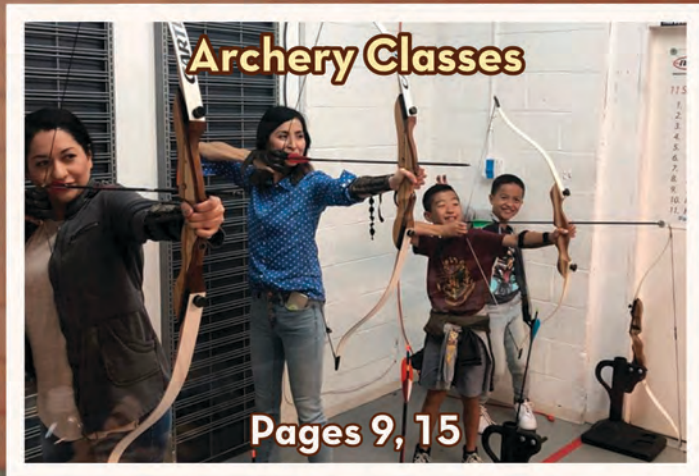


# Garden Grove





CITY OF GARDEN GROVE  
COMMUNITY SERVICES DEPARTMENT PRESENTS:



AT THE **ATLANTIS**  
Play Center

**SATURDAY,  
OCTOBER 26**

**1:00 PM - 4:00 PM**

Enjoy Train Rides, Bounce Houses, Crafts,  
Animal Balloons, Airbrushed Tattoos,  
a Magic Show, Pumpkin Patch, and More!



**\$10 PER PERSON**  
CHILDREN 2 AND  
UNDER ARE FREE!

**NO TICKET SALES AT THE DOOR**

Tickets on sale Monday, October 7th  
through Thursday, October 24th  
until quantities run out.

Tickets available by phone, in person,  
or online at [ggcity.org/register](http://ggcity.org/register)

Payment by cash or credit card only.

No refunds except for cancellation of  
event. For more information, call  
(714) 741-5200.



Look for the 2<sup>nd</sup> Annual  
Art in the Park event in early 2020



This Spring, the Re:Imagine Garden Grove campaign brought all-things-artsy to the Downtown area for an afternoon, and staged the inaugural “Art in the Park” at the community’s oldest park, Village Green.

Partnering with the Garden Grove Unified School District (GGUSD), the free City event featured live plein-air and mural painting demonstrations, interactive art exhibits offering hands-on DIY keepsakes, showcased several temporary, one-of-a-kind art installations created by GGUSD visual art students, and a scholarship check presented by the Garden Grove Community Foundation to two District winning high schools.

The GGUSD’s First Impressions Art Gallery, featuring hundreds of works of student art from K-12<sup>th</sup> graders, was also open for the day, with waiting lines!

**Parks  
Make  
Life  
Better!**





# Garden Grove Libraries



Orange County, CA  
**Public Libraries**  
*Open Doors. Free Access. Community.*  
[www.ocpl.org](http://www.ocpl.org)

## Garden Grove Main Library

11200 Stanford Ave.  
Near Euclid & Stanford  
(714) 530-0711

### Storytimes at 11 am

Preschool (ages 3-5), Tuesdays  
Toddler (birth-3), Thursdays  
Spanish-Español, 2nd Friday  
Vietnamese-Tiếng Việt, 3rd Friday  
Baby Lapsit (up to 18 months), 4th Friday  
Family (all ages), Saturdays



**Trick or Treat Parade**  
Tuesday, Oct. 29 at 5 pm

Wear your costumes and trick or treat at the library before Halloween. Followed by a party with snacks and activities. For all ages.

**GARDEN GROVE MAIN LIBRARY**  
**OPEN HOUSE**  
WEEK OF NOVEMBER 17-23, 2019

**COME & DISCOVER:**

- PROGRAMS, EVENTS, ACTIVITIES FOR ALL AGES
- POPULAR ONLINE RESOURCES
- OVER 80,000 MATERIALS TO CHECK OUT
- GET A NEW LIBRARY CARD & ENTER INTO CHANCE TO WIN
- LOCAL HISTORY & MUCH MORE!

Visit our *Friends of the Library Bookstore* at the Garden Grove Main Library.

*Proceeds directly support the three libraries!*  
*Friends of the Garden Grove Libraries is a 501c3 charity. Volunteers are always wanted!*

## Tibor Rubin Library

11962 Bailey St.  
Near Valley View & Chapman  
(714) 897-2594

**Family Storytime** – Mondays at 6 pm

**Dewey Adventure Tuesdays** – Tuesdays at 4 pm

**Adult Book Group** – 1<sup>st</sup> Tuesdays at 6 pm

**Lapsit Storytime** – Wednesdays at 10:15 & 11 am

**Monthly special events for families!**

**Teen volunteering opportunities!**

## Chapman Library

9182 Chapman Ave.  
Near Magnolia & Chapman  
(714) 539-2115

**'Lil Kid Programs** (ages 3-5) – Tuesdays at 10:30 am

**Children's Programs** (ages 5-11) – Thursdays at 1:30 pm

**Teen Volunteer Opportunities** (ages 12-17) –  
2<sup>nd</sup> Tuesdays at 5 pm. See calendar for details.

**Adult Programs** (ages 18+) – 1st Saturdays at 10:30 am



**All library programs are free. No registration required.**

*Visit our website and online calendars for the most up-to-date listing of events.*



# Inside This Issue

## Facilities and Parks

Parks and Facilities Rental .....	2
Community Meeting Center and Courtyard Center.....	3
Atlantis Play Center.....	4
Garden Grove Sports and Recreation Center .....	5

## Preschool Programs

Preschool Classes.....	6
------------------------	---

## Youth and Teen Fitness and Sports

Garden Grove Winter Basketball .....	7
Exercise/Fitness.....	7
Martial Arts .....	7
Sports Classes .....	8
Archery.....	9
Ice Skating .....	10
Volleyball .....	10
Tennis .....	10

## Youth and Teen Special Interest

Arts and Crafts.....	12
Dance Classes.....	12
Music Classes.....	13
Special Interest .....	14

## Adult Fitness and Sports

Exercise/Fitness.....	15
Ice Skating .....	15
Archery.....	15

## Adult Special Interest

First Aid/CPR .....	16
Dog Training.....	16

## Activities for Seniors

H. Louis Lake Senior Center .....	17
-----------------------------------	----

## Registration Information .....

Registration Form.....	19
------------------------	----

Facilities and Parks Map .....	20
--------------------------------	----

## New Program Spotlight

### Free to Be Me Performance Academy

Our Academy is a Performing Arts studio focused on self-esteem, youth empowerment, and the performing arts. We serve youth ages 6 weeks through adult in a variety of dance, music, vocal, acting, and fitness classes. We also specialize in performance troupes, productions, self-esteem workshops and educational themed summer camps. At Free to Be Me, we pride ourselves in creating a nurturing and fun environment where every kid at any talent level is free to be exactly who they are! For class information, see pages 12-13.



# Park Buildings, Picnic Pavilion and Park Shelters

Looking for the perfect park location to hold an event? Whether you are planning a meeting for ten or a birthday party for 50, the City of Garden Grove has a place to suit your needs. Choose from several different locations that include a picnic pavilion, park buildings, and park shelters.

For a list of approved jumper companies or more information about renting a park facility, please call (714) 741-5200.

Garden Grove Parks and Amenities	Total Acres (Approx.)	Play Area	Reservable Building (maximum occupancy)	Reservable Picnic Area (maximum occupancy)	Restrooms	Open Field Space	Tennis Courts	Basketball Courts	Volleyball	Ball Diamond	Pool Facility	Horseshoe Pits	Hockey Rink(s)	Exercise Equipment	Racquetball Courts	BBQ	Dog Park	Skate Spot	Indoor Soccer Arena
<b>Atlantis Play Center</b> 13630 Atlantis Way	4	•		200	•														
<b>Bicentennial Park (Spirit of '76)</b> Brookhurst Street & Lampson Avenue	1/4																		
<b>Chapman Sports Complex</b> 11700 Knott Avenue	11	•			•	•	•	•		•			•		•				
<b>Civic Center Park</b> Euclid Street & Acacia Parkway	4													•					
<b>Eastgate Park</b> 12001 St. Mark Street	5	•		50	•			•			•			•		•			
<b>Edgar Park</b> 12781 Topaz Street	6	•		50		•						•							
<b>Faylane Park</b> 11700 Seacrest Drive	3	•		50				•				•				•			
<b>Garden Grove Park</b> 9301 Westminster Avenue	36	•	40	150	•	•		•	•	•				•		•	•	•	•
<b>Gutosky Park</b> 9201 Ferris Lane	2	•		50															
<b>Hare School Park</b> 12012 Magnolia Street	14					•				•									
<b>Haster Basin</b> 12952 Lampson Avenue	22	•		N/A	•	•													
<b>Jardin De Los Niños</b> 12534 Keel Avenue	1/2							•						•					
<b>Magnolia Park</b> 11402 Magnolia Street	6	•	40	50	•		•	•			•			•	•				
<b>Morningside School Park</b> 10468 Morningside Drive	1																		
<b>Pioneer Park</b> 12722 Chapman Avenue	4	•				•													•
<b>Shelley Kensington Park</b> Shelley Drive & Kensington Lane	1/4	•						•											
<b>Village Green Park</b> 12732 Main Street	7	•	150			•													
<b>West Grove Park</b> 5372 Cerulean Avenue	7	•	40	50	•	•		•								•			
<b>West Haven Park</b> 12252 West Street	10	•	60			•													
<b>Woodbury Park</b> 13800 Rosita Place	4	•			•			•			•								





# Garden Grove COMMUNITY MEETING CENTER

- Large/Small Banquet Rooms
  - Full Kitchen Facilities
  - Central OC Location • Park Setting
- Quinceañeras, Weddings, Parties, Meetings, and More!*

**11300 Stanford Avenue**  
**Garden Grove, CA 92840**  
**(714) 741-5262**  
[ggcity.org](http://ggcity.org)

*Community Meeting Center*



## GARDEN GROVE COMMUNITY MEETING CENTER

**Bring in this coupon and receive 10% off room fee!**

*New bookings only. One per customer. Expires 12/31/19. Does not apply to "Memorial" or "Special Packages."*

For rates, call or visit our facility, or website at [ggcity.org](http://ggcity.org)

Questions? Email us at: [events@ggcity.org](mailto:events@ggcity.org)

## Garden Grove Courtyard Center

*Ideal  
for:*

- ◆ Birthday Parties
- ◆ Baptism Receptions
- ◆ Dinner Rehearsals
- ◆ Baby Showers
- ◆ Holiday Parties
- ◆ Small Business Meetings
- ◆ Seminars

## SPECIAL PACKAGE

Room Rental Rate: \$557.00\*

Refundable Damage Deposit: \$250

*\*Four (4) hour event time. Maximum capacity 80 guests. No alcohol allowed.*

12732 Main Street, Garden Grove, CA 92840 • (714) 741-5262

For more information, call (714) 741-5262 or [events@ggcity.org](mailto:events@ggcity.org).

*Courtyard Center*



# ATLANTIS

## Play Center

13630 Atlantis Way (off of Westminster Avenue)

### Atlantis ...

The legendary super nation sank beneath the waves of the sea about 3,000 B.C. The mystery of this legend inspired its re-creation in Garden Grove in the form of a four-acre children's play fantasy, with numerous playgrounds including a water play feature known as the Splash Pad! Atlantis Play Center is where your adventure begins.

### General Use

An admission charge of \$2 per person allows visitors to enjoy this unique four-acre site. Children 2 years and under are free and adults must be accompanied by a child.

### Birthday Parties/Picnics

Whether for a child's party or family picnic, tables may be rented for a fee of \$5 per table. A maximum of 14 tables may be rented per day, depending on availability. King Neptune's Pavilion is also available for rent for a fee of \$25 per 45 minutes. Reservations can be made two months in advance by calling the Community Services Department at (714) 741-5200. For after-hours and exclusive rentals, please call the Atlantis Coordinator at (714) 741-5168.

**\*\*The Splash Pad  
is only open during  
the summer.\*\***

**Atlantis Play Center**  
13630 Atlantis Way  
Garden Grove, 92844



### Atlantis Play Center hours:

(Starting September 1)

- Monday: Closed
- Tuesday-Friday: 10:00 a.m. - 2:00 p.m.
- Saturday: 10:00 a.m. - 4:00 p.m.
- Sunday: 12:00 p.m. - 4:00 p.m.

## MEMORIAL SERVICE PACKAGE

CMC Butterfield AB ~ Courtyard Center ~  
Senior Center Dining Room

*Where families honor the memory of their loved ones*

Room Rental Rate: \$591

Refundable Damage Deposit Required: \$250

Guest attendance based on room capacity • No alcohol allowed

*This offer is good for one Three (3) hour event during the weekday/weekend as available.*

*In addition you will receive one hour prior for set-up, and one hour after for clean-up.*

*Up to one pre-event Extra set-up hour may be purchased at \$45.*

*Complimentary use of LCD Projector upon request.*

*Security to be determined.*

For more information, please call (714) 741-5262.

*Courtyard Center*

*Community Meeting Center*







13641 Deodara Drive  
Garden Grove, CA 92844  
**(714) 889-5783**

## WEEKLY SCHEDULE

All times and scheduled events are subject to change.  
Contact the center for more information.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Drop-In Badminton \$1-3 5 - 8 p.m.	Silver Sneakers \$1 9:30 - 10:30 a.m.  Drop-In Basketball \$1 3 - 5 p.m.	Drop-In Basketball \$1 3 - 5 p.m.  Ric's Volleyball Adult League 5-11 p.m. For info call (714) 375-5063	Silver Sneakers \$1 9:30 - 10:30 a.m.  Drop-In Basketball \$1 3 - 5 p.m.	Drop-In Basketball \$1 3 - 5 p.m.  **Drop-In Badminton \$1-3 6 - 9 p.m.	Silver Sneakers \$1 9:30 - 10:30 a.m.  Adult Drop-In Basketball \$1 - 3 6 - 9 p.m.	*Drop-In Volleyball \$1-3 9:30 a.m. - 12:30 p.m.

\*Drop-In Volleyball is seasonal. There is NO volleyball  
Jun - Aug and Dec - Mar.

\*\*Thursday Drop-In Badminton is seasonal. There is  
NO badminton Jun - Aug and Dec - Mar.

### Pricing (unless otherwise noted)

**Youth** (0-14 yrs) \$1    **Teen** (15-17 yrs) \$2  
**Adult** (18-55 yrs) \$3    **Senior** (55+ yrs) \$2





## PRESCHOOL CLASSES

### Preschool Play and Practice

Imagine your child learning award-winning children's literature, songs, arts and crafts, and many more new ideas. Each class is based on a different theme and includes cutting, pasting, coloring, and more importantly, interacting with other children. A \$5 materials fee is due at the first class.

**Instructor:** Dawna Ludwig

**\$49 / 5 sessions**

**Location:** Garden Grove Sports and Recreation Center

**Ages:** 1-4

33330	Sa	9/7-10/5	10:00 - 10:40 am	
33331	Sa	10/12-11/9	10:00 - 10:40 am	
33332	Sa	11/16-12/21	10:00 - 10:40 am	No class 11/30

### Baby's First Yoga, Dance & Tumbling Class

This class presents an easy and fun way to introduce your child to yoga through baby-friendly yoga poses and age appropriate tumbling skills.

**Instructor:** Dawna Ludwig

**\$49 / 5 sessions**

**Ages:** 6 mo-2 yrs

**Location:** Garden Grove Sports and Recreation Center

32980	Sa	9/7-10/5	10:40 - 11:10 am	
32981	Sa	10/12-11/9	10:40 - 11:10 am	
32982	Sa	11/16-12/21	10:40 - 11:10 am	No class 11/30

**Location:** West Haven Park

32983	Th	9/5-10/3	3:00 - 3:30 pm	
32984	Th	10/10-11/7	3:00 - 3:30 pm	
32985	Th	11/14-12/19	3:00 - 3:30 pm	No class 11/28

### Teeny Yogis

Keeping your child mindful of themselves and their surroundings in a technologically overwhelmed world, Teeny Yogis teaches mindfulness, body awareness, balance, and coordination through the use of songs and parent involvement! Parent and child must bring their own mat. A \$5 materials fee is due to the instructor at the first class.

**Instructor:** Westminster Arts Academy Staff

**\$68 / 4 sessions**

**Location:** Westminster Arts Academy

**Ages:** 3-4

38544	Sa	8/31-9/21	10:00 - 10:30 am	
38545	Sa	9/28-10/19	10:00 - 10:30 am	
38546	Sa	10/26-11/16	10:00 - 10:30 am	
38547	Sa	11/23-12/21	10:00 - 10:30 am	No class 11/30

### Parent & Me Zumbini

Zumbini classes celebrate the power of music to enhance our lives, stimulate learning, inspire dance and movement, and strengthen the bond between caregiver and child. All levels of participation are welcome in this music and movement program. Receive a Zumbini Bundle (songbook and 2 CDs) to promote ongoing learning away from class. Caregiver is included in the class fee and must be present in each Zumbini class. A \$20 materials fee is due to the instructor at the first class. For any questions, please email [admin@ftbeme.com](mailto:admin@ftbeme.com).

**Instructor:** Free to Be Me Staff

**\$95 / 6 sessions**

**Location:** Free to Be Me Studio

**Ages:** 6 mos-5yrs

35040	Tu	9/17-10/22	10:00 - 10:45 am	
-------	----	------------	------------------	--

### Mini Winter Basketball

**\$50 / child**

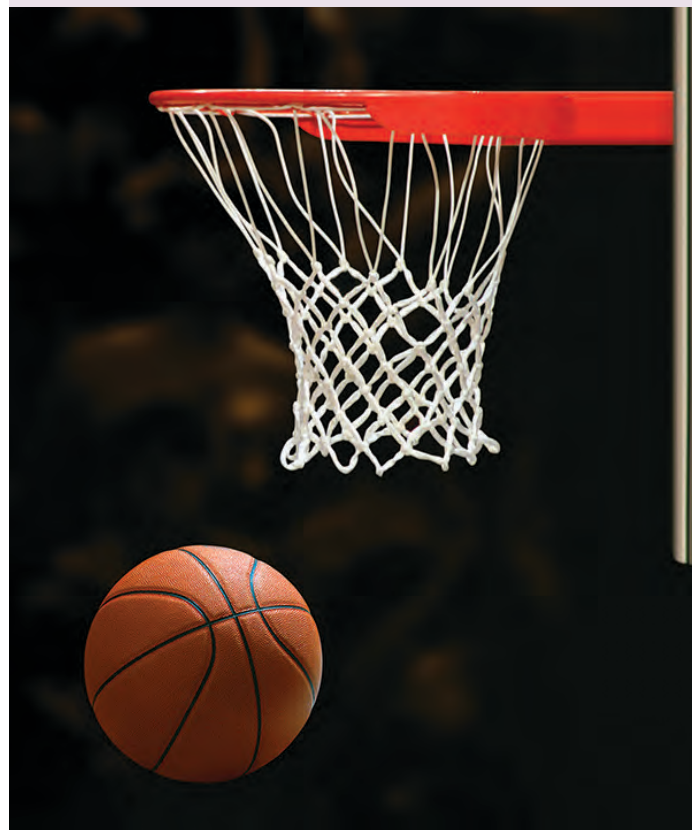
**Ages:** Youth born in 2014-2015



This is an instructional program where kids will learn dribbling, passing, rebounding, and shooting at lowered baskets with a small ball. Participants will meet on Saturdays for 40 minute classes for six weeks at the Garden Grove Sports and Recreation Center. Classes will run late January through mid-March. Program includes an award, t-shirt, and coaching instruction. No skills testing required.

## VOLUNTEER COACHES... WE NEED YOU!!!

Volunteers are needed to coach and/or assist with teams in our youth basketball program. Without such volunteers, this program would not exist. If you have a few hours a week, enjoy working with kids, and know something about the game of basketball, please inform staff at the time of registration, or call (714) 741-5200.





## GG WINTER BASKETBALL

### Winter Basketball

**\$50 / child**

**Ages: Youth born in 2006-2013**

**Location: Garden Grove Sports and Recreation Center**

**Leagues:**

Co-ed "D" Division Born in 2012-2013

Co-ed "C" Division Born in 2010-2011

Girls "C" Division Born in 2010-2011

Co-ed "B" Division Born in 2008-2009

Girls "B" Division Born in 2008-2009

Co-ed "A" Division Born in 2006-2007

Girls "A" Division Born in 2006-2007

This program provides youth the opportunity to learn the fundamentals of basketball and play on teams in an organized sports league. The program will begin the week of January 25, with games played on Saturdays, and some weeknights when necessary. Registration will be taken at City Hall during normal business hours, Monday, November 25 through Thursday, December 19. Player's skills testing will be conducted on January 4, 2020.

### SKILLS TESTING

All players are required to take a skills test in order to be placed on a team. The testing will take place at the Garden Grove Sports and Recreation Center, located at 13641 Deodara, Garden Grove, 92844.

### Saturday, January 4, 2020

"D" Division ..... 5:00 pm

"C" Division ..... 6:00 pm

"B" Division ..... 7:00 pm

"A" Division ..... 7:30 pm

**NO REGISTRATIONS WILL BE TAKEN AT SKILLS TESTING.** Registration will be limited to 140 participants in each division. Come and join a team, learn about sportsmanship, and improve your basketball skills in a fun environment.



## EXERCISE/FITNESS

### Ballet Fitness

This cardio class is a fun and inspiring way to get your heart rate up while burning calories and fat. The class combines ballet steps that get you dancing like a true ballet dancer, with workouts and deep stretching to make you feel better.

**Instructor: Sung Ho Park**

**\$80 / 4 sessions**

**Location: Tae Kwon Do Studio**

**Ages: 12+**

32037	Th	9/5-9/26	3:30 - 4:20 pm	
32038	Th	10/3-10/24	3:30 - 4:20 pm	
32039	Th	11/7-12/5	3:30 - 4:20 pm	No class 11/28

### Fortnite Fitness

Come join in the fun with your favorite moves from Fortnite. We will learn all of the great dance moves and play games and fitness activities that are themed to this popular video game. This is a popular class and will fill up fast. This class is perfect for both boys and girls. Please wear comfortable clothing. A \$10 materials fee is due to the instructor at the first class. For any questions, please email admin@ftbeme.com.

**Instructor: Free to Be Me Staff**

**\$90 / 6 sessions**

**Location: Free to Be Me Studio**

**Ages: 5-12**

35020	Th	9/19-10/24	5:00 - 6:00 pm	
-------	----	------------	----------------	--

## MARTIAL ARTS

### Taekwondo for Kids

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty, and assertiveness. Kids will learn basic kicking techniques, punches, blocks, and basic self-defense forms. Uniform is included with class fee.

**Instructor: Sung Ho Park**

**Location: Tae Kwon Do Studio**

**Ages: 7-12**

**\$29 / 4 sessions**

32046	Sa	9/7-9/28	4:10 - 5:00 pm	
32047	Sa	10/5-10/26	4:10 - 5:00 pm	
32048	Sa	11/2-11/23	4:10 - 5:00 pm	

**\$49 / 8 sessions**

32011	MoWe	9/4-9/30	5:10 - 6:00 pm	
32012	MoWe	9/4-9/30	6:40 - 7:30 pm	
32013	TuTh	9/3-9/26	5:10 - 6:00 pm	
32014	TuTh	9/3-9/26	6:00 - 6:50 pm	
32015	MoWe	10/2-10/30	5:10 - 6:00 pm	No class 10/14
32016	MoWe	10/2-10/30	6:40 - 7:30 pm	No class 10/14
32017	TuTh	10/1-10/24	5:10 - 6:00 pm	
32018	TuTh	10/1-10/24	6:00 - 6:50 pm	
32019	MoWe	11/4-12/4	5:10 - 6:00 pm	No class 11/11 and 11/27
32040	MoWe	11/4-12/4	6:40 - 7:30 pm	No class 11/11 and 11/27
32041	TuTh	11/5-12/3	5:10 - 6:00 pm	No class 11/28
32045	TuTh	11/5-12/3	6:00 - 6:50 pm	No class 11/28





## Taekwondo for Little Stars

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty, and assertiveness. Kids will learn basic kicking techniques, punches, blocks, and basic self-defense forms. Uniform is included with class fee.

**Instructor:** Sung Ho Park

**Location:** Tae Kwon Do Studio

**Ages:** 4-6

**\$29 / 4 sessions**

32042	Sa	9/7-9/28	3:30 - 4:10 pm	
32043	Sa	10/5-10/26	3:30 - 4:10 pm	
32044	Sa	11/2-11/23	3:30 - 4:10 pm	

**\$49 / 8 sessions**

32020	MoWe	9/4-9/30	4:30 - 5:10 pm	
32021	MoWe	9/4-9/30	6:00 - 6:40 pm	
32022	TuTh	9/3-9/26	4:30 - 5:10 pm	
32023	MoWe	10/2-10/30	4:30 - 5:10 pm	No class 10/14
32024	MoWe	10/2-10/30	6:00 - 6:40 pm	No class 10/14
32025	TuTh	10/1-10/24	4:30 - 5:10 pm	
32026	MoWe	11/4-12/4	4:30 - 5:10 pm	No class 11/11 and 11/27
32027	MoWe	11/4-12/4	6:00 - 6:40 pm	No class 11/11 and 11/27
32028	TuTh	11/5-12/3	4:30 - 5:10 pm	No class 11/28

## Taekwondo for Teens

The goal of Taekwondo training is not about how to fight, but learning a way of living through building on self-defense skills. Taekwondo's foundation is to improve the inner self through physical, mental, and spiritual discipline to achieve the highest form of character. Uniform is included with class fee.

**Instructor:** Sung Ho Park

**\$49 / 8 sessions**

**Location:** Tae Kwon Do Studio

**Ages:** 13-17

32030	TuTh	9/3-9/26	6:50 - 7:40 pm	
32031	TuTh	10/1-10/24	6:50 - 7:40 pm	
32032	TuTh	11/5-12/3	6:50 - 7:40 pm	No class 11/28

## SPORTS CLASSES

### Introduction to Fencing

Students will learn the modern Olympic sport of fencing. They will learn how to move, attack, and defend themselves with fencing gear. An emphasis is placed on developing balance, coordination, stamina, and quick decision making. Use of rental equipment included in class fees: swords, masks, jackets, pants, body cords, and gloves. First time students are required to sign a United States Fencing Association (USFA) membership form and pay a one-time fee of \$10 to cover their portion of the insurance for the year. This is a USFA requirement.

**Instructor:** South Coast Fencing Center

**Location:** South Coast Fencing Center

**Ages:** 7+

**\$115 / 4 sessions**

36512	9/2-9/28	MoTuThFr	6:30 - 7:30 pm	Sa	12:00 - 1:00 pm
36513	9/30-10/26	MoTuThFr	6:30 - 7:30 pm	Sa	12:00 - 1:00 pm
36514	10/28-11/23	MoTuThFr	6:30 - 7:30 pm	Sa	12:00 - 1:00 pm

**Class sessions are offered 5 times a week. Participants should attend any 1 of those sessions according to the convenience of their schedules.**

**\$170 / 8 sessions**

36515	9/2-9/28	MoTuThFr	6:30 - 7:30 pm	Sa	12:00 - 1:00 pm
36516	9/30-10/26	MoTuThFr	6:30 - 7:30 pm	Sa	12:00 - 1:00 pm
36517	10/28-11/23	MoTuThFr	6:30 - 7:30 pm	Sa	12:00 - 1:00 pm

**Class sessions are offered 5 times a week. Participants should attend any 2 of those sessions according to the convenience of their schedules.**



## 4-Sport Multi Sport by BEST Sports

Our industry-leading 4-sport program brings you multiple weeks of 4 fantastic sports: soccer, baseball/softball, basketball, and track. We will teach your player how to kick and control a soccer ball; how to hit, catch, throw, and run the bases; shoot and dribble a basketball; run, jump, and build strength and endurance. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young players regardless of their skill level. Please bring an age-appropriate soccer ball for the first week. A hitting tee and a basketball are needed later in the session. This is not a parent participation class. No additional fees ever!

**Instructor:** Beginners Edge Sports Training Instructor

**\$99 / 7 sessions**

**Location:** West Grove Park

**Ages:** 2-4

30065	Sa	9/7-10/19	9:00 - 9:45 am
30066	Su	9/8-10/20	9:00 - 9:45 am

**Ages:** 5-8

30069	Sa	9/7-10/19	9:50 - 10:35 am
30070	Su	9/8-10/20	9:50 - 10:35 am

## 6-Sport Multi Sport by BEST Sports

Our industry-leading 6-sport program brings you multiple weeks of six fantastic sports: soccer, baseball/softball, basketball, football, volleyball and track. We will teach your player how to kick and control a soccer ball, how to hit, catch, throw, and run the bases, shoot and dribble a basketball, kick/punt a football, bump, set, and spike a volleyball, jump and build strength and endurance in our track & field program. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage and advance your young players regardless of their skill level. Please bring an age-appropriate soccer ball for the first week. A hitting tee, a football, and a basketball are needed later in the session. No additional fees ever!

**Instructor:** Beginners Edge Sports Training Instructor

**\$85 / 6 sessions**

**Location:** West Grove Park

**Ages:** 2-4

31065	Sa	11/2-12/14	9:00 - 9:45 am	No class 11/30
31066	Su	11/3-12/15	9:00 - 9:45 am	No class 12/1

**Ages:** 5-8

31067	Sa	11/2-12/14	9:50 - 10:35 am	No class 11/30
31068	Su	11/3-12/15	9:50 - 10:35 am	No class 12/1

## Baseball and Softball Training by BEST Sports

Our industry-leading weekly Sluggers program will teach your player the skills of baseball and softball by offering activities such as: fielding, throwing, hitting, base recognition, (sometimes) sliding, and more! Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young players regardless of their skill level. A glove is not mandatory for kids under 4. Please provide your own baseball hitting tee. This is not a parent participation class. No additional fees ever!

**Instructor:** Beginners Edge Sports Training Instructor

**Location:** West Grove Park

**\$99 / 7 sessions**

**Ages:** 2-4

30030	Sa	9/7-10/19	9:50 - 10:35 am
30031	Su	9/8-10/20	9:50 - 10:35 am

**Ages:** 5-8

30034	Sa	9/7-10/19	9:00 - 9:45 am
30035	Su	9/8-10/20	9:00 - 9:45 am

(continued next page)



## Baseball and Softball Training by BEST Sports (cont.)

\$85 / 6 sessions

**Ages: 2-4**

30032	Sa	11/2-12/14	9:50 - 10:35 am	<b>No class 11/30</b>
30033	Su	11/3-12/15	9:50 - 10:35 am	<b>No class 12/1</b>

**Ages: 5-8**

30036	Sa	11/2-12/14	9:00 - 9:45 am	<b>No class 11/30</b>
30037	Su	11/3-12/15	9:00 - 9:45 am	<b>No class 12/1</b>

## Basketball Skills and Drills by BEST Sports

Our industry-leading basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting, and the triple threat position. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young players regardless of their skill level. This is an extremely active, endurance-based class. Please bring your child's favorite basketball with their name on it. This is not a parent participation class. No additional fees ever!

**Instructor: Beginners Edge Sports Training Instructor**

**Location: West Grove Park**

\$99 / 7 sessions

**Ages: 3-6**

30020	Sa	9/7-10/19	10:40 - 11:25 am	
30021	Su	9/8-10/20	10:40 - 11:25 am	

**Ages: 7-10**

30024	Sa	9/7-10/19	11:30 am - 12:15 pm	
30025	Su	9/8-10/20	11:30 am - 12:15 pm	

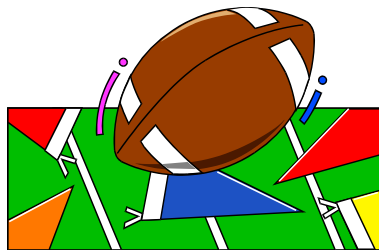
\$85 / 6 sessions

**Ages: 3-6**

30022	Sa	11/2-12/14	10:40 - 11:25 am	<b>No class 11/30</b>
30023	Su	11/3-12/15	10:40 - 11:25 am	<b>No class 12/1</b>

**Ages: 7-10**

30026	Sa	11/2-12/14	11:30 am - 12:15 pm	<b>No class 11/30</b>
30027	Su	11/3-12/15	11:30 am - 12:15 pm	<b>No class 12/1</b>



## Football Skills and Drills by BEST Sports

Our industry-leading football skills and drills clinics will teach football terminology, good sportsmanship, passing,

receiving, agility, cradling, kicking/punting, flag/touch, blocking, defense/offense skills, and more! Our goal and focus is to maintain an energetic and highly active program that will allow your player to enjoy and learn the joy of the gridiron that will teach, encourage, and advance your young players regardless of their skill level. Bring your favorite football, we got the rest. This is not a parent participation class. No additional fees ever!

**Instructor: Beginners Edge Sports Training Instructor**

**Location: West Grove Park**

\$99 / 7 sessions

**Ages: 3-6**

30040	Sa	9/7-10/19	11:30 am - 12:15 pm	
-------	----	-----------	---------------------	--

**Ages: 7-11**

30042	Sa	9/7-10/19	10:40 - 11:25 am	
-------	----	-----------	------------------	--

\$85 / 6 sessions

**Ages: 3-6**

30041	Sa	11/2-12/14	11:30 am - 12:15 pm	<b>No class 11/30</b>
-------	----	------------	---------------------	-----------------------

**Ages: 7-11**

30043	Sa	11/2-12/14	10:40 - 11:25 am	<b>No class 11/30</b>
-------	----	------------	------------------	-----------------------

## Soccer Skills Training w/BEST Sports **NEW**



Our industry-leading weekly soccer class will teach your kids the skills of soccer by offering activities such as: dribbling, kicking, throw-ins, goalie skills, (age permitting: scrimmaging) and more! Our goal and focus is to maintain an energetic and highly active

program that will teach, encourage, and advance your young players regardless of their skill level. Please bring an age appropriate soccer ball with your child's name on it and a water bottle. No additional fees ever!

**Instructor: Beginners Edge Sports Training Instructor**

**Location: West Grove Park**

**Ages: 16 mos - 2 yrs**

\$99 / 7 sessions

31050	Sa	9/7-10/19	9:50 - 10:35 am	
31051	Su	9/8-10/20	9:50 - 10:35 am	

\$85 / 6 sessions

31056	Sa	11/2-12/14	9:50 - 10:35 am	<b>No class 11/30</b>
31057	Su	11/3-12/15	9:50 - 10:35 am	<b>No class 12/1</b>

**Ages: 3-6**

\$99 / 7 sessions

31052	Sa	9/7-10/19	9:00 - 9:45 am	
31053	Su	9/8-10/20	9:00 - 9:45 am	

\$85 / 6 sessions

31058	Sa	11/2-12/14	9:00 - 9:45 am	<b>No class 11/30</b>
31059	Su	11/3-12/15	9:00 - 9:45 am	<b>No class 12/1</b>

**Ages: 7-10**

\$99 / 7 sessions

31054	Sa	9/7-10/19	10:40 - 11:25 am	
31055	Su	9/8-10/20	10:40 - 11:25 am	

\$85 / 6 sessions

31060	Sa	11/2-12/14	10:40 - 11:25 am	<b>No class 11/30</b>
31061	Su	11/3-12/15	10:40 - 11:25 am	<b>No class 12/1</b>

## ARCHERY

### Introduction to Archery 101 **NEW**

Introduction to Archery Instructors will teach proper technique and form, while providing a fun filled archery environment practicing the basics of traditional archery. Please arrive 15 minutes early to sign waiver and set-up. A \$5 materials fee is due to instructor on the first day of class.

**Instructor: Orlando Cosme**

\$130 / 4 sessions

**Location: Good Shot Archery**

**Ages: 8-17**

30910	We	9/4-9/25	4:00 - 5:00 pm	
30911	We	10/2-10/23	4:00 - 5:00 pm	
30912	We	11/6-11/27	4:00 - 5:00 pm	



## ICE SKATING

### Anaheim ICE Skating for Tot Beginners

Beginning ice skating made fun and easy! Watch your child smile as he or she learns how to march, glide, stop, hop, fall down, and get up properly. Skate rental, public skating from 3:30-5:30pm for the Thursday class and 1:00-3:00pm for the Saturday class, and three additional public skating passes (to be used during the 4-week session) are all included in the fee. Please arrive 15 minutes early to the first class and dress warm.

**Instructor:** Anaheim ICE Staff

**\$49 / 4 sessions**

**Location:** Anaheim ICE

**Ages:** 3-5

33410	Th	9/5-9/26	5:00 - 5:30 pm
33411	Th	10/3-10/24	5:00 - 5:30 pm
33412	Th	10/31-11/21	5:00 - 5:30 pm
33413	Sa	9/7-9/28	10:45 - 11:15 am
33414	Sa	10/5-10/26	10:45 - 11:15 am
33415	Sa	11/2-11/23	10:45 - 11:15 am

### Anaheim ICE Skating for Youth Beginners

Beginning ice skating made fun and easy! Learn to skate across the ice forward and backward, glide on one foot, stop, hop, turn, and more! Skate rental, public skating from 3:30-5:30pm for the Thursday class and 1:00-3:00pm for the Saturday class, and three additional public skating passes (to be used during the 4-week session) are all included in the fee. Please arrive 15 minutes early to the first class and dress warm.

**Instructor:** Anaheim ICE Staff

**\$49 / 4 sessions**

**Location:** Anaheim ICE

**Ages:** 6-15

33400	Th	9/5-9/26	5:00 - 5:30 pm
33401	Th	10/3-10/24	5:00 - 5:30 pm
33402	Th	10/31-11/21	5:00 - 5:30 pm
33403	Sa	9/7-9/28	10:45 - 11:15 am
33404	Sa	10/5-10/26	10:45 - 11:15 am
33405	Sa	11/2-11/23	10:45 - 11:15 am

## VOLLEYBALL

### Youth Beginner Volleyball - 1a

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course is designed to introduce the sport of volleyball to the youth athlete who is completely new to the game. Come have fun and learn with us!

**Instructor:** Tan Nguyen

**Location:** Garden Grove Sports and Recreation Center

**Ages:** 8-11

**\$48 / 4 sessions**

39100	Su	9/8-9/29	1:00 - 2:00 pm
39101	Su	10/6-10/27	1:00 - 2:00 pm
39102	Su	11/3-11/24	1:00 - 2:00 pm

**\$36 / 3 sessions**

39103	Su	12/1-12/15	1:00 - 2:00 pm
-------	----	------------	----------------

### Youth Intermediate Volleyball - 1b

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course is designed for the more seasoned youth athlete with some volleyball experience, but exceptions do apply (give us a call if you're not sure.) Come have fun and learn with us!

**Instructor:** Tan Nguyen

**Location:** Garden Grove Sports and Recreation Center

**Ages:** 8-11

**\$48 / 4 sessions**

39104	Su	9/8-9/29	2:00 - 3:00 pm
39105	Su	10/6-10/27	2:00 - 3:00 pm
39106	Su	11/3-11/24	2:00 - 3:00 pm

**\$36 / 3 sessions**

39107	Su	12/1-12/15	2:00 - 3:00 pm
-------	----	------------	----------------

### Teen Beginner Volleyball - 2a

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course is designed to introduce the sport of volleyball to the teen athlete who is completely new to the game. Come have fun and learn with us!

**Instructor:** Tan Nguyen

**Location:** Garden Grove Sports and Recreation Center

**Ages:** 12-14

**\$48 / 4 sessions**

39108	Su	9/8-9/29	3:00 - 4:00 pm
39109	Su	10/6-10/27	3:00 - 4:00 pm
39110	Su	11/3-11/24	3:00 - 4:00 pm

**\$36 / 3 sessions**

39111	Su	12/1-12/15	3:00 - 4:00 pm
-------	----	------------	----------------

### Teen Intermediate Volleyball - 2b

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course is designed for the teen athlete with some volleyball experience, but exceptions do apply (give us a call if you're not sure!). Come have fun and learn with us!

**Instructor:** Tan Nguyen

**Location:** Garden Grove Sports and Recreation Center

**Ages:** 12-14

**\$48 / 4 sessions**

39112	Su	9/8-9/29	4:00 - 5:00 pm
39113	Su	10/6-10/27	4:00 - 5:00 pm
39114	Su	11/3-11/24	4:00 - 5:00 pm

**\$36 / 3 sessions**

39115	Su	12/1-12/15	4:00 - 5:00 pm
-------	----	------------	----------------

## TENNIS

### Pee Wee Tennis

This class is your future tennis star's introduction to the exciting world of tennis, sports, and overall athleticism. This class features fun games that are perfectly designed to advance your child's hand-eye coordination, balance, and love for tennis. Our friendly staff will provide a fun, creative, and positive environment for every child involved. Parent participation is strongly encouraged. For more information and rainy day make-up policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call (844) 983-6647.

**Ages:** 3-5

**Instructor:** Johnny Allen Tennis Academy

**Location:** Chapman Sports Complex

**\$49 / 4 sessions**

30500	Tu	9/17-10/8	4:15 - 5:00 pm
30501	Th	9/19-10/10	4:15 - 5:00 pm
30503	Tu	10/15-11/5	4:15 - 5:00 pm
30504	Th	10/17-11/7	4:15 - 5:00 pm
30506	Tu	11/12-12/3	4:15 - 5:00 pm

**\$37 / 3 sessions**

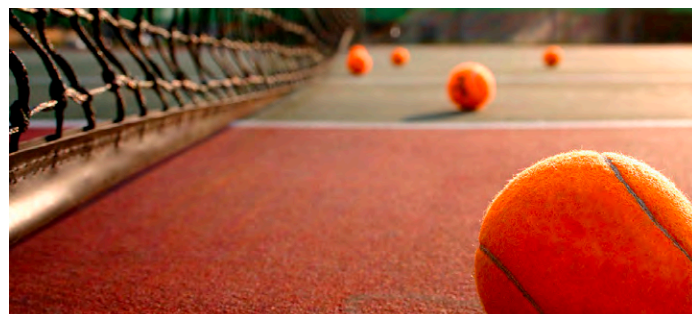
30507	Th	11/14-12/5	4:15 - 5:00 pm	<b>No class 11/28</b>
-------	----	------------	----------------	-----------------------

**\$79 / 8 sessions**

30502	TuTh	9/17-10/10	4:15 - 5:00 pm
30505	TuTh	10/15-11/7	4:15 - 5:00 pm

**\$70 / 7 sessions**

30508	TuTh	11/12-12/5	4:15 - 5:00 pm	<b>No class 11/28</b>
-------	------	------------	----------------	-----------------------





## Beginning Youth Tennis

We believe learning tennis should be fun and exciting. All classes feature the magical fusion of music and tennis. All four major strokes will be taught, the forehand, backhand, and serve and volley. Students will be given a solid tennis foundation through tons of innovative and effective drills and games. Once ready, players will be invited to attend the intermediate class. For more information and rainy day make-up policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call (844) 983-6647.

**Ages: 6-8**

**Instructor: Johnny Allen Tennis Academy**

**Location: Chapman Sports Complex**

**\$69 / 4 sessions**

30515	Tu	9/17-10/8	5:00 - 6:00 pm
30516	Th	9/19-10/10	5:00 - 6:00 pm
30518	Tu	10/15-11/5	5:00 - 6:00 pm
30519	Th	10/17-11/7	5:00 - 6:00 pm
30521	Tu	11/12-12/3	5:00 - 6:00 pm

**\$52 / 3 sessions**

30522	Th	11/14-12/5	5:00 - 6:00 pm	<b>No class 11/28</b>
-------	----	------------	----------------	-----------------------

**\$99 / 8 sessions**

30517	TuTh	9/17-10/10	5:00 - 6:00 pm
30520	TuTh	10/15-11/7	5:00 - 6:00 pm

**\$87 / 7 sessions**

30523	TuTh	11/12-12/5	5:00 - 6:00 pm	<b>No class 11/28</b>
-------	------	------------	----------------	-----------------------

## Beginning/Intermediate Tennis

All junior tennis players looking for improvement are welcome to play, and find their groove, as music is played in every class. All four major strokes will be taught, the forehand, backhand, serve and volley. Players will improve technique, spin, placement, balance and movement, through Johnny Allen's own specially designed drills and games. We will be focusing on proper technique on all major shots during singles and doubles play, preparing players for high school tennis, tournaments and an overall higher level of the game. For more info and rainy-day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call 1-844-983-6647.

**Instructor: Johnny Allen Tennis Academy**

**Location: Chapman Sports Complex**

**Ages: 9-12**

**\$69 / 4 sessions**

30540	Tu	9/17-10/8	6:00 - 7:00 pm
30541	Th	9/19-10/10	6:00 - 7:00 pm
30543	Tu	10/15-11/5	6:00 - 7:00 pm
30544	Th	10/17-11/7	6:00 - 7:00 pm
30546	Tu	11/12-12/3	6:00 - 7:00 pm

**\$52 / 3 sessions**

30547	Th	11/14-12/5	6:00 - 7:00 pm	<b>No class 11/28</b>
-------	----	------------	----------------	-----------------------

**\$99 / 8 sessions**

30542	TuTh	9/17-10/10	6:00 - 7:00 pm
30545	TuTh	10/15-11/7	6:00 - 7:00 pm

**\$87 / 7 sessions**

30548	TuTh	11/12-12/5	6:00 - 7:00 pm	<b>No class 11/28</b>
-------	------	------------	----------------	-----------------------



## Intermediate/Advanced Youth Tennis

This class is perfect for players getting ready to compete in tournaments, high school or league tennis. This training class is for motivated, young competitive players, with dreams of one day competing at a higher level. Players will learn to compete and win through advanced strategy in singles and doubles. This class will build the confidence in each player's tennis game, through match play, while engaging in a wide variety of effective games and competitive situations. For more information and rainy day make-up policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call (844) 983-6647.

**Ages: 7-17**

**Instructor: Johnny Allen Tennis Academy**

**Location: Chapman Sports Complex**

**\$99 / 4 sessions**

30530	Tu	9/17-10/8	7:00 - 9:00 pm
30531	Th	9/19-10/10	7:00 - 9:00 pm
30533	Tu	10/15-11/5	7:00 - 9:00 pm
30534	Th	10/17-11/7	7:00 - 9:00 pm
30536	Tu	11/12-12/3	7:00 - 9:00 pm

**\$75 / 3 sessions**

30537	Th	11/14-12/5	7:00 - 9:00 pm	<b>No class 11/28</b>
-------	----	------------	----------------	-----------------------

**\$139 / 8 sessions**

30532	TuTh	9/17-10/10	7:00 - 9:00 pm
30535	TuTh	10/15-11/7	7:00 - 9:00 pm

**\$122 / 7 sessions**

30538	TuTh	11/12-12/5	7:00 - 9:00 pm	<b>No class 11/28</b>
-------	------	------------	----------------	-----------------------



**Class Registration Begins Online  
Monday, August 12, 2019**



## ARTS AND CRAFTS

### Art Drawing and Painting Fun!

This class is designed for kids who want to have fun while improving their drawing and paintings. There will be a \$40 materials fee due to the instructor on the first day of class which covers all supplies.

**Instructor: Pati Kent**

**\$64 / 4 sessions**

**Location: Garden Grove Sports and Recreation Center**

**Ages: 7-13**

30302	Th	9/12-10/3	4:30 - 5:30 pm
30303	Th	10/31-11/21	4:30 - 5:30 pm

### Art: Cartooning for Fun!

This class is designed for kids who want to have fun drawing cartoons! Have fun drawing caricatures, classic, and Manga/Anime. There will be a \$20 materials fee due to the instructor on the first day of class which covers all supplies.

**Instructor: Pati Kent**

**\$64 / 4 sessions**

**Location: Garden Grove Sports and Recreation Center**

**Ages: 7-13**

30317	Th	9/12-10/3	3:30 - 4:30 pm
30318	Th	10/31-11/21	3:30 - 4:30 pm

### Cartooning for Kids!

Young Rembrandts' cartoon classes are based on our original, top quality curriculum with the additional excitement of cartooning. Young Rembrandts' cartoon lessons teach children how to create original cartoon characters. Skills include: drawing action, movement and sounds, and expressions to convey moods. Students will be able to develop a series of drawings that tell a joke. Your child will gain mastery in a unique drawing style, and improve their core learning skills.

**Instructor: Young Rembrandts Staff**

**\$65 / 4 sessions**

**Ages: 5-12**

**Location: West Grove Park**

30152	We	9/4-9/25	3:30 - 4:30 pm
30153	We	10/2-10/23	3:30 - 4:30 pm
30154	We	10/30-11/20	3:30 - 4:30 pm

### Drawing is Fun!

Be more confident with your lines and shapes! With new themes every month, this class will develop your inner artist. You will also practice the fundamentals of observation and how to transfer them onto paper. In this quirky class, you'll exercise your imagination and have fun while making cartoons! There will be a \$20 materials fee due to the instructor which covers all supplies.

**Instructor: Westminster Arts Academy Staff**

**\$68 / 4 sessions**

**Location: Westminster Arts Academy**

**Ages: 5-7**

30088	Th	8/29-9/19	3:30 - 4:30 pm
30089	Th	9/26-10/17	3:30 - 4:30 pm
30090	Th	10/24-11/14	3:30 - 4:30 pm
30091	Th	11/21-12/19	3:30 - 4:30 pm <b>No class 11/28</b>

**Ages: 8-11**

30092	Th	8/29-9/19	4:30 - 5:30 pm
30093	Th	9/26-10/17	4:30 - 5:30 pm
30094	Th	10/24-11/14	4:30 - 5:30 pm
30095	Th	11/21-12/19	4:30 - 5:30 pm <b>No class 11/28</b>

**Ages: 12-17**

30096	Th	8/29-9/19	6:30 - 7:30 pm
30097	Th	9/26-10/17	6:30 - 7:30 pm
30098	Th	10/24-11/14	6:30 - 7:30 pm
30099	Th	11/21-12/19	6:30 - 7:30 pm <b>No class 11/28</b>

### Painting is Fun!

Join us each week for a fun and immersive painting class! Students will be taught basic techniques used to create wonderful works of art as well as introduced to a variety of concepts and artists that have continuously inspired us throughout history. Expand your creative horizons and enroll today!

**Instructor: Westminster Arts Academy Staff**

**\$88 / 4 sessions**

**Location: Westminster Arts Academy**

**Ages: 5-9**

30100	Fr	8/30-9/20	5:00 - 6:15 pm
30101	Fr	9/27-10/18	5:00 - 6:15 pm
30102	Fr	10/25-11/15	5:00 - 6:15 pm
30103	Fr	11/22-12/20	5:00 - 6:15 pm <b>No class 11/29</b>

**Ages: 10+**

30104	Fr	8/30-9/20	6:15 - 7:30 pm
30105	Fr	9/27-10/18	6:15 - 7:30 pm
30106	Fr	10/25-11/15	6:15 - 7:30 pm
30107	Fr	11/22-12/20	6:15 - 7:30 pm <b>No class 11/29</b>

## DANCE CLASSES

### Ballet, Tap, and Tumbling

Ballet develops physical control, strength, balance, and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, position of the day, animal walks, and balance beam. A \$5 materials fee is due at the first class.

**Instructor: Dawna Ludwig**

**\$49 / 5 sessions**

**Ages: 1.5-5**

**Location: Garden Grove Sports and Recreation Center**

31996	Sa	9/7-10/5	9:20 - 10:00 am
31997	Sa	10/12-11/9	9:20 - 10:00 am
31998	Sa	11/16-12/21	9:20 - 10:00 am <b>No class 11/30</b>

**Ages: 6-11**

**Location: West Haven Park**

30059	Th	9/5-10/3	3:40 - 4:20 pm
30060	Th	10/10-11/7	3:40 - 4:20 pm
30061	Th	11/14-12/19	3:40 - 4:20 pm <b>No class 11/28</b>

**Location: Garden Grove Sports and Recreation Center**

32000	Sa	9/7-10/5	8:40 - 9:20 am
32001	Sa	10/12-11/9	8:40 - 9:20 am
32002	Sa	11/16-12/21	8:40 - 9:20 am <b>No class 11/30</b>

### Greatest Showman Dance Workshop



Learn some of your favorite songs and dances from The Greatest Showman! Have fun getting to know some new friends while also learning some great numbers! There will be a parent presentation at 3 pm. For any questions, please email [admin@ftbeme.com](mailto:admin@ftbeme.com).

**Instructor: Free to Be Me Staff**

**\$35 / 1 sessions**

**Location: Free to Be Me Studio**

**Ages: 6-15**

35055	Sa	10/5	1:00 - 3:00 pm
-------	----	------	----------------



## Hip Hop Hooray! Hip Hop and Tumble



Our awesome kiddos train in hip-hop and basic tumbling which are incorporated through choreography, technique, and dance combinations. There is a special presentation for family and friends on the last day of class. Perfect for boys and girls. Wear sneakers or dance shoes and comfortable clothing, and bring water. A \$10 materials fee is due to the instructor at the first class. Please contact admin@ftbeme.com for more information.

**Instructor: Free to Be Me Staff**

**\$90 / 6 sessions**

**Location: Free to Be Me Studio**

**Ages: 3-6**

35010	Tu	9/17-10/22	10:00 - 10:45 am
-------	----	------------	------------------

## Hip Hop is Fun!

This fun energetic class will teach you coordination, dance, and rhythm! Learn cool moves set to awesome music! Finesse onto the dance floor in style with this hip class!

**Instructor: Westminster Arts Academy Staff**

**\$68 / 4 sessions**

**Location: Westminster Arts Academy**

**Ages: 3-11**

38520	Tu	9/3-9/24	5:30 - 6:30 pm
-------	----	----------	----------------

38521	Tu	10/1-10/22	5:30 - 6:30 pm
-------	----	------------	----------------

38522	Tu	10/29-11/19	5:30 - 6:30 pm
-------	----	-------------	----------------

38523	Tu	11/26-12/17	5:30 - 6:30 pm
-------	----	-------------	----------------

**Ages: 12-17**

38524	Tu	9/3-9/24	6:30 - 7:30 pm
-------	----	----------	----------------

38525	Tu	10/1-10/22	6:30 - 7:30 pm
-------	----	------------	----------------

38526	Tu	10/29-11/19	6:30 - 7:30 pm
-------	----	-------------	----------------

38527	Tu	11/26-12/17	6:30 - 7:30 pm
-------	----	-------------	----------------

## Pop Ballet!

Introducing young dancers to their bodies, this class focuses on creating a more disciplined, creative, and outgoing child! While still having fun, dancers will have focus in ballet while infusing creative improvisation, jazz, and modern! Female dancers must arrive to the first class with their hair back in a bun, a leotard (pink for ages 3-4, black for ages 5+), pink ballet tights, and pink ballet slippers. Male dancers must arrive to their first class in a white t-shirt, black fitted pants/tights, and black ballet slippers.

**Instructor: Westminster Arts Academy Staff**

**Location: Westminster Arts Academy**

**\$58 / 4 sessions**

**Ages: 3-4**

38532	We	8/28-9/18	4:45 - 5:30 pm
-------	----	-----------	----------------

38533	We	9/25-10/16	4:45 - 5:30 pm
-------	----	------------	----------------

38534	We	10/23-11/13	4:45 - 5:30 pm
-------	----	-------------	----------------

38535	We	11/20-12/18	4:45 - 5:30 pm	<b>No class 11/27</b>
-------	----	-------------	----------------	-----------------------

**\$68 / 4 sessions**

**Ages: 5-7**

38536	We	8/28-9/18	5:30 - 6:30 pm
-------	----	-----------	----------------

38537	We	9/25-10/16	5:30 - 6:30 pm
-------	----	------------	----------------

38538	We	10/23-11/13	5:30 - 6:30 pm
-------	----	-------------	----------------

38539	We	11/20-12/18	5:30 - 6:30 pm	<b>No class 11/27</b>
-------	----	-------------	----------------	-----------------------

**Ages: 8-15**

38540	We	8/28-9/18	6:30 - 7:30 pm
-------	----	-----------	----------------

38541	We	9/25-10/16	6:30 - 7:30 pm
-------	----	------------	----------------

38542	We	10/23-11/13	6:30 - 7:30 pm
-------	----	-------------	----------------

38543	We	11/20-12/18	6:30 - 7:30 pm	<b>No class 11/27</b>
-------	----	-------------	----------------	-----------------------

## Tiny Troupe - Sing, Dance, Act



Our Tiny Troupe is the most talked about class in town. Students learn to sing, dance, and act all while building self-confidence and structure. In this class, things get super silly as we learn all about what it takes to perform on stage. Our fun games and friendly instructors create a safe and nurturing environment for kids to come out of their shell. This class is great for boys and girls and prepares them for our Dynamix Performance Troupe! There will be a parent presentation on our stage on the last day of class. Costume fees may apply. A \$10 materials fee is due to the instructor on the first day of class. For any questions, please email admin@ftbeme.com.

**Instructor: Free to Be Me Staff**

**\$120 / 6 sessions**

**Location: Free to Be Me Studio**

**Ages: 2.5-6**

35030	Th	9/19-10/24	4:00 - 4:45 pm
-------	----	------------	----------------

35031	Th	11/7-12/19	4:00 - 4:45 pm	<b>No class 11/28</b>
-------	----	------------	----------------	-----------------------

## Under the Sea Magical Dance Class!



Let's go "under the sea" as we learn about ballet, jazz, and dance technique to all of our favorite Under the Sea themed songs! Your child will explore through games, exercises, and choreographed movements. There will be a parent presentation on our stage on the last day of class. A \$10 materials fee is due to the instructor on the first day of class. For any questions, please email admin@ftbeme.com.

**Instructor: Free to Be Me Staff**

**\$85 / 6 sessions**

**Location: Free to Be Me Studio**

**Ages: 3-6**

35045	Th	9/19-10/24	11:00 - 11:45 am
-------	----	------------	------------------

## MUSIC

### Music FunTime!

Music classes engineered by Music FunTime is an innovative, structured, and progressive curriculum derived from Johns Hopkins research. Students will be exploring the magical connection between math and science through music. Children learn to read music notation, rhythms and symbols, and play the instruments of their choice. Through small preschool, kindergarten, and early elementary groups in a classroom atmosphere, children use musical crafts, worksheets, games, and instruments in a fun exciting way to explore and nurture a strong music foundation.

**Instructor: Westminster Arts Academy Staff**

**\$88 / 4 sessions**

**Location: Westminster Arts Academy**

**Ages: 18 mos - 3 yrs**

31899	Sa	8/31-9/21	10:30 - 11:00 am
-------	----	-----------	------------------

31900	Sa	9/28-10/19	10:30 - 11:00 am
-------	----	------------	------------------

31901	Sa	10/26-11/16	10:30 - 11:00 am
-------	----	-------------	------------------

31902	Sa	11/23-12/14	10:30 - 11:00 am	<b>No class 11/30</b>
-------	----	-------------	------------------	-----------------------

**Ages: 3-5**

31903	Tu	9/3-9/24	5:30 - 6:00 pm
-------	----	----------	----------------

31904	Tu	10/1-10/22	5:30 - 6:00 pm
-------	----	------------	----------------

31905	Tu	10/29-11/19	5:30 - 6:00 pm
-------	----	-------------	----------------

31906	Tu	11/26-12/17	5:30 - 6:00 pm
-------	----	-------------	----------------

(continued next page)





## Music FunTime! (continued)

### Ages: 5-7

31907	Tu	9/3-9/24	6:00 - 6:30 pm
31908	Tu	10/1-10/22	6:00 - 6:30 pm
31909	Tu	10/29-11/19	6:00 - 6:30 pm
31910	Tu	11/26-12/17	6:00 - 6:30 pm

### Ages: 7-9

31911	Tu	9/3-9/24	6:30 - 7:00 pm
31912	Tu	10/1-10/22	6:30 - 7:00 pm
31913	Tu	10/29-11/19	6:30 - 7:00 pm
31914	Tu	11/26-12/17	6:30 - 7:00 pm

## Piano is Fun!

Witness your child become a young musician playing songs that they enjoy! Children are encouraged to use their creativity in this exciting introductory music class. Students learn finger independence by reading musical patterns. Basic rhythms are introduced and students enjoy playing and creating music with others on acoustic pianos! There will be a \$20 materials fee due to the instructor on the first day of class.

**Instructor:** Westminster Arts Academy Staff

**\$78 / 4 sessions**

**Location:** Westminster Arts Academy

### Ages: 5-6

31990	We	8/28-9/18	3:15 - 4:00 pm
31991	We	9/25-10/16	3:15 - 4:00 pm
31992	We	10/23-11/13	3:15 - 4:00 pm
31993	We	11/20-12/18	3:15 - 4:00 pm <b>No class 11/27</b>

### Ages: 7-10

31994	We	8/28-9/18	4:00 - 4:45 pm
31995	We	9/25-10/16	4:00 - 4:45 pm
32005	We	10/23-11/13	4:00 - 4:45 pm
32006	We	11/20-12/18	4:00 - 4:45 pm <b>No class 11/27</b>

## Singing is Fun!

Learn to sing those songs you love with creative style, proper technique, and stage performance skills! Students have the opportunity to sing solos, duets, and big group songs in this class where musical numbers really come to life! A \$10 materials fee is due to the instructor on the first day of class.

**Instructor:** Westminster Arts Academy Staff

**\$58 / 4 sessions**

**Location:** Westminster Arts Academy

### Ages: 4-7

32771	Mo	9/2-9/23	4:45 - 5:30 pm
32772	Mo	9/30-10/21	4:45 - 5:30 pm
32773	Mo	10/28-11/18	4:45 - 5:30 pm
32774	Mo	11/25-12/16	4:45 - 5:30 pm

(continued next column)

## Singing is Fun! (continued)

**\$68 / 4 sessions**

**Location:** Westminster Arts Academy

### Ages: 8-11

32775	Su	9/1-9/22	10:00 - 11:00 am
32776	Su	9/29-10/20	10:00 - 11:00 am
32777	Su	10/27-11/17	10:00 - 11:00 am
32778	Su	11/24-12/15	10:00 - 11:00 am
32797	Mo	9/2-9/23	6:30 - 7:30 pm
32798	Mo	9/30-10/21	6:30 - 7:30 pm
32799	Mo	10/28-11/18	6:30 - 7:30 pm
32800	Mo	11/25-12/16	6:30 - 7:30 pm

### Ages: 12-17

32779	Su	9/1-9/22	11:00 am - 12:00 pm
32780	Su	9/29-10/20	11:00 am - 12:00 pm
32781	Su	10/27-11/17	11:00 am - 12:00 pm
32782	Su	11/24-12/15	11:00 am - 12:00 pm
32801	Mo	9/2-9/23	5:30 - 6:30 pm
32802	Mo	9/30-10/21	5:30 - 6:30 pm
32803	Mo	10/28-11/18	5:30 - 6:30 pm
32804	Mo	11/25-12/16	5:30 - 6:30 pm

# SPECIAL INTEREST

## #Be You - Youth Empowerment and Self-Esteem Workshop



Back to school is the perfect time to work on your self-esteem and team building skills as well as personal improvement. This workshop pairs a fun and nurturing environment with exercises and activities that help kids practice skills like positive self-talk, communication, conflict resolution, and self-love. Help your child learn how to have the confidence needed in order to be the best versions of themselves! Prepare to have a great time and meet new friends! For any questions, please email admin@ftbeme.com.

**Instructor:** Free to Be Me Staff

**\$65 / 1 session**

**Location:** Free to Be Me Studio

### Ages: 6-11

35050	Sa	9/28	9:00 am - 12:00 pm
-------	----	------	--------------------

### Ages: 11-17

35051	Sa	9/28	1:00 - 4:00 pm
-------	----	------	----------------

## Solo Performance Class



Our Solo Performance class is the perfect opportunity to work on your solo performance skills and techniques, as well as build confidence and poise on stage. Students will work on stage presence, audition etiquette, and work with a vocal coach, and acting coach. This is for singers of all experience and talent levels. There will be a recital at the end of the session for family and friends! A \$10 materials fee is due to the instructor at the first class. For any questions, please email admin@ftbeme.com.

**Instructor:** Free to Be Me Staff

**\$150 / 8 sessions**

**Location:** Free to Be Me Studio

### Ages: 7-18

35001	Mo	10/14-12/16	5:00 - 6:00 pm <b>No class 11/11 &amp; 11/25</b>
-------	----	-------------	--



## EXERCISE/FITNESS

### Low Impact Aerobics

An aerobic workout geared for older adults to improve coordination, endurance, and stamina. Core, abdominal, and leg toning exercises with muscle strengthening will also be addressed. Participants are advised to wear loose clothing, supportive shoes, and bring a bottle of water. A \$1.90 liability insurance fee will be collected.

**Ages: 55+**

**\$24 / 12 sessions**

**Instructor: Laura Gardea**

**Location: Senior Center**

30800	Mo	9/9-12/16	9:00 - 10:30 am
-------	----	-----------	-----------------

30801	Th	9/12-12/19	9:00 - 10:30 am
-------	----	------------	-----------------

**No class 10/7-10/10, 11/11-11/14, and 11/25-11/28**

**Location: West Grove Park**

30802	We	9/11-12/18	8:30 - 10:00 am
-------	----	------------	-----------------

30803	We	9/11-12/18	10:30 am - 12:00 pm
-------	----	------------	---------------------

**No class 10/7-10/10, 11/11-11/14, and 11/25-11/28**

### Pilates

Whether you are a dancer, an athlete, or simply interested in keeping your body fit, the Pilates method of exercise is designed for you! Pilates works specific muscles in controlled scientific ways to increase agility and strength. This revolutionary toning and conditioning system stretches, strengthens, and realigns overused joints and muscles. Participants work at their own level of fitness. Be sure to bring a mat and justified pound weights.

**Instructor: Dawna Ludwig**

**\$49 / 5 sessions**

**Location: Senior Center**

**Ages: 13+**

30393	Tu	9/10-10/8	5:40 - 6:50 pm
-------	----	-----------	----------------

30397	Tu	10/15-11/12	5:40 - 6:50 pm
-------	----	-------------	----------------

31983	Tu	11/19-12/17	5:40 - 6:50 pm
-------	----	-------------	----------------

### Yoga with Jerry

Yoga will help to create a vigorous, well-functioning body and an alert mind. It is energizing and restful, cleansing and calming, and brings to the body agility and vitality. We will work on different postures and areas of the body with every class to help develop strength, flexibility, and balance throughout the entire body.

**Instructor: Gerald J. Cruise**

**Location: West Grove Park**

**Ages: 18+**

**\$48 / 8 sessions**

33039	Tu	9/3-10/22	9:00 - 10:15 am
-------	----	-----------	-----------------

33040	Th	9/5-10/24	9:00 - 10:15 am
-------	----	-----------	-----------------

**\$42 / 7 sessions**

33650	Tu	10/29-12/17	9:00 - 10:15 am	<b>No class 11/26</b>
-------	----	-------------	-----------------	-----------------------

33651	Th	10/31-12/19	9:00 - 10:15 am	<b>No class 11/28</b>
-------	----	-------------	-----------------	-----------------------

### Line Dancing for Health and Enjoyment

While having fun and enjoying different types of music, you will tone up your muscles, build stamina, and increase flexibility while improving your balance and coordination. Learning choreographed line dances will help sharpen your memory. Please wear comfortable shoes and bring a water bottle.

**Instructor: Gemmy Pham**

**Location: West Haven Park**

**Ages: 55+**

**\$26 / 8 sessions**

39001	TuTh	9/3-9/26	10:00 am - 12:00 pm
-------	------	----------	---------------------

39002	TuTh	10/1-10/24	10:00 am - 12:00 pm
-------	------	------------	---------------------

39003	TuTh	10/29-11/21	10:00 am - 12:00 pm
-------	------	-------------	---------------------

**\$24 / 7 sessions**

39004	TuTh	11/26-12/19	10:00 am - 12:00 pm	<b>No class 11/28</b>
-------	------	-------------	---------------------	-----------------------

## ICE SKATING

### Anaheim ICE Skating for Adult Beginners

Beginning ice skating made fun and easy! Learn to skate across the ice forward and backward, glide on one foot, stop, hop, turn, and more! Skate rental, public skating from 3:30-5:30pm or 7:00-9:00pm for the Wednesday class and 11:30am-1:00pm for the Thursday class, and three additional public skating passes (to be used during the 4-week session) are all included in the fee. Please arrive 15 minutes early to the first class and dress warm.

**Instructor: Anaheim ICE Staff**

**\$49 / 4 sessions**

**Location: Anaheim ICE**

**Ages: 16+**

33416	We	9/4-9/25	7:00 - 7:30 pm
-------	----	----------	----------------

33417	We	10/2-10/23	7:00 - 7:30 pm
-------	----	------------	----------------

33418	We	10/30-11/20	7:00 - 7:30 pm
-------	----	-------------	----------------

33419	Th	9/5-9/26	12:30 - 1:00 pm
-------	----	----------	-----------------

33420	Th	10/3-10/24	12:30 - 1:00 pm
-------	----	------------	-----------------

33421	Th	10/31-11/21	12:30 - 1:00 pm
-------	----	-------------	-----------------

33422	Sa	9/7-9/28	10:45 - 11:15 am
-------	----	----------	------------------

33423	Sa	10/5-10/26	10:45 - 11:15 am
-------	----	------------	------------------

33424	Sa	11/2-11/23	10:45 - 11:15 am
-------	----	------------	------------------



## ARCHERY

### Introduction to Compound Archery

Introduction to Archery instructors will teach proper technique and form, while providing a fun filled archery environment practicing the basics of Compound Archery. Please arrive 30 minutes early to sign waiver and set-up. A \$5 materials fee is due to the instructor on the first day of class.

**Instructor: Orlando Cosme**

**\$200 / 4 sessions**

**Location: Good Shot Archery**

**Ages: 18+**

30900	We	9/4-9/25	7:00 - 8:00 pm
-------	----	----------	----------------

30902	We	10/2-10/23	7:00 - 8:00 pm
-------	----	------------	----------------

30904	We	11/6-11/27	7:00 - 8:00 pm
-------	----	------------	----------------

### Introduction to Archery 101

Introduction to Archery Instructors will teach proper technique and form, while providing a fun filled archery environment practicing the basics of traditional archery. Please arrive 15 minutes early to sign waiver and set-up. A \$5 materials fee is due to the instructor on the first day of class.

**Instructor: Orlando Cosme**

**\$130 / 4 sessions**

**Location: Good Shot Archery**

**Ages: 18+**

30913	We	9/4-9/25	5:30 - 6:30 pm
-------	----	----------	----------------

30914	We	10/2-10/23	5:30 - 6:30 pm
-------	----	------------	----------------

30915	We	11/6-11/27	5:30 - 6:30 pm
-------	----	------------	----------------



## SPECIAL INTEREST

### ***CPR/AED for Adults, Infants, and Children***

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. Learn simple rescue CPR for adults, children, and infants, as well as foreign object removal techniques for airways. You will receive your certification upon completion of the class. If healthcare provider card is required, please call Cindy at (714)891-5620 prior to your class. A \$20 materials fee is payable to the instructor on the first day of class.

**Instructor: Jack Griswold**

**\$10 / 1 session**

**Location: Senior Center**

**Ages: 11+**

30330	Fr	9/6	7:00 - 9:00 pm
30331	Fr	10/4	7:00 - 9:00 pm
30332	Fr	11/1	7:00 - 9:00 pm
30333	Fr	12/6	7:00 - 9:00 pm

### ***First Aid***

Learn to respond to, and assess an injury or illness. Topics covered include vital signs, bleeding, heat and cold emergencies, strokes, and seizures. You will receive a state and nationally recognized EMS first aid card and certification. A \$20 materials fee is payable to the instructor on the first day of class.

**Instructor: Jack Griswold**

**\$10 / 1 session**

**Location: Senior Center**

**Ages: 11+**

30220	Fr	9/6	9:00 - 10:00 pm
30221	Fr	10/4	9:00 - 10:00 pm
30222	Fr	11/1	9:00 - 10:00 pm
30223	Fr	12/6	9:00 - 10:00 pm

## DOG TRAINING

### ***Basic Puppy Kindergarten***

Start your puppy off on the right paw! Establishing good manners at an early age can make your new puppy a more enjoyable family member and a better citizen in the community! This course, for young puppies between two and five months of age, will emphasize socialization and introduce basic commands such as sit, stay, come, lie down, and walk nicely on a leash. Also included will be discussions on various puppy care topics, such as housebreaking, teething or chewing problems, health-care pointers, etc. The first meeting is an orientation held WITHOUT puppies. Please bring current vaccination records and a \$10 materials fee, which includes the training manual, to the first meeting.

**Instructor: Hacienda Hills Dog Obedience**

**\$88 / 6 sessions**

**Location: El Dorado Park**

**Ages: 10+**

30190	Sa	10/12-11/16	12:00 - 1:00 pm
-------	----	-------------	-----------------

**Parks  
Make  
Life  
Better!**



### ***Beginning Dog Manners "Crash Course"***

This four-week, fast paced course for dogs ages four months or older, is geared for people who need to accomplish their training goals and get behavior problems under control within a limited period of time. During each 75-minute lesson, several new obedience skills will be introduced, and various bad habits such as chewing, jumping up, nipping, and excessive barking will be addressed. Exercises will include sit and down on command, stay in sit or down position with distraction, come when called, and controlled walking on a leash. Dogs attend all meetings. Please bring current vaccination records and a \$5 insurance fee to the first meeting. After registration, call Dog Services at (714)532-3647 so you can be briefed before the first lesson. Proper leashes and collars will be available at the first meeting at a very reasonable price.

**Instructor: Hacienda Hills Dog Obedience**

**\$85 / 4 sessions**

**Ages: 10+**

**Location: El Dorado Park**

31185	Sa	10/19-11/9	1:15 - 2:30 pm
-------	----	------------	----------------

**Location: Laurel Park**

30186	Th	9/12-10/3	6:00 - 7:15 pm
-------	----	-----------	----------------

### ***Beginning Dog Obedience Training***

How have you and your canine companion been getting along lately? If you need help in establishing good conduct and curbing bad habits such as destructive chewing, hole digging, or over-exuberance; enroll Fido now! This seven-week session is open to all breeds of dogs, ages six months or older (larger breeds accepted at four months). All A.K.C. Novice obedience exercises will be covered (heel, automatic sit, stay, come, down, stand), as well as hand signals, off-leash techniques, and long-distance work. The first meeting will be an orientation, held WITHOUT dogs. Please bring current vaccination records and a \$10 materials fee which covers the training manual to the first meeting.

**Instructor: Hacienda Hills Dog Obedience**

**\$96 / 7 sessions**

**Ages: 10+**

**Location: El Dorado Park**

30182	Th	9/26-11/14	7:45 - 8:45 pm	<b>No class 10/31</b>
-------	----	------------	----------------	-----------------------

**Location: Senior Center**

32182	Sa	10/5-11/16	10:00 - 11:00 am
-------	----	------------	------------------

### ***Beginning Flyball***

This class is for dogs that have not played flyball or have had a very simple introduction. Dogs will be running and jumping low hurdles. Dogs must not be aggressive or unmanageable. Bring leash, treats, toys, and baggies for clean up.

**Instructor: Nicole Myers**

**\$40 / 6 sessions**

**Location: Edgar Park**

**Ages: 14+**

30109	Fr	9/6-10/11	6:00 - 6:50 pm
-------	----	-----------	----------------

30110	Fr	11/1-12/20	6:00 - 6:50 pm	<b>No class 11/15 and 11/29</b>
-------	----	------------	----------------	---------------------------------

# H. Louis Lake SENIOR CENTER

**11300 Stanford Ave., Garden Grove, CA 92840**

**Hours: Monday-Friday, 8:00 a.m. to 3:30 p.m.**

**(714) 741-5253**



The H. Louis Lake Senior Center is a wonderful facility that provides numerous leisure, educational, social, and recreational activities for senior citizens. In addition to serving a hot lunch Monday through Friday, leisure activities include: billiards, cards, bingo, needlecraft, line dancing, sewing, exercise classes, Tai Chi, and much more!

## Let's Do Lunch at the Senior Center

Delicious meals are served on a first-come, first-served basis five days a week from 11:30 a.m. to 12:30 p.m. Participants are encouraged to sign up for lunch early, between 8:30 a.m. and 11:00 a.m. Along with the meals, our dining room is always full of fun, special parties, holiday celebrations, entertainment, and many warm, friendly people.

## Seeking Volunteers

Do you have a desire to become more involved at the Senior Center? Apply to become a volunteer! Volunteer opportunities include, but are not limited to:

- Front desk receptionist
- Congregate lunch program welcome desk
- Kitchen volunteer
- Lunch server
- Home Delivery Meal Program Driver
- Special events
- Bingo
- ...and many more!

For more information on volunteering, contact **Lori Ochoa** at the H. Louis Lake Senior Center, (714) 741-5423.

## SERVICES FREE TO SENIORS

<u>Service</u>	<u>Frequency</u>	<u>Appt. Needed</u>
<b>Legal Aid</b> (Seniors 60 & over) <i>Must be U.S. citizen or have residency card</i>	3 <sup>rd</sup> Thursday, 9:00 a.m. - 12:00 p.m.	Yes
<b>HICAP</b> (Medicare/ Insurance)	1st Thursday, 9:00 a.m. - 11:15 a.m.	Yes
<b>G.G.E.E.K.</b> (Garden Grove Elderly Electronic Keyboarders)	Tuesday, 10:00 a.m. - 11:00 a.m.	Yes

## COMMUNITY ORGANIZATION MEETINGS

<u>Org.</u>	<u>Day</u>	<u>Time</u>	<u>Location</u>
<b>50 PLUS</b>	1st Tuesday	11:00 a.m.- 1:30 p.m.	Senior Center

## SENIOR CENTER CLASSES

<u>Class</u>	<u>Days</u>	<u>Times</u>
Arthritis Exercise	Tu & Fri	9:15 a.m.-10:30 a.m.
Balance & Mobility	Tu & Th	2:00 p.m.-3:00 p.m.
Bingo	Tu & Th	12:35 p.m.-2:30 p.m.
Ceramics	Mon	12:30 p.m.-3:00 p.m.
Citizenship Class	Tu & Fri	1:30 p.m.-3:00 p.m.
Dancing (To Live Band)	Wed	10:00 a.m.-11:45 a.m.
English (Beginning)	Wed	8:30 a.m.-10:30 a.m.
Knit/Crochet	Wed	9:00 a.m.-11:45 a.m.
Longevity Stick	Friday	10:45 a.m.-11:45 a.m.
Low Impact Aerobics*	Mon & Th	9:00 a.m.-10:30 a.m.
Pinochle	Wed & Fri	12:30 p.m.-3:15 p.m.
Zumba	Wed	1:00 p.m.-2:00 p.m.
Sewing and Quilting	Th	12:30 p.m.-3:30 p.m.
Tai Chi	Mon & Th	10:45 a.m.-11:45 a.m.
Line Dancing	Mon	1:00 p.m.-3:00 p.m.
Wii Bowling	Tu & Th	2:30 p.m.-3:30 p.m.

For more information, call (714) 741-5253.

**\*These classes require prior registration and payment.  
Registration through Recreation Department in City Hall.**



## Register Early!!

- **Registration begins Monday, August 12, 2019**
- **Pay by cash, check, money order, or credit card**
- **Make checks payable to "City of Garden Grove"**

*Recreation Office Hours:*

Monday – Thursday, 7:30 a.m. to 5:30 p.m.

For questions, please call the Community Services Department at (714) 741-5200.

- 1. Online:**  
Refer to "Step-by-Step Instructions."
- 2. Mail-In:**  
Complete "Class Registration" form and mail to:  
Community Services Department  
P.O. Box 3070, Garden Grove, CA 92842.  
Please enclose a self-addressed, stamped envelope with your payment.
- 3. Walk-In:**  
City of Garden Grove  
Community Services Department  
Recreation Counter, 11222 Acacia Pkwy.  
(off Euclid, north of Garden Grove Blvd.)
- 4. Phone-In:**  
Call (714) 741-5200 Monday – Thursday, 7:30 a.m. to 5:30 p.m. Please have credit card information readily available.

## ReGGister Online

### Step-by-Step Instructions

To access ReGGister Online, go to the City of Garden Grove's homepage at [www.ggparksandrec.com](http://www.ggparksandrec.com) and click on the "ReGGister Online" link. Instructions are also available in Spanish and Vietnamese.

### Step One

**PLEASE MAKE ONE ACCOUNT PER GROUP BY ADDING MEMBERS TO PRIMARY CLIENT!**

Create an account by clicking on "**create your account here**" and filling in the fields that appear. A password will be emailed to you through the email address you provide while creating this account.

**Note:** *If you have an existing account with the City, the password will be emailed to the email address on file. If the email is no longer in use and the information needs to be updated, please call (714) 741-5200 for assistance.*

### Step Two

Click the "Login" tab at the top of the page and use the password emailed to you to log in. You will have the option to create a new password once you log in.

### Step Three

At this point, you can either add classes to your cart or add group members to your account.

**Note:** *All group members should be added to PRIMARY CLIENT'S account BEFORE adding classes to your cart.*

### Step Four

To complete registration, please print the "Liability Waiver" to bring to the instructor at the first class meeting. Input your credit card payment for registration processing.

Publication of this schedule does not ensure enrollment to all who apply. The Community Services Department reserves the right to cancel classes because of insufficient starting enrollment or a decline in the enrollment after the class has started and to close further enrollment when a class is filled.

Many classes have limited enrollment, and registration is taken on a first-come, first-served basis. All individuals registering for courses must have reached the minimum age requirement prior to the first class meeting.

**There is a \$5 processing fee for each refund, unless a class is cancelled due to low enrollment. In that case, a full refund will be issued.**

Refunds will be processed within 4-6 weeks.



City of Garden Grove  
Community Services Department  
Recreation and Human Services Division

Receipt #: \_\_\_\_\_

**Class Registration Form**

(Please print)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary Phone: (\_\_\_\_) \_\_\_\_\_ Secondary Phone: (\_\_\_\_) \_\_\_\_\_

Email Address: \_\_\_\_\_

Class #	Name of Class	Participant's Name	Date of Birth	Fee
Total Fees				

**There is a \$5 processing fee for each refund, unless a class is cancelled due to low enrollment. In that case, a full refund will be issued.**

As part of our commitment to the "Americans with Disabilities Act" and our participants, are there any special accommodations needed for your participation in these above activities? Yes: \_\_\_\_\_ No: \_\_\_\_\_

**RELEASE, WAIVER OF LIABILITY, INDEMNITY AGREEMENT & CONSENT TO PHOTOGRAPH & VIDEO FORM**

IN CONSIDERATION of being permitted to participate or engage in City of Garden Grove ("City") recreation programs, events or activities, or to use City facilities or equipment, the undersigned, on behalf of himself/herself, and on behalf any minors in the legal custody of the undersigned, and on behalf of any personal representatives, heirs, assigns, and next of kin (collectively "Participant"), hereby agrees to the fullest extent permitted by law to release, waive, hold harmless and covenant not to sue the City, its directors, officers, employees, and agents (collectively "Releasees") from any and all suits, claims, damages, losses, injuries (including property damage, bodily injury or death), and any other compensable loss of any type (collectively "Claims") pertaining to, related to, or arising directly or indirectly out of Participant's participation in the programs, events, or activities, or use of City facilities or equipment, even though the Claims may arise out of negligence or carelessness on the part of the Releasees, or out of a dangerous or defective condition of property or equipment of the City. This release does not apply to the extent such Claims are caused by the gross negligence or willful or wanton misconduct of the Releasees. The Participant further agrees to defend and indemnify the Releasees from any Claims directly or indirectly arising out of the acts or omissions of the Participant.

Participant acknowledges that the activities involve known and unanticipated risks which could result in bodily or emotional injury, death and/or property damage and understands that risks of injury or property damage simply cannot be eliminated, despite the use of safety equipment, without jeopardizing the essential qualities of the activity. Participant assumes full responsibility and risk of bodily injury, death, or property damage arising out of or related to the activity and consents to treatment and all medical care deemed necessary resulting from said treatment.

Participant further consents to voluntary participation and grants the City the right to videotape or photograph his/her participation in the activities in which he/she participates and to use the videos or photographs in future City publicity and understands that Participant will not receive any compensation for such.

Participant agrees that the foregoing RELEASE, WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the laws of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

**Applicable if Participant is a minor:** I am the parent/legal guardian of the Participant, and I hereby execute this Release on his/her behalf.

I CERTIFY THAT I HAVE READ, UNDERSTOOD, AND AGREE TO THIS RELEASE, WAIVER OF LIABILITY, INDEMNITY AGREEMENT & CONSENT TO PHOTOGRAPH & VIDEO.

\_\_\_\_\_  
Print Name of Participant

\_\_\_\_\_  
Print Name of Parent/Guardian (for Minors)

\_\_\_\_\_  
Signature of Participant or Parent/Guardian (for Minors)

\_\_\_\_\_  
Date

**NOTE:** The Community Services Department is not responsible for children waiting before or after class time. Small children shall not remain in adult classes during instruction periods. All programs, schedules, instructors, and fees are correct to the latest possible minute before publication and are subject to change including cancellation without public notice.





*All locations are in Garden Grove except where noted.*

## Facility Name

- |   |   |  |
|---|---|--|
| <p><b>1 Atlantis Park</b><br/>13630 Atlantis Way<br/>(off Westminster near Magnolia)</p> <p><b>2 Chapman Sports Complex</b><br/>11700 Knott Ave.<br/>(Corner of Knott &amp; Chapman)</p> <p><b>3 Community Meeting Center</b><br/>11300 Stanford Ave.<br/>(between 9th &amp; Euclid)</p> <p><b>4 Courtyard Center/<br/>Village Green Park</b><br/>12732 Main St. (at Stanford)</p> <p><b>5 Eastgate Park</b><br/>12001 St. Mark St.<br/>(off Chapman &amp; Valley View)</p> <p><b>6 Edgar Park</b><br/>12781 Topaz St.<br/>(between Springdale &amp; Valley View)</p> <p><b>7 Fountain Valley Recreation Center</b><br/>16400 Brookhurst St., Fountain Valley</p> <p><b>8 Garden Grove City Hall</b><br/>11222 Acacia Pkwy. (off Euclid<br/>between Garden Grove Blvd. &amp;<br/>Lampson)</p> | <p><b>9 Garden Grove Park</b><br/>9301 Westminster Ave.<br/>(between Brookhurst &amp; Magnolia)</p> <p><b>10 Garden Grove Sports and<br/>Recreation Center</b><br/>13641 Deodara Dr. (off Westminster)</p> <p><b>11 Good Shot Archery</b><br/>10682 Stanford Ave.<br/>(between Nelson &amp; Nutwood)</p> <p><b>12 H. Louis Lake Senior Center</b><br/>11300 Stanford Ave.<br/>(between 9th &amp; Euclid)</p> <p><b>13 Magnolia Park</b><br/>11402 Magnolia St.<br/>(corner of Magnolia &amp; Orangewood)</p> <p><b>14 Tae Kwon Do Studio</b><br/>9192 Garden Grove Blvd. #F<br/>(at Magnolia)</p> <p><b>15 The Learning Spot</b><br/>12388 Garden Grove Blvd.<br/>(E. of Harbor before GG Medical Ctr.)</p> <p><b>16 West Grove Park</b><br/>5372 Cerulean Ave.<br/>(Valley View &amp; Lampson)</p> | <p><b>17 West Haven Park</b><br/>12252 West St.</p> <p><b>18 Westminster Arts Academy</b><br/>14441 Beach Blvd., Westminster</p> <p><b>19 Westminster Community Center</b><br/>8200 Westminster Blvd., Westminster</p> <p><b>20 Woodbury Park</b><br/>13800 Rosita Pl.<br/>(S. of Westminster, W. of Newhope)</p> <p><b>NOT SHOWN ON MAP:</b></p> <p><b>Anaheim ICE</b><br/>300 W. Lincoln Ave., Anaheim</p> <p><b>El Dorado Park</b><br/>2760 N. Studebaker Rd., Long Beach</p> <p><b>Free to Be Me Academy</b><br/>6172 Garden Grove Blvd.<br/>Westminster, CA 92683</p> <p><b>Laurel Park</b><br/>10862 Bloomfield Ave., Los Alamitos</p> <p><b>South Coast Fencing Center</b><br/>3518 Lake Center Dr., Suite C, Santa Ana</p> |
|---|---|--|



**BOYS & GIRLS CLUBS**  
OF GARDEN GROVE

# BE GRE<sup>A+</sup> CADEMY

Supplemental instruction program  
designed to build skills needed for  
academic achievement

## 2019-2020 TUTORING



Homework Help &  
Skill Building



Experienced &  
Qualified Tutors



Individual & Group  
Options Available

Grades  
K-12

### OUR LOCATIONS

#### MAIN BRANCH

9860 LARSON AVE  
GARDEN GROVE, CA  
92844

#### EDGAR BRANCH

6202 CERULEAN AVE  
GARDEN GROVE, CA  
92845

#### PATTON BRANCH

6861 SANTA RITA AVE  
GARDEN GROVE, CA  
92845

#### CLINTON BRANCH

13645 CLINTON ST  
GARDEN GROVE, CA  
92843

Schedules and  
tutoring options  
offered at each  
location vary.

## CONTACT US TODAY!

ACADEMY@BGCGG.ORG OR (714)530-0430 X1908

Contact for pricing  
and availability.



# MEET — ON — BEACH

LA HABRA • BUENA PARK • ANAHEIM • STANTON  
GARDEN GROVE • WESTMINSTER • HUNTINGTON BEACH

NOV 17 2019

For more information, visit:

[meetonbeach.com](http://meetonbeach.com)  [@meetonbeach](https://www.facebook.com/meetonbeach)

Connecting seven Orange County cities for the first time to reimagine Beach Boulevard. Meet us on Beach by foot or on wheels to discover these communities with fresh eyes, and enjoy a day filled with free active fun for the whole family!



# YOUTH EXPLORE *Archery* PROGRAM

*Two 6-Week Classes*

*\$30 per session*

*Equipment Included*

HELD EVERY WEDNESDAY

SESSION 1: SEPT 4 - OCT 9



Ages 12 - 14 | 6:00 pm - 7:15 pm  
Ages 15 - 18 | 7:30 pm - 8:45 pm

SESSION 2: OCT 16 - NOV 20



Ages 12 - 14 | 6:00 pm - 7:15 pm  
Ages 15 - 18 | 7:30 pm - 8:45 pm

Garden Grove Sports and Recreation Center

Info & Registration: [ggcity.org/archery](http://ggcity.org/archery)

714-741-5200

This beginners youth program will cover range safety, how to properly shoot a recurve bow, and basic shooting techniques. All of this is taught in a fun and supportive environment with shooting drills, games, activities, and friendly archery tournaments by USA Archery certified instructors.



Parks  
Make  
Life  
Better!







*Saturday, December 7, 2019*

3:00 p.m. - 7:00 p.m.

Village Green Park

12732 Main Street, Garden Grove

*Holiday Refreshments and Kids' Activities*

Food available for purchase



**\$5 Unlimited  
Snow Slides**



**GGCF Spectacular  
Tree Lighting**



**Visit Santa  
& Mrs. Claus**

Donate one new, unwrapped \$10 toy and receive two Snow Slide wrist bands!