

LET'S "CHAT" ABOUT IT WEDNESDAYS

AUGUST 2021 WORKSHOPS

JOIN US EVERY WEDNESDAY, 10:30AM TO 11:30AM

PLEASE DO NOT COME TO THE CENTER IF YOU HAVE BEEN SICK OR HAVE BEEN IN CONTACT WITH SOMEONE WHO IS FEELING SICK OR ARE EXHIBITING COLD OR FLU LIKE SYMPTOMS.



AUGUST 4TH
SUMMER CRAFT DAY

Join us in person

AT THE H. LOUIS LAKE SENIOR CENTER
Space is limited to the first 10 paid registrations.
\$5.00 material fee

PRE-REGISTRATION IS REQUIRED,
PLEASE CALL 714-741-5253



AUGUST 11TH
**PHOTOGRAPHY BASICS
FOR SMARTPHONES &
TABLETS**

Join us to learn more about how to
utilize your smartphone features.

Via **zoom** or join us in person

PRESENTATION PROVIDED BY SCAN HEALTH PLAN

PRE-REGISTRATION IS REQUIRED,
PLEASE CALL 714-741-5253



AUGUST 18TH
**CONCIERGE
CARE NAVIGATORS**

Do you need help caring for a loved one?
You don't have to do it alone.
Concierge Care Navigators is here to help.

Via **zoom** or join us in person

PRESENTATION PROVIDED BY COUNCIL ON AGING

PRE-REGISTRATION IS REQUIRED,
PLEASE CALL 714-741-5253



AUGUST 25TH
**BENEFITS OF
DRINKING
MORE WATER**

Join us to learn more about the
benefits of drinking more water.

Via **zoom** or join us in person

PRESENTATION PROVIDED BY SCAN HEALTH PLAN

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Programs are for individuals age 55+.

If you are not familiar with Zoom, a staff member is available to assist you.
Please call the H. Louis Lake Senior Center to register and receive password/code to join.

Zoom ID: 943 1136 6298 **zoom**

You can also dial in: 1-669-900-6833