

December 2025

H. Louis Lake Senior Center
 11300 Stanford Avenue, Garden Grove, CA 92840
 (714) 741-5253
 Hours: Monday-Friday 8:30am-3:30pm
 Saturday-Sunday: CLOSED
Community Calendar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9:00 AM - 11:00 AM FHF Clinic 9:30 AM - 10:30 AM Money Wise Mondays 10:00 AM - 11:00 AM Tai Chi 11:30 AM - 12:30 PM MoW Lunch Café 1:00 PM - 3:00 PM Paint Ceramics 1:00 PM - 3:15 PM Practical Computer Skills	2 9:00 AM - 9:30 AM Bracken's Breakfast 9:30 AM - 11:00 AM Self Defense 10:00 AM - 11:00 AM Mejor Juntos 11:30 AM - 12:30 PM MoW Lunch Cafe 1:30 PM - 2:30 PM Balance & Mobility	3  9:00 AM - 11:00 AM Tree Trimming 10:15 AM - 11:30 AM Chair Yoga 11:30 AM - 12:30 PM MoW Lunch Café 12:30 PM - 1:30 PM Winter Wellness 1:00 PM - 3:00 PM Pinochle	4 9:45 AM - 11:15 AM Bingo 10:00 AM - 11:00 AM Mat Yoga 11:30 AM - 12:30 PM MoW Lunch Café 12:00 PM - 1:00 PM Caring Connections 1:30 PM - 2:30 PM Balance & Mobility 1:30 PM - 2:30 PM Aerobic Training	5 9:00 AM - 10:00 AM Yarn Club 10:00 AM - 11:15 AM Chair Yoga 11:30 AM - 12:30 PM MoW Lunch Café 1:30 PM - 3:00 PM Line Dancing
8 9:30 AM - 10:30 AM Money Wise Mondays 10:00 AM - 11:00 AM Tai Chi 11:30 AM - 12:30 PM MoW Lunch Café 1:00 PM - 3:00 PM Paint Ceramics 1:00 PM - 3:15 PM Practical Computer Skills	9 9:00 AM - 9:30 AM Bracken's Breakfast 9:30 AM - 11:00 AM Self Defense 10:00 AM - 11:00 AM Mejor Juntos 11:30 AM - 12:30 PM MoW Lunch Cafe 1:30 PM - 2:30 PM Balance & Mobility	10  9:00 AM - 11:00 AM Legal Aid 9:30 am - 11:30 am CalOptima PACE 10:15 AM - 11:30 AM Chair Yoga 11:30 AM - 12:30 PM MoW Lunch Café 12:30 PM - 1:30 PM Winter Wellness 1:00 PM - 3:00 PM Pinochle	11 9:45 AM - 11:15 AM Bingo 10:00 AM - 11:00 AM Mat Yoga 11:30 AM - 12:30 PM MoW Lunch Café 12:00 PM - 1:00 PM Caring Connections 1:30 PM - 2:30 PM Balance & Mobility 1:30 PM - 2:30 PM Aerobic Training	12  9:00 AM - 10:00 AM Yarn Club 9:30 AM - 11:00 AM Winter Cookie Decorating 10:00 AM - 11:15 AM Chair Yoga 11:30 AM - 12:30 PM MoW Lunch Café 1:30 PM - 3:00 PM Line Dancing
15 9:30 AM - 10:30 AM Money Wise Mondays 10:00 AM - 11:00 AM Tai Chi 11:30 AM - 12:30 PM MoW Lunch Café 1:00 PM - 3:00 PM Paint Ceramics	16  9:00 AM - 9:30 AM Bracken's Breakfast 9:30 AM - 11:30 AM Holiday Movie Day 10:00 AM - 11:00 AM Mejor Juntos 11:30 AM - 12:30 PM MoW Lunch Cafe 1:30 PM - 2:30 PM Balance & Mobility	17 11:15 AM - 11:30 AM Birthday Celebration 11:30 AM - 12:30 PM MoW Lunch Café 12:30 PM - 1:30 PM Winter Wellness 1:00 PM - 3:00 PM Pinochle 	18  9:00 AM - 2:30 PM CHIOC 9:45 AM - 11:15 AM Bingo 10:00 AM - 11:00 AM Mat Yoga 11:30 AM - 12:30 PM MoW Lunch Café 12:00 PM - 1:00 PM Caring Connections 1:30 PM - 2:30 PM Balance & Mobility	19 9:00 AM - 10:00 AM Yarn Club 11:30 AM - 12:30 PM MoW Lunch Café 1:30 PM - 3:00 PM Line Dancing
22 9:30 AM - 10:30 AM Money Wise Mondays 10:00 AM - 11:00 AM Tai Chi 11:30 AM - 12:30 PM MoW Lunch Café 1:00 PM - 3:00 PM Paint Ceramics	23  9:00 AM - 9:30 AM Bracken's Breakfast 9:30 AM - 11:00 AM Holiday Karaoke 10:00 AM - 11:00 AM Mejor Juntos 11:30 AM - 12:30 PM MoW Lunch Cafe 1:30 PM - 2:30 PM Balance & Mobility	24 CLOSED 	25 CLOSED 	26 CLOSED 
29 CLOSED 	30 CLOSED 	31 CLOSED 	What's New - We are closed from December 24th through January 1st for the Holidays. - All SAC fall classes (Chair Yoga, Self Defense, Aerobic Training, and Practical Computer Skills) will end by Friday, December 12. Spring classes will begin Monday, January 12, 2026.	