# Garden Grove PARKS & RECREATION GUIDE

Summer 2024 May - August



## ABOUT THE COVER

This edition's cover features the newly installed playground at Magnolia Park.

Imagine this playground and the entire park teeming with blossoming Citrus trees. Magnolia Park was once a thriving citrus farm with thousands of trees dating back to the 1920's when Ernest Wakeham purchased the 30 acres of land at the corner of Magnolia Street and Orangewood Avenue. He turned this property into a prosperous family-run citrus farm operated by the Wakeham family.

After many years operating the family-run citrus farm, in 1962, the Wakeham family sold 4.5 acres of their property, including their family home and backyard pool to the City of Garden Grove. The City drastically repurposed the land, built a community center, remodeled the pool for public use, added tennis courts and more. This location is now known as Magnolia Park!

In October of 2023 more updates came to Magnolia Park as the City broke ground to install new pool fencing, 24 foot square picnic shelter, fitness equipment, and the striking citrus-farm themed playground seen on the cover and below. The playground features include two play structures for ages 2 to 5 and 5 to 12 with play elements that include colorful play structures, a two-story spiraling slide, an inclusive orbital spinner, and an ADA accessible swing set. Additionally, new outdoor fitness equipment surrounds the perimeter of the play area, allowing caregivers to exercise and watch their children simultaneously.



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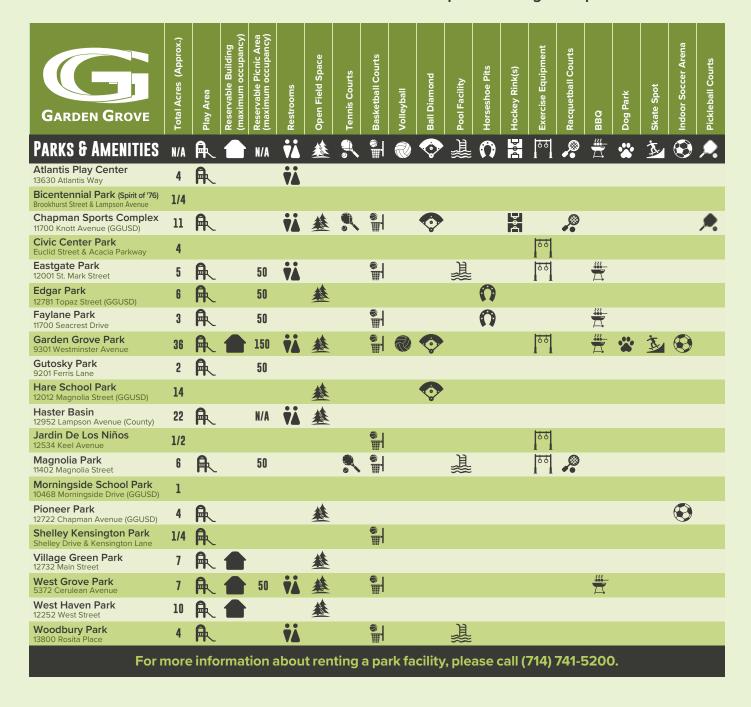
# Park Buildings, Picnic Pavilion and Park Shelters



#### Looking for the perfect park location to hold an event?

Whether you are planning a meeting for ten or a birthday party for 50, the City of Garden Grove has a place to suit your needs.

Choose from several different locations that include park buildings and park shelters.



## **Facility Name**

All locations are in Garden Grove except where noted.

1 Atlantis Play Center

13630 Atlantis Way (off Westminster near Magnolia)

2 Cai Jiu-Jitsu Academy

8342 Garden Grove Blvd., #6 (between Magnolia & Beach)

3 Chapman Sports Complex

11700 Knott Ave. (Corner of Knott & Chapman)

**4 Community Meeting Center** 

11300 Stanford Ave. (between 9th & Euclid)

5 Courtyard Center/ Village Green Park

12732 Main St. (at Stanford)

6 Eastgate Park

12001 St. Mark St. (off Chapman & Valley View)

7 Edgar Park

12781 Topaz St. (between Springdale & Valley View)

8 Fountain Valley Recreation Center

16400 Brookhurst St., Fountain Valley

9 Garden Grove City Hall

11222 Acacia Parkway (off Euclid between Garden Grove Blvd. & Lampson) 10 Garden Grove Park

9301 Westminster Ave. (between Brookhurst & Magnolia)

11 Garden Grove Sports and Recreation Center

13641 Deodara Dr. (off Westminster)

12 H. Louis Lake Senior Center

11300 Stanford Ave. (between 9th & Euclid)

13 Magnolia Park

11402 Magnolia St. (corner of Magnolia & Orangewood)

14 Tae Kwon Do Studio

9192 Garden Grove Blvd. #F (at Magnolia)

15 West Grove Park

5372 Cerulean Ave. (Valley View & Lampson)

16 West Haven Park

12252 West St. (between Chapman and Lampson)

17 Westminster Arts Academy

14441 Beach Blvd., Westminster

**18 Westminster Community Center** 8200 Westminster Blvd., Westminster

19 Woodbury Park

13800 Rosita Pl. (S. of Westminster, W. of Newhope)

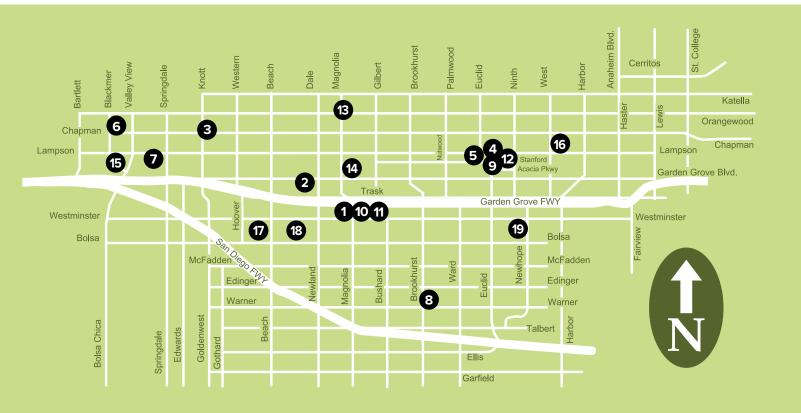
**NOT SHOWN ON MAP:** 

**Anaheim ICE (The Rinks)** 

300 W. Lincoln Ave., Anaheim

**South Coast Fencing Center** 

3518 Lake Center Dr., Suite C, Santa Ana



# GARDEN GROVE Community

- Large/Small Banquet Rooms
- Full Kitchen Facilities
- Central OC Location
   Park Setting

Quinceañeras, Weddings, Parties, Meetings, and More!

11300 Stanford Avenue, Garden Grove, 92840



(714) 741-5262



events@ggcity.org



ggcity.org





# Garden Grove Courty ard Center • Birthday Parties • H

- Holiday Parties
- Baptism Receptions
- Baby Showers Seminars
- Ideal for: Dinner Receptions S Small Business Meetings

## GARDEN GROVE RESIDENT SPECIAL PACKAGE

\*Utility bill + a valid CA I.D. must be provided at the time of booking for residential proof

Room Rental Rate: \$557\* + \$25 Sanitation Fee Refundable Damage Deposit: \$250

\*Maximum capacity 80 guests. No alcohol allowed. This package is good for one four (4) hour event time. In addition, you will receive one hour prior for set-up, and one hour after for clean-up.

12732 Main Street, Garden Grove, CA 92840 For information, call (714) 741-5262 or visit events@ggcity.org

# Garden Grove Resident MEMORIAL SERVICE PACKAGE

Community Meeting Center/ Courtyard Center

Where families honor the memory of their loved ones

\*Utility Bill + a valid CA I.D. must be provided at the time of booking for residential proof.

Room Rental Rate: \$591\* + \$25 Sanitation Fee Refundable Damage Deposit Required: \$250

Guest attendance based on room capacity. No alcohol allowed.

This offer is good for one three (3) hour event during the weekday/weekend as available.

In addition you will receive one hour prior for set-up, and one hour after for clean-up.

Up to one pre-event extra set-up hour may be purchased. Complimentary use of LCD Projector upon request.

Security to be determined. Human remains/ashes are NOT permitted at any of our locations.

Community Meeting Center

For more information, please call (714) 741-5262.

Courtyard Center





\*Team or organization must be located in Garden Grove and show proof at the time of booking.

## Room Rental Rate: \$591

Refundable Damage Deposit: \$250 Sanitizing Fee: \$25

## What's Included:

- ♦ 4 hours of event time
- ◆ 1 hour for set-up and1 hour for clean up
- → Full kitchen
- → Generous parking
- Complimentary use of projector
- ◆ Table linens available to rent

**Restrictions:** Monday-Thursday rentals only. No alcohol allowed.

COMMUNITY MELLING AUGIL

YOUR WINNING VENUE FOR

SPORTS AND GLUB

BANQUETS!

11300 Stanford Avenue, Garden Grove, 92840
For more information, call (714) 741-5262 or visit events@ggcity.org



## PRIGING

(Unless Otherwise Noted)

Youth (O-14 Years) \$1 Teen (15-17 Years) \$2 Adult (18-55 Years) \$3 Senior (55+Years) \$2

All times and events are subject to change. Contact the center for more information.

## WEEKLY SCHEDULE

#### SUNDAY:

Drop-In Badminton \$1-3 5-8 P.M.

#### MONDAY:

Drop-In Basketball \$1 3-5 P.M. \*\*Drop-In PickleBall 6-9 P.M.

#### TUESDAY:

Drop-In Basketball \$1 3-5 P.M.
\*Ric's Volleyball Adult League 5-11 P.M.

#### WEDNESDAY:

Drop-In Basketball \$1 3-5 P.M. \*\*Drop-In Volleyball \$1-3 6-9 P.M.

#### THURSDAY:

Drop-In Basketball \$1 3-5 P.M. \*\*Drop-In Badminton \$1-3 6-9 P.M.

#### FRIDAY:

Adult Drop-In Basketball \$1 6-9 P.M.

#### SATURDAY:

\*\*Drop-In Volleyball \$1-3 1:30 P.M. - 4:30 P.M.



Sports & Recreation Center 13641 Deodara Drive, Garden Grove, CA 92844 For Center info, call (714) 741-5783 \*Ric's Volleyball League (714) 375-5063

\*\* Seasonal. Does not meet June-August and January-March

GARDEN GROVE
SPORTS & RECREATION
CENTER



- · \$2 per person admission charge
- · Free for children 2 and under
- · Adults must be accompanied by a child

#### **BIRTHDAY PARTIES/PICNICS:**

- · Picnic Tables: \$5 rental fee per table, max 12 per day
- · Neptune's Pavilion: \$25 per 45 minutes
- · For table and pavilion rentals, call the Community Services Department at (714) 741-5200
- · For after-hours and exclusive rentals, call the Atlantis Coordinator at (714) 741-5168

Splash pad is only open during the summer

ATLANTIS PLAY CENTER **SUMMER HOURS** JUNE 4 - AUGUST 30, 2024

Monday | CLOSED

Tues - Sat | 10:00 am - 4:00 pm

Sunday 12:00 pm - 4:00 pm



Want to teach classes in Garden Grove? We are currently looking for qualified instructors for: Gymnastics · Self-Defense Language · Cheerleading · Ballroom Dance · Computer, Cookie Decorating Phones, Tech Dance Fitness Gardening Cooking Music

ATLANTIS PLAY CENTER: 13630 ATLANTIS WAY, GARDEN GROVE, 92844 · (714) 892-6015



# GARDEN GROVE TEEN ACTION COLLABORATIVE

## **GGTAC OBJECTIVES**

## CAREER AND

888

Teens get the opportunity to collaborate with community organizations and learn about career options, resume building, college preparation and enrollment, and leadership training.

#### **VOLUNTEER EVENTS**



With community involvement in mind, teens get the opportunity to volunteer at City events and assist local non-profit organizations with their special projects.

#### MEET NEW FRIENDS



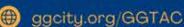
At every meeting there are fun, interactive activities where teens can connect with each other and make friends within their community.

## SCHOLARSHIP OPPORTUNITIES

#### **MEETINGS EVERY 3RD THURSDAY**

Community Meeting Center 11300 Stanford Avenue Sept 2024 - May 2025 | 4-5 PM First Meeting on Sept 19, 2024

#### FOR MORE INFORMATION VISIT:



#### **FOR QUESTIONS:**



714-741-5360







GARDEN GROVE

## GARDEN GROVE SUMMER DAY CAMP









#### 9 WEEKS OF SUMMER FUN FOR KIDS AGES 5-12

Our staff provide a safe and enriching environment that offers recreational activities including arts and crafts, field games, and excursions. Children develop social skills, make new friends, and gain a deeper appreciation for our local parks. Scan the QR code to the right for all information about Camp Grove 2024!





## Camp Information:



June 10 - August 9, 2024



7am-6pm



Edgar Park: 12781 Topaz St., Garden Grove, 92845

714 741 5200



## Counselors-in-Training

#### INTERESTED IN BECOMING A **CAMP GROVE COUNSELOR?**

Kids ages 13-17 can join Camp Grove as Counselors-in-Training for hands-on experience and leadership skills!



Applications due 5/6/2024



Fun and Safe 9-week Summer Day Camp Program for kids ages 5 - 12 7:00 a.m. - 6:00 p.m.

**LOCATION:** 

Edgar Park, 12781 Topaz St. Garden Grove, CA 92845

REGISTRATION BEGINS MONDAY, APRIL 8<sup>TH</sup>

## 2024 Day Camp Schedule

Week	Excursion C	amp Fee
Week 1: June 10 - June 14	Valley View Bowling/Shakey's Pizza Parlor (June 12th)	\$165.00
Week 2: June 17 - June 21	Knott's Berry Farm (June 19th)	\$195.00
Week 3: June 24 - June 28	Disneyland (June 26th)	\$265.00
Week 4: July 1 - July 5 (No camp on July 4)	John's Incredible Pizza (July 3rd) *prorated camp fee due to 4th of July holiday	\$140.00
Week 5: July 8 - July 12	Knott's Soak City (July 10th)	\$195.00
Week 6: July 15 - July 19	LA Sparks Kids Day at Crypto Arena (Tuesday, July 16th)	\$165.00
Week 7: July 22 - July 26	Medieval Times/Magnolia Park & Pool (July 24th)	\$190.00
Week 8: July 29 - Aug 2	Splash! La Mirada Regional Aquatics Center (July 31st)	\$170.00
Week 9: Aug 5 - Aug 9	Dave & Buster's (August 7th)	\$175.00

- · Camp fee includes non-optional excursion cost.
- · Childcare will not be provided if your child does not attend the excursion.
- · No fees will be prorated. No transfers. \$5 processing fee for cancellations.
- Refund request must be made before the start of registered week.
- · No payments are accepted at camp.
- · Your child's spot is not guaranteed until fees for each week are paid in full.
- · No annual passes will be accepted for excursions.

## **COUNSELOR-IN-TRAINING (CIT)**

Youth ages 13-17, interested in gaining skills in camp leadership can join this program for a fee of \$60 per week, with the exception of week 3 which is \$110.

C.I.T. applications must be received by Monday, May 6, 2024 by email or dropped off at City Hall.

REGISTER TODAY online at ggcity.org/daycamp Call (714) 741-5200 for additional information.



## **AQUATICS PROGRAM**

#### **SWIM LESSONS**

The American Red Cross Learn-to-Swim program is developed by experts in the industry and taught by trained, professional instructors. Our Learn-to-Swim classes are suitable for children ages 3-15. We also offer Parent & Child classes suitable for children 6 months to 3 years, adult classes for ages 16+ and private lessons for all ages.

All swim classes and private lessons consist of eight 40 minute lessons, Monday through Thursday for two weeks.

- -Each class is \$60 per student.
- -Private lessons start at \$200.

Registration is conducted ONLINE and on a first come, first serve basis as class capacity allows. Fees must be paid at the time of registration. Major credit cards are accepted.

Registration is only available online at ggcity.org/reggister

Class level schedules are available one week prior to the first day of registration at: https://ggcity.org/reggister/public/classes

#### **SUMMER POOL LOCATIONS**

Gary Hall Pool (Eastgate Park)

12001 St. Mark St. (Chapman & Valley View)

#### Magnolia Park Pool

11402 Magnolia St. (Magnolia & Orangewood)

#### **POOL RENTALS**

Gary Hall and Magnolia pools are available to reserve on Fridays, Saturdays, and Sundays during summer programming. Magnolia swimmer capacity is 40.

#### **FEES**

	0-40	41-75	76-100
	swimmers	swimmers	swimmers
1 Hour	\$75	\$100	\$125
2 Hours	\$125	\$150	\$175
3 Hours	\$150	\$175	\$200
4 Hours	\$175	\$200	\$225

For availability contact the Community Services Department at least 2 weeks prior to desired date at (714)741-5200.



#### **SPRING PROGRAM**

#### \*NEW LOCATION\*

#### Woodbury Park Pool, 13800 Rosita Pl., 92843

The 2024 spring aquatics program will offer limited after school swimming lessons at Woodbury Park Pool from April 29th - May 9th.

Spring Session 1 April 29 - May 9

Registration April 17

Spring Session 2 May 13- May 23

Registration May 1

#### **SUMMER SWIM PROGRAM**

The 2024 summer aquatics program will offer swimming lessons, recreational swimming, and private rentals at Gary Hall and Magnolia pools.

#### Lessons Schedule

LCS	Solis Scriedule
Summer 1	June 3- June 13 Registration May 22
Summer 2	June 17- June 27 Registration June 5
Summer 3	July 1- July 12* Registration June 19
*No class Thurs will be held on	<b>sday July 4th.</b> Make-up class Friday July 12.
Summer 4	July 15- July 25 Registration July 3
Summer 5	July 29 - Aug 8 Registration July 17

#### **RECREATIONAL SWIM**

June 3 - Aug 8

Fees: \$2 / visit- 2 years and older

**Punch Pass:** \$18 / 10 visits, \$45 / 25 Visits

Day Swim 1:45 - 3:15 PM (6/3/24 - 8/8/24)

Gary Hall: Everyday

Magnolia: Monday - Thursday, Saturday

Night Swim 7:30-9:00 PM (6/3/24 - 8/8/24)

Gary Hall: Tuesday & Thursday
Magnolia: Monday & Wednesday

**NOTE:** All programs are subject to cancellation or change without notice due to low attendance, emergency maintenance, or inclement weather. Should a participant wish to cancel or change a class after the registration process, there will be a \$5 processing fee per class. Refund requests must be made one week prior to the start of the first class or program. Class changes or transfers may only be accommodated if space allows.

## Swim Level Description

## PRESCHOOL CLASSES (P)

Ages: 3-5 ONLY

#### Starfish (Level P1)

This class is for new swimmers ages 3-5.

Starfish class introduces swimming and water safety to children with little or no previous swimming experience, who are comfortable in the water without parental assistance or floatation devices. Swim diapers are recommended.

#### Tadpole (Level P2)

For children ages 3-5 who have passed Starfish level and are totally comfortable in the water and eager to start swimming independently. Children who are ready for Tadpole class can:

- Completely submerge themselves under the water.
- Float on their front and back for more than 3 seconds with minimal support.
- Understand and be able to employ basic swimming mechanics (arm and leg movements).

#### Sea Turtle (Level P3)

For children ages 3-5 who have passed Tadpole level and are swimming independently.

Children who are ready for Sea Turtle class can:

- · Swim unassisted on their front for about 10 feet.
- Comfortably roll from their front to back, with minimal assistance
- Understand and be able to employ basic swimming mechanics for the backstroke.

#### **PARENT & CHILD**

#### Ages: 6 Months - 3 Years

Parents and children participate in guided practice with emphasis on fun, comfort, and swimming readiness. This course does not teach children to be accomplished swimmers nor to survive in the water. Swim diapers are required. One adult, 18 years of age or older, must accompany the child in the water.

#### FEES

All group classes \$60
Private for one student \$200
Semi-private for two students \$280
Semi-private for three students \$360

#### **SWIM CLASSES**

Ages: 6-15

#### **Guppy (Level 1)**

This class is for new swimmers ages 6-15. Guppy class introduces swimming and water safety to children with little or no previous swimming experience. This level helps children build confidence, swim on front and back short distances by themselves, and develop safety skills in and around the water.

#### Seal (Level 2)

For children 6-15 who have passed the Guppy or Sea Turtle level. This class is for children who can swim more than 15 feet by themselves on their front and back. New skills include side breathing, treading water, and water safety skills.

#### **Dolphin (Level 3)**

For children 6-15 who have passed the Seal level. Designed for children who can swim both front and backstrokes at least 30 feet, jump into deep water, and tread water. New skills include introduction and development of the breaststroke kick and dolphin kick, and beginning mechanics of flip turns.

#### **Barracuda (Level 4)**

For children 6-15 who have passed the Dolphin level, or are able to swim 15 yards (45ft) of unassisted freestyle with side breathing, and backstroke. New skills include breaststroke and butterfly strokes, flip turns and open turns. Barracudas also focus on increasing swim stamina.

## **ADULT BEGINNERS**

#### Ages: 16+

This class is for new or inexperienced swimmers ages 16+. Our Adult Beginners class is designed to help participants gain basic aquatics skills and swimming strokes while learning to stay safe in and around the water.

#### **PRIVATE LESSONS**

#### Ages: All

Private swim lessons are personalized to each student's ability. Our instructors help kids and adults become more comfortable in the water while enhancing their swimming and water safety skills. These personalized lessons are ideal for students who learn better with individual attention, individuals with special needs, and students who have specific swimming goals.

#### **VOLUNTEERS**

Youth ages 12-16 who are better than average swimmers are needed. Please speak to a pool manager for more info.



## How to Register:

- 1. Go to our website, https://ggcity.org/reggister
- 2. Select "Spring Aquatics" or "Summer Aquatics" and scroll until you find the level and class time <u>at your desired pool location.</u>
- 3. Select the blue "Add" button to add a class to your registration cart.
- 4. If you have not logged-in, you will be redirected to log-in to your ReGGister account or to create an account.
- 5. To create an account, first provide the information <u>for the registering adult</u> and then proceed to add your child to your account.
  - \*\*Be sure to mark their role as a student at the top of the page.
- 6. Continue to register for classes or check out with your cart.
  - \*\*When registering multiple children, be sure to mark the correct child with the correct course level.

Double check all the information is correct.

A \$5 processing fee will be charged to move students to a different class or time slot.

#### How to Register for a Semi-Private Lesson

- 1. Choose only one student and enroll them in an available private lesson at your desired time. You will only be charged for the cost of a single private lesson at this time.
- 2. Contact pool manager to add remaining students and pay the remaining balance for a 2 or 3 person semi private lesson.
- 3. If you have questions about this process, or you would like to be put in touch with a pool manager, you may call (714)-741-5200 during City Hall business hours.

## YOUTH SPORTS

#### Summer Basketball

\$50 / child

Ages: Youth born in 2010-2017

**Location: Garden Grove Sports and Recreation Center** 

#### Leagues:

Co-ed "D" Division	Born in 2016-2017	
Co-ed "C" Division	Born in 2014-2015	
Girls "C" Division	Born in 2014-2015	
Co-ed "B" Division	Born in 2012-2013	
Girls "B" Division	Born in 2012-2013	
Co-ed "A" Division	Born in 2010-2011	
Girls "A" Division	Born in 2010-2011	

#### NO REGISTRATION WILL BE TAKEN AT SKILLS TESTING.

Registration will be limited to 80 participants in each division. Come and join a team, learn about sportsmanship, and improve your basketball skills in a fun environment.

#### SUMMER BASKETBALL

This program provides youth the opportunity to learn the fundamentals of basketball and play on teams in an organized sports league. The program will begin the week of June 3, with games played on Saturdays, and some weeknights when necessary. **Registration will be taken online or in person** at City Hall during normal business hours, **Monday, March 18 through Thursday, April 18.** Player's skills testing will be conducted on **May 1, 2024**.

#### **SKILLS TESTING**

All players are required to take a skills test in order to be placed on a team. The testing will take place at the Garden Grove Sports and Recreation Center, located at 13641 Deodara, Garden Grove, 92844.

#### Wednesday, May 1, 2024

rreallesaay, may	.,
"D" Division	6:00 pm
"C" Division	6:30 pm
"B" Division	7:00 pm
"A" Division	7:30 nm





## **VOLUNTEER COACHES...**

#### **WE NEED YOU!!!**

Volunteers are needed to coach and/or assist with teams in our youth basketball program. Without such volunteers, this program would not exist. If you have a few hours a week, enjoy working with kids, and know something about the game of basketball, please inform staff at the time of registration, or call (714) 741-5200.





## **BASKETBALL**

#### Basketball by BEST Sports

Our industry-leading basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting, and the triple threat position. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. This is an extremely active, endurance-based class. Please bring your child's favorite basketball with their name on it. No additional fees ever! best-sports-usa.com/welcome

#### Instructor: Beginners Edge Sports Training Instructor Location: West Grove Park

Ages: 3-6	i	\$108 / 6 se	ssions	
020101	Su	5/5-6/16	10:40 - 11:25 am	No class 5/26
020103	Su	6/30-8/11	10:40 - 11:25 am	No class 7/7
Ages: 7-10	0			
020102	Su	5/5-6/16	11:30 am - 12:15 pm	No class 5/26
020104	Su	6/30-8/11	11:30 am - 12:15 pm	No class 7/7

#### 4-Sport Multi Sport by BEST Sports

Our industry-leading 4-sport program brings you multiple weeks of 4 fantastic sports: soccer, baseball/softball, basketball, and track. We will teach your player how to kick and control a soccer ball; how to hit, catch, throw, and run the bases; shoot and dribble a basketball; run, jump, and build strength and endurance. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. No additional fees ever! best-sports-usa.com/welcome

#### Instructor: Beginners Edge Sports Training Instructor

Ages: 2-3		\$108 / 6 se	ssions	
020121	Sa	5/4-6/15	9:00 - 9:45 am	No class 5/25
020124	Su	5/5-6/16	9:00 - 9:45 am	No class 5/26
020127	Sa	6/29-8/10	9:00 - 9:45 am	No class 7/6
020130	Su	6/30-8/11	9:00 - 9:45 am	No class 7/7
Ages: 3-5				
020122	Sa	5/4-6/15	9:50 - 10:35 am	No class 5/25
020125	Su	5/5-6/16	9:50 - 10:35 am	No class 5/26
020128	Sa	6/29-8/10	9:50 - 10:35 am	No class 7/6
020131	Su	6/30-8/11	9:50 - 10:35 am	No class 7/7
Ages: 6-8				
020123	Sa	5/4-6/15	10:40 - 11:25 am	No class 5/25
020126	Su	5/5-6/16	11:30 am - 12:15 pm	No class 5/26
020129	Sa	6/29-8/10	10:40 - 11:25 am	No class 7/6
020132	Su	6/30-8/11	11:30 am - 12:15 pm	No class 7/7

## SOCCER

#### Soccer by BEST Sports

Our industry-leading weekly soccer class will teach your kids the skills of soccer by offering activities such as: dribbling, kicking, throw-ins, goalie skills, (age permitting: scrimmaging) and more! Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. Please bring an age appropriate soccer ball with your child's name on it. No additional fees ever! best-sports-usa.com/welcome

#### Instructor: Beginners Edge Sports Training Instructor

**Location: West Grove Park** 

Ages: 18n	10-2yrs		\$108 / 6 sessions	
020110	Sa	5/4-6/15	9:50 - 10:35 am	No class 5/25
020113	Su	5/5-6/16	9:50 - 10:35 am	No class 5/26
020116	Sa	6/29-8/10	9:50 - 10:35 am	No class 7/6
020119	Su	6/30-8/11	9:50 - 10:35 am	No class 7/7
Ages: 3-5	Sa, 3-6	Su		
020109	Sa	5/4-6/15	9:00 - 9:45 am	No class 5/25
020112	Su	5/5-6/16	9:00 - 9:45 am	No class 5/26
020115	Sa	6/29-8/10	9:00 - 9:45 am	No class 7/6
020118	Su	6/30-8/11	9:00 - 9:45 am	No class 7/7
Ages: 6-8	Sa, 7-10	0 Su		
020111	Sa	5/4-6/15	10:40 - 11:25 am	No class 5/25
020114	Su	5/5-6/16	10:40 - 11:25 am	No class 5/26
020117	Sa	6/29-8/10	10:40 - 11:25 am	No class 7/6
020120	Su	6/30-8/11	10:40 - 11:25 am	No class 7/7

## **TENNIS**

#### Tennis by BEST Sports

Welcome to the BEST tennis class, where young athletes can embark on a thrilling journey into the world of tennis, a sport rich in tradition and excitement. Kids will learn the basics including proper grip, footwork, and stroke techniques for forehands, backhands, volleys, and serves. Our tennis class is open to kids of all skill levels, from complete beginners to those with some tennis experience. Whether your child dreams of becoming a tennis pro or simply wants to enjoy a new and exciting sport, this class is the perfect place to start. Come prepared with your favorite tennis racket, and we'll take care of the rest, guiding your child toward a future of fun and achievement on the tennis court.

#### Instructor: Beginners Edge Sports Training Instructor

#### Location: Chapman Sports Complex

Ages: 5-7		\$135 / 6 se	ssions	
020133	Sa	5/4-6/15	9:00 - 9:45 am	No class 5/25
020136	Sa	6/29-8/10	9:00 - 9:45 am	No class 7/6
Ages: 8-10	0			
020134	Sa	5/4-6/15	9:50 - 10:35 am	No class 5/25
020137	Sa	6/29-8/10	9:50 - 10:35 am	No class 7/6
Ages: 11-1	3			
020135	Sa	5/4-6/15	10:40 - 11:25 am	No class 5/25
020138	Sa	6/29-8/10	10:40 - 11:25 am	No class 7/6

#### Junior Aces Tennis Class

All junior tennis players looking for improvement are welcome to play, and find their groove, as music is played in every class. All four major strokes will be taught, the forehand, backhand, serve, and volley. Players will improve technique, spin, placement, balance, and movement, through specially designed drills and games. We will be focusing on proper technique on all major shots during singles and doubles play, preparing players for high school tennis, tournaments, and an overall higher level of the game. For more info and rainy day makeup policy, go to www.johnnyallentennis.com or call (844) 983-6647.

#### Instructor: Johnny Allen Tennis Academy

#### **Location: Chapman Sports Complex**

020616 TuTh 7/23-8/8 6:00 - 7:00 pm	Ages: 9-12	2	\$79 / 6 session	ons	
020615         TuTh         6/25-7/18         6:00 - 7:00 pm         No class 7/2 & 2           020616         TuTh         7/23-8/8         6:00 - 7:00 pm	020613	TuTh	5/14-5/30	6:00 - 7:00 pm	
020616 TuTh 7/23-8/8 6:00 - 7:00 pm	020614	TuTh	6/4-6/20	6:00 - 7:00 pm	
	020615	TuTh	6/25-7/18	6:00 - 7:00 pm	No class 7/2 & 7/4
020047 T-Th 0/42-0/20 0:00 7:00	020616	TuTh	7/23-8/8	6:00 - 7:00 pm	
020617 Turn 8/13-8/29 6:00 - 7:00 pm	020617	TuTh	8/13-8/29	6:00 - 7:00 pm	

#### Little Aces Tennis Class

We believe learning tennis should be fun and exciting. All classes feature the magical fusion of music and tennis. All four major strokes will be taught, the forehand, backhand, serve, and volley. Students will be given a solid tennis foundation through tons of innovative and effective drills and games. Once ready, players will be invited to attend the intermediate class. For more information and rainy day makeup policy, go to www. johnnyallentennis.com or call (844) 983-6647.

#### Instructor: Johnny Allen Tennis Academy

#### **Location: Chapman Sports Complex**

Ages: 6-8		\$79 / 6 session	ons	
020607	TuTh	5/14-5/30	5:00 - 6:00 pm	
020608	TuTh	6/4-6/20	5:00 - 6:00 pm	
020609	TuTh	6/25-7/18	5:00 - 6:00 pm	No class 7/2 & 7/4
020610	TuTh	7/23-8/8	5:00 - 6:00 pm	
020611	TuTh	8/13-8/29	5:00 - 6:00 pm	

#### Tiny Aces Tennis Class

This class is your future tennis star's introduction to the exciting world of tennis, sports, and overall athleticism. This class features fun games that are perfectly designed to advance your child's hand-eye coordination, balance, and love for tennis. Our friendly staff will provide a fun, creative, and positive environment for every child involved. Parent participation is strongly encouraged. For more information and rainy day makeup policy, go to www.johnnyallentennis.com or call (844) 983-6647.

#### Instructor: Johnny Allen Tennis Academy

#### **Location: Chapman Sports Complex**

Ages: 3-5		\$69 / 6 sessio	ns	
020601	TuTh	5/14-5/30	4:15 - 5:00 pm	
020602	TuTh	6/4-6/20	4:15 - 5:00 pm	
020603	TuTh	6/25-7/18	4:15 - 5:00 pm	No class 7/2 & 7/4
020604	TuTh	7/23-8/8	4:15 - 5:00 pm	
020605	TuTh	8/13-8/29	4:15 - 5:00 pm	

#### High School Aces Tennis Class

This class is perfect for players getting ready to compete in tournaments, high school, or league tennis. This training class is for motivated, young competitive players, with dreams of one day competing at a higher level. Players will learn to compete and win through advanced strategy in singles and doubles. This class will build the confidence in each player's tennis game, through match play, while engaging in a wide variety of effective games and competitive situations. For more information and rainy day makeup policy, go to www.johnnyallentennis.com or call (844) 983-6647.

#### Instructor: Johnny Allen Tennis Academy

#### **Location: Chapman Sports Complex**

Ages: 13-17		\$79 / 6 session	ons	
020619	TuTh	5/14-5/30	7:00 - 8:00 pm	
020620	TuTh	6/4-6/20	7:00 - 8:00 pm	
020621	TuTh	6/25-7/18	7:00 - 8:00 pm	No class 7/2 & 7/4
020622	TuTh	7/23-8/8	7:00 - 8:00 pm	
020623	TuTh	8/13-8/29	7:00 - 8:00 pm	

#### Kensington Tennis Academy: Tiny Racket

Students will be able to learn all the basic skills such as forehand, backhand, serve, and volley. They will learn how to start a point with underhand toss and overhead serve. Please wear appropriate clothing and shoes for tennis, bring your own racket and lots of water!

#### Instructor: Kensington Tennis Academy

#### **Location: Chapman Sports Complex**

,	\$69 / 4 ses	sions
We	6/5-6/26	5:00 - 6:00 pm
We	8/7-8/28	5:00 - 6:00 pm!
	\$84 / 5 ses	sions
We	5/1-5/29	5:00 - 6:00 pm
We	7/3-7/31	5:00 - 6:00 pm
	We We	We 6/5-6/26 We 8/7-8/28 <b>\$84 / 5 ses</b> We 5/1-5/29

#### Location: Magnolia Park

	-			
Ages: 3-7		\$139 / 9 se	ssions	
022705	TuTh	5/2-5/30	5:00 - 6:00 pm	
022708	TuTh	8/1-8/29	5:00 - 6:00 pm	
		\$124 / 8 se	ssions	
022706	TuTh	6/4-6/27	5:00 - 6:00 pm	
022707	TuTh	7/2-7/30	5:00 - 6:00 pm	No class 7/4

#### Kensington Tennis Academy: Little Racket

Students will be able to learn all the basic skills such as forehand, backhand, serve, and volley. Also, they will develop basic to moderate rally skills from court baseline. Please wear appropriate clothing and shoes for tennis, bring your own racket and lots of water!

#### Instructor: Kensington Tennis Academy

#### Location: Chapman Sports Complex

Ages: 7-1	1	\$69 / 4 ses	sions	
022710	We	6/5-6/26	6:00 - 7:00 pm	
022712	We	8/7-8/28	6:00 - 7:00 pm	
		\$84/ 5 sess	sions	
022709	We	<b>\$84/ 5 sess</b> 5/1-5/29	iions 6:00 - 7:00 pm	

#### Location: Magnolia Park

Ages: 7-11		\$139 / 9 se	ssions	
022713	TuTh	5/2-5/30	6:00 - 7:00 pm	
022716	TuTh	8/1-8/29	6:00 - 7:00 pm	
		\$124 / 8 ses	ssions	
022714	TuTh	6/4-6/27	6:00 - 7:00 pm	
022715	TuTh	7/2-7/30	6:00 - 7:00 pm	No class 7/4

#### Kensington Tennis Academy: Highschool Racket

Students will be able to learn all the basic skills such as forehand, backhand, serve, and volley. Students will be able to start a point by overhead serve and technical fundamentals for midcourt and net play. Please wear appropriate clothing and shoes for tennis, bring your own racket and lots of water!

#### **Instructor: Kensington Tennis Academy**

7/3-7/31

#### **Location: Chapman Sports Complex**

# Ages: 11-18 \$69 / 4 sessions 022718 We 6/5-6/26 7:00 - 8:00 pm 022720 We 8/7-8/28 7:00 - 8:00 pm \$84 / 5 sessions 022717 We 5/1-5/29 7:00 - 8:00 pm

7:00 - 8:00 pm

#### Location: Magnolia Park

We

022719

Ages: 11-	18	\$139 / 9 se	ssions	
022721	TuTh	5/2-5/30	7:00 - 8:00 pm	
022724	TuTh	8/1-8/29	7:00 - 8:00 pm	
		\$124 / 8 se	ssions	
022722	TuTh	6/4-6/27	7:00 - 8:00 pm	
022723	TuTh	7/2-7/30	7:00 - 8:00 pm	No class 7/4



## **FENCING**

#### Introduction to Epee Fencing

Learn the Olympic sport of fencing. Learn to use the weapon that has descended from Renaissance dueling swords. Students learn how to move, attack, and defend themselves. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit (~\$250) must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$29 USFA insurance fee is due at the first class.

## Instructor: South Coast Fencing Center Location: South Coast Fencing Center

Ages: 7+		\$150 / 1x per week - 4 weeks	
021217	TuTh	5/7-5/30 7:00 - 8:00 pm	
021218	TuTh	6/4-6/27 7:00 - 8:00 pm	
021219	TuTh	7/2-7/25 7:00 - 8:00 pm	
021220	TuTh	7/30-8/22 7:00 - 8:00 pm	

Class sessions are offered 2 times a week. Participants should attend any 1 of those sessions according to the convenience of their schedules.

		\$200 / 2x per week - 4 weeks
021221	TuTh	5/7-5/30 7:00 - 8:00 pm
021222	TuTh	6/4-6/27 7:00 - 8:00 pm
021223	TuTh	7/2-7/25 7:00 - 8:00 pm
021224	TuTh	7/30-8/22 7:00 - 8:00 pm
Class	ccionc	are offered 2 times a week Participants should attend bet

Class sessions are offered 2 times a week. Participants should attend both of those sessions.

#### Introduction to Foil Fencing

Learn the Olympic sport of fencing. Students learn how to move, attack, and defend themselves while learning about priority and right-of-way rules that are a cornerstone in foil fencing. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit (~\$250) must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$29 USFA insurance fee is due at the first class.

## Instructor: South Coast Fencing Center Location: South Coast Fencing Center

Ages: 7-11		\$150 / 1x p	er week - 4 weeks	
021201	TuTh	5/7-5/30	5:00 - 6:00 pm	
021202	TuTh	6/4-6/27	5:00 - 6:00 pm	
021203	TuTh	7/2-7/25	5:00 - 6:00 pm	
021204	TuTh	7/30-8/22	5:00 - 6:00 pm	

Class sessions are offered 2 times a week. Participants should attend 1 of those sessions according to the convenience of their schedules.

Ages: 7-11		\$200 / 2x	per week - 4 weeks
021209	TuTh	5/7-5/30	5:00 - 6:00 pm
021210	TuTh	6/4-6/27	5:00 - 6:00 pm
021211	TuTh	7/2-7/25	5:00 - 6:00 pm
021212	TuTh	7/30-8/22	5:00 - 6:00 pm

Class sessions are offered 2 times a week. Participants should attend both of those sessions.

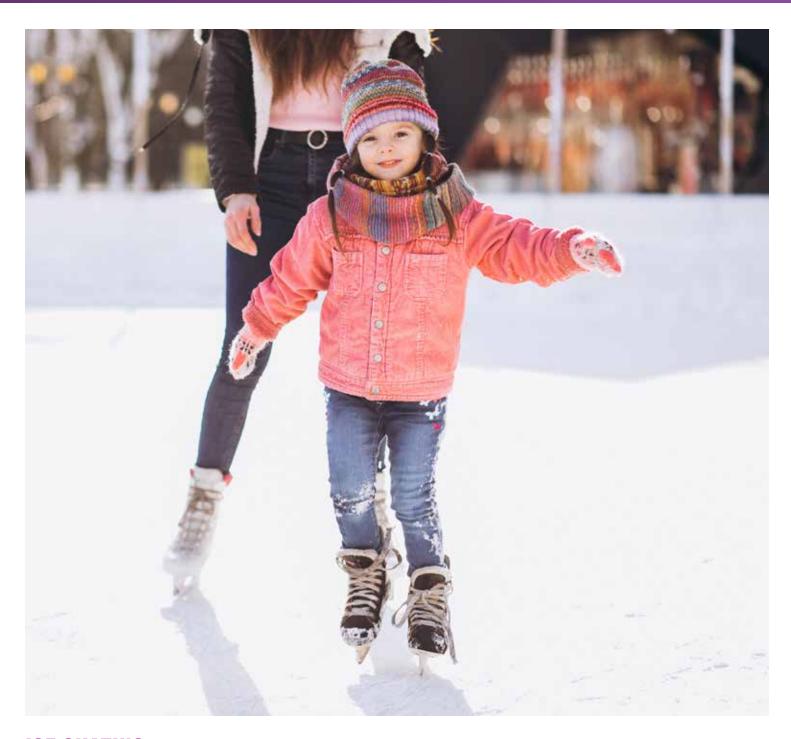
Ages: 12	<del>l</del>	\$15	0/ 1x per week - 4 w	reeks .	
021205	5/7-6/1	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
021206	6/4-6/29	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
021207	7/2-7/27	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
021208	7/30-8/24	Sa	10:00 - 11:00 am.	TuTh	6:00 - 7:00 pm

Class sessions are offered 3 times a week. Participants should attend 1 of those sessions according to the convenience of their schedules.

Ages: 12	+	\$20	0 / 2x per week - 4	weeks	
021213	5/7-6/1	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
021214	6/4-6/29	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
021215	7/2-7/27	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
021216	7/30-8/24	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm

Class sessions are offered 3 times a week. Participants should attend any 2 of those sessions according to the convenience of their schedules.





## **ICE SKATING**

#### Anaheim ICE Skating: Tot Beginners

Beginning ice skating made fun and easy! Watch your child smile as he or she learns how to march, glide, stop, hop, fall down, and get back up properly. Skate rental and four additional public skating passes (to be used during the session) are all included in the fee. Please arrive 15 minutes early to the first class and dress warmly.

Instructor: Anaheim ICE Staff Location: Anaheim ICE

 Ages: 4-6
 \$152 / 5 sessions

 021803
 We
 4/17-6/12
 5:20 pm-5:50 pm
 No class 5/22

 021804
 Sa
 4/20-6/15
 12:15 pm-12:45 pm
 No class 5/25

#### Anaheim ICE Skating: Youth Beginners

Beginning ice skating made fun and easy! Watch your child smile as he or she learns how to march, glide, stop, hop, fall down, and get back up properly. Skate rental and four additional public skating passes (to be used during the session) are all included in the fee. Please arrive 15 minutes early to the first class and dress warmly.

Instructor: Anaheim ICE Staff Location: Anaheim ICE

Ages: 7-13	3	\$152 / 5 ses	\$152 / 5 sessions			
021801	We	4/17-6/12	5:55 pm - 6:25 pm	No class 5/22		
021802	Sa	4/20-6/15	11:40 am - 12:10 pm	No class 5/25		



## **VOLLEYBALL**

#### Beginner Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course is designed to introduce the sport of volleyball to the athlete who is completely new to the game. Come have fun and learn with us!

Instructor: West Grove Volleyball - Tan Nguyen Location: Garden Grove Sports and Recreation Center

Ages: 8-10		\$37 / 3 ses	sions	
021401	Su	5/5-5/19	1:15 - 2:15 pm	
		\$49 / 4 ses	ssions	
021402	Su	6/2-6/23	1:15 - 2:15 pm	
021403	Su	7/7-7/28	1:15 - 2:15 pm	
021404	Su	8/4-8/25	1:15 - 2:15 pm	

#### Intermediate Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course takes the beginner athlete to the next step. Come have fun and learn with us!

#### Instructor: West Grove Volleyball - Tan Nguyen

Location: Garden Grove Sports and Recreation Center

Ages: 11-1	4	\$37 / 3 ses	sions
021405	Su	5/5-5/19	2:15 - 3:15 pm
		\$49 / 4 ses	ssions
021406	Su	6/2-6/23	2:15 - 3:15 pm
021407	Su	7/7-7/28	2:15 - 3:15 pm
021408	Su	8/4-8/25	2:15 - 3:15 pm
			·

#### Advanced Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course puts those athletes that have a solid grasp of the fundamentals into a full on game environment. Come have fun and learn with us!

#### Instructor: West Grove Volleyball - Tan Nguyen

**Location: Garden Grove Sports and Recreation Center** 

Ages: 12-15		\$37 / 3 ses	sions
021409	Su	5/5-5/19	3:15 - 4:15 pm
		\$49 / 4 ses	ssions
021410	Su	6/2-6/23	3:15 - 4:15 pm
021411	Su	7/7-7/28	3:15 - 4:15 pm
021412	Su	8/4-8/25	3:15 - 4:15 pm

## **PICKLEBALL**

#### Pickleball by BEST Sports

Welcome to the BEST Pickleball Class, where young athletes can experience the excitement of one of the fastest-growing sports in the world! Pickleball is a fun and inclusive game that combines elements of tennis, badminton, and ping pong, making it an excellent choice for kids. We will teach kids proper grip, stance, and swing techniques, serving, volleying, and groundstrokes. Children will learn the rules of pickleball, such as scoring, boundaries, and how to play both singles and doubles. The class promotes physical fitness through fun and engaging drills and games, helping children stay active while enjoying themselves. Please bring your favorite paddle and water bottle.

#### Instructor: Beginners Edge Sports Training Instructor

**Location: Chapman Sports Complex** 

Ages: 5-7		\$108/ 6 ses	ssions	
020139	Su	5/5-6/16	9:00 - 9:45 am	No class 5/26
020142	Su	6/30-8/11	9:00 - 9:45 am	No class 7/7
Ages: 8-10	)			
020140	Su	5/5-6/16	9:50 - 10:35 am	No class 5/26
020143	Su	6/30-8/11	9:50 - 10:35 am	No class 7/7
Ages: 11-1	3			
020141	Su	5/5-6/16	10:40 - 11:25 am	No class 5/26
020144	Su	6/30-8/11	10:40 - 11:25 am	No class 7/7

## YOGA

#### Manners & Yoga for Kids!

Manners & yoga are two very important arts that benefit children in many ways. This combo class will improve self-confidence while teaching communication skills, how to focus, and concentrate all in a fun and positive environment!

#### Instructor: Dawna Ludwig

**Location: Westminster Community Center** 

Ages: 4-12	2	\$62 / 5 ses	sions	
020331	Su	5/19-6/30	3:15 - 3:55 pm	No class 5/26 & 6/16
020332	Su	7/14-8/11	3:15 - 3:55 pm	
020333	Su	8/18-9/15	3:15 - 3:55 pm	



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## **MARTIAL ARTS**

#### Little Stars Taekwondo

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty, and assertiveness. The classes are beginner programs and kids will learn basic kicking techniques, punches, blocks, and basic self-defense forms. Students are required to have a martial arts uniform by the first day of class in order to participate. Uniforms will be available for purchase from the instructor for a nonrefundable fee of \$50. This class is for first-time students only. If interested in re-enrolling, please contact the instructor directly.

Instructor: Sung Ho Park Location: Tae Kwon Do Studio

Ages: 4-	6	\$40 / 8 sess	\$40 / 8 sessions			
021619	MoWe	5/1-5/29	4:30 - 5:10 pm	No class 5/27		
021620	MoWe	5/1-5/29	5:50 - 6:30 pm	No class 5/27		
021621	TuTh	5/2-5/28	4:30 - 5:00 pm			
021622	TuTh	5/2-5/28	6:30 - 7:10 pm			
021623	MoWe	6/3-7/1	4:30 - 5:10 pm	No class 6/19		
021624	MoWe	6/3-7/1	5:50 - 6:30 pm	No class 6/19		
021625	TuTh	5/30-6/25	4:30 - 5:10 pm			
021626	TuTh	5/30-6/25	6:30 - 7:10 pm			
021627	MoWe	7/8-7/31	4:30 - 5:10 pm			
021628	MoWe	7/8-7/31	5:50 - 6:30 pm			
021629	TuTh	7/9-8/1	4:30 - 5:10 pm			
021630	TuTh	7/9-8/1	6:30 - 7:10 pm			

#### Judo for Kids

Students will be taught self defense skills and basic judo throw techniques and leg movements. This type of martial arts form is a close contact sport that involves grappling and submission techniques. Students will learn self-defense, discipline, and develop healthy life habits. Local tournaments are held 2-3 times a year for students who choose to compete. Appropriate uniform is required. Students MUST purchase a one-time gi uniform plus belt on the first day of class. You cannot use your own uniform. Gi uniform and belt \$130 (kid sizes 5-12), gi uniform and belt \$150 (teen-adult sizes 13-14).

Instructor: Cai Jiu-Jitsu Staff Location: Cai Jiu-Jitsu Academy

Ages: 5-	14	\$89 / 8 ses	sions
022613	MoWe	5/6-5/29	5:00 - 6:00 pm
022614	MoWe	6/3-6/26	5:00 - 6:00 pm
022615	MoWe	7/8-7/31	5:00 - 6:00 pm
022616	MoWe	8/5-8/28	5:00 - 6:00 pm

#### Taekwondo for Kids

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty, and assertiveness. The classes are beginner programs and kids will learn basic kicking techniques, punches, blocks, and basic self-defense forms. Students are required to have a martial arts uniform by the first day of class in order to participate. Uniforms will be available for purchase from the instructor for a nonrefundable fee of \$50. This class is for first-time students only. If interested in re-enrolling, please contact the instructor directly.

Instructor: Sung Ho Park Location: Tae Kwon Do Studio

Location	Location: Tac Revoit Do Stadio					
Ages: 7-1	12	\$40 / 8 sess	ions			
021604	MoTu	5/6-6/3	3:50 - 4:30 pm	No class 5/27		
021605	MoWe	5/1-5/29	5:10 - 5:50 pm	No class 5/27		
021606	TuTh	5/2-5/28	5:10 - 5:50 pm			
021607	TuTh	5/2-5/28	5:50 - 6:30 pm			
021610	TuTh	5/30-6/25	5:10 - 5:50 pm			
021611	TuTh	5/30-6/25	5:50 - 6:30 pm			
021608	MoTu	6/4-7/1	3:50 - 4:30 pm			
021609	MoWe	6/3-7/1	5:10 - 5:50 pm	No class 6/19		
021612	MoTu	7/8-7/30	3:50 - 4:30 pm			
021613	MoWe	7/8-7/31	5:10 - 5:50 pm			
021614	TuTh	7/9-8/1	5:10 - 5:50 pm			
021615	TuTh	7/9-8/1	5:50 - 6:30 pm			

#### **Vovinam Martial Arts**

Vovinam is a Vietnamese martial art, founded in 1938. It is the development of communicative intelligence, athletic body, noble mind, self-control, self-defense, self-esteem, and perseverance in a non-violent spirit. Self-defense for all levels: beginner, intermediate, and advanced. Students are required to purchase a unique Vovinam martial arts uniform for \$35. There is a \$30 non-refundable annual membership fee.

Instructor: Tam Nguyen Location: West Haven Park

Ages: 7+ \$20 / mo		\$20 / month		
021301	Sa	5/4-5/25	9:20 - 10:50 am	
021302	Sa	6/1-6/29	9:20 - 10:50 am	
021303	Sa	7/6-7/27	9:20 - 10:50 am	No class 7/20
021304	Sa	8/3-8/31	9:20 - 10:50 am	

#### Brazilian Jiu-Jitsu & Self Defense - Youth

Students will learn the mastery in the martial arts form of Brazilian jiu-jitsu & self defense. This is a grappling form of martial arts with emphasis on leg lock techniques, drills, sparring, strength conditioning, and games. Must purchase uniform. Please arrive 15 minutes early on your first day of class to speak with sensei and get fitted for a uniform (gi) for \$130 (kid size 5-12) or \$150 (teen-adult size 13-14).

Instructor: Cai Jiu-Jitsu Staff Location: Cai Jiu-Jitsu Academy Ages: 5-14 \$89 / 8 sessions

- Agcs. 5 1-	T	Ψ <b>OO</b> 7 <b>O</b> 3C3	310113	
022605	TuTh	5/7-5/30	5:00 - 6:00 pm	
022606	TuTh	6/4-6/27	5:00 - 6:00 pm	
022607	TuTh	7/2-7/30	5:00 - 6:00 pm	No class 7/4
022608	TuTh	8/6-8/29	5:00 - 6:00 pm	

## DANCING AND GYMNASTICS

#### Hip Hop is Fun!

This fun energetic class will teach you coordination, dance, and rhythm! Learn cool moves set to awesome music! Finesse onto the dance floor in style with this hip class!

Location: Westminster Arts Academy Instructor: Westminster Arts Academy Staff

Ages: 8-11		\$/8 / 4 sess	ions	
0215109	Sa	5/4-5/25	9:45 - 10:45 am	
0215110	Sa	6/1-6/22	9:45 - 10:45 am	
0215111	Sa	6/29-7/27	9:45 - 10:45 am	No class 7/6
0215112	Sa	8/3-8/24	9:45 - 10:45 am	

#### Ballet, Tap, and Tumbling

Ballet develops physical control, strength, balance, and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, position of the day, animal walks, and balance beam. Materials fee of \$5 due to the instructor.

Instructor: Dawna Ludwig

**Location: Westminster Community Center** 

Ages: 1-4		\$62 / 5 sess	sions	
020301	Su	5/19-6/30	1:45 - 2:25 pm	No class 5/26 & 6/16
020302	Su	7/14-8/11	1:45 - 2:25 pm	
020303	Su	8/18-9/15	1:45 - 2:25 pm	
Ages: 4-1	2	\$62 / 5 sess	sions	
020304	Su	5/19-6/30	2:30 - 3:10 pm	No class 5/26 & 6/16
020305	Su	7/14-8/11	2:30 - 3:10 pm	
020306	Su	8/18-9/15	2:30 - 3:10 pm	

#### Jazz Dance is Fun!

This popular dance class will teach the student ballet foundations with the contemporary/jazz style. Jazz is the most popular style chosen for music concerts, dance competitions, and musical theater productions. Students will have fun dancing to popular music and learning dance tricks such as leg extensions, illusions, splits, jumps, and turns. Dress code: form fitting shirt, leggings or tights with shorts, and tan slip-on jazz shoes. Solid colored clothes are preferred.

Instructor: Westminster Arts Academy Staff Location: Westminster Arts Academy

Ages: 6-9		\$89 / 4 sess	ions	
0215101	Th	5/2-5/23	5:30 - 6:30 pm	
0215102	Th	5/30-6/20	5:30 - 6:30 pm	
0215103	Th	6/27-7/25	5:30 - 6:30 pm	No class 7/4
0215104	Th	8/1-8/22	5:30 - 6:30 pm	

#### Pop Ballet is Fun!

Learn ballet to popular music you know and love! This class focuses on creating a more disciplined, creative, and outgoing dancer! Dancers will learn the classical ballet technique, improvisational skills, flexibility, and ballet vocabulary. Dress code for females: ballet leotard (any color), pink ballet tights and ballet shoes, hair in a bun. Dress code for males: black or white t-shirt, black leggings or ballet tights, black ballet shoes.

Instructor: Westminster Arts Academy Staff

**Location: Westminster Arts Academy** 

Location.	**C3tii	IIIISTEI AITS AC	auciny	
Ages: 5-7		\$89 / 4 sess	sions	
0215100	We	5/1-5/22	5:30 - 6:30 pm	
0215175	We	5/29-6/19	5:30 - 6:30 pm	
021561	We	6/26-7/24	5:30 - 6:30 pm	No class 7/3
021562	We	7/31-8/21	5:30 - 6:30 pm	
021563	Su	5/5-5/26	11:45 am - 12:45 pm	
021564	Su	6/2-6/23	11:45 am - 12:45 pm	
021565	Su	6/30-7/28	11:45 am - 12:45 pm	No class 7/7
021566	Su	8/4-8/25	11:45 am - 12:45 pm	
021567	Tu	4/30-5/21	6:00 - 7:00 pm	
021568	Tu	5/28-6/18	6:00 - 7:00 pm	
021569	Tu	6/25-7/23	6:00 - 7:00 pm	No class 7/2
021570	Tu	7/30-8/20	6:00 - 7:00 pm	
Ages: 5-10	0	\$89 / 4 sess	sions	
021575	Fr	5/3-5/24	6:30 - 7:30 pm	
021576	Fr	5/31-6/21	6:30 - 7:30 pm	
021577	Fr	6/28-7/26	6:30 - 7:30 pm	No class 7/5
021578	Fr	8/2-8/23	6:30 - 7:30 pm	
Ages: 8-17	7	\$89 / 4 sess	sions	
021571	We	5/1-5/22	6:30 - 7:30 pm	
021572	We	5/29-6/19	6:30 - 7:30 pm	
021573	We	6/26-7/24	6:30 - 7:30 pm	No class 7/3
021574	We	7/31-8/21	6:30 - 7:30 pm	

#### Baby & Little Tykes Dance & Tumbling Class!

For little ones who love to dance, sing, and tumble! This class will introduce your little one to beginning arm and foot movements and positions. Baby will develop self-confidence, coordination, proper body alignment, and good posture, all in a fun-filled environment!

Instructor: Dawna Ludwig

**Location: Westminster Community Center** 

Ages: 4m	os-2.5	yrs	\$62 / 5 sessions	
020327	Su	5/19-6/30	4:00 - 4:30 pm	No class 5/26 & 6/16
020328	Su	7/14-8/11	4:00 - 4:30 pm	_
020329	Su	8/18-9/15	4:00 - 4:30 pm	



## YOUTH / TEEN SPECIAL INTERESTS

## **ART AND CRAFTS**

#### Anime is Fun!

Learn the techniques to drawing your favorite anime characters! Topics covered will include: 2D and 3D drawing; principles of animation; turning the character around; what makes cute/awesome; how to make your drawings unique; famous anime designs and why they work; the character in motion; and expression poses. \$10 material fee due on first day of class.

Instructor: Westminster Arts Academy Staff Location: Westminster Arts Academy

	,				
Ages: 5-17		\$89 / 4 sess	ions		
0215189	Su	5/5-5/26	2:00 - 3:00 pm		
0215190	Su	6/2-6/23	2:00 - 3:00 pm		
0215191	Su	6/30-7/28	2:00 - 3:00 pm	No class 7/7	
0215192	Su	8/4-8/25	2:00 - 3:00 pm		
Ages: 8-11		\$89 / 4 sess	ions		
0215173	Sa	5/4-5/25	10:00 - 11:00 am		
0215174	Sa	6/1-6/22	10:00 - 11:00 am		
0215187	Sa	6/29-7/27	10:00 - 11:00 am	No class 7/6	
0215188	Sa	8/3-8/24	10:00 - 11:00 am		

#### Young Rembrandts-Art History with the Masters

This Young Rembrandts workshop is full of possibilities! Join us for pastel fun as we learn about a new medium and explore art history by studying different artists and their work. We will create large drawings in pastel chalks. We will create wonderful artwork while being inspired by Edvard Munch's The Scream, Pablo Picasso's Woman with Hat, Vincent Van Gogh's Chair, Wassily Kandinsky's Bavarian Market Square, and Claud Monet's Regatta at Argenteuil. The results will be truly frame-able! No experience necessary. Please wear an old shirt or smock to class each day.

Instructor: Young Rembrandts Staff

<b>Location: West</b>	Grove Park
Ages: 6-12	\$80 / 4 sessions

Ages: 6-12		\$80 / 4 ses	\$80 / 4 sessions		
022317	Fr	6/14-7/5	3:00 - 4:30 pm		
022318	Fr	7/12-8/2	3:00 - 4:30 pm		

#### Drawing is Fun!

Be more confident with your lines and shapes! With new themes every month, this class will develop your inner artist. You will also practice the fundamentals of observation and how to transfer them onto paper. In this quirky class, you'll exercise your imagination and have fun while making cartoons! \$10 material fee due on first day of class.

Instructor: Westminster Arts Academy Staff Location: Westminster Arts Academy

Ages: o-i		ФОЭ / 4 Sess	ions	
021529	Fr	5/3-5/24	4:00 - 5:00 pm	1
021530	Fr	5/31-6/21	4:00 - 5:00 pm	
021531	Fr	6/28-7/26	4:00 - 5:00 pm	No class 7/5
021532	Fr	8/2-8/23	4:00 - 5:00 pm	

#### Mixed Media Art is Fun!

Do you enjoy drawing, painting, colored pencils, printmaking, and even paper art? Mixed Media work is excellent for exploring different mediums in art if you just love to create and want to improve on your skill! \$10 material fee due on first day of class.

Instructor: Westminster Arts Academy Staff Location: Westminster Arts Academy

Ages: 5-17		\$109 / 4 ses	sions	
021517	Sa	5/4-5/25	9:00 - 10:00 am	
021518	Sa	6/1-6/22	9:00 - 10:00 am	
021519	Sa	6/29-7/27	9:00 - 10:00 am	No class 7/6
021520	Sa	8/3-8/24	9:00 - 10:00 am	
021521	Su	5/5-5/26	1:00 - 2:00 pm	
021522	Su	6/2-6/23	1:00 - 2:00 pm	
021523	Su	6/30-7/28	1:00 - 2:00 pm	No class 7/7
021524	Su	8/4-8/25	1:00 - 2:00 pm	

#### Pokemon Anime Drawing is Fun!

Draw characters from Pokémon and more in this class. You will learn the proper techniques to make these characters come to life on the page! You will also get to create your own story boards, just like in anime books! \$10 material fee due on first day of class.

Instructor: Westminster Arts Academy Staff Location: Westminster Arts Academy

Ages: 5-10		\$89 / 4 sess	sions	
0215205	Sa	5/4-5/25	2:00 - 3:00 pm	
0215206	Sa	6/1-6/22	2:00 - 3:00 pm	
0215207	Sa	6/29-7/27	2:00 - 3:00 pm	No class 7/6
0215208	Sa	8/3-8/24	2:00 - 3:00 pm	
Ages: 5-8				
0215198	Su	5/5-5/26	11:45 am - 12:45 pm	
0215199	Su	6/2-6/23	11:45 am - 12:45 pm	
0215200	Su	6/30-7/28	11:45 am - 12:45 pm	No class 7/7
0215204	Su	8/4-8/25	11:45 am - 12:45 pm	

#### Painting is Fun!

Students will gain confidence in their painting skill set. These lessons will begin with an introduction to color theory and help students improve their painting and gain more knowledge on color and how to mix and manipulate paints. \$10 material fee due on first day of class.

Instructor: Westminster Arts Academy Staff Location: Westminster Arts Academy

\$100 / 4 session

Ages: 5-10	,	\$109 / 4 ses	SIONS	
021505	We	5/1-5/22	5:15 - 6:30 pm	
021506	We	5/29-6/19	5:15 - 6:30 pm	
021507	We	6/26-7/24	5:15 - 6:30 pm	No class 7/3
021508	We	7/31-8/21	5:15 - 6:30 pm	
Ages: 7-12	2	\$109 / 4 ses	sions	
021501	Fr	5/3-5/24	5:00 - 6:15 pm	
021502	Fr	5/31-6/21	5:00 - 6:15 pm	
021503	Fr	6/28-7/26	5:00 - 6:15 pm	No class 7/5
021504	Fr	8/2-8/23	5:00 - 6:15 pm	



## YOUTH / TEEN SPECIAL INTERESTS

#### Preschool Play and Practice

Imagine your child learning award-winning children's literature, songs, arts and crafts, and many more new ideas. Each class is based on a different theme and includes cutting, pasting, coloring, and more importantly, interacting with other children. \$5 material fee due to instructor.

Instructor: Dawna Ludwig

**Location: Westminster Community Center** Ages: 9 mos-4 yrs \$62 / 5 sessions

020309	Su	5/19-6/30	1:00 - 1:40 pm	No class 5/26 & 6/16
020310	Su	7/14-8/11	1:00 - 1:40 pm	
020311	Su	8/18-9/15	1:00 - 1:40 pm	

## MUSIC

#### Singing is Fun!

Learn to sing those songs you love with creative style, proper technique, and stage performance skills! Students have the opportunity to sing solos, duets, and big group songs in this class where musical numbers really come to life!

Instructor: Westminster Arts Academy Staff

**Location: Westminster Arts Academy** 

Ages: 4-7		\$79/ 4 sess	sions	
021545	Th	5/2-5/23	4:30 - 5:15 pm	
021546	Th	5/30-6/20	4:30 - 5:15 pm	
021547	Th	6/27-7/25	4:30 - 5:15 pm	No class 7/4
021548	Th	8/1-8/22	4:30 - 5:15 pm	

#### Piano is Fun!

Witness your child become a young musician playing songs that they enjoy! Children are encouraged to use their creativity in this exciting introductory music class. Students learn finger independence by reading musical patterns. Basic rhythms are introduced and students enjoy playing and creating music with others on acoustic pianos!

Instructor: Westminster Arts Academy Staff

**Location: Westminster Arts Academy** 

Ages: 5-7		\$109 / 4 se	ssions
0215149	Мо	4/29-5/20	4:15 - 5:00 pm
0215150	Мо	6/3-6/24	4:15 - 5:00 pm
0215151	Мо	7/1-7/22	4:15 - 5:00 pm
0215152	Мо	7/29-8/19	4:15 - 5:00 pm
Ages: 7-10	)	\$109 / 4 se	ssions
0215153	Мо	4/29-5/20	6:30 - 7:15 pm
0215154	Мо	6/3-6/24	6:30 - 7:15 pm
0215155	Мо	7/1-7/22	6:30 - 7:15 pm
0215156	Мо	7/29-8/19	6:30 - 7:15 pm



## SPECIAL INTEREST

#### American Sign Language Class - Youth

Our American Sign Language class teaches participants the basics of ASL and more. Participants will learn the alphabet, numbers, and communication skillsreceptive (listening) and expressive (speaking), with vocabulary and grammar. Our classes will implement daily practice using vocabulary in conversation, while introducing the American Deaf culture and history to our participants. \$10 material fee due to instructor on the first day of class.

Instructor: Dalise Falkenstein **Location: West Grove Park** 

Ages: 5-17 \$200 / 10 sessions

No class 5/21 022402 Tu 5/7-7/16 4:30 - 5:30 pm



#### Mad Science: Robots 101

I am a RO-BOT! Join us for a week of FUN with amazing robots! Learn about the uses of robots in our world and spend time experimenting with super cool robots that can sense sound, follow patterns, even play soccer! Discover the science of circuitry and how robots use sensors to explore the things around them. Use your skills to build your very own working robot to take home with you! A \$30 materials fee is due at the first class session. Please wear comfortable shoes and sunscreen, bring water and an optional snack. We will be going outside.

Instructor: Mad Science Staff

**Location: Westminster Community Center** Ages: 6-12 \$205 / 5 sessions MoTuWeThFr

9:00 am - 12:00 pm 7/15-7/19

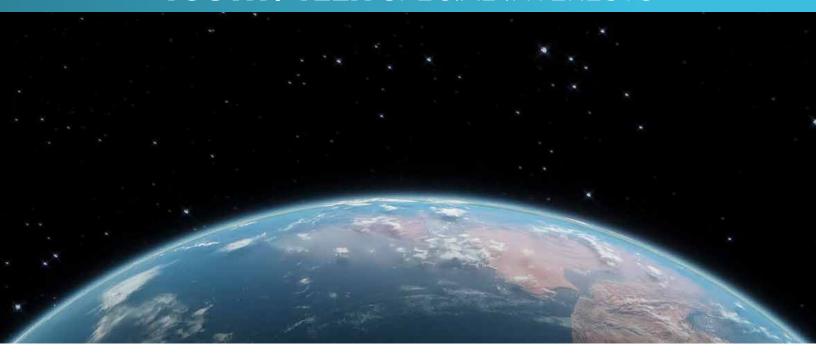
#### Mad Science: Crazy Chemistry

Come and discover what it's like to be a real scientist and work in a Mad Science Lab. Each day we will experiment with different chemicals and tools to see what kind of interesting and crazy reactions we can create! Students will explore acids and bases, reveal the secret recipe of slime, and examine crystallization. By the end of the week the Jr. Mad Scientists will have their very own chemistry set so they can perform their own experiments at home! Materials fee: \$30

Instructor: Mad Science Staff

**Location: Westminster Community Center** Ages: 5-12 \$115 / 3 sessions MoTuWe 7/1-7/3 9:00 am - 12:00 pm **Location: Fountain Valley Community Center** \$189 / 5 sessions 020719 MoTuWeThFr 8/19-8/23 9:00 am - 12:00 pm **Location: West Grove Park** \$189 / 5 sessions 020709 MoTuWeThFr 7/29-8/2 9:00 am - 12:00 pm

## YOUTH / TEEN SPECIAL INTERESTS



#### Mad Science: Galaxy Defenders

Join our Astronaut Academy and Space Shuttle Tech Crew as you prepare to defend the galaxy. Build your own model rocket, make and take home tubular telescopes, space shuttles, and flying fizzlers. Discover the fun involved in rockets and experience an awesome rocket launch. Learn how Sir Isaac Newton laid down the law of rocketry and motion. Join now and help our mad scientists protect the Earth from alien invaders! A \$30 materials fee is due the first day of class.

Instructor: Mad Science Staff

Location: Westminster Community Center Ages: 5-12 \$189 / 5 sessions

020716 MoTuWeThFr 8/5-8/9 9:00 am - 12:00 pm

#### Mad Science: Little Scientist Preschool Lab

Investigate the science of nature with this fun summer camp for the youngest of scientists. Cultivate your interest in life science as you learn about insects, weather, plants, and soil. Experience fun hands-on experiments in this weeklong lab. Parents are requested not to stay during class. Children must be potty trained. Instructor-student ratio is 1:8. A \$30 material fee due on first day of class.

Instructor: Mad Science Staff Location: West Grove Park

Ages: 3.5-5 \$205 / 5 sessions

020702 MoTuWeThFr 7/15-7/19 9:00 am - 12:00 pm

#### Mad Science: NASA Jr. Astronauts

Join our Academy of Future Space Explorers as you prepare to explore the galaxy. Build your own model rocket, race a balloon rocket, and then see the real thing - a rocket launch up to 300 ft. in the air! Use teamwork to complete an important space mission. Make and take home your own comet, Space Copter, and much more. This NASA camp is "out of this world!" A \$30 materials fee is due the first day of class.

Instructor: Mad Science Staff

Location: Fountain Valley Community Center Ages: 5-12 \$189 / 5 sessions

020704 MoTuWeThFr 7/8-7/12 9:00 am - 12:00 pm

#### Mad Science: Rollercoaster Robotics

Investigate the effects of Newton's Laws as you engineer games and explore gravitational energy, potential energy, and kinetic energy! Master the science behind the most thrilling rides on Earth. Discover the exciting side of physics and robotics while designing, experimenting, and building the Mad Science Odyssey, your very own roller coaster to take home! A \$30 materials fee is due at the first class session. Please wear comfortable shoes and sunscreen, bring water and an optional snack. We will be going outside.

Instructor: Mad Science Staff

Location: Fountain Valley Community Center Ages: 8-12 \$205 / 5 sessions

020712 MoTuWeThFr 8/12-8/16 9:00 am - 12:00 pm

#### Mad Science: Science in Action

Discover how things move with science. View the world through a camera obscura, different lenses, and kaleidoscopes. Make and take home a periscope, assemble and control pulleys, levers, catapults, and mega pinchers. Chemically compose your sidewalk chalk, grow your own crystal gardens, and play with Magic Mud! A \$30 materials fee is due the first day of class.

Instructor: Mad Science Staff

 Location: Fountain Valley Community Center

 Ages: 5-12
 \$189 / 5 sessions

 020720
 MoTuWeThFr
 6/24-6/28
 9:00 am - 12:00 pm

#### Mad Science: Secret Agent Lab

Look out, 007-Mad Science's Secret Agent Lab will help you sharpen your secret spy skills as you learn about the science of sleuthing! Campers will have the opportunity to step into the shoes of a detective as they learn all about forensic science by decoding messages, gathering evidence, checking out spy gear, and cracking security systems. Become a super spy and learn clever ways of performing tasks in this hands-on view of the science that spies use. Campers will make awesome take-home projects each day for their spy kit, including spynoculars and a secret safe! A \$30 materials fee is due at the first class session. Please wear comfortable shoes and sunscreen, bring water and an optional snack. We will be going outside.

Instructor: Mad Science Staff Location: West Grove Park

Ages: 5-1	12	\$189 / 5 se	ssions		
020717	MoTuWeThFr	6/17-6/21	9:00 am - 12:00 pm		
Location	: Fountain Valle	y Community	Center		
\$189 / 5 sessions					
020718	MoTuWeThFr	7/22-7/26	9:00 am - 12:00 pm	-	

## **SPECIAL NEEDS ADAPTIVE PROGRAMS**

## OJSC\_\_\_\_ORANGE JUNIOR SOCCER CLUB



#### **CALLING ALL PLAYERS WITH DIVERSE ABILITIES**

#### REGISTRATION IS FREE!

#### Orange Junior Soccer Club TOPSoccer

Our program is for athletes of all ages with diverse abilities and physical and/or cognitive challenges. Players do not have to live in Orange.

We modify the great game of soccer so everyone can have awesome fun, build positive relationships, and enjoy meaningful participation in a healthy environment. You have to see it to believe it!

We play every Saturday through mid-November. There are no practices or weekday events.

Follow us on Instagram @ojsctopsoccer \* Visit us at www.ojsc.org

Contact OJSC TOPSoccer Coach Jim Watson at <a href="mailto:im.watson@ojsc.org">im.watson@ojsc.org</a>
for more info and with any questions.

## **SOCCER**

#### Spectrum Soccer by BEST Sports

At our SPECTRUM Soccer class, we believe that soccer is a sport for everyone, and we are thrilled to offer an inclusive and supportive environment for children on the autism spectrum. Our program is designed to provide a safe and enjoyable soccer experience while fostering social interaction, motor skills development, and a love for the game! Please bring an age-appropriate soccer ball with your child's name on it. No additional fees ever! Best-sports-usa.com/ welcome

Instructor: Beginners Edge Sports Training Instructor

Location: West Grove Park Ages: 7-12 \$108 / 6 sessions

 020145
 Sa
 5/4-6/15
 11:40 am - 12:25 pm
 No class 5/25

 020146
 Sa
 6/29-8/10
 11:40 am - 12:25 pm
 No class 7/6



#### Join District 62 Challenger Little League



District 62 Challenger Division P.O. Box 1211 Huntington Beach, Ca. 92647

#### \*New\* Sign up online at:

http://leagues.bluesombrero.com/district62challenger

#### Our Facebook page: https://www.facebook.com/D62Challenger

A baseball experience for all disabled youth ages 4 years old and up no age limit (that attend school or a program within the cities of: Costa Mesa, Fountain Valley, Huntington Beach, Midway City, Westminster and some parts of Newport Beach. If you live outside of our district and your city does not have a Challenger League you can join ours!

Our season begins in early March (weather permitting) and runs through mid June. Our practice and game fields are located in the city of Westminster at 14402 Magnolia Street.

The registration fee includes team hat, team jersey, yearbook and trophy.

Parents/guardians/volunteers must fill out a Little League Volunteer Form. You may contact our league at (714)610-8295 or District62challengerbaseball@yahoo.com.



## TENNIS

#### Adult Cardio Tennis Class

Looking for an upbeat workout? Grab your racket and let's hit the courts! We have tons of fast paced drills and games to keep you moving and improving. If you are looking to improve your tennis game and stay on your toes, then this program is perfect for you. This class features tennis and workouts all rolled into one. Specially designed to burn some calories, make some friends, and of course, improve your tennis game. For more information and rainy day makeup policy, go to www.johnnyallentennis.com or call (844) 983-6647.

Instructor: Johnny Allen Tennis Academy Location: Chapman Sports Complex

Ages: 18+	\$79 / 6 se	essions	
020625 Tu	Th 5/14-5/30	8:00 - 9:00 pm	
020626 Tu	Th 6/4-6/20	8:00 - 9:00 pm	
020627 Tu	Th 6/25-7/18	8:00 - 9:00 pm	No class 7/2 & 7/4
020628 Tu	Th 7/23-8/8	8:00 - 9:00 pm	
020629 Tu	Th 8/13-8/29	8:00 - 9:00 pm	

## **FENCING**

#### Introduction to Foil Fencing

Learn the Olympic sport of fencing. Students learn how to move, attack, and defend themselves while learning about priority and right-of-way rules that are a cornerstone in foil fencing. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit (~\$250) must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$29 USFA insurance fee is due at the first class.

Instructor: South Coast Fencing Center Location: South Coast Fencing Center

Ages: 18	+	\$150	\$150 / 1x per week - 4 weeks			
021205	5/7-6/1	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm	
021206	6/4-6/29	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm	
021207	7/2-7/27	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm	
021208	7/30-8/24	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm	
Class sessions are offered 3 times a week. Participants should attend any 1 of						

those sessions according to the convenience of their schedules.

Ages: 18+ \$200 / 2x per week - 4 weeks

Ages: 18+		\$200	J/2x per week - 4 v	veeks	
021213	5/7-6/1	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
021214	6/4-6/29	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
021215	7/2-7/27	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm
021216	7/30-8/24	Sa	10:00 - 11:00 am,	TuTh	6:00 - 7:00 pm

Class sessions are offered 3 times a week. Participants should attend any 2 of those sessions according to the convenience of their schedules.

#### Introduction to Epee Fencing

Learn the Olympic sport of fencing. Learn to use the weapon that has descended from Renaissance dueling swords. Students learn how to move, attack, and defend themselves. Emphasis is placed on developing balance, coordination, and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit (~\$250) must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$29 USFA insurance fee is due at the first class.

Instructor: South Coast Fencing Center Location: South Coast Fencing Center

Ages: 18+		\$150 / 1x per week - 4 weeks	
021217	TuTh	5/7-5/30 7:00 - 8:00 pm	
021218	TuTh	6/4-6/27 7:00 - 8:00 pm	
021219	TuTh	7/2-7/25 7:00 - 8:00 pm	
021220	TuTh	7/30-8/22 7:00 - 8:00 pm	

Class sessions are offered 2 times a week. Participants should attend any 1 of those sessions according to the convenience of their schedules.

Ages: 18+		\$200 / 2x per week - 4 weeks
021221	TuTh	5/7-5/30 7:00 - 8:00 pm
021222	TuTh	6/4-6/27 7:00 - 8:00 pm
021223	TuTh	7/2-7/25 7:00 - 8:00 pm
021224	TuTh	7/30-8/22 7:00 - 8:00 pm

Class sessions are offered 2 times a week. Participants should attend both of those sessions.

## DANCING

#### Line Dancing for Health and Enjoyment

While having fun and enjoying different types of music, you will tone up your muscles, build stamina, and increase flexibility, improving your balance and coordination. Learning choreographed line dances will help sharpen your memory. In addition to line dancing, we also do low impact aerobics. Please wear comfortable shoes and bring a water bottle. A \$3.30 insurance fee is due to instructor on first day of class.

Instructor: Gemmy Pham Location: West Haven Park

Location. W	Location. West naven ark						
Ages: 35+	\$60 / moi	nth / pair	\$35 / month / indivi	idual			
020401	MoWeFr	5/1-5/31	10:00 - 11:30 am	No class 5/27			
020402	MoWeFr	6/3-6/28	10:00 - 11:30 am				
020403	MoWeFr	7/1-7/31	10:00 - 11:30 am	No class 7/5			
020404	MoWeFr	8/2-8/30	10:00 - 11:30 am				
020405	MoWeFr	5/1-5/31	10:00 - 11:30 am	No class 5/27			
020406	MoWeFr	6/3-6/28	10:00 - 11:30 am				
020407	MoWeFr	7/1-7/31	10:00 - 11:30 am	No class 7/5			
020408	MoWeFr	8/2-8/30	10:00 - 11:30 am				

## **ADULT FITNESS AND SPORTS**



## **PICKLEBALL**

#### Beginner Adult Pickleball

Learn pickleball, a hybrid of tennis and ping pong on a badminton size court, with leading pickleball instructor John Gill, who has multiple certifications, is a professional senior player, and president of the World Pickleball Association. This class will focus on learning the game and skills at a beginning level. Paddle rental available at \$10 per class or \$30 for the 4 week course.

Instructor: John Gill

Location	ո։ Cnapr	mplex		
Ages: 18	<b>}</b> +	\$180 / 4 se	essions	
022805	We	5/1-5/22	5:00 - 6:30 pm	
022806	We	6/5-6/26	5:00 - 6:30 pm	
022807	\//o	7/2 7/21	5:00 6:30 pm	No class 7/24

#### Intermediate Adult Pickleball

Learn pickleball, a hybrid of tennis and ping pong on a badminton size court, with leading pickleball instructor John Gill, who has multiple certifications, is a professional senior player, and president of the World Pickleball Association. This class is perfect for those who know the basics and want to build on their skills and play. Paddle rental available at \$10 per class or \$30 for the 4 week course.

Instructor: John Gill

 Location: Chapman Sports Complex

 Ages: 18+
 \$180 / 4 sessions

 022809
 We
 5/1-5/22
 6:30 - 8:00 pm

022809	We	5/1-5/22	6:30 - 8:00 pm	
022810	We	6/5-6/26	6:30 - 8:00 pm	
022811	We	7/3-7/31	6:30 - 8:00 pm	No class 7/24

#### Beginner Adult Pickleball Drills and Live Ball

Hone your pickleball skills and put them into practice during this fun and energetic class. Paddle rental available at \$10 per class or \$30 for the 4 week course.

Instructor: John Gill

Location: Chapman Sports Complex

Ages. 10	г	<b>⊅100 / 4 S</b> €	25510115	
022813	Tu	5/7-5/28	5:30 - 7:00 pm	
022814	Tu	6/4-6/25	5:30 - 7:00 pm	
022815	Tu	7/2-7/30	5:30 - 7:00 pm	No class 7/23

#### Intermediate Adult Pickleball Drills and Live Ball

Hone your pickleball skills and put them into practice during this fun and energetic class. This class is intended for intermediate students. Paddle rental available at \$10 per class or \$30 for the 4 week course.

Instructor: John Gill

 Location: Chapman Sports Complex

 Ages: 18+ \$180 / 4 sessions

 022817 Tu
 5/7-5/28 7:00 - 8:30 pm

 022818 Tu
 6/4-6/25 7:00 - 8:30 pm

 022819 Tu
 7/2-7/30 7:00 - 8:30 pm

 No class 7/23

## **MARTIAL ARTS**

#### **Vovinam Martial Arts**

Vovinam is a Vietnamese martial art, founded in 1938. It is the development of communicative intelligence, athletic body, noble mind, self-control, self-defense, self-esteem, and perseverance in a non-violent spirit. Self-defense for all levels: beginner, intermediate, and advanced. Students are required to purchase a unique Vovinam martial arts uniform for \$35. There is a \$30 non-refundable annual membership fee.

Instructor: Tam Nguyen Location: West Haven Park

Ages: 18	+	\$20 / mon	th	
021301	Sa	5/4-5/25	9:20 - 10:50 am	
021302	Sa	6/1-6/29	9:20 - 10:50 am	
021303	Sa	7/6-7/27	9:20 - 10:50 am	No class 7/20
021304	Sa	8/3-8/31	9:20 - 10:50 am	

#### Brazilian Jiu-Jitsu & Self Defense - Adult

Students will be taught self defense skills and basic Jiu-jitsu grappling technique and leg lock movements. This type of martial arts form is a close contact sport that involves grappling and submission techniques. Students will learn self-defense, discipline, and develop healthy life habits. Local tournaments are held 2-3 times a year for students who choose to compete. Gi uniform \$150 teen-adult sizes 13-14, belt \$20 (optional).

Instructor: Cai Jiu-Jitsu Staff
Location: Cai Jiu-Jitsu Academy

Ages: 18+		\$99 / 8 ses	ssions	
022601	TuWe	5/7-5/29	6:45 - 8:00 pm	
022602	TuWe	6/4-6/26	6:45 - 8:00 pm	
022603	TuWe	7/9-7/31	6:45 - 8:00 pm	
022604	TuWe	8/6-8/28	6:45 - 8:00 pm	

#### Judo for Adults

Students will be taught self defense skills and basic judo throw technique and leg movements. This type of martial arts form is a close contact sport that involves grappling and submission techniques. Students will learn self-defense, discipline, and develop healthy life habits. Local tournaments are held 2-3 times a year for students who choose to compete. Appropriate uniform is required. Students MUST purchase a one-time gi uniform plus belt on the first day of class. You cannot use your own uniform. Gi uniform \$150 teen-adult sizes 13-14, belt \$20 (optional).

Instructor: Cai Jiu-Jitsu Staff Location: Cai Jiu-Jitsu Academy

Ages: 18+		\$99 / 8 ses	ssions	
022609	MoTh	5/6-5/29	6:45 - 8:00 pm	
022610	MoTh	6/3-6/26	6:45 - 8:00 pm	
022611	MoTh	7/1-7/29	6:45 - 8:00 pm	No class 7/4
022612	MoTh	8/5-8/28	6:45 - 8:00 pm	

## **ADULT SPECIAL INTERESTS**

## **PETS**

#### Beginning Flyball

This class is for dogs that have not played flyball or have had a very simple introduction. Dogs will be running and jumping low hurdles. Dogs must not be aggressive or unmanageable. Bring leash, treats, toys, and baggies for clean up.

Instructor: Nicole Myers Location: Edgar Park

Ages: 18+	-	\$90 / 6 se	ssions	
020901	Fr	5/3-6/14	6:00 - 6:50 pm	No class 5/24

#### Pet Manners

This class is for dogs and owners that need some help with the basics: sit, down, relax on a mat, give me your attention. Bring a mat, and 4-6 foot leash, treats, and a lot of patience. No dogs with aggressive history.

Instructor: Nicole Myers Location: Edgar Park

Ages: 18+		\$90 /6 ses	ssions	
020904	Fr	5/3-6/14	7:00 - 7:50 pm	No class 5/24

#### **Dog Conformation**

This class is intended for people who want to compete in AKC Conformation Competition. Students will have the opportunity to be guided on proper education/etiquette and direction for showing your dog. All levels are acceptable for this class. Requirements are as follows: 1) At lease 4 months of age (exceptions may be made upon approval by instructor), 2) Dogs must have current vaccinations. Please bring a copy to your first class. 3) Dogs must have proper show equipment. Show leads are needed depending on your breed. 4) Bring "special treats" with you to class.

Registered AKC purebred dogs only. All NEW dogs must be evaluated by the instructor prior to attending class. Dog must not show any aggressions towards other dogs or people.

All NEW dogs must be evaluated prior to attending class. Please contact the instructor, Patricia Cahill at chmissy3@yahoo.com to arrange evaluation date and time.

Instructor: Patricia Cahill Location: Garden Grove Park

Ages: 18+	-	\$60 / 6 ses	sions or \$50 / 5 Sessions
020801	We	5/8-6/5	5:30 - 6:30 pm
020802	We	5/8-6/5	7:15 - 8:15 pm
020803	We	6/12-7/17	5:30 - 6:30 pm
020804	We	6/12-7/17	7:15 - 8:15 pm
020805	We	7/24-8/28	5:30 - 6:30 pm
020806	We	7/24-8/28	7:15 - 8:15 pm



## **ARTS AND CRAFTS**

#### Drawing and Painting in the Afternoon

Maximize your time! This class is designed for beginning and intermediate students who would like to learn how to improve their drawing and painting skills. Color theory and elements of art will be incorporated. Please ask for the materials list when registering for this class and bring all materials to the first class meeting. \$5 material fee due the first day of class. Please contact Pati Kent at patilovesart@gmail.com or visit Garden Grove City Hall to get materials list.

Instructor: Pati Kent

**Location: Westminster Community Center** 

Ages: 18⊦	Ι.	\$65 / 4 ses	sions or \$49 / 3 sessions
021001	We	6/12-6/26	2:00 - 3:45 pm
021002	We	7/17-8/7	2:00 - 3:45 pm
021003	We	8/14-8/28	2:00 - 3:45 pm

## **SPECIAL INTEREST**

#### American Sign Language Class - Adults

Our American Sign Language class teaches participants the basics of ASL and more. Participants will learn the alphabet, numbers, and communication skills-receptive (listening) and expressive (speaking), with vocabulary and grammar. Our classes will implement daily practice using vocabulary in conversation, while introducing the American Deaf culture and history to our participants. \$10 supply fee paid to instructor on the first day of class.

Instructor: Dalise Falkenstein Location: West Grove Park Ages: 18+ \$200 / 10 sessions

	022401	Tu	5/7-7/16	5:30 - 6:30 pm	No class 5/21
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#### CPR/AED for Adults, Infants, and Children

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. Learn simple rescue CPR for adults, children, and infants, as well as foreign object removal techniques for airways. You will receive your certification upon completion of the class. If healthcare provider card is required, please call Cindy at (714) 891-5620 prior to your class. A \$30 materials fee is payable to the instructor.

Instructor: Jack Griswold

Location: H. Louis Lake Senior Center

Ages: 10		\$10 / TS	ession	
020501	Fr	5/3	6:00 - 8:00 pm	
020502	Fr	6/14	6:00 - 8:00 pm	
020503	Fr	7/5	6:00 - 8:00 pm	
020504	Fr	8/2	6:00 - 8:00 pm	

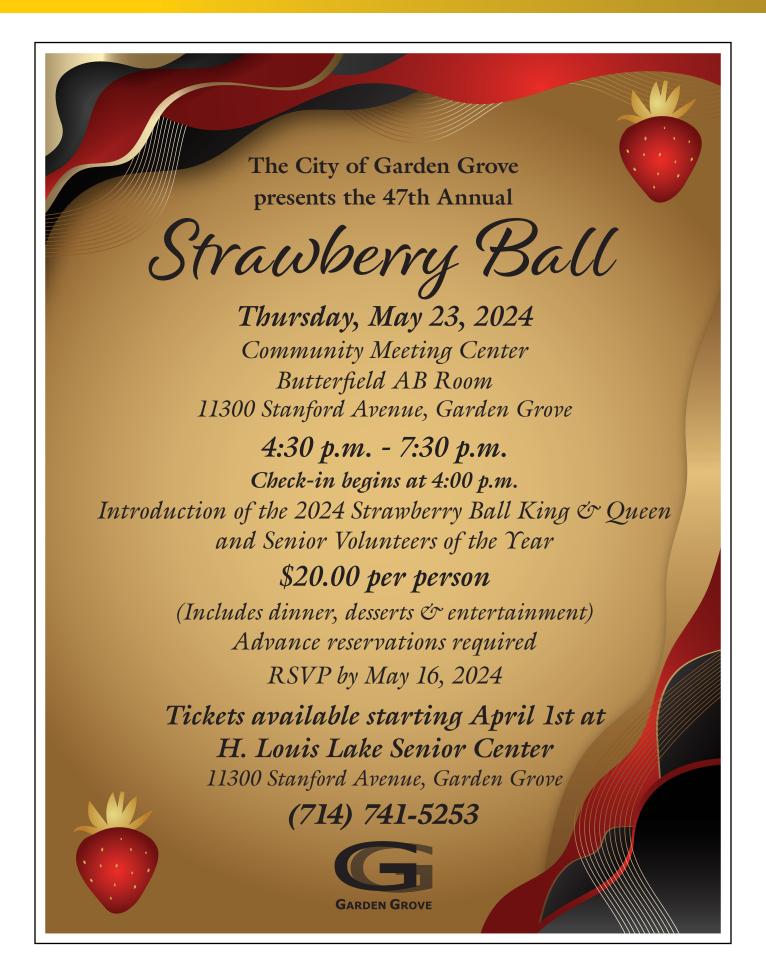
#### First Aid

Learn to respond to, and assess an injury or illness. Topics covered include vital signs, bleeding, heat and cold emergencies, strokes, and seizures. You will receive a state and nationally recognized EMS first aid card and certification. A \$30 materials fee is payable to the instructor.

Instructor: Jack Griswold

Location: H. Louis Lake Senior Center

Ages: 18+	•	\$10 / 1 :	session
020505	Fr	5/3	8:00 - 9:00 pm
020506	Fr	6/14	8:00 - 9:00 pm
020507	Fr	7/5	8:00 - 9:00 pm
020508	Fr	8/2	8:00 - 9:00 pm





11300 Stanford Ave. Garden Grove, CA 92840

Hours of Operation: Monday-Friday 8:30 a.m. - 3:30 p.m.

#### **SOCIAL SUPPORT PROGRAMS**

- **⊘** Information and referrals
- **⊘** Case management

#### **ACTIVITIES**

Pool tables

Pinochle

Rinac

Field trips

Craft days

Karaoke

#### **SENIOR MOBILITY PROGRAM**

- **⊘** Individuals age 60 and older
- **⊘** Must be residents of Garden Grove

- **⊗** For more information call the Center

#### **CLASSES**

Tai Chi Longevity Stick Adaptive Line Dancing Fit Mind, Fit Body Balance and Mobility Chair Yoga

Technology classes

#### INDOOR DINING

Join us for a hot lunch at 11:30 a.m. Monday through Friday. Registration begins at 9:00 a.m. daily.

#### **SPECIAL EVENTS**

Holiday Events

Dances

Birthday Celebrations

To stay up to date with the Senior Center's programs and events, access the The Scoop by clicking the link below: <a href="mailto:ggcity.org/community-services/h-louis-lake-senior-center">ggcity.org/community-services/h-louis-lake-senior-center</a>
For more information, please call: (714) 741-5253





## **SENIOR MOBILITY PROGRAM**

## **About**

- The Senior Mobility Progam is available to residents of Garden Grove age 60 years or older.
- Service provided Monday through Friday from 7:30 a.m. to 6:00 p.m.
- Proof of address and age required at time of application.

## **Our Service**

- **FREE** trips to and from the senior center!
- Trips to medical appointments up to 5 miles outside city limits.
- Trips to grocery stores within Garden Grove.
- \$2.00 fee for trips to and from medical appointments or grocery shopping.



Please call the H. Louis Lake Senior Center for additional questions and to sign up. **714-741-5253** 







Approximately 25% of older adults in Orange County live alone, possibly without the resources we take for granted. You can enhance an older adult's welfare, help them stay living in the home they love and lessen the loneliness many of them face each day. Volunteer positions are available Monday-Friday and can take as little as one hour per week.

#### **Drivers for Home Delivered Meals:**

Deliver a nutritious meal and a friendly check-in. Shifts available at the H. Louis Senior Center:

Monday, Wednesday & Thursday Between 8:30 a.m. - 12:30 p.m.

#### **Contact:**

volunteer@mealsonwheelsoc.org or call **714-864-3611** for more information and to complete the volunteer application.





## **FAMILY RESOURCE CENTER**



#### Our Vision:

Building healthy communities one family at a time.

#### MPFRC's Core Services:

- Counseling
- Parent Education
- Comprehensive Case Management Team
- Family Support Services
- Domestic Violence Personal Empowerment Program
- Information and Referral Services
- Out of School Time (OST) Youth Program
- Differential Response Program
- Emergency Assistance

#### Other Services:

- Early Learning Activities
- Family Health and Wellness
- Father Strengthening Parenting Program
- IEP Consultations
- Medi-Cal & CalFresh Application Assistance

• Family Strengthening Workshops and Activities

#### Location:

11402 Magnolia St. Garden Grove, CA 92841 (714) 741-5222 MagnoliaParkFRC@factoc.org





## **FAMILY RESOURCE CENTER**



#### Service Approach:

Magnolia Park Family Resource Center operates with the nationally recognized Five Protective Factors approach. The framework of the Five Protective Factors provides foundation for the use of best practice strategies in strenghtening families.

#### Five Protective Factors:

• Concrete Support in Times of Need

• Parental Resilience

Knowledge of Parenting and Child Development

• Social and Emotional Competence of Children

Social Connections

#### MPFRC Partners:

- City of Garden Grove (Lead Agency) \*
- Boys & Girls Clubs of Garden Grove
- Human Options \*
- Community Action Partnership of O.C.
- Families Together Orange County
- Interval House \*
- OC Social Services Agency
- Children's Health Initiative O.C. (CHIOC)
- AltaMed

\*FaCT Funded Partner









REPUBLIC

of Garden Grove-

AT THE FREE SUMMER CONCERT SERIES

Join us as local high school students compete for cash prizes and the title of "The Voice of Garden Grove!"

from 6:00 PM - 6:30 PM.

## **CITY EVENTS**

Garden Grove Community Foundation presents the 12th Annual

# THE VOICE — of Garden Grove—

AT THE FREE SUMMER CONCERT SERIES

plus \$500 for your school's choir program!

Local high school students are invited to compete in a singing competition held during the Summer Concert Series, every Thursday from July 11 to August 1, 2024.



Rebecca Trejo 2023 Winner from Rancho Alamitos High School

## DO YOU HAVE WHAT IT TAKES?

Auditions will be held in Spring 2024. Sign up for free at www.ggcf.com, call (714) 741-5168, or email thevoice@ggcity.org by Friday, May 24, 2024.

For more information, email thevoice@ggcity.org or call (714) 741-5168.

#voiceofgg













## **CITY EVENTS**



## 2024 GARDEN GROVE College Graduates' Reception

## **JUNE 2024**

Graduating from a college or university this year? Celebrate your achievement in higher education, with a chance to win cash and prizes!

Sponsorship opportunities available.

GGCITY.ORG/GRADS





Class of 2024

## **CITY EVENTS**



## **CLASS REGISTRATION**

## **Register Early!!**

- Registration begins Wednesday, April 3, 2024
- Pay by cash, check, money order, or credit card
- Make checks payable to "City of Garden Grove"

**Recreation Office Hours:** 

Monday – Thursday, 7:30 a.m. to 5:30 p.m. For questions, please call the Community Services Department at (714) 741-5200.

#### 1. Online:

Refer to "Step-by-Step Instructions."

#### 2. Mail-In:

Complete "Class Registration" form and mail to:

Community Services Department P.O. Box 3070, Garden Grove, CA 92842.

Please enclose a self-addressed, stamped envelope with your payment.

#### 3. Walk-In:

City of Garden Grove Community Services Department Recreation Counter, 11222 Acacia Pkwy. (off Euclid, north of Garden Grove Blvd.)

## **ReGGister Online**

**Step-by-Step Instructions** 

To access ReGGister Online, go to the City of Garden Grove's homepage at **www.ggparksandrec.com** and click on the "ReGGister Online" link. Instructions are also available in Spanish and Vietnamese.

#### **Step One**

## PLEASE MAKE ONE ACCOUNT PER GROUP BY ADDING MEMBERS TO PRIMARY CLIENT!

Create an account by clicking on "create your account here" and filling in the fields that appear. A password will be emailed to you through the email address you provide while creating this account.

**Note:** If you have an existing account with the City, the password will be emailed to the email address on file. If the email is no longer in use and the information needs to be updated, please call (714) 741-5200 for assistance.

#### **Step Two**

Click the "Login" tab at the top of the page and use the password emailed to you to log in. You will have the option to create a new password once you log in.

#### **Step Three**

At this point, you can either add classes to your cart or add group members to your account.

**Note:** All group members should be added to PRIMARY CLIENT'S account BEFORE adding classes to your cart.

#### Step Four

To complete registration, please input your credit card payment for registration processing.

Publication of this schedule does not ensure enrollment to all who apply. The Community Services Department reserves the right to cancel classes because of insufficient starting enrollment or a decline in the enrollment after the class has started and to close further enrollment when a class is filled.

Many classes have limited enrollment, and registration is taken on a first-come, first-served basis. All individuals registering for courses must have reached the minimum age requirement prior to the first class meeting.

There is a \$5 processing fee for each refund, unless a class is cancelled due to low enrollment. In that case, a full refund will be issued.

Refunds will be processed within 2-4 weeks.

## **CLASS REGISTRATION**



#### City of Garden Grove Community Services Department Recreation and Human Services Division

	Revised 06-25-2020
Receipt #	:
•	

#### Class Registration Form Liability Waiver

Name:				
Address:			7in:	
Primary Phone: ( )		Secondary	Zip: Phone: ()	
Email Address:			, , , , , , , , , , , , , , , , , , , ,	
Participant's Name	Date of Birth	Class #	Name of Class	Fee
			Tatalifa	
			Total fe lass is cancelled due to low e	
RELEASE, WAIVER OF LIABILIT	ation without public notice.  TY, INDEMNITY AGR	EEMENT & C	are correct to the latest possible minute before  CONSENT TO PHOTOGRAPH & VIDE	O FORM
o use City facilities or equipment, the undersing behalf of any personal representatives, heid release, waive, hold harmless and covenarial suits, claims, damages, losses, injuries, ill scollectively "Claims") pertaining to, related to see of City facilities or equipment, even though angerous or defective condition of property cegligence or willful or wanton misconduct of	igned, on behalf of himself// irs, assigns, and next of kin ht not to sue the City, its direness (including property dar , or arising directly or indire the Claims may arise out or equipment of the City. The the Releasees. The Particip	herself, and on b (collectively "Pa ectors, officers, e mage, bodily inju ctly out of Partici of negligence of nis release does pant further agre-	rden Grove ("City") recreation programs, events behalf any minors in the legal custody of the und urticipant"), hereby agrees to the fullest extent perployees, and agents (collectively "Releasees by or death), and any other compensable loss or ipant's participation in the programs, events, or or carelessness on the part of the Releasees, or not apply to the extent such Claims are caused es to defend and indemnify the Releasees from activities, or use of City facilities or equipment, a	ersigned, and ermitted by la d') from any ar f any type activities, or out of a by the gross any Claims
eath and/or property damage and understan quipment or measures, without jeopardizing	ds that risks of injury, illnes the essential qualities of the	s or property dar e activity.  Partic	sks which could result in bodily or emotional injumage simply cannot be eliminated, despite the uipant assumes full responsibility and risk of bodit reatment and all medical care deemed necessi	use of safety ily injury,
•	,, ,	, .	ght to videotape or photograph his/her participati publicity and understands that Participant will no	
nclusive as is permitted by the laws of the otwithstanding, continue in full legal force a	e State of California and than and the State of California and the State of	hat if any portion	ND INDEMNITY AGREEMENT is intended to be on thereof is held invalid, it is agreed that the n classes acknowledge they are responsible fo g., Zoom, Instagram, etc.) at their own security	balance shar r ensuring th
pplicable if Participant is a minor: I am th	ne parent/legal guardian of	the Participant, a	and I hereby execute this Release on his/her bel	
CERTIFY THAT I HAVE READ LINDERSTO				nalf.
CONSENT TO PHOTOGRAPH & VIDEO.	OOD, AND AGREE TO THI	S RELEASE, W	AIVER OF LIABILITY, INDEMNITY AGREEMEI	

Date

Signature of Participant or Parent/Guardian (for Minors)