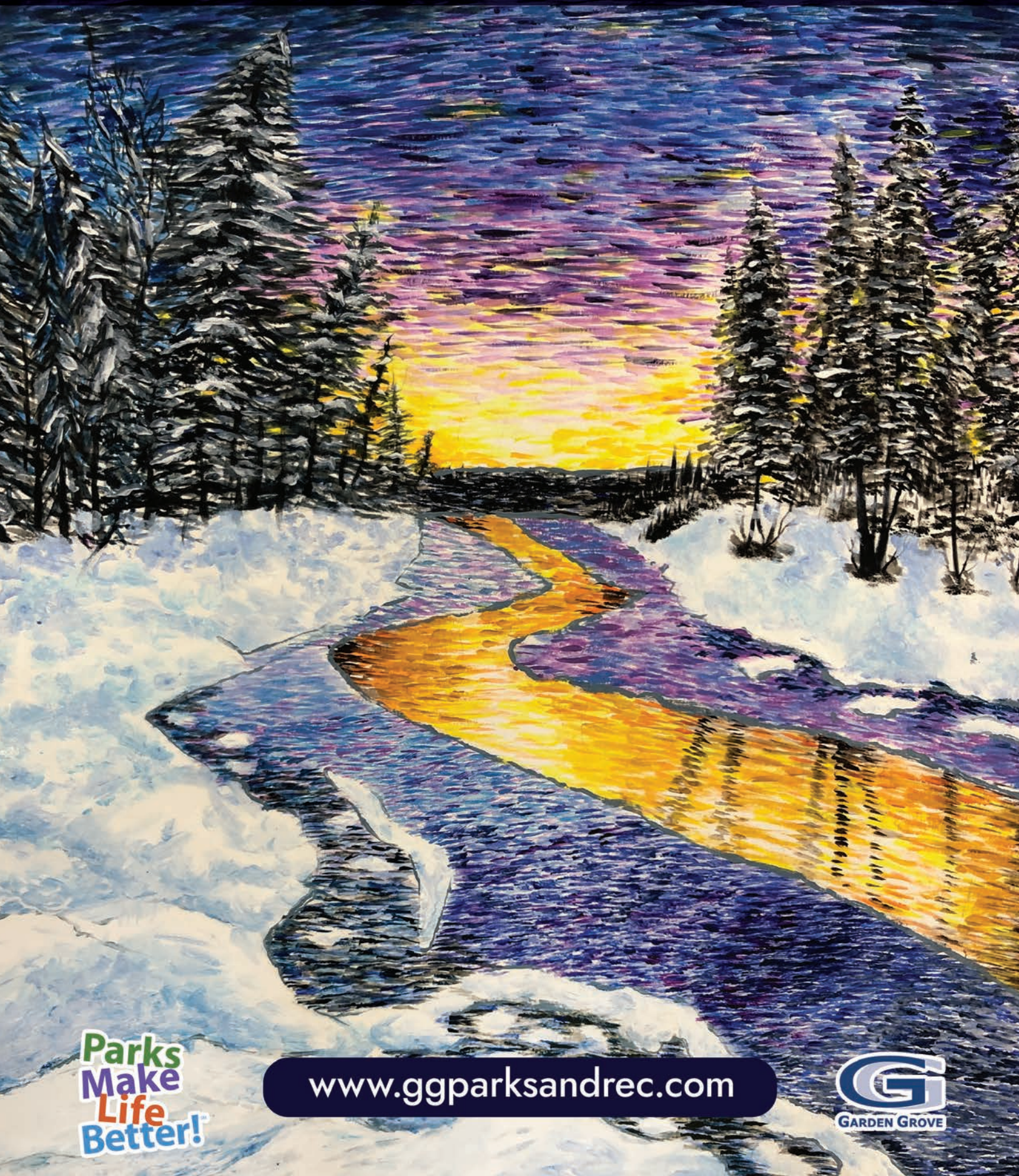


# Garden Grove

PARKS & RECREATION GUIDE

Winter/Spring 2023



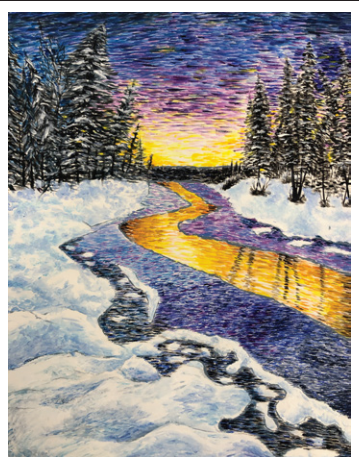
**Parks  
Make  
Life  
Better!**

[www.ggparksandrec.com](http://www.ggparksandrec.com)





# PROGRAM SPOTLIGHT



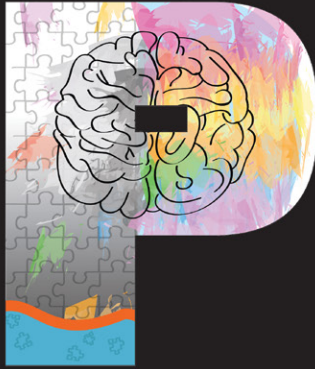
Featured on the cover of this issue of the Parks and Recreation Guide is artwork from Giang Le, a senior at La Quinta High School. Entitled, 'It's Not Snowing Anymore,' his acrylic painting was one of nearly 1,000 multi-media art pieces created by K-12th grade students from the Garden Grove Unified School District, who participated in the 44th Annual First Impressions Student Art Exhibit. Various student artworks are also viewable in the "Youth & Teen Special Interest" section of this Parks and Recreation Guide, as well as at the bottom of this page.

Additionally, selected student artwork was enlarged and placed on colorful, oversized easels at Village Green Park to showcase the Art in the Park event, held during Re:Imagine Open Streets in April 2022.

Look for more outstanding art from GGUSD students to once again be on display for the 5th annual Art in the Park event, being held on Saturday, March 18, 2023.



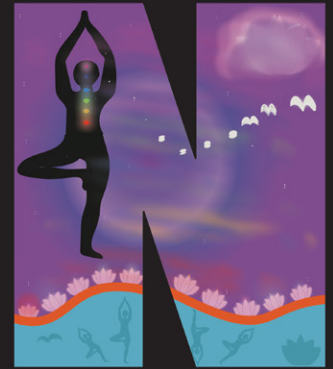
*Daniel Palacios*  
LOS AMIGOS HIGH SCHOOL \* 11TH GRADE



*Amy Reynoso*  
SANTIAGO HIGH SCHOOL \* 12TH GRADE



*Aaron Bautista*  
LOS AMIGOS HIGH SCHOOL \* 10TH GRADE



*Ignacio Bernal*  
SANTIAGO HIGH SCHOOL \* 12TH GRADE

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5TH ANNUAL

# Art Park

IN THE

**SATURDAY, MARCH 18, 2023**

**11:00 AM - 2:00 PM**

**Village Green Park**

**12732 Main Street, Garden Grove**

The City of Garden Grove is partnering with the Garden Grove Unified School District (GGUSD) to present this free, family-friendly event.

The GGUSD's First Impressions Art Gallery, showcasing hundreds of works of student art will be open, plus experience interactive art exhibits and create hands-on DIY keepsakes.



[ggcity.org/  
artinthepark](http://ggcity.org/artinthepark)



**Parks  
Make  
Life  
Better!**





































































































# FACILITIES AND PARKS

## Park Buildings, Picnic Pavilion and Park Shelters

### Looking for the perfect park location to hold an event?

Whether you are planning a meeting for ten or a birthday party for 50, the City of Garden Grove has a place to suit your needs. Choose from several different locations that include park buildings and park shelters.

 GARDEN GROVE	Total Acres (Approx.)	Play Area	Reservable Building (maximum occupancy)	Reservable Picnic Area (maximum occupancy)	Restrooms	Open Field Space	Tennis Courts	Basketball Courts	Volleyball	Ball Diamond	Pool Facility	Horseshoe Pits	Hockey Rink(s)	Exercise Equipment	Racquetball Courts	BBQ	Dog Park	Skate Spot	Indoor Soccer Arena	Pickleball Courts	PARKS & AMENITIES		
																					N/A	                  	
<b>Atlantis Play Center</b> 13630 Atlantis Way	4			N/A																			
<b>Bicentennial Park (Spirit of '76)</b> Brookhurst Street & Lampson Avenue	1/4																						
<b>Chapman Sports Complex</b> 11700 Knott Avenue (GGUSD)	11																						
<b>Civic Center Park</b> Euclid Street & Acacia Parkway	4																						
<b>Eastgate Park</b> 12001 St. Mark Street	5		50																				
<b>Edgar Park</b> 12781 Topaz Street (GGUSD)	6		50																				
<b>Faylane Park</b> 11700 Seacrest Drive	3		50																				
<b>Garden Grove Park</b> 9301 Westminster Avenue	36			150																			
<b>Gutosky Park</b> 9201 Ferris Lane	2		50																				
<b>Hare School Park</b> 12012 Magnolia Street (GGUSD)	14																						
<b>Haster Basin</b> 12952 Lampson Avenue (County)	22			N/A																			
<b>Jardin De Los Niños</b> 12534 Keel Avenue	1/2																						
<b>Magnolia Park</b> 11402 Magnolia Street	6		50																				
<b>Morningside School Park</b> 10468 Morningside Drive (GGUSD)	1																						
<b>Pioneer Park</b> 12722 Chapman Avenue (GGUSD)	4																						
<b>Shelley Kensington Park</b> Shelley Drive & Kensington Lane	1/4																						
<b>Village Green Park</b> 12732 Main Street	7																						
<b>West Grove Park</b> 5372 Cerulean Avenue	7			50																			
<b>West Haven Park</b> 12252 West Street	10																						
<b>Woodbury Park</b> 13800 Rosita Place	4																						



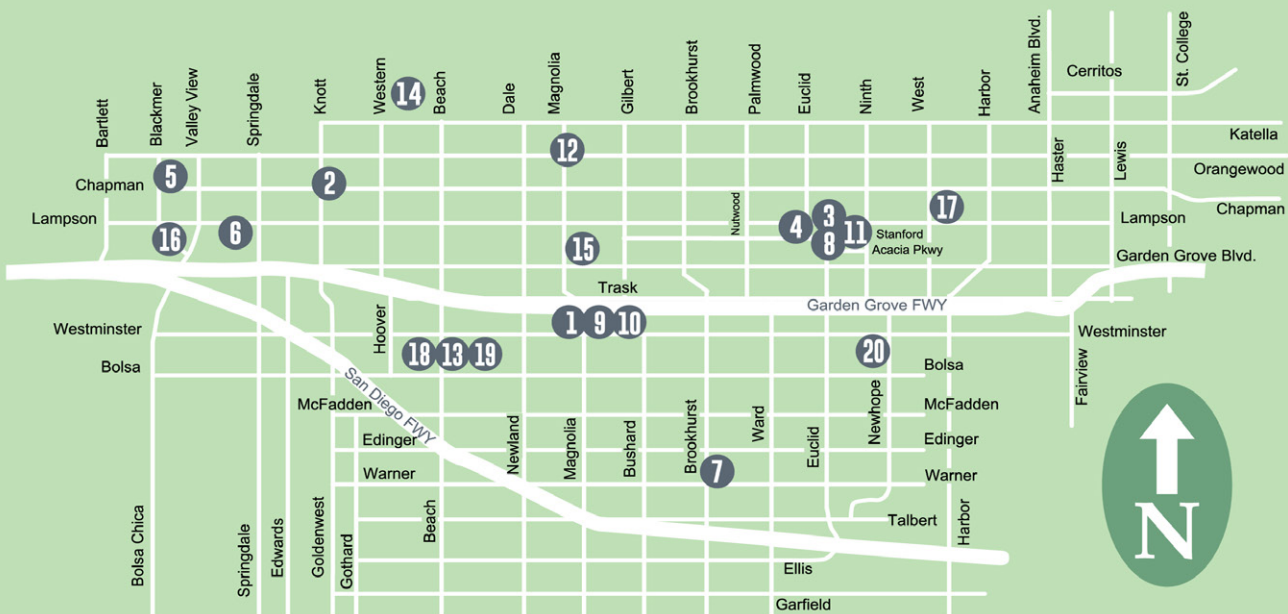
# FACILITIES AND PARKS

## Facility Name

- 1 Atlantis Play Center**  
13630 Atlantis Way  
(off Westminster near Magnolia)
- 2 Chapman Sports Complex**  
11700 Knott Ave. (Corner of Knott & Chapman)
- 3 Community Meeting Center**  
11300 Stanford Ave.  
(between 9th & Euclid)
- 4 Courtyard Center/  
Village Green Park**  
12732 Main St. (at Stanford)
- 5 Eastgate Park**  
12001 St. Mark St. (off Chapman & Valley View)
- 6 Edgar Park**  
12781 Topaz St. (between Springdale & Valley View)
- 7 Fountain Valley Recreation Center**  
16400 Brookhurst St., Fountain Valley
- 8 Garden Grove City Hall**  
11222 Acacia Parkway (off Euclid between Garden Grove Blvd. & Lampson)
- 9 Garden Grove Park**  
9301 Westminster Ave.  
(between Brookhurst & Magnolia)
- 10 Garden Grove Sports and Recreation Center**  
13641 Deodara Dr. (off Westminster)
- 11 H. Louis Lake Senior Center**  
11300 Stanford Ave.  
(between 9th & Euclid)
- 12 Magnolia Park**  
11402 Magnolia St.  
(corner of Magnolia & Orangewood)
- 13 Miriam Warne Community Building**  
14491 Beach Blvd., Suite B, Westminster
- 14 Stanton Community Center**  
17800 Katella Ave., Stanton
- 15 Tae Kwon Do Studio**  
9192 Garden Grove Blvd. #F  
(at Magnolia)
- 16 West Grove Park**  
5372 Cerulean Ave. (Valley View & Lampson)
- 17 West Haven Park**  
12252 West St. (between Chapman and Lampson)
- 18 Westminster Arts Academy**  
14441 Beach Blvd., Westminster
- 19 Westminster Community Center**  
8200 Westminster Blvd., Westminster
- 20 Woodbury Park**  
13800 Rosita Pl.  
(S. of Westminster, W. of Newhope)

### NOT SHOWN ON MAP:

- South Coast Fencing Center**  
3518 Lake Center Dr., Suite C, Santa Ana
- Arnold Cypress Park**  
8611 Watson St., Cypress
- Anaheim ICE (The Rinks)**  
300 W. Lincoln Ave., Anaheim
- Pill Strength Camp**  
331 S. State College Blvd., Fullerton



All locations are in Garden Grove except where noted.



# FACILITIES AND PARKS

## GARDEN GROVE



# Community Meeting Center

- Large/Small Banquet Rooms
- Full Kitchen Facilities
- Central OC Location • Park Setting

Quinceañeras, Weddings, Parties,  
Meetings, and More!

11300 Stanford Avenue, Garden Grove, 92840

 (714) 741-5262

 [events@ggcity.org](mailto:events@ggcity.org)

 [ggcity.org](http://ggcity.org)



## GARDEN GROVE COMMUNITY MEETING CENTER

Bring in this coupon and receive 10% off room fees!

New bookings only. One per customer. Expires 6/30/23.  
Does not apply to "Memorial" or "Special Packages."

For rates, call (714) 741-5262 or visit [ggcity.org](http://ggcity.org). Questions? Email us at [events@ggcity.org](mailto:events@ggcity.org)



## Garden Grove Courtyard Center

- Ideal for:*
- Birthday Parties
  - Baptism Receptions
  - Dinner Receptions
  - Small Business Meetings
  - Holiday Parties
  - Baby Showers
  - Seminars

### SPECIAL PACKAGE

Room Rental Rate: \$557\*

Refundable Damage Deposit: \$250

\*Four (4) hour event time. Maximum capacity 80 guests. No alcohol allowed.

12732 Main Street, Garden Grove, CA 92840

For information, call (714) 741-5262 or visit [events@ggcity.org](mailto:events@ggcity.org)



# FACILITIES AND PARKS

## MEMORIAL SERVICE PACKAGE

Community Meeting Center/ Courtyard Center

*Where families honor the memory of their loved ones*

**Room Rental Rate: \$591**

**Refundable Damage Deposit Required: \$250**

Guest attendance based on room capacity · No alcohol allowed

*This offer is good for one three (3) hour event during the weekday/weekend as available.*

*In addition you will receive one hour prior for set-up, and one hour after for clean-up.*

*Up to one pre-event extra set-up hour may be purchased at \$45. Complimentary use of LCD Projector upon request.*

*Security to be determined. Human remains/ashes are NOT permitted at any of our locations.*

  
*Community Meeting Center*

**For more information,  
please call (714) 741-5262.**

  
*Courtyard Center*



  
*Both Facilities Ideal For*

BIRTHDAY PARTIES  
BABY SHOWERS  
SMALL BUSINESS MEETINGS  
DINNER REHEARSALS  
RETIREMENT PARTIES  
& MANY OTHER OCCASIONS

Call (714)741-5200  
for rates and more information.





# FACILITIES AND PARKS



## WEEKLY SCHEDULE

### SUNDAY:

Drop-In Badminton \$1-3 5-8 P.M.

### MONDAY:

Drop-In Basketball \$1 3-5 P.M.

\*\*Drop-In PickleBall 6-9 P.M.

### TUESDAY:

Drop-In Basketball \$1 3-5 P.M.

\*Ric's Volleyball Adult League 5-11 P.M.

### WEDNESDAY:

Drop-In Basketball \$1 3-5 P.M.

\*\*Drop-In Volleyball \$1-3 6-9 P.M.

### THURSDAY:

Drop-In Basketball \$1 3-5 P.M.

\*\*Drop-In Badminton \$1-3 6-9 P.M.

### FRIDAY:

Adult Drop-In Basketball \$1 6-9 P.M.

### SATURDAY:

\*\*Drop-In Volleyball \$1-3 9:30 A.M.-12:30 P.M.

## PRICING

(Unless Otherwise Noted)

Youth (0-14 Years) \$1

Teen (15-17 Years) \$2

Adult (18-55 Years) \$3

Senior (55+ Years) \$2

All times and events are subject to change.  
Contact the center for more information.



GARDEN GROVE

Sports & Recreation Center

13641 Deodara Drive, Garden Grove, CA 92844 · (714) 889-5783

\*For info call (714) 375-5063

\*\*Seasonal. Does not meet June-August and December-March





# FACILITIES AND PARKS

## ATLANTIS Play Center

### GENERAL USE:

- \$2 per person admission charge
- Free for children 2 and under
- Adults must be accompanied by a child

### BIRTHDAY PARTIES/PICNICS:

- Picnic Tables: \$5 rental fee per table, max 12 per day
- Neptune's Pavilion: \$25 per 45 minutes
- For table and pavilion rentals, call the Community Service Department at (714) 741-5200
- For after-hours and exclusive rentals, call the Atlantis Coordinator at (714) 741-5168

Splash pad is only open during the summer

### ATLANTIS PLAY CENTER NON-SUMMER HOURS

Monday	Closed
Tuesday - Friday	10:00 am - 2:00 pm
Saturday	10:00 am - 4:00 pm
Sunday	12:00 pm - 4:00 pm



Atlantis Play Center: 13630 Atlantis Way, Garden Grove, 92844 • (714) 892-6015

# THE VOICE — of Garden Grove —

Win \$500 CASH,  
plus \$500 for your  
school's choir program!

Mark your calendars! The 11th Annual Voice of Garden Grove singing competition returns during the Free Summer Concert Series, Thursdays in June and July of 2023. High school students living in Garden Grove or attending GGUSD schools are encouraged to participate.



Evelyn Nguyen  
2022 Winner from  
Pacifica High School

## Auditions in Spring 2023

For more information, visit  
[www.ggcf.com/thevoice](http://www.ggcf.com/thevoice),  
email [thevoice@ggcity.org](mailto:thevoice@ggcity.org),  
or call (714) 741-5168.

#voiceofgg





## INSTRUCTORS WANTED

**Want to teach classes in Garden Grove?**

We are currently looking for qualified instructors for:

- Gymnastics
- Cheerleading
- Dance
- Fitness
- Cooking
- Self-Defense
- Ballroom Dance
- Cookie Decorating
- Gardening
- Music
- Language
- Computer, Phones, Tech

## 2023 Garden Grove College Graduates' Reception

Are you graduating from a college or university this year? Celebrate your achievement with the Garden Grove City Council, family and friends, and business members.

Visit [ggcity.org/grads](https://ggcity.org/grads) for details.



# YOUTH / TEEN FITNESS AND SPORTS

## YOUTH SPORTS

### Youth Winter & Summer Basketball

\$50 / child

Ages: Youth born in 2009-2016

Location: Garden Grove Sports and Recreation Center

#### Leagues:

Co-ed "D" Division	Born in 2015-2016
Co-ed "C" Division	Born in 2013-2014
Girls "C" Division	Born in 2013-2014
Co-ed "B" Division	Born in 2011-2012
Girls "B" Division	Born in 2011-2012
Co-ed "A" Division	Born in 2009-2010
Girls "A" Division	Born in 2009-2010

#### NO REGISTRATION WILL BE TAKEN AT SKILLS TESTING.

Registration will be limited to 80 participants in each division. Come and join a team, learn about sportsmanship, and improve your basketball skills in a fun environment.

### WINTER BASKETBALL

This program provides youth the opportunity to learn the fundamentals of basketball and play on teams in an organized sports league. The program will begin the week of January 28, with games played on Saturdays, and some weeknights when necessary. **Registration will be taken online or in person at City Hall during normal business hours, Monday, November 28 through Thursday, December 22.** Player's skills testing will be conducted on **January 4, 2023.**

#### SKILLS TESTING

All players are required to take a skills test in order to be placed on a team. The testing will take place at the Garden Grove Sports and Recreation Center, located at 13641 Deodara, Garden Grove, 92844.

#### Wednesday, January 4, 2023

- "D" Division .....6:00 pm
- "C" Division .....6:30 pm
- "B" Division .....7:00 pm
- "A" Division .....7:30 pm

### SUMMER BASKETBALL

This program provides youth the opportunity to learn the fundamentals of basketball and play on teams in an organized sports league. The program will begin the week of **June 5**, with games played on Saturdays, and some weeknights when necessary. **Registration will be taken online or in person at City Hall during normal business hours, Monday, March 20 through Thursday, April 20.** Player's skills testing will be conducted on **May 3.**

#### SKILLS TESTING

All players are required to take a skills test in order to be placed on a team. The testing will take place at the Garden Grove Sports and Recreation Center, located at 13641 Deodara, Garden Grove, 92844.

#### Wednesday, May 3, 2023

- "D" Division .....6:00 pm
- "C" Division .....6:30 pm
- "B" Division .....7:00 pm
- "A" Division .....7:30 pm



### Mini Summer Basketball

\$50 / child

Ages: Youth born in 2017-2018

This is an instructional program where kids will learn dribbling, passing, rebounding, and shooting at lowered baskets with a small ball. Participants will meet on Saturdays for 40 minute classes for six weeks at the Garden Grove Sports and Recreation Center. Classes will run late June through late July. Program includes an award, t-shirt, and coaching instruction. **No skills testing required.**

## VOLUNTEER COACHES...

### WE NEED YOU!!!

Volunteers are needed to coach and/or assist with teams in our youth basketball program. Without such volunteers, this program would not exist. If you have a few hours a week, enjoy working with kids, and know something about the game of basketball, please inform staff at the time of registration, or call (714) 741-5200.





# YOUTH / TEEN FITNESS AND SPORTS



## BASKETBALL

### Basketball Skills and Drills by BEST Sports

Our industry-leading basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting, and the triple threat position. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. This is an extremely active, endurance-based class. Please bring your child's favorite basketball with their name on it. No additional fees ever!

**Instructor: Beginners Edge Sports Training Instructor**

**Location: West Grove Park**

**Ages: 3-6**

**\$113 / 8 sessions**

10020	Sa	1/7-2/25	10:40 - 11:25 am	
10021	Su	1/8-2/26	10:40 - 11:25 am	
10026	Sa	3/4-4/29	10:40 - 11:25 am	No Class 4/8
10028	Su	3/5-4/30	10:40 - 11:25 am	No Class 4/9

**Ages: 7-10**

10024	Sa	1/7-2/25	11:30 am - 12:15 pm	
10025	Su	1/8-2/26	11:30 am - 12:15 pm	
10027	Sa	3/4-4/29	11:30 am - 12:15 pm	No Class 4/8
10029	Su	3/5-4/30	11:30 am - 12:15 pm	No Class 4/9

### 4-Sport Multi Sport by BEST Sports

Our industry-leading 4-sport program brings you multiple weeks of 4 fantastic sports: soccer, baseball/softball, basketball, and track. We will teach your player how to kick and control a soccer ball; how to hit, catch, throw, and run the bases; shoot and dribble a basketball; run, jump, and build strength and endurance. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young players regardless of their skill level. Please bring an age-appropriate soccer ball for the first week. A hitting tee and a bat are needed later in the session. No additional fees ever!

**Instructor: Beginners Edge Sports Training Instructor**

**Location: West Grove Park**

**Ages: 2-4**

**\$113 / 8 sessions**

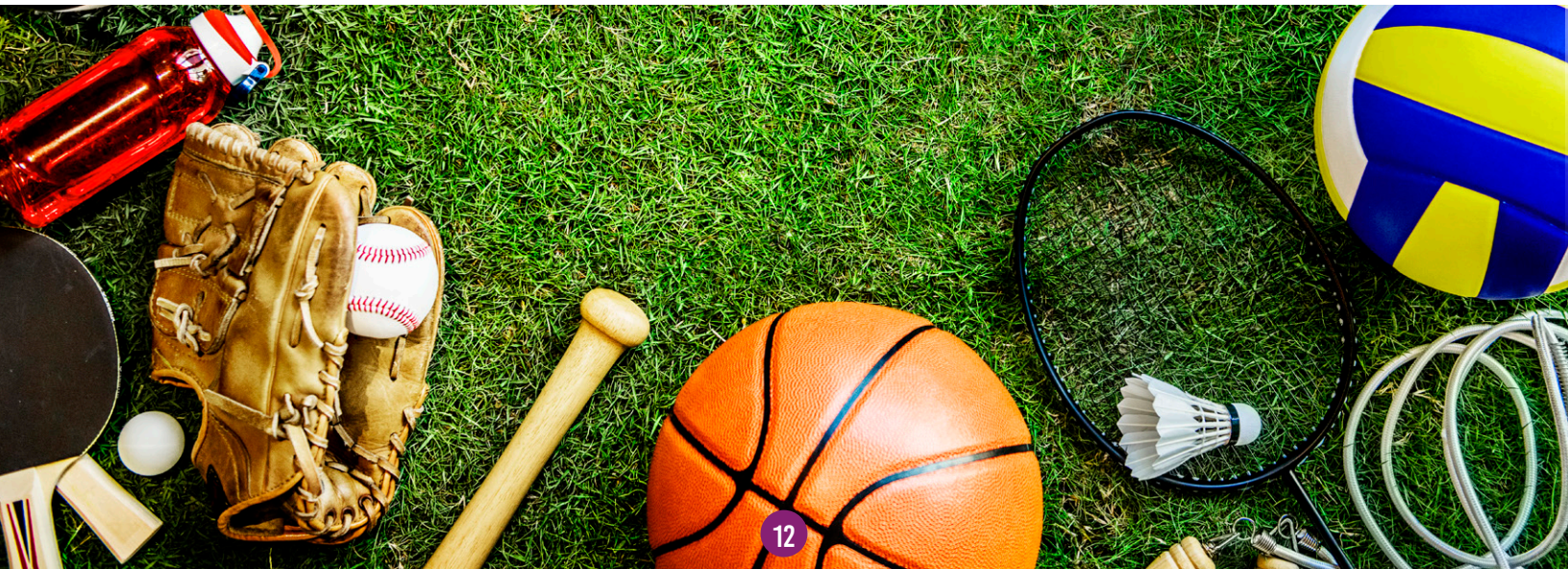
10065	Sa	1/7-2/25	9:00 - 9:45 am	
10066	Su	1/8-2/26	9:00 - 9:45 am	
10071	Sa	3/4-4/29	9:00 - 9:45 am	No Class 4/8
10074	Su	3/5-4/30	9:00 - 9:45 am	No Class 4/9

**Ages: 4-7**

10067	Sa	1/7-2/25	9:50 - 10:35 am	
10068	Su	1/8-2/26	9:50 - 10:35 am	
10072	Sa	3/4-4/29	9:50 - 10:35 am	No Class 4/8
10075	Su	3/5-4/30	9:50 - 10:35 am	No Class 4/9

**Ages: 7-10**

10069	Sa	1/7-2/25	11:30 am - 12:15 pm	
10070	Su	1/8-2/26	11:30 am - 12:15 pm	
10073	Sa	3/4-4/29	11:30 am - 12:15 pm	No Class 4/8
10076	Su	3/5-4/30	11:30 am - 12:15 pm	No Class 4/9





## TENNIS

### *Tiny Aces Tennis Class*

This class is your future tennis star's introduction to the exciting world of tennis, sports, and overall athleticism. This class features fun games that are perfectly designed to advance your child's hand-eye coordination, balance, and love for tennis. Our friendly staff will provide a fun, creative, and positive environment for every child involved. Parent participation is strongly encouraged. Please bring a tennis racket, water bottle, and wear athletic clothing and tennis shoes. For more information and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call (844) 983-6647.

**Instructor:** Johnny Allen Tennis Academy

**Location:** Chapman Sports Complex

**Ages:** 3-5 **\$69 / 6 sessions**

10512	TuTh	1/10-1/26	4:15 - 5:00 pm
10513	TuTh	1/31-2/16	4:15 - 5:00 pm
10514	TuTh	2/21-3/9	4:15 - 5:00 pm
10570	TuTh	3/14-3/30	4:15 - 5:00 pm
10571	TuTh	4/4-4/20	4:15 - 5:00 pm
10572	TuTh	4/25-5/11	4:15 - 5:00 pm

### *Little Aces Tennis Class*

We believe learning tennis should be fun and exciting. All classes feature the magical fusion of music and tennis. All four major strokes will be taught, the forehand, backhand, serve, and volley. Students will be given a solid tennis foundation through tons of innovative and effective drills and games. Once ready, players will be invited to attend the intermediate class. Please bring a tennis racket, water bottle, and wear athletic clothing and tennis shoes. For more information and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call (844) 983-6647.

**Instructor:** Johnny Allen Tennis Academy

**Location:** Chapman Sports Complex

**Ages:** 6-8 **\$79 / 6 sessions**

10515	TuTh	1/10-1/26	5:00 - 6:00 pm
10516	TuTh	1/31-2/16	5:00 - 6:00 pm
10517	TuTh	2/21-3/9	5:00 - 6:00 pm
10518	TuTh	3/14-3/30	5:00 - 6:00 pm
10519	TuTh	4/4-4/20	5:00 - 6:00 pm
10520	TuTh	4/25-5/11	5:00 - 6:00 pm

### *Junior Aces Tennis Class*

All junior tennis players looking for improvement are welcome to play, and find their groove, as music is played in every class. All four major strokes will be taught, the forehand, backhand, serve, and volley. Players will improve technique, spin, placement, balance, and movement, through specially designed drills and games. We will be focusing on proper technique on all major shots during singles and doubles play, preparing players for high school tennis, tournaments, and an overall higher level of the game. Please bring a tennis racket, water bottle, and wear athletic clothing and tennis shoes. For more info and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call (844) 983-6647.

**Instructor:** Johnny Allen Tennis Academy

**Location:** Chapman Sports Complex

**Ages:** 9-12 **\$79 / 6 sessions**

10550	TuTh	1/10-1/26	6:00 - 7:00 pm
10551	TuTh	1/31-2/16	6:00 - 7:00 pm
10552	TuTh	2/21-3/9	6:00 - 7:00 pm
10553	TuTh	3/14-3/30	6:00 - 7:00 pm
10554	TuTh	4/4-4/20	6:00 - 7:00 pm
10555	TuTh	4/25-5/11	6:00 - 7:00 pm

### *High School Aces Tennis Class*

This class is perfect for players getting ready to compete in tournaments, high school, or league tennis. This training class is for motivated, young competitive players, with dreams of one day competing at a higher level. Players will learn to compete and win through advanced strategy in singles and doubles. This class will build the confidence in each player's tennis game, through match play, while engaging in a wide variety of effective games and competitive situations. Please bring a tennis racket, water bottle, and wear athletic clothing and tennis shoes. For more information and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call (844) 983-6647.

**Instructor:** Johnny Allen Tennis Academy

**Location:** Chapman Sports Complex

**Ages:** 13-17 **\$79 / 6 sessions**

10530	TuTh	1/10-1/26	7:00 - 8:00 pm
10531	TuTh	1/31-2/16	7:00 - 8:00 pm
10532	TuTh	2/21-3/9	7:00 - 8:00 pm
10533	TuTh	3/14-3/30	7:00 - 8:00 pm
10534	TuTh	4/4-4/20	7:00 - 8:00 pm
10535	TuTh	4/25-5/11	7:00 - 8:00 pm





# YOUTH / TEEN FITNESS AND SPORTS



## FENCING

### Introduction to Epee Fencing

Learn the Olympic sport of fencing! Learn to use the weapon that has descended from Renaissance dueling swords. Students learn how to move, attack and defend themselves. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential \$250 equipment starter kit must be purchased prior to first class. Inquire at South Coast Fencing. A \$10 USFA insurance fee at time of registration.

**Instructor: South Coast Fencing Center**

**Location: South Coast Fencing Center**

Ages: 7+		\$125 / 1x per week-4 weeks	
19917	TuTh	1/3-1/26	7:00 - 8:00 pm
19918	TuTh	1/31-2/23	7:00 - 8:00 pm
19919	TuTh	2/28-3/23	7:00 - 8:00 pm
19920	TuTh	3/28-4/20	7:00 - 8:00 pm

*Class sessions are offered 2 times a week. Participants should attend any 1 of those sessions according to the convenience of their schedules.*

Ages: 7+		\$190 / 2x per week-4 weeks	
19921	TuTh	1/3-1/26	7:00 - 8:00 pm
19922	TuTh	1/31-2/23	7:00 - 8:00 pm
19923	TuTh	2/28-3/23	7:00 - 8:00 pm
19924	TuTh	3/28-4/20	7:00 - 8:00 pm

*Class sessions are offered 2 times a week. Participants should attend both of those sessions according to the convenience of their schedules.*

### Introduction to Foil Fencing

Learn the Olympic sport of fencing! Learn to use the weapon that has descended from Renaissance dueling swords. Students learn how to move, attack and defend themselves. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential \$250 equipment starter kit must be purchased prior to first class. Inquire at South Coast Fencing. A \$10 USFA insurance fee is due at time of registration.

**Instructor: South Coast Fencing Center**

**Location: South Coast Fencing Center**

Ages: 7-11		\$125 / 1x per week-4 weeks	
16512	1/3-1/28	TuTh 5:00 - 6:00 pm, Sa 10:00 am - 11:00 am	
16513	1/31-2/25	TuTh 5:00 - 6:00 pm, Sa 10:00 am - 11:00 am	
16514	2/28-3/25	TuTh 5:00 - 6:00 pm, Sa 10:00 am - 11:00 am	
16515	3/28-4/22	TuTh 5:00 - 6:00 pm, Sa 10:00 am - 11:00 am	

*Class sessions are offered 3 times a week. Participants should attend 1 of those sessions according to the convenience of their schedules.*

Ages: 7-11		\$190 / 2x per week-4 weeks	
16516	1/3-1/28	TuTh 5:00 - 6:00 pm, Sa 10:00 am - 11:00 am	
16517	1/31-2/25	TuTh 5:00 - 6:00 pm, Sa 10:00 am - 11:00 am	
16518	2/28-3/25	TuTh 5:00 - 6:00 pm, Sa 10:00 am - 11:00 am	
16519	3/28-4/22	TuTh 5:00 - 6:00 pm, Sa 10:00 am - 11:00 am	

*Class sessions are offered 3 times a week. Participants should attend 2 of those sessions according to the convenience of their schedules.*

Ages: 12+		\$125 / 1x per week-4 weeks	
16520	1/3-1/28	TuTh 6:00 - 7:00 pm, Sa 11:00 am - 12:00 pm	
16521	1/31-2/25	TuTh 6:00 - 7:00 pm, Sa 11:00 am - 12:00 pm	
16522	2/28-3/25	TuTh 6:00 - 7:00 pm, Sa 11:00 am - 12:00 pm	
16523	3/28-4/22	TuTh 6:00 - 7:00 pm, Sa 11:00 am - 12:00 pm	

*Class sessions are offered 3 times a week. Participants should attend 1 of those sessions according to the convenience of their schedules.*

Ages: 12+		\$190 / 2x per week-4 weeks	
16524	1/3-1/28	TuTh 6:00 - 7:00 pm, Sa 11:00 am - 12:00 pm	
16525	1/31-2/25	TuTh 6:00 - 7:00 pm, Sa 11:00 am - 12:00 pm	
16526	2/28-3/25	TuTh 6:00 - 7:00 pm, Sa 11:00 am - 12:00 pm	
16527	3/28-4/22	TuTh 6:00 - 7:00 pm, Sa 11:00 am - 12:00 pm	

*Class sessions are offered 3 times a week. Participants should attend 2 of those sessions according to the convenience of their schedules.*





# YOUTH / TEEN FITNESS AND SPORTS

## FIGURE SKATING

### Anaheim ICE Skating for Tot Beginner

Beginning ice skating made fun and easy! Watch your child smile as he or she learns how to march, glide, stop, hop, fall down, and get back up properly. Skate rental and four additional public skating passes (to be used during the 5-week session) are all included in the fee. Please arrive 15 minutes early to the first class and dress warmly.

**Instructor: Anaheim ICE Staff**

**Location: Anaheim ICE**

**Ages: 4-6 \$90 / 5 sessions**

13410	We	2/22-3/22	5:20 - 5:50 pm
13411	Sa	2/25-3/25	12:15 - 12:45 pm
13412	We	4/19-5/17	5:20 - 5:50 pm
13413	Sa	4/22-5/20	12:15 - 12:45 pm

### Anaheim ICE Skating for Youth Beginner

Beginning ice skating made fun and easy! Watch your child smile as he or she learns how to march, glide, stop, hop, fall down, and get back up properly. Skate rental and four additional public skating passes (to be used during the 5-week session) are all included in the fee. Please arrive 15 minutes early to the first class and dress warmly.

**Instructor: Anaheim ICE Staff**

**Location: Anaheim ICE**

**Ages: 7-13 \$90 / 5 sessions**

13400	We	2/22-3/22	5:55 - 6:25 pm
13401	Sa	2/25-3/25	11:40 am - 12:10 pm
13402	We	4/19-5/17	5:55 - 6:25 pm
13403	Sa	4/22-5/20	11:40 am - 12:10 pm



## SOCCER

### Soccer Skills Training by BEST Sports

Our industry-leading weekly soccer class will teach your kids the skills of soccer by offering activities such as: dribbling, kicking, throw-ins, goalie skills, (age permitting: scrimmaging) and more! Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. Please bring an age appropriate soccer ball with your child's name on it. No additional fees ever!

**Instructor: Beginners Edge Sports Training Instructor**

**Location: West Grove Park**

**Ages: 18mo-2yrs \$113 / 8 sessions**

11050	Sa	1/7-2/25	9:50 - 10:35 am
11051	Su	1/8-2/26	9:50 - 10:35 am
11057	Sa	3/4-4/29	9:50 - 10:35 am <i>No Class 4/8</i>
11060	Su	3/5-4/30	9:50 - 10:35 am <i>No Class 4/9</i>

**Ages: 3-6**

11052	Sa	1/7-2/25	9:00 - 9:45 am
11053	Su	1/8-2/26	9:00 - 9:45 am
11056	Sa	3/4-4/29	9:00 - 9:45 am <i>No Class 4/8</i>
11059	Su	3/5-4/30	9:00 - 9:45 am <i>No Class 4/9</i>

**Ages: 7-10**

11054	Sa	1/7-2/25	10:40 - 11:25 am
11055	Su	1/8-2/26	10:40 - 11:25 am
11058	Sa	3/4-4/29	10:40 - 11:25 am <i>No Class 4/8</i>
11061	Su	3/5-4/30	10:40 - 11:25 am <i>No Class 4/9</i>



# YOUTH / TEEN FITNESS AND SPORTS

## VOLLEYBALL

### Beginner Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course is designed to introduce the sport of volleyball to the athlete who is completely new to the game. Come have fun and learn with us! Masks required.

**Instructor:** West Grove Volleyball - Tan Nguyen

**Location:** Garden Grove Sports and Recreation Center

**Ages:** 8-10 **\$48 / 4 sessions**

17100	Su	1/8-1/29	1:15 - 2:15 pm	
17101	Su	2/5-2/26	1:15 - 2:15 pm	
17102	Su	3/5-3/26	1:15 - 2:15 pm	
17103	Su	4/2-4/30	1:15 - 2:15 pm	No Class 4/9

### Intermediate Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course takes the beginner athlete to the next step. Come have fun and learn with us! Masks required.

**Instructor:** West Grove Volleyball - Tan Nguyen

**Location:** Garden Grove Sports and Recreation Center

**Ages:** 11-14 **\$48 / 4 sessions**

19104	Su	1/8-1/29	2:15 - 3:15 pm	
19105	Su	2/5-2/26	2:15 - 3:15 pm	
19106	Su	3/5-3/26	2:15 - 3:15 pm	
19107	Su	4/2-4/30	2:15 - 3:15 pm	No Class 4/9

### Advanced Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course puts those athletes that have a solid grasp of the fundamentals into a full on game environment. Come have fun and learn with us! Masks required.

**Instructor:** West Grove Volleyball - Tan Nguyen

**Location:** Garden Grove Sports and Recreation Center

**Ages:** 12-15 **\$48 / 4 sessions**

19100	Su	1/8-1/29	3:15 - 4:15 pm	
19101	Su	2/5-2/26	3:15 - 4:15 pm	
19102	Su	3/5-3/26	3:15 - 4:15 pm	
19103	Su	4/2-4/30	3:15 - 4:15 pm	No Class 4/9



## PICKLEBALL

### Pickleball: Youth Beginning

Designed for youth with little, to no experience playing pickleball. Basic fundamental skills will be introduced, such as: safety, etiquette, rules, scoring, serves, dinks, forehand, backhand, and volleys. Once completed, players can participate comfortably in games. Paddles and balls will be provided. Flat outdoor court specific footwear recommended.

**Instructor:** Performance Pickleball LLC

**Location:** Arnold Cypress Park

**Ages:** 10-15 **\$80 / 4 sessions**

16100	Su	1/8-1/29	1:00 - 2:00 pm	
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# YOUTH / TEEN FITNESS AND SPORTS



## MARTIAL ARTS

### Tiny Tigers Taekwondo

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty, and assertiveness. The classes are beginner programs and kids will learn basic kicking techniques, punches, blocks, and basic self-defense forms. Uniform is included with class fee. This class is for first-time students only. If interested in re-enrolling, please contact the instructor directly.

**Instructor: Sung Ho Park**

**Location: Tae Kwon Do Studio**

Ages: 3	\$90 / 8 sessions		
12030	MoFr	1/6-2/3	3:20 - 3:50 pm
12031	MoFr	2/6-3/6	3:20 - 3:50 pm
12032	MoFr	3/10-4/3	3:20 - 3:50 pm

### Taekwondo for Little Stars

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty, and assertiveness. The classes are beginner programs and kids will learn basic kicking techniques, punches, blocks, and basic self-defense forms. Uniform is included with class fee. This class is for first-time students only. If interested in re-enrolling, please contact the instructor directly.

**Instructor: Sung Ho Park**

**Location: Tae Kwon Do Studio**

Ages: 4-6	\$90 / 8 sessions		
12020	MoWe	1/4-2/1	4:30 - 5:10 pm
12021	MoFr	1/6-2/3	4:30 - 5:10 pm
12022	MoWe	1/4-2/1	5:50 - 6:30 pm
12023	TuTh	1/3-1/26	4:30 - 5:10 pm
12024	TuTh	1/3-1/26	6:30 - 7:10 pm
12025	MoFr	2/6-3/6	4:30 - 5:10 pm
12026	MoWe	2/6-3/6	4:30 - 5:10 pm
12027	MoWe	2/6-3/6	5:50 - 6:30 pm
12028	TuTh	1/31-2/23	4:30 - 5:10 pm
12042	TuTh	1/31-2/23	6:30 - 7:10 pm
12043	MoFr	3/10-4/3	4:30 - 5:10 pm
12044	MoWe	3/13-4/5	4:30 - 5:10 pm
19904	MoWe	3/13-4/5	5:50 - 6:30 pm
19905	TuTh	2/28-3/23	4:30 - 5:10 pm
19906	TuTh	2/28-3/23	6:30 - 7:10 pm
19907	TuTh	4/4-4/27	4:30 - 5:10 pm
19908	TuTh	4/4-4/27	6:30 - 7:10 pm

### Taekwondo for Kids

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty, and assertiveness. The classes are beginner programs and kids will learn basic kicking techniques, punches, blocks, and basic self-defense forms. Uniform is included with class fee. This class is for first-time students only. If interested in re-enrolling, please contact the instructor directly.

**Instructor: Sung Ho Park**

**Location: Tae Kwon Do Studio**

Ages: 7-12	\$90 / 8 sessions		
12011	MoFr	1/6-2/3	3:50 - 4:30 pm
12012	MoWe	1/4-2/1	5:10 - 5:50 pm
12013	TuTh	1/3-1/26	5:10 - 5:50 pm
12014	TuTh	1/3-1/26	5:50 - 6:30 pm
12015	MoFr	2/6-3/6	3:50 - 4:30 pm
12016	MoWe	2/6-3/6	5:10 - 5:50 pm
12017	TuTh	1/31-2/23	5:10 - 5:50 pm
12018	TuTh	1/31-2/23	5:50 - 6:30 pm
12019	MoFr	3/10-4/3	3:50 - 4:30 pm
12040	MoWe	3/13-4/5	5:10 - 5:50 pm
12041	TuTh	2/28-3/23	5:10 - 5:50 pm
12045	MoWe	1/4-2/1	6:30 - 7:10 pm
12046	MoWe	2/6-3/6	6:30 - 7:10 pm
12047	MoWe	3/13-4/5	6:30 - 7:10 pm
19901	TuTh	2/28-3/23	5:50 - 6:30 pm
19902	TuTh	4/4-4/27	5:10 - 5:50 pm
19903	TuTh	4/4-4/27	5:50 - 6:30 pm

### Vovinam Martial Arts

Vovinam is a Vietnamese martial art, founded in 1938. It is the development of communicative intelligence, athletic body, noble mind, self-control, self-defense, self-esteem, and perseverance in a non-violent spirit. Self-defense for all levels: beginner, intermediate, and advanced. Students are required to purchase a unique Vovinam martial arts uniform for \$35. There is a \$20 non-refundable annual membership fee.

**Instructor: Tam Nguyen**

**Location: West Haven Park**

Ages: 7+	\$20 / 4 sessions		
19830	Sa	1/7-1/28	9:20 - 10:50 am
19831	Sa	2/4-2/25	9:20 - 10:50 am
19832	Sa	3/4-3/25	9:20 - 10:50 am
19833	Sa	4/1-4/29	9:20 - 10:50 am



# YOUTH / TEEN FITNESS AND SPORTS

## DANCING AND GYMNASTICS

### Hip Hop is Fun!

This fun energetic class will teach you coordination, dance, and rhythm! Learn cool moves set to awesome music! Finesse onto the dance floor in style with this hip class!

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

**Ages:** 5-10

**\$78 / 4 sessions**

18520	Fr	1/6-1/27	4:15 - 5:15 pm	
18521	Fr	2/3-2/24	4:15 - 5:15 pm	
18522	Fr	3/3-3/24	4:15 - 5:15 pm	
18523	Fr	3/31-4/28	4:15 - 5:15 pm	No Class 4/7

**Ages:** 12-17

18524	Sa	1/7-1/28	12:00 - 1:00 pm	
18525	Sa	2/4-2/25	12:00 - 1:00 pm	
18526	Sa	3/4-3/25	12:00 - 1:00 pm	
18527	Sa	4/1-4/29	12:00 - 1:00 pm	No Class 4/8

**Ages:** 8-11

18528	Sa	1/7-1/28	9:45 - 10:45 am	
18529	Sa	2/4-2/25	9:45 - 10:45 am	
18530	Sa	3/4-3/25	9:45 - 10:45 am	
18531	Sa	4/1-4/29	9:45 - 10:45 am	No Class 4/8

**Ages:** 5-7

18548	Sa	1/7-1/28	10:45 - 11:45 am	
18549	Sa	2/4-2/25	10:45 - 11:45 am	
18550	Sa	3/4-3/25	10:45 - 11:45 am	
18551	Sa	4/1-4/29	10:45 - 11:45 am	No Class 4/8

### Ballet Folklorico!

Join us for a class filled with life! Through the traditional dance style, students will be introduced to various regions of Mexican culture through dance. Regions include Tamaulipas, Chihuahua, Sinaloa, Jalisco, Azteca, Baja, and more!

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

**Ages:** 6-12

**\$78 / 4 sessions**

11140	Mo	1/2-1/23	6:30 - 7:30 pm	
11141	Mo	1/30-2/20	6:30 - 7:30 pm	
11142	Mo	2/27-3/20	6:30 - 7:30 pm	
11143	Mo	3/27-4/24	6:30 - 7:30 pm	No Class 4/3
11144	Tu	1/3-1/24	5:30 - 6:30 pm	
11145	Tu	1/31-2/21	5:30 - 6:30 pm	
11146	Tu	2/28-3/21	5:30 - 6:30 pm	
11147	Tu	3/28-4/25	5:30 - 6:30 pm	No Class 4/4

### Jazz Dance is Fun!

This popular dance class will teach the student ballet foundations with the contemporary/jazz style. Jazz is the most popular style chosen for music concerts, dance competitions, and musical theater productions. Students will have fun dancing to popular music and learning dance tricks such as leg extensions, illusions, splits, jumps, and turns. Dress code: form fitting shirt, leggings or tights with shorts, and tan slip-on jazz shoes. Solid colored clothes are preferred.

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

**Ages:** 9-17

**\$78 / 4 sessions**

18700	Th	1/5-1/26	6:30 - 7:30 pm	
18701	Th	2/2-2/23	6:30 - 7:30 pm	
18702	Th	3/2-3/23	6:30 - 7:30 pm	
18703	Th	3/30-4/27	6:30 - 7:30 pm	No Class 4/6

**Ages:** 6-9

18705	Th	1/5-1/26	5:30 - 6:30 pm	
18706	Th	2/2-2/23	5:30 - 6:30 pm	
18707	Th	3/2-3/23	5:30 - 6:30 pm	
18708	Th	3/30-4/27	5:30 - 6:30 pm	No Class 4/6

### Ballet, Tap, and Tumbling

Ballet develops physical control, strength, balance, and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, position of the day, animal walks, and balance beam. Materials fee of \$5 due to the instructor.

**Instructor:** Dawna Ludwig

**Location:** Westminster Community Center

**Ages:** 1-4

**\$38 / 3 sessions**

10062	Su	2/5-2/26	1:45 - 2:25 pm	No Class 2/19
10064	Su	4/2-4/23	1:45 - 2:25 pm	No Class 4/9

**Ages:** 4-12

11999	Su	2/5-2/26	2:30 - 3:10 pm	No Class 2/19
12001	Su	4/2-4/23	2:30 - 3:10 pm	No Class 4/9

**Ages:** 1-4

**\$48 / 4 sessions**

10059	Mo	2/27-3/20	3:10 - 3:50 pm	
10061	Su	1/8-1/29	1:45 - 2:25 pm	
10063	Su	3/5-3/26	1:45 - 2:25 pm	

**Ages:** 4-12

11983	Mo	2/27-3/20	3:55 - 4:35 pm	
11998	Su	1/8-1/29	2:30 - 3:10 pm	
12000	Su	3/5-3/26	2:30 - 3:10 pm	

**Ages:** 1-4

**\$58 / 5 sessions**

10060	Mo	3/27-4/24	3:10 - 3:50 pm	
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**Ages:** 4-12

11989	Mo	3/27-4/24	3:55 - 4:35 pm	
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# YOUTH / TEEN FITNESS AND SPORTS

## Pop Ballet is Fun!

Learn ballet to popular music you know and love! Introducing young dancers to their bodies, this class focuses on creating a more disciplined, creative, and outgoing dancer! In class, dancers will learn the classical ballet technique, improvisational skills, flexibility, and ballet vocabulary. Dress code for females: ballet leotard (any color), pink ballet tights, pink ballet shoes, hair in a bun. Dress code for males: black or white t-shirt, black leggings or ballet tights, black ballet shoes.

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

**Ages: 3-4 \$68 / 4 sessions**

10704	We	1/4-1/25	4:45 - 5:30 pm	
10705	We	2/1-2/22	4:45 - 5:30 pm	
10706	We	3/1-3/22	4:45 - 5:30 pm	
10707	We	3/29-4/26	4:45 - 5:30 pm	No Class 4/5
10716	Su	1/8-1/29	9:45 - 10:30 am	
10717	Su	2/5-2/26	9:45 - 10:30 am	
10718	Su	3/5-3/26	9:45 - 10:30 am	
10719	Su	4/2-4/30	9:45 - 10:30 am	No Class 4/9
18532	Mo	1/2-1/23	4:30 - 5:15 pm	
18533	Mo	1/30-2/20	4:30 - 5:15 pm	
18534	Mo	2/27-3/20	4:30 - 5:15 pm	
18535	Mo	3/27-4/24	4:30 - 5:15 pm	No Class 4/3

**Ages: 3-5 \$78 / 4 sessions**

18540	Tu	1/3-1/24	4:15 - 5:15 pm	
18541	Tu	1/31-2/21	4:15 - 5:15 pm	
18542	Tu	2/28-3/21	4:15 - 5:15 pm	
18543	Tu	3/28-4/25	4:15 - 5:15 pm	No Class 4/4

**Ages: 5-10**

10724	Fr	1/6-1/27	6:30 - 7:30 pm	
10725	Fr	2/3-2/24	6:30 - 7:30 pm	
10726	Fr	3/3-3/24	6:30 - 7:30 pm	
10727	Fr	3/31-4/28	6:30 - 7:30 pm	No Class 4/7

**Ages: 5-7**

10708	We	1/4-1/25	5:30 - 6:30 pm	
10709	We	2/1-2/22	5:30 - 6:30 pm	
10710	We	3/1-3/22	5:30 - 6:30 pm	
10711	We	3/29-4/26	5:30 - 6:30 pm	No Class 4/5
10720	Su	1/8-1/29	10:45 - 11:45 am	
10721	Su	2/5-2/26	10:45 - 11:45 am	
10722	Su	3/5-3/26	10:45 - 11:45 am	
10723	Su	4/2-4/30	10:45 - 11:45 am	No Class 4/9
18536	Mo	1/2-1/23	5:30 - 6:30 pm	
18537	Mo	1/30-2/20	5:30 - 6:30 pm	
18538	Mo	2/27-3/20	5:30 - 6:30 pm	
18539	Mo	3/27-4/24	5:30 - 6:30 pm	No Class 4/3
18544	Tu	1/3-1/24	6:30 - 7:30 pm	
18545	Tu	1/31-2/21	6:30 - 7:30 pm	
18546	Tu	2/28-3/21	6:30 - 7:30 pm	
18547	Tu	3/28-4/25	6:30 - 7:30 pm	No Class 4/4

**Ages: 8-12**

10712	We	1/4-1/25	6:30 - 7:30 pm	
10713	We	2/1-2/22	6:30 - 7:30 pm	
10714	We	3/1-3/22	6:30 - 7:30 pm	
10715	We	3/29-4/26	6:30 - 7:30 pm	No Class 4/9

## YOGA

### Baby's First Yoga, Dance & Tumbling Class

This class presents an easy and fun way to introduce your child to yoga through baby-friendly yoga poses and age appropriate tumbling skills. Materials fee of \$5 due to the instructor.

**Instructor:** Dawna Ludwig

**Location:** Westminster Community Center

**Ages: 4-12 months \$48 / 4 sessions**

12980	Mo	2/27-3/20	1:50 - 2:20 pm	
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**Ages: 4-12 months \$58 / 5 sessions**

12981	Mo	3/27-4/24	1:50 - 2:20 pm	
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### Yoga for Kids

Yoga is a safe, fun, and non-competitive way for children to exercise and develop coordination. Yoga also strengthens the body, builds self-esteem, and increases focus and concentration.

**Instructor:** Dawna Ludwig

**Location:** Westminster Community Center

**Ages: 4-12 \$38 / 3 sessions**

18901	Su	2/5-2/26	3:15 - 3:55 pm	No Class 2/19
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18903	Su	4/2-4/23	3:15 - 3:55 pm	No Class 4/9
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**Ages: 4-12 \$48 / 4 sessions**

18900	Su	1/8-1/29	3:15 - 3:55 pm	
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18902	Su	3/5-3/26	3:15 - 3:55 pm	
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# YOUTH / TEEN SPECIAL INTEREST



## ARTS AND CRAFTS

### Drawing is Fun!

Be more confident with your lines and shapes! With new themes every month, this class will develop your inner artist. You will also practice the fundamentals of observation and how to transfer them onto paper. In this quirky class, you'll exercise your imagination and have fun while making cartoons! Materials fee of \$10 due to the instructor.

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

Ages: 5+		\$78 / 4 sessions	
10129	We	1/4-1/25	4:00 - 5:00 pm
10130	We	2/1-2/22	4:00 - 5:00 pm
10131	We	3/1-3/22	4:00 - 5:00 pm
10132	We	3/29-4/26	4:00 - 5:00 pm <i>No Class 4/4</i>
Ages: 5-7			
10125	Tu	1/3-1/24	5:00 - 6:00 pm
10126	Tu	1/31-2/21	5:00 - 6:00 pm
10127	Tu	2/28-3/21	5:00 - 6:00 pm
10128	Tu	3/28-4/25	5:00 - 6:00 pm <i>No Class 4/5</i>
10141	Sa	1/7-1/28	12:45 - 1:45 pm
10142	Sa	2/4-2/25	12:45 - 1:45 pm
10143	Sa	3/4-3/25	12:45 - 1:45 pm
10144	Sa	4/1-4/29	12:45 - 1:45 pm <i>No Class 4/8</i>
10145	Su	1/8-1/29	9:30 - 10:30 am
10146	Su	2/5-2/26	9:30 - 10:30 am
10147	Su	3/5-3/26	9:30 - 10:30 am
10148	Su	4/2-4/30	9:30 - 10:30 am <i>No Class 4/9</i>
Ages: 7+			
10096	Mo	1/2-1/23	6:00 - 7:00 pm
10097	Mo	1/30-2/20	6:00 - 7:00 pm
10098	Mo	2/27-3/20	6:00 - 7:00 pm
10099	Mo	3/27-4/24	6:00 - 7:00 pm <i>No Class 4/3</i>
10133	Th	1/5-1/26	3:00 - 4:00 pm
10134	Th	2/2-2/23	3:00 - 4:00 pm
10135	Th	3/2-3/23	3:00 - 4:00 pm
10136	Th	3/30-4/27	3:00 - 4:00 pm <i>No Class 4/6</i>
Ages: 8-11			
10137	Fr	1/6-1/27	4:00 - 5:00 pm
10138	Fr	2/3-2/24	4:00 - 5:00 pm
10139	Fr	3/3-3/24	4:00 - 5:00 pm
10140	Fr	3/31-4/28	4:00 - 5:00 pm <i>No Class 4/7</i>
Ages: 8-10			
10149	Su	1/8-1/29	10:30 - 11:30 am
10150	Su	2/5-2/26	10:30 - 11:30 am
10151	Su	3/5-3/26	10:30 - 11:30 am
10152	Su	4/2-4/30	10:30 - 11:30 am <i>No Class 4/9</i>

### Painting is Fun!

Students will gain confidence in their painting skill set. These lessons will begin with an introduction to color theory and help students improve their painting and gain more knowledge on color and how to mix and manipulate paints. Materials fee of \$10 due to the instructor.

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

Ages: 5+		\$98 / 4 sessions	
10104	Mo	1/2-1/23	4:30 - 5:45 pm
10105	Mo	1/30-2/20	4:30 - 5:45 pm
10106	Mo	2/27-3/20	4:30 - 5:45 pm
10107	Mo	3/27-4/24	4:30 - 5:45 pm <i>No Class 4/3</i>
10108	Tu	1/3-1/24	6:00 - 7:15 pm
10200	Tu	1/31-2/21	6:00 - 7:15 pm
10201	Tu	2/28-3/21	6:00 - 7:15 pm
10202	Tu	3/28-4/25	6:00 - 7:15 pm <i>No Class 4/4</i>
10211	Su	1/8-1/29	11:30 am - 12:45 pm
10212	Su	2/5-2/26	11:30 am - 12:45 pm
10213	Su	3/5-3/26	11:30 am - 12:45 pm
10214	Su	4/2-4/30	11:30 am - 12:45 pm <i>No Class 4/9</i>
Ages: 5-10			
10203	We	1/4-1/25	5:15 - 6:30 pm
10204	We	2/1-2/22	5:15 - 6:30 pm
10205	We	3/1-3/22	5:15 - 6:30 pm
10206	We	3/29-4/26	5:15 - 6:30 pm <i>No Class 4/5</i>
Ages: 5-7			
10207	Fr	1/6-1/27	5:00 - 6:15 pm
10208	Fr	2/3-2/24	5:00 - 6:15 pm
10209	Fr	3/3-3/24	5:00 - 6:15 pm
10210	Fr	3/31-4/28	5:00 - 6:15 pm <i>No Class 4/7</i>





# YOUTH / TEEN SPECIAL INTEREST

## Anime is Fun!

Learn the techniques to drawing your favorite anime characters! Topics covered will include: 2D and 3D drawing, principles of animation, turning the character around, what makes cute/awesome, how to make your drawings unique, famous anime designs and why they work, the character in motion, and expression poses. Materials fee of \$10 due to the instructor.

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

Ages: 8-11		\$78 / 4 sessions	
17058	Th	1/5-1/26	6:30 - 7:30 pm
17059	Th	2/2-2/23	6:30 - 7:30 pm
17060	Th	3/2-3/23	6:30 - 7:30 pm
17061	Th	3/30-4/27	6:30 - 7:30 pm <i>No Class 4/6</i>

Ages: 12-17			
17062	Th	1/5-1/26	7:30 - 8:30 pm
17063	Th	2/2-2/23	7:30 - 8:30 pm
17064	Th	3/2-3/23	7:30 - 8:30 pm
17065	Th	3/30-4/27	7:30 - 8:30 pm <i>No Class 4/6</i>
17066	Sa	1/7-1/28	3:00 - 4:00 pm
17067	Sa	2/4-2/25	3:00 - 4:00 pm
17068	Sa	3/4-3/25	3:00 - 4:00 pm
17069	Sa	4/1-4/29	3:00 - 4:00 pm <i>No Class 4/8</i>



## Mixed Media Art is Fun!

Do you enjoy drawing, painting, colored pencils, printmaking, and even paper art? Mixed Media work is excellent for exploring different mediums in art if you just love to create and want to improve on your skill! Materials fee of \$10 due to the instructor.

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

Ages: 5+		\$98 / 4 sessions	
10290	Mo	1/2-1/23	3:30 - 4:30 pm
10291	Mo	1/30-2/20	3:30 - 4:30 pm
10292	Mo	2/27-3/20	3:30 - 4:30 pm
10293	Mo	3/27-4/24	3:30 - 4:30 pm <i>No Class 4/3</i>
10700	Su	1/8-1/29	1:00 - 2:00 pm
10701	Su	2/5-2/26	1:00 - 2:00 pm
10702	Su	3/5-3/26	1:00 - 2:00 pm
10703	Su	4/2-4/30	1:00 - 2:00 pm <i>No Class 4/9</i>

Ages: 5-10			
10294	Tu	1/3-1/24	4:00 - 5:00 pm
10295	Tu	1/31-2/21	4:00 - 5:00 pm
10296	Tu	2/28-3/21	4:00 - 5:00 pm
10297	Tu	3/28-4/25	4:00 - 5:00 pm <i>No Class 4/4</i>

Ages: 8+			
10298	We	1/4-1/25	6:30 - 7:30 pm
10299	We	2/1-2/22	6:30 - 7:30 pm
10300	We	3/1-3/22	6:30 - 7:30 pm
10301	We	3/29-4/26	6:30 - 7:30 pm <i>No Class 4/5</i>



## MUSIC

### Music FunTime!

Music classes engineered by Music FunTime is an innovative, structured, and progressive curriculum derived from Johns Hopkins research. Students will be exploring the magical connection between math and science through music. Children learn to read music notation, rhythms and symbols, and play the instruments of their choice. Through small preschool, kindergarten, and early elementary groups in a classroom atmosphere, children use musical crafts, worksheets, games, and instruments in a fun exciting way to explore and nurture a strong music foundation. There will be a \$20 materials fee due to the instructor on the first day of class.

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

Ages: 3-5		\$98 / 4 sessions	
11903	We	1/4-1/25	3:00 - 3:30 pm
11904	We	2/1-2/22	3:00 - 3:30 pm
11905	We	3/1-3/22	3:00 - 3:30 pm
11906	We	3/29-4/26	3:00 - 3:30 pm <i>No Class 4/5</i>
11907	We	1/4-1/25	4:00 - 4:30 pm
11908	We	2/1-2/22	4:00 - 4:30 pm
11909	We	3/1-3/22	4:00 - 4:30 pm
11910	We	3/29-4/26	4:00 - 4:30 pm <i>No Class 4/5</i>
11911	We	1/4-1/25	5:45 - 6:15 pm
11912	We	2/1-2/22	5:45 - 6:15 pm
11913	We	3/1-3/22	5:45 - 6:15 pm
11914	We	3/29-4/26	5:45 - 6:15 pm <i>No Class 4/5</i>



# YOUTH / TEEN SPECIAL INTEREST

## Piano is Fun!

Witness your child become a young musician playing songs that they enjoy! Children are encouraged to use their creativity in this exciting introductory music class. Students learn finger independence by reading musical patterns. Basic rhythms are introduced and students enjoy playing and creating music with others on acoustic pianos!

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

Ages: 5-7		\$98 / 4 sessions	
11990	Mo	1/2-1/23	3:30 - 4:15 pm
11991	Mo	1/30-2/20	3:30 - 4:15 pm
11992	Mo	2/27-3/20	3:30 - 4:15 pm
11993	Mo	3/27-4/24	3:30 - 4:15 pm <i>No Class 4/3</i>
Ages: 7-10			
11994	Sa	1/7-1/28	9:00 - 9:45 am
11995	Sa	2/4-2/25	9:00 - 9:45 am
11996	Sa	3/4-3/25	9:00 - 9:45 am
11997	Sa	4/1-4/29	9:00 - 9:45 am <i>No Class 4/8</i>

## Singing is Fun!

Learn to sing those songs you love with creative style, proper technique, and stage performance skills! Students have the opportunity to sing solos, duets, and big group songs in this class where musical numbers really come to life!

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

Ages: 4-7		\$68 / 4 sessions	
12771	Th	1/5-1/26	4:45 - 5:30 pm
12772	Th	2/2-2/23	4:45 - 5:30 pm
12773	Th	3/2-3/23	4:45 - 5:30 pm
12774	Th	3/30-4/27	4:45 - 5:30 pm <i>No Class 4/6</i>
Ages: 12-17		\$78 / 4 sessions	
12801	Th	1/5-1/26	6:30 - 7:30 pm
12802	Th	2/2-2/23	6:30 - 7:30 pm
12803	Th	3/2-3/23	6:30 - 7:30 pm
12804	Th	3/30-4/27	6:30 - 7:30 pm <i>No Class 4/6</i>
Ages: 5-10			
12805	Th	1/5-1/26	6:30 - 7:30 pm
12806	Th	2/2-2/23	6:30 - 7:30 pm
12807	Th	3/2-3/23	6:30 - 7:30 pm
12808	Th	3/30-4/27	6:30 - 7:30 pm <i>No Class 4/6</i>
Ages: 8-11			
12797	Th	1/5-1/26	5:30 - 6:30 pm
12798	Th	2/2-2/23	5:30 - 6:30 pm
12799	Th	3/2-3/23	5:30 - 6:30 pm
12800	Th	3/30-4/27	5:30 - 6:30 pm <i>No Class 4/6</i>



## DEVELOPMENT AND MANNERS

### Preschool Play and Practice

Imagine your child learning award-winning children's literature, songs, arts and crafts, and many more new ideas. Each class is based on a different theme and includes cutting, pasting, coloring, and more importantly, interacting with other children. Materials fee of \$5 due to the instructor.

**Instructor:** Dawna Ludwig

**Location:** Westminster Community Center

Ages: 9 mos-4 yrs		\$38 / 3 sessions	
13333	Su	2/5-2/26	1:00 - 1:40 pm <i>No Class 2/19</i>
13335	Su	4/2-4/23	1:00 - 1:40 pm <i>No Class 4/9</i>
Ages: 9 mos-4 yrs		\$48 / 4 sessions	
13330	Mo	2/27-3/20	2:25 - 3:05 pm
13332	Su	1/8-1/29	1:00 - 1:40 pm
13334	Su	3/5-3/26	1:00 - 1:40 pm
Ages: 9 mos-4 yrs		\$58 / 5 sessions	
13331	Mo	3/27-4/24	2:25 - 3:05 pm

### Manners for Young Ladies and Gentlemen

Knowing what to do in social situations can build self-esteem and confidence in everyone. Children will receive a foundation of good manners while learning good communication, positive body language, and proper grooming in a relaxed, fun atmosphere.

**Instructor:** Dawna Ludwig

**Location:** Westminster Community Center

Ages: 4-12		\$38 / 3 sessions	
18801	Su	2/5-2/26	4:00 - 4:30 pm <i>No Class 2/19</i>
18803	Su	4/2-4/23	4:00 - 4:30 pm <i>No Class 4/9</i>
Ages: 4-12		\$48 / 4 sessions	
18800	Su	1/8-1/29	4:00 - 4:30 pm
18802	Su	3/5-3/26	4:00 - 4:30 pm



## BATON TWIRLING

### Baton Twirling

Learn to twirl, toss and spin! Come try the exciting sport of baton twirling!

**Instructor:** Hollie Bohorquez

**Location:** West Grove Park

**Ages:** 6+ **\$50 / 4 sessions**

10250	We	1/11-2/1	3:30 - 4:40 pm
10251	We	2/8-3/1	3:30 - 4:30 pm
10252	We	3/8-3/29	3:30 - 4:30 pm
10253	We	4/5-4/26	3:30 - 4:30 pm

## CULINARY ARTS

### Cookie Decorating

**Class Description:** This class is for kids who would like to learn how to decorate pretty cookies. They will learn the basics of flooding and piping. Each class will have a different theme. All supplies are included.

**Information for students at time of registration:** The class fee is per child, no sharing of decorating sets. Adults/parents may help.

**Instructor:** Laura Rogers

**Location:** H. Louis Lake Senior Center

**Ages:** 7+ **\$38**

10904	Sa	1/21	1:00PM-3:00PM
10905	Sa	2/18	1:00PM-3:00PM
10906	Sa	3/18	1:00PM-3:00PM
10907	Sa	4/15	1:00PM-3:00PM



# PROFESSOR EGGHEAD SCIENCE ACADEMY

## SPECIAL INTEREST

### Egghead Secret Agent Science

Become the world's greatest secret agent! Once the challenge is accepted, Egghead Agents will write with invisible inks by making chemical reactions, make spy tools like periscopes and spy glasses to take home as they learn about mirrors, and crack secret codes with the science of cryptography on their way to becoming super spies. \$40 supply fee includes the materials for all 8 weeks of lessons and take home experiments.

**Instructor:** Professor Egghead Science Academy

**Location:** West Grove Park

**Ages:** 4-9 **\$160 / 8 sessions**

16000	Mo	1/9-2/27	3:30 - 4:30 pm
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### Egghead Engineering: Mega Machines

We build machines for Professor Egghead's home town of Eggville! Using LEGO™, students will build, design and test real machines like windmills, cranes, and elevators. Professor Egghead Science Academy is a fun, interactive, hands on science program for boys and girls. \$40 supply fee includes the materials for all 8 weeks of lessons and take home experiments.

**Instructor:** Professor Egghead Science Academy

**Location:** West Grove Park

**Ages:** 4-9 **\$160 / 8 sessions**

16002	Fr	1/13-3/3	3:30 - 4:30 pm
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### Egghead Engineering: Ancient Wonders

Students will build awesome ancient creations like aqueducts, huge dams, wells, and giant coliseums with LEGOs. Then, we'll test them with the crush test, the weight test, and all of our other tests to make sure they can stand up to the challenge! Professor Egghead Science Academy offers the coolest science and engineering programs for girls and boys. \$40 supply fee includes all the materials for all 8 weeks of lessons and take home experiments.

**Instructor:** Professor Egghead Science Academy

**Location:** West Grove Park

**Ages:** 4-9 **\$160 / 8 sessions**

16001	Mo	3/6-4/24	3:30 - 4:30 pm
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### Egghead Superhero Science

Eggheads become science superheroes this season as they bend their vision, learn about super smelling, crazy illusions, ultrasonic hearing and tons more! Each week, students will learn the science behind super strength and all the other things our superheroes need, and will take home their experiment to help them be super themselves. \$40 supply fee includes all materials for all 8 weeks of lessons and take home experiments.

**Instructor:** Professor Egghead Science Academy

**Location:** West Grove Park

**Ages:** 4-9 **\$160 / 8 sessions**

16003	Fr	3/10-4/28	3:30 - 4:30 pm
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# YOUTH / TEEN SPECIAL INTEREST

## CHESS

### Chess Club!

Did you know that chess is a form of art? By joining our Chess Club, students will develop their problem-solving skills and strengthen their focus and attention span, all in a competitive and welcoming environment.

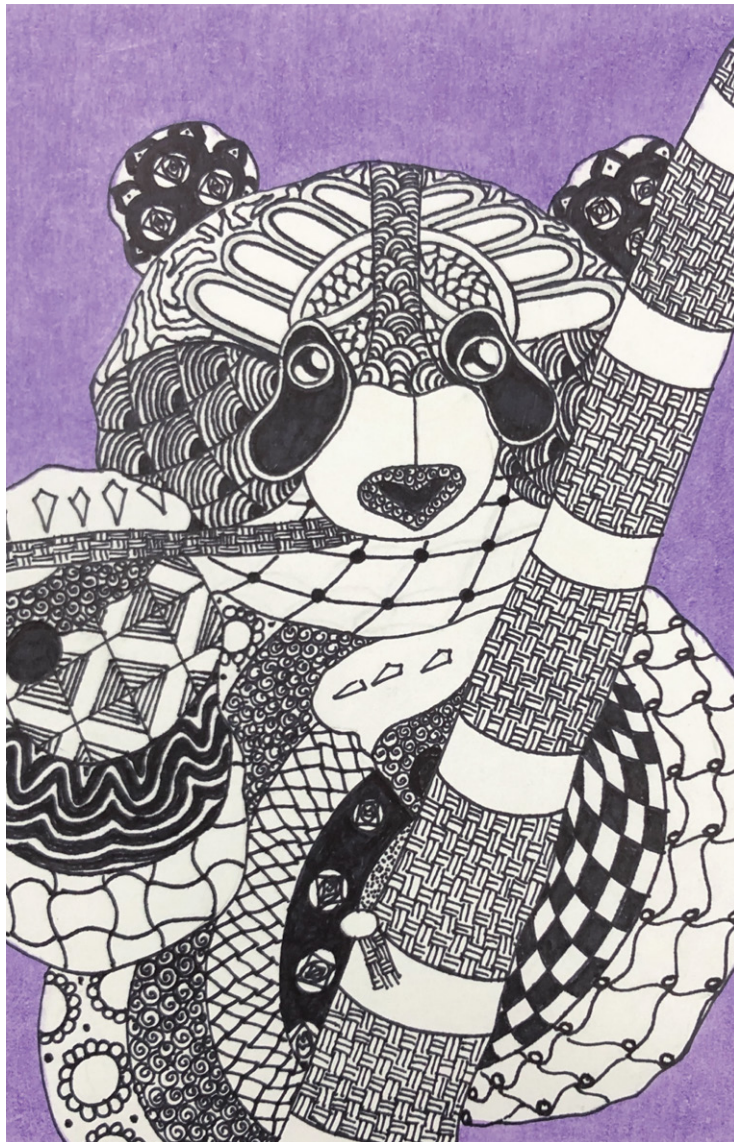
**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

**Ages:** 7-14

**\$88 / 4 sessions**

11120	Th	1/5-1/26	4:00 - 5:15 pm	
11121	Th	2/2-2/23	4:00 - 5:15 pm	
11122	Th	3/2-3/23	4:00 - 5:15 pm	
11123	Th	3/30-4/27	4:00 - 5:15 pm	No Class 4/6
11124	Fr	1/6-1/27	5:00 - 6:15 pm	
11125	Fr	2/3-2/24	5:00 - 6:15 pm	
11126	Fr	3/3-3/24	5:00 - 6:15 pm	
11127	Fr	3/31-4/28	5:00 - 6:15 pm	No Class 4/7
11128	Sa	1/7-1/28	8:30 - 9:45 am	
11129	Sa	2/4-2/25	8:30 - 9:45 am	
11130	Sa	3/4-3/25	8:30 - 9:45 am	
11131	Sa	4/1-4/29	8:30 - 9:45 am	No Class 4/8



## VIRTUAL CLASSES

### Minecraft Make Code Programming

This class will be virtual and only being offered online. With Make Code, kids can start learning programming inside the Minecraft game. You will learn the professional programming concepts while playing and making changes in the game. With the open platform provided by Minecraft, kids can program anything they want with their imagination, and change the game into a version that has never been seen before. Students should have one of the following: laptop/iPad/tablet/Google Chromebook.

**Instructor:** Coding Minds Academy Instructor

**Location:** Online Class

**Ages:** 6-10

**\$110 / 4 sessions**

14205 We 1/11-2/1 4:00 - 5:00 pm

### Game Development and Design with Roblox

Roblox uses a programming language known as Lua. As students develop their own games, they also pick up computer science concepts, computational thinking skills, and programming fundamentals. While creating their own games with Roblox Studio, students will also encounter and learn about 3D modeling. Learning programming is not the ultimate goal. We focus on pushing the kids' imagination and creativity. Students should have one of the following: laptop/iPad/tablet/Google Chromebook.

**Instructor:** Coding Minds Academy Instructor

**Location:** Online Class

**Ages:** 10-15

**\$110 / 4 sessions**

14200 We 1/11-2/1 5:00 - 6:00 pm





# ADULT SPECIAL INTEREST



## ADULT SPORTS

### Adult Cardio Tennis Class

Looking for an upbeat work out? Grab your racket and let's hit the courts! We have tons of fast paced drills and games to keep you moving and improving. If you are looking to improve your tennis game and stay on your toes, then this program is perfect for you. This class features tennis and workouts all rolled into one. Specially designed to burn some calories, make some friends, and of course, improve your tennis game. Please bring a tennis racket, water bottle, and wear athletic clothing and tennis shoes. For more information and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call (844) 983-6647.

**Instructor:** Johnny Allen Tennis Academy

**Location:** Chapman Sports Complex

**Ages:** 18+ **\$79 / 6 sessions**

10536	TuTh	1/10-1/26	8:00 - 9:00 pm
10537	TuTh	1/31-2/16	8:00 - 9:00 pm
10538	TuTh	2/21-3/9	8:00 - 9:00 pm
10539	TuTh	3/14-3/30	8:00 - 9:00 pm
10540	TuTh	4/4-4/20	8:00 - 9:00 pm
10541	TuTh	4/25-5/11	8:00 - 9:00 pm

## FENCING

### Introduction to Epee Fencing

Learn the Olympic sport of fencing! Learn to use the weapon that has descended from Renaissance dueling swords. Students learn how to move, attack and defend themselves. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential \$250 equipment starter kit must be purchased prior to first class. Inquire at South Coast Fencing. A \$10 USFA insurance fee is due at time of registration.

**Instructor:** South Coast Fencing Center

**Location:** South Coast Fencing Center

**Ages:** 7+ **\$125 / 1x per week-4 weeks**

19917	TuTh	1/3-1/26	7:00 - 8:00 pm
19918	TuTh	1/31-2/23	7:00 - 8:00 pm
19919	TuTh	2/28-3/23	7:00 - 8:00 pm
19920	TuTh	3/28-4/20	7:00 - 8:00 pm

*Class sessions are offered 2 times a week. Participants should attend any 1 of those sessions according to the convenience of their schedules.*

**Ages:** 7+ **\$190 / 2x per week-4 weeks**

19921	TuTh	1/3-1/26	7:00 - 8:00 pm
19922	TuTh	1/31-2/23	7:00 - 8:00 pm
19923	TuTh	2/28-3/23	7:00 - 8:00 pm
19924	TuTh	3/28-4/20	7:00 - 8:00 pm

*Class sessions are offered 2 times a week. Participants should attend both of those sessions according to the convenience of their schedules.*

### Introduction to Foil Fencing

Learn the Olympic sport of fencing! Learn to use the weapon that has descended from Renaissance dueling swords. Students learn how to move, attack and defend themselves while learning about priority and right-of-way rules that are a cornerstone in foil fencing. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential \$250 equipment starter kit must be purchased prior to first class. Inquire at South Coast Fencing. A \$10 USFA insurance fee is due at time of registration.

**Instructor:** South Coast Fencing Center

**Location:** South Coast Fencing Center

**Ages:** 12+ **\$125 /1x per week-4 weeks**

16520	1/3-1/28	TuTh 6:00 - 7:00 pm, Sa 11:00 am - 12:00 pm
16521	1/31-2/25	TuTh 6:00 - 7:00 pm, Sa 11:00 am - 12:00 pm
16522	2/28-3/25	TuTh 6:00 - 7:00 pm, Sa 11:00 am - 12:00 pm
16523	3/28-4/22	TuTh 6:00 - 7:00 pm, Sa 11:00 am - 12:00 pm

*Class sessions are offered 3 times a week. Participants should attend 1 of those sessions according to the convenience of their schedules.*

**Ages:** 12+ **\$190/2x per week-4 weeks**

16524	1/3-1/28	TuTh 6:00 - 7:00 pm, Sa 11:00 am - 12:00 pm
16525	1/31-2/25	TuTh 6:00 - 7:00 pm, Sa 11:00 am - 12:00 pm
16526	2/28-3/25	TuTh 6:00 - 7:00 pm, Sa 11:00 am - 12:00 pm
16527	3/28-4/22	TuTh 6:00 - 7:00 pm, Sa 11:00 am - 12:00 pm

*Class sessions are offered 3 times a week. Participants should attend 2 of those sessions according to the convenience of their schedules.*

## DANCING

### Line Dancing for Health and Enjoyment

While having fun and enjoying different types of music, you will tone up your muscles, build stamina, and increase flexibility while improving your balance and coordination. Learning choreographed line dances will help sharpen your memory. In addition to line dancing, we also do low impact aerobics. Please wear comfortable shoes and bring a water bottle. A \$2 liability insurance fee will be collected by the instructor on the first day of class.

**Instructor:** Gemmy Pham

**Location:** West Haven Park

**Ages:** 45+ **\$42 / month/individual**

19001	MoWeFr	1/4-1/30	10:00 - 11:45 am	No Class 1/16
19002	MoWeFr	2/1-2/27	10:00 - 11:45 am	No Class 2/20
19003	MoWeFr	3/1-3/31	10:00 - 11:45 am	
19004	MoWeFr	4/3-4/28	10:00 - 11:45 am	

**Ages:** 45+ **\$75 / month/pair**

19909	MoWeFr	1/4-1/30	10:00 - 11:45 am	No Class 1/16
19910	MoWeFr	2/1-2/27	10:00 - 11:45 am	No Class 2/20
19911	MoWeFr	3/1-3/31	10:00 - 11:45 am	
19912	MoWeFr	4/3-4/28	10:00 - 11:45 am	



# ADULT SPECIAL INTEREST



## PICKLEBALL

### Pickleball: Adult Beginning

Classes are designed for adults with no experience playing pickleball. Basic foundational and fundamental skills will be introduced in a large group setting, such as: safety, etiquette, rules, scoring, serves, volleys, forehand, backhand, and basic strategies. Once completed, player can play comfortably in games. Paddles and balls will be provided. Flat outdoor court specific footwear recommended.

**Instructor:** Performance Pickleball LLC

**Location:** Arnold Cypress Park

**Ages:** 14+ **\$150 / 4 sessions**

16101	We	1/4-1/25	6:00 - 8:00 pm
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### Pickleball: Adult Intermediate

Classes are designed for anyone that has completed adult beginning pickleball class or is an experienced beginner player. This class expands on optimizing your game plan, court strategies, and the next steps to improve your game. Improve your skills, court movement, court positioning, consistency, ball placement, serves, forehands, backhands, volleys, overheads, strategies, poaching, and the mental game. Be prepared to elevate your game! Flat outdoor court specific footwear recommended.

**Instructor:** Performance Pickleball LLC

**Location:** Arnold Cypress Park

**Ages:** 14+ **\$150 / 4 sessions**

16102	We	2/1-2/22	6:00 - 8:00 pm
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### Pickleball: Adult Advanced

Designed for players that have completed the adult intermediate pickleball class or an intermediate/advanced experience player. Expands on advancing your game plan utilizing advanced court strategies, executing advanced control, offence tactics, defensive tactics, advanced creative play options... and much more. Incorporates vital elements of the game in a challenging format.

**Instructor:** Performance Pickleball LLC

**Location:** Arnold Cypress Park

**Ages:** 18+ **\$150 / 4 sessions**

16103	We	3/1-3/22	6:00 - 8:00 pm
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## FITNESS

### Stroller Strides

Stroller Strides is a 60-minute total-body workout with strength, cardio, and core training, all while engaging the little ones in a stroller! You'll leave class feeling strong, empowered, connected, and energized-no matter your stage of motherhood.

**Instructor:** Fit 4 Mom Instructor

**Location:** Edgar Park

**Ages:** 18+ **\$100 / 4 sessions**

10260	Tu	1/10-1/31	9:30 - 10:30 am
10261	Tu	2/7-2/28	9:30 - 10:30 am
10262	Tu	3/7-3/28	9:30 - 10:30 am
10263	Tu	4/4-4/25	9:30 - 10:30 am

### PIII Strength Camp

The PIII Strength Camp provides a fitness routine that is customized to help meet your fitness goals. You can attend unlimited classes per month, Monday - Saturday during the following times: 6:00 a.m., 7:00 a.m., 8:30 a.m., 12:00 p.m., 4:00 p.m., 5:00 p.m., 6:00 p.m., 7:00 p.m., and 8:00 p.m. Schedules can be arranged with the instructor after registration fees are paid by calling 714-393-1230.

**Instructor:** Andre Ponce

**Location:** PIII Strength Camp

**Ages:** 18+ **\$200 / unlimited sessions**

19913	MoTuWeThFrSa	1/3-1/31	12:00 - 1:00 pm, 4:00 - 8:00 pm, 6:00 - 8:30 am
19914	MoTuWeThFrSa	2/1-2/28	12:00 - 1:00 pm, 4:00 - 8:00 pm, 6:00 - 8:30 am
19915	MoTuWeThFrSa	3/1-3/31	12:00 - 1:00 pm, 4:00 - 8:00 pm, 6:00 - 8:30 am
19916	MoTuWeThFrSa	4/1-4/29	12:00 - 1:00 pm, 4:00 - 8:00 pm, 6:00 - 8:30 am

## MARTIAL ARTS

### Vovinam Martial Arts

Vovinam is a Vietnamese martial art, founded in 1938. It is the development of communicative intelligence, athletic body, noble mind, self-control, self-defense, self-esteem, and perseverance in a non-violent spirit. Self-defense for all levels: beginner, intermediate, and advanced. Students are required to purchase a unique Vovinam martial arts uniform for \$35. There is a \$20 non-refundable annual membership fee.

**Instructor:** Tam Nguyen

**Location:** West Haven Park

**Ages:** 7+ **\$20 / 4 sessions**

19830	Sa	1/7-1/28	9:20 - 10:50 am
19831	Sa	2/4-2/25	9:20 - 10:50 am
19832	Sa	3/4-3/25	9:20 - 10:50 am
19831	Sa	4/1-4/29	9:20 - 10:50 am



# ADULT SPECIAL INTEREST

## ARTS AND CRAFTS

### Drawing is Fun!

Be more confident with your lines and shapes! With new themes every month, this class will develop your inner artist. You will also practice the fundamentals of observation and how to transfer them onto paper. In this quirky class, you'll exercise your imagination and have fun while making cartoons! Material fee of \$10 due to the instructor.

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

Ages: 5+	\$78 / 4 sessions		
10129	We	1/4-1/25	4:00 - 5:00 pm
10130	We	2/1-2/22	4:00 - 5:00 pm
10131	We	3/1-3/22	4:00 - 5:00 pm
10132	We	3/29-4/26	4:00 - 5:00 pm <i>No Class 4/5</i>

Ages: 7+			
10096	Mo	1/2-1/23	6:00 - 7:00 pm
10097	Mo	1/30-2/20	6:00 - 7:00 pm
10098	Mo	2/27-3/20	6:00 - 7:00 pm
10099	Mo	3/27-4/24	6:00 - 7:00 pm <i>No Class 4/3</i>
10133	Th	1/5-1/26	3:00 - 4:00 pm
10134	Th	2/2-2/23	3:00 - 4:00 pm
10135	Th	3/2-3/23	3:00 - 4:00 pm
10136	Th	3/30-4/27	3:00 - 4:00 pm <i>No Class 4/6</i>

### Mixed Media Art is Fun!

Do you enjoy drawing, painting, colored pencils, printmaking, and even paper art? Mixed Media work is excellent for exploring different mediums in art if you just love to create and want to improve on your skill!

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

Ages: 5+	\$98 / 4 sessions		
10290	Mo	1/2-1/23	3:30 - 4:30 pm
10291	Mo	1/30-2/20	3:30 - 4:30 pm
10292	Mo	2/27-3/20	3:30 - 4:30 pm
10293	Mo	3/27-4/24	3:30 - 4:30 pm <i>No Class 4/3</i>
10700	Su	1/8-1/29	1:00 - 2:00 pm
10701	Su	2/5-2/26	1:00 - 2:00 pm
10702	Su	3/5-3/26	1:00 - 2:00 pm
10703	Su	4/2-4/30	1:00 - 2:00 pm <i>No Class 4/9</i>

Ages: 8+			
10298	We	1/4-1/25	6:30 - 7:30 pm
10299	We	2/1-2/22	6:30 - 7:30 pm
10300	We	3/1-3/22	6:30 - 7:30 pm
10301	We	3/29-4/26	6:30 - 7:30 pm <i>No Class 4/5</i>

### Painting is Fun!

Students will gain confidence in their painting skill set. These lessons will begin with an introduction to color theory and help students improve their painting and gain more knowledge on color and how to mix and manipulate paints.

**Instructor:** Westminster Arts Academy Staff

**Location:** Westminster Arts Academy

Ages: 5+	\$98 / 4 sessions		
10104	Mo	1/2-1/23	4:30 - 5:45 pm
10105	Mo	1/30-2/20	4:30 - 5:45 pm
10106	Mo	2/27-3/20	4:30 - 5:45 pm
10107	Mo	3/27-4/24	4:30 - 5:45 pm <i>No Class 4/3</i>
10108	Tu	1/3-1/24	6:00 - 7:15 pm
10200	Tu	1/31-2/21	6:00 - 7:15 pm
10201	Tu	2/28-3/21	6:00 - 7:15 pm
10202	Tu	3/28-4/25	6:00 - 7:15 pm <i>No Class 4/4</i>
10211	Su	1/8-1/29	11:30 am - 12:45 pm
10212	Su	2/5-2/26	11:30 am - 12:45 pm
10213	Su	3/5-3/26	11:30 am - 12:45 pm
10214	Su	4/2-4/30	11:30 am - 12:45 pm <i>No Class 4/9</i>

### Drawing and Painting in the Afternoon

Maximize your time! This class is designed for beginning and intermediate students who would like to learn how to improve their drawing and painting skills. Color theory and elements of art will be incorporated. Please ask for the materials list when registering for this class and bring all materials to the first class meeting. A \$5 fee is due to the instructor on the first day of class for handouts/misc. supplies.

**Instructor:** Pati Kent

**Location:** Westminster Community Center

Ages: 18+	\$65 / 4 sessions		
10302	We	1/11-2/1	2:00 - 3:45 pm
10303	We	2/15-3/8	2:00 - 3:45 pm
10304	We	3/29-4/19	2:00 - 3:45 pm

## CULINARY ARTS

### Cookie Decorating

This class is for beginner cookie decorator who wants to learn how to decorate cookies. Students will learn the basics of flooding and piping as well as other techniques to complete their cookies. Each class will have a different theme. All supplies are included.

**Instructor:** Laura Rogers

**Location:** H. Louis Lake Senior Center

Ages: 18+	\$55		
10900	Th	1/19	6:00PM-8:00PM
10901	Th	2/16	6:00PM-8:00PM
10902	Th	3/16	6:00PM-8:00PM
10903	Th	4/20	6:00PM-8:00PM





# ADULT SPECIAL INTEREST

## PETS

### Beginning Flyball

This class is for dogs that have not played flyball or have had a very simple introduction. Dogs will be running and jumping low hurdles. Dogs must not be aggressive or unmanageable. Bring leash, treats, toys, and baggies for clean up.

**Instructor: Nicole Myers**

**Location: Edgar Park**

**Ages: 14+ \$45 / 6 sessions**

10109	Fr	1/13-2/17	6:00 - 6:50 pm
10111	Fr	3/10-4/14	6:00 - 6:50 pm

### Advanced Flyball

This class is for dogs that have already learned the basics of flyball. This class teaches team strategies and fine tunes behavior. Bring leash, treats, toys, and baggies for clean up.

**Instructor: Nicole Myers**

**Location: Edgar Park**

**Ages: 14+ \$80 / 8 sessions**

10110	Fr	1/20-3/10	7:00 - 7:50 pm
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### Dog Conformation

This class is intended for people who want to compete in AKC conformation and/or rally events. Students will have the opportunity to practice their skills in showing their dogs. Dogs will practice what is expected of them in the competition ring. Requirements: 1) The dog must be at least five (5) months old (exceptions may be made upon approval by instructor). 2) The dog must have current Rabies and Parvo vaccinations. Please bring a copy of the dog's shot records to the first class. Mixed breeds and purebreds are both welcome. An insurance fee will be charged for this class in addition to the registration fee.

**Instructor: Patricia Cahill**

**Location: Garden Grove Park**

**Ages: 15+ \$10 / 17 sessions**

10001	We	1/4-4/26	5:30 - 6:30 pm
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### Pet Manners

This class is for dogs and owners that need some help with the basics: sit, down, relax on a mat, and give me your attention. Bring a mat, 4-6 foot leash, treats, and a lot of patience. No dogs with aggressive history.

**Instructor: Nicole Myers**

**Location: Edgar Park**

**Ages: 14+ \$100 / 6 sessions**

10112	Fr	3/17-4/21	7:00 - 7:50 pm
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## SPECIAL INTEREST

### CPR/AED for Adults, Infants, and Children

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. Learn simple rescue CPR for adults, children, and infants, as well as foreign object removal techniques for airways. You will receive your certification upon completion of the class. If healthcare provider card is required, please call Cindy at (714) 891-5620 prior to your class. A \$30 materials fee is payable to the instructor.

**Instructor: Jack Griswold**

**Location: H. Louis Lake Senior Center**

**Ages: 18+ \$10 / 1 session**

10329	Fr	1/6	6:00 - 8:00 pm
10330	Fr	2/3	6:00 - 8:00 pm
10331	Fr	3/3	6:00 - 8:00 pm
10332	Fr	4/7	6:00 - 8:00 pm



### First Aid

Learn to respond to, and assess an injury or illness. Topics covered include vital signs, bleeding, heat and cold emergencies, strokes, and seizures. You will receive a state and nationally recognized EMS first aid card and certification. A \$30 materials fee is payable to the instructor.

**Instructor: Jack Griswold**

**Location: H. Louis Lake Senior Center**

**Ages: 18+ \$10 / 1 session**

10220	Fr	1/6	8:00 - 9:00 pm
10221	Fr	2/3	8:00 - 9:00 pm
10222	Fr	3/3	8:00 - 9:00 pm
10223	Fr	4/7	8:00 - 9:00 pm





# ACTIVITIES FOR SENIORS

## H. Louis Lake Senior Center

11300 Stanford Ave.  
Garden Grove, CA 92840

Hours of operation:  
Monday-Friday 9:00 a.m. - 3:30 p.m.

### SOCIAL SUPPORT PROGRAMS

- Case management
- Information and referrals
- Education and workshops
- Community resources
- Assessment and care coordination

### SENIOR MOBILITY PROGRAM

- Individuals age 60 and older
- Must be residents of Garden Grove
- Transportation provided by California Yellow Cab
- Cost is \$4 each way. Trips to the Center are free!
- For more information call the Center

### CLASSES

- Tai Chi
- Longevity Stick
- Adaptive Line Dancing
- Zumba
- Balance and Mobility
- Chair Yoga

### ACTIVITIES

- Pool tables
- Pinochle
- Paint ceramics
- Bingo

### INDOOR DINING

Indoor dining is back. Join us for a daily lunch at 11:30 a.m. Monday through Friday.

### SPECIAL EVENTS

- Field trips
- Craft days
- Holiday events

To stay up to date with the Senior Center's programs and events, access The Scoop by clicking the link below:

<https://ggcity.org/community-services/h-louis-lake-senior-center>



For more information, please call (714) 741-5253.





## Volunteers Needed!

We are in need of volunteers to support the Meals on Wheels Program on Monday, Wednesday, and Thursday between the hours of 8:30 AM and 12:30 PM. We are looking for reliable and committed volunteers, who are willing to give of their time to help us provide food to homebound seniors in Garden Grove!



**In this role you will be using your own vehicle to deliver meals to 6-8 seniors on a weekly route. You will pick up the food at the H. Louis Lake Senior Center, where the food will be pre-packed for your convenience.**

**Please note:** You will need to complete an application process and pass a background check, via an online website.

**Important Info:** Safety procedures are in place, such as wearing gloves & face masks for ALL volunteer positions.

**If interested, please contact Linda Molthen at [lmolthen@mealsonwheelsoc.org](mailto:lmolthen@mealsonwheelsoc.org) or (714) 229-3377**  
**Thank you for your heart to serve in Garden Grove!**



# ACTIVITIES FOR SENIORS



City of Garden Grove  
H. Louis Lake Senior Center



## SENIOR SUPPORT PROGRAM



Senior Support is dedicated to the achievement of successful aging through support and community resource options to meet your health and wellness needs.

**Eligibility:** Residents of Garden Grove, 60+ years of age

**Walk In Hours:** Thursdays from 11 am - 1 pm

**For more information, please call: 714-741-5253**



# MAGNOLIA PARK FAMILY RESOURCE CENTER



The **Magnolia Park Family Resource Center (MPFRC)** founded in 2000, serves families residing in the city of Garden Grove and surrounding cities in Orange County. The MPFRC has become the centralized information and referral point for the community. With the assistance of staff and partners, individuals can create linkages with necessary resources to help strengthen their families.

**Vision:** “Building healthy communities one family at a time”.

**Service Approach:** Magnolia Park Family Resource Center operates with the nationally recognized Five Protective Factors approach. The framework of the Five Protective Factors provides foundation for the use of best practice strategies in strengthening families. According to the Center for Study of Social Policy, Five Protective Factors are identified in preventing child abuse and neglect, as well as building family strengths and a family environment that promotes optimal child and youth development.

Through its partnerships with funded and non-funded partners, MPFRC is able to offer essential core services to individuals and families.

## **MPFRC’s Core Services**

Mental Health Counseling  
Parent Education  
Comprehensive Case Management Team  
Family Support Services  
Domestic Violence Prevention & Treatment Services  
Information and Referral  
Youth/Teen Program  
Differential Response Program

## **Other Services:**

Child Development Activities  
Family Health and Wellness  
Basic Needs Assistance  
Free Diaper Program  
Food Distribution

## **MPFRC Partners**

MPFRC partners with many agencies in order to provide comprehensive services. Some of the partners are:

City of Garden Grove (Lead Agency)  
Boys & Girls Clubs of Garden Grove  
Human Options  
Community Action Partnership of Orange County  
Interval House

OC Social Services Agency  
Second Harvest  
TASK  
Olive Crest

**11402 Magnolia Street  
Garden Grove, CA 92841**

**For additional information, please call (714) 530-7413.**



## CLEMENTINE MOBILE FOOD TROLLEY



Clementine is a customized food pantry on wheels. Each distribution has a select variety of fruits and vegetables readily available to serve 60-70 families based on donations received through the OC Food Bank.



## FIRST WEDNESDAY OF THE MONTH



- Must have children under 18 years old.
- By appointment only
- Please call to register (714) 530-7413



11402 Magnolia St. Garden Grove, CA 92841





## DENTAL SERVICES AVAILABLE!

- Healthy Smiles for Kids of Orange County is expanding and offering dental services for the entire family!
- We offer comprehensive exams, fillings, and extractions for children, adults, and seniors.
- We accept Medi-Cal, most PPO plans and sliding fee scale (based on income).
- Call for more information!

### Magnolia Park FRC Dates:

**January 17, 2023**

**February 21, 2023**

**March 21, 2023**

**Times: 9:00 AM - 5:00 PM**

**For questions or appointments call:  
714-537-0700**



SCAN TO GET CONNECTED

[www.HealthySmilesOC.org](http://www.HealthySmilesOC.org)  
[Care@healthysmilesoc.org](mailto:Care@healthysmilesoc.org)

# CITY EVENTS & CLASS REGISTRATION



## *Save the Date*

Garden Grove Gems is a virtual home beautification program recognizing Garden Grove residents for their amazing homes.

*Nominate your home online to participate!*



### *Nominations*

**MONDAY, APRIL 10 –  
FRIDAY, APRIL 28, 2023**

Participating residents will  
nominate themselves.

### *Voting*

**MONDAY, MAY 8 –  
SUNDAY, MAY 21, 2023**

Community will vote online  
for one home per District.

visit [ggcity.org/gems](http://ggcity.org/gems) for more details.





13630 ATLANTIS WAY, GARDEN GROVE

# Eggscavation



**SATURDAY, APRIL 8, 2023**  
**2:00 PM-5:00 PM**

**\$12 CHILD TICKET** children ages 3 - 12  
**\$3 GENERAL TICKET** everyone age 13+  
**AGES 2 AND UNDER ENTER FREE**

**NO TICKET SALES AT THE DOOR. NO REFUNDS EXCEPT FOR CANCELLATION OF EVENT.**

*Ticket sales begin Monday, March 20, 2023*



To register, visit [ggcity.org/eggscavation](http://ggcity.org/eggscavation). For more information, call (714) 741-5200.

# CITY EVENTS & CLASS REGISTRATION

## Register Early!!

- Registration begins Thursday, December 15, 2022
- Pay by cash, check, money order, or credit card
- Make checks payable to "City of Garden Grove"

### Recreation Office Hours:

Monday – Thursday, 7:30 a.m. to 5:30 p.m.

For questions, please call the Community Services Department at (714) 741-5200.

- 1. Online:**  
Refer to "Step-by-Step Instructions."
- 2. Mail-In:**  
Complete "Class Registration" form and mail to:  
  
Community Services Department  
P.O. Box 3070, Garden Grove, CA 92842.  
  
Please enclose a self-addressed, stamped envelope with your payment.
- 3. Walk-In:**  
City of Garden Grove  
Community Services Department  
Recreation Counter, 11222 Acacia Pkwy.  
(off Euclid, north of Garden Grove Blvd.)

## ReGGister Online

### Step-by-Step Instructions

To access ReGGister Online, go to the City of Garden Grove's homepage at [www.ggparksandrec.com](http://www.ggparksandrec.com) and click on the "ReGGister Online" link. Instructions are also available in Spanish and Vietnamese.

### Step One

**PLEASE MAKE ONE ACCOUNT PER GROUP BY ADDING MEMBERS TO PRIMARY CLIENT!**

Create an account by clicking on "**create your account here**" and filling in the fields that appear. A password will be emailed to you through the email address you provide while creating this account.

**Note:** *If you have an existing account with the City, the password will be emailed to the email address on file. If the email is no longer in use and the information needs to be updated, please call (714) 741-5200 for assistance.*

### Step Two

Click the "Login" tab at the top of the page and use the password emailed to you to log in. You will have the option to create a new password once you log in.

### Step Three

At this point, you can either add classes to your cart or add group members to your account.

**Note:** *All group members should be added to PRIMARY CLIENT'S account BEFORE adding classes to your cart.*

### Step Four

To complete registration, please print the "Liability Waiver" to bring to the instructor at the first class meeting. Input your credit card payment for registration processing.

Publication of this schedule does not ensure enrollment to all who apply. The Community Services Department reserves the right to cancel classes because of insufficient starting enrollment or a decline in the enrollment after the class has started and to close further enrollment when a class is filled.

Many classes have limited enrollment, and registration is taken on a first-come, first-served basis. All individuals registering for courses must have reached the minimum age requirement prior to the first class meeting.

**There is a \$5 processing fee for each refund, unless a class is cancelled due to low enrollment. In that case, a full refund will be issued.**

Refunds will be processed within 4-6 weeks.



# CITY EVENTS & CLASS REGISTRATION



City of Garden Grove  
Community Services Department  
Recreation and Human Services Division

Revised 06-25-2020  
Receipt #: \_\_\_\_\_

## Class Registration Form Liability Waiver

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ Zip: \_\_\_\_\_  
Primary Phone: (\_\_\_\_) \_\_\_\_\_ Secondary Phone: (\_\_\_\_) \_\_\_\_\_  
Email Address: \_\_\_\_\_

Participant's Name	Date of Birth	Class #	Name of Class	Fee
<b>Total fees</b>				

**There is a \$5 processing fee for each refund, unless a class is cancelled due to low enrollment. In that case, a full refund will be issued.**

As part of our commitment to the "Americans with Disabilities Act" and our participants, are there any special accommodations needed for your participation in the above activities? Yes: \_\_\_\_\_ No: \_\_\_\_\_

**NOTE:** The Community Services Department is not responsible for children waiting before or after class time. Small children shall not remain in adult classes during instruction periods. All programs, schedules, instructors, and fees are correct to the latest possible minute before publication and are subject to change including cancelation without public notice.

### RELEASE, WAIVER OF LIABILITY, INDEMNITY AGREEMENT & CONSENT TO PHOTOGRAPH & VIDEO FORM

IN CONSIDERATION of being permitted to participate or engage in City of Garden Grove ("City") recreation programs, events or activities, or to use City facilities or equipment, the undersigned, on behalf of himself/herself, and on behalf any minors in the legal custody of the undersigned, and on behalf of any personal representatives, heirs, assigns, and next of kin (collectively "Participant"), hereby agrees to the fullest extent permitted by law to release, waive, hold harmless and covenant not to sue the City, its directors, officers, employees, and agents (collectively "Releasees") from any and all suits, claims, damages, losses, injuries, illness (including property damage, bodily injury or death), and any other compensable loss of any type (collectively "Claims") pertaining to, related to, or arising directly or indirectly out of Participant's participation in the programs, events, or activities, or use of City facilities or equipment, even though the Claims may arise out of negligence or carelessness on the part of the Releasees, or out of a dangerous or defective condition of property or equipment of the City. This release does not apply to the extent such Claims are caused by the gross negligence or willful or wanton misconduct of the Releasees. The Participant further agrees to defend and indemnify the Releasees from any Claims directly or indirectly arising out of the Participant's participation in the programs, events, activities, or use of City facilities or equipment, and his/her acts or omissions.

Participant acknowledges that the activities involve known and unanticipated risks which could result in bodily or emotional injury, illness, death and/or property damage and understands that risks of injury, illness or property damage simply cannot be eliminated, despite the use of safety equipment or measures, without jeopardizing the essential qualities of the activity. Participant assumes full responsibility and risk of bodily injury, illness, death, or property damage arising out of or related to the activity and consents to treatment and all medical care deemed necessary resulting from said treatment.

Participant further consents to voluntary participation and grants the City the right to videotape or photograph his/her participation in the activities in which he/she participates and to use the videos or photographs in future City publicity and understands that Participant will not receive any compensation for such.

Participant agrees that the foregoing RELEASE, WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the laws of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. Participants of virtual recreation classes acknowledge they are responsible for ensuring their environment is safe/free from obstructions and that any use of third-party applications (e.g., Zoom, Instagram, etc.) at their own security risk.

**Applicable if Participant is a minor:** I am the parent/legal guardian of the Participant, and I hereby execute this Release on his/her behalf.

I CERTIFY THAT I HAVE READ, UNDERSTOOD, AND AGREE TO THIS RELEASE, WAIVER OF LIABILITY, INDEMNITY AGREEMENT & CONSENT TO PHOTOGRAPH & VIDEO.

\_\_\_\_\_  
Print Name of Participant

\_\_\_\_\_  
Print Name of Parent/Guardian (for Minors)

\_\_\_\_\_  
Signature of Participant or Parent/Guardian (for Minors)

\_\_\_\_\_  
Date