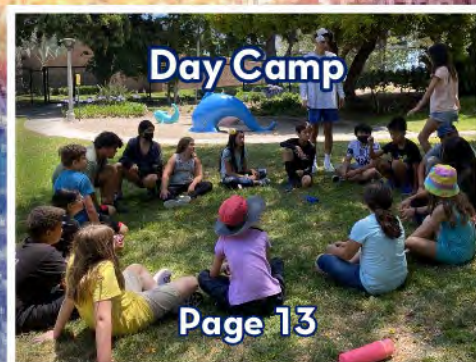


Garden Grove

PARKS & RECREATION GUIDE

Summer 2022



**Parks
Make
Life
Better!**

www.ggparksandrec.com





DUE TO THE COVID-19 PANDEMIC

**ALL CITY EVENTS, CLASSES, PROGRAMS,
AND PARKS & AMENITIES GUIDELINES
ARE SUBJECT TO CHANGE.**

Please visit ggcity.org/coronavirus
for the most current information on events,
classes, and park facilities.

Visit our Virtual Recreation Center at ggcity.org/virtualrec
for activities to keep you engaged, active,
and happy at home!



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Program Spotlight

Junkyard Playground



"To invent, all you need is a good imagination and a pile of junk." -Thomas Edison

The Junkyard Playground at Atlantis Park is calling all creators, collaborators and scientists for some free play with loose parts including giant cardboard boxes, barrels, tires, tubes, tarps, clips, crates, buckets, ropes and more!

The rules are simple...

1. Take care of this place.
2. Take care of this stuff.
3. Take care of each other.

The rest is up to you...no instructions, just pure imaginative play with a bunch of junk!

For more information, check out www.recessrevolution.org



Park Buildings, Picnic Pavilion and Park Shelters

Looking for the perfect park location to hold an event?

Whether you are planning a meeting for ten or a birthday party for 50, the City of Garden Grove has a place to suit your needs. Choose from several different locations that include park buildings and park shelters.

For more information about renting a park facility, please call (714) 741-5200.

Garden Grove Parks and Amenities	Total Acres (Approx.)	Play Area	Reservable Building (maximum occupancy)	Reservable Picnic Area (maximum occupancy)	Restrooms	Open Field Space	Tennis Courts	Basketball Courts	Volleyball	Ball Diamond	Pool Facility	Horseshoe Pits	Hockey Rink(s)	Exercise Equipment	Racquetball Courts	BBQ	Dog Park	Skate Spot	Indoor Soccer Arena
Atlantis Play Center 13630 Atlantis Way	4	•			•														
Bicentennial Park (Spirit of '76) Brookhurst Street & Lampson Avenue	1/4																		
Chapman Sports Complex 11700 Knott Avenue (GGUSD)	11	•			•	•	•	•		•			•		•				
Civic Center Park Euclid Street & Acacia Parkway	4													•					
Eastgate Park 12001 St. Mark Street	5	•		50	•			•		•				•		•			
Edgar Park 12781 Topaz Street (GGUSD)	6	•		50		•						•							
Faylane Park 11700 Seacrest Drive	3	•		50				•				•				•			
Garden Grove Park 9301 Westminster Avenue	36	•	40		•	•		•	•	•				•		•	•	•	•
Gutosky Park 9201 Ferris Lane	2	•		50															
Hare School Park 12012 Magnolia Street (GGUSD)	14					•				•									
Haster Basin 12952 Lampson Avenue (County)	22	•		N/A	•	•													
Jardin De Los Niños 12534 Keel Avenue	1/2							•						•					
Magnolia Park 11402 Magnolia Street	6	•	40	50	•		•	•			•			•	•				
Morningside School Park 10468 Morningside Drive (GGUSD)	1																		
Pioneer Park 12722 Chapman Avenue (GGUSD)	4	•				•													•
Shelley Kensington Park Shelley Drive & Kensington Lane	1/4	•						•											
Village Green Park 12732 Main Street	7	•	100			•													
West Grove Park 5372 Cerulean Avenue	7	•	40	50	•	•		•								•			
West Haven Park 12252 West Street	10	•	60			•													
Woodbury Park 13800 Rosita Place	4	•			•			•			•								



All locations are in Garden Grove except where noted.

Facility Name

- | | | |
|--|--|---|
| <p>1 Atlantis Play Center
13630 Atlantis Way
(off Westminster near Magnolia)</p> <p>2 Chapman Sports Complex
11700 Knott Ave.
(Corner of Knott & Chapman)</p> <p>3 Community Meeting Center
11300 Stanford Ave.
(between 9th & Euclid)</p> <p>4 Courtyard Center/
Village Green Park
12732 Main St. (at Stanford)</p> <p>5 Eastgate Park
12001 St. Mark St.
(off Chapman & Valley View)</p> <p>6 Edgar Park
12781 Topaz St.
(between Springdale & Valley View)</p> <p>7 Fountain Valley Recreation Center
16400 Brookhurst St., Fountain Valley</p> <p>8 Garden Grove City Hall
11222 Acacia Pkwy. (off Euclid
between Garden Grove Blvd. &
Lampson)</p> | <p>9 Garden Grove Park
9301 Westminster Ave.
(between Brookhurst & Magnolia)</p> <p>10 Garden Grove Sports and
Recreation Center
13641 Deodara Dr. (off Westminster)</p> <p>11 H. Louis Lake Senior Center
11300 Stanford Ave.
(between 9th & Euclid)</p> <p>12 Magnolia Park
11402 Magnolia St.
(corner of Magnolia & Orangewood)</p> <p>13 Miriam Warne Community
Building
14491 Beach Blvd., Suite B,
Westminster</p> <p>14 Stanton Community Center
17800 Katella Ave., Stanton</p> <p>15 Tae Kwon Do Studio
9192 Garden Grove Blvd. #F
(at Magnolia)</p> <p>16 West Grove Park
5372 Cerulean Ave.
(Valley View & Lampson)</p> | <p>17 West Haven Park
12252 West St.
(between Chapman and Lampson)</p> <p>18 Westminster Arts Academy
14441 Beach Blvd., Westminster</p> <p>19 Westminster Community Center
8200 Westminster Blvd., Westminster</p> <p>20 Woodbury Park
13800 Rosita Pl.
(S. of Westminster, W. of Newhope)</p> <p>NOT SHOWN ON MAP:
PIII Strength Studio
331 S. State College Blvd.,
Fullerton</p> <p>South Coast Fencing Center
3518 Lake Center Dr., Suite C,
Santa Ana</p> |
|--|--|---|

Garden Grove COMMUNITY MEETING CENTER

- Large/Small Banquet Rooms
 - Full Kitchen Facilities
 - Central OC Location • Park Setting
- Quinceañeras, Weddings, Parties, Meetings, and More!

11300 Stanford Avenue
Garden Grove, CA 92840
(714) 741-5262
ggcity.org

Community Meeting Center



GARDEN GROVE COMMUNITY MEETING CENTER

Bring in this coupon and receive 10% off room fee!

New bookings only. One per customer. Expires 9/30/22. Does not apply to "Memorial" or "Special Packages."

For rates, call or visit our facility, or website at ggcity.org

Questions? Email us at: events@ggcity.org

Garden Grove Courtyard Center

*Ideal
for:*

- ◆ Birthday Parties
- ◆ Baptism Receptions
- ◆ Dinner Rehearsals
- ◆ Baby Showers
- ◆ Holiday Parties
- ◆ Small Business Meetings
- ◆ Seminars

SPECIAL PACKAGE

Room Rental Rate: \$557.00*

Refundable Damage Deposit: \$250

*Four (4) hour event time. Maximum capacity 80 guests. No alcohol allowed.

12732 Main Street, Garden Grove, CA 92840 • (714) 741-5262

For more information, call (714) 741-5262 or events@ggcity.org.

Courtyard Center

MEMORIAL SERVICE PACKAGE

Community Meeting Center/ Courtyard Center

Where families honor the memory of their loved ones

Room Rental Rate: \$591

Refundable Damage Deposit Required: \$250

Guest attendance based on room capacity • No alcohol allowed

This package is good for one three (3) hour event during the weekday/weekend as available.

In addition you will receive one hour prior for set-up, and one hour after for clean-up.

Up to one pre-event extra set-up hour may be purchased at \$45.

Complimentary use of an LCD projector upon request.

Need for security to be determined.

For more information, please call (714) 741-5262.

Courtyard Center

Community Meeting Center



West Haven Park

12252 West Street, Garden Grove, 92840
Can accommodate up to 60 people (NEWLY OPENED)



West Grove Park

5372 Cerulean Ave, Garden Grove, 92845
Can accommodate up to 40 people

Both Facilities Ideal For

BIRTHDAY PARTIES
BABY SHOWERS
SMALL BUSINESS MEETINGS
DINNER REHEARSALS
RETIREMENT PARTIES
& MANY OTHER OCCASIONS

Call (714)741-5200
for rates and more information.

WEEKLY SCHEDULE

SUNDAY:

Drop-In Badminton \$1-3 5-8 P.M.

MONDAY:

Drop-In Basketball \$1 3-5 P.M.

**Drop-In PickleBall 6-9 P.M.

TUESDAY:

Drop-In Basketball \$1 3-5 P.M.

*Ric's Volleyball Adult League 5-11 P.M.

WEDNESDAY:

Drop-In Basketball \$1 3-5 P.M.

**Drop-In Volleyball \$1-3 6-9 P.M.

**Drop-In PickleBall 1-3 P.M.

THURSDAY:

Drop-In Basketball \$1 3-5 P.M.

**Drop-In Badminton \$1-3 6-9 P.M.

FRIDAY:

Adult Drop-In Basketball \$1 6-9 P.M.

SATURDAY:

**Drop-In Volleyball \$1-3 9:30 A.M.-12:30 P.M.



PRICING

(Unless Otherwise Noted)

Youth (0-14 Years) \$1

Teen (15-17 Years) \$2

Adult (18-55 Years) \$3

Senior (55+ Years) \$2

All times and events are subject to change.
Contact the center for more information.



GARDEN GROVE

Sports & Recreation Center

13641 Deodara Drive, Garden Grove, CA 92844 · (714) 889-5783

*For info call (714) 375-5063

**Seasonal. Does not meet June-August and December-March

GARDEN GROVE
SPORTS & RECREATION
CENTER

ATLANTIS Play Center

GENERAL USE:

- \$2 per person admission charge
- Free for children 2 and under
- Adults must be accompanied by a child

BIRTHDAY PARTIES/PICNICS:

- Picnic Tables: \$5 rental fee per table, max 14 per day
- Neptune's Pavilion: \$25 per 45 minutes
- For table and pavilion rentals, call the Community Services Department at (714) 741-5200
- For after-hours and exclusive rentals, call the Atlantis Coordinator at (714) 741-5168

Splash pad is only open during the summer

ATLANTIS PLAY CENTER SUMMER HOURS JUNE 7 - AUGUST 26, 2022

Monday	CLOSED
Tues - Sat	10:00 am - 4:00 pm
Sunday	12:00 pm - 4:00 pm



ATLANTIS PLAY CENTER: 13630 ATLANTIS WAY, GARDEN GROVE, 92844 • (714) 892-6015

RESIDENTIAL ORGANIC RECYCLING PROGRAM



In accordance with SB 1383, a statewide effort to reduce harmful methane emissions from organic material, the City is developing a residential organic recycling

program that will require residents and business owners to recycle food scraps and yard waste. Visit ggcity.org/organic-recycling for information and updates.

2
0
2
2

FREE
SUMMER
CONCERT
SERIES

6:30 - 8:30 pm

JUNE 23

JUNE 30

JULY 7

JULY 14

JULY 21

JULY 28



CHECK GGCF.COM
FOR BAND LINE-UP

10th Anniversary
THE VOICE
— of Garden Grove —

THANK YOU SPONSORS



THE VOICE

— of Garden Grove —

10TH ANNIVERSARY EDITION

AT THE FREE
SUMMER CONCERT
SERIES



**Win \$500 CASH,
plus \$500 for
your school's
choir program!**

Local high school students
are invited to compete
in a singing competition
held during the Summer
Concert Series, every Thursday
from June 30 to July 28, 2022.

Do you have what it takes?

Auditions will be held in Spring 2022.

Sign up for free at www.ggcf.com,
call (714) 741-5168, or email
thevoice@ggcity.org
by Friday, May 27, 2022.



FUN, SAFE, AND AFFORDABLE 9-WEEK SUMMER PROGRAM

AN Enchanted SUMMER WITH GARDEN GROVE DAY CAMP 2022

7:00 am - 6:00 pm
Monday - Friday

\$125 PER WEEK*
FOR KIDS AGES 5-12

LOCATED AT COURTYARD CENTER
AT VILLAGE GREEN PARK
12732 MAIN STREET

REGISTRATION BEGINS
MONDAY APRIL 11TH

Wednesday Excursion Schedule & Fee:

Optional excursion fee in addition to \$125* per week.

*Week 3 cost is \$225 for kids ages 5-12.

(fee includes camp and excursion)

Week 1: June 13 - June 17	Irvine Park / Zoo	\$9
Week 2: June 20 - June 24	Dave & Busters / AMC Movie	\$36
Week 3: June 27 - July 1	Disneyland**	**
Week 4: July 5 - July 8 (No camp on July 4)	La Habra 300 Bowl / Children's Museum	\$15
Week 5: July 11 - July 15	Knott's Soak City	\$40
Week 6: July 18 - July 22	Knott's Berry Farm	\$40
Week 7: July 25 - July 29	Boomers of Irvine!	\$40
Week 8: Aug 1 - Aug 5	Angels Game	\$20
Week 9: Aug 8 - Aug 12	Skate Express	\$20

Childcare will not be provided on Wednesday if your child does not go on the excursion. No fees will be prorated. No transfers.

\$5 processing fee for cancellations. Refund requests must be made before week begins. No payments accepted at camp.

****Excursion fee has already been included with weekly camp fee.
No Annual Passes will be allowed.**



KIDS NIGHT OUT

Parent's Night Off



FRIDAY, JULY 29

6:30 P.M. - 9:30 P.M.

\$15 PER PARTICIPANT

COUNSELOR-IN-TRAINING (CIT)

Youth, ages 13-17, interested in gaining skills in camp leadership can join this program for a fee of \$60 per week. Applications must be received by May 13, 2022 by email or City Hall drop off.



REGISTER TODAY online at ggcity.org/daycamp.
Call (714) 741-5200 for additional information.

Parks
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Life
Better!

SWIM LESSONS

American Red Cross swimming lessons emphasize the development of swimming skills to promote personal safety, exercise, and social interaction.

Our swim classes are suitable for children ages 3-15. We also offer private lessons suitable for all ages.

Swim classes consist of eight 40-minute lessons, Monday through Thursday, for two weeks.

- General group lessons are \$60 per student.
- Private lessons start at \$200.

Fees are payable at the time of registration. Major credit cards are accepted.

Registration will be conducted on a first come, first served basis as class capacity allows.

- Session A** June 6- June 16
Registration May 25- June 6
- Session B** June 20- June 30
Registration June 8- June 20
- Session C** July 5- July 14*
Registration June 22- July 5
- Session D** July 18- July 28
Registration July 6- July 18
- Session E** August 1- Aug 11
Registration July 20- Aug 1

* No class Monday, July 4. Make-up class will be held on Friday, July 8.

SUMMER ONLINE REGISTRATION
www.ggcity.org/AquaticsRegistration

NOTE: All programs, classes and fees are subject to change or cancel without notice. Should a participant wish to cancel or change a class after the registration process, there will be a \$5 processing fee per class. **Refund requests** must be made one week prior to the start of the first class or program. Class changes or transfers may only be accommodated if space allows.



AQUATICS PROGRAM

The 2022 Summer Aquatics Program offers swimming lessons and recreational swimming at three pool locations throughout the city.

Pools will open for swim lessons and recreational swimming on Monday, June 6. For more information about the summer program, call (714) 741-5200. All 2022 programs are subject to change according to new or changing COVID-19 guidelines.

POOL LOCATIONS

Gary Hall Pool (Eastgate Park)
12001 St. Mark St. (Chapman & Valley View)

Woodbury Park Pool
13800 Rosita Pl. (near Newhope & Westminster)

RECREATIONAL SWIM FEES & HOURS

Fees: \$2.00/visit - 3 years and older

Hours:

Day Swim 1:45 - 3:15 p.m.

Gary Hall: Monday & Wednesday
Woodbury: Tuesday & Thursday

(Swim hours subject to change due to low attendance, emergency maintenance, or inclement weather.)

Pool Rentals

Gary Hall and Woodbury pools are available for rent to groups and organizations on a reservation basis during the hours they are not open to the public.

For available dates and times contact the Community Services Department at (714) 741-5200.

Summer Swim Programs

Preschool Classes (P)

Ages: 3-5 ONLY

Starfish (Level P1)

This class is for new swimmers, ages 3-5.

Starfish class introduces swimming and water safety to children with little or no previous swimming experience, who are comfortable in the water without parental assistance or floatation devices. Swim diapers are recommended.

Tadpole (Level P2)

For children ages 3-5 who have passed Starfish level and are totally comfortable in the water and eager to start swimming independently. Children who are ready for Tadpole class can:

- Completely submerge themselves under the water.
- Float on their front and back for 3 seconds with minimal support.
- Understand and be able to employ basic swimming mechanics (arm and leg movements).

Sea Turtle (Level P3)

For children ages 3-5 who have passed Tadpole level and are swimming independently.

Children who are ready for Sea Turtle class can:

- Swim unassisted on their front for about 15 ft.
- Comfortably roll from their front to back, without assistance.
- Understand and be able to employ basic swimming mechanics for the backstroke.

Parent & Child

Ages: 6 Months - 4 Years

Parents and children participate in guided practice with emphasis on fun, comfort, and swimming readiness. This course does not teach children to be accomplished swimmers, nor to survive in the water. Swim diapers are required. One adult, 18 years of age or older, must accompany the child in the water.



Swim Classes

Ages: 6-15

Guppy (Level 1)

This class is for new swimmers ages 6-15. Guppy class introduces swimming and water safety to children with little or no previous swimming experience. This level helps children build confidence, swim on front and back short distances by themselves, and develop safety skills in and around the water.

Seal (Level 2)

For children 6-15 who have passed the Guppy or Sea Turtle level. This class is for children who can swim more than 15 feet by themselves on their front and back. New skills include side breathing, treading water, and water safety skills.

Dolphin (Level 3)

For children 6-15 who have passed the Seal level. Designed for children who can swim both front and backstrokes at least 30 feet, jump into deep water, and tread water. New skills include introduction and development of elementary backstroke, and the breaststroke, dolphin, and sidestroke kicks.

Barracuda (Level 4)

For children 6-15 who have passed the Dolphin level. This level focuses on stroke improvement, and building endurance and versatility in the water. New skills include introduction and development of the breaststroke, butterfly stroke and flip turns.

Adult Learn to Swim Lessons • Ages: 16+

For the adult and young adult who wishes to learn the fundamentals or improve their basic skills.

Private Lessons • Ages: All

Individual instruction for all ages is available in a series of eight (8) lessons, 40 minutes in length.

- Private for one is \$200
- Semi-private for two is \$280
- Semi-private for three is \$350

Volunteers

Youth ages 12 years and older who are better than average swimmers are needed. Please speak to the pool manager for details.

How to Register:



1. Go to our website, www.ggcity.org/AquaticsRegistration
2. Select "Summer Aquatics" and scroll until you find the level and class time **at your desired pool location.**
3. Select the blue "Add" button to add a class to your registration cart.
4. If you have not logged-in, you will be redirected to log-in to your ReGGister account or to create an account.
5. To create an account, first provide the information **for the registering adult** and then proceed to add your child to your account.
 **Be sure to mark their role as a student at the top of the page.
6. Continue to register for classes or check out with your cart.
 **When registering multiple children, be sure to the mark the correct child with the correct course level.

Class sessions are held every two weeks, Monday through Thursday for 40 minutes at the following times:

PM Lessons: 3:30, 4:15, 5:00, 5:45, and 6:30

For more information, please call our Recreation Desk (714) 741-5200.

www.ggcity.org/Aquatics

YOUTH SPORTS

Youth Summer Basketball

\$50 / child

Ages: Youth born in 2008-2015

Location: Garden Grove Sports and Recreation Center

Leagues:

Co-ed "D" Division	Born in 2014-2015
Co-ed "C" Division	Born in 2012-2013
Co-ed "B" Division	Born in 2010-2011
Co-ed "A" Division	Born in 2008-2009

NO REGISTRATION WILL BE TAKEN AT SKILLS TESTING.

Registration will be limited to 80 participants in each division. Come and join a team, learn about sportsmanship, and improve your basketball skills in a fun environment.

SUMMER BASKETBALL

This program provides youth the opportunity to learn the fundamentals of basketball and play on teams in an organized sports league. The program will begin the week of **June 11**, with games played on Saturdays, and some weeknights when necessary. **Registration will be taken online or in person** at City Hall during normal business hours, **Monday, March 21** through **Thursday, April 28**. Player's skills testing will be conducted on **May 11**.

SKILLS TESTING

All players are required to take a skills test in order to be placed on a team. The testing will take place at the Garden Grove Sports and Recreation Center, located at 13641 Deodara, Garden Grove, 92844.

Wednesday, May 11, 2022

"D" Division	5:00 pm
"C" Division	6:00 pm
"B" Division	6:30 pm
"A" Division	7:00 pm



VOLUNTEER COACHES... WE NEED YOU!!!

Volunteers are needed to coach and/or assist with teams in our youth basketball program. Without such volunteers, this program would not exist. If you have a few hours a week, enjoy working with kids, and know something about the game of basketball, please inform staff at the time of registration, or call (714) 741-5200.



DANCING AND GYMNASTICS

Baby's First Yoga, Dance & Tumbling Class

This class presents an easy and fun way to introduce your child to yoga through baby-friendly yoga poses and age appropriate tumbling skills. Materials fee of \$5 due to the instructor.

Instructor: Dawna Ludwig

Location: Westminster Community Center

Ages: 4-12 mos **\$50/ 5 sessions**

22981	Mo	5/23-6/27	1:50 - 2:20 pm	No class 5/30
22982	Mo	7/11-8/8	1:50 - 2:20 pm	
22983	Mo	8/22-9/26	1:50 - 2:20 pm	No class 9/5

Ballet, Tap, and Tumbling

Ballet develops physical control, strength, balance, and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, position of the day, animal walks, and balance beam. Materials fee of \$5 due to the instructor.

Instructor: Dawna Ludwig

Location: Westminster Community Center

Ages: 1-4 **\$40 / 4 sessions**

20059	Su	5/22-6/26	1:45 - 2:25 pm	No class 5/29 & 6/19
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\$50/ 5 sessions

20060	Mo	5/23-6/27	3:00 - 3:40 pm	No class 5/30
20061	Mo	7/11-8/8	3:00 - 3:40 pm	
20062	Mo	8/22-9/26	3:00 - 3:40 pm	No class 9/5
20063	Su	7/10-8/7	1:45 - 2:25 pm	
20064	Su	8/21-9/25	1:45 - 2:25 pm	No class 9/4

Ages: 5-11 **\$40 / 4 sessions**

21996	Su	5/22-6/26	3:50 - 4:30 pm	No class 5/29 & 6/19
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\$42 / 5 sessions

21997	Mo	5/23-6/27	3:40 - 4:20 pm	No class 5/30
21998	Mo	7/11-8/8	3:40 - 4:20 pm	
21999	Mo	8/22-9/26	3:40 - 4:20 pm	No class 9/5

\$50 / 5 sessions

21995	Su	7/10-8/7	3:50 - 4:30 pm	
21994	Su	8/21-9/25	3:50 - 4:30 pm	No class 9/4

Hip Hop is Fun!

This fun energetic class will teach you coordination, dance, and rhythm! Learn cool moves set to awesome music! Finesse onto the dance floor in style with this hip class!

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 5-7 **\$78 / 4 sessions**

28520	Tu	5/3-5/24	5:30 - 6:30 pm	
28521	Tu	5/31-6/21	5:30 - 6:30 pm	
28522	Tu	6/28-7/26	5:30 - 6:30 pm	No class 7/5
28523	Tu	8/2-8/23	5:30 - 6:30 pm	

Ages: 12-17 **\$78 / 4 sessions**

28524	Tu	5/3-5/24	7:30 - 8:30 pm	
28525	Tu	5/31-6/21	7:30 - 8:30 pm	
28526	Tu	6/28-7/26	7:30 - 8:30 pm	No class 7/5
28527	Tu	8/2-8/23	7:30 - 8:30 pm	

Pop Ballet is Fun!

Learn ballet to popular music you know and love! Introducing young dancers to their bodies, this class focuses on creating a more disciplined, creative, and outgoing dancer! In class, dancers will learn the classical ballet technique, improvisational skills, flexibility, and ballet vocabulary. Dress code for females: ballet leotard (any color), pink ballet tights, pink ballet shoes, hair in a bun. Dress code for males: black or white t-shirt, black leggings or ballet tights, black ballet shoes.

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 3-4 **\$68 / 4 sessions**

28532	Mo	5/2-5/23	4:30 - 5:15 pm	
28533	Mo	5/30-6/20	4:30 - 5:15 pm	
28534	Mo	6/27-7/25	4:30 - 5:15 pm	No class 7/4
28535	Mo	8/1-8/22	4:30 - 5:15 pm	

Ages: 3-5 **\$78 / 4 sessions**

28550	Tu	5/3-5/24	4:15 - 5:15 pm	
28551	Tu	5/31-6/21	4:15 - 5:15 pm	
28552	Tu	6/28-7/26	4:15 - 5:15 pm	No class 7/5
28553	Tu	8/2-8/23	4:15 - 5:15 pm	

Ages: 3-7 **\$78 / 4 sessions**

28554	Tu	5/3-5/24	6:30 - 7:30 pm	
28555	Tu	5/31-6/21	6:30 - 7:30 pm	
28556	Tu	6/28-7/26	6:30 - 7:30 pm	No class 7/5
28557	Tu	8/2-8/23	6:30 - 7:30 pm	

Ages: 5-7 **\$78 / 4 sessions**

28536	Mo	5/2-5/23	3:30 - 4:30 pm	
28537	Mo	5/30-6/20	3:30 - 4:30 pm	
28538	Mo	6/27-7/25	3:30 - 4:30 pm	No class 7/4
28539	Mo	8/1-8/22	3:30 - 4:30 pm	

Ages: 8-11 **\$78 / 4 sessions**

28540	Mo	5/2-5/23	6:30 - 7:30 pm	
28541	Mo	5/30-6/20	6:30 - 7:30 pm	
28542	Mo	6/27-7/25	6:30 - 7:30 pm	No class 7/4
28543	Mo	8/1-8/22	6:30 - 7:30 pm	

Pop Jazz is Fun!

This popular dance class will teach the student ballet foundations with the contemporary/jazz style. Jazz is the most popular style chosen for music concerts, dance competitions, and musical theater productions. Students will have fun dancing to popular music and learning dance tricks such as leg extensions, illusions, splits, jumps, and turns. Dress code: form fitting shirt, leggings or tights with shorts, tan slip-on jazz shoes. Solid colored clothes preferred.

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 6-9 **\$78 / 4 sessions**

29400	Th	5/5-5/26	5:30 - 6:30 pm	
29401	Th	6/2-6/23	5:30 - 6:30 pm	
29402	Th	6/30-7/28	5:30 - 6:30 pm	No class 7/7
29403	Th	8/4-8/25	5:30 - 6:30 pm	

Ages: 9+ **\$78 / 4 sessions**

29404	Th	5/5-5/26	6:30 - 7:30 pm	
29405	Th	6/2-6/23	6:30 - 7:30 pm	
29406	Th	6/30-7/28	6:30 - 7:30 pm	No class 7/7
29407	Th	8/4-8/25	6:30 - 7:30 pm	

SPORTS CLASSES

Introduction to Fencing

Learn the Olympic sport of fencing. Students learn how to move, attack, and defend themselves. Emphasis is placed on developing balance, coordination and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$10 USFA insurance fee is due at the first class.

Instructor: South Coast Fencing Center

Location: South Coast Fencing Center

Ages: 7-11 **\$115 / 4 sessions**

26506	5/3-5/28	Sa	10:00 - 11:00 am	TuTh	5:00 - 6:00 pm
26507	5/31-6/25	Sa	10:00 - 11:00 am	TuTh	5:00 - 6:00 pm
26508	6/28-7/23	Sa	10:00 - 11:00 am	TuTh	5:00 - 6:00 pm
26509	7/26-8/20	Sa	10:00 - 11:00 am	TuTh	5:00 - 6:00 pm

Class sessions are offered 3 times a week. Participants can attend any 1 of those sessions according to the convenience of their schedules.

\$170 / 8 sessions

26514	5/3-5/28	Sa	10:00 am - 11:00 am	TuTh	5:00 - 6:00 pm
26615	5/31-6/25	Sa	10:00 am - 11:00 am	TuTh	5:00 - 6:00 pm
26616	6/28-7/23	Sa	10:00 am - 11:00 am	TuTh	5:00 - 6:00 pm
26617	7/26-8/20	Sa	10:00 am - 11:00 am	TuTh	5:00 - 6:00 pm

Class sessions are offered 3 times a week. Participants can attend any 2 of those sessions according to the convenience of their schedules.

Ages: 12+		\$115 / 4 sessions			
26510	5/3-5/28	Sa	11:00 am - 12:00 pm	TuTh	6:00 - 7:00 pm
26511	5/31-6/25	Sa	11:00 am - 12:00 pm	TuTh	6:00 - 7:00 pm
26512	6/28-7/23	Sa	11:00 am - 12:00 pm	TuTh	6:00 - 7:00 pm
26513	7/26-8/20	Sa	11:00 am - 12:00 pm	TuTh	6:00 - 7:00 pm

Class sessions are offered 3 times a week. Participants can attend any 1 of those sessions according to the convenience of their schedules.

		\$170 / 8 sessions			
26618	5/3-5/28	Sa	11:00 am - 12:00 pm	TuTh	6:00 - 7:00 pm
26619	5/31-6/25	Sa	11:00 am - 12:00 pm	TuTh	6:00 - 7:00 pm
26620	6/28-7/23	Sa	11:00 am - 12:00 pm	TuTh	6:00 - 7:00 pm
26621	7/26-8/20	Sa	11:00 am - 12:00 pm	TuTh	6:00 - 7:00 pm

Class sessions are offered 3 times a week. Participants can attend any 2 of those sessions according to the convenience of their schedules.

4-Sport Multi Sport by BEST Sports

Our industry-leading 4-sport program brings you multiple weeks of 4 fantastic sports: soccer, baseball/softball, basketball, and track. We will teach your player how to kick and control a soccer ball; how to hit, catch, throw, and run the bases; shoot and dribble a basketball; run, jump, and build strength and endurance. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young players regardless of their skill level. Please bring an age-appropriate soccer ball for the first week. A hitting tee and a bat are needed later in the session. No additional fees ever!

Instructor: Beginners Edge Sports Training Instructor

Location: West Grove Park

Ages: 2-4		\$99 / 7 sessions			
20067	Sa	5/7-6/25	9:00 - 9:45 am	No class 5/28	
20070	Su	5/8-6/26	10:40 - 11:25 am	No class 5/29	

		\$115 / 8 sessions			
20073	Sa	7/9-8/27	9:00 - 9:45 am		
20076	Su	7/10-8/28	10:40 - 11:25 am		

Ages: 4-7		\$99 / 7 sessions			
20068	Sa	5/7-6/25	9:50 - 10:35 am	No class 5/28	
20071	Su	5/8-6/26	9:50 - 10:35 am	No class 5/29	

		\$115 / 8 sessions			
20074	Sa	7/9-8/27	9:50 - 10:35 am		
20077	Su	7/10-8/28	9:50 - 10:35 am		

Ages: 7-10		\$99 / 7 sessions			
20069	Sa	5/7-6/25	12:20 - 1:05 pm	No class 5/28	
20072	Su	5/8-6/26	9:00 - 9:45 am	No class 5/29	

		\$115 / 8 sessions			
20075	Sa	7/9-8/27	12:20 - 1:05 pm		
20078	Su	7/10-8/28	9:00 - 9:45 am		

Basketball Skills and Drills by BEST Sports

Our industry-leading basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting, and the triple threat position. Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of their skill level. This is an extremely active, endurance-based class. Please bring your child's favorite basketball with their name on it. No additional fees ever!

Instructor: Beginners Edge Sports Training Instructor

Location: West Grove Park

Ages: 3-6			\$99 / 7 sessions	
20020	Sa	5/7-6/25	10:40 - 11:25 am	No class 5/28
			\$115 / 8 sessions	

20022	Sa	7/9-8/27	10:40 - 11:25 am
Ages: 7-10			\$99 / 7 sessions

20021	Sa	5/7-6/25	11:30 am - 12:15 pm	No class 5/28
\$115 / 8 sessions				
20023	Sa	7/9-8/27	11:30 am - 12:15 pm	

Beginner Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course is designed to introduce the sport of volleyball to the athlete who is completely new to the game. Come have fun and learn with us!

Instructor: Tan Nguyen

Location: Garden Grove Sports and Recreation Center

Ages: 8-10			\$36 / 3 sessions
29100	Su	5/8-5/22	1:15 - 2:15 pm
29101	Su	6/12-6/26	1:15 - 2:15 pm
			\$48 / 4 sessions
29102	Su	7/10-7/31	1:15 - 2:15 pm
29103	Su	8/7-8/28	1:15 - 2:15 pm

Intermediate Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course is designed for the more seasoned athlete with some volleyball experience but exceptions do apply (give us a call if you're not sure)! Come have fun and learn with us!

Instructor: Tan Nguyen

Location: Garden Grove Sports and Recreation Center

Ages: 11-14			\$36 / 3 sessions
29105	Su	5/8-5/22	2:15 - 3:15 pm
29106	Su	6/12-6/26	2:15 - 3:15 pm
			\$48 / 4 sessions
29107	Su	7/10-7/31	2:15 - 3:15 pm
29108	Su	8/7-8/28	2:15 - 3:15 pm

Advanced Volleyball

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course puts those athletes that have a solid grasp of the fundamentals into a full on game environment. Come have fun and learn with us!

Instructor: Tan Nguyen

Location: Garden Grove Sports and Recreation Center

Ages: 12-15			\$36 / 3 sessions
28200	Su	5/8-5/22	3:15 - 4:15 pm
28201	Su	6/12-6/26	3:15 - 4:15 pm
			\$48 / 4 sessions
28202	Su	7/10-7/31	3:15 - 4:15 pm
28203	Su	8/7-8/28	3:15 - 4:15 pm

Soccer Skills Training by

BEST Sports



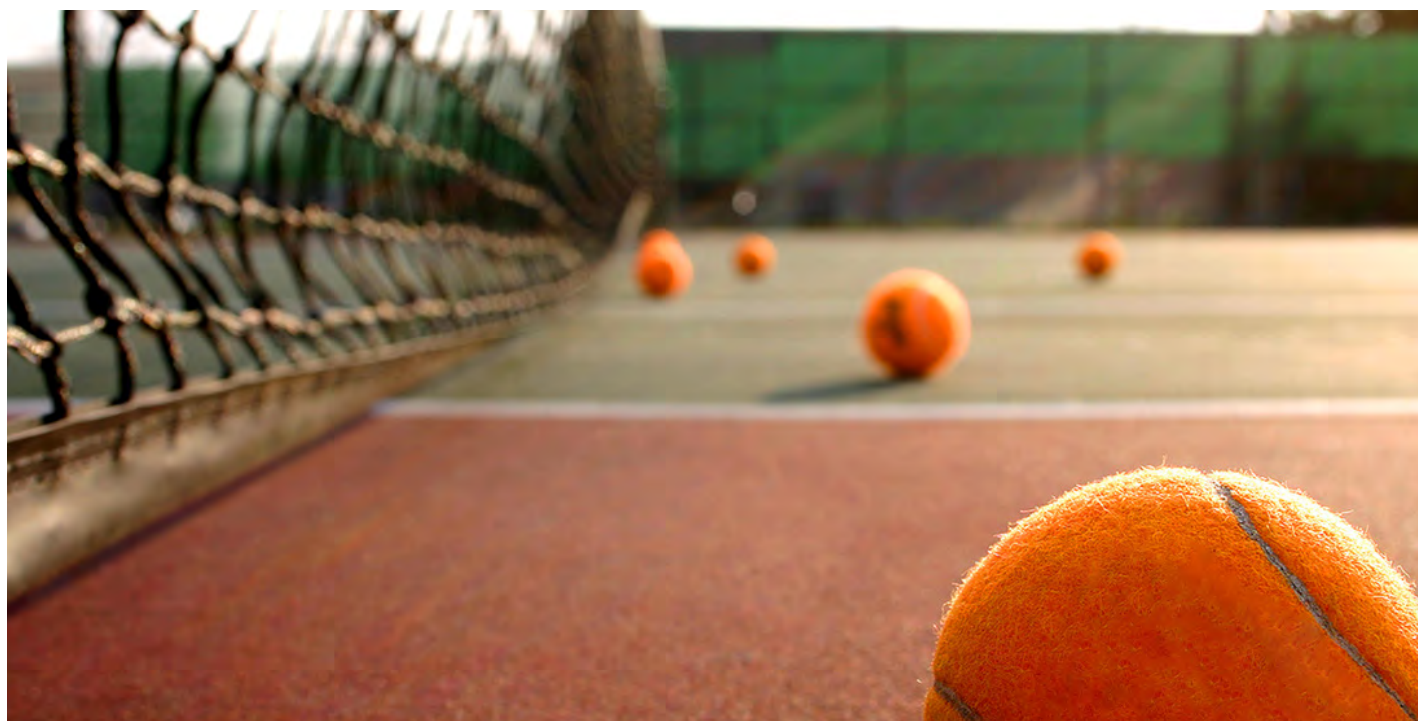
Our industry-leading weekly soccer class will teach your kids the skills of soccer by offering activities such as: dribbling, kicking, throw-ins, goalie skills, (age permitting: scrimmaging) and more! Our goal and focus is to maintain an energetic and highly active program that will teach, encourage, and advance your young player regardless of

their skill level. Please bring an age appropriate soccer ball with your child's name on it. No additional fees ever!

Instructor: Beginners Edge Sports Training Instructor

Location: West Grove Park

Ages: 18 mos-2 yrs			\$99 / 8 sessions	
21050	Su	5/8-6/26	9:50 - 10:35 am	No class 5/29
			\$115 / 7 sessions	
21051	Su	7/10-8/28	9:50 - 10:35 am	
Ages: 3-6			\$99 / 8 sessions	
21052	Su	5/8-6/26	9:00 - 9:45 am	No class 5/29
			\$115 / 7 sessions	
21053	Su	7/10-8/28	9:00 - 9:45 am	
Ages: 7-10			\$99 / 8 sessions	



21054	Su	5/8-6/26	10:40 - 11:25 am	No class 5/29
\$99 / 7 sessions				
21055	Su	7/10-8/28	10:40 - 11:25 am	

TENNIS

High School Aces Tennis Class

This class is perfect for players getting ready to compete in tournaments, high school, or league tennis. This training class is for motivated, young competitive players, with dreams of one day competing at a higher level. Players will learn to compete and win through advanced strategy in singles and doubles. This class will build the confidence in each player's tennis game, through match play, while engaging in a wide variety of effective games and competitive situations. For more information and rainy day makeup policy, go to www.johnnyallentennis.com or call (844) 983-6647.

Instructor: Johnny Allen Tennis Academy

Location: Chapman Sports Complex

Ages: 13-17 **\$89 / 6 sessions**

20530	TuTh	5/17-6/2	7:00 - 8:00 pm
20531	TuTh	6/7-6/23	7:00 - 8:00 pm
20532	TuTh	6/28-7/14	7:00 - 8:00 pm
20533	TuTh	7/19-8/4	7:00 - 8:00 pm
20534	TuTh	8/9-8/25	7:00 - 8:00 pm
20535	TuTh	8/30-9/15	7:00 - 8:00 pm

Junior Aces Tennis Class

All junior tennis players looking for improvement are welcome to play, and find their groove, as music is played in every class. All four major strokes will be taught, the forehand, backhand, serve, and volley. Players will improve technique, spin, placement, balance, and movement, through specially designed drills and games. We will be focusing on proper technique on all major shots during singles and doubles play, preparing players for high school tennis, tournaments, and an overall higher level of the game. For more info and rainy day makeup policy, go to www.johnnyallentennis.com or call (844) 983-6647.

Instructor: Johnny Allen Tennis Academy

Location: Chapman Sports Complex

Ages: 9-12 **\$89 / 6 sessions**

20550	TuTh	5/17-6/2	6:00 - 7:00 pm
20551	TuTh	6/7-6/23	6:00 - 7:00 pm
20552	TuTh	6/28-7/14	6:00 - 7:00 pm

20553	TuTh	7/19-8/4	6:00 - 7:00 pm
20554	TuTh	8/9-8/25	6:00 - 7:00 pm
20555	TuTh	8/30-9/15	6:00 - 7:00 pm

Little Aces Tennis Class

We believe learning tennis should be fun and exciting. All classes feature the magical fusion of music and tennis. All four major strokes will be taught, the forehand, backhand, serve, and volley. Students will be given a solid tennis foundation through tons of innovative and effective drills and games. Once ready, players will be invited to attend the intermediate class. For more information and rainy day makeup policy, go to www.johnnyallentennis.com or call (844) 983-6647.

Instructor: Johnny Allen Tennis Academy

Location: Chapman Sports Complex

Ages: 6-8 **\$89 / 6 sessions**

20515	TuTh	5/17-6/2	5:00 - 6:00 pm
20516	TuTh	6/7-6/23	5:00 - 6:00 pm
20517	TuTh	6/28-7/14	5:00 - 6:00 pm
20518	TuTh	7/19-8/4	5:00 - 6:00 pm
20519	TuTh	8/9-8/25	5:00 - 6:00 pm
20520	TuTh	8/30-9/15	5:00 - 6:00 pm

Tiny Aces Tennis Class

This class is your future tennis star's introduction to the exciting world of tennis, sports, and overall athleticism. This class features fun games that are perfectly designed to advance your child's hand-eye coordination, balance, and love for tennis. Our friendly staff will provide a fun, creative, and positive environment for every child involved. Parent participation is strongly encouraged. For more information and rainy day makeup policy, go to www.johnnyallentennis.com or call (844) 983-6647.

Instructor: Johnny Allen Tennis Academy

Location: Chapman Sports Complex

Ages: 3-5 **\$69 / 6 sessions**

20512	TuTh	5/17-6/2	4:15 - 5:00 pm
20513	TuTh	6/7-6/23	4:15 - 5:00 pm
20514	TuTh	6/28-7/14	4:15 - 5:00 pm
20570	TuTh	7/19-8/4	4:15 - 5:00 pm
20571	TuTh	8/9-8/25	4:15 - 5:00 pm





20572 TuTh 8/30-9/15 4:15 - 5:00 pm

MARTIAL ARTS

Vovinam Martial Arts

Vovinam is a Vietnamese martial art, founded in 1938. It is the development of communicative intelligence, athletic body, noble mind, self-control, self-defense, self-esteem, and perseverance in a non-violent spirit. Self-defense for all levels: beginner, intermediate, and advanced. There is a \$20.00 non-refundable annual membership fee. Students are required to purchase a unique Vovinam martial arts uniform for \$35.00.

Instructor: Tam Nguyen

Location: West Haven Park

Ages: 7+ **\$35 / 8 sessions**

23011	5/3-6/11	Tu	6:00 - 7:30 pm	Sa	9:20 - 10:50 am
23012	6/14-7/9	Tu	6:00 - 7:30 pm	Sa	9:20 - 10:50 am
23014	8/9-9/3	Tu	6:00 - 7:30 pm	Sa	9:20 - 10:50 am

\$25 / 6 sessions

23013	7/12-8/6	Tu	6:00 - 7:30 pm	Sa	9:20 - 10:50 am No class 7/19 & 7/23
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\$20 / 4 sessions

23015	Sa	5/7-6/11	9:20 - 10:50 am		
23016	Sa	6/18-7/9	9:20 - 10:50 am		
23018	Sa	8/13-9/3	9:20 - 10:50 am		

\$15 / 3 sessions

23017	Sa	7/16-8/6	9:20 - 10:50 am		No class 7/23
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Taekwondo for Kids

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty, and assertiveness. The classes are beginner programs and kids will learn basic kicking techniques, punches, blocks, and basic self-defense forms. Uniform is included with class fee. This class is for first-time students only. If interested in re-enrolling, please contact the instructor directly.

Instructor: Sung Ho Park

Location: Tae Kwon Do Studio

Ages: 7-12 **\$69/ 8 sessions**



22011 MoFr 5/2-6/3 3:50 - 4:30 pm

22012 MoWe 5/2-5/25 5:00 - 5:40 pm

22013 TuTh 5/3-5/26 5:00 - 5:40 pm

22014 TuTh 5/3-5/26 5:40 - 6:20 pm

22015 MoFr 6/6-7/8 3:50 - 4:30 pm

22016 MoWe 6/6-6/29 5:00 - 5:40 pm

22017 TuTh 6/7-6/30 5:00 - 5:40 pm

22018 TuTh 6/7-6/30 5:40 - 6:20 pm

22019 MoFr 7/11-8/5 3:50 - 4:30 pm

22020 MoWe 7/11-8/3 5:00 - 5:40 pm

22021 TuTh 7/12-8/4 5:00 - 5:40 pm

22022 TuTh 7/12-8/4 5:40 - 6:20 pm

Taekwondo for Little Stars

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty, and assertiveness. The classes are beginner programs and kids will learn basic kicking techniques, punches, blocks, and basic self-defense forms. Uniform is included with class fee. This class is for first-time students only. If interested in re-enrolling, please contact the instructor directly.



Instructor: Sung Ho Park

Location: Tae Kwon Do Studio

Ages: 4-6 **\$69/ 8 sessions**

22023 MoWe 5/2-5/25 4:30 - 5:00 pm

22024 MoWe 5/2-5/25 5:40 - 6:10 pm

22025 TuTh 5/3-5/26 4:30 - 5:00 pm

22026 TuTh 5/3-5/26 6:20 - 6:50 pm

22027 MoWe 6/6-6/29 4:30 - 5:00 pm

22028 MoWe 6/6-6/29 5:40 - 6:10 pm

22029 TuTh 6/7-6/30 4:30 - 5:00 pm

22030 TuTh 6/7-6/30 6:20 - 6:50 pm

22031 MoWe 7/11-8/3 4:30 - 5:00 pm

22032 MoWe 7/11-8/3 5:40 - 6:10 pm

22033 TuTh 7/12-8/4 4:30 - 5:00 pm

22034 TuTh 7/12-8/4 6:20 - 6:50 pm

ARTS AND CRAFTS



Anime is Fun!

Learn the techniques to drawing your favorite anime characters! Topics covered will include: 2D and 3D drawing, principles of animation, turning the character around, what makes cute/what makes awesome, how to make your drawings unique, famous anime designs and why they work, the character in motion, and expression poses.

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 5-7		\$78 / 4 sessions	
22821	Sa	5/7-5/28	1:00 - 2:00 pm
22822	Sa	6/4-6/25	1:00 - 2:00 pm
22823	Sa	7/9-7/30	1:00 - 2:00 pm
22824	Sa	8/6-8/27	1:00 - 2:00 pm
Ages: 8-11		\$78 / 4 sessions	
22813	Th	5/5-5/26	6:30 - 7:30 pm
22814	Th	6/2-6/23	6:30 - 7:30 pm
22815	Th	6/30-7/28	6:30 - 7:30 pm <i>No class 7/7</i>
22816	Th	8/4-8/25	6:30 - 7:30 pm
22825	Sa	5/7-5/28	2:00 - 3:00 pm
22826	Sa	6/4-6/25	2:00 - 3:00 pm
22827	Sa	7/9-7/30	2:00 - 3:00 pm
22828	Sa	8/6-8/27	2:00 - 3:00 pm
Ages: 11+		\$78 / 4 sessions	
22817	Th	5/5-5/26	7:30 - 8:30 pm
22818	Th	6/2-6/23	7:30 - 8:30 pm
22819	Th	6/30-7/28	7:30 - 8:30 pm <i>No class 7/7</i>
22820	Th	8/4-8/25	7:30 - 8:30 pm
22829	Sa	5/7-5/28	3:00 - 4:00 pm
22830	Sa	6/4-6/25	3:00 - 4:00 pm
22831	Sa	7/9-7/30	3:00 - 4:00 pm
22832	Sa	8/6-8/27	3:00 - 4:00 pm

Drawing is Fun!

Be more confident with your lines and shapes! With new themes every month, this class will develop your inner artist. You will also practice the fundamentals of observation and how to transfer them onto paper. In this quirky class, you'll exercise your imagination and have fun while making cartoons!

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 5-7		\$78 / 4 sessions	
20162	Su	5/8-5/29	9:30 - 10:30 am
20163	Su	6/5-6/26	9:30 - 10:30 am
20164	Su	7/10-7/31	9:30 - 10:30 am
20165	Su	8/7-8/28	9:30 - 10:30 am
Ages: 6+		\$78 / 4 sessions	
20154	Th	5/5-5/26	3:00 - 4:00 pm
20155	Th	6/2-6/23	3:00 - 4:00 pm
20156	Th	6/30-7/28	3:00 - 4:00 pm <i>No class 7/7</i>
20157	Th	8/4-8/25	3:00 - 4:00 pm
20158	Su	5/8-5/29	2:30 - 3:30 pm
20159	Su	6/5-6/26	2:30 - 3:30 pm
20160	Su	7/10-7/31	2:30 - 3:30 pm
20161	Su	8/7-8/28	2:30 - 3:30 pm



Mixed Media Art is Fun!

Do you enjoy drawing, painting, colored pencils, printmaking, and even paper art? Mixed Media work is excellent for exploring different mediums in art if you just love to create and want to improve on your skill!

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 6+		\$98 / 4 sessions	
20290	We	5/4-5/25	3:00 - 4:00 pm
20291	We	6/1-6/22	3:00 - 4:00 pm
20292	We	6/29-7/27	3:00 - 4:00 pm <i>No class 7/6</i>
20293	We	8/3-8/24	3:00 - 4:00 pm
20294	Fr	5/6-5/27	6:30 - 7:30 pm
20295	Fr	6/3-6/24	6:30 - 7:30 pm
20296	Fr	7/1-7/29	6:30 - 7:30 pm <i>No class 7/8</i>
20297	Fr	8/5-8/26	6:30 - 7:30 pm

Painting is Fun!

Students will gain confidence in their painting skill set. These lessons will begin with an introduction to color theory and help students improve their painting and gain more knowledge on color and how to mix and manipulate paints.

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 5-7		\$98 / 4 sessions	
20104	Th	5/5-5/26	4:00 - 5:00 pm
20105	Th	6/2-6/23	4:00 - 5:00 pm
20106	Th	6/30-7/28	4:00 - 5:00 pm <i>No class 7/7</i>
20107	Th	8/4-8/25	4:00 - 5:00 pm
Ages: 6+		\$98 / 4 sessions	
20100	Tu	5/3-5/24	6:00 - 7:00 pm
20101	Tu	5/31-6/21	6:00 - 7:00 pm
20102	Tu	6/28-7/26	6:00 - 7:00 pm <i>No class 7/5</i>
20103	Tu	8/2-8/23	6:00 - 7:00 pm

Preschool Play and Practice

Imagine your child learning award-winning children's literature, songs, arts and crafts, and many more new ideas. Each class is based on a different theme and includes cutting, pasting, coloring, and more importantly, interacting with other children. Materials fee of \$5 due to the instructor.

Instructor: Dawna Ludwig

Location: Westminster Community Center

Ages: 9 mos - 4 yrs		\$40 / 4 sessions	
23330	Su	5/22-6/26	1:00 - 1:40 pm <i>No class 5/29 & 6/19</i>
		\$50 / 5 sessions	
23331	Mo	5/23-6/27	2:20 - 3:00 pm <i>No class 5/30</i>
23334	Su	7/10-8/7	1:00 - 1:40 pm
23332	Mo	7/11-8/8	2:20 - 3:00 pm
23335	Su	8/21-9/25	1:00 - 1:40 pm <i>No class 9/4</i>
23333	Mo	8/22-9/26	2:20 - 3:00 pm <i>No class 9/5</i>

MUSIC

Singing is Fun!

Learn to sing those songs you love with creative style, proper technique, and stage performance skills! Students have the opportunity to sing solos, duets, and big group songs in this class where musical numbers really come to life!

Instructor: Westminster Arts Academy Staff

Location: Westminster Arts Academy

Ages: 4-7		\$68 / 4 sessions	
22796	Th	5/5-5/26	4:45 - 5:30 pm
22797	Th	6/2-6/23	4:45 - 5:30 pm
22798	Th	6/30-7/28	4:45 - 5:30 pm <i>No class 7/7</i>
22799	Th	8/4-8/25	4:45 - 5:30 pm
Ages: 5-10		\$78 / 4 sessions	
22809	Su	5/8-5/29	10:00 - 11:00 am
22810	Su	6/5-6/26	10:00 - 11:00 am

22811	Su	7/10-7/31	10:00 - 11:00 am
22812	Su	8/7-8/28	10:00 - 11:00 am
Ages: 8-11		\$78 / 4 sessions	
22800	Th	5/5-5/26	5:30 - 6:30 pm
22801	Th	6/2-6/23	5:30 - 6:30 pm
22802	Th	6/30-7/28	5:30 - 6:30 pm No class 7/7
22803	Th	8/4-8/25	5:30 - 6:30 pm
Ages: 12-17		\$78 / 4 sessions	
22804	Th	5/5-5/26	6:30 - 7:30 pm
22805	Th	6/2-6/23	6:30 - 7:30 pm
22806	Th	6/30-7/28	6:30 - 7:30 pm No class 7/7
22807	Th	8/4-8/25	6:30 - 7:30 pm

SPECIAL INTEREST

Junkyard Playground

Junkyard Playground by Recess Revolution includes free play with loose parts including: cardboard, barrels, buckets, crates, tires, tarps, tubes, clips, foam, ropes, and other assorted items.

Instructor: Kristin Shepherd

Location: Atlantis Play Center

Ages: 4-14		\$20 / 1 session	
29801	Sa	5/14	10:00 - 11:30 am
29802	Sa	5/14	12:00 - 1:30 pm
29803	Sa	5/14	2:00 - 3:30 pm
29804	Sa	6/11	10:00 - 11:30 am
29805	Sa	6/11	12:00 - 1:30 pm
29806	Sa	6/11	2:00 - 3:30 pm
29807	Sa	7/9	10:00 - 11:30 am
29808	Sa	7/9	12:00 - 1:30 pm
29809	Sa	7/9	2:00 - 3:30 pm
29810	Sa	8/13	10:00 - 11:30 am
29811	Sa	8/13	12:00 - 1:30 pm
29812	Sa	8/13	2:00 - 3:30 pm

Mad Science: Advanced Robotics and Rollercoaster Engineering

Investigate the effects of Newton's Laws as you engineer games and explore gravitational energy, potential energy, and kinetic energy! Master the science behind the most thrilling rides on Earth. Discover the exciting side of physics and robotics while designing, experimenting, and building the Mad Science Odyssey, your very own roller coaster to take home! A \$30 materials fee is due the first day of class.

Instructor: Mad Science Staff

Location: Garden Grove Sports and Recreation Center

Ages: 8-12 **\$175 / 5 sessions**

29210	MoTuWeThFr	8/22-8/26	9:00 am - 12:00 pm
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Mad Science: Crazy Chemworks

Come and discover what it's like to be a real scientist and work in a Mad Science Lab. Each day we will experiment with different chemicals and tools to see what kind of interesting and crazy reactions we can create! Students will explore acids and bases, reveal the secret recipe of slime, and examine crystallization. By the end of the week the Jr. Mad Scientists will have their very own chemistry set so they can perform their own experiments at home! A \$30 materials fee is due the first day of class.

Instructor: Mad Science Staff

Location: Miriam Warne Community Building

Ages: 5-12 **\$135 / 4 sessions**

21212	TuWeThFr	7/5-7/8	9:00 am - 12:00 pm
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Location: West Grove Park

\$165 / 5 sessions

21213	MoTuWeThFr	8/1-8/5	9:00 am - 12:00 pm
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Mad Science: Galaxy Defenders

Join our Astronaut Academy and Space Shuttle Tech Crew as you prepare to defend the galaxy. Build your own model rocket, make and take home tubular telescopes, space shuttles, and flying fizzlers. Discover the fun involved in rockets and experience an awesome rocket launch. Learn how Sir Isaac Newton laid down the law of rocketry and motion. Join now and help our mad scientists protect the Earth from alien invaders! A \$30 materials fee is due the first day of class.

Instructor: Mad Science Staff

Location: West Grove Park

Ages: 5-12 **\$165 / 5 sessions**

29200	MoTuWeThFr	6/13-6/17	9:00 am - 12:00 pm
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Mad Science: Little Scientist Preschool Lab

Investigate the science of nature with this fun summer camp for the youngest of scientists. Cultivate your interest in life science as you learn about insects, weather, plants, and soil. Experience fun hands-on experiments in this week-long lab. Parents are requested not to stay during class. Children must be potty trained. Instructor-student ratio is 1:8. A \$30 materials fee is due the first day of class.

Instructor: Mad Science Staff

Location: Fountain Valley Recreation Center

Ages: 3.5-5 **\$180 / 5 sessions**

21209	MoTuWeThFr	7/25-7/29	9:00 am - 12:00 pm
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Mad Science: NASA Jr. Astronauts

Join our Academy of Future Space Explorers as you prepare to explore the galaxy. Build your own model rocket, race a balloon rocket, and then see the real thing - a rocket launch up to 300 ft. in the air! Use teamwork to complete an important space mission. Make and take home your own comet, Space Copter, and much more. This NASA camp is "out of this world!" A \$30 materials fee is due the first day of class.

Instructor: Mad Science Staff

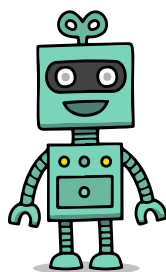
Location: Fountain Valley Recreation Center

Ages: 5-12 **\$165 / 5 sessions**

21205	MoTuWeThFr	7/11-7/15	9:00 am - 12:00 pm
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Location: Stanton Central Park

21206	MoTuWeThFr	8/8-8/12	9:00 am - 12:00 pm
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Mad Science: Robots 101

I am a RO-BOT! Join us for a week of FUN with amazing robots! Learn about the uses of robots in our world and spend time experimenting with super cool robots that can sense sound, follow patterns, even play soccer! Discover the science of circuitry and how robots use sensors to explore the things around them. Use your skills to build your very own working robot to take home with you! A \$30 materials fee is due the first day of class.

Instructor: Mad Science Staff

Location: Fountain Valley Recreation Center

Ages: 5-12 **\$165 / 5 sessions**

20603	MoTuWeThFr	8/15-8/19	9:00 am - 12:00 pm
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Location: Garden Grove Sports and Recreation Center

20602	MoTuWeThFr	7/18-7/22	9:00 am - 12:00 pm
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Mad Science: Science in Action

Discover how things move with science. View the world through a camera obscura, different lenses, and kaleidoscopes. Make and take home a periscope, assemble and control pulleys, levers, catapults, and mega pinchers. Chemically compose your sidewalk chalk, grow your own crystal gardens, and play with Magic Mud! A \$30 materials fee is due the first day of class.

Instructor: Mad Science Staff

Location: Fountain Valley Recreation Center

\$165 / 5 sessions **Ages: 5-12**

21220	MoTuWeThFr	8/1-8/5	9:00 am - 12:00 pm
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Location: Stanton Central Park

21219	MoTuWeThFr	6/27-7/1	9:00 am - 12:00 pm
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Mad Science: Secret Agent Lab

Look out, 007! Mad Science's Secret Agent Lab will help you sharpen your secret spy skills as you learn about the science of sleuthing! Campers will have the opportunity to step into the shoes of a detective as they learn all about forensic science by decoding messages, gathering evidence, checking out spy gear, and cracking security systems. Become a super spy and learn clever ways of performing tasks in this hands-on view of the science that spies use. Campers will make awesome take-home projects each day for their spy kit, including spynoculars and a secret safe! A \$30 materials fee is due to the instructor the first day of class.

Instructor: Mad Science Staff

Location: Fountain Valley Recreation Center

Ages: 5-12 **\$165 / 5 sessions**

20600	MoTuWeThFr	6/27-7/1	9:00 am - 12:00 pm
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Location: Miriam Warne Community Building

20601	MoTuWeThFr	8/8-8/12	9:00 am - 12:00 pm
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Manners for Young Ladies and Gentlemen

Knowing what to do in social situations can build self-esteem and confidence in everyone. Children will receive a foundation of good manners while learning good communication, positive body language, and proper grooming in a relaxed, fun atmosphere.

Instructor: Dawna Ludwig

Location: Westminster Community Center

Ages: 4-11 **\$40 / 4 sessions**

28800	Su	5/22-6/26	3:15 - 3:45 pm No class 5/29 & 6/19
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\$50 / 5 sessions

28801	Mo	5/23-6/27	4:20 - 5:00 pm No class 5/30
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28799	Su	7/10-8/7	3:15 - 3:45 pm
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28802	Mo	7/11-8/8	4:20 - 5:00 pm
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28798	Su	8/21-9/25	3:15 - 3:45 pm No class 9/4
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28803	Mo	8/22-9/26	4:20 - 5:00 pm No class 9/5
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Minecraft Make Code Programming

With Make Code, kids can start learning programming inside the Minecraft game. You will learn the professional programming concepts while playing and making changes in the

game. With the open platform provided by Minecraft, kids can program anything they want with their imagination, and change the game into a version that has never been seen before.

Instructor: Coding Minds Inc. Instructor

Location: West Grove Park

Ages: 6-11 **\$125 / 4 sessions**

21805	Tu	5/3-5/24	5:00 - 6:00 pm
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21806	Tu	6/14-7/5	5:00 - 6:00 pm
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21807	Tu	7/12-8/2	5:00 - 6:00 pm
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Mobile App Development

MIT App Inventor is an innovative beginner's introduction to programming and app creation that transforms the complex language of text-based coding into visual, drag-and-drop building blocks. Students will learn creating apps on various topics: Mobile User Interface, Mobile Interaction and Animation, Network Programming, Mobile Server Communication, Online Chat Mobile Sensors, and Mobile Game Design and Development.

Instructor: Coding Minds Inc. Instructor

Location: West Grove Park

Ages: 8+ **\$125 / 4 sessions**

20501	Tu	5/3-5/24	4:00 - 5:00 pm
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20502	Tu	6/7-6/28	4:00 - 5:00 pm
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20503	Tu	7/5-7/26	4:00 - 5:00 pm
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20504	Tu	8/2-8/23	4:00 - 5:00 pm
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Game Development and Design Camp

Learn programming with game development. Build your own game without limits. Create your own games and turn your ideas into reality with Roblox Studio. This program is designed in a way that helps students implement game logic and creativity, understand the principles and foundations of computer algorithms, and lay the foundation for advanced programming learning. It's a scripting type programming language.



Instructor: Coding Minds. Inc Instructor

Location: West Grove Park

Ages: 10-16 **\$260 / 5 sessions**

20500	MoTuWeThFr	7/18-7/22	10:00 am - 12:00 pm
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Yoga for Kids

Yoga is a safe, fun, and non-competitive way for children to exercise and develop coordination. Yoga also strengthens the body, builds self-esteem, and increases focus and concentration.

Instructor: Dawna Ludwig

Location: Westminster Community Center

Ages: 4-12 **\$40 / 4 sessions**

23039	Su	5/22-6/26	2:30 pm - 3:10 pm No class 5/29 & 6/19
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\$50 / 5 sessions

23040	Su	7/10-8/7	2:30 pm - 3:10 pm
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23041	Su	8/21-9/25	2:30 pm - 3:10 pm No class 9/4
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PETS

Beginning Flyball

This class is for dogs that have not played flyball or have had a very simple introduction. Dogs will be running and jumping low hurdles. Dogs must not be aggressive or unmanageable. Bring leash, treats, toys, and baggies for clean up.

Instructor: Nicole Myers

Location: Edgar Park

Ages: 14+ **\$50 / 6 sessions**

20109	Fr	5/6-6/10	6:00 - 6:50 pm
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20110	Fr	7/15-8/19	6:00 - 6:50 pm
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Advanced Flyball

This class is for dogs that have already learned the basics of flyball. This class teaches team strategies and fine tunes behavior. Bring leash, treats, toys, and baggies for clean up.

Instructor: Nicole Myers

Location: Edgar Park

Ages: 14+ **\$80 / 8 sessions**

20112	Fr	5/6-6/24	7:00 - 7:50 pm
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20113	Fr	7/15-9/16	7:00 - 7:50 pm No class 8/26 & 9/2
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ADULT SPORTS

Introduction to Fencing

Learn the Olympic sport of fencing. Students learn how to move, attack, and defend themselves. Emphasis is placed on developing balance, coordination and quick decision making. Classes are hands-on and highly interactive. An essential equipment starter kit must be purchased prior to the first class. Inquire at South Coast Fencing Center. \$10 USFA insurance fee is due at the first class.

Instructor: South Coast Fencing Center

Location: South Coast Fencing Center

Ages: 12+ **\$115 / 4 sessions**

26510	5/3-5/28	Sa	11:00 am - 12:00 pm	TuTh	6:00 - 7:00 pm
26511	5/31-6/25	Sa	11:00 am - 12:00 pm	TuTh	6:00 - 7:00 pm
26512	6/28-7/23	Sa	11:00 am - 12:00 pm	TuTh	6:00 - 7:00 pm
26513	7/26-8/20	Sa	11:00 am - 12:00 pm	TuTh	6:00 - 7:00 pm

Class sessions are offered 3 times a week. Participants can attend any 1 of those sessions according to the convenience of their schedules.

\$170 / 8 sessions

26618	5/3-5/28	Sa	11:00 am - 12:00 pm	TuTh	6:00 - 7:00 pm
26619	5/31-6/25	Sa	11:00 am - 12:00 pm	TuTh	6:00 - 7:00 pm
26620	6/28-7/23	Sa	11:00 am - 12:00 pm	TuTh	6:00 - 7:00 pm
26621	7/26-8/20	Sa	11:00 am - 12:00 pm	TuTh	6:00 - 7:00 pm

Class sessions are offered 3 times a week. Participants can attend any 2 of those sessions according to the convenience of their schedules.



Pilates

Whether you are a dancer, an athlete, or simply interested in keeping your body fit, the Pilates method of exercise is designed for you! Pilates works specific muscles in controlled scientific ways to increase agility and strength. This revolutionary toning and conditioning system stretches, strengthens, and realigns overused joints and muscles. Participants work at their own level of fitness. Be sure to bring a mat and justified pound weights.

Instructor: Dawna Ludwig

Location: Westminster Community Center

Ages: 18+ **\$50 / 5 sessions**

21985	Mo	5/23-6/27	5:15 - 6:15 pm	No class 5/30
21986	Mo	7/11-8/8	5:15 - 6:15 pm	
21987	Mo	8/22-9/26	5:15 - 6:15 pm	No class 9/5



Core Yolates

Enjoy this new workout trend that combines two methods of exercise - Yoga and Pilates. This course will emphasize core stabilization, lengthening, toning, and body sculpting. Yolates also improves core strength, posture, and overall body awareness. Please bring a stability ball, resistance band, and weights to class.

Instructor: Dawna Ludwig

Ages: 18+

Location: Westminster Community Center **\$50 / 5 sessions**

28805	Mo	5/23-6/27	6:20 - 7:20 pm	No class 5/30
28806	Mo	7/11-8/8	6:20 - 7:20 pm	
28807	Mo	8/22-9/26	6:20 - 7:20 pm	No class 9/5

PiII Strength Camp

The PiII Strength Camp provides a fitness routine that is customized to help meet your fitness goals. You can attend unlimited classes per month, Monday - Saturday during the following times: 6:00 a.m., 7:00 a.m., 8:30 a.m., 12:00 p.m., 4:00 p.m., 5:00 p.m., 6:00 p.m., 7:00 p.m., and 8:00 p.m. Schedules can be arranged with the instructor after registration fees are paid by calling 714-393-1230.

Instructor: Andre Ponce

Location: PiII Strength Camp

Ages: 18+ **\$250 / 78 sessions**

27101	MTWTFS	5/2-5/31	6:00 am - 9:00 pm
27102	MTWTFS	6/1-6/30	6:00 am - 9:00 pm
27103	MTWTFS	7/1-7/30	6:00 am - 9:00 pm
27104	MTWTFS	8/1-8/31	6:00 am - 9:00 pm

ARTS AND CRAFTS

Drawing and Painting in the Afternoon

Maximize your time! This class is designed for beginning and intermediate students who would like to learn how to improve their drawing and painting skills. Color theory and elements of art will be incorporated. Please ask for the materials list when registering for this class and bring all materials to the first class meeting.

Instructor: Pati Kent

Location: Westminster Community Center

Ages: 18+ **\$65 / 4 sessions**

20302	We	5/18-6/8	2:00 - 3:45 pm
20303	We	6/29-7/20	2:00 - 3:45 pm
20304	We	8/10-8/31	2:00 - 3:45 pm



FITNESS

Line Dancing for Health and Enjoyment

While having fun and enjoying different types of music, you will tone up your muscles, build stamina, and increase flexibility while improving your balance and coordination. Learning choreographed line dances will help sharpen your memory. In addition to line dancing, we also do low impact aerobics. Please wear comfortable shoes and bring a water bottle.

Instructor: Gemmy Pham

Location: West Haven Park

Ages: 45+ **\$42 / 11 sessions**

29901	MoWeFr	5/2-5/25	10:00 - 11:45 am
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\$42 / 12 sessions

29902	MoWeFr	7/1-7/29	10:00 - 11:45 am	No class 7/4
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\$44 / 14 sessions

29903	MoWeFr	8/1-8/31	10:00 - 11:45 am
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MARTIAL ARTS

Vovinam Martial Arts

Vovinam is a Vietnamese martial art, founded in 1938. It is the development of communicative intelligence, athletic body, noble mind, self-control, self-defense, self-esteem, and perseverance in a non-violent spirit. Self-defense for all levels: beginner, intermediate, and advanced.

Instructor: Tam Nguyen

Location: West Haven Park

Ages: 7+		\$35 / 8 sessions			
23011	5/3-6/11	Tu	6:00 - 7:30 pm	Sa	9:20 - 10:50 am
23012	6/14-7/9	Tu	6:00 - 7:30 pm	Sa	9:20 - 10:50 am
23014	8/9-9/3	Tu	6:00 - 7:30 pm	Sa	9:20 - 10:50 am

\$25 / 6 sessions

23013	7/12-8/6	Tu	6:00 - 7:30 pm	Sa	9:20 - 10:50 am No class 7/19 & 7/23
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\$20 / 4 sessions

23015	Sa	5/7-6/11	9:20 - 10:50 am		
23016	Sa	6/18-7/9	9:20 - 10:50 am		
23018	Sa	8/13-9/3	9:20 - 10:50 am		

\$15 / 3 sessions

23017	Sa	7/16-8/6	9:20 - 10:50 am		No class 7/23
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PETS

Beginning Flyball

This class is for dogs that have not played flyball or have had a very simple introduction. Dogs will be running and jumping low hurdles. Dogs must not be aggressive or unmanageable. Bring leash, treats, toys, and baggies for clean up.

Instructor: Nicole Myers

Location: Edgar Park

Ages: 14+		\$50 / 6 sessions			
20109	Fr	5/6-6/10	6:00 - 6:50 pm		
20110	Fr	7/15-8/19	6:00 - 6:50 pm		

Advanced Flyball

This class is for dogs that have already learned the basics of flyball. This class teaches team strategies and fine tunes behavior. Bring leash, treats, toys, and baggies for clean up.

Instructor: Nicole Myers

Location: Edgar Park

Ages: 14+		\$80 / 8 sessions			
20112	Fr	5/6-6/24	7:00 - 7:50 pm		
20113	Fr	7/15-9/16	7:00 - 7:50 pm		No class 8/26 & 9/2



SPECIAL INTEREST

CPR/AED for Adults, Infants, and Children

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. Learn simple rescue CPR for adults, children, and infants, as well as foreign object removal techniques for airways. You will receive your certification upon completion of the class. If healthcare provider card is required, please call Cindy at (714) 891-5620 prior to your class. A \$20 materials fee is payable to the instructor.

Instructor: Jack Griswold

Location: H. Louis Lake Senior Center

Ages: 18+		\$10 / 1 session			
20330	Fr	5/6	6:00 - 8:30 pm		
20331	Fr	6/3	6:00 - 8:30 pm		
20332	Fr	7/1	6:00 - 8:30 pm		
20333	Fr	8/5	6:00 - 8:30 pm		

First Aid

Learn to respond to, and assess an injury or illness. Topics covered include vital signs, bleeding, heat and cold emergencies, strokes, and seizures. You will receive a state and nationally recognized EMS first aid card and certification. A \$20 materials fee is payable to the instructor.

Instructor: Jack Griswold

Location: H. Louis Lake Senior Center

Ages: 18+		\$10 / 1 session			
20220	Fr	5/6	8:30 - 10:00 pm		
20221	Fr	6/3	8:30 - 10:00 pm		
20222	Fr	7/1	8:30 - 10:00 pm		
20223	Fr	8/5	8:30 - 10:00 pm		





H. Louis Lake Senior Center Is Now Open

The City of Garden Grove recognizes how important socialization, physical activity, and nutrition is for our senior residents. The Center has modified programming based on current state and local guidelines to ensure the safety of our senior community.

Be sure to check out our SCOOP and e-newsletters for information regarding upcoming activities and important resources at: <https://ggcity.org/community-services/h-louis-lake-senior-center>. The City continues to closely monitor the COVID-19 situation and will provide updates as they become available at ggcity.org/coronavirus.

Call the H. Louis Lake Center for up to date program information at (714) 741-5253.



Lunch Café Program

Due to COVID-19 (Coronavirus), the Lunch Café program has been converted to a frozen meal pick-up program. Frozen meals are available for pick-up via a drive through or walk-up option every Tuesday, from 9:00 a.m. until 10:00 a.m. at the H. Louis Lake Senior Center (11300 Stanford Avenue). Adults age 60 and over are eligible to participate in this program. For more information, please call (714) 741-5253. Days, times, and locations for pick-up are subject to change.

Meals can be picked up by a family member or friend by providing the ID card for the individual for whom the meal is intended.

Senior Center Social Support Program

The Senior Center's Social Support program provides valuable community resources, social support, and counseling services to seniors age 60 and over. If you are in need of support or looking for a friendly person to connect with, stop by the Center or call (714) 741-5251 and one of our support care navigators will be happy to speak with you.



Volunteers Needed!



We are in need of volunteers to support the Meals on Wheels Program on Mon., Wed., and Thurs. between the hours of 8:30 AM and 12:30 PM. We are looking for reliable and committed volunteers, who are willing to give of their time to help us provide food to homebound seniors in Garden Grove!

In this role you will be using your own vehicle to deliver meals to 6-8 seniors on a weekly route. You will pick up the food at the H. Louis Lake Senior Center, where the food will be pre-packed for your convenience.

Please note: You will need to complete an application process and pass a background check, via an online website.

Important Info: Safety procedures are in place, such as wearing gloves & face masks for ALL volunteer positions.

If interested, please contact Tracy Hall at thall@mealsonwheelsoc.org or (714) 229-3349

Thank you for your heart to serve in Garden Grove!

H. Louis Lake
SENIOR CENTER

MEALS
on WHEELS
ORANGE COUNTY



H. Louis Lake
SENIOR CENTER



DENTAL SERVICES
AVAILABLE FOR THE
WHOLE FAMILY!

hello@healthysmilesoc.org
healthysmilesoc.org

Redefining Dental Care

Healthy Smiles provides direct dental services through our Smile Mobiles.

Available Services

Our staff adheres to all proper protocols to ensure the safety of our patients and staff.

- Exam
- X-Rays
- Dental cleanings
- Oral Cancer screening
- Fillings
- Extractions

Insurance Accepted

- Medi-Cal
- Most PPO
- Sliding Scale Fee (based on income)

Appointments & Information

855-999-3030

CITY OF GARDEN GROVE H. LOUIS LAKE SENIOR CENTER PROGRAMA DE APOYO PARA PERSONAS MAYORES



El Programa de Apoyo Para personas mayores se dedica al logro del envejecimiento exitoso a través de opciones de apoyo y recursos comunitarios para satisfacer sus necesidades de salud y bienestar.

Elegibilidad: Residente de Garden Grove y 60 años de edad o mayor.

Para más información, por favor llame al 714-741-5253.

H. Louis Lake
SENIOR CENTER 

CITY OF GARDEN GROVE H. LOUIS LAKE SENIOR CENTER SENIOR SUPPORT PROGRAM



Senior Support is dedicated to the achievement of successful aging through support and community resource options to meet your health and wellness needs.

Eligibility: Garden Grove resident, 60+ years of age.

For more information, please call 714-741-5253.

H. Louis Lake
SENIOR CENTER 

THÀNH PHỐ GARDEN GROVE TRUNG TÂM PHỤC VỤ NGƯỜI CAO NIÊN H. LOUIS LAKE CHƯƠNG TRÌNH HỖ TRỢ NGƯỜI CAO NIÊN



Bộ phận Hỗ trợ người cao niên chú trọng việc hỗ trợ cộng đồng người cao niên qua các nguồn tài nguyên trong cộng đồng để tăng cường và giữ gìn sức khỏe.

Điều kiện hợp lệ: Cư dân Garden Grove, trên 60 tuổi.

Để biết thêm thông tin, vui lòng gọi 714-741-5253.

H. Louis Lake
SENIOR CENTER 



The **Magnolia Park Family Resource Center (MPFRC)**, founded in 2000, serves families residing in the city of Garden Grove and surrounding cities in Orange County. The MPFRC has become the centralized information and referral point for the community. With the assistance of staff and partners, individuals can create linkages with necessary resources to help strengthen their families.

Vision: "Building healthy communities one family at a time".

Service Approach: Magnolia Park Family Resource Center operates with the nationally recognized Five Protective Factors approach. The framework of the Five Protective Factors provides foundation for the use of best practice strategies in strengthening families. According to the Center for Study of Social Policy, Five Protective Factors are identified in preventing child abuse and neglect, as well as building family strengths and a family environment that promotes optimal child and youth development.

Through its partnerships with funded and non-funded partners, MPFRC is able to offer essential core services to individuals and families.

MPFRC's Core Services

Mental Health Counseling
Parent Education
Comprehensive Case Management Team
Family Support Services
Domestic Violence Prevention & Treatment Services
Information and Referral
Youth/Teen Program
Differential Response Program

Other Services:

Child Development Activities
Family Health and Wellness
Basic Needs Assistance
Free Diaper Program
Food Distribution

MPFRC Partners

MPFRC partners with many agencies in order to provide comprehensive services. Some of the partners are:

City of Garden Grove (Lead Agency)
Boys & Girls Clubs of Garden Grove
Human Options
Community Action Partnership of Orange County
Interval House

OC Social Services Agency
Second Harvest
TASK
Olive Crest

**11402 Magnolia Street
Garden Grove, CA 92841
(714) 530-7413**

DENTAL SERVICES AVAILABLE!

- Healthy Smiles for Kids of Orange County is expanding and offering dental services for the entire family!
- We offer comprehensive exams, fillings, and extractions for children, adults, and seniors.
- We accept Medi-Cal, most PPO plans and sliding fee scale (based on income).
- Call for more information!

Magnolia Park FRC Dates:

May 17, 2022

June 21, 2022

July 19, 2022

August 16, 2022

Times

9:00 AM - 5:00 PM

For questions or appointments:

(714) 537-0700

www.HealthySmilesOC.org

Care@healthysmilesoc.org

855-999-3030



SCAN TO GET CONNECTED



Register Early!!

- **Registration begins Wednesday, April 6, 2022**
- **Pay by cash, check, money order, or credit card**
- **Make checks payable to "City of Garden Grove"**

Recreation Office Hours:

Monday – Thursday, 7:30 a.m. to 5:30 p.m.

For questions, please call the Community Services Department at (714) 741-5200.

1. Online:

Refer to "Step-by-Step Instructions."

2. Mail-In:

Complete "Class Registration" form and mail to:

Community Services Department
P.O. Box 3070, Garden Grove, CA 92842.

Please enclose a self-addressed, stamped envelope with your payment.

3. Walk-In:

City of Garden Grove
Community Services Department
Recreation Counter, 11222 Acacia Pkwy.
(off Euclid, north of Garden Grove Blvd.)

ReGGister Online

Step-by-Step Instructions

To access ReGGister Online, go to the City of Garden Grove's homepage at www.ggparksandrec.com and click on the "ReGGister Online" link. Instructions are also available in Spanish and Vietnamese.

Step One

PLEASE MAKE ONE ACCOUNT PER GROUP BY ADDING MEMBERS TO PRIMARY CLIENT!

Create an account by clicking on "**create your account here**" and filling in the fields that appear. A password will be emailed to you through the email address you provide while creating this account.

Note: If you have an existing account with the City, the password will be emailed to the email address on file. If the email is no longer in use and the information needs to be updated, please call (714) 741-5200 for assistance.

Step Two

Click the "Login" tab at the top of the page and use the password emailed to you to log in. You will have the option to create a new password once you log in.

Step Three

At this point, you can either add classes to your cart or add group members to your account.

Note: All group members should be added to PRIMARY CLIENT'S account BEFORE adding classes to your cart.

Step Four

To complete registration, please print the "Liability Waiver" to bring to the instructor at the first class meeting. Input your credit card payment for registration processing.

Publication of this schedule does not ensure enrollment to all who apply. The Community Services Department reserves the right to cancel classes because of insufficient starting enrollment or a decline in the enrollment after the class has started and to close further enrollment when a class is filled.

Many classes have limited enrollment, and registration is taken on a first-come, first-served basis. All individuals registering for courses must have reached the minimum age requirement prior to the first class meeting.

There is a \$5 processing fee for each refund, unless a class is cancelled due to low enrollment. In that case, a full refund will be issued.

Refunds will be processed within 4-6 weeks.



City of Garden Grove
Community Services Department
Recreation and Human Services Division

Receipt #: _____

**Class Registration Form
Liability Waiver**

Name: _____

Address: _____

City: _____ Zip: _____

Primary Phone: (____) _____ Secondary Phone: (____) _____

Email Address: _____

Participant's Name	Date of Birth	Class #	Name of Class	Fee
Total fees				

There is a \$5 processing fee for each refund, unless a class is cancelled due to low enrollment. In that case, a full refund will be issued.

As part of our commitment to the "Americans with Disabilities Act" and our participants, are there any special accommodations needed for your participation in the above activities? Yes: _____ No: _____

NOTE: The Community Services Department is not responsible for children waiting before or after class time. Small children shall not remain in adult classes during instruction periods. All programs, schedules, instructors, and fees are correct to the latest possible minute before publication and are subject to change including cancelation without public notice.

RELEASE, WAIVER OF LIABILITY, INDEMNITY AGREEMENT & CONSENT TO PHOTOGRAPH & VIDEO FORM

IN CONSIDERATION of being permitted to participate or engage in City of Garden Grove ("City") recreation programs, events or activities, or to use City facilities or equipment, the undersigned, on behalf of himself/herself, and on behalf any minors in the legal custody of the undersigned, and on behalf of any personal representatives, heirs, assigns, and next of kin (collectively "Participant"), hereby agrees to the fullest extent permitted by law to release, waive, hold harmless and covenant not to sue the City, its directors, officers, employees, and agents (collectively "Releasees") from any and all suits, claims, damages, losses, injuries, illness (including property damage, bodily injury or death), and any other compensable loss of any type (collectively "Claims") pertaining to, related to, or arising directly or indirectly out of Participant's participation in the programs, events, or activities, or use of City facilities or equipment, even though the Claims may arise out of negligence or carelessness on the part of the Releasees, or out of a dangerous or defective condition of property or equipment of the City. This release does not apply to the extent such Claims are caused by the gross negligence or willful or wanton misconduct of the Releasees. The Participant further agrees to defend and indemnify the Releasees from any Claims directly or indirectly arising out of the Participant's participation in the programs, events, activities, or use of City facilities or equipment, and his/her acts or omissions.

Participant acknowledges that the activities involve known and unanticipated risks which could result in bodily or emotional injury, illness, death and/or property damage and understands that risks of injury, illness or property damage simply cannot be eliminated, despite the use of safety equipment or measures, without jeopardizing the essential qualities of the activity. Participant assumes full responsibility and risk of bodily injury, illness, death, or property damage arising out of or related to the activity and consents to treatment and all medical care deemed necessary resulting from said treatment.

Participant further consents to voluntary participation and grants the City the right to videotape or photograph his/her participation in the activities in which he/she participates and to use the videos or photographs in future City publicity and understands that Participant will not receive any compensation for such.

Participant agrees that the foregoing RELEASE, WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the laws of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. Participants of virtual recreation classes acknowledge they are responsible for ensuring their environment is safe/free from obstructions and that any use of third-party applications (e.g., Zoom, Instagram, etc.) at their own security risk.

Applicable if Participant is a minor: I am the parent/legal guardian of the Participant, and I hereby execute this Release on his/her behalf.

I CERTIFY THAT I HAVE READ, UNDERSTOOD, AND AGREE TO THIS RELEASE, WAIVER OF LIABILITY, INDEMNITY AGREEMENT & CONSENT TO PHOTOGRAPH & VIDEO.

Print Name of Participant

Print Name of Parent/Guardian (for Minors)

Signature of Participant or Parent/Guardian (for Minors)

Date

GARDEN GROVE PRESENTS

OUTDOOR *Movie Series*

FRIDAY, JUNE 17, 2022



SING 2 (PG)

EASTGATE PARK

12001 ST MARK ST, GARDEN GROVE, 92845

FRIDAY, AUGUST 5, 2022



SPIDERMAN: NO WAY HOME (PG-13)

GARDEN GROVE PARK

9301 WESTMINSTER BLVD, GARDEN GROVE, 92844

GATES OPEN 7:30 PM

MOVIE 8:30 PM

★ Event attendees are encouraged to bring lawn chairs and blankets.

★ Movie snacks and treats will be available for purchase from local food vendor, C&M Ohana.



ggcity.org/outdoormovieseries