

PROCLAMATION

Mental Health Awareness Month May 2019

WHEREAS, Mental health is essential to everyone's overall health and well-being, and

WHEREAS, All Americans experience times of difficulty and stress in their lives, and

WHEREAS, Prevention is an effective way to reduce the burden of mental bealth conditions, and

WHEREAS, There is strong research that diet, exercise, sleep and stress management can help all Americans protect their health and well-being, and

WHEREAS, Mental bealth conditions are real and prevalent in our nation and with effective treatment, those individuals with mental bealth conditions can recover and lead full, productive lives, and

WHEREAS, Each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts.

NOW, THEREFORE, BE IT PROCLAIMED, that the month of May 2019 is "Mental Health Awareness Month" in the City of Garden Grove, and in doing so we recognize the need to raise awareness and to promote services for integrated mental health and wellness solutions for children, youth and families.

May 14, 2019



EXCERPT FROM THE MINUTES

GARDEN GROVE CITY COUNCIL REGULAR MEETING OF MAY 14, 2019

Community Meeting Center 11300 Stanford Avenue, Garden Grove, CA 92840

CONVENE MEETING

| Αt | 6: | 38 | p.m., | Mayor | Jones | convened | the | meeting | in | the | Council | Chamber. |
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ROLL CALL PRESENT: (6) Council Members Brietigam, O'Neill, T. Nguyen, Bui, K. Nguyen, Mayor Jones

ABSENT: (1) Mayor Pro Tem Klopfenstein

ADOPTION OF A PROCLAMATION DECLARING MAY 2019 AS MENTAL HEALTH AWARENESS MONTH

It was moved by Council Member K. Nguyen, seconded by Council Member T. Nguyen that:

A Proclamation declaring May 2019 as Mental Health Awareness Month, be adopted.

The motion carried by a 6-0-1 vote as follows:

Ayes: (6) Brietigam, O'Neill, T. Nguyen, Bui, K. Nguyen,

Jones

Noes: (0) None

Absent: (1) Klopfenstein

STATE OF CALIFORNIA)

COUNTY OF ORANGE) SS:

CITY OF GARDEN GROVE

I, TERESA POMEROY, City Clerk of the City of Garden Grove, California, do hereby certify that the foregoing is a true, full, and correct copy of the Minute Entry on record in this office, said minutes being subject to City Council approval.

IN WITNESS WHEREOF, I hereunto set my hand seal this 22nd day of May 2019.

Teresa Pomeroy, CMC

City Clerk