

Garden Grove

PARKS & RECREATION GUIDE

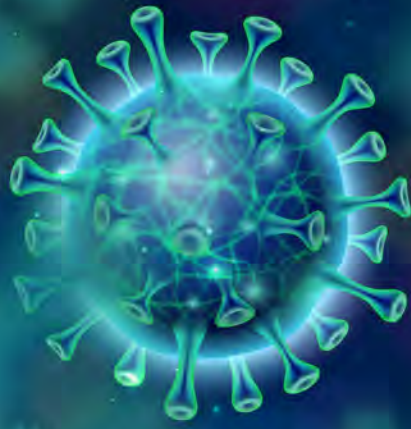
Winter/Spring 2021



**Parks
Make
Life
Better!**

www.ggparksandrec.com





DUE TO THE COVID-19 PANDEMIC

**ALL CITY EVENTS, CLASSES, PROGRAMS,
AND PARKS & AMENITIES GUIDELINES
ARE SUBJECT TO CHANGE DUE TO THE
COVID-19 PANDEMIC.**

Please visit ggcity.org/coronavirus
for the most current information on events,
classes, and park facilities.

**Visit our Virtual Recreation Center at ggcity.org/virtualrec
for activities to keep you engaged, active, and happy at home!**



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Facilities and Parks map can be viewed at ggcity.org/parks

Program Spotlight

Skyhawks teaches life skills through sports with coaches who are both highly qualified and passionate!

Skyhawks recruits high school varsity and college-age athletes who have demonstrated an exceptional ability to communicate and work with children. Coaches and directors have participated in their respective sports at either a high school or college level. All coaches must complete: a personal interview, background check, classroom and on-field training, Positive Coaching Alliance Double-Goal Coach® certification, a coaches test, and must be first-aid and CPR certified.



Park Buildings, Picnic Pavilion and Park Shelters

Looking for the perfect park location to hold an event? Whether you are planning a meeting for ten or a birthday party for 50, the City of Garden Grove has a place to suit your needs. Choose from several different locations that include a picnic pavilion, park buildings, and park shelters.

For a list of approved jumper companies or more information about renting a park facility, please call (714) 741-5200.

CLOSED FOR RENTALS DUE TO COVID-19 RESTRICTIONS

Garden Grove Parks and Amenities	Total Acres (Approx.)	Play Area	Reservable Building (maximum occupancy)	Reservable Picnic Area (maximum occupancy)	Restrooms	Open Field Space	Tennis Courts	Basketball Courts	Volleyball	Ball Diamond	Pool Facility	Horseshoe Pits	Hockey Rink(s)	Exercise Equipment	Racquetball Courts	BBQ	Dog Park	Skate Spot	Indoor Soccer Arena
Atlantis Play Center 13630 Atlantis Way	4	•		200	•														
Bicentennial Park (Spirit of '76) Brookhurst Street & Lampson Avenue	1/4																		
Chapman Sports Complex 11700 Knott Avenue (GGUSD)	11	•			•	•	•	•		•			•		•				
Civic Center Park Euclid Street & Acacia Parkway	4													•					
Eastgate Park 12001 St. Mark Street	5	•		50	•			•			•			•		•			
Edgar Park 12781 Topaz Street (GGUSD)	6	•		50		•						•							
Faylane Park 11700 Seacrest Drive	3	•		50				•				•				•			
Garden Grove Park 9301 Westminster Avenue	36	•	40	150	•	•		•	•	•				•		•	•	•	•
Gutosky Park 9201 Ferris Lane	2	•		50															
Hare School Park 12012 Magnolia Street (GGUSD)	14					•				•									
Haster Basin 12952 Lampson Avenue (County)	22	•		N/A	•	•													
Jardin De Los Niños 12534 Keel Avenue	1/2							•						•					
Magnolia Park 11402 Magnolia Street	6	•	40	50	•		•	•			•			•	•				
Morningside School Park 10468 Morningside Drive (GGUSD)	1																		
Pioneer Park 12722 Chapman Avenue (GGUSD)	4	•				•													•
Shelley Kensington Park Shelley Drive & Kensington Lane	1/4	•						•											
Village Green Park 12732 Main Street	7	•	100			•													
West Grove Park 5372 Cerulean Avenue	7	•	40	50	•	•		•								•			
West Haven Park 12252 West Street	10	•	60			•													
Woodbury Park 13800 Rosita Place	4	•			•			•			•								

Garden Grove Community Meeting Center and Garden Grove Courtyard Center are closed until further notice.

- Large/Small Banquet Rooms
 - Full Kitchen Facilities
 - Central OC Location • Park Setting
- Quinceañeras, Weddings, Parties,
Meetings, and More!*

11300 Stanford Avenue
Garden Grove, CA 92840
(714) 741-5262
 ggcity.org



GARDEN GROVE COMMUNITY MEETING CENTER **Bring in this coupon and receive 10% off room fee!**

New bookings only. One per customer. Expires 4/30/21. Does not apply to "Memorial" or "Special Packages."

For rates, call or visit our facility, or website at ggcity.org

Questions? Email us at: events@ggcity.org

Garden Grove Courtyard Center

*Ideal
for:*

- ◆ Birthday Parties
- ◆ Baptism Receptions
- ◆ Dinner Rehearsals
- ◆ Baby Showers
- ◆ Holiday Parties
- ◆ Small Business Meetings
- ◆ Seminars

SPECIAL PACKAGE

Room Rental Rate: \$557.00*

Refundable Damage Deposit: \$250

**Four (4) hour event time. Maximum capacity 80 guests. No alcohol allowed.*

12732 Main Street, Garden Grove, CA 92840 • (714) 741-5262

For more information, call (714) 741-5262 or events@ggcity.org.



Courtyard Center

ATLANTIS Play Center

GENERAL USE:

- \$2 per person admission charge
- Free for children 2 and under
- Adults must be accompanied by a child

BIRTHDAY PARTIES/PICNICS:

- Picnic Tables: \$5 rental fee per table, max 14 per day
- Neptune's Pavilion: \$25 per 45 minutes
- For table and pavilion rentals, call the Community Services Department at (714) 741-5200
- For after-hours and exclusive rentals, call the Atlantis Coordinator at (714) 741-5168

Splash pad is only open during the summer

CLOSED
UNTIL FURTHER NOTICE
DUE TO COVID-19



ATLANTIS PLAY CENTER: 13630 ATLANTIS WAY, GARDEN GROVE, 92844 • (714) 892-6015

THE VOICE — of Garden Grove —

What: The Voice of Garden Grove's 10th annual singing competition for local high school students

When: Thursdays in July & August 2021

Where: TBD

AUDITIONS IN SPRING 2021

For more information, visit
www.ggcf.com/thevoice,
email thevoice@ggcity.org,
or call (714) 741-5168.

Congratulations to
our Voice of
Garden Grove 2020,
Makaila Mabry,
and our runner-up,
Eleanor Nicklin!



**Win \$500 CASH,
plus \$500 for your
school's choir program!**



GGCF 1998
#voiceofgg



WEEKLY SCHEDULE

SUNDAY:

Drop-In Badminton \$1-3 5-8 P.M.

MONDAY:

Drop-In Basketball \$1 3-5 P.M.

TUESDAY:

Drop-In Basketball \$1

*Ric's Volleyball Adult League

WEDNESDAY:

Drop-In Basketball \$1

**Drop-In Volleyball \$1-3

THURSDAY:

Drop-In Basketball \$1 3-5 P.M.

Drop-In Volleyball \$1-3 6-9 P.M.

Drop-In Basketball \$1 6-9 P.M.

FRIDAY:

Drop-In Volleyball \$1-3 9:30 A.M.-12:30 P.M.

PRICING

(Unless otherwise noted)

Youth (0-14 years) \$1

Teen (15-17 years) \$2

Adult (18-55 years) \$3

Senior (55+ years) \$1

All times and events are subject to change.

Contact the center for more information.

Garden Grove Sports & Recreation Center is closed until further notice.



Garden Grove Sports & Recreation Center

10000 Garden Grove Blvd., Garden Grove, CA 92844 · (714) 889-5783

(714) 375-5063

Center does not meet June-August and December-March





Aquatics

American Red Cross swimming lessons emphasize the development of swimming skills to promote personal safety, exercise, and social interaction.

Our swim classes are suitable for children ages 3-15. We also offer private lessons suitable for all ages.

Swim classes and private lessons consist of eight 40 minute lessons, Monday through Thursday for two weeks.

- General group lessons are \$60 per student.
- Private lessons start at \$200.

Fees are payable at the time of registration. Major credit cards are accepted.

Registration will be conducted on a first come, first serve basis as class capacity allows.

Spring Aquatics

POOL LOCATION

Gary Hall Pool

12001 St. Mark Street (near Chapman and Valley View)

SPRING ONLINE REGISTRATION

www.ggparksandrec.com

April 14 - May 14

SPRING SWIM SESSION DATES

Session A May 3 – May 13

Session B May 17 – May 27

Summer Aquatics

The 2021 Summer Aquatics Program integrates swimming lessons and recreational swimming at three pool locations throughout the city.

Recreational swim passes, pool rentals, and other swimming opportunities are available.

Pools will open for swim lessons and recreational swimming on Monday, June 14.

If you would like to schedule a rental, or would like more information about the summer program, call (714) 741-5200.

SUMMER SWIM SESSION DATES

Session A . . . June 14 - June 24

Session B . . . June 28 - July 8

Session C . . . July 12 - July 22

Session D . . . July 26 - August 5

Session E . . . August 9 - August 19

Classes are Monday-Thursday, for two weeks.

SUMMER ONLINE REGISTRATION

Sessions A and B May 19

Sessions C and D June 30

Sessions E and F July 21

NOTE: All programs, classes and fees are subject to change or cancel without notice. Should a participant wish to cancel or change a class after the registration process, there will be a \$5 processing fee per class. Refund requests must be made one week prior to the start of the first class or program. Class changes or transfers may only be accommodated if space allows.



Kare Bears

For children who are toilet trained and 3 years old by September 1, 2021

Tiny Tots

For children who are toilet trained and 4 years old by September 1, 2021

These programs provide preschool-age children an opportunity to participate in recreation activities under the direct leadership of a trained instructor. Our goal is to foster growth and development by instilling a sense of self-worth, confidence, and respect through a safe and positive experience.

LOTTERY REGISTRATION FOR GARDEN GROVE RESIDENTS WEDNESDAY, JUNE 2, 2021 *TENTATIVE*

Location to be determined

Numbers will be distributed at 6:00 p.m.

Lottery will begin at 6:15 p.m.

Attending the lottery does not guarantee placement.

Parents are required to assist at three or more classes during the session.

Garden Grove residents must prove their residency using two of the acceptable documents listed below, which must contain the name of the student's parent(s)/legal guardian(s), along with a current Garden Grove address:

- Current utility (gas/electric/water) bill
- Any insurance bill
- Valid driver license or CA state-issued ID
- Current mortgage statement/lease agreement
- Property tax statement

In addition:

- Children may only be registered by a parent(s) or legal guardian(s)
- Must bring child's birth certificate
- Payment is required at time of registration
- No phone-in or mail-in registration will be accepted

Non-residents may register only if there are any openings, on **Thursday, June 3, 2021.**



For Kare Bears & Tiny Tots registration information, call (714) 741-5200



FITNESS

Barre Strength and Stretch Online

Live longer, get stronger! No floor work; stand or sit for the whole class. You will be led through easy-to-follow, head-to-toe exercises that are effective and fun. A chair provides stability while you strengthen muscles to improve your balance, mobility, and circulation. Stretch to increase flexibility and range of motion, and reduce muscle tension.

Instructor: CS Dance Factory

Location: Online Class

Ages: 18+		\$30 / 3 sessions		
V12011	Mo	1/4-1/25	10:15 - 11:00 am	No class 1/18
V12012	Mo	2/1-2/22	10:15 - 11:00 am	No class 2/15
		\$40 / 4 sessions		
V12013	Mo	3/1-3/22	10:15 - 11:00 am	
V12014	Mo	4/5-4/26	10:15 - 11:00 am	

Chair Exercise Online

Keep your body and mind as healthy as you can. Did you know exercise can reverse the signs of aging in your brain when you learn some simple dance steps that can be done sitting in a chair? Chair exercise has easy movements to increase strength and flexibility in your arms, legs, and core muscles. Enjoy listening to energizing music and have a joyful time moving with our uplifting instructors. Geared for older adults, or injury recovery.

Instructor: CS Dance Factory

Location: Online Class

Ages: 18+		\$23 / 3 sessions		
V12090	Mo	1/4-1/25	11:15 am - 12:00 pm	No class 1/18
V12091	Mo	2/1-2/22	11:15 am - 12:00 pm	No class 2/15
		\$30 / 4 sessions		
V12092	Mo	3/1-3/22	11:15 am - 12:00 pm	
V12093	Mo	4/5-4/26	11:15 am - 12:00 pm	

Zumba Gold Online

Did you know that dancing reverses the signs of aging in the brain and body? Discover how you can do this and groove at your own pace in this Zumba Gold dance party workout for the young at heart! Easy-to-follow, low-impact dance steps to a variety of motivating music. Sign up now, get results, and feel the joy!

Instructor: CS Dance Factory

Location: Online Class

Ages: 18+		\$30 / 3 sessions		
V12000	Mo	1/4-1/25	9:00 - 10:00 am	No class 1/18
V12001	Mo	2/1-2/22	9:00 - 10:00 am	No class 2/15
		\$40 / 4 sessions		
V12002	Mo	3/1-3/22	9:00 - 10:00 am	
V12003	Mo	4/5-4/26	9:00 - 10:00 am	

Zumba Kids (Tiny Stars) Online

Your active, curious toddlers will keep busy in this lively, energetic class! Wiggle and groove to fun Latin tunes. Child development meets the magic of Zumba with world rhythms and catchy, kid friendly tunes. Stimulate your toddler's brain with musical patterns, get their wiggles out with high energy movement and dances, sing along to their favorite songs, and play energetic games. Registration includes weekly 30-minute classes viewable any time and as often as you want. All family members may participate. A new link is sent every Monday to a private, password-protected video with the content for that week. Students will require a laptop, computer or tablet, a Google ID, and access to a reliable internet connection.

Instructor: CS Dance Factory

Location: Online Class

Ages: 1-5		\$45 / 3 sessions		
V19006	Mo	1/4-1/25	10:00 - 10:30 am	No class 1/18
V19007	Mo	2/1-2/22	10:00 - 10:30 am	No class 2/15
		\$60 / 4 sessions		
V19008	Mo	3/1-3/22	10:00 - 10:30 am	
V19009	Mo	4/5-4/26	10:00 - 10:30 am	

Zumba Kids Online

Kids rock out while they work out in a Zumba Kids high-energy rockin' dance party packed with specially choreographed, kid-friendly routines. Benefits include improved coordination, increased focus, and self-confidence. Registration includes weekly 30-minute classes viewable any time and as often as you want. All family members may participate. A new link is sent every Monday to a private, password-protected video with the content for that week. Students will require a laptop, computer or tablet, a Google ID, and access to a reliable internet connection.

Instructor: CS Dance Factory

Location: Online Class

Ages: 5-12		\$45 / 3 sessions	
V19001	Mo	1/4-1/25	4:00 - 4:30 pm No class 1/18
V19002	Mo	2/1-2/22	4:00 - 4:30 pm No class 2/15
		\$60 / 4 sessions	
V19003	Mo	3/1-3/22	4:00 - 4:30 pm
V19004	Mo	4/5-4/26	4:00 - 4:30 pm

SPECIAL INTEREST

Anime Drawing

Are you a fan of Japanese anime? If so, this is the camp for you! Explore anime drawing in simple steps and develop your very own anime characters and stories.

Instructor: Creative Brain Learning Staff

Location: Online Class

Ages: 8-15		\$59 / 4 sessions	
V12718	Th	1/7-1/28	4:00 - 5:00 pm
V12719	Th	2/4-2/25	4:00 - 5:00 pm
V12720	Th	3/4-3/25	4:00 - 5:00 pm
V12721	Th	4/8-4/29	4:00 - 5:00 pm

Cartoon Drawing

Students explore the art of cartoon drawing and create their very own cartoon characters and cartoon strips by the end of the 4 week class.

Instructor: Creative Brain Learning Staff

Location: Online Class

Ages: 8-15		\$59 / 4 sessions	
V12722	Th	1/7-1/28	3:00 - 4:00 pm
V12723	Th	2/4-2/25	3:00 - 4:00 pm
V12724	Th	3/4-3/25	3:00 - 4:00 pm
V12725	Th	4/8-4/29	3:00 - 4:00 pm

Mad Science: Secret Spy Science Camp!

This program features fun-filled, hands-on, secret agent themed science activities that allow kids to play detective, explore forensic science, sharpen their surveillance skills, and crack encrypted messages. Kids become super sleuths. Our Mad Scientist will guide your child through 3 hour active virtual lessons (via ZOOM) and INCLUDES delivery of Mad Science projects and additional materials that you will use throughout the class!

Instructor: Mad Science Staff

Location: Online Class

Ages: 5-12		\$195 / 5 sessions	
V14120	MoTuWeThFr	3/29-4/2	1:30 - 4:30 pm

Mad Science: Sense-ational Science!

What makes your hair stand up? Is it a magnet or magic? And just what are carbs, anyway? Kids explore a variety of introductory topics about the wonders of both life and physical sciences. Our Mad Scientist will guide your child through 45-60 minute active virtual lessons (via ZOOM) and INCLUDES delivery of Mad Science Projects and additional materials that you will use throughout the class! We will also email parents a summary card and an extra activity following each week's lesson.

Instructor: Mad Science Staff

Location: Online Class

Ages: 5-12		\$129 / 8 sessions	
V14110	Mo	3/29-5/24	3:00 - 4:00 pm No class 4/5
V14111	We	3/31-5/26	10:00 - 11:00 am No class 4/7
V14112	Fr	4/2-5/28	2:30 - 3:30 pm No class 4/9

COMPUTER PROGRAMMING

Computer Coding

This introduction to computer coding lets participants explore basic concepts of coding. Students will snap together logical coding statements as they would snap together LEGO bricks. Join us for the fun and science, and create your own computer programs.

Instructor: Creative Brain Learning Staff

Location: Online Class

Ages: 6-10		\$59 / 4 sessions	
V12710	Tu	1/5-1/26	3:00 - 4:00 pm
V12711	Tu	2/2-2/23	3:00 - 4:00 pm
V12712	Tu	3/2-3/23	3:00 - 4:00 pm
V12713	Tu	4/6-4/27	3:00 - 4:00 pm

Video Game Design

You play them, now learn how to create them! Working in teams, students will develop and program their own video games that they can take home and play. Have fun learning to create your own 3D video games and share them with the world.

Instructor: Creative Brain Learning Staff

Location: Online Class

Ages: 6-10		\$59 / 4 sessions	
V12714	Tu	1/5-1/26	4:00 - 5:00 pm
V12715	Tu	2/2-2/23	4:00 - 5:00 pm
V12716	Tu	3/2-3/23	4:00 - 5:00 pm
V12717	Tu	4/6-4/27	4:00 - 5:00 pm

Game Development and Design

Learn programming with game development. Build your own game without limits. Create your own games and turn your ideas into reality with Roblox Studio. This program is designed in a way that helps students implement game logic and creativity, understand the principles and foundations of computer algorithms, and lay the foundation for advanced programming learning. It's a scripting type programming language.

Instructor: Coding Minds Inc. Instructor

Location: Online Class

Ages: 10-15		\$125 / 5 sessions	
V10500	Fr	1/8-2/5	4:00 - 5:00 pm
V10501	Fr	2/12-3/12	4:00 - 5:00 pm
V10502	Fr	3/19-4/16	4:00 - 5:00 pm

Online MIT Scratch

Scratch is a visual-based programming language. It develops computational thinking and programming skills, which are important in today's society. Kids gain confidence as they learn how to solve problems using programming. Scratch perfectly integrates concepts into animations and game development. Kids can make their own stories and projects, and visualize their creativity.

Instructor: Coding Minds Inc. Instructor

Location: Online Class

Ages: 4.5-7.5		\$125 / 5 sessions	
V10509	Fr	1/8-2/5	4:00 - 5:00 pm
V10600	Fr	2/12-3/12	4:00 - 5:00 pm
V10601	Fr	3/19-4/16	4:00 - 5:00 pm

Online Minecraft MakeCode Programming

Minecraft is a fun game for kids to play, but MakeCode makes learning code a lot more fun when exploring the Minecraft world. Kids will learn professional programming concepts while playing and making changes to the Minecraft game. This class helps develop computational thinking and programming skills which are important in today's society. Kids will gain confidence as they learn how to solve problems using programming.

Instructor: Coding Minds Inc. Instructor

Location: Online Class

Ages: 6.5-9.5		\$125 / 5 sessions	
V10505	Fr	1/8-2/5	5:00 - 6:00 pm
V10506	Fr	2/12-3/12	5:00 - 6:00 pm
V10507	Fr	3/19-4/16	5:00 - 6:00 pm

PRESCHOOL CLASSES

Baby's First Yoga, Dance & Tumbling Class

This class presents an easy and fun way to introduce your child to yoga through baby-friendly yoga poses and age appropriate tumbling skills. A \$5 materials fee is due at the first class.

Instructor: Dawna Ludwig

Location: Westminster Community Center

Ages: 6 mos - 1 yr		\$42 / 5 sessions	
12983	Mo	1/25-3/1	1:50 - 2:20 pm
12984	Mo	3/8-4/5	1:50 - 2:20 pm

No class 2/15

Location: Garden Grove Sports and Recreation Center

		\$49 / 5 sessions	
12980	Sa	1/9-2/6	10:40 - 11:10 am
12981	Sa	2/13-3/13	10:40 - 11:10 am
12982	Sa	3/20-4/17	10:40 - 11:10 am

Preschool Play and Practice

Imagine your child learning award-winning children's literature, songs, arts and crafts, and many more new ideas. Each class is based on a different theme and includes cutting, pasting, coloring, and more importantly, interacting with other children. A \$5 materials fee is due at the first class.

Instructor: Dawna Ludwig

Location: Westminster Community Center

Ages: 1-4		\$42 / 5 sessions	
13334	Mo	1/25-3/1	2:20 - 3:00 pm
13335	Mo	3/8-4/5	2:20 - 3:00 pm

No class 2/15

Location: Garden Grove Sports and Recreation Center

		\$49 / 5 sessions	
13331	Sa	1/9-2/6	10:00 - 10:40 am
13332	Sa	2/13-3/13	10:00 - 10:40 am
13333	Sa	3/20-4/17	10:00 - 10:40 am



VOLUNTEER COACHES... WE NEED YOU!!!

Volunteers are needed to coach and/or assist with teams in our youth basketball program. Without such volunteers, this program would not exist. If you have a few hours a week, enjoy working with kids, and know something about the game of basketball, please inform staff at the time of registration, or call (714) 741-5200.

YOUTH SPORTS

Mini Summer Basketball

\$50 / child

Ages: Youth born in 2015-2016

This is an instructional program where kids will learn dribbling, passing, rebounding, and shooting at lowered baskets with a small ball. Participants will meet on Saturdays for 40 minute classes for six weeks at the Garden Grove Sports and Recreation Center. Classes will run late June through late July. Program includes an award, t-shirt, and coaching instruction. No skills testing required.



Youth Summer Basketball

\$50 / child

Ages: Youth born in 2007-2014

Location: Garden Grove Sports and Recreation Center

Leagues:

Co-ed "D" Division	Born in 2013-2014
Co-ed "C" Division	Born in 2011-2012
Girls "C" Division	Born in 2011-2012
Co-ed "B" Division	Born in 2009-2010
Girls "B" Division	Born in 2009-2010
Co-ed "A" Division	Born in 2007-2008
Girls "A" Division	Born in 2007-2008

This program provides youth the opportunity to learn the fundamentals of basketball and play on teams in an organized sports league. The program will begin the week of **June 19**, with games played on Saturdays, and some weeknights when necessary. **Registration will be taken online or in person** at City Hall during normal business hours, **Monday, April 12** through **Thursday, May 13**. Player's skills testing will be conducted on **May 19**.

SKILLS TESTING

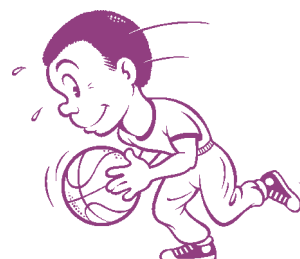
All players are required to take a skills test in order to be placed on a team. The testing will take place at the Garden Grove Sports and Recreation Center, located at 13641 Deodara, Garden Grove, 92844.

Wednesday, May 19, 2021

"D" Division	5:00 pm
"C" Division	6:00 pm
"B" Division	7:00 pm
"A" Division	7:30 pm

NO REGISTRATION WILL BE TAKEN AT SKILLS TESTING.

Registration will be limited to 80 participants in each division. Come and join a team, learn about sportsmanship, and improve your basketball skills in a fun environment.



DANCING AND GYMNASTICS

Ballet, Tap, and Tumbling

Ballet develops physical control, strength, balance, and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, position of the day, animal walks, and balance beam. A \$5 materials fee is due at the first class.

Instructor: Dawna Ludwig

Location: Westminster Community Center

Ages: 1-4				\$42 / 5 sessions
12000	Mo	1/25-3/1	3:00 - 3:40 pm	No class 2/15
12001	Mo	3/8-4/5	3:00 - 3:40 pm	

Location: Garden Grove Sports and Recreation Center

Ages: 5-11				\$49 / 5 sessions
11996	Sa	1/9-2/6	9:20 - 10:00 am	
11997	Sa	2/13-3/13	9:20 - 10:00 am	
11998	Sa	3/20-4/17	9:20 - 10:00 am	

Location: Westminster Community Center

Ages: 5-11				\$42 / 5 sessions
12002	Mo	1/25-3/1	3:40 - 4:20 pm	No class 2/15
12003	Mo	3/8-4/5	3:40 - 4:20 pm	

Location: Garden Grove Sports and Recreation Center

Ages: 5-11				\$49 / 5 sessions
10059	Sa	1/9-2/6	8:40 - 9:20 am	
10060	Sa	2/13-3/13	8:40 - 9:20 am	
10061	Sa	3/20-4/17	8:40 - 9:20 am	

Lyrical Dance is Fun!

In this dance class, students will learn the technique of lyrical dance which is a fusion of ballet, jazz, and contemporary dance. Students will experience dancing to a variety of popular ballads and songs. Lyrical dance is a beautiful style where students can express themselves through movement. This class is great for promoting positive self image through dance.

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 9-17				\$68 / 4 sessions
18600	Th	1/7-1/28	7:30 - 8:30 pm	
18601	Th	2/4-2/25	7:30 - 8:30 pm	
18602	Th	3/4-3/25	7:30 - 8:30 pm	
18603	Th	4/1-4/29	7:30 - 8:30 pm	No class 4/8

Hip Hop is Fun!

This fun energetic class will teach you coordination, dance, and rhythm! Learn cool moves set to awesome music! Finesse onto the dance floor in style with this hip class! During the COVID-19 shutdown, classes will be held online via the Zoom app. Students will be emailed their link and Meeting ID the day before their first lesson. Check with the City or Westminster Arts Academy for updates.

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 5-9				\$68 / 4 sessions
18520	Sa	1/9-1/30	11:00 am - 12:00 pm	
18521	Sa	2/6-2/27	11:00 am - 12:00 pm	
18522	Sa	3/6-3/27	11:00 am - 12:00 pm	
18523	Sa	4/10-5/1	11:00 am - 12:00 pm	

Ages: 10-17

18524	Sa	1/9-1/30	12:00 - 1:00 pm	
18525	Sa	2/6-2/27	12:00 - 1:00 pm	
18526	Sa	3/6-3/27	12:00 - 1:00 pm	
18527	Sa	4/10-5/1	12:00 - 1:00 pm	

Pop Ballet is Fun!

Introducing young dancers to their bodies, this class focuses on creating a more disciplined, creative, and outgoing child! While still having fun, dancers will have focus in ballet while infusing creative improvisation, jazz, and modern! Female dancers must arrive to the first class with their hair back in a bun, a leotard (pink for ages 3-4, black for ages 5+), pink ballet tights, and pink ballet slippers. Male dancers must arrive to their first class in a white t-shirt, black fitted pants/tights, and black ballet slippers. During the COVID-19 shutdown, classes will be held online via the Zoom app. Students will be emailed their link and Meeting ID the day before their first lesson. Check with the City or Westminster Arts Academy for updates.

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 3-4				\$58 / 4 sessions
18532	Sa	1/9-1/30	2:30 - 3:15 pm	
18533	Sa	2/6-2/27	2:30 - 3:15 pm	
18534	Sa	3/6-3/27	2:30 - 3:15 pm	
18535	Sa	4/10-5/1	2:30 - 3:15 pm	

Ages: 5-7 \$68 / 4 sessions

18536	Sa	1/9-1/30	1:30 - 2:30 pm	
18537	Sa	2/6-2/27	1:30 - 2:30 pm	
18538	Sa	3/6-3/27	1:30 - 2:30 pm	
18539	Sa	4/10-5/1	1:30 - 2:30 pm	

Ages: 8-17

18540	Sa	1/9-1/30	3:15 - 4:15 pm	
18541	Sa	2/6-2/27	3:15 - 4:15 pm	
18542	Sa	3/6-3/27	3:15 - 4:15 pm	
18543	Sa	4/10-5/1	3:15 - 4:15 pm	

FITNESS

F.A.S.T.T. for Kids by BEST Sports

F.A.S.T.T. is the first program of its kind to incorporate Fitness, Agility, and Speed Training with Track and Field Training. This high-endurance class will combine fun exercises with running, jumping, discus throw, shot put, hurdles, relays, and more. Watch as your child builds strength and stamina in our first-ever "fitness for kids" program!

Instructor: Beginners Edge Sports Training Instructor

Location: West Grove Park

Ages: 3-6				\$84 / 6 sessions
11091	Su	1/17-2/21	9:50 - 10:35 am	
11093	Su	3/7-4/18	9:50 - 10:35 am	No class 4/4

Ages: 7-10

11090	Su	1/17-2/21	9:00 - 9:45 am	
11092	Su	3/7-4/18	9:00 - 9:45 am	No class 4/4

MARTIAL ARTS

Taekwondo for Kids

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty, and assertiveness. Kids will learn basic kicking techniques, punches, blocks, and basic self-defense forms. Uniform is included with class fee. After registration, please email your receipt and mailing address to uto.park@hotmail.com. Your Taekwondo uniform will be mailed to you and you will be provided with information for the Zoom meetings. Students will require a laptop, computer or tablet with a webcam, and access to a reliable internet connection. Please also make sure you have at least 7 feet of space to perform the Taekwondo moves.

Instructor: Sung Ho Park

Location: Tae Kwon Do Studio

Ages: 7-12				\$59 / 8 sessions
12011	MoWe	1/4-2/1	5:30 - 6:10 pm	No class 1/18
12012	TuTh	1/5-1/28	3:10 - 3:50 pm	
12013	MoWe	2/3-3/3	5:30 - 6:10 pm	No class 2/15
12014	TuTh	2/2-2/25	3:10 - 3:50 pm	

Taekwondo for Little Stars

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty, and assertiveness. Kids will learn basic kicking techniques, punches, blocks, and basic self-defense forms. Uniform is included with class fee. After registration, please email your receipt and mailing address to uto.park@hotmail.com. Your Taekwondo uniform will be mailed to you and you will be provided with information for the Zoom meetings. Students will require a laptop, computer or tablet with a webcam, and access to a reliable internet connection. Please also make sure you have at least 7 feet of space to perform the Taekwondo moves.

Instructor: Sung Ho Park

Location: Tae Kwon Do Studio

Ages: 4-6		\$59 / 8 sessions		
12020	MoWe	1/4-2/1	4:00 - 4:30 pm	No class 1/18
12021	TuTh	1/5-1/28	4:00 - 4:30 pm	
12022	MoWe	2/3-3/3	4:00 - 4:30 pm	No class 2/15
12023	TuTh	2/2-2/25	4:00 - 4:30 pm	



SPORTS CLASSES

3-Sport Multi Sport by BEST Sports

(Soccer, baseball/softball, & basketball) Our industry-leading 3-sport program brings you multiple weeks of 3 fantastic sports: soccer, baseball/softball, & basketball. We will teach your player how to kick and control a soccer ball; how to hit, catch, throw, and run the bases; and shoot, dribble, and pass a basketball. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage, and advance your young player regardless of their skill level. Please bring an age-appropriate soccer ball for the first week. A hitting tee and a basketball is needed later in the session. No additional fees ever!

Instructor: Beginners Edge Sports Training Instructor

Location: West Grove Park

Ages: 2-4		\$84 / 6 sessions		
10050	Sa	1/23-2/27	9:00 - 9:45 am	
10051	Su	1/24-2/28	9:00 - 9:45 am	
10054	Sa	3/6-4/17	9:00 - 9:45 am	No class 4/3
10055	Su	3/7-4/18	9:00 - 9:45 am	No class 4/4
Ages: 5-8				
10052	Sa	1/23-2/27	9:50 - 10:35 am	
10053	Su	1/24-2/28	9:50 - 10:35 am	
10056	Sa	3/6-4/17	9:50 - 10:35 am	No class 4/3
10057	Su	3/7-4/18	9:50 - 10:35 am	No class 4/4

Baseball and Softball Training by BEST Sports

Our industry-leading weekly Sluggers program will teach your player the skills of baseball and softball by offering activities such as: fielding, throwing, hitting, base recognition, (sometimes) sliding, and more! Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. A glove is not mandatory for kids under 4. Please provide your own baseball hitting tee. This is not a parent participation class. No additional fees ever!

Instructor: Beginners Edge Sports Training Instructor

Location: West Grove Park

Ages: 2-4		\$84 / 6 sessions		
10031	Sa	1/23-2/27	9:50 - 10:35 am	
10033	Sa	3/6-4/17	9:50 - 10:35 am	No class 4/3
Ages: 5-8				
10030	Sa	1/23-2/27	9:00 - 9:45 am	
10032	Sa	3/6-4/17	9:00 - 9:45 am	No class 4/3

Basketball Skills and Drills by BEST Sports

Our industry-leading basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting, and the triple threat position. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. This is an extremely active, endurance-based class. Please bring your child's favorite basketball with their name on it. This is not a parent participation class. No additional fees ever!

Instructor: Beginners Edge Sports Training Instructor

Location: West Grove Park

Ages: 3-6		\$84 / 6 sessions		
10020	Sa	1/23-2/27	10:40 - 11:25 am	
10021	Su	1/24-2/28	10:40 - 11:25 am	
10024	Sa	3/6-4/17	10:40 - 11:25 am	No class 4/3
10025	Su	3/7-4/18	10:40 - 11:25 am	No class 4/4
Ages: 7-10				
10022	Sa	1/23-2/27	11:30 am - 12:15 pm	
10023	Su	1/24-2/28	11:30 am - 12:15 pm	
10026	Sa	3/6-4/17	11:30 am - 12:15 pm	No class 4/3
10027	Su	3/7-4/18	11:30 am - 12:15 pm	No class 4/4



Soccer Skills Training by BEST Sports

Our industry-leading weekly soccer class will teach your kids the skills of soccer by offering activities such as: dribbling, kicking, throw-ins, goalie skills, (age permitting: scrimmaging) and more! Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young

player regardless of their skill level. Please bring an age appropriate soccer ball with your child's name on it. No additional fees ever!

Instructor: Beginners Edge Sports Training Instructor

Location: West Grove Park

Ages: 16 mos-2 yrs		\$84 / 6 sessions		
11050	Sa	1/23-2/27	9:50 - 10:35 am	
11051	Su	1/24-2/28	9:50 - 10:35 am	
11056	Sa	3/6-4/17	9:50 - 10:35 am	No class 4/3
11057	Su	3/7-4/18	9:50 - 10:35 am	No class 4/4
Ages: 3-6				
11052	Sa	1/23-2/27	9:00 - 9:45 am	
11053	Su	1/24-2/28	9:00 - 9:45 am	
11058	Sa	3/6-4/17	9:00 - 9:45 am	No class 4/3
11059	Su	3/7-4/18	9:00 - 9:45 am	No class 4/4
Ages: 7-10				
11054	Sa	1/23-2/27	10:40 - 11:25 am	
11055	Su	1/24-2/28	10:40 - 11:25 am	
11060	Sa	3/6-4/17	10:40 - 11:25 am	No class 4/3
11061	Su	3/7-4/18	10:40 - 11:25 am	No class 4/4

Mini-Hawk Multi-Sport

Introduce your little superstar to sports in our most popular program! This baseball, basketball, and soccer class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. Parent participation required for 2-3.5 yrs. All equipment will be provided.

Instructor: Skyhawks Staff

Location: Magnolia Park

Ages: 2-3.5		\$79 / 6 sessions		
18007	Sa	1/23-2/27	1:00 - 1:40 pm	
18009	Sa	3/20-4/24	1:00 - 1:40 pm	
Ages: 3.5-5				
18008	Sa	1/23-2/27	1:50 - 2:30 pm	
18010	Sa	3/20-4/24	1:50 - 2:30 pm	

Intermediate Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course takes the beginner athlete to the next step. Come have fun and learn with us!

Instructor: Tan Nguyen

Location: Garden Grove Park

Ages: 10-13		\$48 / 4 sessions		
19205	Su	1/10-1/31	1:30 - 2:30 pm	
19206	Su	2/14-3/7	1:30 - 2:30 pm	
19207	Su	3/21-4/18	1:30 - 2:30 pm	No class 4/4

Advanced Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course puts those athletes that have a solid grasp of the fundamentals into a full on game environment. Come have fun and learn with us!

Instructor: Tan Nguyen

Location: Garden Grove Park

Ages: 12-15		\$48 / 4 sessions		
19200	Su	1/10-1/31	2:45 - 3:45 pm	
19201	Su	2/14-3/7	2:45 - 3:45 pm	
19202	Su	3/21-4/18	2:45 - 3:45 pm	No class 4/4

Introduction to Fencing

Learn the Olympic sport of fencing. Students learn how to move, attack, and defend themselves. Emphasis is placed on developing balance, coordination and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$10 USFA insurance fee is due at the first class.

Instructor: South Coast Fencing Center

Location: South Coast Fencing Center

Ages: 7-11		\$115 / 4 sessions		
16512	Th	1/7-1/28	5:00 - 6:00 pm	
16513	Th	2/4-2/25	5:00 - 6:00 pm	
16514	Th	3/4-3/25	5:00 - 6:00 pm	
16515	Th	4/1-4/22	5:00 - 6:00 pm	
Ages: 12+		\$115 / 4 sessions		
16516	Th	1/7-1/28	6:00 - 7:00 pm	
16517	Th	2/4-2/25	6:00 - 7:00 pm	
16518	Th	3/4-3/25	6:00 - 7:00 pm	
16519	Th	4/1-4/22	6:00 - 7:00 pm	
16520	Sa	1/9-1/30	10:00 - 11:00 am	
16521	Sa	2/6-2/27	10:00 - 11:00 am	
16522	Sa	3/6-3/27	10:00 - 11:00 am	
16523	Sa	4/3-4/24	10:00 - 11:00 am	
		\$170 / 8 sessions		
16524	ThSa	1/7-1/30	6:00 - 7:00 pm, 10:00 - 11:00 am	
16525	ThSa	2/4-2/27	6:00 - 7:00 pm, 10:00 - 11:00 am	
16526	ThSa	3/4-3/27	6:00 - 7:00 pm, 10:00 - 11:00 am	
16527	ThSa	4/1-4/24	6:00 - 7:00 pm, 10:00 - 11:00 am	



TENNIS

Advanced Tennis

This class is perfect for players getting ready to compete in tournaments, high school, or league tennis. This training class is for motivated, young competitive players, with dreams of one day competing at a higher level. Players will learn to compete and win through advanced strategy in singles and doubles. This class will build the confidence in each player's tennis game, through match play, while engaging in a wide variety of effective games and competitive situations. For more information and rainy day makeup policy, go to www.johnnyallentennis.com or call (844) 983-6647.

Instructor(s): Johnny Allen Tennis Academy

Location: Chapman Sports Complex

Ages: 7-17		\$79 / 6 sessions		
10530	TuTh	1/26-2/11	7:00 pm - 8:00 pm	
10531	TuTh	2/16-3/4	7:00 pm - 8:00 pm	
10532	TuTh	3/9-3/25	7:00 pm - 8:00 pm	
10533	TuTh	3/30-4/15	7:00 pm - 8:00 pm	
10534	TuTh	4/20-5/6	7:00 pm - 8:00 pm	

Beginning Tennis

We believe learning tennis should be fun and exciting. All classes feature the magical fusion of music and tennis. All four major strokes will be taught, the forehand, backhand, serve, and volley. Students will be given a solid tennis foundation through tons of innovative and effective drills and games. Once ready, players will be invited to attend the intermediate class. For more information and rainy day makeup policy, go to www.johnnyallentennis.com or call (844) 983-6647.

Instructor(s): Johnny Allen Tennis Academy

Location: Chapman Sports Complex

Ages: 6-8		\$79 / 6 sessions		
10515	TuTh	1/26-2/11	5:00 pm - 6:00 pm	
10516	TuTh	2/16-3/4	5:00 pm - 6:00 pm	
10517	TuTh	3/9-3/25	5:00 pm - 6:00 pm	
10518	TuTh	3/30-4/15	5:00 pm - 6:00 pm	
10519	TuTh	4/20-5/6	5:00 pm - 6:00 pm	

Intermediate Tennis

All junior tennis players looking for improvement are welcome to play, and find their groove, as music is played in every class. All four major strokes will be taught, the forehand, backhand, serve, and volley. Players will improve technique, spin, placement, balance, and movement, through Johnny Allen's own specially designed drills and games. We will be focusing on proper technique on all major shots during singles and doubles play, preparing players for high school tennis, tournaments and an overall higher level of the game. For more info and rainy day makeup policy, go to www.johnnyallentennis.com or call (844) 983-6647.

Instructor(s): Johnny Allen Tennis Academy

Location: Chapman Sports Complex

Ages: 9-12		\$79 / 6 sessions		
10600	TuTh	1/26-2/11	6:00 pm - 7:00 pm	
10601	TuTh	2/16-3/4	6:00 pm - 7:00 pm	
10602	TuTh	3/9-3/25	6:00 pm - 7:00 pm	
10603	TuTh	3/30-4/15	6:00 pm - 7:00 pm	
10604	TuTh	4/20-5/6	6:00 pm - 7:00 pm	



**Class Registration
Begins Online
December 7, 2020**

ARTS AND CRAFTS

All Art is Fun!

Enjoy drawing, painting, colored pencils, printmaking, and even paper art! Mixed Media work is excellent to help explore different mediums in art if you or your child love to create. Students will learn how to use different mediums in their own practice and expand on their knowledge in the arts as a whole.

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 5-17		\$88 / 4 sessions	
10200	We	1/6-1/27	6:30 - 7:30 pm
10201	We	2/3-2/24	6:30 - 7:30 pm
10202	We	3/3-3/24	6:30 - 7:30 pm
10203	We	3/31-4/28	6:30 - 7:30 pm <i>No class 4/7</i>

Drawing is Fun!

Be more confident with your lines and shapes! With new themes every month, this class will develop your inner artist. You will also practice the fundamentals of observation and how to transfer them onto paper. In this quirky class, you'll exercise your imagination and have fun while making cartoons! During the COVID-19 shutdown, classes will be held online via the Zoom app. Students will be emailed their link and Meeting ID the day before their first lesson. Check with the City or Westminster Arts Academy for updates.

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 5-17		\$68 / 4 sessions	
10088	We	1/6-1/27	4:00 - 5:00 pm
10089	We	2/3-2/24	4:00 - 5:00 pm
10090	We	3/3-3/24	4:00 - 5:00 pm
10091	We	3/31-4/28	4:00 - 5:00 pm <i>No class 4/7</i>

Painting is Fun!

Join us each week for a fun and immersive painting class! Students will be taught basic techniques used to create wonderful works of art as well as an introduction to a variety of concepts and artists that have continuously inspired us throughout history. Expand your creative horizons and enroll today! During the COVID-19 shutdown, classes will be held online via the Zoom app. Students will be emailed their link and Meeting ID the day before their first lesson. Check with the City or Westminster Arts Academy for updates.

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 5-17		\$88 / 4 sessions	
10100	We	1/6-1/27	5:15 - 6:30 pm
10101	We	2/3-2/24	5:15 - 6:30 pm
10102	We	3/3-3/24	5:15 - 6:30 pm
10103	We	3/31-4/28	5:15 - 6:30 pm <i>No class 4/7</i>

MUSIC

Singing is Fun!

Learn to sing those songs you love with creative style, proper technique, and stage performance skills! Students have the opportunity to sing solos, duets, and big group songs in this class where musical numbers really come to life! During the COVID-19 shutdown, classes will be held online via the Zoom app. Students will be emailed their link and Meeting ID the day before their first lesson. Check with the City or Westminster Arts Academy for updates.

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 4-7		\$58 / 4 sessions	
12793	Mo	1/4-1/25	4:45 - 5:30 pm
12794	Mo	2/1-2/22	4:45 - 5:30 pm
12795	Mo	3/1-3/22	4:45 - 5:30 pm
12796	Mo	3/29-4/26	4:45 - 5:30 pm <i>No class 4/5</i>

Ages: 8-11		\$68 / 4 sessions	
12771	Mo	1/4-1/25	6:30 - 7:30 pm
12772	Mo	2/1-2/22	6:30 - 7:30 pm
12773	Mo	3/1-3/22	6:30 - 7:30 pm
12774	Mo	3/29-4/26	6:30 - 7:30 pm <i>No class 4/5</i>
12775	Su	1/10-1/31	10:00 - 11:00 am
12776	Su	2/7-2/28	10:00 - 11:00 am
12777	Su	3/7-3/28	10:00 - 11:00 am
12778	Su	4/11-5/2	10:00 - 11:00 am

Ages: 12-17		\$68 / 4 sessions	
12779	Mo	1/4-1/25	5:30 - 6:30 pm
12780	Mo	2/1-2/22	5:30 - 6:30 pm
12781	Mo	3/1-3/22	5:30 - 6:30 pm
12782	Mo	3/29-4/26	5:30 - 6:30 pm <i>No class 4/5</i>

Piano is Fun!

Witness your child become a young musician playing songs that they enjoy! Children are encouraged to use their creativity in this exciting introductory music class. Students learn finger independence by reading musical patterns. Basic rhythms are introduced and students enjoy playing and creating music with others on acoustic pianos! There will be a \$20 materials fee due to the instructor on the first day of class.

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 5-6		\$88 / 4 sessions	
11990	Tu	1/5-1/26	5:00 - 5:45 pm
11991	Tu	2/2-2/23	5:00 - 5:45 pm
11992	Tu	3/2-3/23	5:00 - 5:45 pm
11993	Tu	3/30-4/27	5:00 - 5:45 pm <i>No class 4/6</i>

Ages: 7-10		\$88 / 4 sessions	
11994	Tu	1/5-1/26	5:45 - 6:30 pm
11995	Tu	2/2-2/23	5:45 - 6:30 pm
12005	Tu	3/2-3/23	5:45 - 6:30 pm
12006	Tu	3/30-4/27	5:45 - 6:30 pm <i>No class 4/6</i>

SPECIAL INTEREST

Musical Theater Jazz is Fun!

In this fun and engaging class, students will focus on the exciting world of musical theater and jazz dance. Students will experience dancing to a variety of showtunes and popular music. Musical Theater Jazz is a wonderful class for the young aspiring actor, dancer, or anyone who just loves to move! This class is great for promoting positive self-esteem in every young person. During the COVID-19 shutdown, classes will be held online via the Zoom app. Students will be emailed their link and Meeting ID the day before their first lesson. Check with the City or Westminster Arts Academy for updates.

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 5-9		\$68 / 4 sessions	
18550	Th	1/7-1/28	5:30 - 6:30 pm
18551	Th	2/4-2/25	5:30 - 6:30 pm
18552	Th	3/4-3/25	5:30 - 6:30 pm
18553	Th	4/1-4/29	5:30 - 6:30 pm <i>No class 4/8</i>

Ages: 9-17		\$68 / 4 sessions	
18554	Th	1/7-1/28	6:30 - 7:30 pm
18555	Th	2/4-2/25	6:30 - 7:30 pm
18556	Th	3/4-3/25	6:30 - 7:30 pm
18557	Th	4/1-4/29	6:30 - 7:30 pm <i>No class 4/8</i>

Mad Science: Rockin' Rockets

Aerodynamics and motion are the stars of this fun-filled week! Design and build everything from kites to planes to ROCKETS! Experiment with different propulsion systems as you use your new knowledge to blast off, track, and recover all kinds of flying machinery! Have a rockin' good time at this rocket camp! A \$30 materials fee is due on the first day of class.

Instructor: Mad Science Staff

Location: West Grove Park

Ages: 5-12		\$160 / 5 sessions	
11207	MoTuWeThFr	3/29-4/2	9:00 am - 12:00 pm



EXERCISE/FITNESS

Yoga with Jerry

Yoga will help to create a vigorous, well-functioning body and an alert mind. It is energizing and restful, cleansing and calming, and brings to the body agility and vitality. We will work on different postures and areas of the body with every class to help develop strength, flexibility, and balance throughout the entire body.

Instructor: Gerald J. Cruise

Location: West Grove Park

Ages: 18+		\$48 / 8 sessions	
13039	Tu	1/5-2/23	9:00 - 10:15 am
13040	Th	1/7-2/25	9:00 - 10:15 am
13650	Tu	3/2-4/27	9:00 - 10:15 am No class 4/6
13651	Th	3/4-4/29	9:00 - 10:15 am No class 4/8

Zumba Fitness

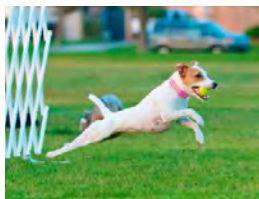
Zumba is a fun, Latin inspired fitness class with interval workouts. This class will move from high to low intensity dance moves that make it fun to get your heart rate up and boost your cardio endurance. This Zumba class includes dance moves from Salsa, Cumbia, Merengue, Hip Hop, and Reggaeton. Please bring water and a towel.

Instructor: Lish Gaither

Location: Garden Grove Park

Ages: 16-65		\$20 / 8 sessions	
14600	TuWe	1/5-1/27	9:00 - 10:00 am
14601	TuWe	2/2-2/24	9:00 - 10:00 am
14602	TuWe	3/2-3/24	9:00 - 10:00 am
14603	TuWe	3/30-4/21	9:00 - 10:00 am

DOG TRAINING



Beginning Flyball

This class is for dogs that have not played flyball or have had a very simple introduction. Dogs will be running and jumping low hurdles. Dogs must not be aggressive or unmanageable. Bring leash, treats, toys, and baggies for clean up.

Instructor: Nicole Myers

Location: Edgar Park

Ages: 14+		\$40 / 6 sessions	
10109	Fr	1/8-2/19	6:00 - 6:50 pm No class 1/29

Flyball Team Training

This class is for team members that need extra training for passing, and racing strategies. Dogs must know the entire flyball behavior.

Instructor: Nicole Myers

Location: Edgar Park

Ages: 14+		\$40 / 10 sessions	
10114	Fr	2/5-4/23	7:00 - 7:50 pm No class 3/26 and 4/2

ADULT SPORTS

Introduction to Fencing

Learn the Olympic sport of fencing. Students learn how to move, attack, and defend themselves. Emphasis is placed on developing balance, coordination and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$10 USFA insurance fee is due at the first class.

Instructor: South Coast Fencing Center

Location: South Coast Fencing Center

Ages: 7-11		\$115 / 4 sessions	
16512	Th	1/7-1/28	5:00 - 6:00 pm
16513	Th	2/4-2/25	5:00 - 6:00 pm
16514	Th	3/4-3/25	5:00 - 6:00 pm
16515	Th	4/1-4/22	5:00 - 6:00 pm
Ages: 12+		\$115 / 4 sessions	
16516	Th	1/7-1/28	6:00 - 7:00 pm
16517	Th	2/4-2/25	6:00 - 7:00 pm
16518	Th	3/4-3/25	6:00 - 7:00 pm
16519	Th	4/1-4/22	6:00 - 7:00 pm
16520	Sa	1/9-1/30	10:00 - 11:00 am
16521	Sa	2/6-2/27	10:00 - 11:00 am
16522	Sa	3/6-3/27	10:00 - 11:00 am
16523	Sa	4/3-4/24	10:00 - 11:00 am
		\$170 / 8 sessions	
16524	ThSa	1/7-1/30	6:00 - 7:00 pm, 10:00 - 11:00 am
16525	ThSa	2/4-2/27	6:00 - 7:00 pm, 10:00 - 11:00 am
16526	ThSa	3/4-3/27	6:00 - 7:00 pm, 10:00 - 11:00 am
16527	ThSa	4/1-4/24	6:00 - 7:00 pm, 10:00 - 11:00 am

SPECIAL INTEREST

CPR/AED for Adults, Infants, and Children

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. Learn simple rescue CPR for adults, children, and infants, as well as foreign object removal techniques for airways. You will receive your certification upon completion of the class. If healthcare provider card is required, please call Cindy at (714) 891-5620 prior to your class. A \$20 materials fee is payable to the instructor.

Instructor: Jack Griswold

Location: H. Louis Lake Senior Center

Ages: 18+		\$10 / 1 session	
10332	Su	1/17	8:00 - 10:30 am
10333	Sa	2/20	8:00 - 10:30 am
10334	Sa	3/13	8:00 - 10:30 am
10335	Sa	4/10	8:00 - 10:30 am

First Aid

Learn to respond to, and assess an injury or illness. Topics covered include vital signs, bleeding, heat and cold emergencies, strokes, and seizures. You will receive a state and nationally recognized EMS first aid card and certification. A \$20 materials fee is payable to the instructor.

Instructor: Jack Griswold

Location: H. Louis Lake Senior Center

Ages: 18+		\$10 / 1 session	
10222	Su	1/17	10:30 - 11:30 am
10223	Sa	2/20	10:30 - 11:30 am
10224	Sa	3/13	10:30 - 11:30 am
10225	Sa	4/10	10:30 - 11:30 am



CITY OF GARDEN GROVE H. LOUIS LAKE SENIOR CENTER PROGRAMA DE APOYO PARA PERSONAS MAYORES



El Programa de Apoyo Para personas mayores se dedica al logro del envejecimiento exitoso a través de opciones de apoyo y recursos comunitarios para satisfacer sus necesidades de salud y bienestar.

Elegibilidad: Residente de Garden Grove y 60 años de edad o mayor.

Para más información, por favor llame al 714-741-5253.



CITY OF GARDEN GROVE H. LOUIS LAKE SENIOR CENTER SENIOR SUPPORT PROGRAM



Senior Support is dedicated to the achievement of successful aging through support and community resource options to meet your health and wellness needs.

Eligibility: Garden Grove resident, 60+ years of age.

For more information, please call 714-741-5253.



THÀNH PHỐ GARDEN GROVE TRUNG TÂM PHỤC VỤ NGƯỜI CAO NIÊN H. LOUIS LAKE CHƯƠNG TRÌNH HỖ TRỢ NGƯỜI CAO NIÊN



Bộ phận Hỗ trợ người cao niên chú trọng việc hỗ trợ cộng đồng người cao niên qua các nguồn tài nguyên trong cộng đồng để tăng cường và giữ gìn sức khỏe.

Điều kiện hợp lệ: Cư dân Garden Grove, trên 60 tuổi.

Để biết thêm thông tin, vui lòng gọi 714-741-5253.



Message from the H. Louis Lake Senior Center

The City of Garden Grove recognizes how important socialization, physical activity, and nutrition is for our senior residents. As we transition to a “new” normal we will take every precaution to ensure your health, safety, and well-being.

Be sure to check out our SCOOP newsletters for information regarding upcoming activities and important resources. The City continues to closely monitor the situation with COVID-19 and will provide updates as they become available on our website at ggcity.org/coronavirus.

The H. Louis Lake Senior Center will reopen based on State and Local Guidelines. Staff are onsite answering phone lines daily M-F: 8:00 a.m.-3:30 p.m.

Remember, we are in this together!

-Senior Center Staff



Lunch Café Program

Due to COVID-19 (Coronavirus), the Lunch Café program has been converted to a frozen meal pick-up program. Frozen meals are available for pick-up via a drive through or walk-up option every Tuesday from 9:30 a.m. until 10:30 a.m. at the H. Louis Lake Senior Center (11300 Stanford Avenue). Adults age 60 and over are eligible to participate in this program. For more information, please call (714) 741-5253. Days, times, and locations for pick-up are subject to change.

Registered Lunch Café participants can have a family member or friend pick up their meals by providing the first and last name, and the address of the program participant. Unregistered participants may have someone pick up their meal as long as that person has the ID card for the individual for whom the meal is intended.

Zoom-in for Great Conversations!!!

In response to the COVID-19 pandemic, the H. Louis Lake Senior Center is providing Virtual Chats for Garden Grove senior citizens. Staff will conduct weekly zoom chats to check in on the well being of our senior residents as well as discuss various topics of interest.

Residents interested in registering for the Great Conversations Chats may contact the H. Louis Lake Senior Center at (714) 741-5253, Monday through Friday, from 8:00 a.m. to 3:30 p.m.

Zoom ID: 916 9744 3054

Password will be provided when you register.



Register Early!!

- **Registration begins Monday, December 7, 2020**
- **Pay by cash, check, money order, or credit card**
- **Make checks payable to "City of Garden Grove"**

Recreation Office Hours:

Monday – Thursday, 7:30 a.m. to 5:30 p.m.

For questions, please call the Community Services Department at (714) 741-5200.

1. **Online:**

Refer to "Step-by-Step Instructions."

2. **Mail-In:**

Complete "Class Registration" form and mail to:

Community Services Department
P.O. Box 3070, Garden Grove, CA 92842.

Please enclose a self-addressed, stamped envelope with your payment.

3. **Walk-In:**

City of Garden Grove
Community Services Department
Recreation Counter, 11222 Acacia Pkwy.
(off Euclid, north of Garden Grove Blvd.)

ReGGister Online

Step-by-Step Instructions

To access ReGGister Online, go to the City of Garden Grove's homepage at www.ggparksandrec.com and click on the "ReGGister Online" link. Instructions are also available in Spanish and Vietnamese.

Step One

PLEASE MAKE ONE ACCOUNT PER GROUP BY ADDING MEMBERS TO PRIMARY CLIENT!

Create an account by clicking on "**create your account here**" and filling in the fields that appear. A password will be emailed to you through the email address you provide while creating this account.

Note: *If you have an existing account with the City, the password will be emailed to the email address on file. If the email is no longer in use and the information needs to be updated, please call (714) 741-5200 for assistance.*

Step Two

Click the "Login" tab at the top of the page and use the password emailed to you to log in. You will have the option to create a new password once you log in.

Step Three

At this point, you can either add classes to your cart or add group members to your account.

Note: *All group members should be added to PRIMARY CLIENT'S account BEFORE adding classes to your cart.*

Step Four

To complete registration, please print the "Liability Waiver" to bring to the instructor at the first class meeting. Input your credit card payment for registration processing.

Publication of this schedule does not ensure enrollment to all who apply. The Community Services Department reserves the right to cancel classes because of insufficient starting enrollment or a decline in the enrollment after the class has started and to close further enrollment when a class is filled.

Many classes have limited enrollment, and registration is taken on a first-come, first-served basis. All individuals registering for courses must have reached the minimum age requirement prior to the first class meeting.

There is a \$5 processing fee for each refund, unless a class is cancelled due to low enrollment. In that case, a full refund will be issued.

Refunds will be processed within 4-6 weeks.



Art IN THE Park

AT VILLAGE GREEN PARK

This Spring, the Re:Imagine Garden Grove campaign will once again bring all-things-artsy to the Downtown area for an afternoon, at the 3rd Annual “Art in the Park” event to be held in Village Green Park.
(Date to be determined.)

Partnering with the Garden Grove Unified School District (GGUSD), this free City event will feature live painting demonstrations, interactive art exhibits offering hands-on DIY keepsakes, temporary, one-of-a-kind art installations created by visual art students, and the GGUSD’s First Impressions Art Gallery, featuring hundreds of works of art from K-12th grade students.

For more information,
visit ggcity.org

re:imagine
GARDEN GROVE

**Parks
Make
Life
Better!**