

December 2024

H. Louis Lake Senior Center
 11300 Stanford Avenue, Garden Grove, CA 92840
 (714) 741-5253
 Hours: Monday-Friday 8:30am-3:30pm
 Saturday-Sunday: CLOSED
Community Calendar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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2 10:00 a.m.-11:00 a.m. Tai Chi 11:30 a.m.-12:30 p.m. MoW Lunch Café 1:00 p.m. - 3:00 p.m. Paint Ceramics	3 9:00 a.m.-10:00 a.m. Bracken's Breakfast 9:00 a.m.-11:00 a.m. Practical Computer & Internet Skills 10:00 a.m.-11:00am Mejor Juntos 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Balance & Mobility	4 9:00am-10:00am Words of Wisdom 9:00 am-11:00 am Tree Trimming 10:00am-11:15am Chair Yoga 11:30am-12:30pm MoW Lunch Café 12:30pm-1:30 Winter Wellness 1:00pm-3:00pm Pinochle	5 9:45am-11:15am Bingo 11:30am-12:30pm MoW Lunch Café NO Fit Body Fit Mind 1:30pm-2:30pm Balance & Mobility	6 9:00am-10:00am Yarn Club 10:00am-11:15am Chair Yoga 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm ESL Class NO Line Dancing
9 10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Paint Ceramics	10 9:00am-10:00am Bracken's Breakfast 9:00am-11:00am Practical Computer & Internet Skills 9:30am-11:00am Holiday Karaoke 10:00am-11:00am Mejor Juntos 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Balance & Mobility 2:30pm-3:30pm HOAG	11 9:00am-10:00am Words of Wisdom 10:00am-11:15am Chair Yoga 11:30am-12:30pm MoW Lunch Café 12:30pm-1:30pm Winter Wellness 1:00pm-3:00pm Pinochle	12 9:00am-3:30pm CHIOC 9:45am-11:15am Bingo 11:30am-12:30pm MoW Lunch Café NO Fit Body Fit Mind 1:30pm-2:30pm Balance & Mobility	13 9:00am-10:00am Yarn Club 10:00am-11:15am Chair Yoga 11:30am-12:30pm MoW Lunch Café 12:15pm-1:00pm GGHS Holiday Carolers 1:00pm-3:00pm ESL Class NO Line Dancing
16 9:00am-10:30am Cocoa with GGPD 10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Paint Ceramics	17 9:00am-10:00am Bracken's Breakfast 9:00am-11:00am Holiday Movie NO Practical Computer & Internet Skills 10:00am-11:00am Mejor Juntos 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Balance & Mobility	18 9:00am-10:00am Words of Wisdom NO Chair Yoga 11:30am-12:30pm MoW Lunch Café 12:30pm-1:30pm Winter Wellness 1:00pm-3:00pm Legal Aid 1:00pm-3:00pm Pinochle	19 9:45am-11:15am Bingo 11:30am-12:30pm MoW Lunch Café 1:30pm-2:30pm Fit Body Fit Mind 1:30pm-2:30pm Balance & Mobility	20 9:00am-10:00am Yarn Club NO Chair Yoga 11:30am-12:30pm MoW Lunch Café NO ESL Class NO Line Dancing 2:30pm-7:00pm Capistrano Lights Trip
23 10:00am-11:00am Tai Chi 11:30am-12:30pm MoW Lunch Café 1:00pm-3:00pm Paint Ceramics	24 CLOSED 	25 CLOSED 	26 CLOSED 	27 CLOSED

happy holidays



What's New

- We are closed from December 24th until January 1st for the holidays.
- **No Fit Body Fit Mind December 5th and December 12th.**
- There are no Chair Yoga or Practical Computer & Internet Skills classes the week of the 17th.
- **No Line Dancing all month.**