

## City of Garden Grove

### INTER-DEPARTMENT MEMORANDUM

**To:** Matthew Fertal  
**Dept.:** City Manager  
**Subject:** PURCHASE AND INSTALLATION OF  
OUTDOOR FITNESS EQUIPMENT AT  
THE H. LOUIS LAKE SENIOR CENTER

**From:** Kimberly Huy  
**Dept.:** Community Services  
**Date:** April 8, 2008

#### OBJECTIVE

To request City Council approve an Agreement with Greenfield Sport Parks, Inc., for the purchase and installation of outdoor fitness equipment.

#### BACKGROUND

At the December 11, 2007 City Council meeting, City Council authorized City staff to submit a letter to Supervisor Janet Nguyen's office requesting funding for outdoor fitness equipment for the H. Louis Lake Senior Center. The Orange County Board of Supervisors approved the request, and an Agreement has been executed between the City and the County for the funds.

#### DISCUSSION

Funding in the amount of \$30,000 is available for the purchase and installation of outdoor fitness equipment. This equipment will be installed outside the H. Louis Lake Senior Center, as proximity to this location will allow staff to expand fitness programs for older adults. Staff anticipates offering classes to demonstrate how to use the equipment, and providing encouragement to Center participants to use it on a regular basis to support healthy aging.

Given that the target population for this project is older adults, the goal was to locate equipment that would be effective for individuals at different levels of fitness. Staff researched and identified three vendors that supply outdoor fitness equipment, Greenfield Sport Parks, Inc., Tri-Active America and Life Trail. Greenfield offers equipment that uses an individual's body for resistance and is appropriate for older adults. Several different pieces of equipment are available, and staff identified 12 pieces that were most appropriate for an older adult population. Tri-Active America offered some of the same equipment, but staff only identified 6 of 12 individual pieces of equipment similar to those offered by Greenfield. Life Trail equipment is designed for the active older adult; however, the physical capabilities necessary to use the equipment exceeded that of our target population. Staff concluded that Greenfield equipment is most suitable for this project. The proposal with Greenfield includes the purchase of 12 individual pieces of equipment and the

PURCHASE AND INSTALLATION OF OUTDOOR FITNESS  
EQUIPMENT AT THE H. LOUIS LAKE SENIOR CENTER

April 8, 2008

Page 2

installation of said equipment including concrete curb and decomposed granite for a total of \$29,980.

FISCAL IMPACT

There will be no impact to the City's general fund, as the Orange County Board of Supervisors has approved funding for this project in the amount of \$30,000.

COMMUNITY VISION IMPLEMENTATION

One of the goals of the Community Vision encourages the City to "enhance support systems for senior citizens..." One of the Community Services Department's goals is to promote healthy aging, which contributes to seniors' ability to maintain their independence. This equipment will be another tool to encourage healthy habits among the senior residents of the City.

RECOMMENDATION

It is recommended that the City Council:

- Approve the Agreement with Greenfield Sport Parks, Inc. for outdoor fitness equipment, and
- Authorize the City Manager and City Clerk to execute the Agreement with Greenfield Sport Parks, Inc.

KIMBERLY HUY  
Director

By: Janet Pelayo  
Administrative Analyst

Attachment: Greenfield Sport Parks, Inc. Agreement