

# APRIL 2026

**H. Louis Lake Senior Center**  
 11300 Stanford Avenue, Garden Grove, CA 92840  
 (714) 741-5253  
 Hours: Monday-Friday 8:30am-3:30pm  
 Saturday-Sunday: CLOSED  
**Community Calendar**



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### What's New

- **Spring Celebration is on the 1st.**
- **AMC Field Trip to the movies is on the 7th.**
- **Spring Cookie Decorating is on the 10th.**
- **CAPOC Financial Classes are on the 20th, 22nd, and 24th.**
- **OC Public Library will be here on the 22nd.**


**1**  
 9:00am-11:00am **Spring Celebration**  
 10:15am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Pinochle

**2**  
 9:45am-11:15am Bingo  
**NO Mat Yoga**  
 11:30am-12:30pm MoW Lunch Café  
**NO Caring Connections**  
 1:30pm-2:30pm Balance & Mobility  
 1:30pm-2:30pm Aerobic Training

**3**  
 9:00am-10:00am Mindfulness Walking  
 9:00am-11:00am Yarn Club  
 10:15am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-3:00pm Line Dancing

**6**  
 9:00am-10:15am Seeds of Remembrance  
 10:00am-11:00am Tai Chi  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Paint Ceramics  
**NO Mobile Device Literacy**

**7**  
 9:00am-10:00am Bracken's Breakfast  
**NO Active Aging**  
 10:00am-11:00am Mejor Juntos  
 11:30am-12:30pm MoW Lunch Café  
**12:00pm-4:30pm AMC Field Trip**  
 1:30pm-2:30pm Balance & Mobility

**8**   
 9:00am-11:00am **Legal Aid**  
**NO Chair Yoga**  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Pinochle


**9**  
 9:45am-11:15am Bingo  
 10:00am-11:00am Mat Yoga  
 11:30am-12:30pm MoW Lunch Café  
 12:15pm-1:00pm Caring Connections  
 1:30pm-2:30pm Balance & Mobility  
**NO Aerobic Training**

**10**  
 9:00am-10:00am Mindfulness Walking  
 9:00am-11:00am Yarn Club  
**9:30am-11:00am Spring Cookie Decorating**  
**NO Chair Yoga**  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-3:00pm Line Dancing

**13**  
 9:00am-10:15am Seeds of Remembrance  
 10:00am-11:00am Tai Chi  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Paint Ceramics  
 1:00pm-2:40pm Mobile Device Literacy

**14**  
 9:00am-10:00am Bracken's Breakfast  
 9:30am-10:45am Active Aging  
 10:00am-11:00am Mejor Juntos  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-2:30pm Balance & Mobility

**15**  
 10:15am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Pinochle

**16**   
**9:00am-2:30pm - CHIOC**  
 9:45am-11:15am Bingo  
 10:00am-11:00am Mat Yoga  
 11:30am-12:30pm MoW Lunch Café  
 12:15pm-1:00pm Caring Connections  
 1:30pm-2:30pm Balance & Mobility  
 1:30pm-2:30pm Aerobic Training

**17**  
 9:00am-10:00am Mindfulness Walking  
 9:00am-11:00am Yarn Club  
 10:15am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-3:00pm Line Dancing

**20**  
**9:00am-10:00am CAPOC Financial Class**  
 9:00am-10:15am Seeds of Remembrance  
 10:00am-11:00am Tai Chi  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Paint Ceramics  
 1:00pm-2:40pm Mobile Device Literacy

**21**   
 9:00am-10:00am Bracken's Breakfast  
 9:30am-10:45am Active Aging  
 10:00am-11:00am Mejor Juntos  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-2:30pm Balance & Mobility

**22**  
**9:00am-10:00am CAPOC Financial Class**  
**10:00am-11:30am OCPL Mobile Library**  
 10:15am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Pinochle

**23**  
 9:45am-11:15am Bingo  
 10:00am-11:00am Mat Yoga  
 11:30am-12:30pm MoW Lunch Café  
 12:15pm-1:00pm Caring Connections  
 1:30pm-2:30pm Balance & Mobility  
 1:30pm-2:30pm Aerobic Training

**24**  
**9:00am-10:00am CAPOC Financial Class**  
 9:00am-10:00am Mindfulness Walking  
 9:00am-11:00am Yarn Club  
 10:15am-11:15am Chair Yoga  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-3:00pm Line Dancing

**27**  
 9:00am-10:15am Seeds of Remembrance  
 10:00am-11:00am Tai Chi  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Paint Ceramics  
 1:00pm-2:40pm Mobile Device Literacy

**28**  
 9:00am-10:00am Bracken's Breakfast  
 9:30am-10:45am Active Aging  
**9:30am-11:00am Karaoke**  
 10:00am-11:00am Mejor Juntos  
 11:30am-12:30pm MoW Lunch Café  
 1:30pm-2:30pm Balance & Mobility

**29**  
 10:15am-11:15am Chair Yoga  
**11:15am-11:30am Birthday Celebration**  
 11:30am-12:30pm MoW Lunch Café  
 1:00pm-3:00pm Pinochle

**30**  
 9:45am-11:15am Bingo  
 10:00am-11:00am Mat Yoga  
 11:30am-12:30pm MoW Lunch Café  
 12:15pm-1:00pm Caring Connections  
 1:30pm-2:30pm Balance & Mobility  
 1:30pm-2:30pm Aerobic Training

