

Active Parenting classes are here to help!

If you have a child, chances are you've had your fair share of challenging days. Join our fun and interactive classes!

Active Parenting Classes can help you:

- Balance discipline with affection
- Praise your child's good behavior
- Reduce problem behaviors
- Minimize power struggles
- Communicate effectively
- Challenges of COVID-19 and its impact on parenting

Classes available at **no cost to Orange County parents** and caregivers.

Class size is limited. *Pre-registration is required.*

Please call in order to enroll or for more information:

**Magnolia Park Family Resource Center
(714) 530-7413**

Parenting Class via ZOOM (Classes will be held in English.)

Join us from the comfort of your home with your smartphone or computer

Schedule: Mondays, 5:00 p.m. – 7:00 p.m.
August 12, 19, 26 | September 2, 9, 16

Topics for School-Aged Children

- Session 1 - The Active Parent
- Session 2 - Cooperation & Communication
- Session 3 - Responsibility & Discipline
- Session 4 - Building Courage & Self-Esteem
- Session 5 - Understanding and Redirecting Misbehavior
- Session 6 - Active Parenting for School & Graduation
- Session 7 - Putting It All Together, Q&A

