

Together We Can Overcome



Coping with COVID-19

Manage Stress
Stay Connected
Increase Mental Health
Support Overall Wellbeing

Who: 12-18 year-old students

Where: Zoom (Call for link)

When: Wednesdays 6-7pm

5 Weeks: May 6 - June 3

Email: trcintern@bgcgg.org

Phone: 657.206.6149



BOYS & GIRLS CLUBS
OF GARDEN GROVE