

LET'S "CHAT" ABOUT IT WEDNESDAYS
DECEMBER 2021 WORKSHOPS
WEDNESDAYS, 11:00AM TO 12:00PM

Join us In person

AT THE H. LOUIS LAKE SENIOR CENTER

PLEASE DO NOT COME TO THE CENTER IF YOU HAVE BEEN SICK OR HAVE BEEN IN CONTACT WITH SOMEONE WHO IS FEELING SICK OR EXHIBITING COLD OR FLU LIKE SYMPTOMS.

December 1st

HOLIDAY BLUES

Join us in-person to learn more about how manage the holiday blues.

December 8th

CHRISTMAS CRAFT

\$5.00 material fee

Space is limited to the first 10 paid registrations.

Pre-registration is required, please call 714-741-5253

Programs are for individuals age 55+.