48 / 4 sessions</b>	
030327	Mo	9/11-10/2	1:50 - 2:20 pm
<b>Ages: 4-12 months</b>		<b>\$58 / 5 sessions</b>	
030328	Mo	10/9-11/6	1:50 - 2:20 pm
030329	Mo	11/13-12/18	1:50 - 2:20 pm <i>No class 11/27</i>

### Yoga for Kids

Yoga is a safe, fun, and non-competitive way for children to exercise and develop coordination. Yoga also strengthens the body, builds self-esteem, and increases focus and concentration. \$5 materials fee due to the instructor.

**Instructor: Dawna Ludwig**

**Location: Westminster Community Center**

<b>Ages: 4-12</b>		<b>\$48 / 4 sessions</b>	
030319	Su	9/10-10/8	3:15 - 3:55 pm <i>No class 9/24</i>
030320	Su	10/15-11/5	3:15 - 3:55 pm <i>No class 11/26</i>
<b>Ages: 4-12</b>		<b>\$58 / 5 sessions</b>	
030321	Su	11/12-12/17	3:15 - 3:55 pm

## DANCING AND GYMNASTICS

### Hip Hop is Fun!

This fun energetic class will teach you coordination, dance, and rhythm! Learn cool moves set to awesome music! Finesse onto the dance floor in style with this hip class!

**Location: Westminster Arts Academy**

**Instructor: Westminster Arts Academy Staff**

<b>Ages: 12-17</b>		<b>\$78 / 4 sessions</b>	
0315113	Sa	9/30-10/21	12:00 - 1:00 pm
0315114	Sa	10/28-11/18	12:00 - 1:00 pm
0315115	Sa	11/25-12/16	12:00 - 1:00 pm
<b>Ages: 3-5</b>		<b>\$78 / 4 sessions</b>	
0315162	Su	10/1-10/22	1:00 - 2:00 pm
0315176	Su	10/29-11/19	1:00 - 2:00 pm
0315177	Su	11/26-12/17	1:00 - 2:00 pm
<b>Ages: 5-7</b>		<b>\$78 / 4 sessions</b>	
0315123	Sa	9/30-10/21	10:45 - 11:45 am
0315124	Sa	10/28-11/18	10:45 - 11:45 am
0315125	Sa	11/25-12/16	10:45 - 11:45 am
<b>Ages: 8-11</b>		<b>\$78 / 4 sessions</b>	
0315120	Sa	9/30-10/21	9:45 - 10:45 am
0315121	Sa	10/28-11/18	9:45 - 10:45 am
0315122	Sa	11/25-12/16	9:45 - 10:45 am
<b>Ages: 8-12</b>		<b>\$78 / 4 sessions</b>	
0315117	Su	10/1-10/22	2:00 - 3:00 pm
0315118	Su	10/29-11/19	2:00 - 3:00 pm
0315119	Su	11/26-12/17	2:00 - 3:00 pm

### Ballet, Tap, and Tumbling

Ballet develops physical control, strength, balance, and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, position of the day, animal walks, and balance beam. Materials fee of \$5 due to the instructor.

**Instructor: Dawna Ludwig**

**Location: Westminster Community Center**

<b>Ages: 1-4</b>		<b>\$48 / 4 sessions</b>	
030301	Mo	9/11-10/2	2:25 - 3:05 pm
030304	Su	9/10-10/8	1:45 - 2:25 pm <i>No class 9/24</i>
030305	Su	10/15-11/5	1:45 - 2:25 pm
<b>Ages: 4-12</b>		<b>\$48 / 4 sessions</b>	
030307	Mo	9/11-10/2	3:10 - 3:50 pm
030310	Su	9/10-10/8	2:30 - 3:10 pm <i>No class 9/24</i>
030311	Su	10/15-11/5	2:30 - 3:10 pm
<b>Ages: 1-4</b>		<b>\$58 / 5 sessions</b>	
030302	Mo	10/9-11/6	2:25 - 3:05 pm
030303	Mo	11/13-12/18	2:25 - 3:05 pm <i>No class 11/27</i>
030306	Su	11/12-12/17	1:45 - 2:25 pm <i>No class 11/26</i>
<b>Ages: 4-12</b>		<b>\$58 / 5 sessions</b>	
030308	Mo	10/9-11/6	3:10 - 3:50 pm
030309	Mo	11/13-12/18	3:10 - 3:50 pm <i>No class 11/27</i>
030312	Su	11/12-12/17	2:30 - 3:10 pm <i>No class 11/26</i>

### Pop Ballet is Fun!

Learn ballet to popular music you know and love! This class focuses on creating a more disciplined, creative, and outgoing dancer! Dancers will learn the classical ballet technique, improvisational skills, flexibility, and ballet vocabulary. Dress code for females: ballet leotard (any color), pink ballet tights and ballet shoes, hair in a bun. Dress code for males: black or white t-shirt, black leggings or ballet tights, black ballet shoes.

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

<b>Ages: 3-4</b>		<b>\$68 / 4 sessions</b>	
031589	We	8/30-9/20	4:45 - 5:30 pm
031590	We	9/27-10/18	4:45 - 5:30 pm
031591	We	10/25-11/15	4:45 - 5:30 pm
<b>Ages: 5-7</b>		<b>\$78 / 4 sessions</b>	
031573	Tu	8/29-9/19	6:30 - 7:30 pm
031574	Tu	9/26-10/17	6:30 - 7:30 pm
031575	Tu	11/28-12/19	6:30 - 7:30 pm
031581	We	8/30-9/20	5:30 - 6:30 pm
031582	We	9/27-10/18	5:30 - 6:30 pm
031583	We	10/25-11/15	5:30 - 6:30 pm
031597	Fr	9/1-9/22	6:30 - 7:30 pm
031598	Fr	9/29-10/20	6:30 - 7:30 pm
031599	Fr	10/27-11/17	6:30 - 7:30 pm
<b>Ages: 8-17</b>		<b>\$78 / 4 sessions</b>	
031585	We	8/30-9/20	6:30 - 7:30 pm
031586	We	9/27-10/18	6:30 - 7:30 pm
031587	We	10/25-11/15	6:30 - 7:30 pm

## *The Learning Spot - Lyrical I*

Students will learn lyrical concepts and movement vocabulary. In this exciting class students will learn lyrical technique and choreography as well.

**Instructor: The Learning Spot Instructor**

**Location: The Learning Spot**

**Ages: 7+ \$110 / 8 sessions**

032515 Tu 9/5-10/24 5:30 - 6:30 pm

## *The Learning Spot - Jazz I*

Students will learn jazz concepts and movement vocabulary. In this high-energy and exciting class, students will learn jazz technique and choreography as well.

**Instructor: The Learning Spot Instructor**

**Location: The Learning Spot**

**Ages: 7+ \$110 / 8 sessions**

032513 Tu 9/5-10/24 4:30 - 5:30 pm

## *The Learning Spot - Folklorico I*

Students will learn basic concepts, movements related to Mexican folkloric dance. Students will also learn choreography from region of Mexico. If course is continued, student can participate in our Winter Recital if costume is purchased.

**Instructor: The Learning Spot Instructor**

**Location: The Learning Spot**

**Ages: 5-8 \$110 / 8 sessions**

032509 Tu 9/5-10/24 4:30 - 5:30 pm

## *The Learning Spot - Folklorico II*

Students will learn basic concepts, movements related to Mexican folkloric dance. Students will also learn choreography from region of Mexico. If course is continued, student can participate in our Winter Recital if costume is purchased.

**Instructor: The Learning Spot Instructor**

**Location: The Learning Spot**

**Ages: 8-11 \$110 / 8 sessions**

032511 Tu 9/5-10/24 5:30 - 6:30 pm

## *The Learning Spot - Hip Hop I*

The students will learn hip-hop concepts, and will learn hip-hop movement vocabulary. This high energy and exciting class will have students moving and grooving to popular songs and will learn about hip-hop culture.

**Instructor: The Learning Spot Instructor**

**Location: The Learning Spot**

**Ages: 5-9 \$110 / 8 sessions**

032501 Mo 9/11-10/30 5:00 - 6:00 pm

## *The Learning Spot - Hip Hop II*

The students will have an intermediate understanding of hip-hop concepts, and will improve their hip-hop movement and vocabulary. This high energy and dynamic class will challenge students dancing to the latest hits.

**Instructor: The Learning Spot Instructor**

**Location: The Learning Spot**

**Ages: 10+ \$110 / 8 sessions**

032503 Mo 9/11-10/30 6:00 - 7:00 pm

## *The Learning Spot - Intro to Ballet*

Students will learn basic ballet movement, and they will be implementing these movements throughout their class time. This class is for beginner students who will be introduced to concepts of ballet culture. If course is continued, student can participate in our Winter Recital.

**Instructor: The Learning Spot Instructor**

**Location: The Learning Spot**

**Ages: 3-5 \$110 / 8 sessions**

032505 Th 9/7-10/26 4:00 - 4:45 pm

## *The Learning Spot - Pre-Ballet*

Students will learn basic ballet movement and vocabulary. This class is for beginner students who are interested in the ballet art form. Students will learn introduction concepts of ballet culture. If course is continued, student can participate in our Winter Recital.

**Instructor: The Learning Spot Instructor**

**Location: The Learning Spot**

**Ages: 4-5 \$110 / 8 sessions**

032507 Sa 9/9-10/28 10:00 - 10:45 am



## ART AND CRAFTS

### Anime is Fun!

Learn the techniques to drawing your favorite anime characters! Topics covered will include: 2D and 3D drawing; principles of animation; turning the character around; what makes cute/awesome; how to make your drawings unique; famous anime designs and why they work; the character in motion; and expression poses. \$10 material fee

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

**Ages: 5+ \$78 / 4 sessions**

0315173	Su	9/3-9/24	3:00 - 4:00 pm
0315174	Su	10/1-10/22	3:00 - 4:00 pm
0315192	Su	10/29-11/19	3:00 - 4:00 pm
0315193	Su	11/26-12/17	3:00 - 4:00 pm
0315194	Su	9/3-9/24	2:00 - 3:00 pm
0315195	Su	10/1-10/22	2:00 - 3:00 pm
0315196	Su	10/29-11/19	2:00 - 3:00 pm
0315197	Su	11/26-12/17	2:00 - 3:00 pm

### Drawing is Fun!

Be more confident with your lines and shapes! With new themes every month, this class will develop your inner artist. You will also practice the fundamentals of observation and how to transfer them onto paper. In this quirky class, you'll exercise your imagination and have fun while making cartoons! \$10 material fee

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

**Ages: 5+ \$78 / 4 sessions**

031529	Su	10/1-10/22	9:45 - 10:45 am
031530	Su	10/29-11/19	9:45 - 10:45 am
031531	Su	11/26-12/17	9:45 - 10:45 am
031533	Tu	8/29-9/19	5:00 - 6:00 pm
031534	Tu	9/26-10/17	5:00 - 6:00 pm
031535	Tu	11/28-12/19	5:00 - 6:00 pm

**Ages: 8-11 \$78 / 4 sessions**

031541	Fr	9/1-9/22	4:00 - 5:00 pm
031542	Fr	9/29-10/20	4:00 - 5:00 pm
031543	Fr	10/27-11/17	4:00 - 5:00 pm

### Pokemon Anime Drawing is Fun!

Draw characters from Pokémon and more in this class. You will learn the proper techniques to make these characters come to life on the page! You will also get to create your own story boards, just like in anime books! \$10 material fee

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

**Ages: 5-8 \$78 / 4 sessions**

0315198	Su	10/1-10/22	10:45 - 11:45 am
0315199	Su	10/29-11/19	10:45 - 11:45 am
0315200	Su	11/26-12/17	10:45 - 11:45 am

### Mixed Media Art is Fun!

Do you enjoy drawing, painting, colored pencils, printmaking, and even paper art? Mixed Media work is excellent for exploring different mediums in art if you just love to create and want to improve on your skill! \$10 material fee

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

**Ages: 5+ \$98 / 4 sessions**

031517	Sa	9/2-9/23	9:00 - 10:00 am
0315171	Su	10/1-10/22	1:00 - 2:00 pm
031518	Sa	9/30-10/21	9:00 - 10:00 am
0315187	Su	10/29-11/19	1:00 - 2:00 pm
0315188	Su	11/26-12/17	1:00 - 2:00 pm
0315189	Mo	8/28-9/18	3:30 - 4:30 pm
031519	Sa	10/28-11/18	9:00 - 10:00 am
0315190	Mo	9/25-10/16	3:30 - 4:30 pm
0315191	Mo	11/27-12/18	3:30 - 4:30 pm
031520	Sa	11/25-12/16	9:00 - 10:00 am
031521	Su	9/3-9/24	1:00 - 2:00 pm

**Ages: 5-10**

031522	Tu	8/29-9/19	4:00 - 5:00 pm
031523	Tu	9/26-10/17	4:00 - 5:00 pm
031524	Tu	11/28-12/19	4:00 - 5:00 pm

**Ages: 8+**

031525	We	8/30-9/20	6:30 - 7:30 pm
031526	We	9/27-10/18	6:30 - 7:30 pm
031527	We	10/25-11/15	6:30 - 7:30 pm
031528	We	11/29-12/20	6:30 - 7:30 pm



## Painting is Fun!

Students will gain confidence in their painting skill set. These lessons will begin with an introduction to color theory and help students improve their painting and gain more knowledge on color and how to mix and manipulate paints. \$10 material fee

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

<b>Ages: 5+</b>		<b>\$98 / 4 sessions</b>		
031501	Mo	8/28-9/18	4:30 - 5:30 pm	
031502	Mo	9/25-10/16	4:30 - 5:30 pm	
031503	Mo	11/27-12/18	4:30 - 5:30 pm	
031510	Su	10/1-10/22	10:45 - 11:45 am	
031511	Su	10/29-11/19	10:45 - 11:45 am	
031512	Su	11/26-12/17	10:45 - 11:45 am	
<b>Ages: 5-10</b>		<b>\$98 / 4 sessions</b>		
031504	Tu	8/29-9/19	6:00 - 7:00 pm	
031505	Tu	9/26-10/17	6:00 - 7:00 pm	
031506	Tu	11/28-12/19	6:00 - 7:00 pm	
031507	We	8/30-9/20	5:15 - 6:15 pm	
031508	We	9/27-10/18	5:15 - 6:15 pm	
031509	We	10/25-11/15	5:15 - 6:15 pm	

## Young Rembrandts-Cartooning Drawing

Our cartooning classes are an absolute blast for kids who want to stay engaged and have a good laugh. Not only will they have a ton of fun, but they'll also be learning at the same time! This captivating program merges Young Rembrandts' unique and interactive teaching approach with playful content that grabs children's attention, tickles their funny bones, and sparks their imaginative thinking. With a fast-paced environment and drawings that tell stories, our classes keep kids focused, encourage learning from mistakes, foster creative problem-solving, and enhance their ability to convey ideas and concepts through pictures.

**Instructor: Young Rembrandts Staff**

**Location: West Grove Park**

<b>Ages: 5-12</b>		<b>\$68 / 4 sessions</b>		
032305	We	9/6-9/27	4:30 - 5:30 pm	
032306	We	10/4-10/25	4:30 - 5:30 pm	
		<b>\$85 / 5 sessions</b>		
032307	We	11/1-11/29	4:30 - 5:30 pm	
		<b>\$51 / 3 sessions</b>		
032308	We	12/6-12/20	4:30 - 5:30 pm	

## Preschool Play and Practice

Imagine your child learning award-winning children's literature, songs, arts and crafts, and many more new ideas. Each class is based on a different theme and includes cutting, pasting, coloring, and more importantly, interacting with other children. \$5 material fee

**Instructor: Dawna Ludwig**

**Location: Westminster Community Center**

<b>Ages: 9 mos-4 yrs</b>		<b>\$48 / 4 sessions</b>		
030313	Mo	9/11-10/2	1:05 - 1:45 pm	
030316	Su	9/10-10/8	1:00 - 1:40 pm	No class 9/24
030317	Su	10/15-11/5	1:00 - 1:40 pm	
		<b>\$58 / 5 sessions</b>		
030314	Mo	10/9-11/6	1:05 - 1:45 pm	
030315	Mo	11/13-12/18	1:05 - 1:45 pm	No class 11/27
030318	Su	11/12-12/17	1:00 - 1:40 pm	No class 11/26



## Piano is Fun!

Witness your child become a young musician playing songs that they enjoy! Children are encouraged to use their creativity in this exciting introductory music class. Students learn finger independence by reading musical patterns. Basic rhythms are introduced and students enjoy playing and creating music with others on acoustic pianos!

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

<b>Ages: 5-7</b>		<b>\$98 / 4 sessions</b>		
031513	Sa	9/2-9/23	9:00 - 9:45 am	
031514	Sa	9/30-10/21	9:00 - 9:45 am	
031515	Sa	10/28-11/18	9:00 - 9:45 am	
031516	Sa	11/25-12/16	9:00 - 9:45 am	
<b>Ages: 7-10</b>				
031519	We	8/30-9/20	3:15 - 4:00 pm	
031510	We	9/27-10/18	3:15 - 4:00 pm	
031511	We	10/25-11/15	3:15 - 4:00 pm	
031512	We	11/29-12/20	3:15 - 4:00 pm	

## SPECIAL INTEREST

### Minecraft Make Code Programming

This class will be virtual and is only being offered online. With Make Code, kids can start learning programming inside the Minecraft game. You will learn the professional programming concepts while playing and making changes in the game. With the open platform provided by Minecraft, kids can program anything they want with their imagination, and change the game into a version that has never been seen before. Students should have one of the following: laptop/iPad/tablet/Google Chromebook. Have your device with you and make sure it's charged and you know the password to open in case parents are not around.

**Instructor:** Coding Minds Academy

**Location:** Online Class

**Ages:** 6-11     **\$100 / 4 sessions**

030202	Fr	9/8-9/29	4:00 - 5:00 pm
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### Game Development and Design with Roblox

Roblox uses a programming language known as Lua. As students develop their own games, they also pick up computer science concepts, computational thinking skills, and programming fundamentals. While creating their own games with Roblox Studio, students will also encounter and learn about 3D modeling. Learning programming is not the ultimate goal. We focus on pushing the kids' imagination and creativity. Have your laptops with you and make sure it's charged and you know the password to open in case parents are not around.

**Instructor:** Coding Minds Academy

**Location:** Online Class

**Ages:** 10-15     **\$100 / 4 sessions**

030201	Fr	10/6-10/27	4:00 - 5:00 pm
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### Chess Club!

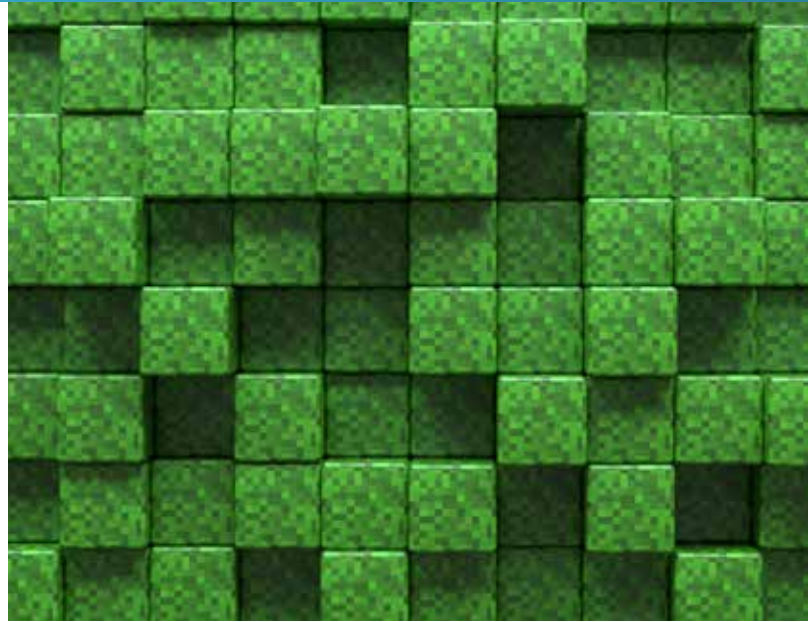
Did you know that chess is a form of art? By joining our chess club, students will develop their problem-solving skills, strengthen their focus and attention span, all in a competitive and welcoming environment!

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

**Ages:** 7-14     **\$88 / 4 sessions**

0315157	Su	9/3-9/24	1:00 - 2:00 pm
0315158	Su	10/1-10/22	1:00 - 2:00 pm
0315159	Su	10/29-11/19	1:00 - 2:00 pm
0315160	Su	11/26-12/17	1:00 - 2:00 pm



## DEVELOPMENT AND MANNERS

### Manners for Young Ladies and Gentlemen

Knowing what to do in social situations can build self-esteem and confidence in everyone. Children will receive a foundation of good manners while learning good communication, positive body language, and proper grooming in a relaxed, fun atmosphere.

**Instructor:** Dawna Ludwig

**Location:** Westminster Community Center

**Ages:** 4-12     **\$48 / 4 sessions**

030323	Su	9/10-10/8	4:00 - 4:30 pm	<i>No class 9/24</i>
030324	Su	10/15-11/5	4:00 - 4:30 pm	

**\$58 / 5 sessions**

030325	Su	11/12-12/17	4:00 - 4:30 pm	<i>No class 11/26</i>
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### American Sign Language Class - Youth

Our American Sign Language class teaches participants the basics of ASL and more. Participants will learn the alphabet, numbers, and communication skills-receptive (listening) and expressive (speaking), with vocabulary and grammar. Our classes will implement daily practice using vocabulary in conversation, while introducing the American Deaf culture and history to our participants. \$10 material fee due to instructor on the first day of class.

**Instructor:** Dalise Falkenstein

**Location:** West Grove Park

**Ages:** 7-17     **\$162 / 8 sessions**

032402	Tu	9/12-11/7	4:30 - 5:30 pm	<i>No class 10/31</i>
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### Family Mornings of Fun!

Bring the family and have fun learning tools for a more positive, caring, connected life-and deeper family bond! We will play games and engage in activities which teach compassion, connecting, caring, and quieting (mindfulness), which increase positive emotions, decreased anxiety, and reduce stress for everyone. Being outside in nature enhances the joy.

**Instructor:** Kathrine "Kat" Sneddon

**Location:** West Grove Park

**Ages:** 3+     **\$100 / family / 4 sessions**

032201	Sa	9/9-9/30	9:30 - 10:30 am
032202	Sa	10/7-10/28	9:30 - 10:30 am





## ADULT SPORTS

### Adult Cardio Tennis Class

Looking for an upbeat workout? Grab your racket and let's hit the courts! We have tons of fast paced drills and games to keep you moving and improving. If you are looking to improve your tennis game and stay on your toes, then this program is perfect for you. This class features tennis and workouts all rolled into one. Specially designed to burn some calories, make some friends, and of course, improve your tennis game. For more information and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call (844) 983-6647.

**Instructor:** Johnny Allen Tennis Academy

**Location:** Chapman Sports Complex

Ages: 18+		\$79 / 6 sessions	
030625	TuTh	9/19-10/5	8:00 - 9:00 pm
030626	TuTh	10/10-10/26	8:00 - 9:00 pm
030627	TuTh	10/31-11/16	8:00 - 9:00 pm
030628	TuTh	11/28-12/14	8:00 - 9:00 pm

## FITNESS

### Hip Hop Dance Fit for Adults!

Learn dynamic moves while getting your sweat on in this energizing class! You will dance, have fun, and learn cool moves. Who doesn't want that right? All levels welcome!

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

Ages: 18+		\$78 / 4 sessions	
0315201	Tu	8/29-9/19	7:30 - 8:30 pm
0315202	Tu	9/26-10/17	7:30 - 8:30 pm
0315203	Tu	11/28-12/19	7:30 - 8:30 pm

### Line Dancing for Health and Enjoyment

While having fun and enjoying different types of music, you will tone up your muscles, build stamina, and increase flexibility while improving your balance and coordination. Learning choreographed line dances will help sharpen your memory. In addition to line dancing, we also do low impact aerobics. Please wear comfortable shoes and bring a water bottle. A \$2 insurance fee is due to instructor on first day of class.

**Instructor:** Gemmy Pham

**Location:** West Haven Park

Ages: 35+		\$60 / month / pair	\$35 / month / individual	
030401	MoWeFr	9/1-9/29	10:00 - 11:30 am	No class 9/4
030402	MoWeFr	10/2-10/30	10:00 - 11:30 am	
030403	MoWeFr	11/1-11/29	10:00 - 11:30 am	No class 11/24
030404	MoWeFr	12/1-12/22	10:00 - 11:30 am	
030405	MoWeFr	9/1-9/29	10:00 - 11:30 am	No class 9/4
030406	MoWeFr	10/2-10/30	10:00 - 11:30 am	
030407	MoWeFr	11/1-11/29	10:00 - 11:30 am	No class 11/24
030408	MoWeFr	12/1-12/22	10:00 - 11:30 am	

## FENCING

### Introduction to Epee Fencing

Learn the Olympic sport of fencing. Learn to use the weapon that has descended from Renaissance dueling swords. Students learn how to move, attack, and defend themselves. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit (~\$250) must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$10 USFA insurance fee is due at the first class.

**Instructor:** South Coast Fencing Center

**Location:** South Coast Fencing Center

Ages: 7+		\$125 / 1x per week - 4 weeks		
031217	TuTh	9/5-9/28	7:00 - 8:00 pm	
031218	TuTh	10/3-10/26	7:00 - 8:00 pm	
031219	TuTh	10/31-11/30	7:00 - 8:00 pm	No class 11/23-11/25

Class sessions are offered 1 time a week. Participants should attend 1 of those sessions according to the convenience of their schedules.

		\$190 / 2x per week - 4 weeks		
031221	TuTh	9/5-9/28	7:00 - 8:00 pm	
031222	TuTh	10/3-10/26	7:00 - 8:00 pm	
031223	TuTh	10/31-11/30	7:00 - 8:00 pm	No class 11/23-11/25

Class sessions are offered 2 times a week. Participants should attend both of those sessions.

### Introduction to Foil Fencing

Learn the Olympic sport of fencing. Students learn how to move, attack, and defend themselves while learning about priority and right-of-way rules that are a cornerstone in foil fencing. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit (~\$250) must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$10 USFA insurance fee is due at the first class.

**Instructor:** South Coast Fencing Center

**Location:** South Coast Fencing Center

Ages: 12+		\$125 / 1x per week-4 weeks	
031205	9/5-9/30	Sa 10:00 - 11:00 am, TuTh 6:00 - 7:00 pm	
031206	10/3-10/28	Sa 10:00 - 11:00 am, TuTh 6:00 - 7:00 pm	
031207	10/31-12/2	Sa 10:00 - 11:00 am, TuTh 6:00 - 7:00 pm	No class 11/23-11/25

Class sessions are offered 3 times a week. Participants should attend 1 of those sessions according to the convenience of their schedules.

Ages: 12+		\$190 / 2x per week-4 weeks	
031213	9/5-9/30	Sa 10:00 - 11:00 am, TuTh 6:00 - 7:00 pm	
031214	10/3-10/24	Sa 10:00 - 11:00 am, TuTh 6:00 - 7:00 pm	
031215	10/31-12/2	Sa 10:00 - 11:00 am, TuTh 6:00 - 7:00 pm	No class 11/23-11/25

Class sessions are offered 3 times a week. Participants should attend any 2 of those sessions according to the convenience of their schedules.

## PICKLEBALL

### Pickleball: Adult Advanced

Designed for players that have completed the adult intermediate pickleball class, or are intermediate/advanced experienced players. Expands on advancing your game plan utilizing advanced court strategies, executing advanced control, offense tactics, defensive tactics, advanced creative play options... and much more. Incorporates vital elements of the game in a challenging format. Paddles and balls provided. Flat outdoor court specific footwear recommended.

**Instructor: Performance Pickleball LLC**

**Location: Chapman Sports Complex**

**Ages: 18+ \$160 / 4 sessions**

031907	Mo	11/27-12/18	6:00 - 8:00 pm
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### Pickleball: Adult Beginning

Classes are designed for adults with no experience playing pickleball. Basic foundational and fundamental skills will be introduced in a large group setting, such as: safety, etiquette, rules, scoring, serves, volleys, forehand, backhand, and basic strategies. Once completed, player can play comfortably in games. Paddles and balls will be provided. Flat outdoor court specific footwear recommended.

**Instructor: Performance Pickleball LLC**

**Location: Chapman Sports Complex**

**Ages: 14+ \$160 / 4 sessions**

031903	Mo	9/11-10/2	6:00 - 8:00 pm
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031904	Fr	12/1-12/22	6:00 - 8:00 pm
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### Pickleball: Adult Intermediate

Classes are designed for anyone that has completed adult beginning pickleball class or is an experienced beginner player. This class expands on optimizing your game plan, court strategies, and the next steps to improve your game. Improve your skills, court movement, court positioning, consistency, ball placement, serves, forehands, backhands, volleys, overhands, strategies, poaching, and the mental game. Be prepared to elevate your game! Flat outdoor court specific footwear recommended. Paddles and balls provided.

**Instructor: Performance Pickleball LLC**

**Location: Chapman Sports Complex**

**Ages: 14+ \$160 / 4 sessions**

031905	Mo	10/23-11/13	6:00 - 8:00 pm
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031906	Fr	10/27-11/17	4:00 - 6:00 pm
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### Pickleball Private Lessons

Classes are designed for youth/adults wanting more experience playing pickleball. Basic foundational and fundamental skills will be introduced on a one on one setting, such as: safety, etiquette, rules, scoring, serves, volleys, forehand, backhand, and basic strategies. Once completed, player can play comfortably in games. Paddles and balls will be provided. Flat outdoor court specific footwear recommended.

**Instructor: Performance Pickleball LLC**

**Location: Chapman Sports Complex**

**Ages: 6+ \$70 / 1 session**

031909	Mo	9/11	3:00 - 4:00 pm
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031910	Mo	9/18	3:00 - 4:00 pm
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031911	Mo	9/25	3:00 - 4:00 pm
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031912	Mo	10/2	3:00 - 4:00 pm
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031913	Fr	10/27	3:00 - 4:00 pm
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031914	Fr	11/3	3:00 - 4:00 pm
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031915	Fr	11/10	3:00 - 4:00 pm
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031916	Fr	11/17	3:00 - 4:00 pm
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## ICE SKATING

### Westminster Ice: Ice Skating for Adults

Learn to skate across the ice forward, backwards, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on the day of class (3-5pm for Wednesday and 12-2pm pm Saturday), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates. Dress warm and wear gloves.

**Instructor: Westminster ICE Staff**

**Location: Westminster ICE**

**Ages: 17+ \$60 / 4 sessions**

031721	We	9/20-10/11	5:45 - 6:15 pm
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031725	Sa	9/23-10/14	10:30 - 11:00 am
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031722	We	10/18-11/15	5:45 - 6:15 pm
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*No class 11/8*

031726	Sa	10/21-11/18	10:30 - 11:00 am
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*No class 11/11*

**Ages: 17+ \$45 / 3 sessions**

031723	We	11/29-12/13	5:45 - 6:15 pm
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031727	Sa	12/2-12/16	10:30 - 11:00 am
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## MARTIAL ARTS

### Vovinam Martial Arts

Vovinam is a Vietnamese martial art, founded in 1938. It is the development of communicative intelligence, athletic body, noble mind, self-control, self-defense, self-esteem, and perseverance in a non-violent spirit. Self-defense for all levels: beginner, intermediate, and advanced. Students are required to purchase a unique Vovinam martial arts uniform for \$35. There is a \$20 non-refundable annual membership fee.

**Instructor: Tam Nguyen**

**Location: West Haven Park**

**Ages: 7+ \$15 / month**

031301	Sa	9/2-9/30	9:20 - 10:50 am
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031302	Sa	10/7-10/28	9:20 - 10:50 am
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031303	Sa	11/4-11/25	9:20 - 10:50 am
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*No class 11/11*

031304	Sa	12/9-12/23	9:20 - 10:50 am
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### Brazilian Jiu-Jitsu & Self Defense - Adult

Students will learn the mastery in the martial arts form of Brazilian Jiu-Jitsu & self defense. This is a grappling form of martial arts with emphasis on leg lock techniques, drills, sparring, strength conditioning, and games. Must purchase uniform. Please arrive 15 minutes early on your first day of class to speak with Sensei and get fitted for a uniform (gi) for \$120. If you already have your own BJJ gi, you are not required to purchase one.

**Instructor: Cai Jiu-Jitsu Staff**

**Location: Cai Jiu-Jitsu Academy**

**Ages: 15+ \$80 / 8 sessions**

032601	MoWe	9/6-9/27	6:30 - 7:30 pm
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*No class 9/4*

032602	MoWe	10/2-10/25	6:30 - 7:30 pm
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032603	MoWe	11/6-11/29	6:30 - 7:30 pm
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032604	MoWe	12/4-12/27	6:30 - 7:30 pm
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*No class 12/25*

# ADULT SPECIAL INTERESTS



## PETS

### Beginning Flyball

This class is for dogs that have not played flyball or have had a very simple introduction. Dogs will be running and jumping low hurdles. Dogs must not be aggressive or unmanageable. Bring leash, treats, toys, and baggies for clean up.

**Instructor: Nicole Myers**

**Location: Edgar Park**

**Ages: 14+ \$45 / 7 sessions**

030901	Fr	9/15-10/27	6:00 - 6:50 pm
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### Dog Conformation

This class is intended for people who want to compete in AKC conformation. Students will have the opportunity to practice their skills in showing their dogs. Dogs will practice what is expected of them in the competition ring. Requirements: 1) the dog must be at least five (5) months old (exceptions may be made upon approval by instructor), 2) the dog must have current Rabies and Parvo vaccinations. Please bring a copy of the dog's shot records to the first class. Purebreds only. An insurance fee will be charged for this class in addition to the registration fee. Classes are offered 4 times in a month. You can choose any 1 class to attend.

**Instructor: Patricia Cahill**

**Location: Garden Grove Park**

**Ages: 15+ \$10 / 4 sessions**

030801	We	9/6-9/27	5:15 - 8:15 pm
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030802	We	10/4-10/25	5:15 - 8:15 pm
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030804	We	12/6-12/27	5:15 - 8:15 pm
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**\$10 / 5 sessions**

030803	We	11/1-11/29	5:15 - 8:15 pm
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### Pet Manners

This class is for dogs and owners that need some help with the basics: sit, down, relax on a mat, give me your attention. Bring a mat, and 4-6 foot leash, treats, and a lot of patience. No dogs with aggressive history.

**Instructor: Nicole Myers**

**Location: Edgar Park**

**Ages: 14+ \$45 / 7 sessions**

030904	Fr	9/15-10/27	7:00 - 7:50 pm
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## ARTS AND CRAFTS

### Drawing and Painting in the Afternoon

Maximize your time! This class is designed for beginning and intermediate students who would like to learn how to improve their drawing and painting skills. Color theory and elements of art will be incorporated. Please ask for the materials list when registering for this class and bring all materials to the first class meeting. \$5 material fee due the first day of class. Please contact Pati Kent at patilovesart@gmail or visit Garden Grove City Hall to get materials list. Bring all required materials to the first day of class.

**Instructor: Pati Kent**

**Location: Westminster Community Center.**

**Ages: 18+ \$49 / 3 sessions**

031001	We	9/20-10/4	2:00 - 3:45 pm
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**\$65 / 4 sessions**

031002	We	10/25-11/15	2:00 - 3:45 pm
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## SPECIAL INTEREST

### American Sign Language Class - Adults

Our American Sign Language class teaches participants the basics of ASL and more. Participants will learn the alphabet, numbers, and communication skills-receptive (listening) and expressive (speaking), with vocabulary and grammar. Our classes will implement daily practice using vocabulary in conversation, while introducing the American Deaf culture and history to our participants. \$10 supply fee paid to instructor on the first day of class.

**Instructor: Dalise Falkenstein**

**Location: West Grove Park**

**Ages: 18+ \$162 / 8 sessions**

032401	Tu	9/12-11/7	5:30 - 6:30 pm	<i>No class 10/31</i>
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### CPR/AED for Adults, Infants, and Children

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. Learn simple rescue CPR for adults, children, and infants, as well as foreign object removal techniques for airways. You will receive your certification upon completion of the class. If healthcare provider card is required, please call Cindy at (714) 891-5620 prior to your class. A \$30 materials fee is payable to the instructor.

**Instructor: Jack Griswold**

**Location: H. Louis Lake Senior Center**

**Ages: 18+ \$10 / 1 session**

030501	Fr	9/1	6:00 - 8:00 pm
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030502	Fr	10/6	6:00 - 8:00 pm.
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030503	Fr	11/3	6:00 - 8:00 pm
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030504	Fr	12/1	6:00 - 8:00 pm.
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### Family Mornings of Fun!

Bring the family and have fun learning tools for a more positive, caring, connected life-and deeper family bond! We will play games and engage in activities which teach compassion, connecting, caring, and quieting (mindfulness), which increase positive emotions, decreased anxiety, and reduce stress for everyone. Being outside in nature enhances the joy.

**Instructor: Kathrine "Kat" Sneddon**

**Location: West Grove Park**

**Ages: 3+ \$100 / family / 4 sessions**

032201	Sa	9/9-9/30	9:30 - 10:30 am
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032202	Sa	10/7-10/28	9:30 - 10:30 am
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### First Aid

Learn to respond to, and assess an injury or illness. Topics covered include vital signs, bleeding, heat and cold emergencies, strokes, and seizures. You will receive a state and nationally recognized EMS first aid card and certification. A \$30 materials fee is payable to the instructor.

**Instructor: Jack Griswold**

**Location: H. Louis Lake Senior Center**

**Ages: 18+ \$10 / 1 session**

030505	Fr	9/1	8:00 - 9:00 pm
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030506	Fr	10/6	8:00 - 9:00 pm
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030507	Fr	11/3	8:00 - 9:00 pm
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030508	Fr	12/1	8:00 - 9:00 pm
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# SENIOR ACTIVITIES

## *H. Louis Lake* SENIOR CENTER

11300 Stanford Ave. Garden Grove, CA 92840

Hours of Operation: Monday-Friday 9:00 a.m. - 3:30 p.m.

### **SOCIAL SUPPORT PROGRAMS**

- ✔ *Individuals age 60 and older*
- ✔ *Must be residents of Garden Grove*
- ✔ *Information and referrals*
- ✔ *Case management*
- ✔ *Counseling*
- ✔ *Health education and lifestyle workshops*
- ✔ *Community Resources*

### **SENIOR MOBILITY PROGRAM**

- ✔ *Individuals age 60 and older*
- ✔ *Must be residents of Garden Grove*
- ✔ *Transportation provided by California Yellow Cab*
- ✔ *Cost is \$4 each way.*  
*Trips to the Center are free!*
- ✔ *For more information call the Center*

### **ACTIVITIES**

*Pool tables*  
*Pinochle*  
*Bingo*  
*Field trips*  
*Craft days*  
*Karaoke*

### **CLASSES**

*Tai Chi*  
*Longevity Stick*  
*Adaptive Line Dancing*  
*Fit Mind, Fit Body*  
*Balance and Mobility*  
*Chair Yoga*  
*Technology classes*

### **INDOOR DINING**

*Join us for a hot lunch at 11:30 a.m.*  
*Monday through Friday. Registration*  
*begins at 9:00 a.m. daily.*

### **SPECIAL EVENTS**

*Holiday Events*  
*Dances*  
*Birthday Celebrations*

To stay up to date with the Senior Center's programs and events,  
access the The Scoop by clicking the link below:

[ggcity.org/community-services/h-louis-lake-senior-center](http://ggcity.org/community-services/h-louis-lake-senior-center)

For more information, please call: (714) 741-5253



GARDEN GROVE



## **VOLUNTEERS NEEDED** TOGETHER, WE CAN MAKE A DIFFERENCE!

Approximately 25% of older adults in Orange County live alone, possibly without the resources we take for granted. You can enhance an older adult's welfare, help them stay living in the home they love and lessen the loneliness many of them face each day. Volunteer positions are available Monday-Friday and can take as little as one hour per week.

### **Drivers for Home Delivered Meals:**

Deliver a nutritious meal and a friendly check-in.

### **Shifts available at the H. Louis Senior Center:**

Monday, Wednesday & Thursday

Between 8:30 a.m. - 12:30 p.m.

### **Contact:**

[volunteer@mealsonwheelsoc.org](mailto:volunteer@mealsonwheelsoc.org)

or call **714-864-3611** for more information and to complete the volunteer application.





The **Magnolia Park Family Resource Center (MPFRC)** founded in 2000, serves families residing in the city of Garden Grove and surrounding cities in Orange County. The MPFRC has become the centralized information and referral point for the community. With the assistance of staff and partners, individuals can create linkages with necessary resources to help strengthen their families.

**Vision:** Building healthy communities one family at a time.

**Service Approach:** Magnolia Park Family Resource Center operates with the nationally recognized Five Protective Factors approach. The framework of the Five Protective Factors provides foundation for the use of best practice strategies in strengthening families. According to the Center for Study of Social Policy, Five Protective Factors are identified in preventing child abuse and neglect, as well as building family strengths and a family environment that promotes optimal child and youth development.

Through its partnerships with funded and non-funded partners, MPFRC is able to offer essential core services to individuals and families.

### **MPFRC's Core Services**

Mental Health Counseling  
Parent Education  
Comprehensive Case Management Team  
Family Support Services  
Domestic Violence Prevention & Treatment Services  
Information and Referral  
Youth/Teen Program  
Differential Response Program

### **Other Services:**

Child Development Activities  
Family Health and Wellness  
Basic Needs Assistance  
Free Diaper Program  
Food Distribution

### **MPFRC Partners**

MPFRC partners with many agencies in order to provide comprehensive services. Some of the partners are:

City of Garden Grove (Lead Agency)	OC Social Services Agency
Boys & Girls Clubs of Garden Grove	Second Harvest
Human Options	TASK
Community Action Partnership of Orange County	Olive Crest
Interval House	

**11402 Magnolia Street  
Garden Grove, CA 92841**

**For additional information, please call (714) 741-5222.**



## MAGNOLIA PARK FAMILY RESOURCE CENTER

### Our Vision:

Building healthy communities one family at a time.

### MPFRC's Core Services:

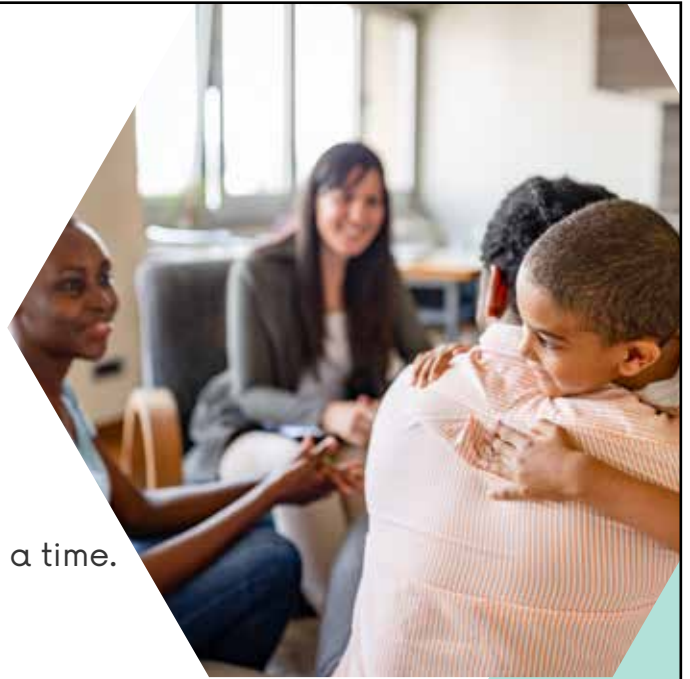
- Counseling
- Parent Education
- Comprehensive Case Management Team
- Family Support Services
- Domestic Violence Personal Empowerment Program
- Information and Referral Services
- Out of School Time (OST) Youth Program
- Differential Response Program
- Emergency Assistance

### Other Services:

- Early Learning Activities
- Family Health and Wellness
- Father Strengthening Parenting Program
- IEP Consultations
- Medi-Cal & CalFresh Application Assistance
- Family Strengthening Workshops and Activities

### Location:

11402 Magnolia St.  
Garden Grove, CA 92841  
(714) 741-5222  
MagnoliaParkFRC@factoc.org





## MAGNOLIA PARK FAMILY RESOURCE CENTER

### Service Approach:

Magnolia Park Family Resource Center operates with the nationally recognized Five Protective Factors approach. The framework of the Five Protective Factors provides foundation for the use of best practice strategies in strengthening families.

### Five Protective Factors:

- Concrete Support in Times of Need
- Parental Resilience
- Knowledge of Parenting and Child Development
- Social and Emotional Competence of Children
- Social Connections

### MPFRC Partners:

- City of Garden Grove (Lead Agency) \*
- Boys & Girls Clubs of Garden Grove
- Human Options \*
- Community Action Partnership of O.C.
- Families Together Orange County
- Interval House \*
- OC Social Services Agency
- Children's Health Initiative O.C. (CHIOC)
- Healthy Smiles

\*FaCT Funded Partner



**BLACK  
FRIDAY  
- GOES -  
BiGG  
WITH CHANCES TO  
WIN**



Shoppers who save their Garden Grove receipts from Black Friday, November 24 through Thursday, December 14, can win "BiGG" while supporting local businesses.

Visit [ggcity.org/big](http://ggcity.org/big)  
or [gardengrovechamber.com](http://gardengrovechamber.com)



Winter  
IN THE  
Grove

Saturday, December 2, 2023

3:00 p.m. - 7:00 p.m. 🌿 Village Green Park  
12732 Main Street, Garden Grove

*Free Refreshments and Kids' Activities*

Food available for purchase



Crafters Boutique · Snow Slides · Santa & Mrs. Claus · Tree Lighting



[ggcity.org/winterinthegrove](http://ggcity.org/winterinthegrove)  
(714) 741-5200



# BOUTIQUE CRAFTERS WANTED



Saturday, December 2, 2023

3:00 p.m. - 7:00 p.m.

Village Green Park, 12732 Main St. Garden Grove



- ❄ Handmade Items
- ❄ Jewelry
- ❄ Floral Decorations
- ❄ Wreaths
- ❄ Ceramics/Pottery
- ❄ Purses/Handbags
- ❄ Soaps/Oils/Lotions
- ❄ Candles and more!

**Applications will be accepted now until  
Friday, November 10, 2023**



For more information and to inquire about the application, policy, and waivers, please visit [ggcity.org/winterinthegrove](http://ggcity.org/winterinthegrove) and/or call 714-741-5242.

# CLASS REGISTRATION

## Register Early!!

- Registration begins Wednesday, August 9, 2023
- Pay by cash, check, money order, or credit card
- Make checks payable to "City of Garden Grove"

Recreation Office Hours:

Monday – Thursday, 7:30 a.m. to 5:30 p.m.

For questions, please call the Community Services Department at (714) 741-5200.

- 1. Online:**  
Refer to "Step-by-Step Instructions."
- 2. Mail-In:**  
Complete "Class Registration" form and mail to:  
  
Community Services Department  
P.O. Box 3070, Garden Grove, CA 92842.  
  
Please enclose a self-addressed, stamped envelope with your payment.
- 3. Walk-In:**  
City of Garden Grove  
Community Services Department  
Recreation Counter, 11222 Acacia Pkwy.  
(off Euclid, north of Garden Grove Blvd.)

## ReGGister Online

### Step-by-Step Instructions

To access ReGGister Online, go to the City of Garden Grove's homepage at [www.ggparksandrec.com](http://www.ggparksandrec.com) and click on the "ReGGister Online" link. Instructions are also available in Spanish and Vietnamese.

#### Step One

**PLEASE MAKE ONE ACCOUNT PER GROUP BY ADDING MEMBERS TO PRIMARY CLIENT!**

Create an account by clicking on "create your account here" and filling in the fields that appear. A password will be emailed to you through the email address you provide while creating this account.

**Note:** If you have an existing account with the City, the password will be emailed to the email address on file. If the email is no longer in use and the information needs to be updated, please call (714) 741-5200 for assistance.

#### Step Two

Click the "Login" tab at the top of the page and use the password emailed to you to log in. You will have the option to create a new password once you log in.

#### Step Three

At this point, you can either add classes to your cart or add group members to your account.

**Note:** All group members should be added to PRIMARY CLIENT'S account BEFORE adding classes to your cart.

#### Step Four

To complete registration, please print the "Liability Waiver" to bring to the instructor at the first class meeting. Input your credit card payment for registration processing.

Publication of this schedule does not ensure enrollment to all who apply. The Community Services Department reserves the right to cancel classes because of insufficient starting enrollment or a decline in the enrollment after the class has started and to close further enrollment when a class is filled.

Many classes have limited enrollment, and registration is taken on a first-come, first-served basis. All individuals registering for courses must have reached the minimum age requirement prior to the first class meeting.

**There is a \$5 processing fee for each refund, unless a class is cancelled due to low enrollment. In that case, a full refund will be issued.**

Refunds will be processed within 4-6 weeks.

# CLASS REGISTRATION



City of Garden Grove  
Community Services Department  
Recreation and Human Services Division  
**Class Registration Form  
Liability Waiver**

Revised 06-25-2020  
Receipt #: \_\_\_\_\_

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Primary Phone: (\_\_\_\_) \_\_\_\_\_ Secondary Phone: (\_\_\_\_) \_\_\_\_\_  
 Email Address: \_\_\_\_\_

Participant's Name	Date of Birth	Class #	Name of Class	Fee
<b>Total fees</b>				

**There is a \$5 processing fee for each refund, unless a class is cancelled due to low enrollment. In that case, a full refund will be issued.**

As part of our commitment to the "Americans with Disabilities Act" and our participants, are there any special accommodations needed for your participation in the above activities? Yes: \_\_\_\_\_ No: \_\_\_\_\_

**NOTE:** The Community Services Department is not responsible for children waiting before or after class time. Small children shall not remain in adult classes during instruction periods. All programs, schedules, instructors, and fees are correct to the latest possible minute before publication and are subject to change including cancelation without public notice.

**RELEASE, WAIVER OF LIABILITY, INDEMNITY AGREEMENT & CONSENT TO PHOTOGRAPH & VIDEO FORM**

IN CONSIDERATION of being permitted to participate or engage in City of Garden Grove ("City") recreation programs, events or activities, or to use City facilities or equipment, the undersigned, on behalf of himself/herself, and on behalf any minors in the legal custody of the undersigned, and on behalf of any personal representatives, heirs, assigns, and next of kin (collectively "Participant"), hereby agrees to the fullest extent permitted by law to release, waive, hold harmless and covenant not to sue the City, its directors, officers, employees, and agents (collectively "Releasees") from any and all suits, claims, damages, losses, injuries, illness (including property damage, bodily injury or death), and any other compensable loss of any type (collectively "Claims") pertaining to, related to, or arising directly or indirectly out of Participant's participation in the programs, events, or activities, or use of City facilities or equipment, even though the Claims may arise out of negligence or carelessness on the part of the Releasees, or out of a dangerous or defective condition of property or equipment of the City. This release does not apply to the extent such Claims are caused by the gross negligence or willful or wanton misconduct of the Releasees. The Participant further agrees to defend and indemnify the Releasees from any Claims directly or indirectly arising out of the Participant's participation in the programs, events, activities, or use of City facilities or equipment, and his/her acts or omissions.

Participant acknowledges that the activities involve known and unanticipated risks which could result in bodily or emotional injury, illness, death and/or property damage and understands that risks of injury, illness or property damage simply cannot be eliminated, despite the use of safety equipment or measures, without jeopardizing the essential qualities of the activity. Participant assumes full responsibility and risk of bodily injury, illness, death, or property damage arising out of or related to the activity and consents to treatment and all medical care deemed necessary resulting from said treatment.

Participant further consents to voluntary participation and grants the City the right to videotape or photograph his/her participation in the activities in which he/she participates and to use the videos or photographs in future City publicity and understands that Participant will not receive any compensation for such.

Participant agrees that the foregoing RELEASE, WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the laws of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. Participants of virtual recreation classes acknowledge they are responsible for ensuring their environment is safe/free from obstructions and that any use of third-party applications (e.g., Zoom, Instagram, etc.) at their own security risk.

**Applicable if Participant is a minor:** I am the parent/legal guardian of the Participant, and I hereby execute this Release on his/her behalf.

I CERTIFY THAT I HAVE READ, UNDERSTOOD, AND AGREE TO THIS RELEASE, WAIVER OF LIABILITY, INDEMNITY AGREEMENT & CONSENT TO PHOTOGRAPH & VIDEO.

\_\_\_\_\_  
Print Name of Participant

\_\_\_\_\_  
Print Name of Parent/Guardian (for Minors)

\_\_\_\_\_  
Signature of Participant or Parent/Guardian (for Minors)

\_\_\_\_\_  
Date