

Kathy Bailor

From: Allonta Pitt [apitt@casacolumbia.org]
Sent: Thursday, August 14, 2008 11:24 AM
To: kathyb@ci.garden-grove.ca.us
Subject: Family Day Proclamation Request

Dear Mayor:

In 2007, the President, all 50 Governors and the Mayors and Executives of more than 750 cities and counties across the nation proclaimed or supported *Family Day – A Day to Eat Dinner with Your Children™*. I hope you will join the growing list of your colleagues who commemorate this special day by issuing a proclamation designating September 22, 2008 or the fourth Monday in every September as *Family Day – A Day to Eat Dinner with Your Children™*.

The National Center on Addiction and Substance Abuse (CASA) at Columbia University launched *Family Day* in 2001 after CASA's research consistently found that the more often children eat dinner with their parents, the less likely they are to smoke, drink or use illegal drugs. Last year, millions of Americans celebrated *Family Day* as well as scores of schools, community and nonprofit groups and religious organizations nationwide.

In addition to issuing a proclamation, we hope you will consider holding *Family Day* events and celebrations in your community. To learn more about how you can celebrate *Family Day*, please see the attached fact sheet. A sample press release is also attached.

A sample proclamation is pasted below and attached for your reference. Please send a copy of this year's proclamation to CASA *Family Day*, 633 Third Avenue, 19th Floor, New York, NY 10017.

For more information about *Family Day*, please visit www.CSAFamilyDay.org. If you have any questions, please contact Nancy Gavilanes, CASA's *Family Day* Communications Specialist, at 212-841-5308 or ngavilanes@casacolumbia.org. Thank you for your continued support.

Sincerely,
Joseph A. Califano, Jr.

Draft Proclamation

WHEREAS the use of illegal and prescription drugs and the abuse of alcohol and nicotine constitute the greatest threats to the well-being of America's children;

WHEREAS 13 years of surveys conducted by The National Center on Addiction and Substance Abuse (CASA) at Columbia University have consistently found that the more often children and teenagers eat dinner with their families the less likely they are to smoke, drink and use illegal drugs;

WHEREAS frequent family dining is associated with lower rates of teen smoking, drinking, illegal drug use and prescription drug abuse;

WHEREAS the correlation between frequent family dinners and reduced risk for teen substance abuse is well documented;

WHEREAS parents who are engaged in their children's lives – through such activities as frequent family dinners – are less likely to have children who abuse substances;

WHEREAS family dinners have long constituted a substantial pillar of family life in America:

Now, therefore, I, [NAME], [TITLE], do hereby proclaim the fourth Monday of every September as

8/14/2008

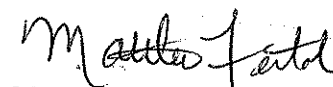
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Family Day – A Day to Eat Dinner with Your Children™

and urge all citizens to recognize and participate in its observance.

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Approved for Agenda Listing



**Matthew Fertal
City Manager**