



H. LOUIS LAKE SENIOR CENTER

LET'S "CHAT" ABOUT IT THURSDAYS

APRIL 2021 ZOOM WORKSHOPS



JOIN US EVERY THURSDAY, 1:00PM TO 2:00PM

WELLNESS WORKSHOP

April 8th

We will discuss wellness during times of grief & loss.



**REGISTRATION IS REQUIRED,
PLEASE CALL 714-741-5423**

VIRTUAL RECREATION

April 15th

Learn how to navigate virtual recreational activities.



**REGISTRATION IS REQUIRED,
PLEASE CALL 714-741-5423**

SPRING CRAFT

April 22nd

Let's get crafty!
Pick up your craft kit at the Senior Center.

Space is limited to the first 10 registrations.

There will be a material fee of \$5.00



**REGISTRATION IS REQUIRED,
PLEASE CALL 714-741-5423**

LEARN ABOUT
ORANGE COUNTY'S
RESOURCE
AND
REFERRAL SYSTEM 211



April 29th

Learn how to navigate resources for older adults.



**REGISTRATION IS REQUIRED,
PLEASE CALL 714-741-5423**

Programs are for individuals age 55+.

If you are not familiar with Zoom a staff member is available to assist you. Please call the H. Louis Lake Senior Center to register and receive password/code to join.

Zoom ID: 943 1136 6298

You can also dial in: 1-669-900-6833

