

# August 2024

**H. Louis Lake Senior Center**  
 11300 Stanford Avenue, Garden Grove, CA 92840  
 (714) 741-5253  
 Hours: Monday-Friday 8:30am-3:30pm  
 Saturday-Sunday: CLOSED  
**Community Calendar**

Updated 8/20/2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
--------	---------	-----------	----------	--------

<p><b>What's New</b></p> <ul style="list-style-type: none"> <li>• Game Day on August 7th</li> <li>• Ice Cream Social on August 28th</li> <li>• Luau Dance on August 29th</li> <li>• Fit Body Fit Mind on break: August 15th-October 10th</li> <li>• Crochet class canceled as of August 16th&gt;Yarn Club has taken its place</li> <li>• ESL Class begins</li> </ul>				
<p><b>5</b></p> <p>10:00am-11:00am Tai Chi                  11:30am-12:30pm MoW Lunch Café                  1:00pm-3:00pm Paint Ceramics</p>	<p><b>6</b></p> <p>9:00am-10:00am Bracken's Breakfast  <b>9:30am-10:30am iPad Class</b>                  11:30am-12:30pm MoW Lunch Café                  1:30pm-2:30pm Balance &amp; Mobility</p>	<p><b>7</b></p> <p>9:00am-10:00am Words of Wisdom  <b>NO Chair Yoga</b>  <b>9:00am-11:00am Intergenerational Game Day</b>                  11:30am-12:30pm MoW Lunch Café                  1:00pm-3:00pm Pinochle</p>	<p><b>1</b></p> <p>9:45am-11:15am Bingo                  11:30am-12:30pm MoW Lunch Café                  1:30pm-2:30pm Fit Body Fit Mind                  1:30pm-2:30pm Balance &amp; Mobility</p>	<p><b>2</b></p> <p>9:00am-10:00am Crochet Class                  10:15am-11:15am Chair Yoga                  11:30am-12:30pm MoW Lunch Café  <b>NO Line Dancing</b></p>
<p><b>12</b></p> <p><b>9:30am-11:30am Craft</b>  <b>NO Tai Chi</b>                  11:30am-12:30pm MoW Lunch Café                  1:00pm-3:00pm Paint Ceramics</p>	<p><b>13</b></p> <p>9:00am-10:00am Bracken's Breakfast                  11:30am-12:30pm MoW Lunch Café                  1:30pm-2:30pm Balance &amp; Mobility</p>	<p><b>14</b></p> <p>9:00am-10:00am Words of Wisdom  <b>9:00am-10:00am Mejor Juntos</b>  <b>NO Chair Yoga</b>                  11:30am-12:30pm MoW Lunch Café                  1:00pm-3:00pm Pinochle</p>	<p><b>8</b></p> <p>9:45am-11:15am Bingo  <b>11:00am-11:30am Saimi's Dedication</b>                  11:30am-12:30pm MoW Lunch Café                  1:30pm-2:30pm Fit Body Fit Mind                  1:30pm-2:30pm Balance &amp; Mobility</p>	<p><b>9</b></p> <p><b>9:00am-10:00am Crochet Class (Last Day)</b>  <b>NO Chair Yoga</b>                  11:30am-12:30pm MoW Lunch Café  <b>NO Line Dancing</b></p>
<p><b>19</b></p> <p>10:00am-11:00am Tai Chi                  11:30am-12:30pm MoW Lunch Café                  1:00pm-3:00pm Paint Ceramics</p>	<p><b>20</b></p> <p>9:00am-10:00am Bracken's Breakfast  <b>9:00am-11:00am Practical Computer &amp; Internet Skills</b>                  11:30am-12:30pm MoW Lunch Café                  1:30pm-2:30pm Balance &amp; Mobility  <b>2:30pm-7:00pm Duffy Boat Field Trip</b></p>	<p><b>21</b></p> <p>9:00am-10:00am Words of Wisdom                  10:00am-11:15am Chair Yoga                  11:30am-12:30pm MoW Lunch Café                  1:00pm-3:00pm Pinochle</p>	<p><b>15</b></p> <p><b>9:00am - 3:30pm CHIOC</b>                  9:45am-11:15am Bingo                  11:30am-12:30pm MoW Lunch Café  <b>NO Fit Body Fit Mind</b>                  1:30pm-2:30pm Balance &amp; Mobility</p>	<p><b>16</b></p> <p><b>9:00am-10:00am Yarn Club</b>  <b>NO Chair Yoga</b>                  11:30am-12:30pm MoW Lunch Café  <b>NO Line Dancing</b></p>
<p><b>26</b></p> <p>10:00am-11:00am Tai Chi                  11:30am-12:30pm MoW Lunch Café                  1:00pm-3:00pm Paint Ceramics</p>	<p><b>27</b></p> <p>9:00am-10:00am Bracken's Breakfast  <b>9:00am-11:00am Practical Computer &amp; Internet Skills</b>  <b>9:30am-11:00am Karaoke</b>                  11:30am-12:30pm MoW Lunch Café                  1:30pm-2:30pm Balance &amp; Mobility  <b>2:30pm-3:30pm HOAG</b></p>	<p><b>28</b></p> <p>9:00am-10:00am Words of Wisdom  <b>9:00am-10:00am Mejor Juntos</b>                  10:00am-11:15am Chair Yoga  <b>11:15am-11:30am Birthday Celebration</b>                  11:30am-12:30pm MoW Lunch Café  <b>11:45am Ice Cream Social</b>                  1:00pm-3:00pm Pinochle  <b>1:00pm-3:00pm Legal Aid</b></p>	<p><b>22</b></p> <p>9:45am-11:15am Bingo                  11:30am-12:30pm MoW Lunch Café  <b>NO Fit Body Fit Mind</b>  <b>1:30pm-2:30pm Fitness Fusion</b>                  1:30pm-2:30pm Balance &amp; Mobility</p>	<p><b>23</b></p> <p><b>9:00am-10:00am Yarn Club</b>                  10:00am-11:15am Chair Yoga                  11:30am-12:30pm MoW Lunch Café  <b>1:00pm-3:00pm ESL Class</b>  <b>NO Line Dancing</b></p>
<p><b>29</b></p> <p>9:45am-11:15am Bingo                  11:30am-12:30pm MoW Lunch Café  <b>NO Fit Body Fit Mind</b>  <b>NO Fitness Fusion</b>  <b>NO Balance &amp; Mobility</b>  <b>5:00pm-8:00pm Luau Dance</b></p>				