Garden Grove PARKS & RECREATION GUIDE

CREATION GUIDE Winter/Spring 2024

January - April





13630 Atlantis Way, Garden Grove

EGGSCAVATION

SATURDAY, MARCH 30, 2024 2:00PM-5:00PM



\$12 CHILD TICKET \$3 GENERAL TICKET CHILDREN AGES 2-10 \$3 GENERAL TICKET

AGES 1 AND UNDER ENTER FREE

TICKET SALES AT THE DOOR. NO REFUNDS EXCEPT FOR CANCELLATION OF EVENT

Ticket sales begin on Monday, March 11, 2024



To register, visit ggcity.org/eggscavation. For more information, call (714)741-5200

PROGRAM SPOTLIGHT











t is with great pleasure that I can bring my Finished Mentality American Sign Language Class to Garden Grove! This class is an introduction to American Sign Language teaching the beauty of the language and the culture. My classes are designed for beginners as well as those who may have had some exposure to the language and would like to further advance their knowledge, like a hybrid! Both levels are welcome! Classes are developed to be engaging, interactive, and supportive, ensuring that every student feels comfortable and confident in their journey to master and love American Sign Language!

With over 25 years of teaching and interpreting experience, I have been passionately involved in the deaf community. I have had the privilege of bridging the hearing and deaf communities together in a variety of events and occupations. I love to share my experiences with my classes and get them involved with future events. We have class meet-ups, and field trips of upcoming events and have a lot of fun! I offer both youth and adult classes as young as 5-17 and then adult classes for 18+. Whether you have a deaf friend or family member, or doing some self-love and want to learn a new language, come join our class and see what the "talk" of the town is all about!

With Heartfelt Gratitude,

Dalise Falkenstein

Sign Language Instructor



"Silence is the last thing the world will ever hear from me."

Marlee Matlin

Reasons to learn Sign Language:

1

Studies show that learning Sign Language perfects your spelling due to all the finger spelling in the language, your written work is increased to perfection. 2

Neuroscientists have known for decades that learning a new language enriches cognitive processes, higher abstract and creative thinking, better problem-solving skills, better listening skills, and greater academic achievement!

3

American Sign Language is the 4th most spoken language in the United States.



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SATURDAY, MARCH 9, 2024 11:00 AM - 2:00 PM Village Green Park

12732 Main Street, Garden Grove

The City of Garden Grove is partnering with the Garden Grove Unified School District (GGUSD) to present this free, family-friendly event.

The GGUSD's First Impressions
Art Gallery, showcasing
hundreds of works of student
art will be open, plus experience
interactive art exhibits and
create hands-on DIY keepsakes.









GGCITY.ORG/ ARTINTHEPARK







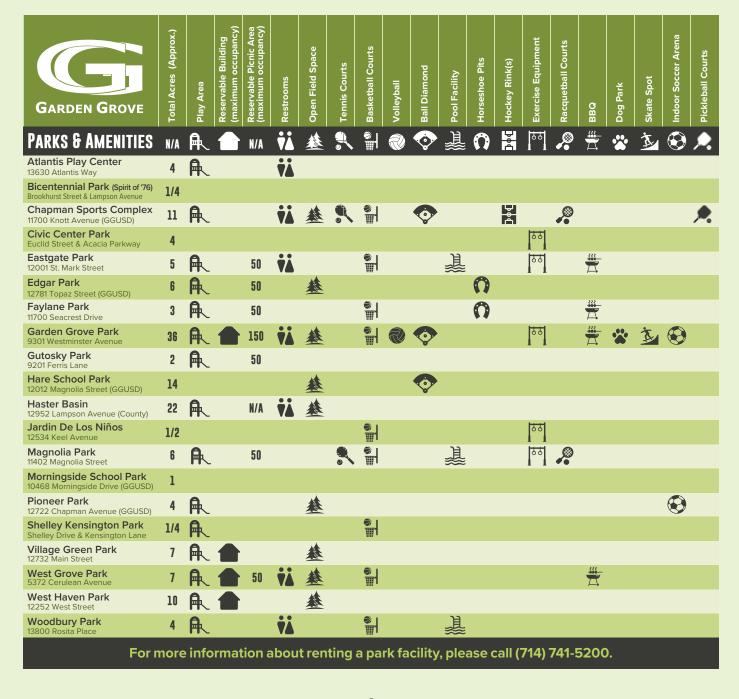
Park Buildings, Picnic Pavilion and Park Shelters



Looking for the perfect park location to hold an event?

Whether you are planning a meeting for ten or a birthday party for 50, the City of Garden Grove has a place to suit your needs.

Choose from several different locations that include park buildings and park shelters.



Facility Name

All locations are in Garden Grove except where noted.

Atlantis Play Center

13630 Atlantis Way (off Westminster near Magnolia)

2 Chapman Sports Complex

11700 Knott Ave. (Corner of Knott & Chapman)

Community Meeting Center

11300 Stanford Ave (between 9th & Euclid)

Courtyard Center/ VillageGreen Park

12732 Main St. (at Stanford)

Eastgate Park

12001 St. Mark St. (off Chapman & Valley View)

Edgar Park

12781 Topaz St. (between Springdale & Valley View)

Fountain Valley Recreation

16400 Brookhurst St., Fountain Valley

8 Garden Grove City Hall

11222 Acacia Parkway (off Euclid between Garden Grove Blvd. & Lampson)

Garden Grove Park

9301 Westminster Ave. (between Brookhurst & Magnolia)

10 Garden Grove Sports and **Recreation Center**

13641 Deodara Dr. (off Westminster)

11 H. Louis Lake Senior Center

11300 Stanford Ave. (between 9th & Euclid)

12 Magnolia Park

11402 Magnolia St. (corner of Magnolia & Orangewood)

13 Miriam Warne **Community Building**

14491 Beach Blvd., Suite B, Westminster

14 Stanton Community Center

17800 Katella Ave., Stanton

15 Tae Kwon Do Studio

9192 Garden Grove Blvd. #F (at Magnolia)

16 West Grove Park

5372 Cerulean Ave. (Valley View & Lampson)

17 West Haven Park

12252 West St. (between Chapman and Lampson)

18 Westminster Arts Academy

14441 Beach Blvd., Westminster

19 Westminster Community Center

8200 Westminster Blvd., Westminster

20 Woodbury Park

(S. of Westminster, W. of Newhope)

21 Los Alamos Park

17901 Los Alamos St., Fountain Valley

22 Westminster Ice (The Rinks)

13071 Springdale St., Westminster

23 The Learning Spot

12388 Garden Grove Blvd., Garden Grove

24 Cai Jiu-Jitsu Academy 8342 Garden Grove Blvd., #6, Garden Grove

NOT SHOWN ON MAP: South Coast Fencing Center

3518 Lake Center Dr., Suite C, Santa Ana

Arnold Cypress Park

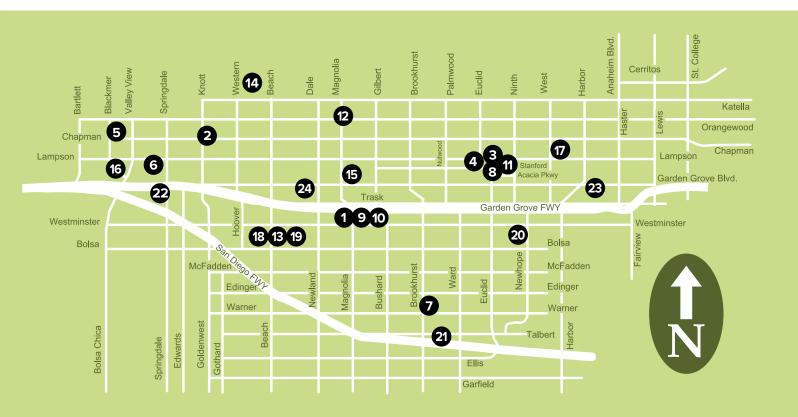
8611 Watson St., Cypress

Anaheim ICE (The Rinks)

300 W. Lincoln Ave., Anaheim

PIII Strength Camp

331 S. State College Blvd., Fullerton



GARDEN GROVE Community

- Large/Small Banquet Rooms
- Full Kitchen Facilities
- Central OC Location
 Park Setting

Quinceañeras, Weddings, Parties, Meetings, and More!

11300 Stanford Avenue, Garden Grove, 92840



(714) 741-5262



events@ggcity.org



ggcity.org





Garden Grove Courty ard Center • Birthday Parties • H

- Holiday Parties
- Baptism Receptions
- Baby Showers

Seminars

- Ideal for: Dinner Receptions S Small Business Meetings

GARDEN GROVE RESIDENT SPECIAL PACKAGE

*Utility bill + a valid CA I.D. must be provided at the time of booking for residential proof

Room Rental Rate: \$557* + \$25 Sanitation Fee Refundable Damage Deposit: \$250

*Maximum capacity 80 guests. No alcohol allowed. This package is good for one four (4) hour event time. In addition, you will receive one hour prior for set-up, and one hour after for clean-up.

12732 Main Street, Garden Grove, CA 92840 For information, call (714) 741-5262 or visit events@ggcity.org

Garden Grove Resident MEMORIAL SERVICE PACKAGE

Community Meeting Center/ Courtyard Center

Where families honor the memory of their loved ones

*Utility Bill + a valid CA I.D. must be provided at the time of booking for residential proof.

Room Rental Rate: \$591* + \$25 Sanitation Fee Refundable Damage Deposit Required: \$250

Guest attendance based on room capacity. No alcohol allowed.

This offer is good for one three (3) hour event during the weekday/weekend as available.

In addition you will receive one hour prior for set-up, and one hour after for clean-up.

Up to one pre-event extra set-up hour may be purchased. Complimentary use of LCD Projector upon request.

Security to be determined. Human remains/ashes are NOT permitted at any of our locations.

Community Meeting Center

For more information, please call (714) 741-5262.

Courtyard Center





PRIGING

(Unless Otherwise Noted)

Youth (O-14 Years) \$1 Teen (15-17 Years) \$2 Adult (18-55 Years) \$3 Senior (55+Years) \$2

All times and events are subject to change. Contact the center for more information.

WEEKLY SCHEDULE

SUNDAY:

Drop-In Badminton \$1-3 <u>5-8 P.M.</u>

MONDAY:

Drop-In Basketball \$1 3-5 P.M. **Drop-In PickleBall 6-9 P.M.

TUESDAY:

Drop-In Basketball \$1 3-5 P.M.
*Ric's Volleyball Adult League 5-11 P.M.

WEDNESDAY:

Drop-In Basketball \$1 3-5 P.M. **Drop-In Volleyball \$1-3 6-9 P.M.

THURSDAY:

Drop-In Basketball \$1 3-5 P.M. **Drop-In Badminton \$1-3 6-9 P.M.

FRIDAY:

Adult Drop-In Basketball \$1 6-9 P.M.

SATURDAY:

**Drop-In Volleyball \$1-3 1:30 P.M. - 4:30 P.M.



Sports & Recreation Center

13641 Deodara Drive, Garden Grove, CA 92844 · (714) 889-5783

*For info call (714) 375-5063

GARDEN GROVE **Seasonal. Does not meet June-August and January-March





- · \$2 per person admission charge
- · Free for children 2 and under
- · Adults must be accompanied by a child

BIRTHDAY PARTIES/PICNICS:

- · Picnic Tables: \$5 rental fee per table, max 12 per day
- · Neptune's Pavilion: \$25 per 45 minutes
- For table and pavilion rentals, call the Community Service Department at (714) 741-5200
- For after-hours and exclusive rentals, call the Atlantis Coordinator at (714) 741-5168

Splash pad is only open during the summer

ATLANTIS PLAY CENTER NON-SUMMER HOURS

Monday Closed
Tuesday - Friday 10:00 am - 2:00 pm
Saturday 10:00 am - 4:00 pm

Sunday 12:00 pm - 4:00 pm



ATLANTIS PLAY CENTER: 13630 ATLANTIS WAY, GARDEN GROVE, 92844 · (714) 892-6015









YOUTH SPORTS

Youth Winter & Summer Basketball

\$50 / child

Ages: Youth born in 2010-2017

Location: Garden Grove Sports and Recreation Center

Leagues:

Co-ed "D" Division	Born in 2016-2017	
Co-ed "C" Division	Born in 2014-2015	
Girls "C" Division	Born in 2014-2015	
Co-ed "B" Division	Born in 2012-2013	
Girls "B" Division	Born in 2012-2013	
Co-ed "A" Division	Born in 2010-2011	
Girls "A" Division	Born in 2010-2011	

NO REGISTRATION WILL BE TAKEN AT SKILLS TESTING.

Registration will be limited to 80 participants in each division. Come and join a team, learn about sportsmanship, and improve your basketball skills in a fun environment.

WINTER BASKETBALL

This program provides youth the opportunity to learn the fundamentals of basketball and play on teams in an organized sports league. The program will begin the week of January 29, with games played on Saturdays, and some weeknights when necessary. Registration will be taken online or in person at City Hall during normal business hours, Monday, November 27 through Thursday, December 21. Player's skills testing will be conducted on January 4, 2024.

SKILLS TESTING

All players are required to take a skills test in order to be placed on a team. The testing will take place at the Garden Grove Sports and Recreation Center, located at 13641 Deodara, Garden Grove, 92844.

Thursday, January 4, 2024					
"D" Division	6:00 pm				
"C" Division	6:30 pm				
"B" Division	7:00 pm				
"A" Division7:30 pm					

SUMMER BASKETBALL

This program provides youth the opportunity to learn the fundamentals of basketball and play on teams in an organized sports league. The program will begin the week of **June 3**, with games played on Saturdays, and some weeknights when necessary. **Registration will be taken online or in person** at City Hall during normal business hours, **Monday, March 18 through Thursday, April 18.** Player's skills testing will be conducted on **May 1, 2024**.

SKILLS TESTING

All players are required to take a skills test in order to be placed on a team. The testing will take place at the Garden Grove Sports and Recreation Center, located at 13641 Deodara, Garden Grove, 92844.

Wednesday, May 1, 2024				
"D" Division	6:00 pm			
"C" Division	6:30 pm			
"B" Division	7:00 pm			
"A" Division	7:30 pm			



VOLUNTEER COACHES...WE NEED YOU!!!

Volunteers are needed to coach and/or assist with teams in our youth basketball program. Without such volunteers, this program would not exist. If you have a few hours a week, enjoy working with kids, and know something about the game of basketball, please inform staff at the time of registration, or call (714) 741-5200.





BASKETBALL

Basketball Skills and Drills by BEST Sports

Our industry-leading basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting, and the triple threat position. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. This is an extremely active, endurance-based class. Please bring your child's favorite basketball with their name on it. No additional fees ever! best-sports-usa.com/welcome

Instructor: Beginners Edge Sports Training Instructor

Location: West Grove Park

Ages: 3-6		\$126 / 7 se	ssions	
010101	Sa	1/13-2/24	10:40 - 11:25 am	
010103	Su	1/14-2/25	10:40 - 11:25 am	
010105	Sa	3/2-4/20	10:40 - 11:25 am	No class 3/30
010107	Su	3/3-4/21	10:40 - 11:25 am	No class 3/31
Ages: 7-	10			
010102	Sa	1/13-2/24	11:30 am - 12:15 pm	
010104	Su	1/14-2/25	11:30 am - 12:15 pm	
010106	Sa	3/2-4/20	11:30 am - 12:15 pm	No class 3/30
010108	Su	3/3-4/21	11:30 am - 12:15 pm	No class 3/31

4-Sport Multi Sport by BEST Sports

Our industry-leading 4-sport program brings you multiple weeks of 4 fantastic sports: soccer, baseball/softball, basketball, and track. We will teach your player how to kick and control a soccer ball; how to hit, catch, throw, and run the bases; shoot and dribble a basketball; run, jump, and build strength and endurance. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young players regardless of their skill level. No additional fees ever! best-sports-usa.com/welcome

Instructor: Beginners Edge Sports Training Instructor Location: West Grove Park

Ages: 2-4		\$126 / 7 ses	sions	
010121	Sa	1/13-2/24	9:00 - 9:45 am	
010124	Su	1/14-2/25	9:00 - 9:45 am	
010127	Sa	3/2-4/20	9:00 - 9:45 am	No class 3/30
010130	Su	3/3-4/21	9:00 - 9:45 am	No class 3/31
Ages: 4	-7			_
010122	Sa	1/13-2/24	9:50 - 10:35 am	
010125	Su	1/14-2/25	9:50 - 10:35 am	
010128	Sa	3/2-4/20	9:50 - 10:35 am	No class 3/30
010131	Su	3/3-4/21	9:50 - 10:35 am	No class 3/31
Ages: 7-	10			_
010123	Sa	1/13-2/24	11:30 am - 12:15 pm	
010126	Su	1/14-2/25	11:30 am - 12:15 pm	
010129	Sa	3/2-4/20	11:30 am - 12:15 pm No class 3	
010132	Su	3/3-4/21	11:30 am - 12:15 pm	No class 3/31

SOCCER

Soccer Skills Training by BEST Sports

Our industry-leading weekly soccer class will teach your kids the skills of soccer by offering activities such as: dribbling, kicking, throw-ins, goalie skills, (age permitting: scrimmaging) and more! Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. Please bring an age appropriate soccer ball with your child's name on it. No additional fees ever! best-sports-usa.com/welcome

Instructor: Beginners Edge Sports Training Instructor

Location: West Grove Park

Ages: 18	3mo-2	yrs	\$126 / 7 sessions		
010110	Sa	1/13-2/24	9:50 - 10:35 am		
010113	Su	1/14-2/25	9:50 - 10:35 am		
010116	Sa	3/2-4/20	9:50 - 10:35 am	No class 3/30	
010119	Su	3/3-4/21	9:50 - 10:35 am	No class 3/31	
Ages: 3-	-6				
010109	Sa	1/13-2/24	9:00 - 9:45 am		
010112	Su	1/14-2/25	9:00 - 9:45 am		
010115	Sa	3/2-4/20	9:00 - 9:45 am	No class 3/30	
010118	Su	3/3-4/21	9:00 - 9:45 am No class 3		
Ages: 7-	10				
010111	Sa	1/13-2/24	10:40 - 11:25 am		
010114	Su	1/14-2/25	10:40 - 11:25 am		
010117	Sa	3/2-4/20	10:40 - 11:25 am No class 3		
010120	Su	3/3-4/21	10:40 - 11:25 am	No class 3/31	

Tennis Skills & Drills by BEST Sports

Welcome to the BEST tennis class, where young athletes can embark on a thrilling journey into the world of tennis, a sport rich in tradition and excitement. Kids will learn the basics including proper grip, footwork, and stroke techniques for forehands, backhands, volleys, and serves. Our tennis class is open to kids of all skill levels, from complete beginners to those with some tennis experience. Whether your child dreams of becoming a tennis pro or simply wants to enjoy a new and exciting sport, this class is the perfect place to start. Come prepared with your favorite tennis racket, and we'll take care of the rest, guiding your child toward a future of fun and achievement in the tennis court.

Instructor: Beginners Edge Sports Training Instructor

Location: Chapman Sports Complex

Ages: 5	-7	\$126 / 7 sess	\$126 / 7 sessions				
010133	Sa	1/13-2/24	9:00 - 9:45 am				
010136	Sa	3/2-4/20	9:00 - 9:45 am	No class 3/30			
Ages: 8-10							
010134	Sa	1/13-2/24	9:50 - 10:35 am				
010137	Sa	3/2-4/20	9:50 - 10:35 am	No class 3/30			
Ages: 11-13							
010135	Sa	1/13-2/24	10:40 - 11:25 am				
010138	Sa	3/2-4/20	10:40 - 11:25 am	No class 3/30			

TENNIS

High School Aces Tennis Class

This class is perfect for players getting ready to compete in tournaments, high school, or league tennis. This training class is for motivated, young competitive players, with dreams of one day competing at a higher level. Players will learn to compete and win through advanced strategy in singles and doubles. This class will build the confidence in each player's tennis game, through match play, while engaging in a wide variety of effective games and competitive situations. For more information and rainy day makeup policy, go to www.johnnyallentennis.com or call (844) 983-6647.

Instructor: Johnny Allen Tennis Academy

Location: Chapman Sports Complex

Ages: 13-17		\$79 / 6 session	ons	
010619	TuTh	1/9-1/25	7:00 - 8:00 pm	
010620	TuTh	1/30-2/15	7:00 - 8:00 pm	
010621	TuTh	2/20-3/7	7:00 - 8:00 pm	
010622	TuTh	3/12-3/28	7:00 - 8:00 pm	
010623	TuTh	4/2-4/18	7:00 - 8:00 pm	
010624	TuTh	4/23-5/9	7:00 - 8:00 pm	

Junior Aces Tennis Class

All junior tennis players looking for improvement are welcome to play, and find their groove, as music is played in every class. All four major strokes will be taught, the forehand, backhand, serve, and volley. Players will improve technique, spin, placement, balance, and movement, through specially designed drills and games. We will be focusing on proper technique on all major shots during singles and doubles play, preparing players for high school tennis, tournaments, and an overall higher level of the game. For more info and rainy day makeup policy, go to www.johnnyallentennis.com or call (844) 983-6647.

Instructor: Johnny Allen Tennis Academy

Location: Chapman Sports Complex

Ages: 9-12		\$79 / 6 session	ons	
010613	TuTh	1/9-1/25	6:00 - 7:00 pm	
010614	TuTh	1/30-2/15	6:00 - 7:00 pm	
010615	TuTh	2/20-3/7	6:00 - 7:00 pm	
010616	TuTh	3/12-3/28	6:00 - 7:00 pm	
010617	TuTh	4/2-4/18	6:00 - 7:00 pm	
010618	TuTh	4/23-5/9	6:00 - 7:00 pm	

Little Aces Tennis Class

We believe learning tennis should be fun and exciting. All classes feature the magical fusion of music and tennis. All four major strokes will be taught, the forehand, backhand, serve, and volley. Students will be given a solid tennis foundation through tons of innovative and effective drills and games. Once ready, players will be invited to attend the intermediate class. For more information and rainy day makeup policy, go to www. johnnyallentennis.com or call (844) 983-6647.

Instructor: Johnny Allen Tennis Academy

Location: Chapman Sports Complex

Ages: 6-8		\$79 / 6 sessions		
010607	TuTh	1/9-1/25	5:00 - 6:00 pm	
010608	TuTh	1/30-2/15	5:00 - 6:00 pm	
010609	TuTh	2/20-3/7	5:00 - 6:00 pm	
010610	TuTh	3/12-3/28	5:00 - 6:00 pm	
010611	TuTh	4/2-4/18	5:00 - 6:00 pm	
010612	TuTh	4/23-5/9	5:00 - 6:00 pm	

Tiny Aces Tennis Class

This class is your future tennis star's introduction to the exciting world of tennis, sports, and overall athleticism. This class features fun games that are perfectly designed to advance your child's hand-eye coordination, balance, and love for tennis. Our friendly staff will provide a fun, creative, and positive environment for every child involved. Parent participation is strongly encouraged. For more information and rainy day makeup policy, go to www.johnnyallentennis.com or call (844) 983-6647. Parent participation is strongly encouraged.

Instructor: Johnny Allen Tennis Academy

Location: Chapman Sports Complex

Ages. 5	3 409 /	0 363310113		
010601	TuTh	1/9-1/25	4:15 - 5:00 pm	
010602	TuTh	1/30-2/15	4:15 - 5:00 pm	
010603	TuTh	2/20-3/7	4:15 - 5:00 pm	
010604	TuTh	3/12-3/28	4:15 - 5:00 pm	
010605	TuTh	4/2-4/18	4:15 - 5:00 pm	
010606	TuTh	4/23-5/9	4:15 - 5:00 pm	

Kensington Tennis Academy: Tiny Racket

Students will be able to learn all the basic skills such as forehand, backhand, serve, and volley. They will learn how to start a point with underhand toss and overhead serve. Please wear appropriate clothing and shoes for tennis, bring your own racket and lots of water!

Instructor: Kensington Tennis Academy

Location: Chapman Sports Complex

Ages: 3-7		\$69 / 4 s	essions
012702	We	2/7-2/28	5:00 - 6:00 pm
012703	We	3/6-3/27	5:00 - 6:00 pm
012704	We	4/3-4/24	5:00 - 6:00 pm
		\$84 / 5 s	essions
012701	We	1/3-1/31	5:00 - 6:00 pm

Location: Magnolia Park

	_			
Ages: 3-7		\$139 / 9 :	sessions	
012705	TuTh	1/2-1/30	5:00 - 6:00 pm	
012706	TuTh	2/1-2/29	5:00 - 6:00 pm	
012708	TuTh	4/2-4/30	5:00 - 6:00 pm	
		\$124 / 8 :	sessions	
012707	TuTh	3/5-3/28	5:00 - 6:00 pm	

Kensington Tennis Academy: Little Racket

Students will be able to learn all the basic skills such as forehand, backhand, serve, and volley. Also, they will develop basic to moderate rally skills from court baseline. Please wear appropriate clothing and shoes for tennis, bring your own racket and lots of water!

Instructor: Kensington Tennis Academy

Location: Chapman Sports Complex

Ages: 7-11		\$69 / 4 s	sessions		
012710	We	2/7-2/28	6:00 - 7:00 pm		
012711	We	3/6-3/27	6:00 - 7:00 pm		
012712	We	4/3-4/24	6:00 - 7:00 pm		
\$84/ 5 sessions					
012709	We	1/3-1/31	6:00 - 7:00 pm		

Location: Magnolia Park

•11	\$139 / 9 9	sessions	
TuTh	1/2-1/30	6:00 - 7:00 pm	
TuTh	2/1-2/29	6:00 - 7:00 pm	
TuTh	4/2-4/30	6:00 - 7:00 pm	
	\$124 / 8 :	sessions	
TuTh	3/5-3/28	6:00 - 7:00 pm	
	TuTh TuTh TuTh	TuTh 1/2-1/30 TuTh 2/1-2/29 TuTh 4/2-4/30 \$124 / 8 s	TuTh 1/2-1/30 6:00 - 7:00 pm TuTh 2/1-2/29 6:00 - 7:00 pm TuTh 4/2-4/30 6:00 - 7:00 pm \$124 / 8 sessions

Kensington Tennis Academy: Highschool Racket

Students will be able to learn all the basic skills such as forehand, backhand, serve, and volley. Students will be able to start a point by overhead serve and technical fundamentals for midcourt and net play. Please wear appropriate clothing and shoes for tennis, bring your own racket and lots of water!

Instructor: Kensington Tennis Academy

Location: Chapman Sports Complex

Ages: 11	-18	\$69 / 4 s	essions			
012718	We	2/7-2/28	7:00 - 8:00 pm			
012719	We	3/6-3/27	7:00 - 8:00 pm			
012720	We	4/3-4/24	7:00 - 8:00 pm			
	\$84 / 5 sessions					
012717	We	1/3-1/31	7:00 - 8:00 pm			

Location: Magnolia Park

Ages: 11-18		\$139 / 9 9	sessions
012721 T	ΓuTh	1/2-1/30	7:00 - 8:00 pm
012722 1	ГиТh	2/1-2/29	7:00 - 8:00 pm
012724 T	ГиТh	4/2-4/30	7:00 - 8:00 pm
		\$124 / 8 9	sessions
012723 1	ГuTh	3/5-3/28	7:00 - 8:00 pm



FENCING

Introduction to Epee Fencing

Learn the Olympic sport of fencing. Learn to use the weapon that has descended from Renaissance dueling swords. Students learn how to move, attack, and defend themselves. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit (~\$250) must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$29 USFA insurance fee is due at the first class.

Instructor: South Coast Fencing Center Location: South Coast Fencing Center

Ages: 7+		\$150 / 1x	per week - 4 weeks	
011217	TuTh	1/9-2/1	7:00PM-8:00PM	
011218	TuTh	2/6-2/29	7:00PM-8:00PM	
011219	TuTh	3/5-3/28	7:00PM-8:00PM	
011220	TuTh	4/4-4/30	7:00PM-8:00PM	

Class sessions are offered 2 times a week. Participants should attend any 1 of those sessions according to the convenience of their schedules.

		\$200 / 2>	k per week - 4 weeks
011221	TuTh	1/9-2/1	7:00 - 8:00 pm
011222	TuTh	2/6-2/29	7:00 - 8:00 pm
011223	TuTh	3/5-3/28	7:00 - 8:00 pm
011224	TuTh	4/4-4/30	7:00 - 8:00 pm

Class sessions are offered 2 times a week. Participants should attend both of those sessions.

Introduction to Foil Fencing

Learn the Olympic sport of fencing. Students learn how to move, attack, and defend themselves while learning about priority and right-of-way rules that are a cornerstone in foil fencing. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit (~\$250) must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$29 USFA insurance fee is due at the first class.

Instructor: South Coast Fencing Center Location: South Coast Fencing Center

Ages: 7-11 \$150 / 1x per week - 4 weeks				
011201	Tu, Th	1/9-2/1	5:00PM-6:00PM	
011202	Tu, Th	2/6-2/29	5:00PM-6:00PM	
011203	Tu, Th	3/5-3/28	5:00PM-6:00PM	
011204	Tu, Th	4/4-4/30	5:00PM-6:00PM	

Class sessions are offered 2 times a week. Participants should attend 1 of those sessions according to the convenience of their schedules.

Ages: 7-11		\$200 /	2x per week - 4 weeks
011209	1/9-2/1	TuTh	5:00 - 6:00 pm
011210	2/6-2/29	TuTh	5:00 - 6:00 pm
011211	3/5-3/28	TuTh	5:00 - 6:00 pm
011212	4/4-4/30	TuTh	5:00 - 6:00 pm

Class sessions are offered 2 times a week. Participants should attend both of those sessions.

Ages: 12+		\$1!	50/ 1x per week	- 4 we	eks	
011205	1/9-2/3	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm	
011206	2/6-3/2	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm	
011207	3/5-3/30	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm	
011208	4/4-4/30	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm	

Class sessions are offered 3 times a week. Participants should attend 1 of those sessions according to the convenience of their schedules.

Ages:	12+	\$2	00 / 2x per wee	k - 4 w	eeks
011213	1/9-2/3	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
011214	2/6-3/2	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
011215	3/5-3/30	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
011216	4/4-4/30	Sa	10:00 - 11:00 am	TuTh	6:00 - 7:00 pm

Class sessions are offered 3 times a week. Participants should attend any 2 of those sessions according to the convenience of their schedules.





ICE SKATING

Westminster Ice: Ice Skating for Tots

Children learn to have fun on skates by hopping, gliding, playing games, and more. Plus it's great exercise. Bring your child and watch him/her smile.

Instructor: Westminster ICE Staff

Location: Westminster ICE

Ages: 3-5		\$65 / 4 sess	\$65 / 4 sessions			
011705	We	1/10-1/31	5:15 - 5:45 pm			
011706	We	2/21-3/13	5:15 - 5:45 pm			
011707	We	3/20-4/17	5:15 - 5:45 pm	No class 3/27		
011709	Sa	1/13-2/3	10:30 - 11:00 am			
011710	Sa	2/24-3/16	10:30 - 11:00 am			
011711	Sa	3/23-4/20	10:30 - 11:00 am	No class 3/30		

Westminster Ice: Parent and Me Ice Skating

Spend some fun time learning to skate with your child. Take it at your own pace and get some great exercise. Skate rental and three additional public skating passes (to be used during the 4-week session) are all included in the fee. Please arrive 20 minutes early on the first class and dress warmly.

Instructor: Westminster ICE Staff

Location: Westminster ICE

Ages: 3-5		\$65 / 4 sess	sions	
011701	Sa	1/13-2/3	10:30 - 11:00 am	
011702	Sa	2/24-3/16	10:30 - 11:00 am	
011703	Sa	3/23-4/20	10:30 - 11:00 am	No class 3/30
0117 02	Sa Sa	_,_ , _ , , ,	10.00 11.00 4111	

Westminster Ice: Ice Hockey Skating Skills

Learn basic skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during class. Includes skate rental, 30-minute lesson, free practice on the day of class (3-5pm for Wednesday and 12-2pm pm Saturday), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates. Dress warm and wear gloves.

Instructor: Westminster ICE Staff

Location: Westminster ICE

Ages: 6-16		\$65 / 4 sess	ions	
011729	We	1/10-1/31	5:45 - 6:15 pm	
011730	We	2/21-3/13	5:45 - 6:15 pm	
011731	We	3/20-4/17	5:45 - 6:15 pm	No class 3/27
011733	Sa	1/13-2/3	10:30 - 11:00 am	
011734	Sa	2/24-3/16	10:30 - 11:00 am	
011735	Sa	3/23-4/20	10:30 - 11:00 am	No class 3/30

Westminster Ice: Beginning Ice Skating

Learn to skate forward and backwards, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on the day of class (3-5pm for Wednesday and 12-2pm pm Saturday), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates. Dress warm and wear gloves.

Instructor: Westminster ICE Staff Location: Westminster ICE

Ages: 6-16		\$65 / 4 sess	ions	
011713	We	1/10-1/31	5:45 - 6:15 pm	
011714	We	2/21-3/13	5:45 - 6:15 pm	
011715	We	3/20-4/17	5:45 - 6:15 pm	No class 3/27
011717	Sa	1/13-2/3	11:00 - 11:30 am	
011718	Sa	2/24-3/16	11:00 - 11:30 am	
011719	Sa	3/23-4/20	11:00 - 11:30 am	No class 3/30

Anaheim ICE Skating: Tot Beginners

Beginning ice skating made fun and easy! Watch your child smile as he or she learns how to march, glide, stop, hop, fall down, and get back up properly. Skate rental and four additional public skating passes (to be used during the session) are all included in the fee. Please arrive 15 minutes early to the first class and dress warmly.

Instructor: Anaheim ICE Staff Location: Anaheim ICE

Ages: 4-6		\$152 / 5 sessions		
011805	We	1/17-3/6	5:20PM-5:50PM	
011806	Sa	1/20-3/23	12:15PM-12:45PM	No class 2/17 & 3/9

Anaheim ICE Skating: Youth Beginners

Beginning ice skating made fun and easy! Watch your child smile as he or she learns how to march, glide, stop, hop, fall down, and get back up properly. Skate rental and four additional public skating passes (to be used during the session) are all included in the fee. Please arrive 15 minutes early to the first class and dress warmly.

Instructor: Anaheim ICE Staff Location: Anaheim ICE

Ages: 7-1	13	\$152 / 5 sessions		
011801	We	1/17-3/6	5:55PM-6:25PM	
011802	Sa	1/20-3/23	11·40 A M_12·10 PM	No class 2/17 & 3/9



VOLLEYBALL

Beginner Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course is designed to introduce the sport of volleyball to the athlete who is completely new to the game. Come have fun and learn with us!

Instructor: West Grove Volleyball - Tan Nguyen Location: Garden Grove Sports and Recreation Center

Ages: 8-	-10	\$49 / 4 ses	sions
011401	Su	1/7-1/28	1:15 - 2:15 pm
011402	Su	2/4-2/25	1:15 - 2:15 pm
011403	Su	3/3-3/24	1:15 - 2:15 pm
011404	Su	4/7-4/28	1:15 - 2:15 pm

Intermediate Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course takes the beginner athlete to the next step. Come have fun and learn with us!

Instructor: West Grove Volleyball - Tan Nguyen

Location: Garden Grove Sports and Recreation Center

Ages: 11	I-14	\$49 / 4 ses	sions	
011405	Su	1/7-1/28	2:15 - 3:15 pm	
011406	Su	2/4-2/25	2:15 - 3:15 pm	
011407	Su	3/3-3/24	2:15 - 3:15 pm	
011408	Su	4/7-4/28	2:15 - 3:15 pm	

Advanced Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course puts those athletes that have a solid grasp of the fundamentals into a full on game environment. Come have fun and learn with us!

Instructor: West Grove Volleyball - Tan Nguyen

Location: Garden Grove Sports and Recreation Center

Ages: 12	2-15	\$49 / 4 ses	sions
011409	Su	1/7-1/28	3:15 - 4:15 pm
011410	Su	2/4-2/25	3:15 - 4:15 pm
011411	Su	3/3-3/24	3:15 - 4:15 pm
011412	Su	4/7-4/28	3:15 - 4:15 pm

YOGA

Manners & Yoga for Kids!

Manners & yoga are two very important arts that benefit children in many ways. This combo class will improve self-confidence while teaching communication skills, how to focus, and concentrate all in a fun and positive environment!

Instructor: Dawna Ludwig

Location: Westminster Community Center

Ages: 4-1	2	\$62 / 5 ses	sions
010323	Su	1/7-2/4	3:15 - 3:55 pm
010324	Su	2/25-3/24	3:15 - 3:55 pm
010325	Su	4/7-5/5	3:15 - 3:55 pm

PICKLEBALL

Youth Pickleball

Learn pickleball, a hybrid of tennis and ping pong on a badminton size court, with leading pickleball instructor John Gill, who has multiple certifications, is a professional senior player and president of the World Pickleball Association. Paddle rental available at \$10 per class or \$30 for the 4 week course.

Instructor: John Gill

Location: Chapman Sports Complex

Ages: 7-17	\$100 / 4 sessions
012801 We	1/10-1/31 4:00 - 5:00 pm
012802 We	2/7-2/28 4:00 - 5:00 pm
012803 We	3/6-3/27 4:00 - 5:00 pm
012804 We	4/3-4/24 4:00 - 5:00 pm

Pickleball Skills & Drills by BEST Sports

Welcome to the BEST Pickleball Class, where young athletes can experience the excitement of one of the fastest-growing sports in the world! Pickleball is a fun and inclusive game that combines elements of tennis, badminton, and ping pong, making it an excellent choice for kids. We will teach kids proper grip, stance, and swing techniques, serving, volleying, and groundstrokes. Children will learn the rules of pickleball, such as scoring, boundaries, and how to play both singles and doubles. The class promotes physical fitness through fun and engaging drills and games, helping children stay active while enjoying themselves. Please bring your favorite paddle and water bottle.

Instructor: Beginners Edge Sports Training Instructor

Location: Chapman Sports Complex

Ages: 5-7		\$126 / 7 se	essions	
010139	Su	1/14-2/25	9:00 - 9:45 am	
010142	Su	3/3-4/21	9:00 - 9:45 am	No class 3/31
Ages: 8	-10			
010140	Su	1/14-2/25	9:50 - 10:35 am	
010143	Su	3/3-4/21	9:50 - 10:35 am	No class 3/31
Ages: 11	-13			
010141	Su	1/14-2/25	10:40 - 11:25 am	
010144	Su	3/3-4/21	10:40 - 11:25 am	No class 3/31





MARTIAL ARTS

Little Stars Taekwondo

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty, and assertiveness. The classes are beginner programs and kids will learn basic kicking techniques, punches, blocks, and basic self-defense forms. Students are required to have a martial arts uniform by the first day of class in order to participate. Uniforms will be available for purchase from the instructor for a nonrefundable fee of \$50. This class is for first-time students only. If interested in re-enrolling, please contact the instructor directly.

Instructor: Sung Ho Park Location: Tae Kwon Do Studio

Ages: 4-6		\$40 / 8 se	essions
011619	TuTh	1/2-1/25	4:30 - 5:10 pm
011620	TuTh	1/2-1/25	6:30 - 7:10 pm
011621	MoWe	1/3-1/31	4:30 - 5:10 pm
011622	MoWe	1/3-1/31	5:50 - 6:30 pm
011623	TuTh	1/30-2/22	4:30 - 5:10 pm
011624	TuTh	1/30-2/22	6:30 - 7:10 pm
011625	MoWe	2/5-3/4	4:30 - 5:10 pm
011626	MoWe	2/5-3/4	5:50 - 6:30 pm
011627	TuTh	2/27-3/21	4:30 - 5:10 pm
011628	TuTh	2/27-3/21	6:30 - 7:10 pm

Judo for Kids

Students will be taught self defense skills and basic judo throw techniques and leg movements. This type of martial arts form is a close contact sport that involves grappling and submission techniques. Students will learn self-defense, discipline, and develop healthy life habits. Local tournaments are held 2-3 times a year for students who choose to compete. Appropriate uniform is required. Students MUST purchase a one-time gi uniform plus belt on the first day of class. You cannot use your own uniform. Gi uniform and belt \$130 (kid sizes 5-12), gi uniform and belt \$150 (teen-adult sizes 13-14)

Instructor: Cai Jiu-Jitsu Staff Location: Cai Jiu-Jitsu Academy

Ages: 5-14		\$89 / 8 se	essions
012613	MoWe	1/8-1/31	5:00 - 6:00 pm
012614	MoWe	2/5-2/28	5:00 - 6:00 pm
012615	MoWe	3/4-3/27	5:00 - 6:00 pm
012616	MoWe	4/1-4/24	5:00 - 6:00 pm

The Learning Spot - Karate

In this class students will learn high level traditional Okinawa karate and kobudo (weapons) mixed with non-traditional kickboxing for kids, teens, and adults.

Instructor: The Learning Spot Instructor

Location: The Learning Spot

Ages: /+		\$200 / 17 sessions			
012517	1/4-2/29	Th 2:00 - 3:00 pm, Sa 6:00 - 7:00 pm	No class 1/13		

Taekwondo for Kids

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty, and assertiveness. The classes are beginner programs and kids will learn basic kicking techniques, punches, blocks, and basic self-defense forms. Students are required to have a martial arts uniform by the first day of class in order to participate. Uniforms will be available for purchase from the instructor for a nonrefundable fee of \$50. This class is for first-time students only. If interested in re-enrolling, please contact the instructor directly.

Instructor: Sung Ho Park Location: Tae Kwon Do Studio

Ages: 7-12		\$40 / 8 s	essions
011604	TuTh	1/2-1/25	5:10 - 5:50 pm
011605	TuTh	1/2-1/25	5:50 - 6:30 pm
011606	MoWe	1/3-1/31	5:10 - 5:50 pm
011607	MoFr	1/5-2/2	3:50 - 4:30 pm
011608	TuTh	1/30-2/22	5:10 - 5:50 pm
011609	TuTh	1/30-2/22	5:50 - 6:30 pm
011610	MoFr	2/5-3/4	3:50 - 4:30 pm
011611	MoWe	2/5-3/4	5:10 - 5:50 pm
011612	TuTh	2/27-3/21	5:10 - 5:50 pm
011613	TuTh	2/27-3/21	5:50 - 6:30 pm

Vovinam Martial Arts

Vovinam is a Vietnamese martial art, founded in 1938. It is the development of communicative intelligence, athletic body, noble mind, self-control, self-defense, self-esteem, and perseverance in a non-violent spirit. Self-defense for all levels: beginner, intermediate, and advanced. Students are required to purchase a unique Vovinam martial arts uniform for \$35. There is a \$30 non-refundable annual membership fee.

Instructor: Tam Nguyen Location: West Haven Park

Ages: 7+		\$15 / moi	nth
011301	Sa	1/6-1/27	9:20 - 10:50 am
011302	Sa	2/3-2/24	9:20 - 10:50 am
011303	Sa	3/2-3/30	9:20 - 10:50 am
011304	Sa	4/6-4/27	9:20 - 10:50 am

(2/24 & 3/2 class will meet at the CYC, Activity Center: 12732 Main St. GG 92840)

Brazilian Jiu-Jitsu & Self Defense - Youth

Students will learn the mastery in the martial arts form of Brazilian jiu-jitsu & self defense. This is a grappling form of martial arts with emphasis on leg lock techniques, drills, sparring, strength conditioning, and games. Must purchase uniform. Please arrive 15 minutes early on your first day of class to speak with sensei and get fitted for a uniform (gi) for \$130 (kid size 5-12) or \$150 (teen-adult size 13-14).

Instructor: Cai Jiu-Jitsu Staff Location: Cai Jiu-Jitsu Academy Ages: 5-14 \$89 / 8 sessions

Ages. 5	17	403 / 0 3030	10113	
012605	TuTh	1/2-1/24	5:00 - 6:00 pm	
012606	TuTh	2/6-2/28	5:00 - 6:00 pm	
012607	TuTh	3/5-3/27	5:00 - 6:00 pm	
012608	TuTh	4/2-4/24	5:00 - 6:00 pm	·

DANCING AND GYMNASTICS

Hip Hop is Fun!

This fun energetic class will teach you coordination, dance, and rhythm! Learn cool moves set to awesome music! Finesse onto the dance floor in style with this hip class!

Location: Westminster Arts Academy Instructor: Westminster Arts Academy Staff

Ages: 5-7		\$78 / 4 se	\$78 / 4 sessions			
0115123	Sa	1/6-1/27	10:45 - 11:45 am			
0115124	Sa	2/3-2/24	10:45 - 11:45 am			
0115125	Sa	3/2-3/23	10:45 - 11:45 am			

Ballet, Tap, and Tumbling

Ballet develops physical control, strength, balance, and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, position of the day, animal walks, and balance beam. Materials fee of \$5 due to the instructor.

Instructor: Dawna Ludwig

Location: Westminster Community Center

Ages: 1-4		\$62 / 5 ses	sions	
010301	Su	1/7-2/4	1:45 - 2:25 pm	
010302	Su	2/25-3/24	1:45 - 2:25 pm	
010303	Su	4/7-5/5	1:45 - 2:25 pm	
Ages: 4-12	2	\$62 / 5 ses	sions	
	_			
010307	Su	1/7-2/4	2:30 - 3:10 pm	
		•		

The Learning Spot - Folklorico II

Students will learn basic concepts and movements related to Mexican folkloric dance. Students will also learn choreography from a region of Mexico.

Instructor: The Learning Spot Instructor

 Location: The Learning Spot

 Ages: 8+
 \$120 / 9 sessions

 012511
 Tu
 1/2-2/27
 5:00 - 6:00 pm

The Learning Spot - Hip Hop I

Students will learn hip-hop concepts and movement vocabulary. This high energy and exciting class will have students moving and grooving to popular songs and will learn about hip-hop culture.

Instructor: The Learning Spot Instructor

Location: The Learning Spot

Ages: 6-	-10		\$50 / 4 sessions	
012501	Мо	1/8-2/5	5:00 - 6:00 pm	No class 1/15

The Learning Spot - Hip Hop II

The students will gain an intermediate understanding of hip-hop concepts and will improve their hip-hop movement and vocabulary. This high energy and dynamic class will challenge students while dancing to the latest hits.

Instructor: The Learning Spot Instructor

Location: The Learning Spot
Ages: 10+ \$50 / 4 sessions

012503 Mo 1/8-2/5 6:00 - 7:00 pm No class 1/15

The Learning Spot - Jazz I

Students will learn jazz concepts and movement vocabulary. In this high-energy and exciting class, students will learn jazz technique and choreography as well.

Instructor: The Learning Spot Instructor

 Location: The Learning Spot

 Ages: 7+
 \$120 / 9 sessions

 012513
 Tu
 1/2-2/27
 4:30 - 5:30 pm

Pop Ballet is Fun!

Learn ballet to popular music you know and love! This class focuses on creating a more disciplined, creative, and outgoing dancer! Dancers will learn the classical ballet technique, improvisational skills, flexibility, and ballet vocabulary. Dress code for females: ballet leotard (any color), pink ballet tights and ballet shoes, hair in a bun. Dress code for males: black or white t-shirt, black leggings or ballet tights, black ballet shoes.

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 3-4		\$68 / 4 sess	sions
0115105	Мо	1/8-1/29	4:30 - 5:15 pm
0115106	Мо	2/5-2/26	4:30 - 5:15 pm
0115107	Мо	3/4-3/25	4:30 - 5:15 pm
011589	We	1/3-1/24	4:45 - 5:30 pm
011590	We	1/31-2/21	4:45 - 5:30 pm
011591	We	2/28-3/20	4:45 - 5:30 pm
Ages: 5-7		\$78 / 4 sess	sions
011573	We	1/3-1/24	5:30 - 6:30 pm
011574	We	1/31-2/21	5:30 - 6:30 pm
011575	We	2/28-3/20	5:30 - 6:30 pm
011581	Мо	1/8-1/29	5:30 - 6:30 pm
011582	Мо	2/5-2/26	5:30 - 6:30 pm
011583	Мо	3/4-3/25	5:30 - 6:30 pm
Ages: 5-10)	\$78 / 4 sess	sions
0115100	Fr	1/5-1/26	6:30 - 7:30 pm
0115102	Fr	2/2-2/23	6:30 - 7:30 pm
0115103	Fr	3/1-3/22	6:30 - 7:30 pm
Ages: 8-17	7	\$78 / 4 sess	sions
011585	We	1/3-1/24	6:30 - 7:30 pm
011586	We	1/31-2/21	6:30 - 7:30 pm
011587	We	2/28-3/20	6:30 - 7:30 pm
			•

Latin Styles!

Learn fun movement with a Latin flare! Children will have fun learning different Latin style dances to fun music!

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 6-12		\$78 / 4 se	essions		
	0115108	Мо	1/8-1/29	6:30 - 7:30 pm	
	0115109	Мо	2/5-2/26	6:30 - 7:30 pm	
	0115110	Мо	3/4-3/25	6:30 - 7:30 pm	

The Learning Spot - Ballet I

Students will learn basic ballet movement and they will be implementing these movements throughout their class time. This class is for beginner students who are interested in ballet.

Instructor: The Learning Spot Instructor

Location: The Learning Spot

Ages: 8-12 \$200 / 16 sessions

012521 1/3-2/28 We 4:00 - 5:00 pm, Sa 9:00 - 10:00 am No class 1/13

Baby & Little Tykes Dance & Tumbling Class!

For little ones who love to dance, sing, and tumble! This class will introduce your little one to beginning arm and foot movements and positions. Baby will develop self-confidence, coordination, proper body alignment, and good posture, all in a fun-filled environment!

Instructor: Dawna Ludwig

Location: Westminster Community Center

Ages: 4n	nos-2.	5 yrs	\$62 / 5 sessions
010327	Su	1/7-2/4	4:00 - 4:30 pm
010328	Su	2/25-3/24	4:00 - 4:30 pm
010329	Su	4/7-5/5	4:00 - 4:30 pm

YOUTH / TEEN SPECIAL INTERESTS

ART AND CRAFTS

Anime is Fun!

Learn the techniques to drawing your favorite anime characters! Topics covered will include: 2D and 3D drawing; principles of animation; turning the character around; what makes cute/awesome; how to make your drawings unique; famous anime designs and why they work; the character in motion; and expression poses. \$10 material fee

Instructor: Westminster Arts Academy Staff Location: Westminster Arts Academy

			,
Ages: 5+		\$78 / 4 sess	sions
0115173	We	1/3-1/24	4:00 - 5:00 pm
0115174	We	1/31-2/21	4:00 - 5:00 pm
0115192	We	2/28-3/20	4:00 - 5:00 pm
0115193	Su	1/7-1/28	2:00 - 3:00 pm
0115194	Su	2/4-2/25	2:00 - 3:00 pm
0115195	Su	3/3-3/24	2:00 - 3:00 pm
Ages: 8-1	1	\$78 / 4 sess	sions
0115196	Sa	1/6-1/27	10:00 - 11:00 am
0115197	Sa	2/3-2/24	10:00 - 11:00 am
0115111	Sa	3/2-3/23	10:00 - 11:00 am
Ages: 12-	17	\$78 / 4 sess	sions
0115112	Su	1/7-1/28	3:00 - 4:00 pm
0115113	Su	2/4-2/25	3:00 - 4:00 pm
0115114	Su	3/3-3/24	3:00 - 4:00 pm

Drawing is Fun!

Be more confident with your lines and shapes! With new themes every month, this class will develop your inner artist. You will also practice the fundamentals of observation and how to transfer them onto paper. In this quirky class, you'll exercise your imagination and have fun while making cartoons! \$10 material fee

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 5	-17	\$78 / 4 ses	sions	
011529	Sa	1/6-1/27	11:00 am - 12:00 pm	
011530	Sa	2/3-2/24	11:00 am - 12:00 pm	
011531	Sa	3/2-3/23	11:00 am - 12:00 pm	
011533	Su	1/7-1/28	9:45 - 10:45 am	
011534	Su	2/4-2/25	9:45 - 10:45 am	
011535	Su	3/3-3/24	9:45 - 10:45 am	
Ages: 8	-11	\$78 / 4 ses	sions	
011541	Fr	1/5-1/26	4:00 - 5:00 pm	
011542	Fr	2/2-2/23	4:00 - 5:00 pm	
011543	Fr	3/1-3/22	4:00 - 5:00 pm	

Mixed Media Art is Fun!

Do you enjoy drawing, painting, colored pencils, printmaking, and even paper art? Mixed Media work is excellent for exploring different mediums in art if you just love to create and want to improve on your skill! \$10 material fee

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 5	-17	ֆ98 / 4 ses	SIONS
011517	Sa	1/6-1/27	9:00 - 10:00 am
011518	Sa	2/3-2/24	9:00 - 10:00 am
011519	Sa	3/2-3/23	9:00 - 10:00 am
011520	Su	1/7-1/28	1:00 - 2:00 pm
011521	Su	2/4-2/25	1:00 - 2:00 pm
011522	Su	3/3-3/24	1:00 - 2:00 pm

Pokemon Anime Drawing is Fun!

Draw characters from Pokémon and more in this class. You will learn the proper techniques to make these characters come to life on the page! You will also get to create your own story boards, just like in anime books! \$10 material fee

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 5-1	0	\$78 / 4 ses	ssions	
0115204	Sa	1/6-1/27	2:00 - 3:00 pm	
0115205	Sa	2/3-2/24	2:00 - 3:00 pm	
0115206	Sa	3/2-3/23	2:00 - 3:00 pm	
		+		
Ages: 5-8	3	\$78 / 4 ses	ssions	
Ages: 5-8 0115198	Su	\$78 / 4 ses	isions 11:45 am - 12:45 pm	
		•		

Painting is Fun!

Students will gain confidence in their painting skill set. These lessons will begin with an introduction to color theory and help students improve their painting and gain more knowledge on color and how to mix and manipulate paints. \$10 material fee

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 5-10 \$98 / 4		\$98 / 4 ses	sions
011504	We	1/3-1/24	5:15 - 6:30 pm
011505	We	1/31-2/21	5:15 - 6:30 pm
011506	We	2/28-3/20	5:15 - 6:30 pm
Ages: 7	12	\$98 / 4 ses	sions
011501	Fr	1/5-1/26	5:00 - 6:15 pm
011502	Fr	2/2-2/23	5:00 - 6:15 pm
011503	Fr	3/1-3/22	5:00 - 6:15 pm



YOUTH / TEEN SPECIAL INTERESTS

Preschool Play and Practice

Imagine your child learning award-winning children's literature, songs, arts and crafts, and many more new ideas. Each class is based on a different theme and includes cutting, pasting, coloring, and more importantly, interacting with other children. \$5 material fee

Instructor: Dawna Ludwig

Location: Westminster Community Center

Ages: 9 n	nos-4 yı	's	\$62 / 5 sessions
010313	Su	1/7-2/4	1:00 - 1:40 pm
010314	Su	2/25-3/24	1:00 - 1:40 pm
010315	Su	4/7-5/5	1:00 - 1:40 pm

Young Rembrandts-Elementary Drawing

We teach drawing with a see-touch-do method that all kids can succeed with, learn from, and love! The Young Rembrandts elementary program provides the tools this age-group needs to succeed at drawing-a teaching tool from which the majority of learners prefer and ALL learners benefit! Our program works because it's not only hands-on and visual...it's simply fun. Add to this our innovative guided instruction, topics that kids love and relate to, and instructors that know how to teach this group. We take kids from thinking they're not 'artists' to knowing they can achieve this, and everything else they put their minds to. New drawing each week.

Instructor: Young Rembrandts Staff

Location: West Grove Park

Ages: 5-	12	\$60 / 4 ses	sions
012301	We	1/10-1/31	4:30 - 5:30 pm
012302	We	2/7-2/28	4:30 - 5:30 pm
012303	We	3/6-3/27	4:30 - 5:30 pm
012304	We	4/3-4/24	4:30 - 5:30 pm

MUSIC

Singing is Fun!

Learn to sing those songs you love with creative style, proper technique, and stage performance skills! Students have the opportunity to sing solos, duets, and big group songs in this class where musical numbers really come to life!

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 4-	٠/	\$68 / 4 sessions
011545	Th	1/4-1/25 4:45 - 5:30 pm
011546	Th	2/1-2/22 4:45 - 5:30 pm
011547	Th	2/29-3/21 4:45 - 5:30 pm
Ages: 12	2-17	\$78 / 4 sessions
011553	Th	1/4-1/25 6:30 - 7:30 pm
011554	Th	2/1-2/22 6:30 - 7:30 pm
011555	Th	2/29-3/21 6:30 - 7:30 pm

Guitar for Kids

This is a beginners class for students that want to play guitar. Students will learn songs and technique.

Instructor: The Learning Spot Instructor

Location: The Learning Spot

Ages: /+		\$120 / 4 9	sessions	
012525	Sa	1/6-2/3	10:00 - 11:00 am	No class 1/13



SPECIAL INTEREST

Chess Club is Fun!

Did you know that chess is a form of art? By joining our chess club, students will develop their problem-solving skills, strengthen their focus and attention span, all in a competitive and welcoming environment!

Instructor: Westminster Arts Academy Staff Location: Westminster Arts Academy

Ages: 7-	14	\$88 / 4 sessi	ons	
0115157	Su	1/7-1/28	1:00 - 2:15 pm	
0115158	Su	2/4-2/25	1:00 - 2:15 pm	
0115159	Su	3/3-3/24	1:00 - 2:15 nm	

American Sign Language Class - Youth

Our American Sign Language class teaches participants the basics of ASL and more. Participants will learn the alphabet, numbers, and communication skills-receptive (listening) and expressive (speaking), with vocabulary and grammar. Our classes will implement daily practice using vocabulary in conversation, while introducing the American Deaf culture and history to our participants. \$10 material fee due to instructor on the first day of class.

Instructor: Dalise Falkenstein Location: West Grove Park

Ages: 5-1	7	\$200 / 10 sessions	
032402	Tu	1/16-3/26 4:30 - 5:30 pm	No class 2/20

SPECIAL NEEDS ADAPTIVE PROGRAMS

OJSC_ Orange Junior Soccer Club



CALLING ALL PLAYERS WITH DIVERSE ABILITIES

REGISTRATION IS FREE!

Orange Junior Soccer Club TOPSoccer

Our program is for athletes of all ages with diverse abilities and physical and/or cognitive challenges. Players do not have to live in Orange.

We modify the great game of soccer so everyone can have awesome fun, build positive relationships, and enjoy meaningful participation in a healthy environment. You have to see it to believe it!

We play every Saturday through mid-November. There are no practices or weekday events.

Follow us on Instagram @ojsctopsoccer * Visit us at www.ojsc.org

Contact OJSC TOPSoccer Coach Jim Watson at im.watson@ojsc.org
for more info and with any questions.

COMING SUMMER 2024







- Soccer & Multi-Sport Classes for kids on the Spectrum
- Professionally-designed curriculum for kids up to age 13
 Aide or guardian facilitated classes
 - Sma∎ Class sizes

brought to you by



Join District 62 Challenger Little League



District 62 Challenger Division P.O. Box 1211

Huntington Beach, Ca. 92647

New Sign up online at:

http://leagues.bluesombrero.com/district62challenger

Our Facebook page: https://www.facebook.com/D62Challenger

A baseball experience for all disabled youth ages 4 years old and up no age limit (that attend school or a program within the cities of: Costa Mesa, Fountain Valley, Huntington Beach, Midway City, Westminster and some parts of Newport Beach. If you live outside of our district and your city does not have a Challenger League you can join ours!

Our season begins in early March (weather permitting) and runs through mid June. Our practice and game fields are located in the city of Westminster at 14402 Magnolia Street.

The registration fee includes team hat, team jersey, yearbook and trophy.

Parents/guardians/volunteers must fill out a Little League Volunteer Form. You may contact our league at (714)610-8295 or <u>District62challengerbaseball@yahoo.com</u>.

ADULT FITNESS AND SPORTS



TENNIS

Adult Cardio Tennis Class

Looking for an upbeat workout? Grab your racket and let's hit the courts! We have tons of fast paced drills and games to keep you moving and improving. If you are looking to improve your tennis game and stay on your toes, then this program is perfect for you. This class features tennis and workouts all rolled into one. Specially designed to burn some calories, make some friends, and of course, improve your tennis game. For more information and rainy day makeup policy, go to www.johnnyallentennis.com or call (844) 983-6647.

Instructor: Johnny Allen Tennis Academy Location: Chapman Sports Complex

Ages: 18	! +	\$79 / 6 s	essions
010625	TuTh	1/9-1/25	8:00 - 9:00 pm
010626	TuTh	1/30-2/15	8:00 - 9:00 pm
010627	TuTh	2/20-3/7	8:00 - 9:00 pm
010628	TuTh	3/12-3/28	8:00 - 9:00 pm
010629	TuTh	4/2-4/18	8:00 - 9:00 pm
010630	TuTh	4/23-5/9	8:00 - 9:00 pm

ICE SKATING

Westminster Ice: Ice Skating for Adults

Learn to skate across the ice forward, backwards, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on the day of class (3-5pm for Wednesday and 12-2pm Saturday), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates. Dress warm and wear gloves.

Instructor: Westminster ICE Staff Location: Westminster ICE

Ages: 18	3+	\$65 / 4 se	ssions	
011721	We	1/10-1/31	5:45 - 6:15 pm	
011722	We	2/21-3/13	5:45 - 6:15 pm	
011723	We	3/20-4/17	5:45 - 6:15 pm	No class 3/27
011725	Sa	1/13-2/3	10:30 - 11:00 am	
011726	Sa	2/24-3/16	10:30 - 11:00 am	
011727	Sa	3/23-4/20	10:30 - 11:00 am	No class 3/30

PICKLEBALL

Beginner Adult Pickleball

Learn pickleball, a hybrid of tennis and ping pong on a badminton size court, with leading pickleball instructor John Gill, who has multiple certifications, is a professional senior player and president of the World Pickleball Association. This class will focus on learning the game and skills at a beginning level. Paddle rental available at \$10 per class or \$30 for the 4 week course.

Instructor: John Gill

Location: Chapman Sports Complex

Ages: 18	5 +	\$180 / 4 9	sessions	
012805	We	1/10-1/31	5:00 - 7:00 pm	
012806	We	2/7-2/28	5:00 - 7:00 pm	
012807	We	3/6-3/27	5:00 - 7:00 pm	
012808	We	4/3-4/24	5:00 - 7:00 pm	

Intermediate Adult Pickleball

Learn pickleball, a hybrid of tennis and ping pong on a badminton size court, with leading pickleball instructor John Gill, who has multiple certifications, is a professional senior player and president of the World Pickleball Association. This class is perfect for those who know the basics and want to build on their skills and play. Paddle rental available at \$10 per class or \$30 for the 4 week course.

Instructor: John Gill

Location: Chapman Sports Complex

Ages: 18	3+	\$180 / 4 9	sessions
012809	We	1/10-1/31	7:00 - 9:00 pm
012810	We	2/7-2/28	7:00 - 9:00 pm
012811	We	3/6-3/27	7:00 - 9:00 pm
012812	We	4/3-4/24	7:00 - 9:00 pm

ADULT FITNESS AND SPORTS

MARTIAL ARTS

Vovinam Martial Arts

Vovinam is a Vietnamese martial art, founded in 1938. It is the development of communicative intelligence, athletic body, noble mind, self-control, self-defense, self-esteem, and perseverance in a non-violent spirit. Self-defense for all levels: beginner, intermediate, and advanced. Students are required to purchase a unique Vovinam martial arts uniform for \$35. There is a \$30 non-refundable annual membership fee.

Instructor: Tam Nguyen Location: West Haven Park

Ages: 18	3+	\$15 / mo	nth
011301	Sa	1/6-1/27	9:20 - 10:50 am
011302	Sa	2/3-2/24	9:20 - 10:50 am
011303	Sa	3/2-3/30	9:20 - 10:50 am
011304	Sa	4/6-4/27	9:20 - 10:50 am

(2/24 & 3/2 class will meet at the CYC, Activity Center: 12732 Main St. GG 92840)

Brazilian Jiu-Jitsu & Self Defense - Adult

Learn the correct martial arts technique incorporating Brazilian jiu-jitsu into a self defense skill. Uniform purchase required. Please arrive 15 minutes early on your first day of class to speak with sensei and uniform fitting. Adult gi uniform (no belt) \$150, belt \$20 (optional).

Instructor: Cai Jiu-Jitsu Staff Location: Cai Jiu-Jitsu Academy

Ages: 18	}+	\$99 / 8	sessions	
012601	TuWe	1/2-1/24	6:45 - 8:00 pm	
012602	TuWe	2/6-2/28	6:45 - 8:00 pm	
012603	TuWe	3/5-3/27	6:45 - 8:00 pm	
012604	TuWe	4/2-4/24	6:45 - 8:00 pm	<u> </u>

Judo for Adults

Students will be taught self defense skills and basic judo throw technique and leg movements. This type of martial arts form is a close contact sport that involves grappling and submission techniques. Students will learn self-defense, discipline, and develop healthy life habits. Local tournaments are held 2-3 times a year for students who choose to compete. Appropriate uniform is required. Students MUST purchase a one-time gi uniform plus belt on the first day of class. You cannot use your own uniform. Gi uniform \$150 (teen-adult sizes 13-14), belt \$20 (optional).

Instructor: Cai Jiu-Jitsu Staff Location: Cai Jiu-Jitsu Academy

Ages: 18	+	\$99 / 8 se	essions
012609	MoTh	1/4-1/29	6:45 - 8:00 pm
012610	MoTh	2/5-2/29	6:45 - 8:00 pm
012611	MoTh	3/4-3/28	6:45 - 8:00 pm
012612	MoTh	4/1-4/25	6:45 - 8:00 pm

ARTS AND CRAFTS

Drawing and Painting in the Afternoon

Maximize your time! This class is designed for beginning and intermediate students who would like to learn how to improve their drawing and painting skills. Color theory and elements of art will be incorporated. Please ask for the materials list when registering for this class and bring all materials to the first class meeting. \$5 material fee due the first day of class. Please contact Pati Kent at patilovesart@gmail.com or visit Garden Grove City Hall to get materials list. Bring all required materials to the first day of class.

Instructor: Pati Kent

Location: Westminster Community Center				
Ages: 18	3 +	\$65 / 4 se	ssions	
011001	We	1/10-1/31	2:00 - 3:45 pm	
011002	We	2/14-3/6	2:00 - 3:45 pm	
011003	We	3/20-4/10	2:00 - 3:45 pm	

DANCING

Line Dancing for Health and Enjoyment

While having fun and enjoying different types of music, you will tone up your muscles, build stamina, and increase flexibility while improving your balance and coordination. Learning choreographed line dances will help sharpen your memory. In addition to line dancing, we also do low impact aerobics. Please wear comfortable shoes and bring a water bottle. A \$2 insurance fee is due to instructor on first day of class.

Instructor: Gemmy Pham Location: West Haven Park

Ages: 35+	\$60 / month / pair		\$35 / month / indiv	vidual
010401	MoWeFr	1/3-1/31	10:00 - 11:30 am	No class 1/15
010402	MoWeFr	2/2-2/28	10:00 - 11:30 am	
010403	MoWeFr	3/1-3/29	10:00 - 11:30 am	
010404	MoWeFr	4/1-4/29	10:00 - 11:30 am	
010405	MoWeFr	1/3-1/31	10:00 - 11:30 am	No class 1/15
010406	MoWeFr	2/2-2/28	10:00 - 11:30 am	
010407	MoWeFr	3/1-3/29	10:00 - 11:30 am	_
030408	MoWeFr	12/1-12/22	10:00 - 11:30 am	
010408	MoWeFr	4/1-4/29	10:00 - 11:30 am	

(2/23-3/1 will meet at the CYC, Activity Center: 12732 Main St. GG 92840)



ADULT SPECIAL INTERESTS



PETS

Beginning Flyball

This class is for dogs that have not played flyball or have had a very simple introduction. Dogs will be running and jumping low hurdles. Dogs must not be aggressive or unmanageable. Bring leash, treats, toys, and baggies for clean up.

Instructor: Nicole Myers Location: Edgar Park

 Ages: 18+
 \$60 / 6 sessions

 010901
 Fr
 1/12-2/16
 6:00 - 6:50 pm

Pet Manners

This class is for dogs and owners that need some help with the basics: sit, down, relax on a mat, give me your attention. Bring a mat, and 4-6 foot leash, treats, and a lot of patience. No dogs with aggressive history.

Instructor: Nicole Myers Location: Edgar Park

 Ages: 18+
 \$60 /6 sessions

 010904
 Fr
 1/12-2/16
 7:00 - 7:50 pm

Dog Conformation

This class is intended for people who want to compete in AKC conformation. Students will have the opportunity to practice their skills in showing their dogs. Dogs will practice what is expected of them in the competition ring. Requirements: 1) the dog must be at least five (5) months old (exceptions may be made upon approval by instructor), 2) the dog must have current Rabies and Parvo vaccinations. Please bring a copy of the dog's shot records to the first class. Purebreds only. An insurance fee will be charged for this class in addition to the registration fee.

Instructor: Patricia Cahill Location: Garden Grove Park

Ages: 18	5 +	\$60 / 6 sessions		
010801	We	1/3-2/7	5:30PM-6:30PM	
010802	We	1/3-2/7	7:15PM-8:15PM	
010803	We	2/14-3/20	5:30PM-6:30PM	
010804	We	2/14-3/20	7:15PM-8:15PM	
010805	We	3/27-5/1	5:30PM-6:30PM	
010806	We	3/27-5/1	7:15PM-8:15PM	

All NEW dogs must be evaluated prior to attending class. Please contact the instructor, Patricia Cahill at chmissy3@yahoo.com

SPECIAL INTEREST

American Sign Language Class - Adults

Our American Sign Language class teaches participants the basics of ASL and more. Participants will learn the alphabet, numbers, and communication skills-receptive (listening) and expressive (speaking), with vocabulary and grammar. Our classes will implement daily practice using vocabulary in conversation, while introducing the American Deaf culture and history to our participants. \$10 supply fee paid to instructor on the first day of class.

Instructor: Dalise Falkenstein Location: West Grove Park

 Ages: 18+
 \$200 / 10 sessions

 012401
 Tu
 1/16-3/26
 5:30 - 6:30 pm
 No class 2/20

CPR/AED for Adults, Infants, and Children

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. Learn simple rescue CPR for adults, children, and infants, as well as foreign object removal techniques for airways. You will receive your certification upon completion of the class. If healthcare provider card is required, please call Cindy at (714) 891-5620 prior to your class. A \$30 materials fee is payable to the instructor.

Instructor: Jack Griswold

Location: H. Louis Lake Senior Center

Ages. IO		Ψ.Ο,	30331011	
010501	Fr	1/5	6:00 - 8:00 pm	
010502	Fr	2/2	6:00 - 8:00 pm	
010503	Fr	3/1	6:00 - 8:00 pm	
010504	Fr	4/5	6:00 - 8:00 pm	

First Aid

Learn to respond to, and assess an injury or illness. Topics covered include vital signs, bleeding, heat and cold emergencies, strokes, and seizures. You will receive a state and nationally recognized EMS first aid card and certification. A \$30 materials fee is payable to the instructor.

Instructor: Jack Griswold

Location: H. Louis Lake Senior Center

Ages:	18+	\$10 /	1 session	
01050	5 Fr	1/5	8:00 - 9:00 pm	
01050	6 Fr	2/2	8:00 - 9:00 pm	
01050	7 Fr	3/1	8:00 - 9:00 pm	
01050	8 Fr	4/5	8:00 - 9:00 pm	

SENIOR ACTIVITIES



11300 Stanford Ave. Garden Grove, CA 92840

Hours of Operation: Monday-Friday 9:00 a.m. - 3:30 p.m.

SOCIAL SUPPORT PROGRAMS

- **⊘** Information and referrals
- **⊘** Case management
- **⊘** Counseling
- **⊘** Community Resources

ACTIVITIES

Pool tables

Pinochle

Bingo

Field trips

Craft days

Karaoke

SENIOR MOBILITY PROGRAM

- **⊘** Individuals age 60 and older
- **⊘** Must be residents of Garden Grove

- **⊗** For more information call the Center

CLASSES

Tai Chi
Longevity Stick
Adaptive Line Dancing
Fit Mind, Fit Body
Balance and Mobility
Chair Yoga
Technology classes

INDOOR DINING

Join us for a hot lunch at 11:30 a.m. Monday through Friday. Registration begins at 9:00 a.m. daily.

SPECIAL EVENTS

Holiday Events

Dances

Birthday Celebrations

To stay up to date with the Senior Center's programs and events, access the The Scoop by clicking the link below: ggcity.org/community-services/h-louis-lake-senior-center
For more information, please call: (714) 741-5253





SENIOR MOBILITY PROGRAM

About

- The Senior Mobility Progam is available to residents of Garden Grove age 60 years or older.
- Service provided Monday through Friday from 7:30 a.m. to 6:00 p.m.
- Proof of address and age required at time of application.

Our Service

- **FREE** trips to and from the senior center!
- Trips to medical appointments up to 5 miles outside city limits.
- Trips to grocery stores within Garden Grove.
- \$2.00 fee for trips to and from medical appointments or grocery shopping.



Please call the H. Louis Lake Senior Center for additional questions and to sign up. **714-741-5253**



SENIOR ACTIVITIES



Approximately 25% of older adults in Orange County live alone, possibly without the resources we take for granted. You can enhance an older adult's welfare, help them stay living in the home they love and lessen the loneliness many of them face each day. Volunteer positions are available Monday-Friday and can take as little as one hour per week.

Drivers for Home Delivered Meals:

Deliver a nutritious meal and a friendly check-in. Shifts available at the H. Louis Senior Center:

Monday, Wednesday & Thursday Between 8:30 a.m. - 12:30 p.m. Contact:

volunteer@mealsonwheelsoc.org or call **714-864-3611** for more information and to complete the volunteer application.





FAMILY RESOURCE CENTER



Our Vision:

Building healthy communities one family at a time.

MPFRC's Core Services:

- Counseling
- Parent Education
- Comprehensive Case Management Team
- Family Support Services
- Domestic Violence Personal Empowerment Program
- Information and Referral Services
- Out of School Time (OST) Youth Program
- Differential Response Program
- Emergency Assistance

Other Services:

- Early Learning Activities
- Family Health and Wellness
- Father Strengthening Parenting Program
- IEP Consultations

• Medi-Cal & CalFresh Application Assistance

• Family Strenghtening Workshops and Activites

Location:

11402 Magnolia St. Garden Grove, CA 92841 (714) 741-5222 MagnoliaParkFRC@factoc.org



FAMILY RESOURCE CENTER



Service Approach:

Magnolia Park Family Resource Center operates with the nationally recognized Five Protective Factors approach. The framework of the Five Protective Factors provides foundation for the use of best practice strategies in strenghtening families.

Five Protective Factors:

- Concrete Support in Times of Need
- Parental Resilience
- Knowledge of Parenting and Child Development

Social and Emotional Competence of Children

Social Connections

MPFRC Partners:

- City of Garden Grove (Lead Agency) *
- Boys & Girls Clubs of Garden Grove
- Human Options *
- Community Action Partnership of O.C.
- Families Together Orange County
- Interval House *
- OC Social Services Agency
- Children's Health Initiative O.C. (CHIOC)
- Healthy Smiles

*FaCT Funded Partner







CITY EVENTS



CITY EVENTS



2024 GARDEN GROVE College Graduates' Reception

JUNE 2024

Graduating from a college or university this year? Celebrate your achievement in higher education, with a chance to win cash and prizes!

Sponsorship opportunities available.

RSVP by Friday, May 31, 2024
GGCITY.ORG/GRADS



CLASS REGISTRATION

Register Early!!

- Registration begins Thursday, December 14, 2023
- Pay by cash, check, money order, or credit card
- Make checks payable to "City of Garden Grove"

Recreation Office Hours:

Monday – Thursday, 7:30 a.m. to 5:30 p.m. For questions, please call the Community Services Department at (714) 741-5200.

1. Online:

Refer to "Step-by-Step Instructions."

2. Mail-In:

Complete "Class Registration" form and mail to:

Community Services Department P.O. Box 3070, Garden Grove, CA 92842.

Please enclose a self-addressed, stamped envelope with your payment.

3. Walk-In:

City of Garden Grove Community Services Department Recreation Counter, 11222 Acacia Pkwy. (off Euclid, north of Garden Grove Blvd.)

ReGGister Online

Step-by-Step Instructions

To access ReGGister Online, go to the City of Garden Grove's homepage at **www.ggparksandrec.com** and click on the "ReGGister Online" link. Instructions are also available in Spanish and Vietnamese.

Step One

PLEASE MAKE ONE ACCOUNT PER GROUP BY ADDING MEMBERS TO PRIMARY CLIENT!

Create an account by clicking on "create your account here" and filling in the fields that appear. A password will be emailed to you through the email address you provide while creating this account.

Note: If you have an existing account with the City, the password will be emailed to the email address on file. If the email is no longer in use and the information needs to be updated, please call (714) 741-5200 for assistance.

Step Two

Click the "Login" tab at the top of the page and use the password emailed to you to log in. You will have the option to create a new password once you log in.

Step Three

At this point, you can either add classes to your cart or add group members to your account.

Note: All group members should be added to PRIMARY CLIENT'S account BEFORE adding classes to your cart.

Step Four

To complete registration, please print the "Liability Waiver" to bring to the instructor at the first class meeting. Input your credit card payment for registration processing.

Publication of this schedule does not ensure enrollment to all who apply. The Community Services Department reserves the right to cancel classes because of insufficient starting enrollment or a decline in the enrollment after the class has started and to close further enrollment when a class is filled.

Many classes have limited enrollment, and registration is taken on a first-come, first-served basis. All individuals registering for courses must have reached the minimum age requirement prior to the first class meeting.

There is a \$5 processing fee for each refund, unless a class is cancelled due to low enrollment. In that case, a full refund will be issued.

Refunds will be processed within 4-6 weeks.

CLASS REGISTRATION



City of Garden Grove Community Services Department Recreation and Human Services Division

Re	evised 06-25-2020
Receipt #:	
•	

Class Registration Form Liability Waiver

Name:				
Address:			7in:	
Primary Phone: ()		Secondary	Zip: Phone: ()	
Email Address:			, , , , , , , , , , , , , , , , , , , ,	
Participant's Name	Date of Birth	Class #	Name of Class	Fee
			Tatalifa	
			Total fe lass is cancelled due to low e	
RELEASE, WAIVER OF LIABILIT	ation without public notice. TY, INDEMNITY AGR	EEMENT & C	are correct to the latest possible minute before CONSENT TO PHOTOGRAPH & VIDE	O FORM
o use City facilities or equipment, the undersing behalf of any personal representatives, heid release, waive, hold harmless and covenarial suits, claims, damages, losses, injuries, ill scollectively "Claims") pertaining to, related to see of City facilities or equipment, even though angerous or defective condition of property cegligence or willful or wanton misconduct of	igned, on behalf of himself// irs, assigns, and next of kin ht not to sue the City, its direness (including property dar , or arising directly or indire the Claims may arise out or equipment of the City. The the Releasees. The Particip	herself, and on b (collectively "Pa ectors, officers, e mage, bodily inju ctly out of Partici of negligence of nis release does pant further agre-	rden Grove ("City") recreation programs, events behalf any minors in the legal custody of the und urticipant"), hereby agrees to the fullest extent perployees, and agents (collectively "Releasees by or death), and any other compensable loss or ipant's participation in the programs, events, or or carelessness on the part of the Releasees, or not apply to the extent such Claims are caused es to defend and indemnify the Releasees from activities, or use of City facilities or equipment, a	ersigned, and ermitted by la d') from any ar f any type activities, or out of a by the gross any Claims
eath and/or property damage and understan quipment or measures, without jeopardizing	ds that risks of injury, illnes the essential qualities of the	s or property dar e activity. Partic	sks which could result in bodily or emotional injumage simply cannot be eliminated, despite the uipant assumes full responsibility and risk of bodit reatment and all medical care deemed necessi	use of safety ily injury,
•	,, ,	, .	ght to videotape or photograph his/her participati publicity and understands that Participant will no	
nclusive as is permitted by the laws of the otwithstanding, continue in full legal force a	e State of California and than and the State of California and the State of	hat if any portion	ND INDEMNITY AGREEMENT is intended to be on thereof is held invalid, it is agreed that the n classes acknowledge they are responsible fo g., Zoom, Instagram, etc.) at their own security	balance shar r ensuring th
pplicable if Participant is a minor: I am th	ne parent/legal guardian of	the Participant, a	and I hereby execute this Release on his/her bel	
CERTIFY THAT I HAVE READ LINDERSTO				nalf.
CONSENT TO PHOTOGRAPH & VIDEO.	OOD, AND AGREE TO THI	S RELEASE, W	AIVER OF LIABILITY, INDEMNITY AGREEMEI	

Date

Signature of Participant or Parent/Guardian (for Minors)